

Brian Bilston is a poet clouded in the pipe smoke of mystery. Whilst little is known of the man behind the pipe, he has built up a following of fans through the sharing of his verse on social media. He has been described by some as the 'Poet Laureate of Twitter'. This is his first collection of poetry. You Took the Last Bus Home

unbound

This edition first published in 2016

Unbound

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For all the Bilstons

Dear Reader,

The book you are holding came about in a rather different way to most others. It was funded directly by readers through a new website: Unbound.

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This new way of publishing is actually a very old idea (Samuel Johnson funded his dictionary this way). We're just using the internet to build each writer a network of patrons. Here, at the back of this book, you'll find the names of all the people who made it happen.

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Dan, Justin and John

Founders, Unbound

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Introduction

You will either be reading this as an introduction to what you are about to read or in search of an explanation as to what you have just read. You may not even be reading this introduction at all, in which case the point, if indeed I was about to make one, is moot.

Regardless of your motivation for either reading or not reading this bit, I would like to take this opportunity to describe, in general terms, the key characteristics of the poems that you will encounter in this collection.

Firstly, **some of them rhyme**. And not just the kind of moody half-rhymes you may encounter in the work of my contemporaries, but proper, perfect rhymes. This is quite deliberate on my part. I do like a rhyme. But not all the time.

Secondly, to demonstrate my poetic versatility, **some of them do not rhyme**. Those poems were harder to write as I had to select words from a much larger pool. It has been estimated that there are over one million words in the English language, and so hand-picking each word to go into a poem has proven to be something of a Herculean labour.

Thirdly, **there is variation in length and width**. Most of these poems have been shared in earlier, more primitive versions on social media, particularly Twitter. There are some which were written to be small enough to fit in a tweet. Other, more expansive efforts were photographed and posted up as pictures, grainy and indistinct like their author.

Fourthly, **many do not follow standard poetic forms and structures**. This stems from a deeply held conviction that expression is more powerful when rules are abandoned and that poetry needs to free itself from the shackles of the literary convention. That and the fact that I don't know what rules I am breaking.

There *are* pieces in here which I am not even sure are poems in any academic sense, and you will discover words written inside Venn diagrams, organisational chart structures, Excel spreadsheets and the like. I wrote them simply because they were different to preconceived notions of what forms poetry should be found in, and they were fun to write.

Fifthly, **some of them may contain jokes**. But not necessarily ones which are funny. I suppose that means I shall be disapprovingly exiled to the bleak, literary island commonly known as Light Verse with the expectation that I spend the rest of my writing career complaining about how I just want to be taken *seriously*. Well, I don't. I want to be taken unseriously, at all times, even when – perhaps *especially* when – I am writing about serious things.

Finally, **many of these poems are about everyday places and situations**: waiting for an online shopping delivery, going on a work 'awayday', staring at a mobile phone, taking the last bus home. They would often be partly composed while I was in the middle of these situations, either quickly thumbed into my phone or clumsily assembled in my head.

I suppose these are not *traditionally* regarded as being the stuff of poetry. But there is poetry to be found in anything if you look hard enough.

Brian Bilston, March 2016

You Took the Last Bus Home

you took the last bus home don't know how you got it through the door

you're always doing amazing stuff

like the time you caught that train

The Ice Cream Vans

It has been warm this winter so it was not until today

that I saw the vans begin their slow rumble south –

startled into movement by the early January frost

which had gathered softly upon their windscreens

before waking them suddenly as if from a night sweat.

I watch this strange procession as it passes, a curious sight

suggestive of fun and funerals – an ice-creamed cavalcade,

a cornettoed cortège of lollies and 99s,

all pinks and whites and Mr Whippy markings –

bound for North Africa. Not all will make it.

And, as they pass by, I hear the wayward chimes

of Greensleeves, O Sole Mio, Half a Pound of Treacle,

for these are the songs they sing to each other

as they start their journey and I feel myself charmed

even though they do not chime for me.

For We Shall Stare at Mobile Phones

Streets shrug as we roam back to our homes, obstacle courses of lamp posts and cones. For we shall stare at mobile phones.

Landmarks languish and attractions close; statues, museums, cathedrals, disowned. For we shall stare at mobile phones.

Reading gets shelved, poetry and prose, the dusty rebuke of neglected tomes. For we shall stare at mobile phones.

Conversation falters, dries up, unflows, feelings once said lie buried, unknown. For we shall stare at mobile phones.

Yes, we shall stare at mobile phones, when we're together and when we're alone. For we shall stare at mobile phones.

And when we die, let us hope that they're thrown into the pit with our crumbling bones.

This poem was sent from my iPhone.

A Surprise Ending

They say we all have a book in us but only a few have two

Like Howard who devoured *The Selected Plays of Noël Coward*

but then, to his surprise, before his eyes, he saw his abdomen distend and it came out *Howards End*.

University Challenged

The Navier-Stokes equation governs the behaviour of what form of matter?

Monday night, on the sofa, slippers on, supper over, hand resting upon my chin, brow furrowed and leaning in, my mouth shapes to form a word. But nothing comes that can be heard.

Which two heteronyms are words used to describe workers who have joined together for self-protection, and a chemical compound that has not dissociated electrically?

What IS a heteronym? The opposite of a homophone? I'm sure this is the kind of thing I must have known once, though, before my brain began to fur and slow.

On the TV it seems they all moved on several minutes ago.

Alamogordo, the site of the detonation of the first atomic bomb in 1945, is situated in which US state?

I have been thinking about Henderson's tie, considering the sequence of its stripes, and pondering why anyone would choose to go on national television dressed as their father.

Perhaps Henderson would rather it were nineteen seventy-three; the tweed jacket with elbow patches, and the glare of the studio lights off his horn-rimmed glasses.

The rule of reaction called 'double displacement' or 'ionic association' is also known by what one-word term?

I spend some time wondering if Dugdale has ever slept with Pratley or whether she is put off by his acne and that funny little fist-pump he does when he gets a question right. I have just noticed Davies. He has not said a word all night.

In cytogenetics, what term describes the entire chromosomal complement of a cell which may be observed during mitotic metaphase?

More minutes pass. I only watch Davies now. I long for the light of his buzzer. But it is never him. It's always another.

I sense his awkwardness growing inside like a cancer, the silence between question and answer. I'm sure it's not that he isn't clever; he is just a pause that goes on forever,

never right, never wrong, going, going, going, gong.

I turn the TV off and put the kettle on.

In Praise of the Comma

How, great, to, be, a, comma, and, separate, one, word, fromma,

nother.

Night at the London Palindrome

A hall. I saw gig. Was ill. A-ha.

Carpe DMs

Doc Marten boots, you take me back to my roots, when you were in cahoots with both of my foots.

You have style. You have sole (air cushioned to make you hover), with optional steel toe-caps in case there's a bit of bovver.

Punks, poets, construction workers all enlist you for their cause, tread upon carpets and concrete, office and factory floors.

Dependably Manufactured! Durably Memorable! Doughtily Multipurposeful! Diametrical Moccasins!

Carpe DMs! The ultimate in utilitarianism. To persuade me of otherwise would be an act of futilitarianism.

Frisbee

Frisbee whizzing through the air above our heads, over the sand, into the water, onto the waves, out to sea.

You cried a lot that day. Frisbee was a lovely dog.

Literal Thinking

The first time I remember seeing you was when you fell off the scaffolding and into the wet cement below.

You left quite an impression.

Later we met at Literary Sculpture class, where we would fashion the great writers out of wicker. Me: Joyce. You: Twain.

You really made your mark.

We only ever kissed once but I recall that fateful bluster of a day as if it were yesterday.

I was blown away.

Poem, Revised Draft

I had to write this poem again. I left the first draft on the train and now it doesn't look the same.

The original was a paean to Love, to Truth, to Beauty. It soared above the everyday and all that stuff.

It would have healed estranged lovers' rifts, stilled the sands on which time shifts and stopped the world before it drifts

further into quagmired crisis, ended famine, toppled ISIS, employed ingenious literary devices.

I tried my hardest to recall its words and rhymes, the rise and fall of the carefully cadenced crawl

through the English language. But it caused me pain and anguish for there was little I could salvage.

It certainly didn't end with a line like this.

Ping to My Pong

you put the sing in my song i'll be the king to your kong you are the bing to my bong i wear my thing in a thong

Thirty Rules for Midlife Rebellion

Stack dishwashers in unruly ways. Do not take part in 'dress down Fridays'. Eschew quinoa and banish kale. Burn your copy of the Daily Mail. Do not use the tongs provided. On escalators, stand left-sided. Admire yourself in car wing mirrors. Run in corridors, with scissors. Avoid all weekend breaks in yurts. Never wear Ramones T-shirts. Pretend you do not like Adele. Eat a packet of silica gel. Do not watch golf at The Belfry. Never ever take a selfie. Do not accept food substitutions. Ignore all products called 'solutions'. Do not go for early morning runs. Avoid the lure of Mumford and Sons. Mix with people who are not like you. Add a syllable to a haiku. Put your darks in with your whites. Do go gentle into that good night. Destroy your Boots Advantage Card. Treat Top Gear with disregard. Finish your crossword by bedtime. Do not sign up for Amazon Prime. Take cover from all psychiatrists. Do not read poems disguised as lists. Dive-bomb into swimming pools. And never EVER follow rules.

The Explosion

NEVER put a Minto in a Vimto. That's how the dinosaurs became extincto.

Words

Words are absurd.

Words can stick in your throat, particularly the ones you can't get in edgeways.

Words can teeter on tenterhooks on the tip of your tongue (until someone comes to take them right out of your mouth).

Sometimes you can even have a word in your ear. A word in your ear! If it was a long word, like onomatopoeia, you might struggle to hear.

Words can be slurred. Words can be blurred. Words can be misheard. And listeners deterred.

Words can fail you, utterly.

Read My Lips

I don't need a lover who's a looker, just someone who knows the shortlist for this year's Booker.

Somebody who holds a view on Ian McEwan, or is satanically well-versed in Salman Rushdie

and who might find it cushty to share pillow talk about A.S. Byatt.

Yes, that would be a riot.

I could never judge a lover by her cover, and let myself be swayed by make-up or a fancy hairdo; not if she were intimate with À la recherche du temps perdu.

To be clear, I'm not talking *Fifty Shades of Grey* here, but someone who knows their way around the complete works of Shakespeare.

I would rip out my heart and write her name upon it if she might recite to me his eighteenth sonnet.

So don't give me eyes to get lost in, I'd like a lover of Jane Austen or an admirer of Joyce.

She could have the voice of Donald Duck for all I care if she were prepared to share her rare edition of Vanity Fair.

Because something I've learnt as I've got older is that literature lights up love and makes it smoulder

and that beauty is in the eye of the book holder.

I Before E (Except After Sea)

For relief from the heat I swam in the sea. Dreid myself breifly. Had freinds for tea.

No Hands Macpherson

'No Hands Macpherson' they called him.

Partly for the way in which he rode his bike (with no hands) and partly because he had no hands.

The Heebie Bee Gees

He danced like a man possessed one fevered Saturday night.

He gave me the heebie bee gees and so I left the floor in fright.

Some blamed it on the Boogieman but it was a John Travoltageist.

Curriculum Vitae

PROFILE

A selfish, self-centred, self-effacing self-starter. A team-playing, dragon-slaying, modern-day martyr. A blue sky thinker whose ideas are a vapour trail. A proven communicator with a kean eye for detial.

EXPERIENCE

POET - 2012-PRESENT

Duties included: being deluded, finding myself from parties excluded, writing sonnets on love and despair, Netflix, and falling asleep in my chair.

VARIOUS POSITIONS – 1991–2012

Chartered Accountant. Lawyer. Cashier. Building Site Lackey. High Grand Vizier. Inhuman Cannonball. Scullery maid. Skilled Chicken Sexer. Guitarist in Suede. Postman. Dustman. Class A Drug Dealer. Dog Trainer. Tea Strainer. Banana Peeler. Batman. Batsman. Bowler. Head Chef. Doing odd jobs for my Uncle Geoff. Goalkeeper. Zookeeper. Dandelion Tamer. Pilot. Hotelier. DJ. Boogie Blamer.

EDUCATION

UNIVERSITY OF LIFE – 1988–1991

My time at university saw diminishing returns. Studied Scottish poetry. Got third degree Burns.

SCHOOL OF HARD KNOCKS – 1981–1988

School for me, I must confess, proved an unqualified success.

INTERESTS

In my spare time, I like to ponder the fragile silk of existence as it hangs like the industrious spider's silver-sewn threads and billows in the late afternoon breeze.

I also enjoy ten pin bowling and the films of Bruce Lee.

REFERENCES

Sadly, my references have altered their preferences; their words are harsh and abhorrent.

Even mother and father have said they would rather not comment.

Scenes from a Railway Carriage

The silent stretch of fields in s– The sudden surprise of a blackbir– A ragged scarecrow stares b– A plastic bag seized by natur– An abandoned barn li– Some houses.

Slough train station.

Twelve Haiku

INSTRUCTIONS

Please choose the haiku which applies the most to you. Choose two, get one free.

I

Subbuteo man. Legs broken but re-glued twice. A fragile sadness.

II

A leaf, desolate, wind-blown, stuck to the back of Bruce Forsyth's toupee.

A note left hanging in the cold night air, dispatched from a flugelhorn.

IV

Unclaimed bag revolves on a lonely carousel. Such a hopeless case.

V

Lonely, vacant box in someone else's org chart. Never to be filled.

VI

Imperfect haiku, starts off quite well but ends one syllable short.

VII

A tranquil puddle disturbed by a sudden splash! Clarkson's driving glove.

VIII

A semicolon in a place where it really; has no place to be.

IX

Reality show contestant on a journey back home to Skegness.

Х

A smell which lingers. Vaguely reminiscent of Adrian Chiles' socks.

XI

The forlorn pathos of an abandoned crossword in a bin in Fife.

XII

A bag of Quavers, offering cheesy comfort yet steeped in staleness.

Compilation Cassette

It was about three weeks after we met that I began work on that compilation cassette. Each track the result of a deliberation worthy of the Congregation of the Causes of the Saints, subject to a process of veneration and beatification before acceptance into the cassette tape canon. It's a miracle it got made at all.

I can't remember now which songs made the cut. There would have been no Country & Western, (there was never any Country & Western) but they would have shown me to be discerning yet eclectic, both acoustic and electric, vaguely exotic, mildly erotic, quintessentially quixotic and other things I was not.

I don't know whether you ever played my cassette. By the time I had posted it through your letter box, you had already started going out with Colin Hancox.

He was good at rugby.

Acrostic Guitar

Got it for my seventeenth birthday. Unreliant upon additional means of amplification. Imperfectly tuned to reflect the flaws inherent in life itself. Tank tops should be worn when playing it. Accompaniment to songs of love, revolution, and farming. Rattles with the ghosts of lost plectrums.

Bin Lorries

With the sureness of hearses, they rumble through early morning towns, oblivious of the slippered footsteps on uneven pavements. They loiter past every house: all bins in time are visited.

Then children pushed out of front doors and office workers who drum their fingers on impassive steering wheels observe the bleak, black voidance of the week's detritus. *'The stench'*, they whisper, as they turn away.

Borne off to sprawling landfill sites and incineration chambers or reincarnated, perhaps, into other imperfect forms; the rubbled, jumbled remains at the end of their jagged journey.

And those who lie in beds unwoken sleep troubledly all the same, and dream of wasted days and nights, filled with a lifetime's tawdry trash, and wait and sleep and dream and wake to the morning's insistent thrum.

Mixed Up

Poor *Brian* felt confused, his *brain* out of order, his *reward* was a prison, without need of a *warder*.

For *Pam* was an anagram, a crumpled *map* with no key, his just *desserts*, he *stressed*; he'd gladly *eat* her for *tea*.

But maybe she was *married* or had some other *admirer*? Yet hope's thin flame *resided* in his heart; he *desired* her.

He was held *rapt* in a *trap* and would think of her hourly. She was *wordy*, she was *rowdy*; she might come with a *dowry*.

He felt *angered*. *Enraged*. World-weary. *Wired*. *Weird*. Couldn't *declare* his feelings until his head *cleared*.

He examined all the *angles* and prayed to the *angels* above; she gave him the will to *live on* and he knew he must be *in love*.

Haiku for Doomed Youth

Cutting out pop stars from last week's *NME* with rock paper scissors.

Friday the 13th

Let's be clear, for him Friday the 13th held no fear.

He wasn't superstitious (or even a little bit stitious) and didn't view the day

as particularly suspicious, or with the promise of the unpropitious.

It was then that a black cat crossed his path, causing him to step on a crack

which made him stagger under a ladder and shatter a mirror

being transported by a passing albatross, who suffered fatal blood loss

from a shard which had buried hard into its heart.

He didn't think anything of it until later that evening, at a wine reception,

he found himself trapped in a conversation with Piers Morgan.

Duffle Coat

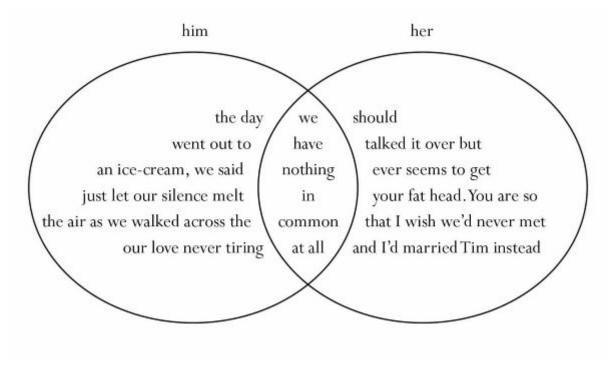
You were a one song wonder. Don't know if you ever made another.

Got made *NME* single of the week. It put the bubble in my squeak and the snap and crackle in my pop.

I played it twelve weeks non-stop until the jingles and the jangles softened the awkward angles of what it's like to be fifteen.

I kept the sleeve pristine. I wore a duffle coat all that summer. Someone told me you're now a plumber.

At the Intersection



The Pillow Man

I am the pillow man plumped up a bag of straw, that's all A cushion of flesh a floppy bean bag of bones shapeless, silent, still

Between the thought and the action Between the notion and the motion lies the cat

For I am her dominion

Between the decision and the reaction Between the question and the solution lies the cat

She is very warm

Between the remote and the television Between the bookcase and the book

Between the stairs and the bed lies the cat

For I am her dominion

For I am For the cat is For I am her

This is the way my day ends This is the way my day ends This is the way my day ends Not with a bang but a whisker

The Power of a Homophone

'Sometimes the power of a homophone comes out of nowhere and hits you, just like being struck by a ten tonne truck,' articulated Laurie.

Why Did the Chicken Cross the Road?

I saw the chicken cross the road, deep-set in contemplation, so I followed in the shadows to end all speculation.

He sidled down an alleyway, and then suddenly stopped dead beneath a sign that gently swayed. Upon it: *The Gag's Head*.

I heard a noise. *Knock-knock* it went. 'Who's there?' 'Just me. The chicken.' I watched him quickly ushered in and the plot began to thicken.

Through the window, I peered inside, now intrigued about this place, and the first thing that caught my eye was a horse with a long face.

He held something black and white which was also red all over, and stroked a dog without a nose from which came a dreadful odour.

And next to them, a big chimney, smoking in front of his son, and Pikachu who'd missed the bus because nobody poked him on.

An Englishman, Irishman, and Scotsman stood there in a group, with an elephant in a fridge and a breaststroking fly in soup.

The chicken got himself a beer and joined their night of boozing; to escape from this joke of a life, made not of their own choosing.

I turned myself away from them and decided I should split. First rule of joke format club: nobody talks about it.

Night Vision

To see at night with extra clarity, make sure the food you eat is carroty.

And beware the dark can seem much gloomier, should you choose to make your meal mushroomier.

Bonfire 451

I made a mighty bonfire from remaindered copies of *The World According to Jeremy Clarkson*

and saw the dance of sparks on the face emblazoned upon a thousand covers turn to flame,

spreading quickly across his name and spine, until the pages caught and raged in flickering fury.

Warming to the task, I threw Kane and Abel by Jeffrey Archer on the heap and the crowd grew larger

beneath the November night sky, drawn in by the spectacle as the paper crackled and smoke curled high.

Out of bags and rucksacks and pockets came copies of *The Da Vinci Code*, *Twilight*, Naomi Campbell's *Swan*,

Paul McKenna's *I Can Make You Rich,* as the bonfire trembled and twitched and turned fifty shades of orange.

Caught in the passing of a sudden breeze were heard the shrieks of a hundred ghostwritten footballers' autobiographies.

We stood back to admire our handiwork, this funeral pyre of published inanities, a bonfire of insanities.

How Much I Dislike the Daily Mail

I would rather eat Quavers that are six weeks stale, tie up the man bun of Gareth Bale, listen to the songs of Jimmy Nail than read one page of the *Daily Mail*.

If I were bored in a waiting room in Perivale, on a twelve hour trip on Network Rail, halfway through a circumnavigational sail, I would not read the *Daily Mail*.

I would happily read the complete works of Peter Mayle, the autobiography of Dan Quayle, selected scripts from *Emmerdale*, if it meant I didn't have to read the *Daily Mail*.

Far better to stand outside in a storm of hail, be blown out to sea in a powerful gale, then swallowed by a humpback whale than have to read the *Daily Mail*.

If I were blind and it was the only thing in Braille, I still would not read the *Daily Mail*.

A Brok n Po m

Upon b ing awok n h found his k yboard was brok n. Th ' ' did not work, it drov him b rs rk, h f lt lik a j rk.

So h w nt to s Louis . Sh was ag r to pl a .

Sh was th b 's kn s.

Receptacles

It was a love that came together through the use of receptacles; for he had his beer goggles on and she, her rosé-tinted spectacles.

How's Wally?

Paranoia stalks me through the streets,

the park, the fairground, the crowded beach.

I try to make myself hard to see

because I think someone is after me.

In a stripy shirt, bobble hat, glasses,

I hide amongst the unwashed masses.

Why they want me I do not know,

but I keep on moving; I must not slow.

So I wander lonely, in a cloud,

choose the safety of the crowd.

I just pray that there'll never be

a Malthusian catastrophe.

Sporkle

it is not the way you walk it is not the way you talk it is the way you wield a spork

queenly exponent of hybrid cutlery you make my stomach utterly fluttery

one minute, your pronging fills me with longing

the next, you scoop to conquer

it is driving me bonquers

elegant elision, practised precision,

your spork lights the spark in my heart

rightly or wrongly, I want you to scoop me then prong me

Roger's Thesaurus

In order to grow, expand, widen his lexicological corpus, Roger bought, acquired, purchased a synonymopedia, a thesaurus.

Soon, presently, without delay, he no longer ran out of things to say, speak, utter, express, articulate, give voice to, pronounce, communicate.

This was all very well, fine, great, wonderful, super, terrific but his friends, mates, pals thought him boring, tedious, dull, soporific.

So let this be a warning, an omen, a sign, a premonition, it's all very well to show learning, education, knowledge, erudition,

but here's a top tip, a suggestion, some advice, don't ever let it stop you from being concise,

brief, short, clear, pithy, succinct, compendious, to the point.

Breviloquent.

Too Much to Bare

Dr Augustus Meek had a puritanical streak through the streets of Preston. Kept his pants and vest on.

Choreplay

Let's make love as soon as we are able when the plates are cleared from the table, the dishwasher stacked neatly and the surfaces completely wiped clean of crumbs and yolk.

We can leave the pans to soak.

Let's make our love fast and urgent once I have bought some more detergent because the backlog of laundry is simply quite extraordinary; we really should do it oftener.

I will also get some fabric softener.

Let our bodies writhe and manoeuvre when I've finished with the hoover. I know that it's rather late but the house is in a state; and our schedule has got off-kilter.

I think we need to change the filter.

Let our love be reckless, exciting, after I have done the recycling;

the lilac sacks securely tied and placed in the street outside, careful not to cause obstruction.

And so begins the sweet seduction.

Orpheus in the Umbroworld

Orpheus descends into the Umbroworld

of trackie bottoms and replica tops,

ragged running shoes and knee-length socks,

skeleton racks of shell-suited overstocks,

and sidesteps the slow shuffle of dead souls

with their tatty dreams of Sunday morning goals,

deadly crossfield passes and Hacky Sack skills.

He slays three-headed Cerberus behind the tills,

who blows bubblegum balloons from three sullen mouths,

and finds sweet Eurydice wrapped up in sports towels.

Unlooking, he unravels, unfetters, unfurls,

ushers her back through the Umbroworld,

past gumshields and goggles and tennis ball canisters,

under the watchful eye of Nike and Adidas.

But, in the security screen on the threshold,

the face of Eurydice, he accidentally beholds

and she is suddenly gone from him forever,

lost in the folds of a thousand golf umbrellas.

The Day That Twitter Went Down

That day I got things done. I went for a long run. Played ping-pong,wrote a song. It got to number one.

That day I did a lot. I tied a Windsor knot. Helped the poor, stopped a war, read all of Walter Scott.

O what a day to seize. I learnt some Cantonese. Led a coup, climbed K2, cured a tropical disease.

That day I met deadlines, got crowned King of Liechtenstein, stroked a toucan, found Lord Lucan, then Twitter came back online.

Anthem for Unnamed Storms

Forget not those who came before: the unmarked gales, the anonymous squalls and unhumanised storms

whose howls haunt and batter our memories still. Not for them, a Met Office christening,

no blustery Barney, gusty Gertrude or blowy, hapless Henry. For they never knew what it is to be known.

But I shall batten down the hatches, light the candle and give life to the innominate from years long gone.

A late autumn day and I, aged five, feel the sudden breeze as my mitten falls into the lake. I shall call you Cedric.

A carrier bag in a 1980s supermarket car park lifts into the air like a kite and dances nervously in the wind. Sharon.

My carefully constructed quiff flattened by the buffeting of Tim. A plastic chair blown over on the patio by Colin.

The storms of my past. Eric. Patricia. Lesley. Doris. Brandon. You have your names now. Calm yourselves and be still.

Book Group

The last Thursday of every month was Book Group, when the books would gather together to discuss Graham.

'He has barely touched me; I am sure I am only here so he can show off to his friends,' complained *Ulysses*, in a stream of self-consciousness.

'Consider yourself lucky,' cried *Fifty Shades of Grey*. 'He's always got his dirty hands all over me. Look at my cracked spine and turned down corners!'

'At least he's prepared to put you two on display,' sobbed *Coping with Erectile Dysfunction* limply from behind *The History of the Decline and Fall*

of the Roman Empire.

'The problem isn't him, it's you,' declared the Oxford English Dictionary, with meaning. 'You get too involved. With me, it's just a quick in and out. We have an understanding.'

'That's all very well for you to say, pronounce, utter, articulate,' muttered *Roget's Thesaurus*, who always had some words to add to the conversation.

Graham entered the room, carrying a box. Dipping into it, he pulled out a slim, shiny metal object. He stared at it all night, his interest kindled. The books sat silently on the shelf.

Coquet

I put down my Guardian, remove my cardigan, other clothes follow slowly, sliding seductively to the floor

I'm a snake shedding its skin, peeling, revealing, on the hunt for some healing

Garments slip, I bite my lip in anticipation of emancipation

But then the doctor turns around and says, 'You can keep your underpants on, Mr Bilston.'

Smoking Jacket

He got himself a smoking jacket, he thought it would amaze her. But she just put a match to it, and it became a blazer.

Bags

you have bags of bags

in your bags you keep more bags all bagged up in bags for life

if there was a competition for number of bags you would have it in the bag

i don't know why you need so many bags it's not as if you have anything to put in them

except other bags

No, You Cannot Borrow My Mobile Phone Charger

Help yourself to whatever you'd like from my larder: my stilton, my sherry – or my port, if you'd rather – but no, you cannot borrow my mobile phone charger.

If you want I will read you an ancient Norse saga, or dance naked in public to Radio Gaga, but no, you cannot borrow my mobile phone charger.

Make me learn all the speeches of President Carter, or force-feed me quinoa until I grow larger, but no, you cannot borrow my mobile phone charger.

You can beg all you want but I'm not going to barter because no, you cannot borrow my mobile phone charger.

Granny Smith

Want to know what's under that tough green skin?

Apply within.

Jessica Fletcher Investigates

Crushed to death. No blood, no note.

Just a steel beam. Girder, she wrote.

Love Excels

A						
1						
2	Let's	spread	ourselves	on	sheets	of love.
3	turn	our	data	into	poetry.	
4	Cells shall merge themselves together					
5	while you wrap your text	around me.				
6						
7	Apply 🔽	a 🔻	filter	to our 👻	best 💌	bits, 🖵
8	and	crunch	our	figures	without	compunction
9	Our sum	is	greater	than	our	parts;
10	you	give	me	form	and	function.
11						
12	Let's	have	fun	among	the	formulae,
13	pivot	our	tables	now	and	often.
14	I	will	format	all	your	rows
15	and	you	can	total	my	column.

Busman's Holiday

I had always wanted to go on a busman's holiday so I saved up for ten years

and then five holidays came along at once.

Paradise Not Regained

The retreat of a rented cottage, bathed in late summer's shade. Urbanity unfurls itself in the seclusion of the glade.

Nature's tapestry surrounds me; a timeless river flows through, the towering forest comforts, the sky dips in cloudless blue.

Inside, the considered furnishings of the holiday home owner's dream: cushion-piled beds, rustic kitchen, the sofa of unsullied cream.

All immaculately conceived, pure and clean, without marks on. But then I see, on a bookshelf, *The World According to Clarkson*.

Eden withers and dies around me, forever more the holiday stained; The satanic stumble, the fall from grace. Paradise found, lost, never regained.

Running Wild

Returning to his old school twenty years later, he vanquished childhood fears of chastisement by running in the corridor with scissors in his hand and, so doing, liberated himself from the claustrophobic confines of his cloistered conformity.

He did this for approximately twelve seconds before the tiger got him.

My Unbearable Politeness of Being

It's the same dilemma each year, I find, upon meeting a person for the first time,

for how long does wishing them a Happy New Year remain *de rigueur*?

Perhaps I blow things out of proportion but I tend to err on the side of caution

so I've always Happy New Year-ed until October the third.

Pusher

The next time they came for me, I was ready. Surprised them, as they forced my head down into the urinal, with a sonnet. Smashed them like a bowl of eggs.

The demands changed. Lunch money settled in my pocket. Homework remained unstolen. Instead, a request for a villanelle. A haiku. A rondeau.

I was the don, a playground dealer in dactyls and spondees. Two lines of iambic pentameter to get through double physics. Cinquains snorted behind bike sheds.

Ballads kicked around at break. A cheeky limerick to impress the girls. Then one day a boy in the year below OD-ed. An irregular ode apparently. Nowadays I stick to novels.

Clive of Suburbia

Clive's a brass-knocker examiner, a doughty door-hammerer, selling Wikipedia Britannica with suburban street stamina.

He goes from door to door. His feet feel sore and raw. He's just turned forty-four, more or less (for less is more).

He's a doorstep smash-and-grabber. A gilt-edged gift of the gabber, he got the moves, he got the glamour, he got more jabber than MC Hammer.

To Clive there can be nothing easier than selling self-authored pseudo-academia, fifty leather-bound laptops of Wikipedia, with a month's free access to Virgin Media.

The Boogie Monster

You were always blaming things on the boogie.

The time you stayed out in the sun too long and your speckles turned to freckles: the boogie.

The evening you admired the light of a full moon only to trip and fracture your hip: the boogie.

Even those times which once seemed good became named, shamed and blamed on the boogie.

I quite liked the boogie. I didn't know why you had such a problem with it.

Morrissey's Quiff

His quiff was stiff from all the hairspray, I dare say.

Thin Poem

this poem is thin, slim, svelte, has no need to tighten its belt

Subbuteo

They lie there as if in state, green boxes transformed into tombs, a taphephobiast's fearful fate. A living nightmare looms. A grave situation indeed.

Your hymns will not stir the fallen inside these curious coffins, nor mend their shattered, scattered I i m b s

All over the country, in all of the attics, lie these atrocities of neglect, of athletics, rovers and cities fanatics.

Those childhood cup dreams gather dust, no more the trophy held aloft, for the loft holds now only atrophy.

The Offertory

She would go to church every Sunday, religiously.

Not to listen to the bullshit from the pulpit, but to watch Ray with the offertory tray advance in style, and wish it was her he was taking up the aisle.

And at night, the curate would contemplate and take stock of the romance which blossomed in his flock, and live out in his dreams, their courtship, vicariously.

The Problem of Writing a Poem in the Shape of a Heart

He wrote	a poem
in the shape of	a heart to tell her
he loved her and	that they never should
part. And that she wa	is his sun and his stars and
his moon, and how he	had dreamt that they might
marry quite soon. But	she thought him stupid,
ugly and dreary and	told him she loathed
him in practice and	theory. And so
he went off	to ponder the
words that	she'd spoken,
and it was	then that
he saw	that his
poem	was
bro	ken.

Envy Not the Rich Man for I, Though Poor...

Envy not the rich man his stocks and shares, the offshore accounts, and his French au pair who minds the kids when he's out on the piste with the trophy wife he plundered from Greece, and his city pad and country estate, the mistress he keeps for when he works late, his Jag, Bentley and Range Rover Evoque, his Dom Pérignon, and Black Dragon smokes, the island retreat of which he's so fond where the Bahamian sun turns him to bronze.

For I, though poor, have him tied to this chair. The night is still young. He hasn't a prayer.

Light Verse

I have a problem with light verse and I worry that it's getting worse. I find the weight quite hard to gauge^e. and so the words float up the ^P

There are some w^{ay} to m^{ak} them hold. **Words won't float off if they are bold.** Or if not sure what else to do thenstickthemdownwithsuperglue.

Internet Shopping

It's amazing what you can buy online nowadays, she thought, adding the Democratic Republic of the Congo to her basket.

She still wasn't prepared to pay the extra for next day delivery, though.

Cuppa

No matter if you're uppity or you cause a brew ha ha,

you will always be my cuppa tea, my steaming mug of cha.

You should know, my darling Darjeeling, only tea leaves me feeling this way.

You turn me fifty shades of Earl Grey.

This may sound wrong but I'll be your lapdog

if you'll be my lapsang souchong

and that's the oolong and short of it,

the infusing, confusing thought of it,

but please don't make a sport of it,

because without you, I am defunct,

like a biscuit waiting to be dunked.

New Year Office Chitchat

How was your Christmas? you ask

and I think of the bloodstained rug

and the silent scraping of the spade

in the garden at midnight

and the wash wash washing of my hands

and the dreams, those endless dreams,

which haunt the night-time

and smudge their thumbprints

on the day to come

and I reply Super, thanks. Yours?

Frenemies

keep your friends close, your enemies nearer,

and your frenemies at a point equidistant

between your friends and your enemies

Love Poem, Written in Haste (with Autocorrect on)

O what Brave New Worm is this that holes you, my sweet darting love? I see you in the stairs that twinkle up in the heavy above.

Your light shins down upon me and sets my heart on fir. You stir up my emoticons and fill me with dessert.

I gazebo upon your lovely Facebook, your rainy nose, sweet, unmissable, the blue-greed eyes like limpet pools, your petty mouse, juicy, kissable.

Come with meat, Angel of my Drums, hold my ham, journalist into the night, and together lettuce explore the worm, over the horizontal and out of sigh.

A Chemical Romance

He would think about Her periodically, a daily tabLing of her essential elements; her radiated Beauty, her Blue Crystal eyes, the Nobility of her undeFiNed elegance.

Her Natural Mgnetism Altered his state, laid Siege to his body, Punctured a lung, shattered his Clavicle, burst his heArt, broKe his jaw, inCapacitated his tongue.

She was the topic of his **ScienTific enquiry**. He sought to **Validate his Craziness**, the insomnia, his life **Co**mpounded (iro**Ni**cally) by in**Cu**rable la**Zn**ess.

Life without her would be as flimsy as **Ga**uze, boringly bei**Ge**, harmful like **As**bestos in a jar, sedated, air**Br**ushed and romantically ban**Kr**upt, distu**Rb**ing, mi**Sr**endered, unhappil**Y** bi**Zr**re.

He became uNbalanced, eMotional and iTchy. He felt Rubbish and frequently diarRhetic. He was like a little laPdog, padding along in Agony, a mere aneCdote. But In deep. EnSnared. Pathetic.

She rocked his Ka**Sb**ah, turned on his **Te**lev**Is**ion, mi**Xe**d up his metaphors, set his itali**Cs** bending. He was taking a **B.a.** in the Language of Roman**Ce**; he **Pr**ayed the course would have a happy e**Nd**ing.

If he were **Pm** he might **Sm**ite all his rivals, castrate them like **Eu**nuchs, declare them wron**Gd**oers, wish upon them **Tb**, **Dy**spepsia or c**HolEr**a; he'd ou**Tm**uscle an**Yb**ody, mount them on skewers.

When he saw her, he would bLush and be basHful, not Talk of hoW his Reservoir was overflowing. He'd speak of Osmosis, Irrational numbers, anabaPtism; his conversation was nAught if not thorougHgoing.

But lit**Tl**e did he know that she kept a scra**Pb**ook, a **Bi**ble of the words he'd s**Po**ken she'd caught. **At**mology, o**Rn**ithology, the Scramble for A**Fr**ica, all neatly t**Ra**nscribed, e**Ac**h and every **Th**ought.

And so it came to **Pass one Unexpected day**, a dow**Npour**, a **Puddle**, a moment d'**Amour seized**, the a**Cm**e of Cupid's Arrow (his kno**Bk**errie, **Cf**) and our two hero**Es** from enser**Fm**ent are freed. And that's where this periodic tale ends (although there are still some more elements) with chemistry found in words, not just labs, and secret equations in love's eloquence.

Lollipop Ladies

They were there again. The off-duty lollipop ladies, hanging around the precinct,

like louts in lab coats, looking for trouble. We knew

it was the bus drivers they were waiting for but civilians

were not immune from their threats as they hurried by

or from a stick casually outstretched to induce

a stumble. But it was their patch, so what could you do,

won, at pyrrhic cost, from the traffic wardens earlier in the spring.

Some still had the scars to prove it. There was blood

in the doorway of Dixons that day, tickets and lollipops

lay scattered like confetti and shattered bones.

Divided by a Common Language

Americans, I have news to report.

I have done the 'math', you are one letter short.

You could borrow the one from the end of 'sports'.

The Interview

First, how was your journey? Have you travelled far? Did you come by train? Or by bus? Or car? Or strapped to the handlebars of your mother's mobility scooter?

What do you enjoy the most about your current role? The smell of the stationery that you stole when you thought no one was looking? The canteen's plump wholemeal rolls? The workload that you can't control?

Where do you see yourself in five years' time? In a mirror? A muddy puddle? Or a chance reflection in a shop window as you busk for pennies whilst pedestrians bustle past, eyes averted? And in twenty years? Or thirty? Alone? Bitter? Betrayed?

What's the first record you ever played? Do you ever wear pomade? Have you ever felt *truly* afraid?

What makes you think you are qualified for this position? The showy Moss Bros suit? The cheap aftershave that smells like Brut?

Tell me, if you were to divide sixty-four by the square root of the capital of Ecuador, what year was the Franco-Prussian War?

What are your main weaknesses? Women? Whiskey? Wednesdays? How does this job fit into the grand sweep of human history? And have you ever wondered who you really are?

How was your journey? Have you travelled far?

Black Friday

Few knew what lay in store that Friday.

It started, as these things always do, with the haberdashers where reckless price slashers offered ten per cent off cerise beading trimming.

Soon the place was full to brimming.

As the prices lowered the tension rose, resulting in a bloodied nose by the children's clothes.

In Winter Wear, customers turned to scufflers over discounted mufflers and there was more fighting amongst the Table Lighting as a shopper got lamped and then put in the shade.

There was carnage by the cardigans, burnings in Home Furnishings, a fracas near the nail lacquer, not to mention the infamous mascara massacre.

In Luggage, someone leaked mustard gas and the worst case scenario came to pass. Thirty-five shoppers malled to death, lost their lives in the fray: casualties of consumerism, to be remembered on Black Friday.

Hear, They're and Everywear

I here that their everywear, those people who don't know there 'their' from 'they're'.

It where's me down, they're choice of word; there grammar should not be scene but herd.

A Forest, Which Grew

a trail of parsnips along the floor was all it took to lure the sons out of their caravan door

where mumford was, i wasn't sure

bundling the sons out of my van, i planted them in tubs of manure, watered them daily, played them the banjo and ukulele, and watched them grow in the golden glow of a late summer afternoon

gazed upon the long limbs lazing up to an incipient moon, the entangled bramble of beards immune to the unforgiving snip of the shears that prune

mighty sons of mumford, fifty feet high, stretching up into the pale night sky

Ballad of the Ballot Paper

l spoilt my ballot paper

gave it treats, bought it sweets, mooned around, doted

and, in the process, became hopelessly de-voted

The Occidental Tourist

A mistimed side-step and I was in amongst the cagoules, clipboards and backpacks, too late to backtrack, too hubristic to hack my way through the touristic horde

which tsunamis me around two Oxford colleges, the Bodleian, and the Radcliffe Camera, pitches me in and out the Pitt Rivers before we wattle and daub

our way to Stratford-upon-Avon for much ado about bardic-related birthplaces and Monday-matinéed monologues, striking north to Viking lands of here be minsters and

castles and dungeons and museums and botanical gardens and monuments and Edinburgh cobbled passageways and walking tours and bus tours and ghost tours and

coach rides and airports and aeroplanes and twelve-hour flights and unfamiliar landscapes and customs and I end up spending the next twenty years of my life as a rice farmer

in the Ishikari Subprefecture of Hokkaido in Japan.

The Waiting Room

For two hours she sat, clutching the ticket from the machine.

But then, she'd been waiting all her life to be seen.

Eggbasket

She was told not to put all her eggs in one basket

but with only one egg and only one basket,

she wasn't really sure what her other options were.

Unforeseen Consequences

I

wrote

a poem

on a page

but then each line grew

to the word sum of the previous two

until I started to worry about all these words coming with such frequency

because, as you can see, it can be easy to run out of space when a poem gets all Fibonacci sequency.

You Can't Judge a Book

you can't judge a book by its cover but neither can you cover a judge with a book

unless the book is a foldy-out one with a map or something

Love Is a Skin

love is a skin that protects you, a warmth that spreads from the tips of your fingers to your heart

sorry – not love – glove, i meant glove

Toby

It would soon be January again.

She did not know where the year had gone.

Eventually she found it hidden away in a shoebox, under the bed, along with 1997 and 2005.

Toby.

He had taken the best years of her life.

Upon Delivering a Lecture on the Work of One Direction

I was invited to a convention on the work of One Direction and there delivered a paper on the intersection of Nature, Proust and Devon Malcolm in their 'difficult' second album and the influence of Mao Zedong upon 'Live While We're Young'.

It was a talk of depth and texture but in the middle of my lecture, Professor Stephenson of Yale shouted 'Bilston, you epic fail!' she loved to catch the falling leaves in autumn

> she would sit and wait until she

> > cautumn

The Perils of Reading

We sought other delights as *Wuthering Heights* had really started to bore us

but my Penguin Classic went all Jurassic when Emily Brontësaurus.

Prometheus Uncreased

No one could press a shirt like Percy Bysshe Shelley. It said in a programme I saw on the telly.

He would flatten with flair like a hero Byronic, which I suppose you could say is a little ironic.

Parties

I am always in the kitchen at parties,

hiding in the vegetable rack,

wondering when it might be safe to slip out the back.

We Are Books

I am a book.

But one of those books with an aspiration beyond its station, a pale imitation of Nabakovian narration. Characterisation never the strongest, I'm forever on the longlist, always the prize-maid, but never the prize (watch out for that plot-hole).

You are a book.

The Turko-Polish Technical Dictionary of Hydraulic Engineering, to be precise. You are far from concise and run into three volumes with online supplementary material (including downloadable PowerPoint slides). I have very little idea how to read you or whether I should even try.

But still we sit side by side, on the shelf, our companionable silence speaking volumes.

Lines Written Upon Arriving at a Holiday Cottage and Discovering the Lack of Reliable Wi-Fi

slow burning days drag by as the smouldering fag ends of hours turn themselves to ash

second-hand jigsaws sleep on dusty shelves, uncontrite at their incompleteness,

next to a well-thumbed Robert Harris and the fortnight stretches like old laddered tights

evenings drab with Scrabble and the death rattle of Yahtzee dice provide no substitute

for videos of piano-playing cats instagrammed selfies, status updates, Lionel Richie memes

instead this, the buffering and the suffering and the shutters which rattle in the wind

The Grammar Police

the grammar police got him

split his infinitive open removed his colon and left him lying commatose

the next day he was pronouned dead

full stop

Upon Awakening to the Sounds of Distant Rumbles

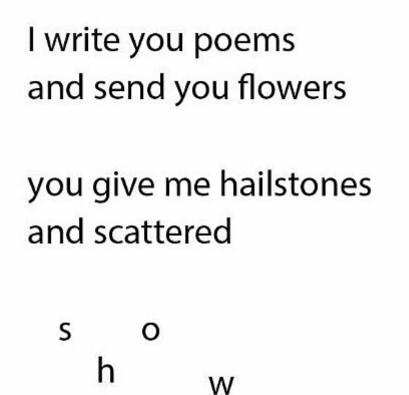
He awakes from seasonal slumbers, to distant rumbles. A storm approaching, perhaps, or the muffled guns from the ghost of a war long since waged upon faded fields.

The dawn chorus wakens the dead and rattles the brain as the backstreet clatter recedes into murmured memory and the awful truth emerges. Bin day! The revised Christmas holiday collection schedule.

Thoughts fly unbidden to the rooms of recycling, Pennines of packaging, glaciers of glass, corridors of cardboard and cartons, growing, overflowing, silently creeping up the staircase, across the landing, clawing at the bedroom door. The horror! The horror!

He lies there and tries to collect himself.

Ode to a Weather Girl



Morrissey's Fridge

Morrissey was filled with sudden self-doubt as he shut his fridge door; did the light never go out?

In the Departure Lounge

In the departure lounge, she drew him near, then softly whispered in his ear, not words of parting's sweet, sweet sorrow,

but DON'T FORGET THE BINS TOMORROW.

This is One of Those Poems Without Any Rhymes

This is one of those poems without any rhymes, of the kind you may read in the *Sunday–Times* Telegraph.

For the *real* poet, you see, rhyme's deleterious, when you want to be seen as poignant and-serious profound.

Rhyming is childish and trivial, and it smacks of the frivolous. But I'll throw in some half-rhymes of which you may be<u>oblivious</u> ignorant.

This is also one of those poems that ends with a <u>metaphor</u> simile, like the silence of writing paper, untouched in the letter drawer.

You Are a Map

In bed, my fingers trace your contours, caress the lines from coastal margins, slide along secluded pathways

and linger in hidden beauty spots, before a gentle incline leads them to the peaks of two majestic hillocks,

separated by a narrow ravine, which I follow down, down, until scrubland arrives as a surprise,

and gives way to enchanting forest. I prepare to plunge into the interior but then I am told to turn off the light

and so I carefully fold my scale 1:25 000 Ordnance Survey OL4 Map of *The Lake District: North-western area*,

including Keswick, Cockermouth & Wigton, before placing it back in my bedside drawer, alongside my pipe, nail clippers and loose change.

Haiku #478629

as he left the train, he remembered to take all his longing with him

Australia

A photo. 1977. Me, on a beach in Devon,

digging a hole down to Australia;

a project always doomed to failure.

Although the photo has begun to fade,

the disappointment of that day has stayed

and I often replay the mistake I made:

I really should have used a bigger spade.

Your Search Returned No Results

I googled 'corporate profiteering' but, with so few results appearing, I wondered if I'd made an aberration so I changed my search term to 'evasion' but, again, I must have lacked the knack for Google gave so little back.

For the avoidance of doubt and delusion, I tried 'government big business collusion', only to reach the same conclusion.

Perhaps there's a problem with their algorithms, or their coding needs some more revisions.

Or they just found it all too taxing. Next time, it's Jeeves I'm asking.

Reach out to Me

Reach out to me, reach out, reach out, my calendar is up-to-date. Let's meet up and move the needle (although I have a hard stop at eight).

Drill down with me, drill down, drill down, and under spreadsheets we shall dive, pluck at the ripe, low-hanging fruit, let's innovate and synergise.

Align with me, align, align, explore our many moving parts. We shall think outside the box and get it down on your flip charts.

Deploy with me, deploy, deploy, your assets quite considerable. Leverage them along the way to achieve our core deliverable.

Please Sing to Me Your Songs of Sweet, Sweet Love

Please sing to me your songs of sweet, sweet love, let your music drift upon the breeze. Or write me a sonnet straight from the heart and carve the lines into this oak tree.

Or proclaim a constitution of love and make your rules and principles clear. Or if time is short to write such words, whisper soft, hushed words in my ear.

Or scrawl something down on a post-it note, you really don't need to think too hard. Or if you have got a spare postage stamp, you could always send me a postcard.

Or leave a phone message with my mum (treble four seven nine double three) as I've not heard from you in fourteen years and I think you may be avoiding me.

Kiss

Gimme a kiss, a smooch, a snog, a smacker.

Light up my lips with a lusty firecracker.

Please don't ignore this; let us conjoin our labia oris.

Because I'm a sucker for the way that you pucker.

I hope that our lips get stucker and stucker.

So let's osculate now, I can't help myself.

Oh, sorry, I thought you were somebody else.

Life: A Record

Polyvinyl chloride disc with modulated spiral groove, you're up to scratch, you're prone to snap, your pop's crackle makes me move.

You turn the tables, you make me spin, your company is bliss. I love you thirty-three and a third more times than any compact disc (and forty-five times more than a download from an online music store).

Digital is clinical, cuts air like a surgeon's knife, but vinyl has the touch, the feel, and surface noise of life.

Selfie Stick

The modern fixation upon the selfie, I find not natural, normal nor healthy.

Too much of the ME, the MYSELF and the I, not enough of the where, the how or the why.

Selfies are senseless; I'd much rather snap the them and the those, the what and the that.

Eager stroker of ego. Photographic spam. Bedroom or bathroom, I click ergo I am.

Narcissistic reflections in camera phone glory. If a selfie could vote, then it would vote Tory.

A Little Light Verse

How many

poets does it take to change a lightbulb? Five. One to describe the essence of its fluorescence, the light which can turn darkness to unshaded starkness, or gently summon shadow-furniture to silhouette soft, silkened walls. Another to complain how the light bulb is a poor substitute for sun or moon upon which the love-sick lover might croon. One who will try to conjure up the crackle of electricity as it flows through the filament and meets the resistance it craves in order to make its sudden, startling conversion on the road to domesticity. That poet will use phrases such as luminous efficacy and tungsten trioxide with the confident abandon of the polymath. Essential to the operation is the poet who then shifts from science to metaphor and presses the mental switch which heralds the dawning of a new idea, the eureka moment, and which, in its turn, illuminates the human condition and justifies the continued existence of poets in the first place. And finally the poet who goes to B&Q, buys the lightbulb, and returns to his garret and screws the damn thing into the socket.

Untitled

She didn't know who had written the poem she'd stumbled upon.

All she knew was that it went on anon. **Plane Verse**

Dedicated to the passenger in front of me

When you recline your seat, it is difficult for me to eat

Anthem for Doomed Ruth

It was Ruth's own fault, to tell you the truth; she smoked like a chimney and then fell off the roof.

Haiku Horoscopes

ARIES

your attempts to breed male sheep have unexpected ramifications

TAURUS

your luck starts to change when into your life comes a dark handsome strangler

GEMINI

Mars enters the sphere of concupiscent Venus not sure what that means

CANCER

you realise that all horoscopes are nonsense feel crabby all week

LEO

your hair turns curly and you have a surprise hit with When I Need You

VIRGO

the crowds gasp at your Cliff Thorburn and Doug Mountjoy impersonations

LIBRA

you fail to return all the letters you borrowed from the library

SCORPIO

reading horoscopes in the newspaper, you bump into a lamp post

SAGITTARIUS

you break with your strict Sagittarian diet and eat a Virgo

CAPRICORN

you decide to stop thinking about anagrams and sort out your file

AQUARIUS

you read a haiku horoscope in this book but it tells you nothing

PISCES

nightclub visit fails you find there is no one to pick up the Pisces

Whither Spoons?

Whither the spoons in my cutlery drawer? Of spoons it is empty but it used to hold four.

I checked the dishwasher and I scoured the floor. Then I scoured it again just to be sure.

Whither the spoons in my cutlery drawer? Of knives and forks, I have plenty in store.

But what use is a knife except as a saw? And what good is a fork except as a claw?

Whither the spoons in my cutlery drawer? For scooping and stirring, it's the spoon I adore.

And should you ever look up at the shallow-bowled moon, just think of the poet who perished for want of a spoon.

The Importance of the Oxford Comma

Owing to ambiguities caused by its omission, the Oxford comma became the subject of a petition raised by serious serialists desperate to ensure its use was to be mandated in lists of three or more.

Signatures flooded in from across all of society; never had they expected to see such variety. Who would have thought that those in favour would have had such a diverse, democratic flavour?

There were the investment bankers, the robbers and thieves, as well as the politicians, the greedy and venereally diseased. There were the footballers, clowns and less mentally able, alongside the poets, unemployed and emotionally unstable.

Plus Simon Cowell, a drug fiend and a trafficker of human organs, and the sexual deviants, Jeremy Clarkson and Piers Morgan. Such was the range of names that the list did constitute. Oh, and the Queen, a well-known madam and a prostitute.

Lapse

Chores were neglected, dirty dishes stacked, because people had cats who sat on their laps.

Careers were stalled, all plans got scrapped, because people had cats who sat on their laps.

Whole cities crumbled, economies collapsed, because people had cats who sat on their laps.

Aliens invaded, Earth got attacked, but the people just sat there with cats on their laps.

The Chelsea Flower Show Massacre

There was death amongst the daffs the day Fleur took her secateurs and ran amok through the flock

of haughty culturalists in the Chelsea gardens without so much as a beg your pardon.

Roses were red, violets were too, ears were sheared, nosegays chopped, toes trimmed and green fingers lopped,

as Fleur took the lawn into her own hands and mowed them all down.

Even the failure of Lady Pru's azalea bed became overshadowed by the trail of dead.

Herbaceous borders filled up with her slaughters and there was carnage in the carnations,

annihilation amidst the anemones, hysteria in the wisteria, nastiness in the nasturtiums.

No one could remember a flower show bloodier; if only it had been nipped in the buddleia.

Languish School

bed-filled days of tea, toast and truancy

they spoke the languish of love fluently

Haiku #64471

I am excused from walking around church graveyards on religious grounds

Invincible Vince

The day he got the neck brace, life changed for Vince

and he's never really looked back since.

Every Song on the Radio Reminds Me of You

Every song on the radio reminds me of you.

'Anarchy in the UK' plays and I think about the time you led a bloody but ultimately unsuccessful anarcho-syndicalist uprising in Merthyr Tydfil.

'Bohemian Rhapsody' comes on and I remember the episodic, integrated, free-flowing work you composed whilst holidaying in the Czech Republic.

'Like a Virgin' reminds me of the afternoon your new Virgin Media TiVo box was installed and you touched it for the very first time.

A Beatles song blasts out and I recall those stupid bloody Tuesdays when you would sit on a cornflake in your corporation T-shirt and wait for the van to come.

Other memories fly to me across the radio waves. Your strange, wide-ranging CV: private dancer, waitress in a cocktail bar, boxer, lineman for the county.

The evening you let the dogs out. That party with a special atmosphere. The year you missed my birthday because you were sat in a tin can far above the world.

Little wonder I still think about you most days; you and your beautiful, bright, sexy, gypsy, Bette Davis, brown, green, baby blue eyes.

Clarkson Apologist

Reader, please beware of the Clarkson apologist.

Here's how to find if there's one in your midst.

He will tell you that global warming does not exist.

He will talk about his little lady then claim he's not sexist.

He will illustrate homosexuality through the limpness of a wrist.

He will talk about the two world wars and then clench his right fist.

He will bemoan the bloody immigrants of which his country consists.

He will drive home every night in his Range Rover pissed.

I could go on but I'm sure you get the gist.

Melancholy Communion

When the wafer began to chafe her

and the wine said she had no class

she knew things had reached a critical mass.

Not Her Cup of Tea

just when she thought it could get no worse

she saw him put milk in her teacup first

Penned Up Emotion

'The pen IS mightier than the sword,' she roared,

squirting ink into my eye

and stabbing the nib into my thigh.

'Life Is an Inspirational Quote'

Every day is a second chance. And each day a festering boil to lance.

Paint the sky and make it yours. I'll add this fun task to my long list of chores.

Imagination is more important than knowledge. It helps me pretend I made it through college.

Be positive and turn your can'ts into cans. Then watch my cans carted off in recycling vans.

What doesn't kill you makes you stronger. It is hard to think of a quote that is wronger.

It is never too late to be what you might have been. I gave up believing that when I was fourteen.

Life is so much brighter when we focus on what really matters. That's assuming my dreams are not already in tatters.

You're in control. Be the change you wish to see. I struggle to find change for a cup of tea.

A beautiful life begins with a beautiful mind. In a world full of misery, it's not so easy to find.

Treat life like a trusted and old faithful friend. Why not? But SPOILER ALERT: we all die in the end.

The Pedents' Revolt

Its not verry eazy being a pedent correcting others' mistakes all daylong My freinds and me are totally sic [sick] of seeing gramma witch has gone wrong.

'Whom are these language offenders', 'could it be that I maybe one, to'? Their ignorant; stupid, and careless: off language they have'nt a clue.

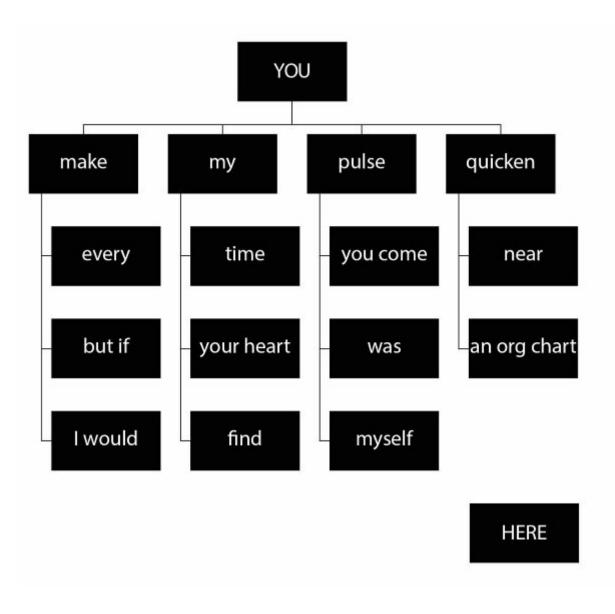
They're speling is complectly embarrasing its' so amature, wired, and, abserd, applying neither thought or intelligence – to a dictionary they should of refered.

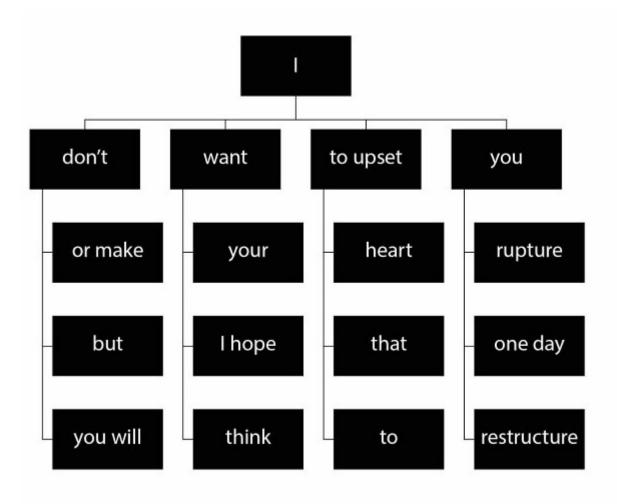
Writing there awkwardly formed sentences, participle clauses remain dangled. Just one less mistake each would have the affect of making our language less mangled.

Lamina: A Palindromic Poem

A mall. As it is. God! Was it a cat I saw? Dogs? It is a llama.

If Your Heart Was an Org Chart





The Great Famine

The day the driver from Ocado was late with her escargot, Margot exhibited great bravado.

She had an insight into the plight of the starving of Africa as she waited patiently for her celeriac and paprika.

She could see how civilizations might fail through focaccia gone stale and for want of some kale.

And she thought to herself sadly of those who sat drably sipping on the dregs of last night's Chablis.

With some charity or other, she set up a small direct debit and then stoically rustled up a smoked haddock rarebit.

Clowns

Know this: those commuters causing commotions on locomotions with their funny fold-up bikes, the vélo origamists of the vestibule, are out-of-town clowns.

Their bags do not house laptops or dossiers of documents, but wigs and whistles, red noses, hand buzzers and balloons, water-spraying carnations, outsized shoes, giant toothbrushes, chickens.

Follow them out of the station, post-disembarkation. Observe the nearness of their feet to the saddle as they straddle their bicycles and comically pedal through London street puddles, and peddle their selection of slapstick services to city centre circuses.

Beards

Beards grew on men's faces, inched past belts and braces, slithered over shoe laces, spread across floors, crept under doors, stretched across streets, became entwined and entangled at all kinds of angles until the ground disappeared, drowning in beard.

Oceans got clogged and mountains hogged by the hirsuteness that took rootness as attempts to halt the barbate bombardment proved fruitless.

No glimmers of hope, no trimmers could cope, the vanity of humanity's destruction impending; a hairy tale ending.

Name Calling

Some names like Beauchamp, get mispronounced unless you teauchamp,

thought Niamh Cholmondley, glolmondley.

Logomachy

To say that Damian was sesquipedalian would be an understatement for there was no abatement in his capacity for loquacity nor lack of temerity in his pursuit of verbal dexterity.

It was precisely this pomposity mixed with verbosity which made him describe Kieran Thomas as 'crepuscular'.

Kieran Thomas was also more muscular.

Damian nursed his black eye and hoped Kieran might be struck down with pneumonoultramicroscopicsilicovolcanokoniosis.

Fluff

every evening, for twelve years, i would contemplate my navel, a nightly session with my knotted depression in which i would inspect the cleft to see what the day had left the daily deposit would be scraped out and stockpiled into shoe boxes until i had enuff of the stuff to knit you a scarf of scraped fibres,

a lint-stitched muffler,

a belly button

fluffler

Desemicolonisation

Following the Pedants' Revolt, it was clear the semicolons had to go. Nitpicking sticklers sickened by the centuries of their abuse, misuse and misplacement oversaw their displacement overseas.

Sentenced to de-sentencing, they found themselves deported to semi-colonies where they could do no further harm. Related clauses were reunited or sadly, in some cases, split up.

Occasionally rogue semicolons would still be found; in a newspaper; an obscure monograph; a badly-written poem. The perpetrators would live in fear of the knock at the door and the heavy boots of the grammar police.

Sometimes these authors would suddenly disappear, mysteriously, before they had even fini

Suspicion

The only thing Clive ever carried in his briefcase was a cheese and pickle sandwich.

Nothing unusual about that, perhaps, but the other ants in the colony still regarded him with suspicion.

Origami

your love of origami was uncontrolled

for reasons which were manifold

but it soon decreased, began to irk

what with all that paperwork

Missing the Moon

life is all darkness since you left as if the moon had gone missing from the night sky and left an absence, a lunar lacuna

oh, hang on, forgot to open the curtains

Her Universe

She gazed up into the night sky with intensity and pondered the immensity of the observable universe.

Space seemed so spacious, forty-six billion light years in radius, with recent astronomical analyses suggesting one hundred billion galaxies and stars numbering three hundred sextillion (give or take a few thousand billion).

Even if she set off soon, a walk to the moon would take three thousand days. It would be sheer lunacy.

The universe held her spellbound in its unimaginable boundlessness until the phone rang and she left the balcony to go back inside her one-bedroom flat in Croydon to answer it.

Malcolm

Malcolm was a maverick and would always have a trick or two up his sleeve, should he ever meet the nous-less and naive, he'd bob and weave and stitch them up a treat.

Malcolm was a chancer, a dancer, a Bengal lancer, a ducker, a diver, a scamp and a skiver who'd steal the robes off the back of a Lady Godiva if you gave him a fiver.

Oh, Malcolm.

Wallycobbles

i remember the moment when my collies began to wobble as if it were yesterday which it was give or take a year or two

it came as quite a shock until that point they had always seemed of steadfast and sturdy stock hardly worthy of a tremor or a tremble but solid solid as a rock

i presented them to the doc parting his paperwork to let them rest quivering and shivering atop his pockmarked desk

he gave me the heebie-jeebies in a jamjar saying take two before breakfast with a glass of wine closely pursued by two more during newsnight

but not the bit when the next day's papers get perused

now they're as good as new

[The above poem is a homage to John Cage's experimental composition, 4' 33". Mine is a bit better, though, as it's four seconds longer (but only if read at the right pace). For best results, please approach this poem from the right hand side, in a mood of sullen indifference, whilst drinking a glass of Fentimans Ginger Beer.]

4' 37"

Needles

Т

wrote a poem in the shape of a Christmas tree but then forgot to water it and only a few days later

there

were

words

all

over

the

carpet

Little Poems

You would write little poems for me, and scatter them around the house, like unexpected confetti.

Elliptically cryptic in construction, your notes of seduction defied further deduction.

2 tins toms, read one, Cucx3, caulie, bread rolls. Dead Sea Scrolls would be decidedly more easily deciphered.

I came to adore these *lettres d'amour,* and would secretly clamour for their post-it-note glamour.

Boiler on blink. Phone man, said another. Dinner in dog, whilst perhaps not the prettiest, was one of your pithiest.

Prosaically profound, part-Ayres, part-Pound, your poems would confound.

I hate you and I hate your stupid face. I am leaving you. was you at your pinnacle, so crisp and so clinical.

Such a shame you disappeared shortly after that.

The Unbearable Lightness of Boing

I didn't hear you coming, you got me good and proper

when you knocked me to the ground, riding your spacehopper.

Things I Would (and Wouldn't) Do for Love

I would do anything for love.

Wear a hat, do the dusting, stroke your cat, read Augustine,

but i won't do THAT because that's disgusting.

Haiku #1

i don't really know what a haiku is Ode to a USB Stick

a recent survey found, first try to insert you Eighty-five per cent of people the wrong way around.

Paul Young

it was quite by accident that i discovered paul young in the garden that morning, living under a hat

he appeared to have made himself quite at home there although he admitted to periods of abject loneliness

i would visit him daily, feeding him turnips, the ends of which he would store in his turn-ups

upon arriving, he would beg me to stay for good this time but having other things to attend to, i never did

i did enjoythe feeling of him being near, though,so every time i went away,i would take a piece of him with me

then one day, to my dismay, i lifted up his hat and found there was nothing left of him for me to take

in a rage, i tore his playhouse down before going inside to stroke my cyndi lauper

You Stitched Together the Pauses

you stitched together the pauses

from old, discarded Harold Pinter

plays

until you had made yourself

a blanket

of

silence

The Poet Laurie Ate

The poet Laurie ate was Alfred, Lord Tennyson, whom he found rather tough although less so than venison.

The Correct Attire for Yoga

never do yoga dressed in a toga

always wear a leotard

check first it is not a leopard

or your life will be placed in jeopard

у

Jewel

I can picture the exact moment that we began to grow apart. The usual Thursday kickabout,

the mistimed challenge, the boot jack-knifed down upon my own, the mumbled apology,

and the game continuing around us. Back in the dressing room, I looked for signs of damage

and although you looked no different, I knew that you were.

That night in bed, to prove me right, your transformation, as subtle as a reading lamp, began.

It was an unremarkable beginning. A blanched greyness spread across the nail, like a bland surprise,

as if the blundering ghost of that tackle had come back to haunt you.

In the days that followed your true colours began to shine through,

angry reds and bruised purples competed with each other before settling into an uneasy truce.

I would rush home each evening, shoes and socks strewn across the hallway, and inspect you,

to see what new hue you had become and to run my fingers over the contours of your newly-formed ridges,

as brittle as life itself. They were bittersweet times and all the while, the nascent nail

was growing and pushing, undermining, overwhelming, and toe's company, three's a crowd. Our parting when it happened came suddenly. The sun shining down, a foot raised up from the sea,

and there the usurper but not the usurped, presumably washed away in the surf.

I still dream about you sometimes: a beach-combing boy, looking for treasure amongst the pebbles and shells,

his eye caught by an unexpected gleam in the sand, and something both splendid and mysterious is gathered up

for his collection: an Ionian jewel.

The Crocs of the Matter

the one crime worse than wearing crocs is wearing crocs

with socks

Tony

Of all my mates, Tony was the pick of 'em. He knew loads about Tanita Tikaram. Like that she was from Basingstoke

Tony. Amazing bloke.

Love Amongst The Dominoes

When Janice walked out

of his dreams and into the saloon of The Sparrow and Sickle that domino-fuelled Thursday night, Bob knew it was love at first sight for he felt his blood thicken, his pulse quicken, damn near choked on his chicken in a basket.

Janice-stricken, Bob was a shadow of his formless self, no longer the doyen of the domino domain (for that was now Ken).

Tiles clacked with a fatal distraction.

As Bob watched Janice sidle over to the jukebox he imagined her supplicant and supine until he heard her put on 'Walking on Sunshine'.

Bob was held in thrall no more

and he returned to the game

For Bob there were some things that love could not withstand Katrina and the Waves being one (another, KC and the Sunshone Band). $N_1 I_1 G_2 H_4 T_1$

A.]

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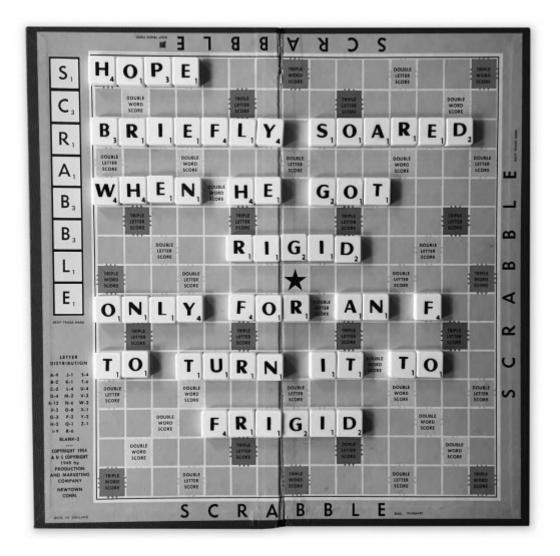
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Haiku #298610

There once was a young limerick from Kew who turned into a haiku.

Poetry Books Offer

Here's an offer on Romantic poetry that won't cost you the earth:

BRYON GET ONE FREE

if you want

your Wordsworth

Lady Philately's Lover

She would invite him in

for secret binges.

He would lick his finger

then moisten her hinges.

police notice: Schrödinger's Cat

warning: Schrödinger's cat, much-feared feline psychopath and philosophical paradox, has broken out of his box.

The four-legged ex-captive is thought to be radioactive, and quite possibly armed.

A number of creatures have already been harmed; none are likely to survive.

reward for capture: £100. WANTED DEAD AND ALIVE.

Stack

forgive me

i did not mean to stack the dishwasher

in such an inefficient manner

i never was much of a planner

Robert Frost's Netflix Choice

An action thriller with Liam Neeson or a post-apocalyptic world forsaken?

Decides upon The Road not Taken.

Refugees

They have no need of our help So do not tell me These haggard faces could belong to you or me Should life have dealt a different hand We need to see them for who they really are Chancers and scroungers Layabouts and loungers With bombs up their sleeves Cut-throats and thieves They are not Welcome here We should make them Go back to where they came from They cannot Share our food Share our homes Share our countries Instead let us Build a wall to keep them out It is not okay to say These are people just like us A place should only belong to those who are born there Do not be so stupid to think that The world can be looked at another way

(Now read from bottom to top)

No Laughing Matter

My mate Geoff tickled a bloke to death.

Four weeks after, he got charged with mans'laughter.

Fifty-One Words for Rain

It is said the Eskimo has fifty words for snow, but the British brain holds fifty-one for rain.

It must be all those Bank Holiday weekends of peering through rain-spattered windows to see the pittering and pattering, the spitting and splattering, the spotting, stotting and spithering, the showering, sprinkling and tinkling.

Or holidays in Scotland, with their dreich days of drizzle, the smirring and the sneesling, the raffing and the roosting; and the misery of long, misty walks in the mizzle.

It's best to batten down the hatches to hear the haar and the hammering, the haggering and the huthering, the drumming and the thundering.

Because inside you are safe from the risk of being struck by buckets or stair-rods

or pitchforks or chair legs or from the pelt of cats and dogs.

It never rains but it pours, though, when the heavens open, the clouds burst and the deluge descends. Then the dabbing, dotting, damping turns to streaming and teaming, torrenting and henting, pouring and squalling, flurrying and fissing.

It comes down in so many ways; in sheets or by chucking and luttering, siling or tipping or plothering.

Or perhaps, it may simply piss it down.

Still, nice weather for ducks.

Without You

without you my life in darkness passes i fall down deep crevasses

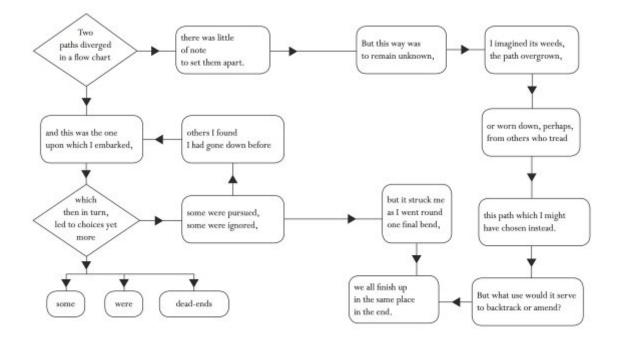
oh i miss you masses

how i hate it when i lose my glasses

Poundland Economics

If I had a pound for every Poundland I have seen, I would have enough money to buy one item in every Poundland I have seen.

Two Paths Diverged



You Bagged All the Seats

You bagged all the seats and created a buffer zone out of all that you own.

For the rest of the carriage, it was a marriage of inconvenience.

Your stacked-up stockpiles forced us into the aisles, like unwanted children

from your luggage love-in. You, ignorant of those queued, remained sandbagged in solitude.

But maybe this was unfair and there were good reasons for your belongings being there.

Perhaps, alack, there was a lack of space on the rack or your tired bags needed a nap.

Or did they house vital information, which, if in the wrong hands, might bring down This Great Nation?

Or are you a tropical disease carrier so you built this big bag barrier, to prevent further cases?

Or maybe you're a crusader for luggage equality? BAGS HAVE RIGHTS LIKE YOU AND ME!

Or perhaps it is that you are simply a twat.

Over My Dead Body

I cut off my nose to spite my face.

In revenge, my face took up arms against my legs

and yet, all the while, my feet were killing me. 4x4

your	four	by	four
parked	outside	my	door
means	i	cannot	see
the	sky	no	more
please	don't	ask	me
to	show	some	pity
you	block	my	view
and	pollute	the	city
i	don't	know	what
you	need	one	for
unless	it's	tank	practice
in	case	of	war
it's	six	feet	high
and	ten	feet	wide
please	go	and	live
in	the	country	side

Why I Have Never Read War and Peace: Ten Excuses

i

I've always meant to read it; I really like the sound of it. I had set aside the nineties but never quite got round to it.

ii

I won't read the first half. It's because I'm a pacifist. I hope one day it gets abridged but without all the nasty bits.

iii

The print's too small to read; it makes my interest dwindle. I tried to read the ebook but it was too big for my Kindle.

iv

I'm afraid it's not for me. I loved Tolstoy 1, 2 and 3, but I won't read this because there is no Woody or Buzz.

v

I think I left it on the bus. Or perhaps my dog ate it – although it may have been the cat (she thinks Tolstoy's overrated).

vi

I've been stuck on the first line since nineteen ninety-nine.

vii

One day I'm sure I'll read it. That has always been the plan. But my concentration wavers and I have a short attention Spanish omelette? Fabulous.

viii

I find it too weighty. I feel like I'm eighty. It's not so much the length, I just don't have the strength to read more than a page in a sitting. Some say it's unputdownable, but unpickupable is more fitting.

ix I would like to read it; I really have the itch. But the characters' names all sound the same and I won't know vich is vich.

Х

I fully intend to start it soon; it is just a matter of when. For the last ten years I've been reading around it: the jacket, the blurb, the ISBN.

Pretty Things

They spent the day swapping stardust-sprinkled stories

of classroom rebel rebels and rescued car journeys,

eye-shadowed evenings of first gigs and girlfriends,

best gigs and boyfriends, fan letters insanely penned,

awkward teenage oddities, faces and phases and changes,

moon landings, all-time lows, serendipity in far-off places,

the loneliness of Lazarus, and the golden years of families,

fame, fashion, fancies, dances, all the fanatically-vinyled panoplies,

tall, true tales of we-can-be-heroes, for Planet Earth was blue

and there was nothing else they could do.

The Love Song of Brian H. Bilston

La belle Una Stubbio, flicki-kicki subbuteo, Lei è molto bella, charade di muteo.

Let us go then, you and I, when I have finished this mushroom pie and cleared away the table. Let us go, through sterile shopping malls, consumer cathedrals of bargain baskets in Poundshop aisles and cut-price calendars of Harry Styles, to lead you to an underwhelming question... Oh, do not ask, 'What are you on about?' Let us go and work it out.

In the room the women come and go talking of Barry Manilow.

And indeed there will be time for selfies in fast-food restaurant toilets, or dirtied department store changing rooms; there will be time, there will be time to prepare your face for Instagram; there will be time for Facebook and for Twitter, and time for all your life's minutiae to be spread like butter across the sky, time for blackjack in the new casino before the taking of a frappuccino.

In the room the women come and go talking of Paolo di Canio.

And indeed there will be time to wonder, 'Do I care?' and, 'Do I care?' Time to turn back and listen to Cher, with my newly grown facial hair— (They will say: 'Throw his pipe into a bin!') My frayed tank top, wearing thin, the quadrupling of my double chin— (They will see the fade of tattoos upon my skin.)

I should have been a piece of unsuspected lego embedding myself into the soles of yellowed feet.

I grow old...I grow old... I shall subscribe to UK Comedy Gold. Shall I become thin and frail? Do I dare to eat some kale? Regardless, I will always hate the Daily Mail. I have heard the boy bands singing on the radio. I do not think that they will sing to me. I have seen them dancing on Saturday night talent shows prowling the stage with their hair blown back when the wind machine whirls and their jaws go slack. We have suffered the agony of the buffering page, lapsed into a sleeping silence, the uncomprehending frown, till Katie Hopkins wakes us, and we drown.

Ceci N'est Pas un Poème

l wrote some words

and made them look like a poem

put line breaks

in

thought-provoking places

but it was still

just some words

and not a poem

Acknowledgements

Thank you to the team at Unbound who have helped to put this book in your hands – it has been such a delightful experience – and especially to Scott Pack who somehow saw something in my poems to consider them worth publishing.

I have tested the forbearance of many around me over the last few years and, in particular, I would like to thank Kate Jaeger and Jake, George and Evie Millicheap for containing their anger (or boredom) with me during the writing of these poems.

I am indebted to Laura Montgomery and Louise Morgan for their consistently sound advice and encouragement. They should consider a career in publishing themselves.

And, of course, I owe a huge thank you to everyone who has helped to support this project: the fine people of Twitter and Facebook who took the time to read these poems in the first place, and the kind and generous souls whose names decorate the back of this book. This book simply could not have happened without you.

Brian Bilston

Supporters

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