

Poetry Series

**Seema Chowdhury**  
**- poems -**

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# Seema Chowdhury(14th September,1971)

My name is Seema Chowdhury. I am from Bangladesh. At present I'm settled in Canada. I am married to the world's most caring person, Sunny, and blessed with two daughters Samia and Sameen. I started writing when I was 19 years old and now in the period of 24 years I have a huge collection of over 3000 poems.

My poems were published in USA, UK, Canada, Pakistan, Bangladesh and Philippines. I have received 8 awards from USA and I was also the Ambassador of poetry for the year 2006 & 2007. I am also an artist and have done art and paintings in all media like pencil sketch, water color and oil painting.

In January 2010 and February 2011, I participated in the Art exhibitions organized by Cape Breton University, Canada. Both were wonderful experiences for me. Three of my oil paintings were on exhibition under the title " Bangladesh" in 2010 and another three paintings in 2011 under the title " Timeless Tales Of Bangladesh" for a month each time. I hope I can do this again soon. " Caper Times" also published my poems and art in 2010, it is a news letter from the same university.

In January 2012, I participated in the Essay Competition organized by CBU and by the grace of God Almighty, I have won the " Mary Keshen Award" by the Department of Language and Letters. This has opened a new venue for me to depict my life's story from a different perspective.

World Poetry Movement published two of my poems. One in the Fall of 2011 and the other one in Spring of 2012. I am also selected for the award of a " Published Poet" . In June 2015, I am presented an award from Poetry Nation for my contribution in contemporary American poetry.

I enjoy reading poems, verses and prose and like to write comments on them and also like my poems to be read and shared with other fellow poets. I am grateful to God Almighty for all his blessings and love that He constantly showers upon me, today and always.

# 18 Beautiful Steps

Today we are finishing our 18th beautiful step  
In this journey called life and living  
With a hope of happiness, love and care

Where once again we are willingly promising  
Not to be stubborn or freeze on our perspective  
But give a chance to share our common vision

For life is an exciting game and an amazing race  
That we are both playing hand in hand  
Assisting and complimenting one and another

Sharing numerous hours happily together  
And taking time out for hope and optimism  
Envisioning wisdom, strength and support

Where we have bravely overcome many  
Unmet needs and unspoken pang and hurt  
And have only looked up to God for help

And as today we are taking our next step towards life  
Where roads are full of innocent smiles and unseen trials  
I hope and pray to God to give us strength to pull through

For each win adds to our faith and strengthen our bond  
And I hope to finish this beautiful journey and go up  
For the view is always better from the top....

Happy 18th Anniversary Sunny  
Thanks for being my best friend

Seema Chowdhury

## 3-D Effect Of Life

Create a 3-D effect of your life  
And add depth in it  
By looking from a different  
And rotating perspective  
And by choosing what you want

Always try to fine tune  
And pay attention to details  
For it is super important  
Because life doesn't come  
With a prospectus or a guide  
We all have to create one for ourselves

So access your life from a positive route  
And right from the start to the finish  
Well plan every lesson and every activity  
And explore every corner and angle  
For exploration gives way to learning

And always remember that there is  
More than one option to reach the correct answer  
To solve even the most complicated problem  
So come up with the best solution  
And always choose the correct button  
In the right sequence in life

And remember that now is the time  
So be positive and alert  
And create a 3-D effect of your life  
To add depth and rotating perspective  
And choose the best option that you want.

Seema Chowdhury

# A Baby Small

Sweet dreams do come true  
If you believe in them too  
For God knows how to bestow  
One by one his blessings in row  
Oh yes I'm talking about  
That gift of bliss is no doubt  
World's most wonderful God's gift  
That gives life a brighter lift  
And that gift is certainly rare  
That needs lot of love and care  
That brings laughter and fun to all  
And that's the gift of a baby small  
For when God sends baby on earth  
With it also comes joy and mirth  
And lots of warmth, laughter and smiles  
Are also spread far away miles.

Seema Chowdhury

# A Beautiful Drive

Life is an enchanting and a beautiful drive  
So enjoy the glorious low hanging sun  
And also the gentle breeze that is blowing  
To make connection with life's edge and fun

Explore your passion and revitalize  
And forgive yourself so you can move on  
Because we all have flaws and weaknesses  
So try to overcome roadblock before the dawn

Steadily and calmly climb the ladder of life  
And chirp words of encouragement dear  
Put energy on improving your surroundings  
And let positive energy replace your fear

Get rid of your bucket of anger and frustration  
And gently slide down the slopes of tender joy  
Pursuit for happiness and ever loving peace  
And learn everything so you can always enjoy

Fix your dull life with bubbly possibilities  
And turn challenges into amusing fun  
For life is an enchanting and a beautiful drive  
So enjoy gentle breeze and glorious hanging sun.

Seema Chowdhury

# A Beautiful Gift Of Heaven

A woman is a beautiful gift of heaven above  
She is a pack of joy, care, blessings and love  
She gets her strength from her smiles and tears  
And she holds her world on the pillars of prayers

A woman's heart is full of compassion and care  
From there she spreads love and laughter everywhere  
And she is a source of radiance and serenity's light  
That makes God's earth sparkle cleanse and bright

A woman's love is deeper than any ocean or the sea  
Her kindness is as wide as faith and hope can be  
And she embraces the twists and turns of everyday life  
To bring wealth of happiness and renewed spirit drive

A woman cries tears of joy's emotion as well as pain  
She smoothen life's stormy voyage without complain  
And she brings in new perspective in everyone's way  
With her courage, compassion and wisdom's play

And as she is ready to end her momentous day  
She helps others to fix and find meanings in life's way  
And brings everyone back to happiness road  
Where extra baggage of worry they can off load

God has made a woman delicate, tender and strong  
And bless her with modesty and virtue that go along  
With unique charm and beauty to achieve her goal  
In addition to her enlightened heart, mind and soul.

Happy Women's Day To All of You  
Be Proud of Your Existance and Enjoy! ! !

Seema Chowdhury

# A Beautiful Rhyme

Every ending is a new beginning  
We just don't know the time  
That is how life goes on  
With a beautiful rhyme

So don't let the world hurt you  
Pick your options with care  
And look out of the window  
And plan big and bold dear

Just remember past is past  
So turn your life around  
And let your imagination swim wild  
And show you how to live on the ground

Make peace with your life  
And stop complaining everyday  
For you have to take a chance  
Somewhere along the way

And if the beginning is dicey  
Do not be scared or tear down  
For answers of your questions will appear  
And you'll see light in the brown

Just hang in there till the end  
And know your solutions of the time  
For life's flow will not stop ever  
So enjoy its beautiful rhyme.

Seema Chowdhury



# A Better Life

Dream of a better life  
And learn in it to survive

Where air is crisp and clean  
And things are still unseen

And try very hard to do  
Things that's best for you

And enjoy it in deeper ways  
And count your pleasure days

And know this is all the treasure  
That you can count and measure

And in your hands you can hold  
For it'll surely make you bold

And will show you a path to walk  
In this life of never ending talk

Where you can dream of a life  
That's better and nice to survive.

Seema Chowdhury

## A Better View

Soon will come  
Dear your turn  
So give what you hope  
To get in return  
And try to show  
What you have got  
And all that life  
To you have brought  
For life is a  
Gift so rare  
That also includes  
Love and cheer  
So show to all  
What you can do  
By giving them chance  
To have a bright view.

Seema Chowdhury

Seema Chowdhury

# A Better Way

Adopt a better  
Way to survive  
In this little  
Gift of life  
And try to do  
Everything dear  
With a touch of  
Joy and cheer  
And then surely  
You will see  
Life of pleasure  
Smiling for thee  
Where will come  
Joys for you  
All looking around  
With smile's hue.

Seema Chowdhury

Seema Chowdhury

# A Big Bright Dream

There is a glimpse of morn on the sky  
Where dark clouds are floating high

So look to it and hope to see  
A big bright dawn appearing for thee

For life is a mixture of joy and sorrow  
Where appears dull and bright morrow

So don't sit back and think dear  
That joy and pleasure are commodity rare

For everyone is given his share  
Of both smile's joy or pain's tear

So don't feel bad and hope to see  
A big bright dawn appearing for thee.

Seema Chowdhury

# A Big Sweet Smile

Life is a big sweet smile  
So enjoy it for a while  
And explore the world around  
And walk on God's ground

When the morning sun  
Appears as the bright one  
Then walk away from worries  
And find answers to the queries

Shut the door behind  
And learn to unwind  
Mysteries of this life  
Where we're all bound to survive

Know to do it all  
We must not let hope fall  
So step out into the sun  
Before this day is done

Rely on your gracious God  
Who is your only Lord  
Whose touch of grace will  
Brighten your hope's skill

Absorb in the sunbeams  
And soak your soul in the cream  
So you can learn to enjoy  
The bubbling faith of love and joy

Just believe in it for a while  
That life is a big sweet smile  
So explore the world around  
And walk on God's green ground.

Seema Chowdhury

# A Birthday Wish

I wish you can learn the art to draw  
Joy and happiness unbreakable law  
So you can see how beautiful is this world  
Keeping aside all things that're curt

Not always but once in everyone's life  
A bitter bite comes that we swallow to survive  
So think of it as the beginning of end  
Where no more troubles in your way be send

And one more thing dear sis I'll tell  
try to bring joy in the place you dwell  
By gathering small hays of joy and hope  
That can burn bright in the period of mope

And can show you the way to reach the morn  
Where bright new beginning right from the dawn  
Are waiting to greet you in your way  
Because they all know dear today is your day.

Happy Birthday Sumbul Apa

Seema Chowdhury

# A Bit Of Cheer

A bit of cheer  
And a bit of smile  
Can change all bad  
In trouble's pile

So never lose hope  
Or ever cry  
or feel tired  
Of again to try

Just with courage  
And with a smile  
Look forward  
In trouble's pile

And then surely  
You'll be free  
Of feeling bad  
Just for thee.

Seema Chowdhury

# A Bitter Place

This world is a bitter place  
Where  
Agitation  
Troubles  
Disturbance  
Turmoils  
Are all after you...  
And your happiness...

But Just remember  
If you refuse to accept  
These unbearable evils  
And try to explore  
what you wish and hope for  
Then  
Nothing will stop you

You will get enormous chances  
To untangle your worries  
And crawl bravely  
Towards unknown adventures.....

Just remember  
Not to allow negatives  
To come back to you  
And take over more  
Prior negatives.....

Don't let anything  
To spoil your moment  
Just look and hope to get  
God's mercies  
Which endure from  
Everlasting to everlasting.....

Seema Chowdhury



## A Bitter View

Don't feel hurt, bad or blue  
If life shows a bitter view  
For this is what we all get  
Hidden in our life's set  
And know that it's surely true  
That good and sweet life's view  
Will also come in the end  
So don't feel cracked or bent  
But have faith in your gracious god  
Who can take away your trouble's rod.

Seema Chowdhury

Seema Chowdhury

# A Blessed Journey

Marriage is a blessed journey  
That two people embark on  
Hand in hand  
And hearts filled with  
Love and happiness  
Hope and dreams

And they are ready  
To work hard and make it all work  
To bring peace and harmony  
Where they can sing and dance together  
On the same song and hum joyously  
And let their hearts and souls be in love.....

Marriage is a blessed journey  
Where love meet miracles and bliss  
And two people plant the seeds of happiness  
And water them with laughter and smile

And then they pluck  
Tender and smooth flowers of  
Hope and care, honour and respect  
And share with each other  
Honestly and faithfully.....

And this love and care is what makes this journey  
So blessed and wonderful.....

Happy 16th Anniversary Sunny.  
Thanks for being my life partner and my best friend.

Seema Chowdhury

# A Bounty Of Good Will

I wish you all  
That makes you smile  
I wish you all  
Good in a trial  
I wish you all  
Nice things in way  
I wish you all  
That brightens day  
Because you are  
A friend of mine  
Who deserves the best  
In all life's time.

Seema Chowdhury

Seema Chowdhury

# A Bouquet Of Birthday Wishes

The love that I hold in my heart for you  
And the gift of wishes taht are honest and true

Are not only for a day or two  
But will always be there when I'll meet you

For time can never lessen it my dear  
And nothing in this world can ever compare

The nice time taht we have spent together  
In which we have tried to gather

The laughs and smiles, the fain and pleasure  
That now I call is my rare treasure

And that's why the love that I hold for you  
Looks like a gift that is honest and true.

Happy Birthday Sister! ! !

Seema Chowdhury

# A Bouquet Of Happiness

Collect flowers of joy my love  
For that is a gift of heaven above  
That is given to all of us dear  
Before life's days fade away in fear  
For life has lots of ups and downs  
And there some days are green some brown  
So do not feel pressured in the dark  
Remember its dark before each dawn  
And try your best to flourish and grow  
And cultivate flowers of happiness in rows  
And standby loved ones through thick and thin  
And know that's how in life you'll win  
And express your thoughts and emotion's laws  
And know you've to accept your fate with flaws  
Only then every moment of the day and night  
Will bring you bouquet of happiness bright  
And will fill with remarkable power your life  
In which you're bound here to survive  
For life is a story of bird in a cage  
Where untill you reach the final page  
No one can tell what is waiting for them  
Whether agony and distress or the prayer's hem  
So learn to bring back the lost music of life  
And make a bouquet of happiness drive.

Seema Chowdhury

# A Bouquet Of Wishes

There are many unspoken words  
That are waiting to be said  
And many more sunshines  
Are waiting to be shed

There are many seen dreams  
That are waiting to come true  
And many unfold roses  
Are waiting to come in view

There are many glad songs  
That are waiting to be sung  
And many new stars  
On sky to be hung

There are many new memories  
That are waiting to be gathered  
And many new promises  
To be fulfilled all together

There are many nice people  
Who really understand  
And always in their style  
Lend a helping hand

So don't you ever feel  
Down gray and blue  
For life still holds  
Nice things for you.

Seema Chowdhury

# A Breaking Time

May be  
It was a breaking time  
That broke my  
Hopes  
Joys  
Dreams  
And  
May be also  
The zest for living.....

Sometimes,  
Life only shows  
Struggle  
And  
A bleeding heart  
That causes nothing  
But pain and suffering.....

Seema Chowdhury

# A Brief Day

I only want  
Just one brief day  
That I can pass  
In my own way  
When I can live  
With peace and smile  
And walk for hours  
With joy for miles  
And in that day  
I want to see  
Everything nice  
That is for me  
So when i sleep  
In grave and lie  
With joy i can say  
To this world goodbye.

Seema Chowdhury



## A Brief Sojourn

We are sent in this world to temporary stay  
For we all will die one by one, one day  
So why not we enjoy this little time  
That is given to us to sing life's rhyme  
And live with the people who care  
And all others who work for our welfare  
And with whom we are bound up by the tie  
Of love and kindness, sympathy and sigh  
So we all must smile and promise today  
That now we will spread happiness in the way  
And will enjoy in this world as we'll stay  
For we all have to die one by one, one day.

Seema Chowdhury

# A Bubbly Song Of Life

Invest your time wisely  
And improve your life  
To see a fresh perspective  
That can be a source of inspiration  
For a bubbly song of life...

Where you must listen to the deep quiet  
Of the mind and the heart  
That help you to jump into a new life  
And discover the secret side of you  
For a bubbly song of life...

And as the journey continue  
You must learn to laugh a little  
To feel your heart lightened  
With the blessing of creativity  
For a bubbly song of life...

And in this moment of recognition  
Search for the inner light of love  
To see the wonders all around you  
To find strength and hope  
For a bubbly song of life...

Seema Chowdhury

# A Bucket Of Sunshine

Take a bucket of sunshine  
Fill it with pleasure for me and thine  
And put everything in it that's worth  
That exist on God's green earth

Then take a box of love  
That's a gift of heaven above  
And wrap it in the paper of care  
And give it to all who are dear

And also take a barrel of joy  
And fill it with the kindness toy  
And with a spoon of smile you must serve  
To all who are passing through life's harsh curve

And last also take a bundle of prayer  
And show to others you really care  
And try to lighten other's way  
By saying nice things you can say

And when you will do all this  
Then in your way will come God's bliss  
Wrapped neatly in the bucket of sunshine  
That makes your day worth living for thine.

Seema Chowdhury

# A Bunch Of Thanks

You brighten my world  
More than you know  
So that's why to you  
I surely do owe  
And bunch of thanks  
Love and care  
For showing and sharing  
My smiles and tears  
You gave me your love  
That's the best gift of all  
You left sweet memories  
That I fondly recall  
So thanks for your understanding  
And your loving ways  
That is surely for me  
Increasing day by day.

Seema Chowdhury

# A Bundle Of Charm And Love

May your life always bring  
Every bright and special thing  
That you feel you need in life  
To faintly and joyfully survive

I wish you bliss of heaven above  
And a huge bundle of charm and love  
So you can spend your special day  
By spreading pleasure in your way

And may life be always good to you  
And that's my heartiest wish that is true  
Where each new day begins on joy  
And ends on happy memory to enjoy

And because dear today is your birthday  
I wish may you see the rainbow's ray  
Where nothing bad comes to destroy your way  
And that's a special wish for your special day.

Happy Birthday Sumbul Apa

Seema Chowdhury

# A Bundle Of Good Wishes

I have a special place for you  
In the corner of my heart  
Which I have specially kept aside  
Where remembrance plays a part  
Just like the precious memories  
They keep a place apart  
And make me smile in difficult times  
Although it seems real hard

Yes sarah that is right dear  
Whenever I think of you  
I think of your presence specially for me  
As rare and tiny little dew  
That shines on all petals and leaves  
And gives it a brighter touch  
And nothing I think resembles you  
Like morning dew dear so much

And today sweetheart its your day  
So I wish may your life will greet  
With open heart and open arms  
And give you life's best treat  
And wish may God always ley you walk  
On green and grassy life's meadow  
And keep you very close in his heart  
And under his blessings shadow.

Seema Chowdhury

# A Can Do Spirit

Adopt a can do spirit dear  
For life is made up of many layers  
Where disappointments do come  
So try in that moment sum  
All you have achieved in life  
Where now some trouble's survive  
And don't you even lose hope  
Or fall deep in trouble's mope  
But try to adopt and say to you  
That surely its easy and I can do  
Then you will see how easy it'll be  
To survive and bring joy for thee.

Seema Chowdhury

Seema Chowdhury

# A Careful Thought

A careful thought  
In your way  
I'm sending dear  
For your day  
And hope to see  
All the best  
marked for you  
In life's test  
And wish for you  
Things all right  
Where moments of  
Life be bright.

Seema Chowdhury



# A Charming World

Enter in this world's case  
And in this winning place  
And try to learn the art  
To push this charming cart

With fun and joy and hope  
To sway away the mope  
For life has some dull sights  
And also few scenes bright

And know that in this way  
Life shows shades of blue and gray  
And sometimes also colours right  
Makes this charming world bright

Where water flows and sun shines  
And flower blooms to spread joy's wine  
So we can all spend hours of leisure  
with lots of joy, happiness and pleasure

So enter charmingly in world's case  
And win smile and cheer in this place.

Seema Chowdhury

# A Cherished Goal

A long cherished goal  
Can only be achieved  
If you will learn now  
In yourself believe  
And know that with  
Hard work dear  
You can do it all  
With charm and care  
So do everything  
With all your zest  
And then leave to  
Gracious God the best.

Seema Chowdhury

# A Choice In Life

Look at the stars  
That are twinkling far  
And are giving us light  
To make for us things bright

And look at the candle  
Which knows how to handle  
The bitterness of dark  
And leave a hope's mark

And then dear realize  
For it is surely wise  
To make a right choice  
And raise your own voice

For life surely gives  
A chance to live  
And make choice of your own  
And make it to others known.

Seema Chowdhury

# A Color Palette Of Life

Life offers us an amazing color palette  
With vibrant and dull shades  
And gives us options to choose from  
And then we can customize the outlook  
With our choices to define ourselves

By picking our own colors  
We can make life interesting and attractive  
And we can add effect of laughter and joy  
To make life less painful and chaotic  
And show ourselves the way towards healing

And we have to remember  
That if we view the world as dull and dark  
Then mist of misfortunes will take over  
And will never let us enjoy  
A little world that we have built within ourselves

So to enjoy it all and have lifelong effect  
We need to enlighten this enchanted world  
By choosing the right colors from the color palette  
And walk on the colorful path  
To achieve what is right and best.

Seema Chowdhury

# A Comforting Thought

Seeking color of my existence  
I followed the road map for action  
And selected an obvious starting point  
Through the sand of time  
Where comforting thoughts  
Cushioned my feet  
As I walked on the hard pavement of life  
With certain expectations  
And frustrating new challenges  
Along the path...

Where I promised to see things  
From a positive perspective  
And tried new ways  
As I progressed through the day  
And cleared my mind  
Of negative thoughts and comments  
Because they dampened enthusiasm...

And as I learnt to ignore small errors  
To take large and complex world challenges  
I felt a happy sense of life  
That uplifted my spirit  
And gave me hope to express strong feelings  
And sing in choir  
With comforting thoughts  
And echoes of beautiful memories.....

Seema Chowdhury

# A Cozy Heaven

A place where happy memories dwell  
A place where all wish you well  
A place where you're considered as a part  
And a place that fills a family's heart

Where special people live who are dear  
who spread sunshine for all who are near  
Who bring joy with their cute smiles  
For all around them for a little while

A place where everything is nice in a way  
Nicer than words can ever say  
Because everyone always do so much  
That gives your life a caring touch

And that is a place where lives mom and dad  
Who distributes among us all joy they have  
That's why it's a cozy heaven in my view  
That is filled with happiness tht's true.

Seema Chowdhury

# A Day Forever

A day  
When  
No bad luck  
No tearful eye  
No depressing thought  
No hurting word  
And  
No painful sigh  
Will appear  
That will be  
A day forever.....

Seema Chowdhury

# A Day In My Life

That was a very special day  
In my entire life  
That made me realize  
That life is  
Not  
A bed of roses  
Or a piece of cake  
But to survive in it  
We have to  
Find our ways  
On our own.....

Seema Chowdhury



# A Day Of Blessings

Partnership is really a blessing of Lord  
That binds two closely in a strong chord  
The chord that carries affection and love  
That is sent from God from heaven above

So always stay happy and enjoy each day  
With the tiny things that come in the way  
As it will help to make your day bright  
And fill your life with pleasing sight

And you both played your role pretty well  
And shared both cries and smiles that dwell  
And did everything to make others glad  
And tried your best to change all bad

And you both took care and handled with art  
Your six little pearls who lived in your heart  
And did everything to see their smiles  
And showed your love in your own style

And today is your anniversary day  
So relax and review your whole life's way  
And count all blessings that were given to you  
And made your life brighter and new.

Happy Anniversary Ami & Abu! ! !

Seema Chowdhury

# A Day Of Joy

A day of joy and a day of fun  
A playful day under the shining sun

Is what I really wish for you  
With tons of joy all honest and true

Dear friend i wish may with God's love  
Your whole life be decorated with the curve

Of laugh and fain, fun and smile  
And many more joy for miles

Because you're a friend who is nice  
Who do nice things without thinking twice

For whom everyone really wishes  
A very happy day under God's bliss.

Happy Birthday Saima

Seema Chowdhury

# A Day Of Peace

All my life I have longed for a day  
Free of troubles and pain in a way  
But never ever up till now  
I have seen it any how  
I wish for a day of peace  
where my screams can cease  
And where I can feel it all  
And save my soul from a fall  
I wish it and sincerely hope  
That a day will take me out of mope  
And I can enjoy such a life  
Where I can just peacefully survive.

Seema Chowdhury

# A Definite May Be

May be life feels difficult  
Because I have always ignored  
The echoes  
Of the whispering words  
Of the ominous silence.....

Life can change  
And spring can come back in our lives  
Only and only  
If we start believing  
That  
No one has a better life than us  
Then we can see  
God's power of faith and hope  
Transforming  
All choas into peace  
And  
It will bring  
A unique sparkle into our lives.....

Seema Chowdhury

# A Degree Of Joy

Emit joy's light  
And make things bright

For people around you  
And show them fair's view

Where joy and pleasure  
Are treated as a treasure

And where well lived life  
teaches the art to survive

In both dull and bright  
Phases that are right

Where joy and sorrow meet  
To make our life complete.

Seema Chowdhury

# A Desire To Achieve

A desire if you wish to achieve  
In this world where days are brief

Then what you have to do my dear  
Is to prove your worth that is rare

And always remember my sweet sis  
When you want success from God's bliss

Then try to do your very best  
And then leave up to God the rest

And know these small tests of life  
Teaches you more ways to survive  
And tell you that if you have a wish  
Then try hard and achieve it dear sis.

Good Luck Sabeen Dear! ! !

Seema Chowdhury

# A Different Moment

Happiness is a moment  
Different for all  
Sometimes it show things big  
And sometimes things small  
For happiness is that  
What makes you glad  
And brings pleasure  
By changing all bad  
And happiness is when  
You don't feel the pain  
And everywhere is scattered  
Smiles of fain  
That makes you feel  
Happy in life  
And show you more  
Joys that survive.

Seema Chowdhury

Seema Chowdhury

# A Dose Of Reality

Pull yourself out of the quick sand of despair  
Separate the paths between fantasy and reality  
Clear the fog and mist from life's constant cycle  
And draw the lines over imaginary and unreality

Speak to your soul in rhythms that moves you  
Write out your emotions in bright colors to cope  
Reach the shining bright sun on the bright sky  
And build life with blocks of courage and hope

Remember the stars are always within reach  
If you don't quit and try to pass road blocks  
You will find solace for your troubled heart  
And it will not let life's shattered reality mock

If you don't know where to start afresh  
Carefully open the gate of opportunity today  
Keep moving even through bitter trials  
So you can eventually find good life's way

Just get back up firmly when you fall down  
Have sometime by yourself to get quickly ready  
Separate the paths between fantasy and reality  
And find grip on life that is strong and steady

Seema Chowdhury



# A Double Life

Life has two sides my dear  
And is made up of many layers

Where come troubles and some pain  
And sometimes also some fain

So try to lead and learn to drive  
The car of your double life

And learn to live in the time  
And flow in it with its rhyme.

Seema Chowdhury

# A Drop Of Kindness

A fancy dropp of kindness and peace  
That can help the hot pain's breeze  
To stop and give way to ease  
To come on and try to cease

The hot dry sun that is all around  
And is not letting anyone to touch the ground  
Because life's precious and loving sound  
Is going all over and all around

So in such a time few words taht're nice  
Will surely be enough and will be wise  
And will buy you love without any price  
And will give you pleasure not once but twice

First for lending a gentle helping hand  
That shows to others you surely understand  
And second for showing others care band  
That spread love and peace on God's land

Because dropp of kindness and peace  
Can surely help to stop pain's breeze  
And always try to come and cease  
All of it and give wat to ease.

Seema Chowdhury

# A Fair Play

Don't ask too much from life  
For whatever that exists and survive

In it is like an unforgettable load  
That takes us to our life's road

And know that it is a fair play  
Where we're playing on life's clay

That is based on joy of the heart  
From which always happiness impart

So instead of asking too much dear  
Learn to spread joy and cheer.

Seema Chowdhury

# A Few Small Wishes

A few small wishes that I heard  
That seemed to me little bit curt  
That a very cute little mocking bird  
Was singing are the following words

Slow and steady win the race  
So walk steadily in the pace  
And don't despair in any case  
And learn the art to boldly face

Any trouble that comes in your way  
That causes to prolong the distress day  
And you feel as if after today  
All sources of your joy will decay

So I wish may you always find  
People who are caring and kind  
Who always help you to wind  
The cord of pain from your mind

And hope may your future shine  
Because that is a wish of mine  
That any longing that is thine  
Be given to you from God's wine.

Good Luck Tahira! ! !

Seema Chowdhury

# A Few Words Of Greetings

Friendship is a gift  
Where friends give an uplift  
When you are stuck in odd  
So its precious gift of god  
For when we make friends  
Then after that in every end  
We promise each other  
To always for us gather  
Flowers of smile  
All for a while  
So we can enjoy  
And have fun and joy  
And that's why today  
I'm sending in your way  
Words of greetings with delight  
To make you feel bright.

Seema Chowdhury

Seema Chowdhury

# A Field Of Battle In My Way

A battle field in my way  
Is standing at the start of the day  
Where everyday challenges are found  
In every layer of life's ground  
I want to play and win them all  
Before in my life curtains fall  
For each of these challenges of life  
Teaches me how to boldly survive

I want to acquire knowledge of life  
Where I'll learn to smoothly drive  
The car of my success to bring me joy  
And see how each minute of it I enjoy  
For life is too short to waste my friend  
Where ever new road has crack or bend  
And unless I find the secret code of fain  
I cannot win in the battle field of pain.

Seema Chowdhury

# A Film Without Words

Life is a film without words  
Where we put our joy on the wall  
And wish to have someone to share it with  
But our pain hidden deep inside in the little corner of our heart.....

Where we look for the access road  
To enter the beautiful land of curves and cliff  
And ocean of words pour to share our secrets and dreams  
And listen to our stories of far away land.....

Where we get innovative opportunities  
At every turn and bent  
And warm current of memories flow along  
To embrace our hearts and souls.....

Where rolling and restless waves  
Dip low and then squeak high  
To bring the world's rhythm  
And theme back on track.....

And waves crash against the uncomplaining shore  
To reveal life's true story  
To the eager eyes and an open heart  
And run this film without words.....

Seema Chowdhury

# A Final Play

Life is not a rehearsal  
It's an ongoing final play  
Where we're not given a chance  
To do something twice or say  
For one by one all the scenes  
Changes in front of us  
And then without even knowing  
We start life's ride in a bus  
Which neither has any start  
Nor has any end  
Where we don't get any time  
To think first 'n then pretend  
And then at last comes the moment  
When falls our life's named leaf  
And then we have to get down  
To end life's journey that was brief.

Seema Chowdhury

Seema Chowdhury



# A Flying Start

Get off to a flying start  
Make place in everyone's heart  
And see what else you can do  
To prove you're worthy and true  
Just in yourself have some faith  
And then enter in life's gate  
And walk with trust on its road  
And see what else you can afford  
To prove that you are the best  
Who know how to win life's test.

Seema Chowdhury

Seema Chowdhury

# A Free Soul

I want to free myself  
And my soul  
From the dreams of fairy tales  
And magical moments  
Of happy dreams  
And want to touch  
The space of mystery  
And find lost answers  
To live in the present  
with realities that're bitter  
And hopes that're broken  
In this emotional journey  
called life.....

Seema Chowdhury

# A Fresh And Bright New Year 2013

May new year brings beauty into view  
And spread love and peace like morning dew

That brings freshness to everything on the ground  
And cover it with layers of joy all around

May new year brings hope and delight  
And may it strengthen your faith and light

And may warm memories fill your heart  
To show you a blissful and a magnificent start

May new year brings opportunities for you  
And you learn to face challenges hue

And swap your worries of the past year  
With happiness, sincerity and tons of cheer

And may all your dreams blossom in the way  
And color your life with joy and Fay

And may luck be alway on your side  
To show you new, bright and wide

Pathway to walk with success and smile  
To brighten your year all for a while

And build a staircase of faith and prayers for you  
Where every step is love, hope and joy true.

Seema Chowdhury

# A Fresh Approach

If life's battle get tough  
And things around you rough

The don't mope or despair  
Bravely wipe away the tears

And with courage and hope  
Take a start and never mope

And learn in your way to smile  
Even in hard trouble's pile

And then soon you will see  
Bright morning waiting for thee

With a fresh approach towards life  
With nice new rules to survive.

Seema Chowdhury

## A Fresh Start

When you feel bitter  
Then trust your heart  
And try to now  
Make a fresh start  
Where don't let  
ILL wind of grief  
Blows ever  
To make brief  
Your moments of  
Joy and smile  
To make your life  
Worthless for a while.

Seema Chowdhury

# A Friend In My View

Friends have a share in your heart  
They surely play an important part  
And always clear thorns from your way  
And don't let the trouble's breeze to sway

For friends always lend you a helping hand  
And they always try to understand  
What you're going through in your life  
And what do you need to joyfully survive

And a friend always bring you the pleasure  
In a manner that no one can ever measure  
And they always try to strengthen the chain  
Of friendship that brings you fain

And specially they help in such a time  
When you're passing through the period of decline  
So in my view a friend is who prove with zest  
Her true friendship to be worthwhile and best.

Seema Chowdhury

# A Friendship Bond

A bond of friendship  
Is  
an unwritten  
And  
An undocumented  
Contract  
That requires  
The ingredients of  
Trust  
Honesty  
Loyalty  
Love  
And  
Understanding.....  
For a friendship is  
A blessings  
And a special gift of God  
Bestowed upon us  
As a reward for being  
God's children.....

Seema Chowdhury

# A Friendship Kit

A friendship kit can never be purchased  
Neither be sold, nor be replaced  
Because everything that comes with it  
Holds value in every bit

So pick your friends who are dear  
Mix in them some love and care  
And add kindness in them too  
And be always honest and true

Then put them in the friendship test  
And let them take it with zest  
Then whatever comes out of it  
Store it in the friendship kit

For everything that is given to you  
By a friend really holds value true  
Because a friend is an extension of you  
Without whom you feel incomplete too.

Happy Friendship Day! ! !

Seema Chowdhury



# A Fun Packed Day

I wish you long and healthy life  
Where everywhere fain survive  
That fill your path with fun 'n joy  
And show you things in life to enjoy  
I wish may all wishes and dreams  
Be granted to you from god's stream  
And everything that you long to see  
May be given 'n assigned just for thee  
And I wish all these things for you  
Because I care and that is true  
And hope to see sunshine in your way  
And make it all a fun packed day.

Seema Chowdhury

# A Gap In Time

Accept the reality that life's path is twisty  
With unexpected curves engraved with  
Bitter experiences and some learnt lessons  
Where sometimes we come up to a point  
Where we cannot see our next steps  
And we have to keep on walking to figure it out  
And that is when we learn to grow and learn to heal  
And bring back magic with a flow of memories  
That tumble waterfall and washes away our bitterness....

But before that,  
For sometimes we get stuck in shock and grief  
Because it is too great to bear  
And life becomes dull and blur  
But if we can just hang in there a little longer  
And wrestle with impossibilities with courage  
We will win once again and meet the gap in time  
And will be able to lock away worries and grief  
And break the bubble of silence and pain  
To let the sunshine and the rainbow in our life  
And brighten our world with hope...

Seema Chowdhury

# A Get Well Wish

May first ray of light, that's soothing to our sight  
And declares the end of night and brings us delight  
Be all ready to tell and wish you all well  
And ring the happy bell of Get well, Get well

And morning breeze shall always increase  
Your happiness and decrease all your pain and disease  
And be ready to tell and wish you all well  
And rings the happy bell of Get well, Get well

And sky that is blue and is full of morning dew  
And gives you the view taht's clear and true  
And be ready to tell and wish you all well  
And rings the happy bell of Get well, Get well

And flowers taht bloom always scents your room  
And takes away the gloom and clear your loom  
And be ready to tell and wish you all well  
And rings teh ahppy bell of Get well, Get well

And one thing my dear I want to hear  
Is just be nice and fair and take good care  
And last i'll tell and wish you all well  
And ring the happy bell of Get well, Get well.

Seema Chowdhury

# A Gift Of Another Year

A gift of another year  
God has sent in my way  
I'm grateful to him for this  
For sending his blissful day

With new opportunities and joy  
And a year full of promise and hope  
Where no fear or trouble will come  
To bring down the tear of mope

I'm thankful for everything  
That has brighten my day  
And has enriched my life  
With golden moments in the way

And has cleansed my soul  
And strengthen my faith  
And gave me a chance  
To enter in love's gate

And I'm grateful to Almighty  
For creating my life's map  
And meeting all my weakness  
And closing all the gaps

And sending countless blessings  
And guiding stars to brighten up  
And giving me another chance  
To drink happiness from life's cup.

Happy New Year 2010

Seema Chowdhury

# A Gift Of Wishes

Today my sweet sister  
I wish nice things for you

I wish you the sun  
That brightens your day

I wish you the smile  
That conquers every heart

I wish you the rain  
That washes away your pain

I wish you the dream  
That is full of hope

I wish you to believe  
That God will never leave you.

Good Luck! ! !

Seema Chowdhury

# A Golden Cord

A wedding is a golden cord  
Which binds two people together

In a chain of care and love  
From where they learn to gather

Hills of hope and coeans of joy  
That are life's gift so rare

That teaches them to be happy  
Wherever they may live dear

For a wedding is a binding strong  
That puts a knott for two

That joins in golden cord of care  
That emitts joy and love true.

Seema Chowdhury

## A Golden Note

Never feel bad  
If things aren't glad  
For surely soon  
You'll see the noon  
When things will change  
And life will arrange  
To show good side  
That is also wide  
That holds in it  
Value in every bit  
Where joys will stay  
To brighten your day  
And will be with you  
To show you nice view.

Seema Chowdhruy

Seema Chowdhury

# A Good Medicine

A happy heart is a good medicine  
It helps you to heal and enjoy  
For when you learn to smile and laugh  
It shows you how to enjoy

Each and every minute of your life  
Forgetting your stress and pain  
And see how you can throw away  
All your distress and stressful gain

Don't let fear of any thing  
Enter and take place in your heart  
Just look around and see how you can  
Seek and find a brighter start

Don't let any trouble to grip  
your heart or mind very tight  
For life is not always bad or sad  
But there are also beautiful sights

So ring the bell of happiness  
And see how you can walk for miles  
And learn to hold on to the knot  
Of laughs and joys and carefree smiles.

Seema Chowdhury



# A Gorgeous Palace

The most beautiful place  
Where one can dwell  
With peace and love  
Is his own gorgeous palace  
Called home sweet home-  
Where  
True passions  
Answered prayers  
And optimistic imaginations  
Stay forever  
And provides  
Unaccountable lessons of encouragement  
In life.....

Seema Chowdhury

Seema Chowdhury

# A Grand Adventure

Love is a grand adventure  
That opens the door of pleasure  
By smoothing life's pace  
And  
Giving path way to win  
The game of life  
And know that soon  
Something quite miraculous  
Is about to happen  
That'll make all your dreams  
A reality  
And  
Will lighten all your loads....

Seema Chowdhury

Seema Chowdhury

# A Gratitude Prayer

God thank you for all your blessings  
That you have bestowed endlessly on all of us  
Like a pouring rain- -

God thank you for your countless love  
Affection and kindness  
That colored our lives and path  
And make every step easier for us to take- -

God thank you for your gift of achievement  
That you showered on us  
That gave us confidence to go on  
And strive to achieve more- -

God thank you for the affection  
That you showed us  
In our pain and happy times  
That gave peace to our  
Mind, body and soul- -

God thank you for spreading  
Beauty and loveliness all around us  
And for making us feel  
Worth and important- -

And thank you God for giving us  
An intense sense of belonging  
That reflects on our existence  
And fill our souls with  
Spiritual vision of this amazing world-

Seema Chowdhury

# A Great Desire

Bundle of joy and dreams true  
I wish for the lovely you

For you are the greatest friend  
Whose love has no bound nor end

For this is my great desire  
To bring you the joy's fire

With which you can surely light  
The happiness candle to bright

The pain of life and the road  
To share your burden and load

Where happiness will surely stay  
To brighten your joy in your way.

Seema Chowdhury

# A Great Fixer

Be a great fixer when problems happen  
And envision steps that you will take  
Don't be surprised or puzzled  
Just keep your perspective in view  
And draw a today list  
To reduce complexity and control life...

Don't give up or stop  
When your scheme run under deep water  
Learn to prioritize and display courage  
And embrace the large scale of life  
In this active journey called life...

Be ready to reach new depths  
And calculate the best route to arrive at your destination  
And weave a life with a promise of hope  
And live with passion even through rough paths  
For life will throw curve ball  
But remember that nothing will last forever  
As time moves on little by little...

And if you promise to become a great fixer  
When unexpected problems happen  
Then your frustration will die down  
And vivid colors of life will appear  
Through the narrow cracks  
To open the door of hope  
To explore all possibilities....

Seema Chowdhury

# A Great Gift

Our family strengthen care's bond and our love  
That is the greatest blessing of heaven above

Where we all share our smiles and cries  
And hold our hands when going through trials

Our family consists of people in our lives  
Who bring us refreshing gift of smile's drive

And together we build home with loving hearts  
And in it put blessings of peace to start

Beautiful stories of our fights and cares  
That we write together with love that is rare

And in it add our learnt lessons and our dreams  
Big doses of jokes, kisses and prayer's cream

And try to protect from harm and hurt my dear  
And in every passing season try to gather cheer

And Loads of trust, laughs and plenty of joy  
And stick together warmly so we can enjoy

This special bond and connection that we share  
That shows us how much we all really care

For having a family is a wonderful thing  
That strengthen and enlarges happiness ring

In which we are all bound to stay together  
With trust and respect in all kinds of weather.

Seema Chowdhury

# A Guessing Game

Life is like a guessing game  
Where not always we get fame  
For whatever is hidden in it  
Holds value, all true and wit  
So know that if ever in life  
Things seem hard 'n bitter to survive  
Then don't lose hope or ever cry  
But with courage once again try  
And remember that in this never ending game  
You can't always get the answers same  
So when trouble comes looking for you  
Then knock at God's door and view  
For surely he'll help you in odd  
As he's your kind and gracious God.

Seema Chowdhury

Seema Chowdhury

# A Happiness Kit

May your life see no sorrow  
May bright be your every 'morrow  
Where no glimpse of any pain  
Is shown to you in life's lane  
I wish you luck, I wish you joy  
Where nothing bad ever comes to destroy  
Everything good that makes you glad  
And change for you all things that're bad  
And I sincerely hope and wish for you  
A life free of any glimpse of blue  
Where you enjoy every minute of it  
And think of life as a happiness kit  
Where for you only joys impart  
And makes you feel happy in heart.

Seema Chowdhury

Seema Chowdhury



# A Happy Solution

A happy solution that I found  
Lying all over on God's ground  
That I picked and thought to be mine  
was love's bottle and care's wine  
Yes that is true and for all  
That when feel stuck in trouble's wall  
Then best thing to get rid of them  
Is to hold tightly the prayer's gem  
And call God Dear with His bliss  
Filled with love, care and kiss  
And do it all with hope and faith  
For that's the best solution that's great.

Seema Chowdhury

# A Happy World

A happy world is out there waiting for you  
So go on and try to enjoy its hue  
That is spread all over the sea and sod  
By the gracious and our caring lord  
But for that you have to open your eyes  
And see it with care and be more wise  
And then you'll know that on god's earth  
Everything is really rare and worth  
And you'll see for yourself that is true  
That a happy world is waiting out for you.

Seema Chowdhury

Seema Chowdhury

# A Heaven On Ground

I'm waiting for the day  
When in my life's way  
Sun will shine bright  
And the grass will throw light  
After reflecting from the dew  
On flowers of distant hues

I'm waiting for the day  
When in my life's way  
Mild breeze will blow  
And moon will throw  
It's glorious bright light  
To spread all over delight

And I'm waiting for the day  
When in my life's way  
Everyone will smile  
And will share other's trial  
And then world will be renewed  
And will be called A Heaven On Ground.

Seema Chowdhury

# A Hidden Longing

A hidden longing  
Is when  
We desperately wish  
For something  
But cannot express  
And  
If so  
Then only  
In mute words  
And then  
We are locked  
In this  
Extremely frustrating  
Condition  
From which  
We cannot come out  
To share our world.....

Seema Chowdhury

# A Home

A home is really made of  
The bricks of love and care  
And walls that can support  
Lots of happiness rare  
Where many other things  
Are present like the beam  
The beam of joy and smile  
Filled with faint scream  
Where you are welcomed  
To come and take a rest  
Whenever you are tired  
And gloomy with life's test  
Because there everyone  
Is ready with you to share  
Lots of tear and smiles  
And a hug that shows their care.

Seema Chowdhury

# A Hope Of Smile

Whenever you think you're all alone  
Whenever you feel very bad and torn

Whenever life seems empty from share  
Whenever you think there's no one to care

Then just sit back and relax for a while  
And think of all your past smiles

That gave you much fun and joy  
And showed you new ways to enjoy

For life shows both ups and downs  
So don't feel sad or ever brown

Just hang in there with a hope of smile  
That covers with joy your path for a while.

Seema Chowdhury

# A Hug Of Happiness For Your 13th Birthday Samia

Create your own path  
And venture into uncharted territory  
Give back from the heart  
And choose nice words  
To reach out to help people

Express the compassion  
With joy and mirth  
And know a hug of happiness  
Can change someone's life

Do one thing every day  
That will lit you with joy  
And will bloom the rose  
Of summer in your heart  
And will deepen your faith

Awaken the passion of life  
In your heart and soul  
To see the world full of wonders  
And unaccountable blessings  
And you'll be happier than ever

And when you'll reach the cross road  
Then you will see  
How blessed you are  
In this visible world  
Where you have learned  
To create a compassionate peace  
With yourself  
With only a hug of happiness....

Happy 13th Birthday Samia Baby Doll

Seema Chowdhury

# A Hymn Of Joy

Extend your hand and lift yourself up  
With high motivation and enthusiasm  
Hymn a song of joy with honest lyrics of life  
For it will replace darkness with a radiant hope  
And will show you the steps of life that overlaps  
And loops back and forth  
With important life's lessons

For there is value in effort and when you will learn  
To speak to yourself and reach at the core  
You will find solutions and will learn to continue  
In spite of the obstacles  
And will get answers of the lingering questions  
And will find strength to spark the fire inside you  
And fill up yourself again with energy and healing  
To celebrate and hope  
And hymn a song of joy with honest lyrics of life.....

Seema Chowdhury



# A Journey Far Away

Live these moments mindfully  
And honor each moment  
With bright spot of hope  
And look at the colorful pages  
Of Spring beauty  
And enjoy each evening  
Where sun kisses good night.....

Lift your mood in the moment  
And keep happy vibe aglow  
To have zest for life  
And amazing surprises unfolding.....

Life is a journey far away  
Where pitfalls along the way will come  
With short term moments of pain  
Where we will see frightful emotions and emptiness.....

But don't let it dim your sparkle  
Or stay deep in loneliness  
Just listen carefully  
The soft and tranquil sound of bliss  
And quiet the noise within  
To reach beyond the wildest dream  
To honor each moment  
With bright spot of hope.....

Seema Chowdhury

# A Journey Through Time

A journey through time  
Which in life's rhyme  
Everyone has to take  
For his survival sake

Is full of joy and smile  
Even in trouble's pile  
But to see this life's ease  
We must look for peace

And see how life; s way  
Can be travelled with fay  
And how we can enjoy  
With love, care and joy

So the best thing to do  
Is to look at rainbow hue  
And then in this life's rhyme  
Start journey through time.

Seema Chowdhury

# A Joy Filled Day

A joy filled day is wished for you  
With sincere wish all honest and true  
Because my dear you surely deserve  
All life's funs, fains and love  
A day in which everything is right  
A day that's full of things all bright  
A day when you can lend a hand  
And know everything and understand  
I sincerely wish you such a day  
In which you see all life's bay  
Filled with the water of love and care  
And all nice things that are rare.

Seema Chowdhury

Seema Chowdhury

# A Kinder Solution

Find a kinder solution  
Of your problems  
And  
Know that  
Each man is  
A finder of his  
Own fortune....  
In this broken world  
Where sunshine appears  
With patchy fog  
And  
Then we've to live through  
A misty day  
Finding good side of  
The present moment....

Seema Chowdhury

Seema Chowdhury

# A Knock On My Door

I heard a knock  
On my door  
I opened and found  
Just like before  
A gift of smile  
Love and care  
Waiting for me  
From god dear  
For which I  
Prayed to him  
And requested to send  
His blessings as a vim  
That can brighten  
My life for a while  
And let me walk peacefully  
With smile for long miles.

Seema Chowdhury

Seema Chowdhury

# A Large Question Mark? ? ?

Sometimes I wish  
Life's stream to flow  
Quiet and hushed  
With  
No clatters  
No noises  
And  
No shrills  
Where  
I can live  
Without any regrets  
Without any remorse  
And  
Without any repentance  
Of  
The large question mark  
That still stands  
Like a barrier  
In my life's way.....

Seema Chowdhury

# A Lasting Solution

I wish to find  
a solution  
that can come in handy  
When I'm feeling  
Down  
Blue  
Moppy  
And frustrated.....  
so I can call it  
A lasting solution of life.....

For life is hard and bitter  
But at times  
Subdued directions  
Can certainly  
Make it a better place.....

We must learn to look  
At the silent river of life  
And try to search for  
The hidden currents there.....  
That is what will bring  
Joy and happiness  
Back in our lives.....

Seema Chowdhury

# A Life Of Bliss

May sun that will  
Rise on ther sky  
Brings to you  
Remedy of your sigh

And may it will  
For you ever end  
The road of life  
That's cracked and bent

I wish for you  
For you dear sis  
That may life be  
For you full of bliss

Where all your pains  
Be swapped my dear  
With joy and fain  
Throughout the year.

Seema Chowdhury



# A Life Of Dreams

A life that is full of dreams  
Is like river full of streams  
Where many joins it all  
To make a link of life small  
For life holds joy and fun  
So seek 'n enjoy before its done  
And try to hear the bell of a ring  
That brings to all message of spring  
And remember that it will soon end  
So don't wait but hurry and mend  
The cracks 'n shakes of your life  
And learn in it to joyly survive.

Seema Chowdhury

Seema Chowdhury

# A Little Goes A Long Way

Show kindness in each day  
And spread it all along your way  
So when you need it dear too  
It can come back to shine on you

For a little goes a long way  
So always help others to lay  
The right words in their places right  
So things can change for better and bright

And always show others the start  
When they feel bad in their heart  
And doesn't see any joy to view  
That's all loving, sincere and true

And when you'll do all this dear  
Then nothing bad will ever come near  
For the kindness that you had shown each day  
Because a little goes a long way.

Seema Chowdhury

# A Little Word Of Thanks

I don't have much words to say  
Neither fancy phrases in front to lay

For all nice thinbgs you have done today  
To show you care in your own way

So just a little word of thanks is right  
For making our day nice and bright

And arranging an evening full of delight  
And for showing nice things all that are bright

And only thing I can say to you today  
Is that may Lord bestow his bliss in your way

And mark your life for brighter spring  
For all the joy for others you bring

Thanks for the welcome party! ! !

Seema Chowdhury

# A Lively Jingle

Compose a new tune  
For your life  
And add in it  
A nice and bright  
And a lively jingle  
Of  
Smiles and fain...  
So in fragile moments  
And  
Confusions  
You can use  
The secret of coping  
With agony and pain  
Silently  
And strongly...

Seema Chowdhury

Seema Chowdhury

# A Long Held Ambition

Hold on to your dreams  
And your ambitions  
And know  
With determination  
You can  
Have it all  
And always enjoy the music  
Of life  
And learn to flow  
With its rhythm  
And its tune.....

Seema Chowdhury

# A Long Time Mystery

Life is an on going history  
And like a long time mystery

That has no start and no end  
That shows bright morns 'n some bends

So try to understand it all  
And read it even though it's small

And be the winner who has won  
This troublesome game with joy and fun.

Seema Chowdhury

Seema Chowdhury

# A Long Trip

Life is a long trip  
Where you get to sip  
From the cup of joy  
As well as bitterness soy  
So try in it to survive  
And find answers of your life  
And clear the twist in the road  
And find happiness hidden code  
And finish everyday bit by bit  
And be done forever with it  
And then start a new day  
With high spirit of the way.

Seema Chowdhury

# A Long Way

Life's battle  
Needs to be conquered  
With affection  
Care  
And sincerity  
For there is still  
A long way ahead  
That needs  
A shade of love....

Seema Chowdhury

Seema Chowdhury



# A Lot More Options

A lot more options  
Are open for you  
If just once you can  
Learn to view  
And understand what  
is going on in life  
And search for ways  
In it that survive  
So why not pick  
The option of hope  
Where joy and smile  
Also comes to cope  
For once when you will  
Recognize hope's way  
Then surely it will  
Brighten all your days.

Seema Chowdhury

# A Lucky Break

We're proud of you sabeen sweet heart  
And we pray for you from the heart  
That may god bestow his love 'n bliss  
More than you can ever wish  
And may this be the stepping stone  
On which stands the rest of your morns  
And may god open his knowledge's door  
On you dear more than before  
And I hope may all that is best  
Be given to you in each life's test  
And may this be just the stepping stone  
On which stand the rest of your morns.

Seema Chowdhury

Seema Chowdhury

# A Lucky Day

No words I find  
Which can bind  
The thoughts of my mind  
And can tell you dear  
Thanks that you shared  
And showed that you care  
Very much for my day  
In all your loving ways  
So that's why I say  
It was a lucky day  
It was a lucky day! ! !

Thanka Alot

Seema Chowdhury

# A Magical Link

A magical link  
A magical touch  
A magical toy  
That means so much

Is what I have got  
From you dear  
For you're special  
Someone here

I wish you joy  
I wish you pleasure  
I wish you tons of  
Happiness treasure

Because you gave  
A brighter touch  
To my life  
That means so much.

Seema Chowdhury

# A Memorable Image

During dark days of your life  
Try to feel the depth  
And  
Rediscover the joys of living  
And try to form  
A memorable image  
Of that very long moment  
That can bring good things to life  
And discard all negative thoughts  
And wipe out dark clouds of rain  
From your view  
Forever and forever.....

Seema Chowdhury

# A Merry Time

Learn to enjoy  
And sing the rhyme  
In this life's  
Merry time  
And find a way  
To bring delight  
And make everything  
Shine bright  
For good times  
Never come in  
You have to search  
It in life's bin  
And try hard to  
Remove all doubts  
And face life bravely  
Like a scout.

Seema Chowdhury

Seema Chowdhury

# A Miracle Cure

Sometimes I wonder  
How unwilling I was  
To look out side  
And let the sunshine enter  
Through my closed window  
But then I did  
And I found  
A miracle cure  
Of my blue and pain  
Of my empty heart and loneliness  
And my grief and sorrow

just remember that  
Life is a daring adventure  
And when grief gives way  
To love and happiness  
Then we realize new meanings of life  
And discover how to restart our day  
And hear God whisper

And then we find a beautiful balance  
And see sun shine  
And life unfolding its miracles

And when I was willing  
To do it with  
An open mind and a heart  
That's when I discovered  
A miracle cure  
For myself.....

Seema Chowdhury

# A Moment In Time

It was a moment in time  
In which  
Without realizing  
Or  
Knowing...  
For the first time  
I was honest with  
Myself  
And my feelings  
Which filled my heart  
With joy  
And  
My soul with passion...

Seema Chowdhury

Seema Chowdhury



# A Moment So Precious

The moment in which  
Your memories  
Your thoughts  
Your smiles  
And your vivid image  
Appears before me  
Is really  
A moment so precious....

Seema Chowdhury

# A Mother's Care

A mother's care is the best of all  
For she never lets you fall  
For with her love, care and smile  
You can easily go a long mile  
For a mother is really great  
So always put on her your faith  
And know that her love and care  
Is a precious gift so rare  
So love her and know it is true  
that when you're feeling blue  
Then deep inside her heart calm  
You can find your pain's balm  
So love her and pray to God  
That for you in even and odd  
Keep the shadow of her care  
Because her presence is a gift rare.

Seema Chowdhury

# A New Direction

Take a new direction  
of life  
With a hope  
That  
In one or in another way  
One day  
Before meeting the end  
You will reach  
Your desired pace  
And destination...

And that will be the day  
When  
You can  
Simplify your life  
And  
Let your life speak out.....

Seema Chowdhury

# A New Moment

Share your memories  
Of those moments  
In which you felt  
The miracle  
The love  
The passion  
The positiveness  
And  
The dramatic change  
That helped you to achieve  
Your dreams  
And  
maintain your hope  
And give  
Calmness and peace  
To your spirit  
And brought you  
A ray of sunlight  
That engulfed  
Your body and soul  
And warmed you  
From the inside out  
For that was  
The miracle moment  
And  
A magical encounter  
That left you with  
A fresh and a new  
change of life  
Full of  
Options and opportunities.....

Seema Chowdhury

# A New Phase Of My Life

I hope  
The new phase of my life  
Will have  
No cracks  
Or cuts  
For  
I don't want  
The moments of joy  
To slip through them  
And  
Give a way to  
one tragedy to follow another  
I just want  
Few moments of solace and peace  
And  
want the first rays of  
warmth and shine  
To walk in my life  
And  
Whisper the tune of joy  
In my ears.....

Seema Chowdhury

# A New Sight

Learn the ways  
To cope with stress  
Instead of sitting  
Back and depress

For nothing but only  
You can do  
Anything to  
Take away blue  
Take away the blue

So believe that past  
Is forever gone  
And now will appear  
A bright morn

That can help  
You to see  
A new sight  
Of the life of Thee.

Seema Chowdhury

# A New Year's Prayer For You

Briskly enter in the new year's door  
Marked with Nineteen ninety four  
And find there a nice place to store  
Gifts of smiles, joy and more

And forget all you had done in the past  
because now you have reached atlast  
The way that is brighter and new  
And filled with happiness that is true

So enter in it with the hope to get  
All you want so you can set  
Your life taht'll be free of pain  
Just liek sunshine after rain

And for that I wish may you find  
People who are caring and kind  
Who know how to bring you the gift of smile  
And share your fears and trouble's pile

And I wish may life be good to you  
That's my New years wish for yoi  
where pain be just a glimpse to view  
And joys be all reserved for you.

Seema Chowdhury

# A Nice Way To Live

A nice way to live a long time  
Is the main topic of life's rhyme

For whatever is present in it  
Holds value just bit by bit

So learn to read the lesson of life  
And with joy in it survive

So every new morn that may appear  
Brings good news to you dear

And teaches you how to live a time  
That is nice and long in life's rhyme.

Seema Chowdhury



# A Non Stop Flow

Life is a non-stop flow  
Of set backs  
Trials  
Sorrows  
Mishaps  
And  
Ill winds  
where  
Everything seems to run in one another  
And everyone is fighting for life....

I wish if i can change this flow  
And  
Let people see the brighter side  
Of this vibrant journey  
Where all wrongs can be reversed  
And  
The road ahead can show  
A unique opportunity  
In peaceful atmosphere  
And  
Amazing things can happen  
To Give additional options  
To survive.....

Seema Chowdhury

# A Novel Treasure

The purity of love, trust and care  
And the feelings that are very rare  
Is what is all friendship is about  
That doesn't have any flaws or doubts

For it is like a cooling shaddy tree  
With the help of which we can see  
The world from the eyes of a friend  
Whose sincerity has no bounds or ends

For a friend is one with whom we share  
Our secret thoughts and joys that are dear  
And it only blossoms with the passage of time  
When we go through life's ups and declines

And today I really wish you well  
And proudly I want to tell  
That your friendship is surely a novel treasure  
That gives me plenty of joy and pleasure.

HAPPY FRIENDSHIP DAY FARAH! ! !

Seema Chowdhury

# A Painful Lesson

Life is an endless lesson of pain  
Where always fall trouble's rain  
From which no one can ever hide  
For its spread out in area wide

I wish if once I can change  
Myself and for myself can arrange  
Such a plan which can aid  
Troubled mind and provides a shade

But guess its really hard to find  
Something that can take off my mind  
From all these things that makes me sad  
And hide from me the views that're glad

And that is why I wish for me  
A life that is from troubles free  
Where I can without pain survive  
And call it a lesson of my life.

Seema Chowdhury

# A Painful Reminder

Life is a painful reminder  
Where I went on my own  
To start my journey  
But met disappointments along the way  
For time eluded me  
And I had to sacrifice myself  
My vision and beauty of the happiness that existed.....

There I continued to make changes  
And took small baby steps  
To deal with tricky situations  
And played bigger roles  
To listen to my whispers of the heart  
And fill the hollowness of my soul  
And recollect the overwhelming scatters of my life...

To get back the control  
Of every aspect of life  
So I could set myself free to move on  
And get away far very far  
Where I don't have to give up  
Or hear the painful reminder  
Or the forgotten whisper.....

Seema Chowdhury

# A Part Of Happiness

If you want a big happiness part  
Then listen with an open heart  
And be brave to bear it all  
Either its a pain or a joy that's small

So never hurry in listening to  
The wishes of heart passing through  
Any phase of trouble or pain  
And any trace of joy or fain

And try working hard each day  
For happiness is found along the way  
So don't wait till you meet the end  
For then life will not happiness send

And learn this rule of happiness today  
That it is found along life's way  
So don't feel inside bad or narrow  
For happiness time is today and tomorrow.

Seema Chowdhury

# A Part Of Tomorrow

Find a way to taste  
At least a part of tomorrow  
For life is full of dear  
Joy and also sorrow  
So try to find another  
way to finish the day  
And try to bring in it  
Joy and fain ray  
And know that it is good  
And you must always share  
Good things in your life  
With those who are near and dear  
And you must try very hard  
To taste and find a way  
To add some more joy  
To each of your day.

Seema Chowdhury

# A Part To Play

God has given us all  
A part to play that is small  
Where we all have to pose  
That life is a bed of rose  
But in reality we all know  
That life is a difficult go  
So its better to just smile  
And spread happiness far away for miles  
And get from life the best  
And do it all with fain and zest.

Seema Chowdhury

# A Passing Show

This world is a passing show  
Where in each and every row

Life shows us some trouble's sight  
And also some sunny delights

Where nothing can forever stay  
Everyone from here leaves one day

As soon as their roles in this passing show  
Comes to an end in this life's row

So learn to exist in this real life  
Where whirlwind of trouble's survive

That shows lot of ups and downs  
And leaves the hues of grey and brown

And learn to reveal the mystery  
And hidden stories from life's history

For in each layer of this real life  
Thousands of hidden stories do survive

That are hung on each life's bent  
Before passing show comes to an end.

Seema Chowdhury



# A Pause Button

I wish  
Everybody  
Can get hands  
On  
The pause button  
Of their lives  
So  
When they see  
Or feel  
Something is wrong  
They can pause  
To rest  
And wait  
And  
Then proceed  
Again  
towards the life  
Of  
Their own will  
And  
Of  
Their own dreams.....

Seema Chowdhury

# A Peaceful Solution

Open your eyes in a whole new world  
Free of troubles 'n pains that're curt  
And find a solution full of peace  
That can easily help to cease  
Your troubles mind from the thought  
That're rough and all that sort  
And that can surely take you out  
Of feeling funny or in doubt  
So best thing to get rid of it  
Is to learn to enjoy its every bit  
And open your eyes in a world  
That's free of trouble's curt.

Seema Chowdhury

Seema Chowdhury

# A Phase In My Life

Whether its joy or pain  
whether its loss or gain  
Whether its pro or con  
Whether its dusk or dawn

All these things come and go  
For nothing is forever you know  
And all these things appear to survive  
As a small phase of my life

Where in the midst of uncertainty and fear  
I am desperately looking for God's care  
And want to feel the cool breeze on my face  
And bring back happiness and its trace

And I hope I'll get through this phase  
Just like dawn puts an end on night's face  
And will learn to survive with faith and care  
And look happy once again in my life dear.

Seema Chowdhury

# A Picnic Basket

Bring a picnic basket to life's party  
And enjoy your life today my dear  
For everyone has a unique story to tell  
And now is the time to share

So stir things up a little bit  
And add zest to the task in hand  
And stand back far enough to see  
The big picture displayed on the band

For we are all traveling on the road  
Where traffic speeds up along the way  
And snow cover each life's lane  
To add beauty and adventure everyday

So be strong and fight back tears  
And perform the task with joy and mirth  
That you are entrusted to perform here  
On this huge and vast God's green earth

Remember what makes life journey interesting  
Is the mystery and mist that surround  
That we try to solve and discover dear  
To find peace, joy and success all around

So relive each moment of fantasy my dear  
And be strong and stand to enjoy it all  
By bringing picnic basket to life's party  
And sharing your story in life's huge hall.

Seema Chowdhury

# A Place In Peace

Everything begins  
And everything ends  
With trouble and pain  
That are sent  
For us to live  
With them forever  
From which we can  
Get rid of never  
I wish to get  
Some place in peace  
Where I can put  
My tears to cease  
And forget about it all  
And wipe my tears of pain  
And swim once again  
In the pool of joy's gain.

Seema Chowdhury

# A Place To Live

A place to live is all I want  
That's free of sorrows and pain  
Where troubles never block the view  
And agony never gets a gain

Where I can with peace live  
And share with others my smile  
Where I can willfully walk  
With joy in hands for miles

Where no one bothers me  
or even try me to stop  
From any act that I wish  
To do or plan to drop

I wish and pray to God  
To give me such a place  
Where I can peacefully live  
And find there joy's trace.

Seema Chowdhury

## A Place Where

Friendship is a place where  
You can find love and care  
Friendship is a place where  
You can find all treasures rare  
For it is where you find  
All your dreams of joy  
That you can celebrate with  
Your loved ones and enjoy  
And it is a place where  
You can find happiness  
That can swap all your  
Troubles to make it less  
So I think it is a place  
Where your heart can find  
Many dreams to share  
With loved ones who are kind.

Seema Chowdhury

# A Playful Breeze

Today is a new journey and another life  
Where life itself is waiting to be lived  
With sweet wine of love and care  
And light and fresh playful breeze  
Brushing softly against the face  
And whispering music in the ears  
With the colors of a shadow  
Of joyful and bright day  
Filled with new bliss  
And God's endless light  
That freshen the soul  
And takes away troubles and pain  
And fill life with dazzling sunshine  
That digs up realistic opportunities  
And exciting possibilities to lighten up life  
With the realistic ability of actions  
And show you how to toggle back and forth  
From the painful reality  
And embark on a new journey  
And bask in crisp sunshine  
To enjoy playful breeze  
Brushing softly against the face.....

Seema Chowdhury



# A Pleasant Surprise

Surprise yourself  
With a pleasant surprise  
And  
Let you find  
Not big  
But just small things in life  
To find the  
Path of joy and smile  
And  
A pleasant gift of happiness  
For yourself.

Seema Chowdhury

Seema Chowdhury

# A Positive Change

Changes that occur in the period of gloom  
Flowers that all of a sudden bloom  
Period of joy that seems so lost  
In this frenzy world that doesn't pay any cost

For the tears that drop from your eyes  
For what you've felt from pain and sigh  
And haven't seen anything that can trade  
The burning sun from care's cool shade

In such a time, what you must do  
Is to think of positive changes and view  
And know that soon all your trials  
Will be swapped with the joyful smile

And this you can only achieve  
If you know how you can trust and believe  
And keep a positive thinking in gloom  
Then flower of joy will surely bloom.

Seema Chowdhury

# A Positive Day

Sometimes I wish  
And need to know  
The meanings of life  
In this life's row  
And hope to get  
A positive day  
That is less  
In this life's way  
And sometimes I pray  
To get a list  
Of joy and fain  
Luckiest list  
So I can know  
Where to find  
Joy and happiness  
And the peace of mind.

Seema Chowdhruy

Seema Chowdhury

# A Prayer

God, lighten my load  
And strengthen my heart  
Please show me miracles  
And a beautiful start

For I am confused  
And don't know what to do  
So help me out my God  
And show me a morning view

I have no one else  
So I always turn to you  
Just show me your sign  
And take away my blues

For there are many unanswered queries  
And I feel stuck and sad  
And don't know what to do  
To take off this trouble's clad

Help me out dear Lord  
And guide my way with your light  
Open my mind, heart and soul  
And make everything pure and bright.

Seema Chowdhury

# A Prayer For A Friend

Guardian Angel please take me to the glen  
To the glen of wishes where I can pen  
All my wishes on the great big wall  
Each of them whether big or small

And there I wish I can ask dear Lord  
To exchange all your situations that are odd  
With sooth and gentle happiness breeze  
That can fill your life with joys and ease

And I hope from there on your return  
may you feel light hearted and see your turn  
Of enjoying the pleasing never ending sight  
That keeps you always fresh and bright

And not only just today but I have always prayed  
May Lord remove all your whole life's grey  
And mark your life for brighter Springs  
For all the joys for others you bring

And I think you are the one who really deserves  
To get all kinds of happiness and love  
As you know very well how in your style  
To give others the gift of hopes and smiles.

Seema Chowdhury

# A Prayer For Children

Don't let anyone  
To steal your dreams  
Or to erase your memories  
Or to dull your shine  
For you are very special  
And I wish you to enter  
In a bright tomorrow  
Where you twinkle  
Like a bright star  
And spread your light  
Of honesty and truth  
And show the right path  
To the weak and lost

Let your inner shine  
And your truthful soul  
Guide you all the way  
And let your sweet whisper  
Give you all the answers  
You're looking for  
And struggling to get to

And let your loving eyes  
Show you the right path  
And put your feelings  
Into the peaceful wind  
To ease your journey  
And your silent suffering  
And your new perspective  
Of this life of reality

And may you learn to see  
The world through your  
Innocence and joy  
And don't feel lost and confused  
With superficial ideas  
And friendliness  
For God loves you  
And He'll always be there

As a beacon of hope and love.

Love you Samia & Sameen.

Seema Chowdhury

# A Prayer For You

Everyone needs someone nice  
Who is considered and kind  
Who can share all problem  
And give you peace of mind

Someone special who is bestowed  
With God given gifts  
And encourages you whenever  
You need an uplift

You need someone who is caring  
On whom you can lean  
Who will listen and will give you advice  
Without being selfish and mean

So today you both should be happy  
And thankful to Gracious God  
Who joined you together  
In an unbreakable chord.

In the strong chord of wedding  
That is a gift of God  
And has given to all those  
Who are dear to the Lord

So may God always strengthen  
This binding of your love  
And give you unaccountable blessings  
More than you both deserve.

Happy Anniversary Sister! ! !

Seema Chowdhury



# A Prayer From God

God

Please grant me

Some peace and rest

Because

I desperately need it.

As my life is slipping by

And

Much time has already been lost-

I want to come out

Of this frustration

And want to

Heave a sigh of relief

For the fear of loss

And negativity of life is

brushing dark strokes

On the canvas of my life.....

Seema Chowdhury

# A Prayer From Lord

Lord give me your love and peace of mind  
Show me your path that is nice and kind  
Because today i'm leaving all decisions on you  
As you're the surest guide in my view

For me all doors are blocked right now  
I don't know what, where and how  
But candles of hope are dying down  
And mistrust is ready to wear the crown

And I feel as I'm stuck or lost  
In a huge woodland that's filled with frost  
where words of sympathy are still unknown  
And that's where I'm wondering alone

So Lord please give me the calmness of sea  
And take away my pain and set me free  
So I can come and knock at your door  
And get my answers from trust, faith and more

And now dear Lord in the end I'll pray  
Please listen and answer to my prayers today  
I'm looking at you with a wishful eye  
Please don't let me down or else I'll die.

Seema Chowdhury

# A Prayer To Start My Day

God cover me with your mercy and grace  
Spread around me your graciousness trace

Hold my hands and guide my way  
To cleanse my heart and soul today

For life is hard and confusing at times  
When I need to hear serenity's chime

Especially when I'm struggling to meet a goal  
And watch things slipping through mope's hole

God please help me to smoothen my way  
So I can close my eyes and feel your mercy today

Where I can envision my steps to reach you  
To find peace of mind that brings me joy true

I wish to create a reality in my life  
And learn in this world of anxiety to survive

And look at up to you to hold my hands  
To walk me through this troublesome land

So I can cleanse my soul and heart  
To enjoy once again a pure new start

Where I always find a door to come to you  
To share my confusing thoughts with you

Please God cover me with your mercy and grace  
And spread around me your graciousness trace.

Seema Chowdhury

# A Precious Gift Of God

I still remember those days when I use to cry  
And use to pray to the Lord of the sky  
To bestow his blessings and help me to find  
My way I had lost in the flow of world's bind

God Listened and listened and then one day  
He told me that I should not feel grey  
As tomorrow he'll help me to bring treasure  
That can help me to bring joy and pleasure

And then one day when I went and asked  
Lord of the sky to perform his task  
He told me to enter the door of prayers  
Where I can find all love and care

And then I entered in the green meadow  
That was surrounded with Lord's caring shadow  
Where seven nice angels were doing their task  
So I looked at them and then I asked

God who are they and what are their names  
And how come they all looked the same  
God smiled then said they are my dear  
Nice little angels who take your good care

Who are honest, sincere and kind  
Whose presence provides you all peace aof mind  
And further more Lord said they are the one  
Who know exactly how things should be done

And they carry with them the gift of hope  
That keeps you away from tears of mope  
And then God said and now you have seen  
Nice little angels all standing in green

So pick one of them that you tyhink in life  
Is surely needed to happily survive  
I thought and thought and then atlast  
I went and asked Gracious Lord very fast

Which one do you think is best for me  
Who knows how to help and make me free  
God thought and then showed me a name  
That seemed familiar and looked the same

To all those angels I saw in the meadow  
Standing under Lord's caring shadow  
That name was created by taking all seven  
Nice little creatures, created by heaven

That name was BROTHER that is still rare  
That always bring me happiness and cheer  
So then I smiled and thanked dear Lord  
Who knows and helps me in situation odd

And gave me such a precious and nice gift  
That gave my life a brighter lift  
So now from him I wish and pray to God  
To bestow his blessings on him as a reward.

Seema Chowdhury

# A Promise Of Care

I cherish the love that we have  
And wish to take a promise of care  
For our love flows freely with a smile of joy  
And that is what makes it lovely and dear

For you have an endless supply of love  
That is unconditional and very sweet  
That makes every moment special my friend  
And a beautiful and magical never ending treat

I want to hold your hands forever  
And wish to share my fear and sorrow  
And hope to grow old with you  
And spend together each of our tomorrow

We both promised to each other  
And took a pledge to strengthen our love  
For love is an amazing bliss of God  
That is sent from Lord from heaven above

I just want dear to tell you today  
How lucky I feel to be with you  
For your warmth and affection is very special  
That makes our promise of care true

I hope, wish and pray to God  
To keep this bond of love strong  
And hand in hand we can forever walk  
Singing beautifully our lives song.

Happy Valentine's Day Sunny

Seema Chowdhury

# A Puzzling Twist Of Life

Don't get locked in the  
Puzzling twist of life  
For life is a never ending  
Pain and joy drive  
Where many intervals come  
In which we can find  
Things that bring joy  
Or thoughts that're unkind  
So don't lock yourself  
In this puzzle of time  
Just learn to bravely flow  
With on going life's rhyme.

Seema Chowdhury

# A Quiet Chat

A Quiet Chat  
With  
My thoughts  
And my mind  
Always  
Helps me  
To take off my burden  
And my load  
And  
Show a bright sun  
Shinning for me  
And  
Opening a new horizon  
Vast vary vast...

Seema Chowdhruy

Seema Chowdhury



# A Race

Life is a race  
Against time  
Where by gone days  
Do not come back  
And life becomes  
An endless parade  
Of ordinary days.....

Where we have to have  
A realistic thinking  
To create a pure heart  
And heal our grief  
And we have to learn  
To teach a unit of living life  
In the real world.....

And in this life's race  
We have to learn to overcome stress  
And fight against the reality of life  
And try to turn the wheel of pain  
To see a fresh beginning  
And a magnificent start  
Of a new and happy race.....

Seema Chowdhury

# A Rainbow Shell

So many colors are peeking from  
The opening of the rainbow shell  
So many joys are waiting to  
Lie in the place where I dwell

So many rays of sunshine  
Are there to surely tell  
That they all do love and care  
And they have come to wish me well

And this is all because today  
I got a gift of the rainbow shell  
That is God's loving gift  
That is spreading joy where I dwell.

Seema Chowdhury

# A Rare Diamond

You're a rare diamond of my heart  
I love you my dear little sweetheart

For you are a precious stone of my life  
Without which I feel incomplete to survive

I love you because you are a gift  
Who came to earth for my uplift

Because you gave me a lesson of love  
That is a blessings of heaven above

And you taught me to walk on the way  
Of smiles and cheers for each day

And its shown that in the face of thine  
God has proved his powerful gracious divine

I Love You Uzair! ! !

Seema Chowdhury

# A Rare Gem

You are a rare gem of my heart  
I love you my dear my little sweetheart

For you gave me those eyes to see  
To find taht path on which joy's key

Can be found and that is worth  
And most rare thing on God's earth

You gave me a precious gift of a smile  
To walk hands in hands with it for a while

And you showed me how to brightly wear  
The magical mask of love, joy and care

And its shown taht is the face of thine  
God has proved his powerful gracious divine.

I Love You Danny! ! !

Seema Chowdhury

# A Rare Investment

Life is not a game for a day  
It's a series of investments in a way  
Where both things mean profit and loss  
Are given to you without any cost

So work hard in this game of luck  
And don't waste it even for a million buck  
For what you'll gain today in life  
Will help you till your end to survive

So look forward to seek the advice  
Of someone older who is wise  
About the place where you can set  
Returns on your knowledge and wit

And once again I'll tell you my dear  
Is that don't waste time and take good care  
For this rare investment that you'll make today  
Will help to brighten your whole life's way.

Seema Chowdhury

# A Rare Ornament

You're a rare ornament of my heart  
I love you my dear my little sweetheart

For you are a darling angel my love  
Who is surely sent from heaven above

I love you dear for what you are  
Because for me you are a star

A precious star of hope and care  
That surely for all is very rare

And that's why whenever I look at you  
I see hope's ray and its hues

And it's shown that in the face of thine  
God has proved his powerful gracious divine.

Love You Usamma! ! !

Seema Chowdhury

# A Rare Pearl

You are the rare pearl of my heart  
I love you my dear my little sweetheart

For your presence gives me plenty of joy  
With which I play like a toy

And I love you because you're worth while loving  
And I love you and its true what I'm saying

I love you because you appeared as a sun  
Which cleared my life's fog and dust ton

And you came to me as a flower in bloom  
And filled my life with joy's perfume

And its sghown that int he face of thine  
God has proved his powerful gracious divine.

I Love You sarah! ! !

Seema Chowdhury

# A Ready Smile

In agony and frustration  
When hope seems fading  
And  
Leaving you alone  
To face the longest day of life...  
Then  
Don't step  
Or ever drop  
Even a tear of despair  
But  
Try to find in that moment  
A tiny beauty to look at  
To bring you  
A ready smile-  
A smile of welcoming hope.....

Seema Chowdhury



# A Real Tonic

Hope  
Is the real tonic  
That  
Gives you the courage  
To  
Lit a candle  
In dismal dark.....

Just stick on to it  
And see how  
with courage  
You can rise agin  
Every time you fall  
And how obstacles  
Will vanish.....

Only and only  
If You will learn  
To carry away small stones  
From your life  
With the gift of  
Faith  
Courage  
And  
Willingness to persist.....

Seema Chowdhury

# A Real Winner

You're a real winner  
Only if You know  
How to Swallow  
The harsh  
And bitter words  
Of reality  
And with courage  
Look at the true  
Picture of life.....

For it is time now  
For the cup of life  
To brim over with  
Joy and happiness  
Warmth and love  
Hopes and desires  
And much more.....

For God Almighty is there  
Who listens  
And knows it all  
Who is waiting  
With open arms  
And cozy hug  
And heavenly help  
To make you  
A real winner today  
In life's race.....

Seema Chowdhury

# A Reason To Live

God gave me his most precious gift  
In the form of you for my uplift  
For you both are the shining stars  
That lives inside me even though you're far

I don't find proper words to tell  
How very much I wish you both well  
For you are the guiding star of my life  
Who exist inside me and In me survive

And that's why I always say it is true  
That the most important reason in my life is you  
For both of you're for me a precious gift  
Who live inside me for my soul's uplift.

Love You Sarah & Danny! ! !

Seema Chowdhury

# A Rewarding Friendship

A rewarding friendship is the one  
That doesn't need  
Voice to speak  
Tears to cry  
Smiles to enjoy  
Or  
Words to express  
Because  
Its all there  
It just needs  
To be felt  
Deep down in the heart  
With a touch of  
Love and care  
And above all  
Truth and sincerity.....

Seema Chowdhury

# A Road Way To Follow

Follow a path that you think is right  
And do it all with a thought bright  
And try to bring happiness treasure  
For happiness is what brings you pleasure  
And try to spread smile in the way  
And do it in all your days  
And find a road way to walk  
And open this joy's treasure's lock  
By spreading smiles and joy for all  
Before you get from God your call.

Seema Chowdhury

# A Rough Patch

Get through a rough patch  
That appears in your life  
With Confidence and courage  
And trust yourself  
To make your life work.....

Learn to identify  
A purposeful and a positive path  
And deal with anything  
That life throws at you....

And be determined and steadfast  
And don't let your thoughts  
Change with the wind  
Or abandon you and your soul...

Learn to be open  
And be in touch with your feelings  
So you can find more opportunities  
To participate in your life  
With additional emotions,  
Value and interest.....

Seema Chowdhury

# A Sad Thought

Whenever I sit for a while  
Under the great shining sun  
I feel as if it is just  
For a moment or two's run

For not very long in life  
I can wish or hold  
These blessings of my God  
For then soon comes the cold

The cold wind that really blows  
High above the sky  
From where it brings me  
The troubles of pain and sigh

And then it leaves me to  
Mourn and cry for a while  
And this sad thought really  
Takes away my innocent smile.

Seema Chowdhury

# A Second Chance For A Dream

Speak in silence or aloud  
To your Gracious God  
Who knows and sees it all  
As He is your Almighty Lord

Who gives you a second  
Chance for a dream  
Who smoothen all your  
Trouble and scream

And gives you His bliss  
In the bowl of love  
And flash happiness  
For you that you deserve

Just ask Him to  
Hold your hand  
And hug you tight  
For He understands

And fill you with  
Joy and mirth  
And give you a reason  
To be on the Earth

And color your days  
With the rainbow shine  
And flip bad days  
Quickly to fine

And give you a second  
Chance to dream  
And fill your life  
with His love's beam.

Seema Chowdhury



# A Secret Sorrow

A secret sorrow  
Inside my heart  
Always gives me pain  
And doesn't let me  
Think or see  
Beyond  
The thick mist and fog-

I want in my life  
A clear sky  
And wish to say goodbye  
To negative thoughts.....

And wish to welcome  
A bright new dawn  
Of hope and smile  
And want to fill  
My life's petals  
With  
A rare fragrance  
Known as Splendid Happiness.....

Seema Chowdhury

## A Secret Wish

A secret wish will be granted  
Only if you can ask god  
And request him to stick with you  
In thicks and thins and odds  
For only with prayer's heap  
You can get the reply  
Of whatever is bothering you  
And the answers of your why  
So ask your God dear  
To grant you from his bliss  
The hopes 'n answers you need  
Through the door of secret wish.

Seema Chowdhury

Seema Chowdhury

# A Sense Of Excitement

Whenever you are excited  
Notify your face  
And  
Let your smile  
Lead your way  
And  
Let others share  
This sense of excitement too.....

For life is a meaningful project  
Where corner stone of all success is  
willingness to pursue  
And  
Positive actions.....  
That brings  
Positive vibrations  
And excitements in our livess...

Seema Chowdhury

# A Shadow Of Doubt

As the months in my life's planner  
is flipping over  
I realize  
I have lost my dream  
My hope  
And my promises  
That I made to myself  
And  
I'm isolating myself  
From everyone and everything.....

For I only see  
A shadow of doubt  
Bugging me  
And bringing the stormy clouds  
Over my life  
Where bitterness and hostility  
And untrapped anger  
Is tangled in a web.....

And I feel under  
The crushing weight  
Of uncertainty  
And negative feelings  
That is creating disruption  
In my life  
And I hear the sound of panic  
Erasing my bits and pieces  
Of happy memories.....

And in all this I see  
My cares and troubles of the day  
Floating out and taking over  
My nagging and doubtful thoughts  
And burying me deep  
In the shadow of doubt.....

Seema Chowdhury

# A Significant Thought

Life is a movie  
Of joy and pain  
That's coloured with the hue of  
Sorrow and fain  
So pick bright colours  
And use it all  
To make life happy  
With joys even small  
Because this is a  
Significant thought  
With whom everywhere  
Happiness can be bought.

Seema Chowdhury

Seema Chowdhury

# A Silent Company

Whenever I cry  
They listen to me  
And lend me ears  
So I can feel free  
And pour out all  
That is bothering me  
So I can feel  
After that free  
Yes that is right  
I'm talking about dear  
My silent company  
That are my tears.

Seema Chowdhury

Seema Chowdhury

# A Silent Follower

Tears are the  
Silent followers  
As they are blind  
And cannot see  
For themselves  
So very quietly  
They just  
Follow the path  
After  
Grief  
Pang  
Sorrow  
And  
Hurt....

Seema Chowdhury

Seema Chowdhury

# A Silent Hug

Sitting alone  
And peeping  
Through the memories  
With the blurry eyes  
The things  
That I missed the most  
Were the strong shoulders  
Of Mom and Dad  
The loving touch  
And the silent hugs  
That they offered  
Without hesitation  
Whenever I needed.....

Seema Chowdhury



# A Silent Pattern

Sometimes  
I feel  
As if  
I'm stuck  
In a silent pattern  
Where  
I get no chance  
To  
Word my thoughts  
And for that  
I have to  
Struggle  
And suffer  
And  
Take a forced journey  
Off course and off coast.....

Seema Chowdhury

# A Silent Thunder Storm

I don't want to  
Think about it  
I  
never want to  
Feel that pain  
Again  
Because  
It freezes me  
And  
Takes me back  
In the darkness  
Where  
A silent thunder storm  
Is  
waiting for me  
And  
Where  
I heard a roar  
Of ominous silence  
That covered my life  
With the net of fears  
And fright.....

Seema Chowdhury

# A Simple Question

Can I get  
More milage of joy  
To enter  
Right into  
The running game of life? ? ?  
Where  
sweet songs are sung  
To make  
Every day life  
More fulfilling  
And  
Worth living? ? ?

This is a simple question  
Of my life.....

Seema Chowdhury

## A Sincere Advice

I'll always remember the twenty second day  
A special day in the month of May  
When a very nice thing was said by my Bro  
Who is kind and sincere and to whom I owe

he told me that don't expect anything  
For life moves in a never ending ring  
So be nice with others and then forget  
With anyone you know or you ever met

For all the things that life gave us  
Knottiest of them is to gain someone's trust  
As trust is the basis of everything  
Along with honesty that comes in a ring

So do good and give kindness to all  
But don't let anyone's trust ever fall  
So Lord can send his blessings and love  
Especially for you from heaven above.

Seema Chowdhury

# A Sincere Desire

A prayer is a sincere desire  
Of which all humans are the buyers

For none is rich and have it all  
For prayer is a gift that's way is small

For all we wish to have my dear  
Is known to God who takes over care

So just hang on to hope and ask  
And sure God will then do His task

For all the things that God Have made  
Out of them prayer's wade

Clears all the trouble from the way  
And bring for us a perfect day.

Seema Chowdhury

# A Sincere Good Luck

When sincere words are said in an art  
They come running straight from the heart  
And are surely very sincere, nice and true  
And clear just like a morning dew

Never feel scared while taking a test  
Just think it'll be always for the best  
So don't let things to come in your way  
Believe in whatever you do and say

And don't ever let any fear to grow  
If things don't go according to your flow  
And face everything with courage and faith  
And don't haste as it makes a waste

So today when you go just have faith in you  
And think that you know and you can do  
And don't leave your mind to take any rest  
Unless you're fully done with your test

And no matter what just remember you'll stay  
In my prayers whenever I pray  
And goodluck is what I meant for you  
And that's a wish that's sincere and true.

Seema Chowdhury

# A Sincere Goodbye

It is hard to say goodbye with smiles  
When someone nice is going away miles

Even though today we are all in mope  
But any way we shouldn't lose our hope

as hope is a candle taht always burns bright  
And shows you the way that surely is right

And I think you know everything we share  
is certainly very special and rare

So we wish you a life that is free of sorrow  
And the path of troubles is always narrow

And today you are going very far my dear  
But our prayers are there so don't you fear.

Goodbye Friend! ! !

Seema Chowdhury

# A Single Grain Of Sand

Even a single tiny grain of sand  
That's spread all over on the land

Can surely teach you my dear  
That's surely novel and rare

For everything that is present on earth  
Holds value and is worth

And reflect to us gracious God's beauty  
And shows how its performing its duty

So always remember and try to learn  
How for yourself you can earn

Faith and trust on your Lord  
Who is ther creator and the God.

Seema Chowdhury



# A Sister Is Special

A sister is special  
And that is true  
For all the things  
That she wishes to do  
To make you happy  
And inside glad  
And change for you  
Things all bad  
A sister is a pal  
A sister is a friend  
With whom you don't feel  
Any need to pretend  
For your pains and joys  
To her are known  
And she thinks of them  
As her own  
So thank god for  
Giving you a gift  
In the form of a sis  
For your uplift.

Seema Chowdhury

Seema Chowdhury

## A Small Gift

When you are happy  
And glad in heart  
Then this happiness  
Gives a start  
To another joy  
And some fain  
And you get rid  
Of troubles 'n pain  
For happiness transforms  
And excitement of mind  
Is what we get  
That is special of a kind.

Seema Chowdhury

Seema Chowdhury

## A Smile Of Care

It takes two little smiles of joy  
It takes two little hearts to enjoy  
Whatever is given to you  
From God's path way that is true  
For life's gift is given by him  
So enjoy everything with a vim  
And thank God for being so kind  
And for understanding your mind  
And let your eyes only see  
What is here spread for thee  
And let on it you walk dear  
With a joyous smile of care.

Seema Chowdhury

# A Smile Of Delight

To brighten up the world  
Turn on your light  
The light of care  
And the smile of delight  
So the world can be  
A place of cheer  
Where kindness is found  
In all life's layer  
For world now needs  
Someone who is kind  
Who loves it all  
And do it with mind  
And brighten up the world  
By turning his light  
The light of care  
And a smile of delight.

Seema Chowdhury

# A Smile Of Gratitude

Pay off gratitude with a hug and a smile  
Let other know that their kindness pile  
That they showed earlier to you  
Means a lot and is surely true  
For love is kindness 'n kindness is love  
And all human beings really deserve  
Few words of sympathy and care  
And few moments with others to share  
So when you're shown any of this  
Then accept it as god's loving bliss  
And pay off gratitude with a smile  
That is shown to you in trouble's pile.

Seema Chowdhury

Seema Chowdhury

# A Smiley Day

Wear a friendly smile of joy  
And learn with it to enjoy

The sunshine that's present here  
And fill things with joy and care

And learn to make in your way  
Each life's moment a smiley day

So when you're done and through  
It leaves behind fond memories for you.

Seema Chowdhruy

Seema Chowdhury

# A Smiling Face

When we look at the world with a smiling face  
Then surely it clears all from our pace  
Any dust or any glimpse of pain  
And shine just like sunshine after rain

For we are not completely dressed up till  
We put on smile with our will  
On our faces in the hour of need  
To show we can smile to clear the weed

That is spread out all over in the way  
And stop us from saying what we want to say  
Specially when we see any glimpse of pain  
And wish to see sunshine just after rain

So the best way to handle any problem in our pace  
Is to smile and smile with a smiling face  
And then trouble will clear up like weed  
But for that smiling face is what we need.

Seema Chowdhury

# A Soft Sigh Of Spring

Let the warmth of spring enter  
Into your life my dear  
Peel away the darkness of winter  
And look in with smile and cheer

For spring is a season of rebirth  
When we take soft sigh of peace  
And get ready to enjoy colors  
That's sent by God to cease

To cease the troubles and darkness  
And swap it all with joy  
The joy of love and care  
That's there for all to enjoy

Where we can dream and see  
Our dreams taking shape right  
And spreading happiness around  
By bringing the gift of life bright

Where flowers bloom and spread  
Its fragrance all around  
That spins the world with joy  
In life's merry go round

And when spring rain comes  
It washes away and drain  
And let us sigh and relief  
The tears of ache and pain.

Welcome Spring 2010!

Seema Chowdhury



# A Source Of Bliss

Thanks is a word that is small to say  
But carries a whole world of meanings in a way  
For it describes all your loving acts  
And your gift of care and that's a fact

For the small act of kindness like this  
Really comes down as a source of bliss  
And tell us that now we must gather  
All this in one place all together

Because as long as there are people who care  
Who lend to others their sympathetic ear  
To listen and then give perfect advice  
Are surely called both nice and wise

For its just that in a little time  
They teach us to sing life's harsh rhyme  
And tell us that now we must pray  
From God who surely answers in this way

To help us out in this trouble's hour  
And grant us the courage and the power  
To understand that this is the world of test  
Where we must face all problems with zest.

Seema Chowdhury

# A Source Of Contentment

Let your life  
Fainly dance  
On the edge of joy  
So, It can leave behind  
A treasure of happy memories  
Which can be  
A source of  
Contentment  
Delight  
And Love  
Forever  
And ever...

Seema Chowdhury

Seema Chowdhury

# A Source Of Gain

Consider your loss  
A source of gain  
Consider life's toss  
A source of fain  
And then you will  
Know how you can  
Easily kill  
The sorrow's plan  
And can see  
How on earth  
You can be  
Of any worth.

Seema mChowdhury

Seema Chowdhury

# A Source Of Hope

This world is nice with people like you  
Who make it nicer by things you do  
For every act of kindness that you show  
Helps to smother others life's flow  
And always with your thoughtful deed  
You come forward and plant a seed  
Which grows out and become a tree  
Where hope is allowed to roam all free  
And that's why I think you're a strong rope  
Who is really a true source of hope.

Seema Chowdhury

Seema Chowdhury

# A Source Of Wonder

This world is a toy  
That gives us joy  
And show us ways  
In all of our days  
To learn something new  
That brings happiness true  
For it is ofcourse  
A wonderful source  
To spread little smiles  
For all for a while.

Seema Chowdhury

# A Spark Of Life

You're the bright spark of my life  
With which i feel proud to survive

For you're my life's most important part  
And you have a special place in my heart

I remember the days we have spent together  
Like good friends when we always gathered

Rays of joy and hope of sunshine  
And always drunken the joy's wine

Sometimes I dearly miss all this  
And then ask God to send his bliss

And always keep you safe in his hand  
So you can live happily on this land.

Seema Chowdhury

# A Special Friend

May every step of your way  
Be smooth and sound I really pray  
So no glimpse or any blue  
Can come down to block your view  
I hope and wish may every dawn  
That appears may bring the morn  
Where bright sun shines on the sky  
And show you paths to success high  
And I wish all these things for you  
Because I care and that is true  
Because you are a special friend  
Whose care has no bound nor end.

Seema Chowdhury

Seema Chowdhury

# A Special Gift

It's a joyous call  
From us, Mom and Dad  
Who are blessed with  
A baby glad  
A gift for us  
was sent to this Earth  
From the gracious God  
At our son's birth  
Please send your love  
Your prayers and all  
For our little angel  
Our sweet baby small.

Congratulations sonia & Riyad bhai

Seema Chowdhury



# A Special Magic

When you are upset and sick at heart  
And everything feels falling apart

Then instead of feeling down indeed  
Look for the kind and a thoughtful deed

And use that very special magic  
that surely can overcome your tragic

And make all things seems worthwhile  
And share all your trouble's pile

And can bring you all kinds of peace  
That know how to overcome and cease

Your troubles and then bring you light  
And tell you the day ahead is bright

And let you sing hope's joyful song  
Which can help you when things go wrong

And that very special magic is smile  
Which make all things seems worthwhile.

Seema Chowdhury

# A Special Plan

Color your life with smiles and joy  
And learn more art to enjoy

For true picture of life is sad  
That makes you feel little bad

So follow through a special plan  
And learn to drive smile's van

And within life's circle try to find  
A happy period for heart and mind

And when you will do all this  
Then surely will fall God's bliss

And you'll find in your way  
Some more Joyous smile's day.

Seema Chowdhury

# A Special Prayer

Please God, let the opening lines  
Of my life's journey be extremely lucrative  
With lots of perk and smiles  
Where I realize that this is a terrific chance  
For me to believe in myself  
And feel the energetic shift  
In my mind and soul  
To maintain my commitment  
To be aware of my own existence,  
Sensation and thoughts.....

Please God, help me to end my struggle  
Between despair and hope  
And let me feel the smile and sparks  
That can set me free from the shackle  
Of continued pain and fear  
Where things are defined by moments  
And dreams are reflection of reality  
And when my journey leads me to destination  
I arrive without regrets and remorse  
wrapped carefully in the warmth of your love.....

Seema Chowdhury

# A Special Touch Of Kindness

The flower of kindness  
Can never die  
For its like a bird  
That can surely fly  
On life's sky  
Of love and hope  
Where no path  
Is made for mope  
So show it to  
All dear much  
For it surely gives  
A special touch  
That is remembered  
Warmly by all  
Like survival's path  
In life's hard walls.

Seema Chowdhury

# A Special Tree

Another day, another year  
Another reason, another care  
Another laugh, another cry  
Another tear of joy and some tries

Life gives us so many reasons  
To enjoy the beauty of all seasons  
For they all come and they all go  
And leave nostalgic memory's show

Where we all dare to dream  
And learn to enjoy happiness beam  
And look upon the horizon for hope  
And watch ideas turning into reality's cope

And then we start another day  
With hope and challenges that comes in our way  
And learn to jazz up our life  
By spreading happiness along the drive

And send each other the gift of love  
That is a blessing of heaven above  
And share all our smiles and tears  
And show them how much we care

For we are all branches of a special tree dear  
That holds us closely together with cheer  
And with compassion and everlasting love  
Bless our lives with prayers of heaven above.

Thanks for your support and for nurturing our souls with unconditional love.

Seema Chowdhury

# A Splendid Gift

Within the reach  
Of every hand  
God has kept  
Some splendid gifts  
That  
We've to discover  
And then own it  
As ours  
Today  
Tomorrow  
And always-  
To have a wonderful life  
Together.....

Seema Chowdhury

# A Story Behind A Story

As life's story takes a turn  
We see a new story  
Hiding behind another  
With some old patterns  
And some cheerful colors  
Of silent emotions...

Where no one can stop the clock  
Or even get more needed time  
To find the answers  
Of the inevitable questions  
Where sometimes eyes swim in tears  
And we feel emotionally abandoned  
And deeply hurt  
And cross happiness out of our lives...

But then all of a sudden this pattern breaks  
And outside the life's window  
We see a glimpse of brightness and soft light  
Beaming and gleaming on the long road ahead...

And we learn to unlock the gate of choices  
With mingled feelings  
And find the answers to share a bond  
Full of hope and and ideas  
To engulf the story behind the story  
And learn to smoothly run with the moving traffic  
Along the freeway of life.....

Seema Chowdhury

# A Story Without An End

Life is a story of agony and pain  
Where trouble's dropp like clouds of rain  
And fill our life's path and road  
with huge bar of sigh and load  
For life is like a merry go round  
In which at intervals, troubles are found  
With tons of pang and distress in the way  
That takes away brightness from our day  
For pain is a story without an end  
where life seems cracked and bent  
For it fills mist and fog in our lives  
with which we're all bound to survive.

Seema Chowdhury



# A Strange Things

The cycle of life  
Is very strange  
And it is very  
Hard to arrange  
For thousand of things  
Both good and bad  
Is waiting to appear  
Some painful, some glad  
Where every journey  
Of our life starts  
Right from the center  
Of our awful heart  
Where we are given  
A chance of dealing  
With a strange thing  
Known as FEELINGS  
that now I think  
Is a thing of pain  
that burns your soul  
And keeps away fain  
And forces you to  
Change your life  
For people around you  
With whom you survive.

Seema Chowdhury

# A Streak Of Good Luck

Good luck is a small word to say  
But it carries a huge world of meanings int he way  
Becaue it is the gift that can never be purchased  
Neither be bought, nor be replaced

So I wish may in lif whatever you do  
You never find any path blocked or blue  
And may everything that you ever say  
Be given to you from God's bliss way

For only people with determination my dear  
Are granted victories from ways taht're rare  
So never stop or think of taking any rest  
Just keep on going and try your best

And then leave the rest to your God  
Who'll doube your effort and will give you reward  
And will grant you whatever he thinks is best  
Not only in this but in both world's test.

Good Luck sabeen! ! !

Seema Chowdhury

# A String Of Blessings

I know you are always with me  
And that's why only on thee  
I lay my trust and I wish  
And hope for your love and bliss  
Dear God oh my sweet Lord  
Please give me a string of blessings rod

I love you God for all you do  
You always help me when I feel blue  
And you show me how to bear  
Life's hardships without any tear  
Dear God oh my sweet Lord  
Please give me a string of blessings rod

And I always have on you my faith  
Because you make me feel great  
And you always do nice things for me  
That's why I lay my trust on thee  
Dear God oh my sweet Lord  
Please give me a string of blessings rod.

Seema Chowdhury

Seema Chowdhury

# A String Of Pearls

Make a string of pearls  
With the beads of  
Sincerity  
Truth  
Trust  
Sacrifice  
And  
Love  
And give it to all to wear  
Because  
One size fits all.....

Seema Chowdhury

# A Sweet Fairy

A fairy sweet and a fairy bright  
Comes to us and bring us delight  
And shows us the way to heaven above  
Where God's blessings and God's love  
Is present and is ready to be bestowed  
And all prepared and saved to be towed  
By sinful and weak human beings  
Who are all very selfish and mean  
Oh God Oh my dear Lord  
Forgive us please even our odds

And God has created all these meadows  
Where we can sit under their shadows  
And watch bright sun at dusk and dawn  
And see night appearing and disappearing at dawn  
Oh God Oh our precious Lord  
Forgive us and please even our odd

And God is the one who sends us rain  
And the bright sunshine and with it rain  
And beautiful butterflies who brings for all  
A message of hope in our distress and fall  
Oh God Oh my dear Lord  
Forgive us and please even our odds.

Seema Chowdhury

# A Sweet Passion

Thinking of you  
Always gives me  
A new path to walk on  
And  
A new topic to talk about  
As it always leaves behind  
A treasure  
Of nice feelings  
And  
A sweet passion  
To be cherished  
And remembered.....

Seema Chowdhury

# A Sweet Surprise

Let sweet surprises  
Fill your day  
With love and joy  
In your way

And let it give  
You pain and pleasure  
That fills your life  
With happiness treasure

So spread your wings  
And try to gather  
And walk hand in hand  
With joy all together

And learn to live  
In each of your day  
With love and joy  
Throughout your way.

Seema Chowdhury

# A Symbol Of Happiness

Make up each day  
A day to be cherished  
And  
A day to be remembered  
As  
A symbol of happiness  
Where  
Everything be  
In a great shape  
That adds  
To your life's value.....  
Just change your attitude of mind  
And your view of life.....

Seema Chowdhury



# A Teller Of Tale

I'm the teller of this tale  
I'm the one who will unveil  
The secret layers that're deep  
That always make us weep  
I shouldn't say but it is true  
Life has hard and troubled views  
That never let me enter the gate  
Where I can find peace and faith  
Also I feel sometimes I am caught  
In breeze layers that are hot  
That always show me the end  
Where happiness' pace seems to bend  
But then all of a sudden dear  
From very far a voice I hear  
That tells me to come to him  
And promises to help with vim  
And that surely is God's voice  
That brings me mirth and rejoice  
And tells me to bravely let out  
All my troubles and my doubts  
And just to turn to my God  
Who loves me and is my Lord  
And then I forget all about my pain  
And again start enjoying blessing's rain.

Seema Chowdhury

# A Tender Prayer

Dear God please listen and gently hear  
Our humble and emotional prayers  
We don't have words to say today  
But you know what we want in our way

We want your love and your smile  
We wish to hold your hands all awhile  
And hope for us a better tomorrow  
That is free of all kinds of trouble and sorrow

God we need your blessings and your love  
And cool breeze of peace from heaven above  
And hope you can nourish our soul  
And protect us from the tears of dole

Please change our lives forever today  
Spread happiness and peace in our way  
And protect us with your kindness well  
So we can serenely in here dwell

And see your miracles unfolding nice  
And flow of your blessings twice  
With the stream of love, hope and faith  
Where easily we can enter in heaven's gate.

Seema Chowdhury

# A Thank You Message

Its nice to know very nice to know  
And for that toa ll I surely do owe  
A special thanks to all of you  
For showing your care in wonderous hues

So I wish may happiness stays at your door  
And bring you all life's joy and more  
Because thinking of you in every way  
Adds a sunshine to my rainy day

And I wish may flowery be the path where you walk  
And prayers door be open whenever you knock  
And wish that joy all surround you  
And show you miracles in different hues

Because thinking of you in every way  
Adds a sunshine to my rainy day  
So I want to thank to all of you  
For showing your care in wonderous hues

And I wish may your life have a sunny touch  
And that is what you deserve so much  
And for that to all I surely do owe  
Because you all care and that's nice to know.

Seema Chowdhury

# A Thankful Goodbye

Today I'm leaving so I want to say  
A thankful goodbye to you in the way  
Because I know I can never repay  
Your love and kindness that brightened my way

You gave me so much of everything  
I felt like a princess in the palace of a king  
Where only came the season of spring  
That made me feel happy and let my heart sing

You showed me beginning when I saw the end  
And straightened my life from places bend  
And played the role of both sister and a friend  
With whom I felt no need to pretend

So today I'm saying goodbye to you my sis  
I hope you must know how much I will miss  
Both Sarah and Danny who're gifts of bliss  
So I'm leaving them with my love and kiss.

Love You Baji! ! !

Seema Chowdhury

# A Thing Of Joy

A thing that is  
A source of joy  
A thing that gives  
A chance to enjoy

A thing that feels  
Good and nice  
Is all that I  
Wish you, dear twice

I hope may you  
Always see  
Something nice  
Reserved for thee

That surely gives  
You joy and mirth  
That makes all bright  
God's green earth.

Seema Chowdhury

# A Thought For Your Anniversary

Don't count your decade  
By the days that fade  
Don't count your years  
By the falling tears

Don't count your weeks  
By the days that were bleak  
Don't count your days  
By the trouble's ways

Instead count your decades  
By the things you have made  
Count your years  
By joys and cheers

Count your weeks  
When you helped out a meek  
And count your days  
By cheers and prayers

That was sent for both of you  
Along with God's love that is true  
Because you're starting another year  
Of peace and blessings, love and care.

Happy 4th Anniversary Sister

Seema Chowdhury

## A Thoughtful Message

The people who know how to share  
The people who know how to care  
The people who know how to give a smile  
And share others trouble's pile  
Are the real people who always deserve  
God's love 'n bliss of heaven above  
For in there way they always tell  
How much for others they wish well  
So for all those I wish and pray  
That may god always show them way  
That's filled with joy 'n the gift of love  
For those are the gifts of heaven above.

Seema Chowdhury

Seema Chowdhury

# A Tie Of Friendship

A friend is a treasure  
A friend is a pleasure  
A friend is a true gift  
That gives our life a lift  
For all our smiles  
And our trouble piles  
Are known to them  
And with prayer's hem  
They wish us well  
Wherever they dwell  
And that is why  
Friendship is a tie  
That give us pleasure  
That is a great treasure.

Seema Chowdhury



# A Tie Of Friendship And Love

Your warmth and affection is too much  
To provide me dear a healing touch  
Whenever I'm passing through a trial  
And need a nice encouraging smile

For your gentle words are the seeds  
On which all of your good deeds  
Flourish and provide me the shade  
Whenever I'm in need of an aid

And for that I can never repay  
For all nice things that you say  
That ties a bond of our friendship  
That is expensive than a goldship

On which the wealth of love is found  
That is rare on God's ground  
And that's why I say your love  
Is true gift of God's heaven above.

Seema Chowdhury

## A Time To Care

Lets take some time to show we care  
Lets come forward with others to share  
Their smiles and their pleasures 'n fain  
And all of their tears 'n pain  
Lets show others our feelings true  
Lets help them to smile in blue  
And tell others that in every way  
We want to share their thoughts grey  
For when someone is feeling bad  
And nothing is there to make them glad  
Then we should take some time to tell  
How much for them we wish all well  
And when for others we do all this  
Then God's neverending string of bliss  
Comes forward for us from above  
To show us God's all care and love.

Seema Chowdhury

Seema Chowdhury

# A Timeless Moment

A moment  
In which you wish  
For time  
To stop  
To cease  
To freeze  
To halt  
To pause  
And To stand still  
Is A timeless moment...  
In which you  
Wish to live  
All your joy's  
And All your life's happiness  
Without any fear...

Seema Chowdhury

Seema Chowdhury

# A Tiny Word

Good words are like a string of pearls  
That carries joy in all the curles

And bring to others to happiness door  
Marked with joy, care, fun and more

So try to say nice things to all  
Even if its a tiny word or small

For joy that will be left behind  
Will surely spread happiness all kind

So put nice words together my dear  
As it also shows how you care

And seek for hidden joy in curles  
For good words are like a string of pearls.

Seema Chowdhury

# A To Z Of Our Friendship

- A- You amaze me with lovely surprises
- B- You always believe in me
- C- Your friendship changed my life
- D- You deeply care about everything
- E- You encourage me to grow
- F- You are fun to be with
- G- You are gentle and kind
- H- Your hugs warm my heart
- I- You inspire me to see world differently
- J- You bring me smile of joy
- K- You keep my hope alive
- L- You always make me laugh
- M- You mend my broken heart
- N- Your good nature sweetens my life
- O- You open doors of opportunity for me
- P- Your presence brings me happiness
- Q- You quickly hold my hands when I need
- R- You are rare and precious
- S- You are the sunbeams of my life
- T- You wipe my falling tears
- U- You understand me when no one else does
- V- You value my feelings and care
- W- Your magical wand brings me joy
- X- You share my experience
- Y- You are the most important part of me
- Z- Your zest and love decorate my life.

Happy 16th Anniversary Sunny.  
Thanks for being my life partner & my best friend.

Seema Chowdhury

# A Token Of Affection

Affection is love, kindness and care  
Affection is precious and above all rare  
It brightens our very simple day  
And show more nice and new ways  
And tell that god has sent the gift  
To give this world a brighter lift  
Because it is what make us glad  
And change all things that're bad  
So that's why the most novel thing  
That keeps on moving in never ending ring  
That we can give to each other dear  
Is a rare token of affection and care.

Seema Chowdhury

Seema Chowdhury

# A Touch Of Encouragement

Every word of encouragement  
Is a blessing my dear  
It shows how well  
We're loved and taken care

For each stitch that we weave  
In the destiny of our lives  
Takes us closer  
To bitter reality that survive

For troubles will surely come  
Not to stay but to pass dear  
So we must learn to share  
How to show our love and care

And be the pillar of strength  
And the candle of faith and hope  
That can reflect the light  
And teaches to overcome and cope

For a touch of encouragement  
Is surely a magic true  
That can swap your tears  
With smiles and joys new

And can show you a path  
To walk and survive  
And pass life's test  
And learn the secret of your life.

Seema Chowdhury

# A Touch Of Hope

A touch of hope  
Is all  
That I want  
To  
Have the courage  
To live up to  
And  
Wish for tomorrow-

Where life is Now  
And I want to allow  
Good things to happen  
And raise positive vibration

And put a spring in my feet  
And take one step after another  
And embrace the challenges  
To enjoy  
The thrill of Achievement--

Seema Chowdhury



# A Touch Of Love

Give a touch of love  
In everything you do  
So you can always see  
And have a bright view  
Of never ending and long  
Days of our lives  
Where we all go  
To take the morning drive  
For love really blooms  
Like a flower  
That can take away  
All glooms with its power  
And make everything looks  
Very fresh and bright  
And very pleasing  
To our sight  
So give a touch of love  
In everything you do  
So you can always see  
And have a bright view.

Seema Chowdhury

# A Tragic Error

Why it always happens with me  
That whenever I wish to see  
A bright sunshine in my room  
I'm left with the thoughts in gloom?  
\Why it always happens with me  
That whenever I wish to be free  
Of the troubles that're grey  
I see it crawling in my way?  
\Why it always happens with me  
That whenever I wish to see  
Something nicer like a morn  
My dreams fall apart 'n are torn?  
\Why it always happens with me  
That whenever I wish to be free  
Of all my fears, doubts and terrors  
I end up with some tragic errors?

Seema Chowdhury

Seema Chowdhury

# A Trip

An enjoyable experience taht I ever had in life  
Was my trip to THANDIANI and its beautiful drive  
The roads of that place were very narrow  
So we drove very carefully by following the arrow

That place was full of grass taht're green  
That's why the spot is a perfect scene  
Along with thousands of small flowing streams  
That help in summer when weather is extreme

And the trees are huge with miles of shades  
That comes in handy and acts as an aid  
To all those birds who lie down there  
And other small animals who liove somewhere near

that place was calm and had serenity for treasure  
That brought me tons of happiness and pleasure  
And was open for all those who really adore  
And are always ready to see some more

So whenever I don't have anything to do  
I close my eyes and reacll all that view  
And thank God fro giving me this opportunity to see  
Nature's beauty without paying any fee.

Seema Chowdhury

# A True Wish Of Heart

A true wish plays an important part  
That comes right in from the heart

And say from us things we mean  
To say to others with interest and keen

For true wish can enrich ones life  
And brings happiness to all who survive

And be a friend forever in need  
And perform for others good deed

And surely that is all very true  
Specially when I'm talking about you.

Seema Chowdhury

# A Tune Of Joy

Humming a tune of joy can go  
A long way my dear so  
When you're down and feel upset  
Then don't ever in life let  
The burning candle of hope to die  
Or even a tear to dropp from the eye  
Just hang in there with a smile  
For it surely help to go for a while  
And wait 'n hope to see the spring  
Which has the power to soon bring  
Everything shine with sunshine bright  
And put it in their places right  
So for that what you have to do in pain  
Is to look for a tune of joy and fain.

Seema Chowdhury

Seema Chowdhury

# A Turning Point

Drink deep from your life's stream  
For the waves right now really seems  
Flowing smoothly in the sea very calm  
As if it was rubbing the balm  
On the injured portion of your life  
Which exist wherever happiness survive  
And is telling never to fall in gloom  
For one day flower of hope will bloom  
And will show you the path that's right  
That'll make you glow with happiness bright  
And then all your worries and pain  
Will be washed with life's joy 'n fain  
Because that'll be the turning point of life  
After which only happiness will survive.

Seema Chowdhury

Seema Chowdhury

# A Unique Bond

What a unique bond  
Gracious God has made dear  
What a lovely gift  
We have got of love and care

In the form of a Mother  
Who takes away our fear  
When we hear her comforting voice  
In life's troubled layers

For a mother is someone special  
Whose heart is filled with joy  
And lots of sympathy and pain  
And who constantly enjoy

Every act of her children  
And makes happy memories from them  
And always handle with love  
And blessings of God's gem

And she is the one who shows  
A window into a closed door  
And digs for hope and smile  
And the joy that is in fate's store

And she is the flower of love  
From where flows honey and sweet  
And she nourishes our lives  
With her love, that's a special treat.

Happy 74th Birthday Mom & I love You! ! !

Seema Chowdhury

# A Unique Chapter

Your entrance in my life  
Was such a pleasant surprise  
And  
Such a wonderful treat  
That now  
I recall it all  
As  
A precious gift  
In my life's story  
Under a heading of  
A unique chapter...

Seema Chowdhury

Seema Chowdhury



# A Valid Bond

Look for the best in others  
And try to always gather

The best you can ever get  
In life's way that is set

For marriage is a bond hard  
That comes in a pre written card

And shows you a path so strong  
To walk on dear that is long

So learn to walk on it  
With the pleasure's kit

And look at the brighter side  
Of life's area that is wide

Because this bond unites two  
In a valid and strong love's hue.

Happy Anniversary Sadaf & Rashid Bhai

Seema Chowdhury

# A Valuable Friendship

Road feels rough  
And life seems tough  
If no friends we meet  
In life's way to greet  
With a cherry smile  
Who walks with us for miles  
For with a friend's love  
life banishes hard curve  
And fill it with sunshine  
For all with joyous wine.

Seema Chowdhury

# A Very Special Memory

Whenever I think of you my dear  
A very special memory comes that I share

With my thoughts all hidden in my mind  
That are all very nice and kind

I really don't find words to tell  
How very much I wish you well

And all nice things that I wish  
For you my dear, my loving sis

I hope and pray wherever you go  
May victories accompany you in life's row

And may all that you wish my dear  
Be given to you through the years.

Love You Shanno! ! !

Seema Chowdhury

# A Vision

Just now  
A vision flashed  
Across my mind  
Showing me so much  
In a moment or two  
And  
Then  
In a blink of an eye  
It disappeared  
Leaving  
Everything in mystery and silence.....  
Is this what life is all about? ? ? ?

Seema Chowdhury

# A Vivid Dream

A vivid dream  
In which I saw  
On the shinny sand  
A reflection  
A shadow  
A remnant...  
It was vague  
It was ambiguous  
It was a hazy shadow  
Which was stuck  
In the chain of loneliness  
In the rope of seclusion  
And  
In the cuffs of pain's core  
But  
When I went near  
I just saw  
A piece of broken mirror  
Reflecting my life's story.....

Seema Chowdhury

# A Voice From The Past

A voice that always comes from the past  
A voice that echos in this world vast  
A voice that always tells me dear  
To be happy in this nice world's care  
Is surely the very precious voice  
That reminds me to be happy 'n rejoice  
And enjoy every moment of it  
That comes in this magical kit  
Because we have to carve out a life  
And must learn with them to survive  
Because life is going in only one lane  
Where time never ever comes back again.

Seema Chowdhury

Seema Chowdhury

# A Walk In The Woods

I wish I can take  
A walk in the woods  
And there I can  
Take off trouble's hood  
And cry there a lot  
Where i'm alone  
Where no one is present  
To share my mourn  
So on my return  
From the woods  
I feel free of  
All trouble's hood.

Seema Chowdhury

Seema Chowdhury

# A Warm Hello

A warm hello is sent your way  
To brighten your heart and your day  
And to tell someone cares for you  
Who is sending wishes that are true

A warm hello is sent your way  
To brighten your heart and your day  
And to tell you're a very nice sis  
Who knows how to bring the blessing's bliss

A warm hello is sent your way  
To brighten your heart and your day  
And to tell surely you are the one  
Who deserves most of life's joy and fun

A warm hello is sent your way  
To brighten your hearts and your day  
And to tell this is just a token of love  
That is sent with many wishes and love.

Love You Sumbul Apa

Seema Chowdhury



# A Warm Smile

I wish if more words I can find  
To convey my feelings that're all kind  
And tell how much I wish you well  
And hope for happiness where you dwell  
But it is not always that easy to find  
The right word that is of such a kind  
That it can easily for me convey  
Everything else that I wish to say  
So now what I can do for a while  
Is to welcome you with a warm smile  
And hope that may in your way  
Only joys will come to forever stay.

Seema Chowdhury

Seema Chowdhury

# A Wave Of Optimism

Let  
The rising waves  
of optimism  
To float  
Sail  
Swim  
Dive  
Wade  
And  
To hug the shore  
With  
A tranquilized Motion.....

And let all  
Get the splash  
And feel the freshness  
And surf in this wave  
Without any worry  
And without any stress.....

Because  
Life is very hard  
At times  
And  
It becomes difficult  
To hold our tears back.....

Seema Chowdhury

# A Way Of Seeing

Sorrows and joys  
Play a part  
Very important  
In our heart  
For they bring us  
Smiles and tears  
And also pain  
That we bear  
so always remember  
Its just a way  
In which we see  
Our each day  
Because there are present  
Joys and sorrows  
In each of our  
Today and tomorrow.

Seema Chowdhury

# A Way To Cheer

New doors will open today  
If only in your way  
You will learn to smile  
And pass trouble's pile  
By seeking god's bliss  
In all trouble's miss  
For no one can dear  
Show you way of cheer  
To start all over again  
And get rid of pain  
So just hang in there  
And believe that my dear  
New doors will open today  
To brighten your life's way  
If you'll learn to smile  
And pass your trouble's pile.

Seema Chowdhury

Seema Chowdhury

# A Way To Destiny

Find a way through life  
And learn how to survive  
When things are going wrong  
And there's no glimpse of a morn  
For destiny is right now far  
And till then there are  
Many hardships to face  
And many pang's way to trace  
So learn to bear the pain  
Without any words of complain  
And find a way to destiny  
Without any thoughts uncanny.

Seema Chowdhury

# A Way To Get To Peace

If you think you're afflicted with trouble and pain  
And you feel that you're stuck in that chain  
And don't know a better way to gain  
A way out of the troubles which pour like rain

So there instead of feeling gloomy and sad  
And inside of you feeling gloomy and mad  
you should think of things that'll make you glad  
And can bring you peace to change all bad

So whenever in your life you feel mopsy and blue  
And think you need a word that is surely true  
you should knock at the door of prayers and view  
And you'll certainly find Godd waiting for you

And another way to get to peace my dear  
Is by letting go of worldly things you have here  
And by keeping all promises that you made all year  
And then you'll feel safe in Lord's loving care.

Seema Chowdhury

# A Way To Win

Our special dreams  
That we build  
Are usually by  
Hard waves killed  
The hard waves of  
Troubles strong  
That makes everything  
Feels so wrong  
I don't know why  
It happens dear  
That we feel  
That no one cares  
And then nothing  
But broken dreams  
Are left for us  
In stress extreme.

Seema Chowdhury

Seema Chowdhury

# A Way To Your Dream

Find a way to get to your dream  
And walk away from negativity  
Follow the right direction  
In this precious moment of time  
And if time stands still for a while  
But you don't understand why  
Then don't ever give up  
Just let go of that moment.....

Don't trade one pain for another  
Pick up scattered pieces of life  
See the world of possibilities  
And find a way to get to your dream  
For life has many obstacles  
So try to overcome them one by one  
And access your life with positive energy  
To support and get against trouble's waves.....

Create a happy life for yourself  
And believe in miracles and faith  
If you are afraid just pray humbly  
And know God listens to your prayers  
So have an interesting talk with Him  
To gain your voice and sincere desires  
For only He can break stubborn barriers  
And help you in your struggles of life...

Seema Chowdhury



# A Wedding Prayers

A special binding of love and care  
In an unbreakable cord that is rare  
Is what is all that marriage is about  
That doesn't yield any mistrust and doubt

Dear friend I hope you must know  
One thing that both of you must owe  
To each other is the bliss of love  
In life's both harsh and smooth curve

So you must hold hands in hands  
And cross fairly all dales and sands  
And promise that after wearing the ring  
You'll spend together all autumns and springs

And will try to find life's small gifts  
Of joy and hope that're needed to uplift  
Both of you in your periods of trial  
With just a little miracle of laugh and smile

So always do your best and try  
To smile even in the period of sigh  
Because dear today you're buying a rare  
Investment with a hope of love and care.

Seema Chowdhury

# A Wide Spread Delight

You're a source of joy to my sight  
And everything in your presence seems bright  
For your smile brings a wide spread delight  
And make everything looks all right  
And that's why whenever I look at you  
I feel your presence like a dew  
That faintly dance on the edge of life  
And teaches everyone the art to drive  
The wheels of life with the time  
And make everything with happiness shine  
And that's why today I wish for you  
All life's joys that're nice and true.

Seema Chowdhury

Seema Chowdhury

# A Winter Smile

The first icy mist of morning covered the land  
With foggy, hazy, vague and blur memories of the Autumn  
Where silence is deafening  
And winter frost are chilly and deep.....

where vale of grief is lonely  
And frost wind of mid winter looks cold and gray  
And freshly fallen snow  
Warms up the nostalgic memories.....

Where imagination helps to add a tint and a shade of life  
And show the color of miracles on the garden covered with snow  
And springs the hope in our hearts and souls  
To bring us a whisper of joy and a winter smile.....

And all this takes us on the momentary trip  
Of an emotional journey of life  
Where we can hear the echo and sounds of silence  
And a hand full of memories from the gray and frosty winter mist.....

Seema Chowdhury  
23rd Nov,2010

Seema Chowdhury

# A Wish For 1995

May the year that is about to start  
Bring you things dearer to your heart  
And may each day of the new year  
Be filled with joy, love and cheer

Special greetings is sent on its way  
With hopeful wishes for a perfect day  
A day in which you will find  
All things that are nice and kind

And on the arrival of the new year  
I wish you will be of fear  
And all your hopes be filled with love  
That is a gift of heaven above

And may you find each new day  
Loaded with joy and fun in your way  
And may God always bless your heart  
As new year is just about to start.

Happy New Year! ! !

Seema Chowdhury

# A Wish For Our Anniversary

I want masterkey to the door of love  
And a sky where peacefully flies Dove  
where I can walk with a carefree heart  
And gives happiness a pleasant start  
I want to enter through the door  
Where love, care, smiles and more  
Are waiting to there greet my soul  
And take away my pain and dole  
I want sun to shine very bright  
And bring me back life's delight  
And wish to have Sunny by my side  
When I'm walking through trouble's wide  
And today for us its a special day  
I hope flowery be our life's way  
Where endless flowers bloom in light  
And makes life's journey pleasant and bright.

Seema Chowdhury

# A Wish For You

Evening stars  
Of the setting day  
May always bring  
In your way  
Joy and happiness  
And faint's ray  
This is my wish  
For your day  
And may morn  
That appears  
Brings you tons  
And tons of cheer  
And may it  
Always clear  
All your troubles  
Or any fear  
This is my wish  
For your day  
That is here  
To brighten your way.

Seema Chowdhury

# A Wish For You Dear

I wish you a life that is fair  
And is also full of cheer  
Where only smiles appear  
And show you no glimpse of a tear  
And I hope you get a big share  
Of happiness and joy and cheer  
Because for you I surely care  
And for me you are very dear.

Seema Chowdhury

# A Wish From The Heart

A wish that comes from the heart  
A wish that gives a brighter start  
A wish that is full of love and care  
Is what I wish for you my dear  
I'm glad I met you as a friend  
And found an endless sincerity end  
Where at every interval I always see  
A caring friend just for me  
And I know whenever life seems fade  
And I need a cooling and a caring shade  
I can turn round and look at you  
For you are a friend who is sincere and true.

THANKS FOR BEING A FRIEND SUNNY! ! !

Seema Chowdhury



# A Wishful Goodbye

May life be always good to you  
Where no glimpse of any pain's view  
Is ever given or shown my dear  
To dull your nights or days layer

I wish you luck, I wish you joy  
I wish may nice things you enjoy  
Be given and shown in your way  
To brighten your whole life's day

And remember that life is like a flower  
That blooms and has beauty and power  
That is not very long lived dear  
So be always good and take good care

Of each moment that is given to you  
And spread happiness that is true  
And know that these by gone days  
Will never come back to brighten your ways.

Seema Chowdhury

# A Wishful Thinking

God gave me a son  
In the form of you  
That's why I wish  
And that is true

All nice things  
To pass by your way  
And bring you happiness  
For your day

Because my dear  
And my love  
Whatever is best  
You really deserve

As you are very  
Special for me  
And that's why I'm sending  
These wishes for thee.

Love You Danny Raja! ! !

Seema Chowdhury

# A Wonderful Day

I hope and wish a day for you  
That's filled with bright sunshine hue

Where happiness steps in the way  
To show you a wonderful day

Where everything is shining bright  
And brings pleasure to your sight

So you can enjoy it in your way  
And celebrate your very special day

And today for you I sincerely wish  
A life under God's shadow of bliss

Where happiness steps in the way  
To show you a wonderful day.

Happy Birthday Sunny

Seema Chowdhury

# A Wonderful Time

Make each day  
In your way  
Filled with fun  
And make it one  
Of such a kind  
That in bind  
Of life's rhyme  
And in time  
It looks wonderful  
And it let you pull  
The string of joy  
To let you enjoy  
And show you ways  
Of joy's days.

Seema Chowdhury

Seema Chowdhury

# A Word Of Encouragement

Remember that no one can  
Hold long a candle for you  
You must knock on another  
If one door is closed to you  
Just always keep thinking positive  
As it is the only seed  
Which quickly and quietly  
Devours the dreadful weed  
The dreadful weed that  
Grows all around your way  
And block the view that  
Let your hope sways  
So never just sit back  
Try hard to understand  
The things that bring you joy  
Are in your own hand  
So whenever you feel down  
Or things seem going slow  
Just look at the bright side  
And try to catch the flow  
And find a word of encouragement  
That can burn a candle for you  
And show you another door  
If one is closed for you.

Seema Chowdhury

# A Word Truth

The words of glory and the words of wisdom  
On God's very huge and bright kingdom  
Are the nice and good things we say  
To brighten others hadr and harsh day

Sometimes we mean nice things to say  
To others in our unpretentious ways  
But due to the difference in our thinking's way  
Our feelings to others are not correctly conveyed

So the best stone that we must lay  
Is to do our best and to truly try  
To sit together for a little while  
And end this quarrel on a friendly smile

And today I realized I misunderstood your acts  
Your words and ways and all other facts  
So now I want to put an end to this all  
On a warm smile and a friendly call.

Seema Chowdhury

# A World Of Dream

In the world of dreams  
I always see  
So much fun  
And joy for me  
Where are present  
The gifts of hope  
And peace my dear  
So no one there mope  
And that's why I feel  
Very happy to go  
In the world of dreams  
When I feel low  
Because there always  
I feel trouble free  
As all kinds of trouble  
Disappears before me.

Seema Chowdhury

Seema Chowdhury

# A World Of Winners

I wish  
If I can find the path  
To walk on  
So it can take me  
To the pave  
Which can lead me  
To the  
World of winners  
And  
Crowned.....

And I know  
I can find it  
But for that  
I have to work hard  
And look for the  
Hidden opportunities  
And  
Have to learn  
To lit my candle of hope.....

Seema Chowdhury



# A Worthwhile Message

Smile and give others your smile  
And spread its joy for over miles  
And give it to all my dear  
For whom you have love and care  
And see what else you can do  
To take away bad that makes you blue  
And how can you show them sights  
That are all pleasing and bright  
And give your love to all who deserve  
And surely want your sincere love  
And do it all with a warm smile  
As smile makes things worthwhile.

Seema Chowdhury

# A Wrong Thought

I thought  
We were moving  
To the same rhythm  
To the same song  
To the same drum  
To the same beat  
To the same echo  
But  
Today  
For the first time  
I realized  
How wrong I was.....  
I was living  
In my dream world  
Where nothing was  
A reality....

Seema Chowdhury

# About The Loss

Sometimes  
Life takes unexpected turns  
Leaving us all  
In the mid of  
Misty situations  
Where  
Cool breeze of events  
leave us alone  
And  
Chill us into silence  
And there  
We are not even allowed  
To  
Breathe a word  
About our loss.

Seema Chowdhury

# About The Tomorrow

Don't worry so much about the tomorrow  
For life doesn't only show you sorrow

So be happy and try to forget  
All bad things in your life you have met

For good and bad and all kind of things  
Come rushing towards you in a ring

So try to pick and avail these chance  
And see how joy can be bought in advance

For once if you'll learn to handle with care  
All sorts of trouble and distress my dear

Then you'll know that life not only show you sorrow  
But there're chances of some nice and bright tomorrow.

Seema Chowdhury

# Abrupt Answers

I find myself  
Once again lost  
In such a small amount of time  
In the emotional journey  
Asking simple questions  
Where I feel and see for myself  
High expectations spilling out  
With my tears of surprise  
And  
Returning to me with  
Incomplete and abrupt answers  
Of unchanged life.....

Seema Chowdhury

# Absorb Colors

learn to interpret  
And absorb  
Each color of your life  
For these unarranged strokes  
Of  
Passionate red  
Soothing blue  
Fantastic white  
Lively yellow  
Heavenly green  
And  
Dull grey  
Are all the gifts  
Given to us  
Unasked  
By our Lord  
Who knows  
And wants us to learn  
Life's realities  
Slowly  
Bit by bit-  
And wishes us to absorb  
Them in us  
And us in them.....

Seema Chowdhury

# Accept Aid Of Joy

Accept the aid of  
Happiness and joy  
Fain and cheer  
And  
Brighten up your world  
So even in pitch dark  
You can begin  
Your day  
With  
Brightness  
And lots of hope.....

For life is  
A constant play  
Of  
Dark and light  
Dull and bright  
Tears and smiles  
And  
Joys and trials  
And  
Often we need  
Divine spark to lit  
Our lives  
And our souls.....

Seema Chowdhury

# Accept Life

Learn  
To accept life  
Without  
protest  
contradiction  
Disagreement  
And  
Hate  
Or else  
Your life will  
Dip you in sorrow  
And  
it will start  
An endless series  
Of depression for you.....

Seema Chowdhury



# Accept The Truth

In the high way of life  
Distinguish goods from evils  
For this never ending toil  
Will make angels or devils  
And in the scaling of night  
And in the growing light  
Learn to do worthy things  
That're admirable and right  
That can show you a promise of hope  
And can lead your life's way  
Towards optimistic spirit  
To end your darkest day  
And this is what will help  
You to keep up with it  
And clear away cloud's doubt  
With the veils of times bit  
Where it uncovers from the face  
Of harsh realities of bitter life  
Where you've to accept it all  
These truths that here survive.

Seema Chowdhury

# Acquire Knowledge

Something taht we all should try  
Before we grow old and die  
Is to aim for things taht're high  
And drink knowledge's water before its dry  
So never let time pass you by  
Achieve your goals before you die

Not now but may be after a while  
You'll feel left out in life's dial  
And then you'll be stuck in a trial  
And not find a thing to make you smile  
So before all this goes another mile  
Achieve sucess in your own style

And be friends with all who adore  
And are ready to always look for more  
And wait to enter at knowledge's door  
And never feel tired or even a bore  
And whatever lesson we learn try to store  
In success and knowledge and even more

So if we want name and fame  
Then must do our best to get to own aim  
And try our luck in life's game  
Then we'll get all rights to claim  
And be with those who are in lane  
To get in life the best of fame and name

What I mean by this oh my dear  
Is that education is a gem taht's rare  
So we must always share  
Our knowledge with others who're near  
Because time is alos precious and rare  
And wastage of it won't be fair.

Seema Chowdhury

# Act On Your Dreams

For they can take you far  
In the world of joys  
Where shining bright stars  
Are all waiting for you  
To show you life's days  
That are coloured with  
Bright hues in your ways  
So firmly cling on  
To your dreams of the star  
For they can surely dear  
Take you in life far.

Seema Chowdhury

Seema Chowdhury

# Act On Your Thoughts

Act on your thoughts  
And on your dreams  
Before  
It gets buried  
Under  
The high waves  
Of  
Displeasure  
And  
Resentments...  
For  
Sometimes in life  
We have to wait  
Until  
Eternity  
Without  
Any thought of receiving...

Seema Chowdhury

Seema Chowdhury

# Add Colors In Life

Add colors of giggles and laughter  
And be the reason of someone's smile  
Rule your world and find yourself  
Blend happiness and cheer for a while

Make things beautiful and amazing dear  
And learn to fix faults of your life  
So you can find direction of your dream  
To follow right path and happily survive

Look forward to what is coming next  
And work on to purify your soul and heart  
Be true follower of kindness and joy  
And decorates life with hope's art

Find right path in the darkest of time  
And throw away moments of agony and pain  
To welcome inspiring words and deeds  
And protect withering words with joy and faith

Just let go of what you can't change  
And design your life with enrichment delight  
Fill your heart with compassion and cheer  
And be the source of kindness right

So add colors of giggles and laughter dear  
And be the reason of someone's smile today  
Rule your world and find your true self  
To blend happiness in life's long way.

Seema Chowdhury

# Additional Pain

God tell me why  
I feel so bad  
God tell me why  
Nothing feels glad

Why I only see  
Troubles and pain  
And loads and loads of  
Losses after gain

God please give me  
Peace of mind  
God please bring me  
Serenity of a kind

Where I can convince  
Myself to survive  
Even in the middle of  
Additional pain's drive

I feel all alone  
I feel all lost  
In this frenzy world  
That doesn't pay the cost

To any feelings of joy  
To any feelings of pain  
Where everything only begins  
And always ends in pain

God please my beloved God  
Don't think it is odd  
If I ask you today to end  
My sufferings and pain's bend

Because I'm tired and blue  
And wants to see joy's hue  
And strength to survive  
In this additional pain's life.

Seema Chowdhury

# Adopt A Cheerful Attitude

Adopt cheerful attitude my dear  
For it shows how much you care  
And brings sunshine in a rainy day  
And spread happiness for all in a way  
So smile, laugh and roam around  
And think of ways to make god's ground  
A place where everyone forget  
Bad luck they have ever met  
And sing along life a happy song  
That can turn to right when things're wrong  
And for that adopt a cheerful attitude dear  
Because it shows how much you care.

Seema Chowdhury

Seema Chowdhury



## After A Long Day...

After a long day  
I wish to relax and unwind  
And get away from the pressure  
Of everyday tedious life  
So I can calm my restless soul  
With encouraging lessons and words  
And hush the voices of  
Concerning echoes in my mind

After a long day  
I want to enjoy fully  
Moments of peace and serenity  
And absorb the warmth of care  
So I can unburden my agitated spirit  
And build enough stamina  
To finally reach the finish line  
On this narrow path called life

After a long day  
I don't want to feel burdened  
By mishaps and mistakes  
But I wish to gather positive words  
And emotional strength to capture  
The beauty and purity of the moments  
And build the blocks of hope  
To pass through hurdles and unwind...

Seema Chowdhury

# After Rain Shower

The sky and the dews  
The flowers and their views  
The grass that is green  
And things all unseen  
Appears fresh 'n bright  
And gives away light  
After taking shower  
And gaining glow's power  
From standing in the rain  
That washes away pain  
For rain cleans all  
Dust big and small  
That hazens joys view  
Of sky and the dews.

Seema Chowdhury

Seema Chowdhury

# After The Dark

After the dark  
Comes the dawn  
After the night  
Comes the morn  
After the pain  
Comes the rain  
That brightens the sky  
With rainbow high  
Which lightens with hue  
All the muddy views  
And clear the clouds  
That're creating the doubt  
And glows the candle  
Of courage to handle  
All troubles and cope  
With them with hope  
And know that soon  
Will appear the noon  
Where after the dark  
Always come the dawn  
And after the night  
Comes the morn.

Seema Chowdhury

## After The....

Morn appears when night ends  
Smooth is the surface after the bend  
So never lose hope, always smile  
For all troubles are just for a while

And rainbow appears after the rain  
And sun shines to end the pain  
So never lose hope always smile  
And know troubles are for a while

And know that this is the trend  
That joy is attached with pain's end  
So why lose hope and not smile  
When we know its for a while

Because this world is a looking glass  
Where joy's flower and trouble's grass  
Both are present but just for a while  
So why not when in trouble smile? ? ?

Seema Chowdhury

# Again Silence

Only if I can understand  
The sweetness of the sound  
That is spread up and down  
All over and all around

I don't know what to do  
I don't have a thing to say  
I wish my silence can get  
Again silence to hear today

For my eyes are filled with tears  
And heart is filled with pain  
That I cannot show to others  
For it will all be in vain.

Seema Chowdhury

# Against The Tide Of Time

Like sand castles on the beach  
Our dreams also perish  
Against the tide of time  
Where we see  
The emptiness of the woven twigs  
And unpleasant thought, fear and anger  
Holding on and crushing us  
Under the heavy burden  
Of emotional baggage  
We see our own life's pattern  
With mysterious dimensions  
In hectic and uncertain world  
And then we have to get through  
Life's hardest journey  
With untrodden depths of the wilderness  
Where world seemed to be silently observing  
And stepping out from behind the shadow  
Of suffering,  
Bitterness,  
Hostility,  
Tough times,  
And tangled web.....

Seema Chowdhury

# Age Of Sorrow

In times of danger  
in times of trial  
What you need  
Is a courageous smile  
And a thought  
That is bright  
That can bring  
You hope's light  
And know that dear  
That the age of sorrow  
Is surely short  
And will disappear tomorrow  
And then once again  
Will come the fain  
With love and cares joy  
To shunt the pain.

Seema Chowdhury

# Ahead Of Time

I wish I can learn to walk  
Ahead of time  
So without  
Doubts  
And fear  
I can make my decision  
After knowing  
Their consequences  
Ahead of time.....

But it is a silly wish  
That is not possible  
In this river of no return  
Where  
Each day should be greeted  
As and when  
It comes.....

Seema Chowdhury



# Aim For The Stars

Aiming for the stars  
That're twinkling far  
Is a job great  
When done with faith

For very few time  
In life's rhyme  
We are given choice  
To again rejoice

So whenever you  
Get such view  
Then go ahead and see  
What can thee

Do to reach  
Without any breach  
Of promise you had made  
In life through wade.

Seema Chowdhury

# All Alone

calm waves rising in the sea  
Are trying to reach towards me  
To ask why I'm walking all alone  
Quietly in the silence zone

Where no one understood what I said  
Neither the meanings of the tears I shed  
For I was walking all alone  
Slowly in the muteness zone

Where traces of the previous leads  
Were blocking the growth of happiness seed  
Because I was walking all alone  
Quietly in the quietness zone

Where no one knew what I went through  
Neither they questioned my silence hue  
So that's why I walked there all alone  
Slowly alone in the speechless zone.

Seema Chowdhury

# All I Need To Know

What,  
When,  
Why  
And How? ? ?  
Is all what I need to know  
To sort out  
My messy life  
And  
To Find my way  
Through it.....

I feel like  
My life's vessel is sinking  
And  
Empty flashes are appearing  
And in this deepest time of despair  
I find myself in pang and tears  
And  
My soul is flodded with darkness  
And more negative thoughts  
Are pouring in  
And one tragedy is followed by another.....

God I need you.....  
Please hold me  
And help me to walk out of this  
With a warm glow of Hope and Faith--

Seema Chowdhury

# All Knowing God

Believe in the unseen  
Have faith in your God  
Who loves you no doubt  
In phases even and odd

And He is there for you  
And He breaks the seal  
And uncovers the hidden truth  
Before your eyes in deals

And He is the only one  
Who helps through the signs  
By sending His gracious mercy  
In layers deep and fine

And He is the all knowing God  
Who stops us from going astray  
By guiding us throughout  
In life's fair and ugly days

And that's why I wish  
To give my thanks to Him  
With whom my life is stitched  
With His love, trust and vim.

Seema Chowdhury  
2006

Seema Chowdhury

# All My Life

All my life  
I have seen  
A ruthless  
And revengful soul  
wandering around me  
But  
Today to my utmost surprise  
I figured  
That it was nothing  
But  
Reflection of  
My angry soul  
And  
Frozen shell in which  
My wishes were locked  
And peace was shut.....

Seema Chowdhury

# All Seeing God

Keep your eyes open  
And listen to the reply  
That comes from Almighty God  
Who give answers of the WHY

Just know that he is there  
And he is your all seeing God  
Who knows what is happening  
In your life as he is the Lord

He knows and sees what causes  
Pain and hurt in your life  
He sees how you react  
When sadness in you survive

Just put your faith in him  
And God will soothe your pain  
And he will bring you peace and joy  
When you feel insane

And he'll do it all for you  
before the end of the day  
And he'll fill with love  
All your words and your ways

And he'll bring you luck  
To swap pain with peace dear  
And show you the right path  
And wipe off all your fears.

Seema Chowdhury

# All The Best

All the best I wish for you  
All the best that is true  
Is what I hope you will get  
In the time of life's dry or wet  
I hope you will be the one  
With whom always things will be done  
In the sequence in which you wish  
With the strong string of God's bliss  
And that's why I wish for you  
All the best that is true.

Seema Chowdhury

# Allow Inner Voice

Allow your inner voice to guide you  
During your quiet moment  
And hope to see better times on the horizon

Remember that nothing lasts forever  
In this wicked world  
So slow down when you are inflicted with  
Constant and deep pain

Search for a perfect moment  
And sit in the shade of a fine day  
Because there is more to life

Always remember that if you stay calm  
In the face of frustration  
You will find joy of external peace  
And learn to walk out of that deep dark hole  
Into the sunshine

To strengthen your hope  
And get a sense of control  
To play the waiting game  
When the time is right.....

Seema Chowdhury



# Allow Yourself

Allow yourself to cry  
Allow yourself to ask why  
Allow yourself to rest  
In the mid of this on going test  
For life is tough and hard  
Where the pre written card  
Known as your luck and fate  
Comes to you through trouble's gate  
So do not be too hard on you  
And try to stay away from blues  
And try to look for the door  
from where happiness floor  
Can be seen easily at the bend  
Before life declares its end.

Seema Chowdhury

# Alone With Thoughts

When sun goes down  
With its ray  
And leave the sky  
Lookinmg tired and gray  
And you feel all  
Down and blue  
And see nothing  
Good to view  
Then sit down there  
Alone with your thoughts  
And try to collect  
What that day has brought  
And then surely  
You'll find something  
To look and praise  
In the days ring  
And then no more  
You'll feel down  
Neither things will look  
So much grey and brown.

Seema Chowdhury

## Along Life's Snow Lit Path

As I was walking on the new fallen snow  
Along life's snow lit path  
I saw astonishing cluster of branches  
Dusted magnificently with the sparkling snow  
Where streaks of sunlight  
Were peeping between the barren trees  
Over looking peace and serenity

As I paused along the path for a moment  
I felt the beaming sun reflecting smiles  
Playing wholeheartedly holding my gaze  
And engaging in a playful conversation  
Showing me the glittering snow  
Like a flickering candle

It cleared my vision  
And extended a shadow along the path  
Reminding me to enjoy beauty  
That comes across in everyday life  
And to cover life's tracks with  
Happy memories and amazing moments  
And to walk happily on the fresh fallen snow...

Seema Chowdhury

# Along The Endless Road Of Life

Time eludes us  
So live a beautiful life  
And start a journey  
Where we don't sacrifice our happiness.....

Continue making changes  
And take small steps towards courage  
And follow our own path  
Which leads us to love and dream.....

Deal with life's tricky situation  
And listen to that small voice  
That colors and lifts our spirit  
Amid the raging internal storm.....

Pour hope into our soul  
And be alive in the moment  
With the sparkle of joy and cheer  
For we only have one life to live.....

And recover the magic  
And swim in the pool of imagination  
And walk happily  
Along the endless road of life.....

Happy Birthday.

Seema Chowdhury

# Along The Way Of Life

A wish you meet  
Happiness scheme  
And in it see  
Joy's flowing scheme  
So there you can  
Built in the day  
The zone of peace  
Along your way  
Where the wind  
Of trouble cease  
And where joy all  
Just seems to freeze.

Seema Chowdhury

# Along The Way.....

Along the way.....

- A- Accept your fate and move on
- B- Bring an end to the days of fear
- C- Celebrate miracles that appear in your life
- D- Don't harbor resentment and anger
- E- Explore life's highway and enjoy the ride
- F - Follow your heart and feel the sun
- G - Give a goodbye hug and a warm smile
- H - Hold the ladder and climb up to the top
- I - Impose a rhythm upon everything and sing
- J - Jump with joy and bring happiness
- K - Keep your face towards the sun and enjoy
- L - Live from inside out to live life to the fullest
- M - Make up for the smiles you forgot to smile
- N - Negotiate with troubles and choose life
- O - Open your heart and be grateful for everything
- P - Put your beautiful dreams into reality
- Q - Quit being sad and heal your wounds
- R - Reflect upon your life and richest experience
- S - Surround your life with people you love
- T - Try to reclaim your life and find your voice
- U - Understand and create a life map to follow
- V - Visit pleasant places and thoughts in your mind
- W - Win people's heart and don't give up easily
- X - eXcuse yourself from fear and clouds of doubt
- Y - Yell cheerfully and loudly for innate fun
- Z - Zap with faith and bring a lot of hope

Happy New Year and keep smiling :)

Seema Chowdhury

# Always Dream Big

Let the stream of light flow  
To brighten your life  
And give you courage to dream big  
And believe in the beauty of it

Take big steps to expand your happiness  
And let inspiring thoughts sparkle with faith  
So do not miss a chance to jump hurdles  
And be the winner in life

And as you begin your dream journey  
Just pause and ponder for a few moments  
Then follow the bright day light  
And gaze skywards to add perspective in life

Turn your face to the sun and absorb it  
And be grateful for the warmth and energy  
And take time to meditate and pray  
So you can focus on the spiritual moments

And when it is dark enough  
Remember you will see the sparkling stars  
And when you will silently reflect on them  
You will find a wave to chase and conquer your dream.

Happy 16th Birthday Samia Baby Doll.  
We love you very much.

Seema Chowdhury

# Amazing Life

With hopes and fears I started my day  
With lot of happenings in my way  
Where I shared my secret thoughts with God  
Who is my only only friend and my Lord

I babbled and mumbles at the strange marks  
And whispered in God's ears in the dark  
And shed tears of joy and some pain  
And resent those moments that were vain

I asked dear Lord to fulfill my dreams  
I requested Him to show me that stream  
Where I can dip my sorrows and pain  
And return from there with happiness gain

Where life shows different styles and layouts  
Where sometimes I come across many doubts  
And try to find additional option's key  
Where I can see what I want to see

For the thrill of knowing is great my dear  
Where layers of life comes without fear  
And there everything that I need to begin  
Comes from God's streams and den

And there I thanked my God who cares  
For letting me search through the layers  
Through the layers of this amazing life  
Where we are all bound to survive.

Seema Chowdhury



# Amazing Things

Believe in yourself my dear  
And on things you can do with care  
And see amazing things in view  
That believe can do for you  
For life is really a series of test  
Where every soul tries his best  
So do not think of giving up dear  
For joys and troubles are present in layers  
In the layers of this attractive life  
Where everyone has to forcefully drive  
The vehicle of emotions in everyday test  
And there he tries to perform his best  
So accept challenges with an open mind  
And learn how life's clock to wind  
So when time comes for you to show  
How well you have done in life's row  
Then you can brag about your success  
Without feeling ashamed or depress.

Seema Chowdhury

Seema Chowdhury

# Ambassador Of Hope

Don't let problems to sit and wait  
Hear the opportunity knock and open the gate

And let fresh breeze of belief and faith  
Enter and flow in for its never too late

Its never too late for thoughts and dreams  
To moisten your life with happiness cream

And put soothing balm on your pain and grief  
And look with hope for a soothing relief

Always remember that life will flow  
In the order in which it is fed so

Don't try to fight with your luck and fate  
Just grab on to happiness and let it enter the gate

The gate of your life that is closed at times  
For life is a music that'll flow with a rhyme

So never be afraid to fight to gain  
Soothing words of joy to dim your pain

And wrestle with impossible thoughts with courage  
And always stay positive so you can encourage

Yourself and others to win and survive  
And be the ambassador of hope in life

Just hang in and be optimistic all the way  
And soon you will see a brilliant sunny day

Shining and waiting for you to open the gate  
And let in fresh breeze of belief and faith.

Seema Chowdhury

# Amid Sunshine

Make life interesting and attractive  
By enjoying the nature that is eager to greet  
And take a moment to scroll through  
Each beautiful scene of peace and serenity  
Amid sunshine-

Nudge shadows in other direction  
And let the sunbeam peeps through  
The wide open window of your life  
That blocks pain and takes you towards healing  
Amid sunshine-

Remember that it is a new season  
So look forwards to excitement  
And erase the visible and invisible borders  
And enjoy balmy breeze of early hours  
Amid sunshine-

And start enjoying your journey  
Into this beautiful world  
By following the road map  
That access life from various directions  
Amid sunshine-

So you can explore and watch actions unfold  
With the mirror image of serenity  
That teaches you to walk in peace  
And scroll through all the options  
Amid sunshine-

Seema Chowdhury

# Among The Gifts Of God

Among the gifts of God  
Among his blessings cord  
I found a precious gift  
That gave my spirit a lift  
And surely that gift was YOU  
Who filled my life with views  
That are full of hope and faith  
That made my life all great  
And gave it a touch of delight  
And made my life very bright.

Seema Chowdhury

# An Affectionate Shade

Friends are the flowers  
In the garden of life  
Without whom it is  
Very hard to survive  
For friends are the tree  
Who spread their shade  
And provide you with their  
Affectionate and loving aid  
And they're the ones  
Who care for you  
And show it all  
In ways that're true.

Seema Chowdhury

# An Aimless Conclusion

I saw a beginning  
That never met its goal  
Because.....  
What should have been  
A beginning  
Appeared as an end  
And then  
It just left its mark  
On the face of the world  
As  
An aimless conclusion.....

I wonder why  
Life is so cruel  
And bitter  
At times? ? ?

Seema Chowdhury

# An Air Of Silence

An air of silence  
Is blowing all over  
So with quiet mind  
And hushed tongue  
Learn to absorb  
The most of it  
And learn to make  
The best use of it-  
Before our dreams are lost in pain  
And fog of tears  
Trouble us  
To find answers of  
The unanswered questions.....

Seema Chowdhury

Seema Chowdhury

# An Angel Of Love And Care

When world was losing its glory and hue  
And nothing seemed any more bright or new  
Then God thought of this world's uplift  
He must send Love's Angel as his gift

So he collected all things like love and care  
Honesty and trust and qualities taht were rare  
And when all these were gathered in one place  
What appeared before us was our mother's face

He made her because from the begining he knew  
When things go down and we feel blue  
Then only thing taht works as a morning dew  
Is the reflection of her love that is true

For no one but only the heart of a mom  
Can understand when things are going wrong  
And know how to share all smiles and tears  
As she is the angel of love and care.

Seema Chowdhury



# An Angelic Pair

An angelic pair made in heaven above  
With tons of care, kindness and love  
Which they fairly distributed among us all  
To stop the flowing tears to fall

What a blessings are they no one can count  
They walk with me even in dales and mounts  
And always in their own nice style  
Cover me with the shadow of smile

And I know to them I can never repay  
For all nice things they do and say  
For all their sayings and their acts  
Reflect God's shadow and that's a fact

And they always lent their shoulders to lean  
And listen to me with interest and keen  
And always open their sympathetic ear  
To hear my problems and to fairly share

God please bestow all your care and love  
On them specially from heaven above  
And always keep them close in your heart  
And give them more of the angelic art

For they are the ones who taught me to talk  
And held my hands when I learnt to walk  
And explained me the difference of right and wrong  
And taught me to sing the hopeful songs

And whenever I feel stuck in a trial  
I look at them with a hope of smile  
Because I know they can make me glad  
yes of course I'm talking of my mom and dad.

Seema Chowdhury

# An Anniversary Prayer

Its not counted by the days in a year  
Its not counted by the drops of the tear  
Its not conuted by how much and where  
But by the number of times when you showed you care

Because wedding is the shadow of love and care  
When two people promise that they'll share  
All their livves joy, funa nd fain  
And all sorts of their distress and pain

So after that as time passes by  
Then more and more bright looks the sky  
Because gloomy clouds of paina nd sigh  
All starts clearing out before your eye

And hardens the tie of wedding crust  
That's mostly based on faith and trust  
And tell that after holding hands it is a must  
To care for each other till you die and go to dust.

Happy 4th Anniversary! ! !

Seema Chowdhury

# An Anniversary Prayer For You

Love is a language that one learns to speak  
When one is given a chance to seek  
For the cooling shade of love and care  
Of his loved ones who is dear

For love is a game that two people play  
And then both win it in their way  
And then everything looks bright to them  
And all their days with prayers are hemmed

So don't waste time but try to seek  
And learn it quickly and then speak  
For love is a gift that's rare and kind  
And bring to all joy and peace of mind.

Happy 5th Anniversary Sumbul Apa

Seema Chowdhury

# An Anniversary Wish

A wedding is a special binding  
A binding of things represented by a ring  
Things like joy and happiness'  
And much more life can bring

It unites two people closely  
Closely in a very strong chain  
In the chain of love and affection  
That washes away your pain

It gives you the sense of sharing  
Sharing your tears and smiles  
The tears that make you gloomy  
Or a smile that carries you for miles

And today is your first anniversary  
I wish you the world of cheer  
And all good things in your life  
That you think is near and dear

So today you should be happy  
For having the best in life  
There's nothing else that one can get  
Like a nice husband or a wife.

Seema Chowdhury

# An Appetite For Life

Just once to all  
It will be given  
Just in a small  
Way of heaven  
we will be  
Here my dear  
To feel free  
And all cared  
So have an appetite  
For a wonderful life  
And learn to chew  
It all to survive.

Seema Chowdhury

# An Appreciative Prayers

The most important of all the days  
That you can spend in many ways  
Is the day when your birthday arrives  
That comes once in one years life

So its nice if you seee and know  
That there are many who wants to show  
How much they love and care for you  
And wish that everything that you do

may fill your life wwith bright sunshine  
Where neither any pain nor itss sign  
Is shown to you in any sight  
To mess up things thaata are right

So for all who are caaring and nice  
I'll pray for them wwithout thinking twice  
That may Lord open the path of joy  
Andd keep them away from deeds that annoy

Or hurt aanyone they really love  
For whom they wissh for blesings above  
For the most important of all the days  
That can be spent in many ways.

Seema Chowdhury

# An Atmosphere Of Trust

Build  
An atmosphere of trust  
Where  
You can open your eyes  
Without  
Any  
Fear  
Doubt  
Or uncerinity....  
Where  
You can survive  
And can breathe  
A breath of fresh air  
And  
Can smile a carefree smile....

Seema Chowdhury

Seema Chowdhury

# An Aura Of Good Luck

I wish you luck in every test  
I wish you joy that is best

I wish that you always view  
Life with a clearer view

Where your dreams and your wishes  
Are granted through God's huge bliss

So you can always in your way find  
A path of luck and joy that is kind

And that's why I wish and say  
That an aura of luck is headed your way.

Good Luck Danny Raja! ! !

Seema Chowdhury



# An Autumn Crown

Watch the leaves turn  
yellow, red and brown  
Changing the sky too  
And putting on autumn's crown

And letting in the joy  
And happiness of sunshine  
And filling the world with  
The light and warmth of wine

watch the leaves turn  
Yellow, red and brown  
And reflecting serenity and peace  
And putting on autumn's crown

And spreading joy and passion  
And enthusiasm and hope  
And clearing away the dust  
And all pain and mope

watch the leaves turn  
Yellow, red and brown  
And creating a new life  
And putting on autumn's crown

And showing you how to reach  
The bright horizon afar  
And nature glowing with colors  
A twinkling like a star

Watch the leaves turn  
Yellow, red and brown  
Reflecting God's blessings  
And putting on autumn's crown.

Seema Chowdhury

# An Autumn Morn

Bluish-pink sky reflecting its beauty  
As if performing its ultimate duty  
Of showing off with pride and mirth  
And spreading pleasure on the earth

Mist has taken over the sky  
And saying warm days goodbye  
And showing a glimpse of chilly sight  
And beautiful winter that is bright

Birds are flying freely now  
For they know winter will soon somehow  
Restrict their freedom and their flight  
And snow will then exercise its right

And in the middle of all this  
Watching red, orange and green is a bliss  
For the amazing dance that they put for all  
Is an astonishing sight in the morn in fall

For these are all gifts of God's light  
Who shows us these glowing and beautiful sight  
In autumn mornings for our joy and mirth  
So we can enjoy our days on this miraculous earth.

Seema Chowdhury

# An Awesome Life

Appreciate your life the way it is  
And gear for joy and hope  
Look for delightful possibilities  
And a streak of sunlight's cope

Know your options and opportunities  
All lie scattered in front of you  
You just need the willingness  
To find life's colors all true

Just know life is a great adventure  
And we are part of this journey dear  
That is tough at times but not so bad  
So follow your vision of cheer

Know that you have an awesome life  
And this is ever expanding journey of hope  
Where you can play your role with care  
And can learn new ways to cope

Take a moment to breathe and relief  
And stay open to possibilities in the way  
Work hard to find your path in the storm  
And void the loneliness of the day

Believe in yourself and your faith  
And know each moment is a gift  
That has come to you for you to enjoy  
In this awesome life for soul's uplift.

Seema Chowdhury

# An Awkward Silence

Don't let anxiety  
To disable,  
Paralyze,  
Or cripple your life  
Leaving a dark shadow  
Of damaging emotional wounds  
And hanging you in an unending loop  
Where you search for  
A logical explanation  
In a situation  
That can't be understood.....

Where roads are bumpy  
And unfortunate circumstances  
Closes one chapter after another  
Leaving you alone  
With an awkward silence.....

Just have faith and hope  
And develop new vision for life  
And try to flip the image  
And witness the change  
To feel the cool breeze  
And hear music of life unfolding  
Deepest desires and dreams  
With a soft sigh rhythmically....

Then you will see  
Wonderful world of possibilities  
Will surround you  
And will lead you out of the awkward silence  
Towards a desired destination  
Among sunlight bursting  
Through thick clouds  
And that will be a moment of celebration  
Where you can do somersaults  
In rainbow colors.....

Seema Chowdhury

# An Eid Wish

I hope that this eid will bring  
All sorts of marvelous things  
That you wish to see in the way  
To increase the hours of joy in the way

For the days of joy really holds  
Nice things for us that can mold  
Narrow paths of joy at vast  
Where happiness is given atlast

Where all our dreams of yesterday  
Becomes happy reality of today  
And golden hopes of our tomorrow  
Washes away our pain and sorrow

So I wish especially on this eid day  
Everything that will come in your way  
May be full of all joy and cheer  
Under God's loving bliss and his care.

Seema Chowdhury

# An Empty Thought

The thoughts of happiness  
That dwell in our minds  
End up  
Seeing nothing  
But..  
A barren land of pain  
And a long empty thought  
For miles around-  
Where  
We learn the limitations  
Of  
Life  
And  
Opportunities...

Seema Chowdhury

Seema Chowdhury

# An Endless Night

I wish if I can mend  
This night without an end

Where I've nothing but fate  
And there endlessly wait

i wish if i can change  
And for myself arrange

A night without fade  
Where I can find a shade

Oh God, my gracious Lord  
Help me and reward

And grant me some peace  
And renew my life's lease

And give me courage to mend  
This night without an end.

Seema Chowdhury



# An Endless Repetition

Life  
Is an endless repetition  
Of  
The series of  
Dim sounds  
Pale tones  
Dull sights  
Dusky moans  
Misty plashes  
And  
Night falls.....

Seema Chowdhury

# An Endless Series

Life is an endless series of rain  
Where its very hard to explain  
The real meanings of joy and fain  
For usually it is lined with pain  
So don't just look to it dear  
As a blooming rise of a tear  
But think of it as a joy  
That just came for you to enjoy  
And know that in this life's time  
Will surely come the joyful rhyme  
That'll tell you what is life  
And what you need to here survive.

Seema Chowdhury

# An Enduring Gift

As you go along  
In your life's way  
Leave an enduring  
Gift for the day

The gift of love  
Care and smile  
For these go long  
Long way miles

And leave for others  
A gift of dream  
For it is like  
A flowing stream

In which you can get  
All sorts of treasure  
Like joy in life  
That gives enduring pleasure.

Seema Chowdhury

# An Excellent Question

I use to have bad thoughts about life  
I thought it was hard in it to survive  
And I never saw any glimpse to enjoy  
Or anything to have fun and joy  
But one day when I was thinking about it  
And was having doubts about my life's kit  
Then suddenly a question arose in my mind  
And I realized my thoughts were unkind  
And then I went to the door of god  
And asked for his help as my lord  
Because this was the excellent question dear  
That striked my mind with thoughts rare  
And I thought yes surely it was true  
What would I have done if I didnot have you  
And then I dismissed bad thoughts about life  
And realized it's a pleasure to survive.

Seema Chowdhruy

Seema Chowdhury

# An Exciting New Path

An exciting new world  
An exciting new path  
Is waiting out there  
As new year is here  
So enjoy new challenges  
And take a great start  
And know in life's way  
You can brighten your day  
Just by tying the bond  
Of never ending love  
And know to faintly survive  
Have true friends in your life.

Seema Chowdhury

# An Exciting Proposal

Death is an exciting proposal  
that must be accepted  
At any moment  
At any time  
At any place  
Where it is offered  
For  
It ends  
All the pain  
Of life  
And living.....

Seema Chowdhury

# An Imaginative Solution

Bring others fain  
Bring others smile  
Show them all  
Joy for a while  
For this is very  
Imaginative solution  
And the answer of why  
Life is in constant motion  
So show your love  
And your care  
To all who are your  
Near and dear  
Who needs your support  
And the gift of love  
That is god sent gift  
From heaven above.

Seema Chowdhury

Seema Chowdhury

# An Imaginative Way

Learn to create and make your day  
Worked out in an imaginative ways  
And let it show you some nice  
Things without paying any price  
For life is like a story very small  
In which everyone enters for all  
And then one by one leaves to go  
Very far from loved ones you know  
So now what you should do in your way  
Is to do nice things in an imaginative ways.

Seema Chowdhury

Seema Chowdhury



# An Inexhaustible Treasure

Do you know about an inexhaustible treasure  
That brings us peace that is hard to measure

The treasure is the Quran that is a holy book  
The book that perfectly reflects the God's look

And every word of it is the word of God  
Who created this world and is the Lord

And this book tells us all about our duties  
So that's why it surpasses all beauties

And Quran is last of all that God revealed  
So in it all the precious thoughts are sealed

And knowledge of this book can never fade away  
Just as anyone following it can never go astray

So that's why we all love and respect it  
As we find it invaluable in every bit.

Seema Chowdhury

# An Interesting Turn

Today  
i feel  
that once again  
I got a chance  
To re-enter in my life  
From hope's door  
And  
Once again  
Life took  
An interesting turn  
For the best.....

I'm extremely thankful  
To God Almighty  
For giving me this opportunity  
Once again  
To wrap up my life  
And throw out  
All negative thoughts  
And pain.....

Seema Chowdhury

# An Investment In Happiness

Happiness is a flower  
That has a great power  
To hold within it  
Joys in every bit  
For when it blooms  
It takes away the gloom  
And make things bright  
And all quite right  
And tell us that dear  
Just take its good care  
As investment in it  
Bring the joy's kit  
So everyone feels great  
And increases his faith  
And believe that its a flower  
That has a great power.

Seema Chowdhury

Seema Chowdhury

# An Oasis Of Calmness

Expand your canvas to paint  
Magnificent words of joy and hope  
To find an opportunity  
To be creative and vibrant  
And march ahead  
And continue to work with faith

In difficulties and frustrating moments  
look for an oasis of calmness  
And sing in the words  
With new hope and meanings  
And change your road  
That is twisted and wired with troubles

Break the strange wall of silence  
And end the begning of the dark day  
Try to gain a momentum  
And know life is full of hopeful future  
Only if you'll learn to believe  
In the miracles

For in life we have mystic moments  
Where we feel trapped in darkness  
Deprived of sunshine and peace  
But if we let go of negative thoughts  
And remove pain and sorrow  
Then nothing will stop sunbeams  
To lit your path  
And take us to an oasis of calmness.....

Seema Chowdhury

# An Open Word

What I wish for  
In this craziness of life  
What I hope for  
In here to joyfully survive

Is an open word of peace  
That can sooth and calm  
And can vanish my pain  
And work as a soothing balm

In this bitter life  
We meet hard rock's pave  
Where life seems to end  
In an undiscovered dark cave

From where we see troubles  
And turmoils waiting on the road  
on the road of bitter life  
with no happiness or joy's code

I wish if I get a chance  
To speak out, to end my dole  
An open word of peace  
To calm my injured soul.

Seema Chowdhury

# An Umbrella Of A Smile

Make your smile  
Your umbrella for a while  
So you can hide  
Yourself from the tide  
Of discomfort and pain  
That pours like rain  
For a smile really starts  
Nice feelings in your heart  
And it clears your view  
From dust of trouble's dew  
So learn to smile  
All for a while  
And give it a try  
As it heals your sigh.

Seema Chowdhury

# An Unceasing Journey

Life  
Is a never ending tramp  
Of  
An unceasing journey  
Where  
Each day and hard times  
Are waiting anxiously  
To greet you  
With an open arm-  
And  
An awkward silence  
And  
An unsettled life  
Traps you  
In the unfolding world  
Of storm...

Seema Chowdhury

Seema Chowdhury

# An Unexpected Turn

I felt so lost  
On my return  
from my dreamland  
With an unexpected turn

Where nothing I saw  
All scattered and raw  
But pieces of dreams  
And empty from beam

I felt so bad  
As things were lying  
All scattered like leaves  
Of the Fall all dying

And then nothing but  
just sorrow came to me  
To show me the path  
Not from trouble ever free.

Seema Chowdhury



# An Unfair Thought

I want to close my eyes and sleep  
And wish to delve in thoughts that're deep  
Where lonely scattered thoughts of past  
Are waiting to be gathered and felt at last

I wish to gather them all in one  
Then sit and watch the shining sun  
The glittering sun that never beams  
Without bringing back the doubtful dreams

The dreams of tomorrow that's yet to come  
That is still hidden deep in a buried drum  
That carries my rare fortune for tomorrow  
That's the cause of both happiness and sorrow

And that's when I feel I don't know what to do  
And I feel helpless and don't have a clue  
About what will unfold after today's dawn  
Either a dreadful night or a pleasing morn

And that's when I don't know my yes and no  
And I can't tell who is my friend and foe  
Then I wish I could cry and ask someone  
Why I'm suffering while others are having fun

But after a while when I quietly recall  
All my problems whether big or small  
Then I surely realize and certainly find  
That all these problems exist in my mind

Because everyone has to take their share  
Of both their smiles and their tears  
As joy and pain are followed in a ring  
Just like every winter is followed by a spring.

Seema Chowdhury

# An Unforgettable Journey

Life  
Is an unforgettable journey  
on the road of  
Hard luck  
Broken fortunes  
And  
Gattering clouds  
Where  
Misfortunes  
Mishaps  
And  
Misbelief  
Greet each day  
And leave you  
In soaky bubbles  
Of  
Crises  
And loneliness.....

Seema Chowdhury

# An Unknown Destiny

Soon  
A turning point  
Of my life will come  
When  
A new chapter  
Will start  
Where I will begin  
A journey  
Of a thousand miles  
On an unknown path  
For  
An unknown destiny.....

Seema Chowdhury

Seema Chowdhury

# An Unlocked Door

Open the door of your heart  
And let go of  
The aches and pains  
The faults and blunders  
The mistakes and misdeeds  
The troubles and agonies  
And  
The remorse and the bitterness  
Of yesterday  
And let the cool breeze  
Of faith, trust, cheer  
And  
Confidence  
Enter and fills your life  
With its pleasant  
And lovely fragrance  
Of joy, smile and hope.....

Seema Chowdhury

# Anchor Your Hopes

Anchor your dreams  
Anchor your hopes  
And learn in life  
More ways to cope  
With bad and bitter  
Facts of life  
Which ealks with you  
And exists to survive  
For everyone is  
Bound to taste  
Life's very tough  
But truth's paste  
Because we are the  
Players on stage  
Who are stuck in this  
Life's dull cage.

Seema Chowdhury

# And The Past Memories

Memories of treasure of yesterdays's joy  
And a happy thought that nothing can destroy

Because it reflects the pleasure of the past  
That once we did and faintly cast

For it is a treasure that no one can steal  
And it also works as medicine that heals

The pain that sometimes forced you to cry  
And didn't give another chance to try

So find a quiet place to review your past  
And then you'll see a big and vast

And a huge pile of memories will be found  
That forced you to live happily on the ground

So in such a time I feel that yesterday's joy  
Can only be saved through memory from destroy.

Seema Chowdhury

# Anger And Hurt

Hurt beneath the anger  
Is very hard to hide  
For pain is hidden in tears  
That flows down like a ride  
That are all dull and light  
That no one can ever stop  
For they just rush down  
And endlessly there drop  
So try to live with joy  
And search for fain flower  
For in it really has  
Pleasure's strong power  
That can swap your pain  
With the joys share  
And can hide your hurt  
Under the happiness tears.

Seema Chowdhury

# Angry Moments

Angry moments of stress  
Give you nothing  
But  
A wave of depression  
To cling on to  
And  
A cloud of darkness  
To look at.....

Where sand of time  
slips by fast  
And leaves you to take  
Life's challenge alone.....

Seema Chowdhury



# Angry Moments Of Stress

Angry moments of stress  
Give you nothing  
But  
A wave of depression  
To cling on to  
And  
A cloud of darkness  
To look at.....

Just remember  
Everything in life is connected  
And you must realise  
That our own enemy is  
Our faulty assumptions  
And expectations.....

Seema Chowdhury

# Angry Tears

Don't let angry tears to drop  
And learn the art to stop  
The flow of the bitter tears  
That wants to dropp out of fear  
From the fear of your life  
In which we survive  
For pain and pleasures are the part  
Of your fate written from the start  
So learn to find happiness ways  
To brighten your incoming days.

Seema Chowdhury

# Anniversary Wishes

I wish we can spend  
All of our tomorrows  
Together with happiness  
And free of the sorrows  
i hope we can get  
many many years together  
In which love and joy  
Both of us can gather  
And I pray to the God  
To give us the strength today  
To learn to pick the thorns  
from each others way  
And spread flowers of  
Love, comfort and pleasure  
In the stairs of life  
To show cares treasure  
And I hope we can live  
Together forever in love  
In this life and after that  
And meet in haeven above.

Seema Chowdhury

# Another Day Of Life

Sitting quietly under the dim light  
And looking at things all dull and bright  
I reviewed the days of my past  
Which left sketches that are vast  
I saw myself sitting there  
Looking at the by gone years  
Where nothing else but only I saw  
The edges of days some smooth, some raw  
And then I thought why I feel down  
There's nothing so bad that I should frown  
Because that's what life is all about  
Where there's sunshine, some mist and doubt  
And no one totally feels satisfied of life  
But still all of us have to survive  
And then atleast in an optimistic way  
I ended another of my life's day.

Seema Chowdhury

Seema Chowdhury

# Another Life

Don't wait  
For another life  
To find happiness  
Of  
Tangible realities...  
Live in each day of today  
And  
Wherever you journey  
Deny impossible  
And  
Step towards it  
With  
Hope and more hope...

Seema Chowdhury

## Another Step....

Take another step  
Towards life  
And donot fear time  
Or  
Of challenges-  
Just think positive  
For that's a miracle drug  
That can cure your  
Depression  
Despair  
And  
Greys and blues  
And can add  
A spring in your door step  
That leads you to  
The door of happiness.....

Seema Chowdhury

# Another Year

Today I'm glad  
I got another chance  
To avail another year  
To trust my Instinct  
To erase the growing pain  
To choose right moment to move  
To express my appreciation  
For someone's thoughtfulness  
To say goodbye to  
Negative thoughts and people  
And to hang on  
And move on with my life.....

Seema Chowdhury

# Answer Of My Thoughts

The answer that I got  
of my injured thoughts  
The answers that I got  
When I was feeling short

Was try to be calm  
As it works as a balm  
And know your friends and foes  
And weigh the cons and pros

And remember is crisis time  
To always sing the rhyme  
Of something that is bright  
Of something that is right

And try your best to burry  
All your pains and worries  
and make them a thing of past  
So you can be happy atleast.

Seema Chowdhury



# Answer To Feeling Stressed

If you're down and depress  
And life seems like full of stress

Then don't sit down to cry and mope  
Or lose the string of courage and hope

Because both joy and pain my dear  
Are the parts of our life's share

That we get packed like a gift  
That shows us life phases all swift

So act bravely and never feel depress  
And with hope answer the feelings of stress.

Seema Chowdhury

Seema Chowdhury

# Answers Of The Why

Don't feel shaken up or blue  
For life not only show trouble's view  
And don't feel disheartened or grey  
For there're present many hopes ray  
And remember never ever to fall in mope  
Or blow out the burning candle of hope  
Because hope is what makes your day  
And bring good luck in your way  
So bravely just hang on and wait  
For very huge is the prayer's gate  
Where you can surely get your reply  
And all your answers of the 'why? '

Seema Chowdhury

Seema Chowdhury

# Anywhere.....

starting from anywhere  
And  
Going everywhere  
It is always the same  
And  
It will always be  
Because  
In these uncertain hours  
Of  
Unequal duration  
There is  
A timeless moment  
Where  
Never and always  
Have  
A common wind to share.....

Seema Chowdhury

# Appreciate The Present Moment

Don't feel beaten down by the past years  
Appreciate the present moment  
And feel its closeness and joy  
Look for better days,  
Rise above fear,  
Remove shadow of doubt,  
Sing the song in your heart,  
Emphasize on the positive,  
Uncover the mix of sweet and mingled memories,  
Bring in the energy and love of hope and warmth,  
Send your good thoughts and prayers,  
Dig in and enjoy life,  
And be grateful to God for his gift and blessing.....

Happy New Year 2011

Seema Chowdhury

# Are You Ready?

Are you ready to let go of your hurt and pain?  
Are you ready to get back on your tracks main?

Are you ready to feel the magical moments with God?  
And walk on the strong rope of hope of the Lord?

Are you ready to walk down the streets of life?  
And become life's coach and help others to survive?

Are you ready to quickly reach the finish line?  
And throw the fear of failure and with strength align?

Are you ready to forget mishaps and mistakes?  
And get life's cycle goes on with a second take?

Are you ready to speak after such a silence long?  
And wipe tears of your eyes and sing a happy song?

And when you will be ready to do all this  
Your life will bloom with faith, hope and bliss

And you will see passion and inspiration pathway  
Opening many opportunities for you today.

Seema Chowdhury

# Around And Around

Around and around the empty street  
Of life, for some that is sweet  
I found nothing but a bitter bite  
And only painful things before my sight  
I tried to get rid of it  
But it didn't move even a bit  
For things that I wished for me  
Was may be too much for me  
So now i'm walking all alone  
Around life's streets unknown  
And wish to find something to ease  
My trouble's sight to get some peace.

Seema Chowdhury

Seema Chowdhury

# Around Troubles

When you are stuck around troubles  
And life starts looking like a bubble  
Then we must not look here and there  
And ask us why we all are here  
For we know troubles are life's perfume  
That comes to everyone we assume  
So we must look on the brighter side  
And count god's blessings that're wide  
And we must have pleasant 'n high hopes  
And think that life has plenty of scope  
And then we'll know that on god's ground  
We shall look to him, when trouble's around.

Seema Chowdhury

Seema Chowdhury

# Around You

I feel very good  
And happy around you  
For you give me  
Smiles that's true  
And you're ready  
To always share  
And in your way  
Show you care  
I feel very lucky  
And happy around you  
For you show me  
Life's bright view  
And you always give  
me the gift  
That brighten my world  
And gives me an uplift.

Love You Sunny! ! !

Seema Chowdhury



# Art Of Living

The fine art of living  
Is hidden  
In scanning a large horizon  
For  
Glamors and colors of life  
To  
Workout on your dreams  
And  
To have  
Unique collection  
Of  
Tough and fair visions  
For  
The next life.....

Seema Chowdhury

## As I Look Back....

As I look back on my life today  
I see kaleidoscopic view  
With beginnings and endings  
Amazing moments  
Silent messages  
Flooded emotions  
Delights of the heart  
Unlocking of pain  
Withering words  
Pieces of memories  
Unrealistic expectations  
Nostalgic memories  
Broken pieces of dreams  
Untold stories  
Reminders of love  
Power of warm hugs  
Beautiful things happening  
Blend of laughters and tears  
Miracles happening  
New channel of thoughts  
Faulty hopes and mistakes  
Tears in the darkest hour  
But  
Above all I see a blessed soul  
Enriched with the power of prayers  
Waiting for miracles to happen  
Holding God Almighty's hand  
And walking towards tomorrow  
With hope, faith and smile  
To start a year of beginnings and endings  
With unlimited access to opportunities...

Seema Chowdhury

## As Long As.....

As long as there is smile  
Life seems empty of hard trials  
As long as there is hope  
Life teaches you the rule to cope  
As long as there is fain  
Life scratches away your pain  
As long as there is peace  
Life forces all your troubles to cease  
As long as there is love  
Life brings you peace from above  
As long as there are friends  
Life is full of joys heaven sent.

Seema Chowdhury

Seema Chowdhury

# As Spring Rolls In

Life's astonishing painting comes alive  
As Spring rolls in slowly  
With flowers blooming  
Birds chirping  
Wind swaying  
And streams flowing

Where rainbow hues sparkle smoothly  
Spreading miraculous power of hope  
That is contagious and engaging  
And helps to sweeten up our lives  
With amazement and refreshment  
As we enter into this new moment

It brings us hope and joy for our path  
And sprinkle our magical days  
With the sunshine of smiles and happiness  
And the flowing tide of excitement  
That creates the illusion of action

This brimming shadow of the present  
Brings alive our theme and rhyme  
And a unique perspective to decorate our lives  
With passion and a recipe of joy  
To value each precious day

And then we have a vision for tomorrow  
That leads us towards  
Calmness and peace  
Where we can sit back and relax  
To watch this magical and astonishing  
Painting of life come alive  
As Spring rolls in.....

Seema Chowdhury

# As The Days Unfold

As the days unfold  
My life seems  
Harder and bitter  
For I have many confussions  
And  
Confessions to make  
I have many sayings  
And  
Promises to take  
That  
I have failed  
To keep.....

Life doesn't always give  
Another chance to do so  
So  
We must try to avail  
The first chance  
That we get in life.....

Seema Chowdhury

# As The Year Winds Down

As the year winds down  
I see  
More reasons  
To smile  
More occasions  
To enjoy  
More situations  
To laugh at  
And  
Many more WHY's  
To live.....

Just remember  
When we share  
All our troubles and pains with God  
He helps us  
And  
Brings back smiles on our face....

Try to feel God's presence  
In the haunting darkness  
And  
Imagine God coming towards you  
With  
A bouquet of bliss and wishes.....

Seema Chowdhury

# As You Grow Old

Make isolation  
Your companion  
Because  
As you grow old  
And  
As the days of life pass  
You get chance  
To meet  
Loneliness  
Under the cloud of  
Silence  
And  
Serenity.....

Seema Chowdhury

# Assigned Task

Everyone living on God's green Earth  
Is assigned a task at their birth  
That keeps on changing as life goes on  
According to the appearance of dust and dawn

And both phases of life; good and bad  
Are shown to you so don't feel sad  
And remember that this will never be the same  
As life is a long never ending game

So when good comes enjoy it all  
Every nice thing whether big or small  
And think that this on going show  
Will cease when its time will go

So try to perform your task very well  
In this little time for you that dwells  
So when you die and go very far  
Then you are remembered as a STAR

That shone very bright in the mid of night  
And showed others path that was right  
And succeeded in performing the task on this EArth  
That was assigned to you with your birth.

Seema Chowdhury



# At Day's End

Try to count  
At the end of the day  
Luck and misfortunes  
That comes in your way  
And darkness and sunshine  
That comes to stay  
In your life dear  
That you have to repay  
For life is made of  
Joys and tears  
Agony and pleasure  
That come through years  
So never feel lost  
Nor feel unclear  
Just know in the end  
You'll meet cheer.

Seema Chowdhury

# At Journey's End

We don't really know  
What life will bring  
We cannot always tell  
Which tune fate will sing  
And don't know where  
These roads will lead us  
Or at our journey's end  
Our dire will be on which bus  
But just to make happy  
Every day of our lives  
We can discover joys  
That do hidden survive  
So when we will reach  
At our journey's end  
we will have something  
To look in every bend.

Seema Chowdhury

# At The Sound Of The Bell

Be a source of strength for others  
And look forward to uplift sad hearts  
Be a source of radiant light and love  
And always be the one to humbly start

Love and peace, kindness and care  
With deep images of a happier tomorrow  
Where you can bury deep down all pain  
And hurtful feelings and blinding sorrow

Get up early morn to pray to your God  
And listen to the sound of the Divine's bell  
For prayers create new and a beautiful path  
On which you can walk and always tell

How grateful you are for this life and love  
That God has bestowed on you today  
To live and smile and share kindness  
To brighten your whole life's way

So world can change and sparkle bright  
Winning pure and simple hearts and souls  
Who all want to live their dreams with hope  
And help others to come out of dole

Just open your eyes, ears and heart  
To listen to the sound of Divine's bell  
That rings loudly to show us the path  
To walk and reach to the Heaven's dwell

Remember that it may takes longer time  
For nothing in life is a quick fix dear  
Just hang in there and brighten your way  
And spread for others lots of love and care.

Seema Chowdhury

# Attributes Of God Almighty

God Almighty you are just and kind  
Your unaccountable love is for all mankind  
For you are a symbol of mercy and hope  
And you help us all in pain to cope

Gracious God you are a source of care and peace  
And you hold our hands so our troubles cease  
And you are mighty and the provider for all  
And you don't let your humble creatures fall

For your mercy is like a shining sun  
That benefits human race in tons and tons  
And show us all the right path to walk  
And hold your hands when we need to talk

And my God you are noble, loving and wise  
Your bounty and blessings help us to compromise  
And you answer our prayers and keep a watchful eye  
On earth and heavens and this endless sky

And you are all hearing, all seeing and all knowing God  
You know everything that we need my Just Lord  
So bestow your glory, your guidance, and your light  
For you are a unique healer and you are bright

And you know everything that we reveal or hide  
And your knowledge is spread far and wide  
And you are compassionate and a loving God  
And your love is an endless flow my Gracious Lord.

Seema Chowdhury

# Autumn Leaves Changing Colors

As summer ends and autumn comes  
Days get shorter, misty and cold  
And in this spectacular season  
Nature's beauty graciously unfold

Trees get ready to slow down  
And in autumn take some rest  
And show amazing colors of love  
That are all at their best

Green fades away quickly  
And yellow and orange appear  
To show off their vibrant hues  
And warmup their surrounding dear

Sunlight and cool nights of autumn  
Help leaves to turn orangish red  
And combine all things smoothly  
To add magic in season's lovely bed

And all this shedding and replacement  
Of leaves continue throughout the year  
And trees only shed leaves in autumn  
To prepare for another winter dear

This is God's spectacular display  
Of beautiful colors of the fall  
During which many changes occur  
Including yellow, orange and red of all.

\*\*\*Inspired by the changing colors of autumn in Canada.

Seema Chowdhury

# Avenue Of Escape

An aura of hard luck is headed your way  
So learn to handle it in each day  
And know that with hard work and hope  
You can gain it all in life's rope  
And remember that this battle of life  
Can never be swayed, you have to drive  
Because the avenue of escape is lost  
In this world that doesn't pay a cost  
Of all your tears that endlessly drop  
From your eyes that you can never stop  
So instead of crying in your way  
You learn to handle it in each day.

Seema Chowdhury

Seema Chowdhury

# Avoid Borrowing Troubles

Troubles my dear  
Are found everywhere  
For most of the time  
In life's rhyme  
That's what you get  
With the pain's set  
So avoid borrowing it  
And stay away from it  
And learn to say  
No in your way  
So no one else can  
Give you trouble's plan  
Or give you trouble's and pain  
And take away your fain.

Seema Chowdhury

Seema Chowdhury

# Avoid Road Blocks

Avoid to walk on such roads  
That're filled with troubles load  
And learn to find your way out  
Without any kind of fear or doubt

I love and really care for you  
And that's why I wish with true  
Heart and mind for you dear  
For in my way I surely care

And I wish may all trouble's block  
Be taken away from your lock  
And may you be given the key  
Of joy and fain for you to see

That world not only holds for you  
Troubles bar and blocked view  
But there are also glimpse of joy  
That comes for us all to enjoy.

Seema Chowdhury



# A-Z Golden Rules Of Life

- A- Acknowledge your feelings & add a touch of smile
- B- Believe that something wonderful will happen & be alive in the moment
- C- Change for better & cleanse your soul
- D- Discover new solutions to problem & don't sacrifice your happiness
- E- Envelop yourself with beauty and calmness & embrace life
- F- Fill your mind with positive words & finish what you start
- G- God's miracles are countless & give and you shall receive
- H- Happiness brings more happiness & have courage to face any odd
- I- In small ways do big things & in a tough spot have faith
- J- Just let it flow & justify your acts
- K- Kindle hope and faith & knock on God's door for help
- L- Live a beautiful life & listen to the whisper of your heart
- M- Make a meaningful change & make good choices
- N- Nourish your soul & nurture happiness
- O- Overcome emotional struggle & open your vision wide
- P- Pour hope into your soul & pray for it creates a new path
- Q- Quietly listen and absorb from your surrounding
- R- Reconnect with life and joy & repair rifts in your life
- S- Sprinkle the seeds of happiness & sing songs of summer
- T- Tie your own bow & have tremendous hope for tomorrow
- U- Understand and hold on to your beautiful dreams
- V- Value small and lovely moments & believe in the magic of life
- W- Wake up to your life & welcome laughter in your day
- X- X-ray and uncover hidden layers of life
- Y- You must not quit or feel crushed by fear or failure
- Z- Zoom in happiness with zeal and zest.

Seema Chowdhury

# A-Z Of New Year's Journey

Let us start New Year's Journey with:

- A- Amazing and exciting plans
- B- Brilliant and blissful contentment
- C- Creative ideas and inspiring thoughts
- D- Delightful and precious opportunities
- E- Enchanting and powerful dreams
- F- Fantastic and joyful celebrations
- G- Glamorous and infinite hope
- H- Harmonious and soft breeze
- I- Impressive blessings and prayers
- J- Jubilant and beaming lights of hope
- K- Kaleidoscopic and rainbow view
- L- Luminous and sunny side of life
- M- Magnificent and acknowledging perception
- N- Noteworthy and happy feelings
- O- Optimistic and significant imagination
- P- Passionate and fragile emotions
- Q- Quizzical and quiet moments
- R- Radiant and loving sunbeams
- S- Sparkling love and happiness
- T- Tender and gentle memories
- U- Useful and positive frame of mind
- V- Victorious and vibrant perspective
- W- Wonderful and expanding horizon
- X- Xylophonic and harmonious melody
- Y- Youthful and spiritual light
- Z- Zealous and calming prayers

\*\*\*Dedicated to Sunny, Samia & Sameen\*\*\*

May God be your guide in every step of the way.  
Happy New Year 2014, God Bless You.

Seema Chowdhury

# Baby

Wishing you a world of happiness  
Wishing you a world of joy  
Wishing you a world of cheer  
Filled with gifts and toys  
For with a baby comes  
Lots of cheer and pleasure  
That is for the parents  
As a gift of rare treasure  
For a baby can surely fill  
Whole of your life's days  
With wonderful years of joy  
To fill your whole life's way.

Love you sweet Samia & Sameen

Seema Chowdhury

# Baby Announcement

A baby new  
A baby sweet  
A gift from God  
And His treat  
Has come to us  
With blessings wall  
To fill our lives  
With joy's hall  
So please join us  
To welcome Him  
With your prayers  
Good wishes and Vim  
And pray for baby's  
Healthy and long life  
Filled with happiness  
In life's long drive.

Congratulations Sanober & Mahmood

Seema Chowdhury

# Back And Forth

Navigate back and forth  
Between life's records dear  
And learn to handle  
The problems and fear

For the beauty of life  
Lies in being bold  
Because moments of joy  
Will also come in cold

Learn to be wise  
Be courageous and strong  
For everything in life  
Can never be all wrong

So look for happiness  
And decorate it with hope  
And learn to shun  
The depression and mope

Just be strong and wise  
And navigate back and forth  
Between life's records  
and through it achieve growth

And know without doubt  
That life has beauty in it  
We need to learn to unveil  
This magic from every bit

And celebrate being alive  
And surviving challenges and fear  
And that is what is life  
All about my dear.

Seema Chowdhury

# Bad Days Are Over

It's really a pleasure  
To think of you  
For you are a person  
Who is nice too  
Who knows how to  
Bring others smile  
And let others be happy  
In all for a while  
So it gives me pleasure  
To think of thee  
As your love is rare  
And a gift for me.

Seema Chowdhury

Seema Chowdhury

## Bad Things In View

Don't feel down or blue  
When things are bad in view  
But try to seek for a clue  
And find out what to do  
And then do it all with zest  
And try to take this test  
And then just leave the rest  
To god and hope for the best  
Because god is really great  
Who helps when we put our faith  
And enter in his prayer's gate  
And believe in our fate  
So do it all my dear  
With kindness and some care  
And learn in life to bear  
All sorts of joy and tear.

Seema Chowdhury

Seema Chowdhury

# Balm Of Love

God please hold me in your arms  
And put on my pain some balm  
God take me close in your lap  
And protect me from worldly slaps  
And give me a squeeze tight  
To brighten my world with delight

I feel very bad, down and blue  
And need your love that is true  
God help me please and show me today  
The right path on which to walk and stay  
And show me the sigh of your love  
For that's what I feel i really deserve

I love you God, I love you my Lord  
Please take away my pain oh my God  
And put the balm of love and care  
To bring me memories of smiling cheer  
Please hold me God in your arms  
And put on my pain your love's balm.

Seema Chowdhury



# Banish Your Worries

Banish your worries  
And  
Hide them all  
Under  
The burden  
And load of  
A carefree smile  
And  
Enkindle the lamp of hope  
And  
Believe in miracles  
Then you'll see  
Golden sunshine  
Shining rainbow  
And  
Hidden treasures  
Beaconing  
Hope in darkness.....

Seema Chowdhury

Seema Chowdhury

# Battle Zone

In this battle zone  
You are not alone  
For just down the road  
Many others will board  
The plane you are in  
To help you to win  
So just be brave  
And always crave  
For the winning flip  
So you can zip  
All your pain  
And trouble's main  
Inside the sack  
Of life's bag  
And once again start  
From a fresh heart  
This journey of wish  
With happiness bliss.

Seema Chowdhury

# Battling Waves

The battling waves of sentimentally  
Is playing a bigger role in my life now.....

Where my anxious heart,  
Troubling thoughts,  
And unrest soul  
Is echoing pain and despair  
And sharp twists and turns  
Are confusing.....

And I feel the vibes of unsolved mystery  
At each crisscross in the highway of my life  
That is making my eyes wet  
And heart soar  
And an uncomfortable silence  
Is filling my world with raw emotions.....

And I desperately wish  
If I could press the pause button  
On my emotions  
To renew it all  
And gather the courage to fight back  
And win these battling waves.....

Seema Chowdhury

# Be A Source Of Strength And Hope

Bring a little joy into other people's lives  
And rely upon divine and your inner strength  
Hear the laughter and renew your heart  
And speak simply but truly and listen deeply  
Step back from negativity and overcome obstacles  
And put your life in perspective to make a difference  
Remember silence soothes the heart and mind  
So relax and enjoy serenity at times.....

Don't let your life turn hard or bitter  
Give a chance to your soul to heal and grow  
Quietly share spirituality, peace and love  
And be ready to shoulder the weight of pain  
So you can spread joy and laughter all around  
Remember God has given us the spiritual power  
To change ours and other people's lives miraculously  
So be Divine's messenger and a source of strength and hope.....

Happy Birthday Sunny, we love you very much :)

Seema Chowdhury

## Be Extra Nice

Adopt a path that's nice and true  
And be sincere with others too  
And try to always be extra nice  
For that will give you pleasure twice  
Once for being nice in your way  
And taking someone's distress away  
And second for wiping the dust  
From the path of someones trust  
And a friendly hand shake my dear  
In itself carries a message of cheer  
And greet everyone with love 'n faith  
And open for all the heaven's gate  
So when you get a chance to be wise  
Then be with others sincere and nice  
For then surely you'll get your reward  
From no one else but your gracious God.

Seema Chowdhury

Seema Chowdhury

# Be Fair And Firm

Be fair and firm  
In all you do  
So life can show  
You a brighter view

And do everything  
With all the zest  
And do it all  
In your way best

And know that life  
Will be fair with you  
If only you will  
Be fair and true

Because it is  
What makes life best  
And show you good  
In this life's test.

Seema Chowdhury

# Be Friends

Be friends to those who are alone  
Who think their nights have no morn

And troubles have built for them a wall  
That have bricks of pain big and small

So be nice and show them care  
And offer them your help and share

All their troubles and their pains  
And swap it with the joy of fain

And help them oot when they need  
And remove for them the trouble's weed

And show them a brighter dawn  
That comes after night and is called a Morn.

Seema Chowdhury

# Be Ready To Move Forward

When sorrow strikes and you feel  
The burden of discomfort and pain

When you are passing through turbulence  
And everytime you end up with a wound

When you feel lost in dark despair  
And life's uncertainties pull you down

When world leads you astray  
And same problems appear many times

Then don't give up, cry or fall behind  
Look at them like opportunities to a new world

And believe in the hugs of heaven  
And on the power of miracles

Trust in God's gentleness and strength  
And look for the winds of comfort and wisdom

And then clouds of doubt will move away  
And a bright day will appear for you

So be brave and get ready to move forward  
And leave behind discomfort and pain

And with hope's wind and pure thoughts  
Build a better world of faith and peace.

Seema Chowdhury



# Be Realistic

Be realistic about life  
And about living  
For its a bitter bite  
That has to be chewed  
By all  
In order to survive  
In the ranging storm  
Where dark shadows  
Of gloom and grief  
And the dusty roads  
Awaits your way  
So be brave  
And laugh loudly  
And know with courage  
You can once again  
Conquer the world of joy....

Seema Chowdhury

Seema Chowdhury

# Be Thoughtful

If words aren't found  
Then say it with flowers  
for flowers really hold  
A great big power  
To bring all around  
Peace and love  
And all God's gift  
Of heaven above  
And be thoughtful  
And nice in your way  
And collect fun and joy  
For each of your day.

Seema Chowdhury

# Be Willing To Go That Extra Mile

Look forward to a brighter day  
Look forward with happier ways  
Look forward with a hope and a smile  
And be willing to go that extra mile

And remember my dear in this life  
Many things that occur and survive  
Are not exactly what we wish  
In this world surrounded with God's bliss

It's surely sometimes hard to believe  
And you don't think you can ever achieve  
But with a little courage and hope  
You can surely reach the door of cope

Where you can enter and have the best  
And know that there you can rest  
And look forward with a hope and smile  
And be willing to go that extra mile.

Seema Chowdhury

# Bear More Pain

Always take disappointments  
As a stepping stone  
In the  
Tragic drama of life---  
For they prepare you  
To bear more pain  
Bravely  
And  
Dareingly  
And  
Helps you to break the shell  
Of helplessness  
And  
wispy clouds.....

Seema Chowdhury

# Bear The Fear

Don't feel scared of life  
learn in it to survive

And know its best for all  
To start in way very small

So learn to bear the fear  
And do it all with care

And know that with a smile  
You'll surely cover the miles

Of troubles and agony and distress  
Without any sigh or a mess

But for that you have to try  
Without any tear or cry

And accept it as part of life  
And learn with them to survive.

Seema Chowdhury

# Beauties Of God

Sun shines in the morning'  
And starts at night  
This is really how  
World shines very bright

So try in it to find  
Your way to sight  
These beauties of God  
That brings you delight

For all that is present  
And all that might  
Will come here later  
On them you have a right

So look for some more  
And hold them tight  
And enjoy them all  
Without any fright

And try in it to find  
Your way to sight  
These beauties of God  
That brings you delight.

Seema Chowdhury

# Beautiful Leaves Of Autumn

Lovely memories of the Autumn  
Appears once again in life  
With yellow, brown, red and green  
Leaves of life that scattered and survived

When bitter sweet nostalgic story of life  
With shadow and shine appears  
And spreads its beauty and its grace  
Under which the long path of life disappears

Disappears under the joyful burden  
And loads of the beautiful fallen leaves  
That dance all around and sing with smiles  
The lovely song of Autumn brief

For God has made this lovely season  
A source of love, peace and cheer  
In which we get another chance  
To shed the burden of pain's layer

And this is the magical and pretty season  
In which we can joyously gather sunshine  
And enjoy lovely breeze that blows all around  
And call it the gift and bliss of divine

For the lovely dry leaves of Autumn bring  
Beautiful colors like the blooming Spring  
Where red, yellow, brown and green is seen  
With God's grace and love and beauty's ring.

\*\*Inspired By the beautiful changing colors of the Autumn in Cape Breton,  
Canada.

Seema Chowdhury

# Beauty Of The Autumn

Life seems so beautiful and so much fun  
For Summer days are now over and done

And pretty days of Autumn are here  
With all its luxurious glow and fair

Where trees are all smiling with fain  
And changing its color same to same

Yellow, brown and red from the lovely green  
And every where God's beauty can be seen

It all looks so serene and quiet  
And also very astonishing and bright

That I feel lost in this God's magic  
And forget about all my life's tragic

Where sky is clear, nice and bright  
And no more clouds floating at night

And this is the perfect kingdom of God  
Who gives us strength of love in odd

And spread all this peace and glory hue  
For all of us to enjoy it too

Where sunshine falls on our face  
And shows God's blessings and its trace

And gives us strength to go on in life  
And learn to here brightly survive

And enjoy the miracle of dear God  
Who is our only loving Lord

Who shows this beauty of the changing hue  
From green to red, yellow, brown and blue.



Enjoy The Beauty Of Autumn Colors! ! !

(Inspired by the beautiful Autumn in Sydney, Nova Scotia, Canada)

Seema Chowdhury

# Beauty Of The Snow

Laugh and smile  
Enjoy for a while  
And keenly discover  
Beauty of the snow

For snow is a gift  
That gives an uplift  
To the broken heart  
Towards a brighter start

And it helps the soul  
That are drenched in dole  
To bring back smile  
All for a while

For in the depth of it  
There is a happiness kit  
Hidden from our eyes  
So look deep and be wise

And when you see it all  
Hold on tight so you don't fall  
Or drown deep in the snow  
And that's what you should know

That just like it is pure  
It also has the cure  
To swap our pain and sigh  
To uplift our spirit high

And cleanse our mind and heart  
And give us a beautiful start  
To once again enjoy God's gift  
That gives our soul a lift.

Seema Chowdhury

# Because Flower Is My Name

I'm proud to tell if you want to know  
Where did I come from and where did I go  
I live in earth's lap both high and low  
And i'm friend to everyone and don't have a foe

I usually feel happy in the season of spring  
Because taht's when I can play, dance and sing  
With small feathered creatures who fly in a ring  
And with all sad people whether beggar or king

I cheer up the people who feel down and blue  
And I try to do good things for them if I can do  
And replace their tears with smiles that're new  
And pray with them for things they're wishing too

I'm found in places that're hilly and plain  
Playing witrh my friends in acircle or chain  
Or sometimes I just stand quietly in the lane  
So people can see me from a moving train

I say get well to those who don't feel well  
And tell them good things that I can tell  
And give them happiness taht no one can tell  
aby sharing their cries and smiles taht dwell

I'm also considered as a source of delight  
Because I'm found in colors that are bright  
And I even feel fresh in the middle of the night  
For those who want to see bright shiny light

I like my work and I love to play this game  
For making people happy is my only aim  
And I treat everyone nicely just the same  
Because I'm the Lord's creature and Flower is my name.

Seema Chowdhury

# Because God Cares

With the break of a very bright day  
All dull shadows quickly fades away  
With the end of a dreadful night  
All things set in their places right

With the bloom of a pretty flower  
We can see God's strength and his power  
Because when God brings sunshine  
With it he gives joyous wine

And gives us the never ending love  
And fill life's road with heaven's curve  
And gives us the strength to keep  
Ourselves surrounded with the prayers heap

And God gives us reassurance and peace  
And do everything so our pain would cease  
And he gives us joy by answering our prayers  
Because in his ways he show he cares.

Seema Chowdhury

# Because I Am A Dreamer

I wish I see sun shining very bright  
And all good things before my sight  
Where not only joy but also love  
Is bestowed on all who really deserve  
So I can wipe the tears of mope  
Because I'm a dreamer of love and hope

And also I wish to see rainbow  
when things are going down and low  
So anyone who is feeling sad  
Be given a chance to be fain and glad  
so I can wipe the tears of mope  
Because I'm a dreamer of love and hope

And last I wish and ask dear God  
Who created us all as He is thee Lord  
To give me chance so I can avail  
All truth and sincerity that actually prevails  
So I can wipe the tears of mope  
Because I'm a dreamer of fain and hope.

Seema Chowdhury

# Because I Care

I wish you smile  
In trouble's pile  
I wish you fain  
In the period of pain  
I wish you joy  
When you feel coy  
I wish you hope  
When you mope  
I wish you love  
In trouble's curve  
I wish you the best  
In all life's test  
And I sincerely wish  
For you all this  
Because I care  
Sweet sister, my dear.

Love You Bagi

Seema Chowdhury

# Because Of You

My world looks bright  
Because of you  
It emits joy's light  
And that is true  
And it shows the morn  
That is all rare  
That leads the dawn  
Of love and care  
And that is why  
I say it is true  
I feel no pain and sigh  
Just because of you.

Seema Chowdhury

# Because Today

I have to play my role  
But my heart is full of dole  
I don't know what to do  
For things are right now blue  
I wish I can explain  
Why always I get pain  
That fills my heart and soul  
With grief and so much dole  
For life cannot run smooth  
And nothing can today soothe  
The pain and agony's sleep  
That is all running deep  
Because today my life's pole  
Is full of grief and dole.

Seema Chowdhury



# Because You Are A Beautiful Part

What else could one ask from The God  
Who rules the sky, the sea, the sod  
If he has given you his precious gift  
In the form of a friend for your uplift  
A friend who is not only nice and rare  
But do nice things to show she cares

What else could one ask from the God  
Who rules the sky, the sea, the sod  
If he has bestowed his blessings shade  
In the form of a friends loving aid  
A friend who not only smiles with you  
But wipe your teary eyes dear too

What else could one ask from the God  
Who rules the sky, the sea, the sod  
If he has given you the world's best part  
In the form of a friend who has a kind heart  
A friend who is not only important and worth  
But is really a beautiful part of this earth.

Seema Chowdhury

# Before Life Is Done

Look for joy  
Look for fun  
And do it all  
Before life is done

For few comes'  
Time to sum  
Joy and cheer  
In life dear

so try today  
Never to sway  
But find a way  
Of pleasure's day

And do it all  
with joy and fun  
And do it now  
Before life's done.

Seema Chowdhury

# Before Night Falls

Before night falls  
And sun goes down  
Before stars start  
Shinning on the town

Finish your work  
And make your way  
And do for others  
Nice things in the day

Because that's why  
We were sent  
On God's green earth  
So troubles can end

And we can spread  
Happiness and love  
And God's other gifts  
Of heaven above.

Seema Chowdhury

# Begin It

Behind my smiles are my pain  
But I want to accept life's challenges  
And begin it...  
For beginning is the hardest part  
In life's journey  
Where I ride on a roller coaster  
That is exciting but scary at times  
So I am learning to overcome imperfections  
And trying not to feel bad or broken  
And learning to smile and conquering myself  
In the light of truth and begin it  
And bring in rhythm and harmony  
To live happily ever after...

Seema Chowdhury

# Begining Of Trouble

Every ending  
Of one trouble  
Means  
A new  
And  
A wonrrysome begining  
Of another trouble  
because  
This is the true  
face of reality  
Where  
Ridiculous questions  
Discontents  
And  
Muted criticism  
Answers  
Our  
Silence concerns  
And  
Querry.....

Seema Chowdhury

# Beginning Of The End

today is the beginning of all the ends  
I don't know from where to start to mend  
The broken and shabby paths of my life  
On which I have to walk to survive

I really want to put an end to this  
I really want to enjoy God's love and bliss  
I really want to see a clear sky  
Where no gloomy clouds appear as high

I went to put an end to my mind's pain  
That disturbs me alot and makes me insane  
And doesn't let me joyly smile  
Not even a moment in trouble's pile

So I want just to put to an end  
And want to start to repair and mend  
The broken and shabby paths of my life  
On which I have to walk to survive.

Seema Chowdhury

# Behind Friendship

See God's love  
Behind friendship  
Where endless beauty grows  
That is  
The most powerful bond  
Of all times  
Where  
Love lights up  
To fill hearts with joy  
And  
Where friendly smiles  
Crystalize the thoughts  
With  
Deep insight.....

Seema Chowdhury

# Behind The Wall

Why I always feel  
Trapped behind the wall  
waiting for the spring  
To give me joy's call  
So I can join in  
And enjoy this lonely game  
Known as ups and downs  
Of life's basic aim  
Why I always feel  
Trapped behind the wall  
Waiting for the summer  
To give me joy's call  
so I can move on  
with time to catch  
what fate has sent aside  
For me to match  
Why I always feel  
Trapped behind the wall  
waiting for the winter  
To give me joy's call  
So I can sing a song  
Of joy and mirth  
And find a purpose  
To be on this earth  
That God has created  
For all of us to stay  
Where time moves on  
like waves in the bay  
With its ups and downs  
From the start of day light  
And stretches till the curtain  
Falls on the peaceful night.

Seema Chowdhury



## Being A Family Means...

Being a family means someone with whom  
You share tons of amazing moments  
You pour your heart and emotions out  
You focus on things that matters to you  
You create happiness and a language of love  
You color every inch of your life with joy  
You give shape to your desires and dreams  
You speak freely and honestly about feelings  
You draw symbols for new beginnings  
You set up a path to glory and success  
You clear puzzling thoughts and confusion  
You prepare well for the tests of life  
You solve unsolved and strange mazes  
You block negative and nagging views  
You shut unpleasant and nostalgic memories  
You do gratifying and silent prayers  
And above all you say nothing at all  
And still be loved, understood and not judged.....

Thanks a lot for being my wonderful family

' Family is like music, some high notes  
Some low notes, but always a beautiful song '

Seema Chowdhury

# Being A Mother Means

Being a mother means

You smile through your tears and you cry and tenderly sigh  
You shop, clean and cook and you shout, hug and ask why

Being a mother means

You learn to take baby steps and you discover words that are new  
You read fables and tales and teach life's lessons that are true

Being a mother means

You encourage and work hard and you listen carefully and give advice  
You attend all school programs and celebrate child's success twice

Being a mother means

You learn to forgive and forget and you try to mend broken heart  
You feel the same joy and pain and teach right things from the start

Being a mother means

You always have time to talk and give them love, kisses and smiles  
You tell them they are special and have made each day worthwhile

This is what it really means to be a Mother my dear

You feel very special and blessed with God's tender care.

'Being a mother is an amazing and a spiritual journey of unconditional love, enduring strength, and lots of responsibilities. It teaches you to ride the waves, paddle your canoe and embrace the ebb and flow of life and accept the challenges of blessed motherhood'.

Happy Mother's Day to all the mothers

Seema Chowdhury

# Belated Happy Birthday Irum

My card and poem may be late  
But it cannot be out of date  
Because it is for a friend who is nice  
Who do nice things without thinking twice

I wish more words can tell you dear  
How much I really wanted to share  
Each second of your very precious day  
That appeared in many different ways

I wish you joy my dear friend  
With endless pain and boundless end  
Where you can feel free of pain  
Just like sunshine after rain

So try to spread the gift of a smile  
Which shares your half of troubles pile  
So you can enjoy your precious day  
That appears in different ways.

Happy Birthday Irum

Seema Chowdhury

# Best Reason For Hope

You are my best reason for hope  
I love you dear for always in mope  
I know I can look at you  
For a helping hand that is true  
For you always come forward for me  
And help me to set my life free  
And get rid of agony and pain  
And look for the path of fain  
Because you always help me dear  
To see the path of love and care  
Even in the middle of trouble and mope  
You show me the best reason for hope.

Seema Chowdhury

# Best Reply

silence is the best reply  
When you're hurt and wish to cry

For it holds value that is rare  
That doesn't need any part or share

Or any kind of sympathy and pain  
Or any glimpse of tear's rain

That is filled with hard distress  
And makes messy your life's stress.

Seema Chowdhury

# Best Thing God Invented

God invented the sun, the moon, the star  
God invented things that're near and far  
But best of them is the Earth  
That is made up of bricks of joy and mirth  
And in it always love is found  
That adds to the value of the ground  
Where our parents, brothers and sis  
Live with joy from God's bliss  
So that's why i think the best thing  
That God have invented in this world's ring  
Is the Earth and all that is on this ground  
where every where love and blessings are found  
That gives us a lovely reason to survive  
And be happy to be given this gift of a Life.

Seema Chowdhury

# Best Things In Life

Best things in life  
seems lost for me  
And troubles row  
And set free  
The smile and fain  
Of my life  
In which I am  
Now bound to survive  
I wish if not  
I was sent to earth  
To take away from it  
The joy and mirth.

Seema Chowdhury

# Bestow Love

Bestow love  
And you will get  
A grand gain  
In return  
For it is one commodity  
That multiplies  
When divided  
And teaches you to realize  
The real significance  
Of life and living  
And tells you  
That one act of love  
Can take away  
Layers of gloom  
From your life.

Seema Chowdhury



# Better Days

Better days will come soon  
Where will end the trouble's noon  
And will show another day  
Filled with joy in the way  
Where will come huge life's gain  
That will take you to the lane  
To the lane of joys and smiles  
To add color and make worthwhile  
All your life and the days  
And will fill joy in your ways.

Seema Chowdhury

# Better Life

Life is like a wheel  
That starts when you are born  
If never stops dear  
Till from here you are gone  
So try to make it go  
And move fast and on  
Till you fill it with  
Pretty white and clear dawns  
And try to start your life  
With flowers filled lawn  
Where you can grow  
more buds and go on  
And make happier dawns  
So you can leave memories  
Behind when you are gone.

Seema Chowdhury

# Better Than The Rest

It better be for the best  
It better be better than the rest

Yes dear that is what is right  
You must choose the way that's bright

Which not only be good for you  
But for all who stay around you too

That's what really counts dear  
How you show your love and care

And prove with what you really do  
That with others you are sincere too

So whatever you do, it must be the best  
And let it be better than the rest.

GOOD LUCK! ! !

Seema Chowdhury

# Between The Waves

Between the waves of the sea  
There is so much to see  
For with each high and low tide  
There is a long journey and a ride  
That all of us have to cross  
With odds and evens and gains and loss  
So always be prepared for this test  
And know and do it with zest  
And don't let enter in mind any doubt  
Just be the first one to try  
And with lots of courage reply  
And sail calmly between the wave  
Before you reach and sleep in the grave.

Seema Chowdhury

# Beyond My Reach

After so much  
When come  
A sigh of relief  
A moment of joy  
A glimpse of cheer  
A vision of fain  
I felt so lonely  
Because  
I saw and searched for you  
But  
You were far  
Very far  
From me  
And beyond my reach.....

Seema Chowdhury

# Biased Answers

Probe your deepest feelings  
To make an emotional connection  
To form a meaningful picture  
Of the world around you  
And create your own happiness  
To move past pain and hurt  
Without a doubt  
Don't let nagging feelings  
Of isolation and loss  
Hold you back from smiling  
Or springing to life  
Get hold of missed opportunities  
And know that  
There are no easy answers  
Or emotional responses  
Minute by minute  
So don't give biased answers  
Or misinterpret your difficulties  
Just watch out  
And move forward to nurture happiness  
For there is so much out there to know.....

Seema Chowdhury

# Big Dreams

My dreams are hung so very high  
Where rainbow is scattered on the sky  
And my hopes are all built in it  
And are giving cheer as happiness kit

What else can one ask for more  
If one has got every open door  
To enter in it with some faith  
And feel good and extremely great

God please I beg and hope to see  
The shadow of your love all around me  
So I can always cling on to hope  
And learn more art in life to cope

With troublesome situation that stops by  
In my way under the blue sky  
So I can always view sunny sight  
That makes my life extremely bright.

Seema Chowdhury

# Big Gains

Be crystal clear to your purpose  
Be crystal clear to your gain  
And let nothing block  
The path of all your gain  
For big gains can be achieved  
If you can learn how to  
Handle the troubles of life  
That are all bothering you now  
And have the courage to act  
And learn to be the one  
Who is the leader of those  
Who wants things to be always done  
And then all the big gains will come  
To color your life all bright  
And show you the rewards of your work  
That you did with joy and delight.

Seema Chowdhury



# Big Rewards

Big rewards will come your way  
If you can learn today

To do nice things for others  
And for them if you can gather

The flowers of joy and smile  
And make lively life for a while

Because when we, with them share  
All our kindness, love and care

Then God's love comes to stay  
With us through out our day.

Seema Chowdhury

# Birthday Happiness

Bright sun's ray  
Tide in the bay  
Clouds in the sky  
And birds that fly  
Are all stopping by  
To wish you well  
And faintly tell  
A thing no one can buy or sell  
That all kinds of joy that dwell  
Are ringing the Happy Birthday bell  
And are telling you dear  
All joys and cheer  
All love and care  
Whether far or near  
Really wants to share  
Your day with you  
And show you views  
That are all new  
And tell you too  
That they all wish you  
A day that is bright and full of light  
With tons of all pleasing sight  
And wish you all kinds of delight  
From the break of the day  
Till the end of the night.

Happy Birthday Dear

Seema Chowdhury

# Birthday Invitation

Hi dear friends  
Come listen to this tune  
It's a special day  
In the month of June  
When for my parents  
I was given a birth  
To brighten this world  
I was sent to this Earth  
So please join in  
And celebrate it with fun  
With toys and balloons  
Before this day is done.

Happy Birthday Anvita

Seema Chowdhury

# Birthday Wishes For Sameen

You're very precious for me  
And you're rare too  
I love you very much my dear  
And that's really true  
For God has given you to me  
As His gift and his reward  
And God has bestowed all His love  
through His blessing; s chord  
I hope my dear oh my love  
May you'll be given in life  
All the joys and all the fains  
That in this world do survive  
And hope may never in your path  
Any trouble dares to stop  
Or any problem ever finds  
A way in your life to drop  
And may God bestow all His bliss  
For you from heaven above  
And this is a birthday wish  
From me my dear, my love.

Happy 2nd Birthday.

Seema Chowdhury

# Bits And Pieces

When reality threaten the fantasy world  
That we have created for ourselves  
And the hollowness of the soul arises  
Amid the raging internal storm  
We embark on an emotional journey  
And start feeling  
Exhausted  
Frazzled  
Anxious  
And depressed  
And see hope fading away  
And pendulum swinging in the other direction  
With unusual barriers  
In bits and pieces....

And then fear of challenge  
Starts blocking our view  
And making a brick wall  
To darken our days  
And pushing us in hassles of life  
When shadow of depression  
Cast the path with darkness  
And pain is deep and dark  
That doesn't let us bounce back  
From life's set back  
Or collect our scattered mind  
And this battling adversity  
Takes an ackward turn  
And we feel collapsed into the waves of injured spirit  
Where life feels outside of grasp in bits and pieces.....

Seema Chowdhury

# Bitter Life

Don't feel stuck or lost in the dark  
For life has silver linings and marks  
That we need to dig and bring out  
To tear the dreadful layers of doubt

For life has struggles, depressions and blues  
Where you've to learn to overcome hues  
And allow yourself to grow and survive  
In this bitter and painful journey of life

Just remember you'll be wounded many times  
And you'll be forced to sing anger's rhyme  
So don't feel poisoned by the bitterness of today  
For life will bring you peace in your way

Just remember there's a purpose of every life  
That's why God has sent us here to survive  
So try to dig the truth and the answers dear  
And find the secret hidden in each life's layer

And use your wisdom, your love and hope  
And powerful vision to come out of this mope  
And make memories on which to survive  
For that's the main purpose of this bitter life.

Seema Chowdhury

# Blank Days

On the canvas of my life  
The lines that survive  
Only show black days  
And empty door ways  
Because corridors of life  
Where I now survive  
Does not have any  
Meanings nor many  
Words to explain  
Cause of my pain  
And every day I try  
For myself to buy  
Few moments to fill  
This emptiness to fulfill  
the needs of mine  
For joy's moment wine  
But my effort's chain  
Just go in vain  
And again new day  
Appears blank and gray.

Seema Chowdhury

# Blank Document Of Life

Life is like a blank document  
Just place the cursor anywhere to start from  
And as you enter text it will begin to develop  
And move into the unused space  
Where you are given ample options  
To choose, create and modify  
Your deeds, acts and sayings  
To enhance the appearance of your life

So never let any line go blank or empty  
Make the best use of your time and space  
And add borders, shades and special effects  
To display your artistic side and add interest in it  
And you must learn to justify your acts  
And highlight important things in bold letters  
And depending upon what you select  
Your life will increase value and will guide you through

Try the easiest and the fastest way to move along  
Leaving dots, dashes and bold lines for others to follow  
For life hangs in multiple levels where you play and display  
But no matter which ever option you select  
Just make sure that you use the preview window  
And delet unwanted text and replace it with the new text  
Before you click the save and exit button  
To close life's document forever and ever.

Seema Chowdhury



# Blank Paper

A blank piece of paper  
Is  
Very valuable  
And very meaningful  
Because  
It says so much  
To the ears, those ears  
And  
To the eyes, those read  
With  
An eager heart  
And  
A curious mind.....

Seema Chowdhury

# Blessed Day And Night

Enjoy a blessed day and a blessed night  
May you find peace, love, care and delight

May life treats you well and smiles upon you  
And you enjoy your life like a rainbow hue

May you find inspiration in the journey of your life  
May peace kisses your feet and teach you to survive

May sky above you be always blue and bright  
And everywhere you see grace and tenderness light

May you seize opportunity to help others and smile  
May you walk with tender kindness all for long miles

May you win hard and long battles of life in the way  
And may peace and serenity covers all your days

May you make life meaningful and absolutely great  
May everything you do reflects your belief and faith

And may your presence be a source of joy and delight  
And you enjoy every second of blessed day and night.

Happy 19th Anniversary Sunny

Seema Chowdhury

# Blessed Days

God has filled  
In His own way  
Blessings and joy  
In every day  
So now it is  
Our duty  
To seek and find  
It's hidden beauty  
And see all around  
And everywhere  
Miracles of God  
Spread far and near  
And know they're blessings  
Like morning dews dear  
That'll soon melt away  
If not handled with care  
So find them and enjoy  
And be thankful to God  
For being there for you  
And for all these blessings rod.

Seema Chowdhury

# Blessed With Joy Sameen

I feel God's blessing's showering  
Love and kindness on all  
I feel his care and happiness  
On us pouring like rain fall

I feel blessed with joy  
After he has sent you my dear  
Who is a constant source of peace  
And shows light of smile and cheer

I love you Sameen baby  
And want you to know it too  
That my world has broaden with hope  
With your presence and its true

And I'm proud to be your mother  
To whom God gave this gift  
To fill my empty world and life  
And bring my soul an uplift

And I wish you to be very happy  
And be a vision of hope  
And brighten with your shine  
This world of trouble and mope.

Happy 9th Birthday Sameen

Seema Chowdhury

# Blessing In Disguise

Tears  
Sighs  
Sod  
And  
Wails  
Are not a curse  
But  
They help us  
To unload our pain  
So to me they are  
Blessings in disguise  
And  
Once the burden of sadness is unloaded  
It helps us to see  
The beauty of the Autumn,  
The calculus of rewards and punishments  
And  
It gives us the energy  
To flow with life  
And move forward  
With the plans of Hope  
In our world of Tomorrow.....

Seema Chowdhury

# Blessing Of Friendship

Today i want to tell  
A thing that you can't sell  
A thing that feels so good  
And is strong as a piece of wood

That thing is a gift of friendship  
More strong than a gold ship  
That comes from heaven above  
To show Lord's care and love

Friendship is the seed of a flower  
That sprouts within a few hours  
And appears to be a magic  
That overcomes all that is tragic

Sharing is a part as well  
Both cries and smiles that dwell  
There is nothing as nice as this  
Like having the blessing of friendship.

Seema Chowdhury

# Blessing Of God

Oh God Oh my dear Lord  
Forgive me for what I have thought  
Because that moment made me sad  
By thinking of things I use to have

While crying one night in my dream  
I felt touching something soft as a beam  
I woke and saw myself in the meadow  
Surrounded by God's loving and caring shadow

Then I saw something stabbing in white  
That was shining like a bright light  
He told me that he was an angel of God  
And came to take me to see the Lord

I walked and walked till I saw in rows  
The rows of flowers with buds and bows  
Those flowers were so precious and rare  
I haven't seen anything so nice and fair

I looked at the angel with an amazing look  
But instead of saying something he showed me a book  
And told me to read the written story  
and inside I found words of wisdom and glory

And after reading the book I realized  
That whatever God did was all right  
And God always rewards for all good deeds  
And helps everyone when they're in need

And all those flowers in those rows  
Were the blessings of God in the form of bows  
And are certainly distributed among all those  
Who trust and believe in their God the most

And realizing God doesn't view me as bad  
Makes me feel better and glad  
So once again I'll say My dear Lord  
Forgive me for what I have thought.

Seema Chowdhury



# Blessings Are Eternal

Life is a journey through the river of no return  
Where sometimes we teach and sometimes we learn  
That every new phase that starts in your life  
Will surely cease when its end will arrive

So if you look at the sky and it looks misty  
And half bloomed flowers look very dusty  
Then don't feel anguished, distressed or torn  
Remember its dark before each dawn

For happiness is not very easy to gain  
Sometimes you just feel stuck in pain  
But there instead of crying try to just smile  
A smile that can take you for another mile

Where surely you'll see precious but old  
Saying written with the block of gold  
That Bad is never good until worse happen  
So fight this battle with your faith's weapon

So both when your luck is going high or low  
And things aren't happening according to your flow  
Then go to the door of prayers and view  
The Gracious Lord standing with blessings for you.

Seema Chowdhury

# Blessings Hall

everything that happens  
On God's green earth  
Everything that exists  
For us since our birth  
Are nice blessings  
Bestowed upon us all  
From the gracious God  
From his blessings hall  
Where many other things  
Are present and are there  
That he shows to us  
In the form of the layers  
That comes one by one  
When we need them in pain  
And ask for God's help  
In trouble's and in rain  
So put all your trust  
And believe in God  
Who is your creator  
And your only Lord.

Seema Chowdhury

# Blessings Of Being A Mother

A mother's heart is  
Like a safety deposit box  
Where we keep  
All our joy, pain, and hope  
And above all our memories to cherish

A mother's soul is  
Tender and soft, yet strong enough  
To hold our worries and hurt  
And swap it with the sunshine  
To bring serenity and comfort

A mother's love is  
As sweet as honey  
That sweetens our lives  
With its courage and strength  
And spread its amazing fragrance

A mother's prayers is  
Like a soft breeze of good fortune  
That works as the roadmap of miracles  
And guide us towards impossible  
Where dew drops of blessings and loveliness awaits.....

Happy Mother's Day Ma.  
I Love You.

Seema Chowdhury

# Blessings Of Jalsa Salana

Gather sincerely brothers and sisters dear  
To take part in Jalsa and eagerly share  
For God's endless blessings will shower here  
So strengthen your ties with gracious God dear

For Jalsa is a source of blessings and prayers  
And it brings with it serenity and peace sphere  
Where we can collect God's grace and rewards  
And His bounty and mercy in even and odd

And this is an opportunity that we get in a while  
To show our love, respect and smiles  
And share beautiful words and kind deeds  
To show others too and this is our plead

So come on now and do not drift  
And give your heart, mind and a soul a lift  
And participate in fully and benefit from it  
And do not waste time even a bit

For time is precious so avail it with zeal  
And let virtues trap in your heart and seal  
And remember and always keep it in mind  
That you are not here to waste any time

So serve sincerely, honestly and with love  
Guests of Promised Messiah with peace all above  
And ask God for His divine favor and grace  
To decorate your life with kind deeds lace

And request Him to shower His mercy on you  
And show you a glimpse of heaven's breeze hue  
To enjoy His glory at every step of the way  
And collect God's bounty in a refreshing way

May we all be the recipient of the Barkaat of Jalsa Salana

Seema Chowdhury

# Blessing's Rain

When things have gone sour  
And life seems dull and blue  
Then look at God my love  
For He loves and cares for you

And there cling to His door  
And ask Him to give you too  
A part of His happiness  
For he loves and cares for you

And plea to God for smiles  
And for love that is true  
And He will give you all  
For He loves and cares for you

And tell that on no one  
You can put trust dew  
So send His blessings rain  
For He loves and cares for you.

Seema Chowdhury

# Blinding Pain

Rise up in down time  
Find meanings of life's rhyme  
Don't let blinding pain's flow  
To stop you from living show

For we all carry burden's clay  
Of emotional baggage every day  
That blinds us with awe and pain  
And we see losing all our gain

Just create a new life's map  
And try to fill up these gaps  
That appear in our lives  
To teach us rules to survive

And view the world with your eyes  
And subtract from it life's tries  
And don't let this blinding pain  
To take away your fain

And know that positive steps of life  
Will lead you to happiness drive  
And your new life will fit you  
To take away all your blues

So don't let this blinding pain  
Of time to waste your gain  
Just learn to go with the flow  
For this to yourself you surely owe.

Seema Chowdhury

# Bliss Of God

If you have lost any gain  
And have suffered some pain

If life has been cruel to you  
And everywhere you see grim view

Then soothen this burning pain  
And instead of feeling insane

Go to the door of your dear God  
And ask for his help as he is the Lord

For God can give you the best  
And can help you in life's test

Because he can calm the wild  
And protect you like a child

And can hold your hands for a while  
To bring you peace and smile

So for all this go his door  
And ask for his bliss and more.

Seema Chowdhury

# Bliss Of Heaven

when troubles come all around  
And you see no place on the ground

To go and sit there for a day  
For nothing but to wish and pray

Then go straight and knock at the door  
Of God who is gracious and more

And ask him to hold your hands  
As he is the one who understands

And then in his lap lie down  
And tell him what is making you brown

And ask him to send his love  
In the form of bliss from heaven above.

Seema Chowdhury



# Bliss Of Solitude

My heart is filled with pleasure  
For happiness is a great treasure

That comes for a little while  
To spread in our way a smile

So grab this little time  
That's flowing in life's rhyme

For it is the solitude's bliss  
That you'll always miss

For it fills life with pleasure  
For it is a great treasure.

Seema Chowdhury

# Bliss Of Tender Moments

Believe in tender moments  
Of friendship, love and hope  
Know that in this life  
We have to learn to cope

With all the odds and evens  
That dropp in our lives  
And sometimes decides to stay  
For a few moments in life's drive

So let the magic of sunshine  
Comes through your closed door  
And brightened your lonely soul  
And your world around and more

And learn to believe in yourself  
For that is when you'll see  
Star dust and sunbeams  
Unlocking joy's door with the key

With the key of friendship and love  
And smiles and hope and joys  
To brighten your world around  
With the bliss of smiles to enjoy.

Seema Chowdhury

# Bliss Of Wishes

A wish is a bliss  
That increases each day  
To bring happiness  
In others way

For whatever we  
May ask from God  
May return one day  
To us as reward

So always wish  
The best dear  
For others life  
To show you care

For wishes are meant  
To bring sunshine  
In the life of others  
through joyous wine.

Seema Chowdhury

# Blocked Road Of Joy

Something fabulous can happen today  
Only if you know to search in your way  
Hazy sketches of joy that once survived  
In the car of life that you drive

it may look hard and a painful thing  
But remember taht joy only comes in a ring  
Where it is always followed by pain  
Where sometimes you lose and sometimes gain

And I know everything begins and ends  
With a touch of pain's medicated bend  
So what is then, that is making you sad  
And is not letting you to be little glad

Sweet heart, why don't you learn my friend  
That pain walks with you till your end  
Then why don't you try to make a deal  
With pain that is moving on fortune's wheel

Because if once you know how to handle  
Then you don't feel like a melting candle  
That is burning swiftly in your way  
And is blocking the road of joy for your day.

Seema Chowdhury

# Boat Of Life

sometimes I feel  
That  
My boat of life  
Is sinking  
In the deep waves....  
The waves of emotional wounds  
That are rising  
One after another  
Making a deeper impression  
And  
Creating a history  
With these tides.....

Seema Chowdhury

# Bold New Hopes

Don't feel bad  
If discouraged and blue  
And life seems like  
A dull view  
Just get up with  
Bold new hopes  
And get out quickly  
from the sea of mope  
And remember that the  
Pillars of hope  
Is holding up the world  
So never ever mope.

Seema Chowdhury

# Bold Strokes

I painted my life's canvas  
With bold strokes of the brush  
Where I found my petty wishes  
All broken and completely crushed

And random colours of silence  
Filled my shattered life  
And forced me to take my last  
Journey and this unbearable drive

For all the major avenues  
In my life's bare ground  
Were tied in the tight knots  
And gave a vacant look around

Where I couldn't make or plan  
Unconditional acceptance's word  
That I wished to conquer with  
Miracles and prayer's word

And then atlast I gave up  
Knowing that my dreams were crushed  
Under the cruel foot steps  
Of the bold strokes of the brush.

Seema Chowdhury

## Boldly Define Skyline Part 2

As the dazzling sun is rising  
On the glorious horizon  
I am sitting here and gazing  
At the boldly defined skyline  
That is appearing brilliantly  
Behind the rainbow clouds of the day  
Where life seems jubilant  
And shows me amazing sights  
Where everyday is full of surprises  
And the whispering voices in my heart  
Tell me of the door of opportunity  
And the answers of life's questions  
In these fantastic moments  
Where my dreams are within my reach  
And I'm free to fly and break the chain of past  
That brings back smile on my face  
And let me move forward  
And as this day starts here  
I hope and wish to cruise along  
Spinning the cycle of hope  
And be the winner in life  
And live the change that I wish to see...

Seema Chowdhury



# Book Of Life

The book of life contains  
The story of life main

Around which we revolve  
And find way to solve

The mystery of it dear  
With a touch of cheer

So read it all with care  
For each life is so rare

That it gives us a chance  
To know life in advance

And to lead our way  
With a joyful day.

Seema Chowdhury

# Bountiful Autumn

Enjoy the bountiful and splendid Autumn  
And feel the deep sentiments of the soul  
Watch the falling leaves on the bare ground  
And enjoy the crispiness in the misty air  
Feel the chilly nights full of fog and freeze  
And watch the magic of colors changing.....

Observe the cloudless and brilliant sky  
While raking the fallen golden leaves  
And see bright patches of gracious green  
Turning into yellow, brown and tender red  
For these are the superb and shining colors  
Those spread joy and fain to warmth the heart.....

And as Autumn spreads it's irresistable fragrance  
And bursting show of bright rainbow appears  
It pleases our anxious soul, spirit and sight  
And it ends the day on positive vibes of energy  
And loads of enthusiasm that makes life journey  
Worthwhile with deep meanings and sentiments.....

Seema Chowdhury

# Breath Through The Pain

Navigate through  
The narrow streets of life  
And listen carefully  
For the wind chime  
Playing soothing tunes  
And slightly glance back  
And breath through the pain.....

For life is a heavy burden  
Of anxiety and chaotic events  
Where painful areas  
Are dumped upon us  
And we feel like a lost boat  
In the midst of a storm.....

But don't give up  
wind down and clear your mind of stress  
And look for the cherished hopes  
And fair tomorrows  
Where you can breath through the pain  
And shape up your life.....

Seema Chowdhury

# Breathing Thoughts

Breathing thoughts and speaking words  
Make life's way worthwhile  
For it simply shows the road  
On which to walk for miles

For thoughts that breath and words that speak  
Give us the thoughts and tell  
That happiness will be hidden here  
So search it in the place you dwell

And know that always it is true  
That good thoughts bear good fruits  
So now its just up to you  
To learn how to play life's flute

And learn it now before its late  
For this is what makes life worthwhile  
And it surely to us all show  
The road on which to walk for miles.

Seema Chowdhury

# Breeze Of Fain

I wish the wind of joy  
May never in your way cease  
I wish the breeze of fain  
May always cover and freeze

Any trouble that may come  
To block your pleasure's door  
Because for you my dear  
I wish for love and more

May all your days of life  
Be free of troubles and rain  
Where never ever enters dear  
Even a glimpse of pain

Where you can live forever  
With joy and fun and cheer  
And call yourself very lucky  
And close to gracious God dear.

Seema Chowdhury

# Breeze Of Faith

Recapture the precious moments  
And float away in the breeze  
Make yourself a winner  
And let on your life happiness freeze

Let the smile of joy  
Lead every step of your day  
And let hidden pattern of peace  
Decorate with happiness your way

If things get messy dear  
And dark hours cover fear and dole  
Then live, smile and reflect it all  
And take a giant leap of faith as a goal

And when you choose what you want in life  
Then open the door and let the light shine  
So you can see what tomorrow will bring  
And how it will reflect brilliantly like a vine

For there are endless possibilities available  
You just need to believe and open the gate  
And recapture the precious moments in time  
And float away in the breeze of faith.

Seema Chowdhury

# Breeze Of Joy

Fresh breeze of joy  
Is flying high  
So why don't you say  
Forever goodbye  
To the troubles  
And the pain  
And swap it all  
With fain  
Because life is  
What you make dear  
So try and collect  
For you joy and care.

Seema Chowdhury

# Breeze Of The Promised Heaven

God please enlighten every corner in my worlds  
And make me an ardent seeker of truth and trust  
Please display and allow me to clearly understand  
Words of your Divine book to shape my thinking

God please show me your miracles and grace  
And give me the power to recognize and interpret  
Both the apparent and the hidden meanings  
Of things and events that occur in my daily life

God please help me to be steadfast and hope  
For your direction, guidance and Enlightenment  
And show me your compassion and grand mercy  
That can teach me to glow with the spiritual light

God please bless me and cleanse my tired soul  
And wash away worldly and material desires  
So I can drown in your love and praise to win  
Salvation and breeze of the Promised Heaven

May God Almighty bless and guide every step of our way, Amen

Seema Chowdhury



## Brief Visit

Life's visit is very brief  
And full of trouble's grief  
Where pieces of puzzle is lost  
And everybody has to pay the cost  
Where uncovering of life's truth  
Is painful in the early youth  
And secret of the entire life  
Is felt only in pang's drive  
where fears of the loneliness  
And fright of the emptiness  
Covers your whole life's day  
With troubles spread in the way  
That makes our visit brief  
And fill life's days with grief.

Seema Chowdhury

# Bright Days Of Autumn

Bright days of Autumn season  
That God has sent for many reasons  
To walk and talk and enjoy dear  
For life has avenues of freedom cheer

Where trees are bare and still smile  
And under these path we walk for a while  
And share the freedom the tree feels  
By throwing off its burden of pain's deal

So it can also start anew  
And enjoy the fresh morning dew  
With chilli winds and fog all around  
Making like heaven on this ground

For the wind that blows also spreads  
Delightful fragrance of love's bed  
And the leaves that fall and gather around  
Makes God's earth like a rainbow ground

Where red, yellow and brown shine through  
And gives you reason to e joy it too  
And spread brightness for all to enjoy  
And take a walk down memory lane of joy

And be grateful to God for this season  
And enjoy it all for many reasons  
And throw away the burden of pain's dew  
And feel free to start anew.

Seema Chowdhury

# Bright Idea

Don't let anything to stand in the way  
Where cool breeze of happiness sway  
And don't let gloomy clouds to block  
The era of joy in this world's clock

Always stay ready and willing to compromise  
Because its for your own good and wise  
To share with others all your smiles  
Or the bunch of few painful trials

Because best way to live in here  
Is to know what, why, how and where  
of everything that comes in your way  
And leaves you behind the fain's door way

So I think to live in the path that's right  
Is to always follow the ideas bright  
And not to let anything to stand in the way  
Where cool breeze of happiness sway.

Seema Chowdhury

# Bright Morn Of Joy

In the stress of life  
Don't feel lost  
As this frenzy world  
Doesn't pay the cost

And leave you alone  
To sit and sigh  
And feel down and blue  
With trouble's high

So hang in there  
And hope to see  
A bright morn appearing  
With joys for thee.

Seema Chowdhury

# Bright Spot Of Soul

It is never too late  
We are never too old  
To hear the knock of joy  
And to open the door of gold

And let the cool breeze of faith  
Enter and freshen up all around  
And wash away our worries  
And sufferings on the ground

We have to grow up in life  
Whether we want it or not dear  
And face the problems and joy  
To brighten up and separate the layers

The layers of grief and victories  
That make up the bricks of our lives  
And in one way or in another  
Teaches us golden lesson to survive

So do not give up on life  
Find the bright spot in your soul  
And start threading our beautiful stories  
Made up of bitter sweet joy and dole

And this all will only happen  
If we will hear the knock of faith  
And in our souls find a bright spot  
And let peace enter in life's gate.

Seema Chowdhury

# Bright Today

Every crack and dent  
Every cross and bent  
That I feel in my heart  
Gives me a hopeful start  
And show me a new way  
To enter with hope in a day  
And I always try to find  
For myself a peace of mind  
And ask for the help from God  
Who is my only Lord  
Who loves and cares for me  
And want to always see  
Lots of joy in my way  
To make a bright today.

Seema Chowdhury

# Brighten Up Your Day

Let inspiration  
And enthusiasm  
Enter in your life  
And gets a place  
In your heart  
And stay in ease  
To brighten up  
Rest of your days  
And your life.....

Do not close the door  
Of happiness and sun shine  
Let sunbeams enter  
Your life  
From all directions.....

Just listen creatively  
To your deepest self  
And let your soul  
Lighten up  
The divine spark within you.....

Just take off the mask  
From your face and life  
And let your true self  
Smile and stirr  
Happiness in it.....

Seema Chowdhury

# Brighten Your Day

Brighten your day  
Brighten your life  
learn in here  
To happily survive

Smile, smile and smile  
In rain or sunshine  
And wear brightness  
All for a while

And when troubles come  
Don't let them stay  
For too long to  
Spoil your lovely day

Just be strong  
And hang in there  
And shun all your  
deep hidden fears

Adopt a positive  
Attitude my dear  
And know life is hard  
And at times fair

So hang in there  
And brighten your day  
with a beautiful smile  
Of happiness bay.

Seema Chowdhury



# Brightness Of Sun

The sun that is shining bright  
Looks so right to the sight

For in it tons of bliss is found  
That's present on God's ground

So appreciate things that make life  
And learn in it to joyly survive

And search the way to the top  
And let nothing to you ever stop

To count the blessings of God  
Who give it all as a reward.

Seema Chowdhury

# Brightness Of Sunshine

I don't wish to  
wake up each day  
Into the world  
of  
Despair  
And  
Dismal darkness-  
I want to  
Open my eyes  
In the  
Busting brightness  
of hapiness  
And  
Bask in the bringht  
And warm  
Sunshine.....

God please  
I have born enough  
Let me enjoy  
My share of warmth now  
Or else  
I will die.....

Seema Chowdhury

# Brilliant Thoughts Just For You

A birthday means a moment to share  
A birthday means a moment to care

For a birthday is a special day  
That comes just once in one year's way

For a birthday is a day of hope  
When you don't mix your wishes with mope

And you learn to count the joys it has brought  
And all life's lessons you were taught

And today dear it is your birthday too  
So that's why I'm sending for you

Brilliant thoughts with you to share  
Your very special day because I care.

Happy Birthday! ! !

Seema Chowdhury

# Bring Happiness

Spent less time in worrying about tomorrow  
For life is a journey of joy and sorrow

So bring happiness along life's way  
And learn this rule for yourself each day

And try to find its road through life  
And learn more rules of joy to survive

For happiness is like a flowing stream  
That emits joy's light like a beam

And give happiness to all who deserve  
And know to bring other's happiness love.

Seema Chowdhury

# Bring Sunshine

Bring sunshine in your life  
Learn to run in life's drive  
For life is really too short to  
Waste time in colourless hues  
And learn to take responsibility dear  
For your happiness and cheer  
So you can earn alot here  
A lot of joy, pleasure and care  
And learn to clear your foggy vision  
And fly like the prison's pigeon  
who flies fast from the cage to  
Go out and fly in the sky blue  
And when you'll learn in life  
To struggle to here joyfully survive  
Then life will become easy for you  
And sun will shine in your hearts too.

Seema Chowdhury

# Broken Dreams

Nothing for me is left now  
Except  
A hand full of broken dreams  
And  
Some thoughtless deeds  
Of mixed views  
For my mind astir with anticipation  
of evils and desperation  
And  
I'm caught in  
The whirlwind of words  
That is  
Depressing my mind and life.....

Seema Chowdhury

# Broken Links And Ties

I'm walking alone  
With  
The broken links  
And ties  
To find out  
The correlation  
That exists  
Between  
My dreams  
And reality.....  
That directly  
And indirectly  
Rule  
My fate  
My luck  
And  
Probably me.....

Seema Chowdhury

# Broken Pieces Of Dream

Collect the broken pieces of dreams  
And don't let them fall  
For they also hold value  
Even if they are small

So never let anything go  
Or waste just in vain  
For its painful to see dreams  
All pouring out like rain

So collect them all for you  
In your mind and heart  
And give it a chance more  
To show you a brighter start.

Seema Chowdhury



# Brush Away Tears

Brush away tears  
And don't let them fall  
For they're very precious  
Even though they're small  
For life is a battle  
That we all have to fight  
And fix in it things  
That are all right  
So brush away tears  
And with courage's smile  
Look forward with hope  
For all for a while  
And see what you can do  
To change bad sights  
That are shown to you  
In everyday dim light.

Seema Chowdhury

# Brush Strokes

Just like brush strokes  
The magical hands of God  
Are  
Throwing colors  
On the canvas  
of our lives  
And  
Then gives it  
A  
Name of fate.....

I wish  
All the seven colors  
Of rainbow  
To decorate my life  
And all around....

Seema Chowdhury

# Bucket Of Woes

This world is a place where  
Tears are grown on trees  
And everywhere it seems like  
Joys and happiness have ceased  
For mostly when we hope  
To get rid of bad pain  
Then usually we end up  
In the bundle of trouble's rain  
So don't expect too much  
Out of life my dear  
Just know its made of  
The bucket of woes and tears.

Seema Chowdhury

# Buckle Down To Work

Buckle down to work  
With a promise  
Of ending up  
In the circle of  
Winners  
Successful  
Prosperous  
Victorious  
Triumphant  
And  
Unbeaten  
And no one or  
Nothing less....

For this life is a test  
Where  
We all need to learn  
To fight for  
The First Position.....

Seema Chowdhury

# Bumpy Road Of Life

The rocky road of life is high  
So learn to ride without a sigh  
Because that's why we are here  
To achieve God's bliss that is rare  
So don't feel tired to ever try  
For life is a bumpy road very high  
So learn to cross all these blocks  
With the swift movement of a clock  
Because that's why we were given birth  
To seek God's gift hidden on Earth.

Seema Chowdhury

# Bundle Of Ashes

Bundle of ashes  
And ashes of pain  
Is what we get  
After life's rain

For no one gets  
The gift of pain  
Without a terrible  
Glimpse of pain

So learn to enjoy  
Whatever you get  
In this life's journey  
On your road set

And know that all these  
Come in life's days  
To make us strong  
To survive in life's ways.

Seema Chowdhury

# Bundle Of Charm And Love

May your life always bring  
Every bright and special thing  
That you feel you need in life  
To faintly and joyly survive  
I wish you bliss of heaven above  
And a huge bundle of charm 'n love  
So you can spend your special day  
By spreading pleasure in your way  
And may life be always good to you  
And that's my heartiest wish that's true  
Where each day begins on joy  
And ends on happy memory to enjoy  
And 'cause dear today is your birthday  
I wish may you see the rainbow's ray  
Where nothing bad comes to destroy your way  
And that's a special wish for your day.

Seema Chowdhury

Seema Chowdhury

# Burden Of Life

Close the night  
To open the day  
Try to sow  
Flowers in the way  
And learn to pick  
And share the load  
That life gives  
Along the road  
And try to become  
A painter in life  
With whom only  
Colors survive  
With which you can  
Draw rainbow  
And mark the points  
In life's row  
And for that dear  
You have to know  
How to cease  
Life's burden grow  
And color life  
With bright hues  
To take away  
Trouble and blues.

Seema Chowdhury



# Burden Of Stress

I never thought life will be as such  
When things will really change so much  
That I will never get a turn  
To come back in this river of no return  
I don't know why I feel depress  
And under a heavy burden of distress  
Where all things look dull and low  
And tears are ready from eyes to flow  
I wish if once and once for all  
If curtain on life's stage swiftly fall  
So I can get a chance to avail  
To lie quickly where serenity prevails  
Where no kind of trouble or stress  
Comes again to make me depress.

Seema Chowdhury

Seema Chowdhury

# Burden Of Tears

Let tears flow down on earth  
Give it a chance to prove its worth  
For the burden of it is hard to bear  
And that's why it is called a tear  
For it is hard to smile just to pretend  
When there's no way to put on it an end  
So don't stop it, if it wishes to flow  
And want on others to really show  
For it really holds a value in it  
And really is hidden in its every bit  
A huge world of meanings in a way  
That has thousands of painful things to say  
So give it a chance to flow down on earth  
And let it really prove its worth.

Seema Chowdhury

# Burdened Prayers

The gate to the land of pleasure  
Where is present the joy's treasure

Is lost somewhere in the town  
And have left me alone to mourn

I don't know what to do  
I feel very down and blue

And see no path to walk  
And find my God to talk

And request Him to be there  
To listen to my burdened prayers

And give me His hands to hold  
As I'm suffering from worries cold.

Seema Chowdhury

# Butterflies

The cutiest thing that i have seen since birth  
That fly and roam on this earth  
Is the pretty and colorful nice butterflies  
Who can fly both very low and high  
They love to sit on lillies and rose  
And smell the fragrance of the flower with the nose  
And admire the charming and pretty flowers  
That looks bright and fresh in all the hours  
And they really love to dance and sing  
Specially in the warm season of spring  
And spread joy and fun for all who're sad  
And give them reason to feel little glad  
So for that I plea and pray to God  
To give this little creature its reward  
And let them spread joy on this earth  
Because that's why they were given birth.

Seema Chowdhury

# By Gone Days

The moon is shining high  
And sun has left the sky  
And the day has gone by  
Leaving memories of smile and cry

And the stars are glittering bright  
And fresh is today's night  
For another day has gone by  
Leaving memories of pain and sigh

And in that by gone day  
I made castle in the clay  
And this is how life passes by  
Leaving memories of joy and cry

But sometimes in this wild crowd  
I feel tired, bored and loud  
And wish to sleep forever to die  
Leaving memories of smile and cry

So no more glimpse of pain is shown  
Or any unwanted trouble's morn  
Stops by ever in my life's cry  
To show this is how life passes by.

Seema Chowdhury

# By Gone Events

The nostalgic memories  
Of the by gone events  
Are all set  
And destined  
To flow back  
In my lost thoughts  
To show me  
God's love  
Behind it....

Seema Chowdhury

Seema Chowdhury

# Calm Down

Don't feel upset  
Just calm down  
If things around  
feels all brown  
For nothing else but  
Only a try  
Can help you to  
Get rid of sigh  
So learn for you  
To smile in your way  
And know how to  
Handle each day  
So you won't feel  
Upset and brown  
And know how to handle  
And just calm down.

Seema Chowdhury

# Calm Forever

Appear calm forever  
Even if never  
Ever trouble's stop  
In your way to drop  
And learn to start  
Your life's part  
Once again with zest  
In all life's test  
And stay calm  
And use it as a balm  
On your troubled life  
And in it survive.

Seema Chowdhury

Seema Chowdhury



# Calm Negative Emotions

Calm negative emotions and loosen up  
Don't fight with your anger and frustration  
Or hold them back for too long and hard  
Let it all out and take a back seat for a while  
Let it flow smoothly without any hindrance

If things are too heated, scary or painful  
Then take some time out and leave it for tomorrow  
Give yourself time to calm down and recharge your hope  
Don't always disagree or fight back with your inner self  
Foster understanding and have a pep talk in your mind

Life is too short to live carelessly or to drag along fear  
So throw away bitterness and let it all flow free  
And clear the thick layer of troublesome fog and mist  
So you can see sun coming out on the bright blue sky  
With its amazing and splendid beauty to lighten you

Do not let the bitterness of life tear you apart  
Or pull you in different directions with its needs  
Throw away things that you don't believe in  
Out of the window and the revolving door of life  
And calm your negative emotions to start afresh.

Seema Chowdhury

# Calm Troubled Mind

Calm your troubled mind  
With words of peace all kind  
And try to learn this art  
And give your life a start  
With words of joy to calm  
That can work as a healing balm  
To calm down the sigh and pain  
And swap it with smile and fain  
So you can be happy again  
And stand firmly in life's lane.

Seema Chowdhury

# Candle Of Wishes

Wishes are the candles  
That give out the light  
And gives us new hope  
To make things bright

For whatever things we wish  
And whatever we hope  
Burns another candle  
To wipe away mope

So keep on wishing  
And hope for the best  
And cling on to it  
With all your zest.

Seema Chowdhury

# Candle Of Understanding

Lit a candle in thine heart  
Of understanding from the start  
So no kind of trouble's seed  
Can grow to become hinderence weed  
I wish if I can understand  
And lend you in trouble a hand  
And share it all with you  
When you are feeling blue  
I hope and wish you the joy  
That you can forever enjoy  
So you can for yourself gather  
Tons of pleasure in all life's weather.

Seema Chowdhury

Seema Chowdhury

# Cannot Be Erased

memories are engraved  
Deep within the heart  
That cannot be erased  
As from it impart

True sense of love  
And joy and cheer  
And spread for all  
Smiles that are rare

And memories are  
Like flowing waves  
On which we ride  
And enter the cave

The cave of our past  
Where are hidden things  
All things that include  
Joy and pain's ring

That we experienced  
In our lives and days  
That shaped us  
In different ways.

Seema Chowdhury

# Car Of Life

Smile, smile, smile  
All for a while  
For it can take  
You far away miles

In the glen  
Of hope and fun  
Where you can  
See the sun

The sun of zest  
That is the best  
That surely help  
You in life's test

So try to survive  
And learn to drive  
My dear this car  
Known as life.

Seema Chowdhury

# Careful Thought

A careful thought for you  
That i'm sending dear  
May bring you love 'n peace  
And a way of cheer  
Where you can always find  
Happiness waiting for you  
Looking with sincere eyes  
And a thought that's true  
And I hope wherever you go  
May you always get  
What you ever wish  
In life's stage all set.

Seema Chowdhury

Seema Chowdhury

# Cast Aside Worries

cast aside worries  
And learn to bury  
All your pain  
And your vain  
Deep in your heart  
And then again start  
A day of hope  
Without past mope  
Because days are few  
Butthings are many due  
So don't take rest  
Just strive for the best.

Seema Chowdhury



# Catch Up With Life

God help me to catch up with life  
God help me to peacefully survive  
And let my soul take a flight  
And spread brightness and light

I don't want to miss it all  
I want to catch up life's fall  
And wish joy to be my guide  
And walk on life's path wide

God open the door and gate  
Let me climb stairs of faith  
And let me reach you with love's cream  
And take a walk in the field of my dreams

For miracles do occur and I know  
So please come forward and show  
Your magic of care and joy  
So I can this life truly enjoy

And catch up with my falling life  
Where I need God you to survive  
For frustration and despair of time  
Is ruining my life's smooth rhyme

And is forcing me to dip in mope  
Away far away from hope  
Where staircase of faith is lost  
That I need to find at any cost

God please show me your love and light  
Hold my hands very tight  
And help me to catch up with life  
So I can also peacefully survive.

Seema Chowdhury

# Cave Of Depression

I have gone too far  
In the cave of depression  
That  
Now  
Even the avenue of return  
Is lost  
In the mist of time and distance  
From where  
I originally started  
My journey.....

Seema Chowdhury

# Cease The Storm

Most loving and most caring God  
You know my aches and pains my Lord  
For my life is like an open book  
That you can read from any nook

My life has thrown me right now God  
In a curve that is forming my Lord  
A thick fog of dark clouds  
That is filling my life with a doubt  
And also layer of withered and old  
Troubles and pains all existing in bold

Oh God oh my dear Lord  
Please help me now my dear God  
And cease this severe icy storm  
That is ruining my life's precious crown

And take away this tremendous pain  
That is freezing my heart and soul's pain  
and is leaving me to suffer all alone  
In this abrupt pounding storm of moan  
where I'm speechless and my words have sunk  
In the deep silence of this cruel cup

Oh God oh my caring God  
please give me peace of mind my Lord  
And let me collect this treasure of peace  
So laughs and joys in my life can never cease.

Seema Chowdhury

# Celebrate It

Life is a gift  
Celebrate it  
For it holds value  
In every bit  
where joyful surprises  
And endless fains  
Are waiting to be  
Shown again  
And sweet dreams  
And pleasure's sight  
Are unfolding  
That're bright  
And giving us joy  
And pleasure's stay  
So we can pass  
With joy our days  
And call it a  
Sunny life  
Where endless joys  
Fort us survive  
And teaches us to  
Celebrate this gift  
That's known as life  
For our up lift.

Seema Chowdhury

# Celebrate Spring

Don't be scared of foggy and slow nights  
Don't let gray sky dull your spirit's light

Don't let heavy clouds of rain  
Wipe away from you warmth and fain

Just glance outside and open your door  
Let warmth and sunshine enter your store

And let shining sun brighten your life  
And fill it with joy's fragrance that survive

Just reach out and shake hands  
With amazing colors and warmth's band

And get ready to celebrate spring  
And see new blessings that it will bring

And know it is time to forget sorrow  
And stop worrying for troublesome tomorrow

Just open your heart and look for joy  
And embrace happiness and just enjoy

For spring is a gift from our God's bowl  
That comes every year to renew our soul

And remind us that good days and grace  
Are ready to bring smile on your face

So get ready and celebrate spring  
And rekindle hope and see what it will bring

And open your mind and your heart  
To welcome a new and a bright start.

\*\*\*2nd poem in spring series



# Celebrate The Gift Of Life

With lots of love and hope in your hearts  
Today you're both going to start  
wonderful lives that is full of dreams  
Where reality is reflecting joy's beam  
I wish may life be good to you  
Where sweetness and joyful hues  
Colour your lives and fill in it  
Gracious God's love in every bit  
Where crisp morns and evening breeze  
Greet your lives and then they freeze  
So you can celebrate the gift of life  
And joy filled days that here survive  
And as you two step into this vale  
The vale of life with promising tals  
I hope you absorb colours of smiles  
That'll help you to walk with jpy for miles  
And let you enjoy ther glorious morns  
And sweet scent of miraculous and faithful dawns  
And fill life's path with bright spring's flower  
And thank gracious God for His blessing's shower  
Who has blessed you both with His love  
That's His special gift of heaven above  
That teaches you how to celebrate the gift of life  
And be sincere and faithful husband and wife.

Seema Chowdhury

# Celebrate Yourself And Your Life

Don't let tears form in your eyes  
Or let depression and sadness  
Find a way into your life  
And give yourself space and time  
And close the conflicting thoughts  
And take a moment to accept  
The cause of your pain  
And illustrate your feelings

Then only you will learn  
To leave your comfort zone  
And get up after a great hurtful fall  
And relieve your soul  
From anxiety and grief  
And see your stress melting down  
And giving you a reason  
To celebrate yourself and your life.....

Seema Chowdhury



# Celebrating The Life Of A Great Man

He was a great leader and an excellent teacher  
He was a talented visionary and an ardent preacher

He was a real optimist and a sincere friend  
He won many hearts with his radiant smile's blend

He was honest, trustworthy and had a beautiful mind  
His spirit was filled with wit and knowledge of all kind

There was always a note of optimism in his unique voice  
And every time he spoke his heart and soul rejoice

He always worked hard and with his zealous passion  
He conquered the world of challenges and compassion

Today we don't mourn his death but we celebrate his life  
And all hope and happiness that exist and survive

And we promise to remember his precious life's rhyme  
And follow his deep footprints on the sand of time

May Gracious and merciful God show him his love today  
And may his soul rest in peace, for him I always pray

"Great men are like eagles and build their nest on some lofty solitude"  
Arthur Schopenhauer

With love and best regards written for my Father in Law, may his soul rest in  
peace

Seema Chowdhury

# Certain People Are A Joy To Know

Certain people are really a joy to know  
Whose presence makes you feel away from foes  
Where only thing in their presence be felt  
Is over whelmed love and kindness belt

These people can also be called blessed ones  
Who in their self carries tons  
of sincerity and trust and much more gifts  
that give other's life a brighter lift

So for them I'll say and always pray  
May God remove all their whole life's grey  
And mark their lives for brighter Springs  
For all the joys for others they bring

And these are the ones who really deserve  
To get all kind of happiness and love  
As they know well how in their own style  
To give others a gigt of laugh and smiles.

Seema Chowdhury

# Chain Of Events

In the rat race of this world  
I try to follow  
The chain of events  
That occurs everyday  
Because  
Then suddenly  
Just in an eye blink  
It takes away  
Everything from us  
Including our dreams  
And fantasies  
And then force us to  
Find  
The colors of life  
And our lost shadow  
Among  
The dark looming clouds  
And  
The thundering claps  
That is virtually invisible  
To the known world.....

Seema Chowdhury

# Chance Of Time

Time and tide wait for none  
So do everything and be number one  
And don't ever waste any time  
Or else you'll be left in this rhyme  
Because you cannot hold it dear  
As time is a gift very rare  
That slips quickly in our way  
And leave nothing behind in a day  
So try to avail this chance of time  
And don't lose it in this life's rhyme  
For time and tide wait for none  
So do your best to become number one.

Seema Chowdhury

Seema Chowdhury

# Change Brings Life

It may sounds not very true  
It may sounds a thing of blue  
But this is a fact that survive  
That change brings you new life  
For with change you always hope  
And plenty for you is the scope  
So don't give up the friendly smile  
And work on it for a while  
And remember always in life's rack  
To step forward 'n never look back  
Because that's what makes you strong  
To bear all life's right 'n wrong  
So remember this and on it you act  
That change brings life and that's a fact.

Seema Chowdhury

Seema Chowdhury

# Change For Better

Let every change  
Be for the betterment  
Even if it is  
For a step ot two...  
And remember  
With sincere prayers  
We can always find  
God's majesty  
His light  
And  
His prayers  
That can show  
Beautiful visions  
Of real happiness  
That can make our lives  
Richer and fulfilling...

Seema Chowdhury

Seema Chowdhury

# Charge Of Joy And Fain

Of joys and pains  
Of losses and gains  
Our lives go on lane  
With sorrows and fain  
For life doesn't stop  
For any one's drop  
It follows its flow  
Of perfect show  
And go on with it  
without merry's bit  
So learn my dear  
The way to cheer  
And see what can bring  
The changes in the Spring  
And know there's vast  
Block of our past  
That is lying in our way  
Of happiness stay  
So try to put off mope's fire  
With the water of hope's desire  
And learn to get a hold  
By being incharge bold  
The charge of joy and fain  
In life's on going lane.

Seema Chowdhury

# Charming Spell Of A Smile

A smile is a magic  
That overcomes the tragic  
And fills the life  
With joyous drive  
And show us face  
Of pleasure's trace  
And tell us all  
About big and small  
Ways to get  
Joy all set  
So in trouble's pile  
Charming spell of a smile  
Can show you morn  
And a bright dawn.

Seema Chowdhury



# Cheer Up Friend

Optimism is the key note of life  
That shows us bright ways to survive

And springs eternal joy in our hearts  
And give us chance to brightly start

Another day with some new hope  
And give us courage not to mope

For the light of hope brightens our day  
And show us colorful and new ways

For a bright beginning after the darkness of the night  
To set all things in their places that're right.

CHEER UP! ! !

Seema Chowdhury

# Cherish The Friendship

Cherish the kindness of a friend  
For a care of her can never end

For a friend is a stream of care  
That never stops sending love that's rare

So believe in true friendship and know  
That kindness flows on in a row

So show how much it means to you  
And try to be with her true

Because just once in everyone's life  
we get chance to pick and survive

And enjoy the life with a friend  
Whose love and care has no bounds or ends.

Seema Chowdhury

# Cherished Memories

Memories which bring with it some hope  
Memories which help you with pain to cope  
Memories which is a source of delight  
And set things in its places right  
Is a cherished memory in my view  
That brings with it some joys true  
With the help of which you can survive  
And forget painful moments of real life  
So don't lose hope and always try  
To stick to god's door without a cry  
And ask him to help you in this pain  
And exchange these moments with some fain.

Seema Chowdhury

Seema Chowdhury

# Child Of The Streets

I saw a child  
Shivering with cold  
With a dull face  
Burdened with  
Misery  
Spasm  
Torture  
And fear....  
As if  
He has seen a phantom  
As if  
He has seen famine  
Throughout his life....

He cried a painful cry  
He dropped a flood of tears  
he grumbled and wailed  
He asked for help  
To  
lessen his misery and pain  
And to wipe his eyes and fate  
Because  
He was a child of the streets.....

Seema Chowdhury

# Childhood

Childhood  
Is that precious part  
Of ones life  
Where  
The cruel words of  
Pain  
Agony  
Distress  
And  
Depression  
Are not known  
Or even included  
In life's dictionary.....

Seema Chowdhury

Seema Chowdhury

# Childhood Memories

Childhood memories I'll say  
In our minds always stay  
For they're those precious days  
Whose memories can never decay  
For in those days we are away  
From all kinds of blues and greys  
And only then in our way  
We see joys and happiness stay  
And that's why I always pray  
Now from my Lord that may  
Flowery be the path where we stay  
Where no kind of pain's ray  
Can enter to bring pangs hay  
To destroy and to take away  
The nice memories in any way  
That's called the childhood days.

Seema Chowdhury

# Chunky Curves Of Life

Follow the light  
And renew your soul  
With a positive frame of mind  
And learn to handle  
The Knicks-Knacks of life  
And wake up with the sunrise  
To expand your horizon  
And paint your dream bright  
According to your own perspective

Just Calm down and appreciate every moment  
And draw your bold and chunky curves  
With vibrant colors  
And skillful rhythms of life  
Focus on things that matter to you  
And recharge your faith  
To wipe clean every surface  
So you can surf through the stormy sea winds  
For it is part of life's game

Just appreciate what you have  
And watch your thoughts and emotions  
And chase the waves to keep love alive  
And discover bold and chunky curves  
To slide-by through pain....

Seema Chowdhury

# City Of Hope

Look for joy and some pleasure  
For they are life's huge treasure  
And stay in the happiness node  
And learn this precious code  
That can take you out of mope  
Into the city called HOPE  
Where sun shines all very bright  
And shows you pretty sights  
Where you have all the rights  
To reveal your hopes that're bright  
And get a new lease on life  
And learn more art in it to survive.

Seema Chowdhury



# Clean And A Fresh Start

There is no suffering without happiness  
No struggle without any peace  
No defeat without joy of victory  
And no loss without gain's lease

No Autumn without sparkling Spring  
No winter without splendid Summer  
No coldness without a touch of warmth  
And no bitterness without sweet hummer

There is no wrong without a right  
No tears without a tender smile  
No reality without an emerging dream  
And no weakness without strength's pile

So hang in there my dear friend  
And never plan to ever quit  
We all know at time life is difficult  
And also harsh, bleak and a misfit

But remember that you have an option  
To pick and color your life's cart  
And win this race of running time  
By awakening Spring in your heart

And surround yourself completely  
With inspiration, motivation and care  
To fill life's empty and hollow space  
With countless and tender prayers

So you can learn life's valuable lessons  
Those can warm up your weaken heart  
And help you to always choose happiness  
That will give you a clean and a fresh start.

Seema Chowdhury

# Clear The Path For Yourself

Clear the thorns from life's road  
Try to lift another load  
And smile along the harsh way  
And sing the song and enjoy fay  
For both nice and harsh side  
Of your life is very wide  
So try your best to always avail  
All nice chances that do prevail  
And know that if you will try  
You can get the answers of the WHY  
And you can learn how thy pace  
Can be cleared with luck's ace.

Seema Chowdhury

# Clear Words

Let your life  
Flash before you  
Let it show  
Everything true  
And let it tell  
what you've done  
Before life is gone  
That is just one  
And let it say  
In words clear  
What is hidden  
In its layer  
And let it straighten  
All its bends  
Before your life  
Signals the end.

Seema Chowdhury

# Climb The Ladder Of Success

Climb the ladder  
Of success  
Victory  
prosperity  
Triumph  
Conquer  
Luck  
Good fortune  
And blossom  
And view  
Glorious and fabulous scenes'  
From the top.....

And remember that  
This is where  
You want to be  
Forever and ever.....

Seema Chowdhury

# Climb Up

Climb up towards the smile  
And happiness in your trial  
So you can get a road  
To walk to share your load  
For life is bitter and hard  
And a pre-written card  
Known as faith my dear  
That's for everyone rare  
So try to spend your day  
With working in your way  
With joy 'n fain 'n smile  
Even in life's hard trial.

Seema Chowdhury

Seema Chowdhury

# Cling On To Hope

Cling on to hope like the bees on flowers  
And talk of it in life's every hour  
For this dear friend is the greatest power  
That lets you reach the success tower

And I know its its pretty hard to do  
But don't feel bad, down or blue  
For that morn will soon come in view  
That will color your life with success hue

And don't let anyone to break your dreams  
For hope works as the medicated cream  
That help even in cases that're extreme  
And shows you the way of success beam

And remember one thing dear always try  
To wipe tears that stays in your eye  
And give it time to swiftly dry  
So you can see the success sky

That is shining bright just for you  
And is reflecting its color that are new  
That all seems very honest and true  
And let you gather success that's due.

Seema Chowdhury

# Close To You

Hold me close to you  
Don't let me go away  
I love you my dear love  
So let me always stay

Very near to you  
Because we belong together  
So let us both try  
For us to always gather

Flowers of loving care  
Where affection grows too  
And give way to much more  
So happiness can come to you

Please hold me in your arms  
And don't let me go away  
Because we belong together  
So let's make memories today.

LOVE YOU SUNNY DEAR

Seema Chowdhury

# Closed Door

Don't look at the closed door  
Look in and around for more  
Because life is an ongoing test  
Where you must take some rest  
To cope up with ups and downs  
That makes you grey and brown  
For life is not what you make  
It is not only a piece of cake  
It is an on going tough test  
Where you must take some rest  
To cope up with it's distress hue  
That makes you dull and blue  
And know that if you want to survive  
In this trouble some, unsettled life  
Then you must have a firm belief  
And breath a sigh of joy and relief  
And then you will see many new doors  
Will open from all sides and stores  
And will bring brightness from all sides  
And cool breeze of happiness wide.

Seema Chowdhury

Seema Chowdhury



# Closer To Reality

Don't go very close to reality  
For hidden things behind the face of actuality  
Is always very bitter and very hard  
That no one wants to hold in life's card

Because whatever is shown to you  
In life's days and nights are true  
And are mostly bitter and unkind  
That you don't want to accept in mind

So do everything just nice and slow  
And be aware of your friends type foe  
Who always try to snatch your pleasures  
By taking away your life's joy's treasure

And know it is very hard to survive  
In every moment of this bitter life  
So don't go very near to the reality  
Or move veil from the face of actuality.

Seema Chowdhury

# Cloud Of Dust

The sky is unclear  
And full of clouds  
And here I'm stuck  
With many doubts  
The doubts that create  
Dust in my life  
And in every path  
where I survive  
Where silence fills  
The air and around  
And where no one knows  
How to repair  
The injuries created  
By pain and fear  
And here every night  
Seems to prolong  
Just like pain  
Whose path is long  
That never ends  
To start a new day  
Where everyone can  
With peace stay  
And that is where  
I survived in doubts  
Filled with the sky  
Of mist and clouds.

Seema Chowdhury

# Clouds Of Distress

The clouds of distress has covered the sky  
Where painful breeze is blowing high  
I wish if today I can stop  
The hopeless rain of troubles to drop  
On the core of my mind and heart  
So I can now once again start  
A new day of brightness and fain  
Where no glimpse of any pain  
Ever appears on the sky  
To cover the shining sun so high.

Seema Chowdhury

Seema Chowdhury

# Clouds Of Doubt

If you find troubles in your way  
And road ahead seems astray  
And you don't see any hope  
But just a sea of mope  
If you see distress all around  
And everywhere on the ground  
And the sky all covered with clouds  
And the mist of fear and doubt  
Then don't lose hope or cry  
Neither show you pain 'n sigh  
But just hang in there  
For hope is a gift very rare  
That can show you road  
That can share your load  
And can change all bad  
And swap places with the glad.

Seema Chowdhry

Seema Chowdhury

# Clouds Of Dust And Smoke

Pick your way out  
Of the clouds  
Of smoke and dust  
And  
Try to quell your pain  
And find answers  
Of life  
before a new dawn approaches  
for  
Each day that breaks here  
has its own  
Troubles  
And turmils.....

Seema Chowdhury

# Cold World

Vanished in thoughts  
Of  
Hopes and fears  
I'm  
meeting myself  
In a place  
Where  
My race will begin  
In  
The cold world  
Where  
There is no sense  
Of  
Life or joy.....

Seema Chowdhury

# Collect Courage

Its surely worthwhile  
To carefree smile  
Even in hard  
Trouble's pile  
Because life gives  
Chances less  
To successfully pass  
The phase of stress  
So learn to bring  
The message of hope  
And collect courage  
To overcome mope.

Seema Chowdhury

## Collect Ideas

Collect ideas that are bright  
And all such things that seems right  
And then you will see all around you  
Clouds of happiness surrounding you  
Just remember this my dear friend  
If you want to have fun till the end  
Then you must search and try to find  
A free spot lying in your own mind  
Where you can gather thoughts that are new  
Which gives you peace of mind that is true  
Where you can have ideas that're bright  
And all such things that seems right  
And you can see joy around you  
With the clouds of happiness surrounding you.

Seema Chowdhury



# Color Life Bright

Take things out  
In a calm way  
And do nice things  
In each day  
And do it all  
For others too  
For whom you care  
And love too  
And give your smile  
To those in need  
And don't let grow  
The trouble's weed  
And try to bring  
Joy and delight  
For you dear  
To color life bright.

Seema Chowdhury

Seema Chowdhury

# Color The Ray Of Hope

Empty the mind from the burden  
And trouble of this life  
Flow in the rhyme of it  
And learn to happily survive

And know deeper the sorrow is  
The more it teaches you dear  
How to overcome strain and pressure  
That comes in painful layers

And try to improve your luck  
By facing challenging times in the way  
And color the ray of hope  
In each and every life's day

And remember that you have to  
Create your own language of love  
That'll bring you comfort and peace  
That're gifts of heaven above.

Seema Chowdhury

# Colorful Words

In your way I am sending  
Colorful words of fain  
In your path i'm sending  
Wishes and good luck's train  
In your pace I am sending  
Pleasures and hope  
And on the road of your life  
The care and love's rope  
And i'm doing it all my dear  
Because in my own way  
I want to brighten  
Your whole life's way  
Because you're very special  
For whom I really care  
And always wish for you  
Pleasure, fain and cheer.

Seema Chowdhury

Seema Chowdhury

# Come Back Soon Friend

The sky is shinny, bright and sunny  
Come back, come back honey  
I miss those days i surely do  
When we were together me and you

Its so long we haven't gossip around  
It's so long we have't sat on the ground  
It's so long we haven't shared our smile  
It's so long we haven't shared trouble's pile

I wish once agian you can come back  
So we can again follow our track  
And which we walked and shared our tears  
And showed in our ways how much we cared

And remember the time when we followed the trend  
of sharing our joys and secrets as a friend  
So again i wish now that the sky is sunny  
That you come back quickly honey.

Missing You Friend! ! !

Seema Chowdhury

# Come Out Of The Whirlwind

Don't schedule joy  
For another day  
Don't feel  
Distracted  
Interrupted  
Isolated  
Or  
Intruded  
For life today  
Is flowing  
In frenzied pace  
And the only way  
To come out of this whirlwind  
Is to  
Take a break  
And  
Schedule joy in your day  
And sink your soul  
In the explosive burst  
Of pleasant memories.....

Seema Chowdhury

# Come To Pass

Problems come to pass  
Believe me dear it is true  
So face it with courage  
And learn to pinpoint hue  
The hue of life thta's present  
In colours that are bright  
And show you in your mope  
Path that has hope and is right  
So donot be scared of  
Stormy weather of life  
For they just come here  
To teach you how to survive  
And these problems here come  
To quickly pass away  
And teach you how to  
Brighten your life's day.

Seema Chowdhury

# Companionship

I understood  
The meanings of  
Companionship  
When my heart and soul  
Told me  
That your life  
Is more precious  
Than my own life  
Because you  
And only you  
Showed me  
That  
Love endures  
And love is living  
Because you brought  
Infinite passion  
And  
Meaningful happenings  
To my life.....

Happy Anniversary Sunny

Seema Chowdhury

# Concealing Shade

These  
Concealing shape of things  
Are  
So misleading  
That  
They appear as hope  
In the shattering moments  
But  
When I rush towards them  
They disappear forever  
Leaving me alone  
Feeling more miserable  
And  
desperate than ever.....

Seema Chowdhury



# Confused Life

Nonoe's life is  
Void of  
happiness and love  
Sometimes  
It just takes  
A little bit longer  
To reveal  
And uncover them.....  
From the deep hidden  
realities of life  
That is full of  
Actions and reactions  
Love and hatred  
Loyalty and selfishness  
Honesty and hypocrisy  
And above all  
truths and falsehoods  
That we encounter  
In every phase  
Of our lives.....

Seema Chowdhury

# Confused World

It is hard  
In fact  
Very hard  
To live  
In this confused world  
Where  
No one knows  
The purpose  
Of being here.....

For life's maze  
Is extremely confusing  
where we all wonder  
When and why  
And then  
We spend the whole life  
Searching for it.

Seema Chowdhury

# Confusing Problem

If floor beneath you  
Seems slipping away  
And nothing seems  
Good in a way

Then remember its just  
Confusing problems of time  
That appears for all  
In life's rhyme

So hang on  
To it with hope  
And learn in life  
The rules to cope

With all these problems  
That do survive  
In everyone's day  
In everyone's life.

Seema Chowdhury

# Congratulations Adnan! ! !

Congratulations dear Adnan, well done well done  
You deserve all this joy and all sorts of fun  
For working day and night and thinking they were same  
And doing your best to get to your aim

There were time when you felt you were stuck in a trial  
And didn't have a thing to look at to smile  
But now all those things are over atleast  
And all those stuff are the problems of your past

And this is just a beginning for you my dear  
So always be ready to take your share  
Then leave the rest to your gracious Lord  
Who'll pay you back in the form of reward

I'm really happy for you but don't know what to say  
I wish I was there to share your precious day  
But now I'm far so what I can do for you  
Is to wish you luck in anything you ever do.

Seema Chowdhury

# Congratulations Faiza! ! !

My wishes are many but words are few  
I wish for you nice things that are new  
That can fill your way with nice and bright  
And sunny views of life that are right

I wish wherever you go in your way  
may victory accompanies you throughout your day  
And lead you to follow the happiness guide  
Then life will be precious and wide

Dear Faiza, I'm really glad for I know  
In this waiting world of columns and rows  
May you get all life's rare and best  
For you surely played your role with zest

And once again I'll say congratulations Dear friend  
May your whole life's joy never ends  
And in this world of loss and gain where we survive  
May victory always greet your precious life.

Congratulations! ! !

Seema Chowdhury

# Congratulations Farah

Whatever you dream, whatever you do  
Remember your future is in the hands of you  
So don't wait or take any kind of rest  
In this world if you want to attain the best

For this life is like a river of no return  
Where not always you're given the turn  
To gain all that you've unconsciously lost  
In this frenzy world that's full of forest

Specially the precious gift of the moving time  
That goes on forward in one rhyme  
And moves very swiftly to present from past  
To show your future ahead atleast

And I'm glad today because I heard the news  
That you met victory that brighten with hues  
On the path on which you intended to walk  
Hand in hand with the time of a clock

So I pray that may God give you chance  
To acquire more knowledge and skill in advance  
So every new tomorrow begins with a smile  
And lightens the candle of hope for a while.

Seema Chowdhury

# Connection With God

Our connection with God  
Is something forever  
It started before we were born  
And  
It'll not end when we'll die-  
It is an endless circle  
Of a round series  
That started before the start of  
The start  
And  
That will not end  
Even after the end of the end...

Seema Chowdhury

# Consider A Change In Direction

Stash your worries, fear and confusion  
And free yourself from desperate times  
Search for happiness and hope for the best  
And consider a change in direction  
Walk confidently through the halls of life  
And be willing to think creatively

Don't let your hope fade or dim  
When you are walking through  
The winding tunnels and twisted passages  
And don't let yourself be taken  
By the emotions of the moment  
Or the waves of fear and weakness

Ask for God Almighty's help and pray  
And search for peace and comfort  
And let the sun shine through the window  
To engulf your soul and your surrounding  
In its brilliant rays of luminous light  
To bring you strength of faith and love

When you are tired and desperate  
Don't quit or let fear come racing back  
Consider a change in direction  
And gather the strength to cope  
With a variety of life's struggle  
To step up and get your life back.

Seema Chowdhury



# Consoling Words

In the time of trouble  
When you're feeling blue  
Use consoling words  
To heal all your dews  
For words can surely bring  
You cheer and some joy  
And can show you dear  
Nice ways of life to enjoy  
So learn and always remember  
And believe in it as true  
That consoling words can help  
To clear all your blues.

Seema Chowdhury

Seema Chowdhury

# Conspiracy Of Silence

Why I feel lost? ? ?

Why I feel torn? ? ?

Why I feel blue? ? ?

Why I feel down? ? ?

Today

I feel as if

Trouble's wall is standing

In my way

I think--

It's the conspiracy of silence

That have created

The foundation of tears

For me-

To drown in the

Deep water of depression and mope.....

Seema Chowdhury

# Continue Ahead

Make bold moves  
And clear your path  
Have deep conversations  
And try very hard  
For life is a drama  
That we must play well  
To survive in this journey  
With happiness spell

Answer all your dreams  
And continue to dance  
Keep on singing joy  
And happiness song  
Chase away worries  
And dive deep in life  
To bring back hope in this  
Island of excellence drive

Just remember to proceed  
With caution and care  
And do not forget  
That life isn't always fair  
So try to strongly tie  
Loose ends of the past  
To enter in your future  
Without worries at last

Create a vision  
To continue ahead  
With a beautiful purpose  
In real life's shed  
And play your part  
With confidence very well  
And survive this journey  
With happiness spell

Seema Chowdhury

# Continue This Journey

As sun is gleaming on the cloudless sky  
I feel happy and want to fly very high

For life feels like a playground of joy  
Where I am playing my games to enjoy

And as life is rushing and bringing me smile  
It's telling me that everything is good awhile

Where I should find meanings of my daily life  
And color every inch with a purposeful strive

I ponder on the problems and challenges of the day  
And try to remove mist and fog from my way

For now is the time for success and big change  
So I must work towards it and quickly rearrange

All troubles and pain that brings me mope  
And build a high tower of unbreakable hope

So I can continue this journey with strength  
And convince myself to go deep and far lengths

Where I can enter in opportunity's door of hope  
With powerful meanings and strong will to cope

And create for myself with hope and faith  
Sweet and spicy notes of life's to enter the gate

Where I can see kalyanascope view of my life  
And proudly continue my journey and this drive

So I don't worry for things that I can't change  
And wait for miracles to joyfully rearrange

Events of my days with greatest life's gifts  
So approaching moments give my spirit uplift

Where I can see clearly the meanings of life  
And continue this journey with a successful strive.

Seema Chowdhury

# Continued Cheerfulness

Continued cheerfulness  
Can only be achieved  
When  
All expectations  
And  
Assurance  
Of happiness and comforts  
Are  
Banished and completely erased  
From our lives' way  
For expectations  
Can only add up to  
Disappointments  
And  
More disappointments  
And  
Leaves you all alone  
To suffer  
In the hall way of  
Loneliness  
And  
Depression.....

Seema Chowdhury

# Continued Pain

Uneven surface  
Mishaps  
Frustration  
Disappointments  
Unfavorable winds  
And  
Adverse circumstances  
Are what we get  
As  
A reward of living  
And this is the way  
The whole world lives.....

Seema Chowdhury

# Contribute To Happiness

Happiness is dear always self made  
If not taken care it can easily fade  
So try to stay happy, glad and gay  
And spread it all along your way  
For nowhere else but from your heart  
Happiness can take a brighter start  
And show you nice 'n new ways of life  
To brightly live 'n faintly survive  
So whenever and wherever you can  
Try to spread joy and happiness fan  
And see how much in each day  
You contribute to happiness in your way.

Seema Chowdhury

Seema Chowdhury



# Control The World

Control the world  
And  
practice the golden rule  
of  
Love  
kindness  
Sympathy  
Friendship  
Tolerance  
Consideration  
And  
Affection  
And  
Soon the world will be yours.....

Seema Chowdhury

## Cool Breeze

May cool breeze of hope  
Blows for you my dear  
To show you all your wishes  
That you collected with so much care  
Have reached to the door  
Of God who is great  
On whom we should all  
Put trust and our faith  
And surely He listens  
And gives us His gift  
In the form of giving  
Our answers truly swift.

Seema Chowdhury

# Cool Breeze Of Joy And Faith

God is our Gracious and Almighty Lord  
Who wraps his arms around us dear  
To love and hold our hands  
And take away our pain and fear

For he is our protector and guide  
Who comforts us when we cry in pain  
And he brings us love and care  
And cool breeze of joy and fain

And when a bump appears on the road  
On which we are walking now  
He comes forward to even our odds  
And wipe away troubles and show us how

And then he sends his angels of love  
To protect, comfort and encourage everyday  
And bring the image of his mercy  
And spread flowers of his blessing's way

For God is our healer and guard  
Who brings vibrant colors of hope in life  
And spread magical light of joy and smile  
And teach us to smoothly and happily drive

The car of life on the rocky path  
Where we all meet some pain and fear  
But God is our Gracious and Almighty Lord  
Who wraps his arms around us dear

Seema Chowdhury

# Cope With Life

Learn my dear in this life  
To understand and cope with it  
For life is a bitter bite  
That we all chew bit by bit  
So don't ever let any sigh  
Dampen your life's pleasure  
For life is a small story  
that is made up of pain and leisure  
So try in this little time  
To create a bond very strong  
A bond made of love and care  
Where nothing can ever go wrong  
And then surely you'll feel  
that life is not so bad  
It contains a gift of smile  
That makes everything all glad.

Seema Chowdhury

# Corridors Of Life

Passing through the corridors of life  
We all perform our tragic plays  
For the first and the last time  
Because  
Then we're taken  
In the lost avenue-  
From where  
Again we pass through  
The unknown  
And  
A hollow  
And  
A hilly path-

Seema Chowdhury

# Cost Of Hope

I ask myself everyday  
And want to know today  
What brightens my day  
What lightens my way

For I feel life is slipping by  
And troubles are flowing high  
And the words of love and hope  
Are lost and now I cannot cope

For the dreams that I've dreamt  
And the words that I've meant  
Are all losing its glory and charm  
And I'm losing peace and calm

Please God help me to follow  
The path of hope and swallow  
The bitter bite and realities of life  
So I can get back on hope's drive

And once again can bring back smile  
And avail it for all for a while  
And take a break from struggle and pain  
And calculate the cost of hope and gain.

Seema Chowdhury

## Count On More

Count on more ups than downs  
Count your joys instead of browns  
And know that you have to face  
All these things in life's race  
Count your smiles not your tears  
Count how many people cares  
And try to feel happy and gay  
So all your pains could soon decay  
And know that both bitter 'n sweet  
Tastes is what, makes life complete.

Seema Chowdhury

Seema Chowdhury

# Count! ! !

Count your days  
Count your nights  
Count all things  
That came out right  
Count your smiles  
Count your fains  
Count your joys  
That came without pain  
Count your blessings  
Count your gifts  
That God has given  
For your soul's uplift.

Seema Chowdhury



# Countless Hours

Countless hours in my life  
I have spent  
In pain and agony  
To overcome...  
Unfortunate blast of misfortunes  
That left me alone  
In the shadow of dreams  
Where  
Puzzles  
Querries  
And  
Nagging questions  
Along with  
Violent winds  
Are hanging....

Seema Chowdhury

# Courageous Smile

Face your life and its trials  
With a quiet mind and courageous smile  
And know that courage is what we need  
To perform for us all heroic deeds  
So with cheer and tons of hope  
Go forward and never mope  
And burn the little candle's light  
To make your surroundings all bright  
And all this can be done with faith  
And the gift of courage from God great  
So come forward and face life's trial  
With a quiet mind and courage's smile.

Seema Chowdhury

# Courage's Hope

When you feel very down  
And life seems all lost  
Then don't cry my dear  
For world doesn't pay the cost

For life is hard and bitter  
And everyone has to face  
All of it with courage  
As it is the whole base

So don't let tears drop  
From deep inside you  
Nor let agony show  
You the distress view

But with courage's hope  
Cling to the bravery zone  
And know that my dear  
You're there not alone.

Seema Chowdhury

# Courage's Test

Don't close your eyes on the world  
And don't feel down and blue  
And know that in this awful place  
There are many who cares for you

So have faith in your ownself  
And believe that dreams come true  
Because your dreams are shared  
By the Gracious Lord, who loves you too

So have courage to walk in  
Even in the foggy clouds  
And learn to wipe the tears of  
All mistrust and the crazy doubts

And then surely a day will come  
When things will be for the best  
And then you'll have the courage  
To face world with courage's test.

Seema Chowdhury

# Courage's Wine

Do not let  
The hope to die  
Keep it dear  
Very high  
For hope is the  
Candle of joy  
That can bring  
Things to enjoy  
For hope is a  
Power's sign  
That works as  
The courage's wine  
That helps you  
To forget to cry  
And keep on  
To try and try.

Seema Chowdhury

# Crayons Of Hope And Faith

Pick up crayons of hope and faith  
And color your life very bright  
Do not rush through life's aisles  
Pause and break to enjoy love's light

To achieve tenderness and depths of emotions  
Open your inner soul and pour your heart  
And promise yourself to give a second chance  
To another beautiful and an amazing start

In life we all wrestle with sorrow and pain  
And find desperately a way to get to peace  
So streaks of worry will forever disappear  
And bring smile of care so pain can freeze

Don't just rush through your life  
Or work silently in shadows of dark  
Watch sun sitting below the horizon  
And enjoy this blessing's endless mark

Then you will know how to share a smile  
And mend broken heart of nostalgic pain  
With colorful hues of joy and mirth  
To wipe away tears and hurt with fain

Just pick up crayons of hope and faith  
And color to bring out the best in you  
And share your smiles of peace and love  
With sincere prayers and wishes true.

Happy New Year to all, be happy and smile :)

Seema Chowdhury

# Craziness Of Life

My fantasy world has fallen  
Into pieces  
where each piece  
Is dipped into  
Distressing thoughts  
Unsatisfactory reasons  
painful disappointments  
Annoying depression  
Undesirable reflections  
And  
Cheerless images  
and that's what forces me  
And inch my way into  
The dark world  
Of shattered dreams  
And craziness of this life's transition.....

Seema Chowdhury

# Craziness Of Today's Life

In this ever expanding journey of life  
When you feel it is difficult to survive  
Then don't quit yet, just hang in there  
For calmness is not too far from here

Learn to reconnect and survive  
And overcome this craziness of today's life  
And escape the tension to unlock the magic  
That can miraculously overcome troubling tragic

Wish for days with laughter and cheer  
And joy and happiness when filled the air  
And listen to the whispers of God with hope  
For He can only take you out of mope

Pay attention to small moments dear  
That's when your soft inner voice you will hear  
And you will learn to pick up positive vibes  
And accept adventures and get into your stride

And know on your journey today  
You have limitless possibilities in the way  
Just figure out all the rules to survive  
And save your soul from the craziness of life.

Seema Chowdhury



# Crazy Ride

The world is driving me insane  
I don't know from where to gain  
Few moments of joy and smiles  
To walk hand why there is just loss  
I don't know why I'm feeling cross  
I wish I can get moments few  
without tears in eye or pain's dew  
I feel as I've lost my heart  
I now want to once again start  
A life where i can freely survive  
And get out of this crazy ride  
I wish to get few moments of relief  
In which I can with hope smile  
And walk with joy at least for a mile.

Seema Chowdhury

# Create A Heaven Of Your Own

This world is not in the happiness zone  
So try to create a heaven of your own  
And put in it all things that're worth  
That can be found on God's green earth  
And let out all your mistrust and doubts  
And remove from life the fog and the cloud  
And then only you can ride  
The car of life with great pride  
Where no one can leave you alone  
To wonder in the place unknown  
Because you'll be given the reward  
For creating a heaven on the earth of God.

Seema Chowdhury

# Create A Story Of Your Own

We are all writers  
Who are in this world born  
We're given this golden chance  
To create a story of our own

Where all that happens  
In our lives each day  
Leaves a deep mark  
In a thoughtful way

Where peace and tranquility  
And chaos and pain  
All come one by one  
To show us different lanes

Different lanes of life  
Where we get a chance  
To reflect on our lives  
Sometimes later or in advance

And then we're left  
With our thoughts all around  
To nurture our souls  
And bring peace on the ground

And sit back and relax  
And write our own  
Life's history day by day  
Since the day we were born.

Seema Chowdhury

# Create A Whole New Day

River of life is flowing again  
With its Vibrant colors and passion  
With infinite moments of timeless love  
And chain of miracles  
For that is a divine gift  
So create a whole new day

Try to add layers to enrich your life  
And make the most of it  
From beginning to the end  
And look ahead to a new day  
With optimism, hope and good intentions  
Then you'll see a new beginning of the journey  
With crisp air on the face carried by the breeze  
And momentum to stay grounded in the present.....

Seema Chowdhury

# Create Good Vibes

Enter the open world  
And create good vibes  
Be the light house in the sea  
And for your life prescribe

Lots of hope and joy  
And pure smile and fun  
So you can break out of the box  
Before your life is done

Clear your fuzzy vision  
And know that along the way  
Different paradigm of life  
Will appear to forever stay

Just don't give up ever  
Or stumble on roadblocks  
See how you can change  
And turn around life's harsh clock

Now set your soul free  
And let your spirit soar  
So you can create good vibes  
By overcoming hurdles and more.

Seema Chowdhury

# Create Reality

Create your own reality  
And make wishes come true  
Notice opportunities to discover  
And color your life with bright hues

Permit yourself to make a wish  
And start a magic to cease  
And open the door of life  
And let the tranquil breeze

Enter and brighten your soul  
And your heart and more  
And let it turn out unquestioned fear  
And set aside doubt from before

And know that during the challenging time  
When a strange episode appears  
Listen carefully to the voice within  
And break the silence of fear

And then you'll see for yourself  
Blessing will begin to emerge soon  
And silver lining in the thunder storm  
Will dance before the shining noon

And the light of faith will color  
Your life with rainbow hue  
And will fill your path to walk on  
With the blessing of God's dew.

Seema Chowdhury

# Create Splashes Of Joy And Fun

Look at your side of the splendid rainbow  
And enjoy the chilli air of the crisp morn  
Take time to catch the falling leaves  
And walk in the field of sweet corns

Give thanks to gracious God for everything  
For its time to start life all over again  
As this special and bountiful day is here  
So let go of all your fear, doubt and pain

Wish for Almighty God's blessings and joy  
And look for His grace with wishes and hope  
Find your own source of lasting inspiration  
To color life's canvas and it's shimmering slope

Establish your own place in this rising world  
And create splashes of joy and lovely fun  
Bask in the sparkling edges of the sun  
And always strive to be number one

You are a source of love and blessings  
And a special gift of our Beloved Lord  
You always give us many reasons to smile  
And be grateful to our gracious God

May each minute of your everyday life  
Be as bright and unique as you are dear  
For you are a shining and a big gold star  
And you are our angel of love and care.

Happy 15th Birthday Sameen Sweetie  
Mama & Baba loves you very much.

Seema Chowdhury

# Create Your Own Sunshine

When darkness spreads everywhere  
And there is no smile or hope left  
When unbearable pain and sigh  
Take away your care and zest

When sky looks dull and dark  
And only doubt and fear prevail  
Then you must create our own sunshine  
And write your own fabulous tale

Life is a unbreakable chain of events  
Where future, present and past  
All follow one another swiftly  
And sometimes catchup fast

Where you hear echoes and voices  
And carve memories on your heart  
With overwhelming sense of joy  
Those are deeply soothing to start

A life of unexpected strength  
Or compound grief and fear  
So you must try and try again  
To hang on to the tender prayers

So when you see darkness glimpse  
And dark clouds of doubts at sail  
You can create your own sunshine  
And write your own fabulous tale.

Seema Chowdhury



# Creative Possibilities

Don't get tired of the road blocks  
See them as a new experience  
In a world of creative possibilities  
Prepare yourself for a constant surprise  
By understanding happiness...

Don't put off till tomorrow  
All the things that mean so much  
Try to change your circumstances  
And chase your dream

Make your peace with God  
And have an absolute faith  
To do the right things

Run the pattern  
To make adjustments  
And explore creative possibilities

Just do something that has a meaning  
And be hopeful to seek God's help  
And know that success is just  
Around the corner awaiting...

Seema Chowdhury

# Crisp Autumn Morning

Enjoy the crispiness of the air  
And walk on the fallen leaves  
Feel the cool breeze on your face  
And enjoy the golden trees

Eat cinnamon cakes and apple pies  
And sing songs of joy and fun  
Before this magical season  
Is over, gone and forever done

Throw small pebbles in the river  
And see small curls and waves  
Forming in the smooth layers of water  
Under shimmering sun's path it paves

And as the season is changing swiftly  
The sky is becoming misty and grey  
And it's throwing shades of rainbow  
Creating nostalgic images in array

So it's time to wake up and enjoy  
And live life to its fullest dear  
For the crisp morn of Autumn invites  
To join in this beauty and flowing cheer.

Seema Chowdhury

# Crow A Happy Tune

Discover how the next chapter  
In your life will unfold  
Adopt a slower pace  
To enjoy everything life holds

And don't wish to travel  
Ever back in time  
For its no use wasting  
Life's magical and flowing rhyme

Crow a happy tune  
And know that one day  
God will give you a chance  
To do things in your way

So sigh and breathe  
And accept your fate  
And with hope and care  
Enter in faith's gate

Let fear of fading melts away  
And leaves a special mark  
For life will show bright moments  
After the dismal dark

So crow a happy tune  
And know that one day  
God will give you a chance  
To do things in your way.

Seema Chowdhury

# Crowded Hours

For me  
Crowded hour is when  
I'm surrounded by  
Loneliness  
Isolation  
And  
Seclusion  
That  
keeps me aloof  
And  
Shut my door  
From the world.....

Seema Chowdhury

# Crowded Side Walk Of Life

Life is like a crowded side walk  
Where you must create your own place  
And learn to smile through your tears  
And decorate it with happiness lace

Just learn to play it right  
And stay happy and positive dear  
For life is very deep and meaningful  
And is made up of delicate layers

And know that it is your chance  
To prove and be number one  
And let optimism always rule  
And be your guide before life is done

So create a life that you want  
And re-imagine your experiences as new  
And see beneficial outcomes  
As it unfolds like a morning dew

And know that this is a real life  
That is full of opportunities view  
And it throws at you new challenges  
When you walk on this venue

So be brave and be positive  
And always spread happiness ray  
And enjoy your beautiful life  
Especially this amazing day.

Happy 12th Birthday Sameen Baby  
Mama & Baba love you very much.

Seema Chowdhury

# Cruel Time

Today  
Once again  
My wishes  
Got stuck and wrapped  
In the strong net  
Of  
The cruel time.....  
I am tired of running around  
wearing this mask  
And hiding behind  
I want to repair  
My injured emotions  
And offer healing  
To myself  
And catch the tears  
That dropp down  
From my eyes.....

Seema Chowdhury

# Cruel Waves

The waves of life  
Are  
Very cruel and harsh  
For  
Just as we close our eyes  
And  
Lie in the graves bed  
They swiftly  
Flow in a rush  
And  
Wipe away all traces  
Of  
Our being here.....

Seema Chowdhury

# Cruise Along

Winter, Spring, Summer or fall,  
It's a gift of God for all  
Morning, noon, eve or night  
Sing, chant, hum and cruise alright

Dip your soul in the care of love  
Fly freely and high like a dove  
Bring message of peace to all  
In Winter, Spring, Summer and Fall

Move through your day and always smile  
Know your moves and walk a mile  
Look for lightening miracles of life  
And sing, chant, and hum to survive

Collect energy and joy in the way  
Smile and laugh throughout the day  
For life is a beautiful gift of God  
Who loves us and even our odd

And gives us strength to do the right  
Broaden life's horizon and make it bright  
And unlocks buried emotions of grief  
And brings our soul the gift of relief

So hum, dance, and cruise alright  
Enjoy God's gift of day and night  
And look for love and miracle's ring  
In Winter, Fall, Summer and Spring.

Seema Chowdhury



# Cry Of The Soul

My soul is crying  
And trying hard  
To rewrite the  
Pre-written card  
Known as our  
Luck and faith  
That is given  
To us in a plate  
In the plate  
Of our lives  
Where with pain  
we have to survive  
But it is not  
Allowed here  
To protect  
Or to share  
Anything that is  
Not meant for you  
In this life of  
Colourless hues.....

Seema Chowdhury

# Crying Griefs And Hurts

I don't want to  
Think  
Of the autumn  
That has  
Come and gone  
And  
Has left  
Everything  
In  
The well of  
Sufferings and pangs  
Because  
It reminds me  
of the misty night  
And  
Shadowy days  
When  
I had  
Nothing to do  
But  
To cry  
My griefs and hurts.....

Seema Chowdhury

# Crystal Ball

Keep your eyes on the crystal ball  
That shows miracles big and small  
That is send by god for us all  
Both in the period of rise and fall  
God gives us his precious treasure  
Of love and joy that's hard to measure  
That bring us a great deal of pleasure  
And provide us with plentiful leisure  
For the crystal ball is dear your fate  
That shows us way to the God's gate  
Where if we enter in it with faith  
We can find gracious God who's great  
So carefully hear your fate's voice  
And then try to make a choice  
From what is best in this world's noise  
So you can find both peace and rejoice.

Seema Chowdhury

Seema Chowdhury

# Crystal Goblets

Just like crystal goblets  
Live in a crystal jar  
We also live in  
This world away and far  
Where everyone is given  
A chance to lead his life  
In the way he wishes  
Where also joys survive  
But sometimes it is hard  
For us to live in here  
With a cheery smile  
Because instead there are tears  
But we should not lose hope  
Neither we should cry  
Instead, we should pray  
And once more there try  
And live happily ever after  
And be like crystal balls  
That live inside the jar  
With hope that never falls.

Seema Chowdhury

# Cup Of Friendship

Drink deep from this cup  
For it is a drink very rare  
That gives you so much joy  
That fills your life with cheer  
For friendship is like a magic  
That brings you so much delight  
That you start feeling good  
And things around seems bright  
So learn this golden rule  
If you want here to survive  
That friendship needs kindness  
Care and the love of life.

Seema Chowdhury

Seema Chowdhury

# Cup Of Happiness

Drink some joy and some fun  
From happiness cup before its done

Because the joy that you get from it  
Holds in it pleasure kit

The kit of pleasure from where  
Happiness can be gathered my dear

Which includes fun and fain  
And friendly smiles to take away pain

So do it all and know in it  
Joy will come bit by bit

So drink some joy and some fun  
From it before your day is done.

Seema Chowdhury

# Cure Of Your Blues

A sure cure of your blues  
is to have a look and a view  
Of things spread all around you  
That are some false and some true

Then only you'll learn the art  
How to spread and to impart  
And give a better and a brighter start  
To both your mind and your heart

So get a new lease on your life  
And learn the ways with pain to survive  
So if ever you are stuck with it to drive  
You can go through them and be alive

Because dear it is a true thing  
That joy and pain moves in a ring  
And follow each other like autumn and spring  
So its better to cling on to hope's string.

Seema Chowdhury

# Dad, You'll Be Forever In My Heart

Dad, you'll forever be in my heart  
Even though today we are apart  
I can always see you smile  
And hear your voice from far away miles

You are not here with me today  
But you're in my life everyday  
Every heart beat that I hear  
Brings me your love and prayers

And tell me that you're happy and in peace  
And in a place where troubles cease  
And you're watching me from heaven above  
And sending me your tender care and love

You have left a noble gift for me  
And that is sweet memories of thee  
That we made together on the way  
From my childhood up to today

You taught me the song of faith and hope  
Whenever I cried and moped  
And shared your laughter and smiles  
To wipe my tears in desperate trials

You showed me the cure of grief  
And walked me to the way of relief  
And held my hands in difficult time  
To show me rainbow and hope's rhyme

Dad, you are very far today  
But you are in my life everyday  
And in my heart you'll always be  
With special and sweet memories of thee.

Seema Chowdhury



# Dale Of Sorrow

When you really feel upset  
And think there is no 'morrow  
When you feel very depress  
And swim in the dale of sorrow  
When life seems very hard  
And everything looks bad  
When dusk is followed by  
Not a dawn that's very glad  
Then go to the door and knock  
And ask for the help of God  
For He is the only one  
Who'll help you in this odd  
'Cause He loves you and me  
And everybody and all  
And He's the only one  
Who can save you from this fall  
And take you out of this  
Deep long dale of sorrow  
And brighten your every dawn  
And bring you a nice tomorrow.

Seema Chowdhury

# Dance A Different Tune

Write your own song  
A special song of passion and hope  
And get back to normal rhythm of life  
And know that under trying conditions  
It is better to pause  
And reflect for a moment  
For the answer always lies in  
The power of faith and aspiration.....

Just create a momentum  
And anchor in your belief to face the reality  
With the zoom in and zoom out button of life  
And somewhere along the path  
you will find the exemplary courage  
To walk into a blizzard  
And come out victorious  
As a sole survivor.....

Just don't give up  
The road can be difficult  
So grow new avenues  
And tailor life's solutions to your circumstances  
And continue your journey with passion and hope  
With a beautiful and content smile  
Singing your own song  
And dancing a different tune.....

May God be with you, today and always.

Seema Chowdhury

# Dance On The Edge

Dancing on the delicate edge  
Of this creative life  
I wished and prayed to reconnect  
With the layers that their survived

And hoped to see some memories  
Bringing light into the dark  
And learning positive images  
Bright shades and some marks

For life is a precious gift  
That's wrapped in many layers  
Like joy and pain, some smiles and tears  
And dreams to be achieved and overcome fears

And there if you gather all  
And watch the feelings flow  
You'll know that life is not so bad  
Just absorb in its depths very slow

And live everyday to the fullest  
And celebrate this gift of life  
And face your fears strongly  
And learn in these layers to survive

And reconnect to all your wishes  
And all your dreams of tomorrow  
And dance on the delicate edge  
And wipe away all your sorrows.

Seema Chowdhury

# Dark And Empty World

I want to bring some light  
I want to make it bright  
I want to have some smiles  
To walk along for miles  
I want to brighten my day  
I want to lighten my way  
I want to clear the doubts  
And fears to be thrown out  
I want to fill with joy  
I want the happiness toy  
To make my world bright  
And fill hope and joy's light.

Seema Chowdhury

# Dark Era

At this moment  
i feel  
As if  
This is the time  
Of my life  
When I'll gain  
More troubles  
And will feel  
More pain  
About the dark era  
Where we'll be  
All plagued by  
Frustration Of life  
And  
Life Will  
Turn out  
In the way  
We don't expect.....

Seema Chowdhury

# Dark Hours

In the depth of dark hours  
get ready  
And begin a journey  
And try to sooth your soul  
With muted hues  
Of the twilight of the dawn  
And find the light side of dark  
And don't regret  
The unfortunate death of dreams  
For  
It only makes your soul cry  
And takes you deeper  
In the dark hours of  
The unjust war--

Seema Chowdhury

# Darkness Of The Unknown

Plauged by the  
Frustrations of life  
I saw everywhere  
Dark clouds hanging  
Over my head  
And the winds of change  
Blowing hard  
Forcing me to enter  
In the roller coaster ride  
In the  
Darkness of the unknown.....

Seema Chowdhury

# Darkness Will Fade Away

Just go to God's door  
And ask for his bliss shore  
And cry there in front of him  
And request him to help with vim  
then surely soon you will see  
Troubles flying away from thee  
And brightening all your days  
By fading the darknes away  
So don't cry or lose hope  
Neither fall in the sea of mope  
Just go to God's door  
And ask for his bliss shore.

Seema Chowdhury



# Daughters Are A Blessing

Daughters put laughter on our faces  
And bright colors on this green Earth  
They are a miracle and a gift of God  
And bring us lots of peace and mirth

They are a source of happiness and joy  
And they are the princesses of our hearts  
They bring us bundle of delight and care  
And know how to always smoothly start

New dreams and fantasy and lots of hope  
And fill our lives like sincere friends  
To make every minute of life worthwhile  
And help us to establish our family trends

Daughters are pious angels sent from God  
And a precious source of bliss and treasure  
They shine through like a sparkling sun  
And warm our lives with care's pleasure

They have hearts of shining gold  
And strength that gives us lots of power  
To brighten our world and all around  
For they are beacon of hope's tower

We are grateful to our Compassionate God  
For sending us His precious gift of all  
And for giving us our lovely daughters  
Who are angels and have hearts of dolls

Daughters are a source of love and care  
And they fill with colors God's green Earth  
And they appear as miracle and a rare gift  
And bring lots of peace, joy and mirth.

Happy 18th Birthday Samia  
Mama & Baba love you very much



# Dawn Of Success

Let the dawn of success rise  
Let it show you things all wise  
And let you do all nice things  
And bring to others the joy of spring  
And work with things as they are  
And never see distance near or far  
For whatever chance you ever get  
Try in it for you to set  
A chance to see the success rise  
And show you things that're wise  
That can lead you to the top my dear  
And show you the way of joy and cheer.

Seema Chowdhury

# Day After Day

Day after day  
in life's way  
I see sadness  
And heart breaks

Where life is bad  
And very sad  
And is full of troubles  
That blocks the way

The way of life  
And to survive  
Where gladness come  
With joys to sum

And remove pain  
And stop trouble's rain  
In the life's way  
Just after day.

Seema Chowdhury

# Days Just Ahead

May the days  
Just ahead of you  
Brings you joy  
And smile that's true

Where flowers  
Bloom in the air  
To show you sights  
Full of care

Where birds sing  
And bring you hope  
So never ever  
You fall in mope

And I wish it all  
To you my friend  
From the start of your life  
Till it comes to an end.

Seema Chowdhury

# Days Of Our Lives

Sometimes I have visions  
Sometimes I have hope

Sometimes I see views  
In which its hard to cope

But then I realize  
And see that it is true

All these are life's part  
That colour with it hues

The days of our lives  
And show us all the roads

On which to walk with joy  
And share our life's load.

Seema Chowdhury

Seema Chowdhury

# Days Of Spring Shower

The air is warm, crisp and clean  
Lovely spring bloom can be seen  
All around you here and there  
So enjoy it all my Sarah dear

And thank God for this living life  
Where freshness and joy survive  
And show you wonder of love and hope  
Where you can learn the art to cope

For life is a painting full of views  
Where you can paint all the hues  
The hues of faith, happiness and love  
For they're all gift from heaven above

That enriches your life so absorb them  
For they are God's gift that always hem  
The uneven edges of our lives  
With which we're bound to survive

And know that I love you and wish you well  
And hope happiness will always dwell  
In the moments of your today and tomorrow  
Where life will be free of pain and sorrow.

Happy 25th Birthday Sarah.

Seema Chowdhury

## Days Of.....

The days of silence  
The days of tranquility  
The days of serenity  
And  
The days of quietness  
All  
Show me the path of life  
That's filled with  
Hurdles  
Blisters  
And  
Pang  
That brings me  
Agony  
And  
Distress.....

Seema Chowdhury



# Days To Remember

These college days  
In many ways  
Will remind us all  
Of the joys that're small

That springs from the heart  
And then it starts  
And gives us more  
Chances than before

To laugh and smile  
All for a while  
With our friends  
With whom we don't pretend

And once they're gone  
Then nothing but to long  
Will be left in our way  
With remembrance of these days.

Seema Chowdhury

Seema Chowdhury

# Dazzle The World

Dazzle the world  
And  
Let them be mazed  
With  
What you can do  
And  
Let them remember this forever.....

Don't let  
A sequence of tragedy  
Take over your life  
From an unknown corner  
Or push you bfar  
In the vale of silence

Just rememer that  
Life is a battle filed  
That you have to win  
No matter what.....

Just set your priorities  
And  
Long for a spring  
And  
Soon  
It will all be given to you-

Seema Chowdhury

# Deal With Hard Times

Don't feel discouraged  
And defeated  
Just look back  
Over your own life  
And  
Spot all the good times  
Remarable achievements,  
Joyful celebrations  
And  
Unbearable despair  
And see how God  
And only God Almighty  
Was there for you  
And stood there  
Like a pillar of support  
And helped you  
To deal with hard times-  
Just have faith  
And know you can do it.....

Seema Chowdhury

# Dear Friendship

In each day of my life  
I search for joy and love  
And seek for that very way  
That comes from heaven above  
Where happiness can be found  
Spread on the ground  
Where special bond is in this dip  
Known as a dear friendship  
And then I hope in time  
That life's all joyous wine  
Will come to me my dear  
In the coming days of the year.

Seema Chowdhury

# Dear To Your Heart

Things that are dear to your heart  
Things that makes a brighter start

Things that makes you feel good  
And is strong as a piece of wood

Is a nice and good words of care  
That feels so nice and so dear

And puts a balm on the sigh  
On the troubles and your cry.

Seema Chowdhury

# Death Of Dreams

The unfortunate  
Death of dreams  
Make my soul cry  
And plays the untuned rhymes  
Of life in the silent  
And isolated world'  
Where  
Darkness and lonely lanes  
Are greeted with  
The wind of harsh realities  
That snatch away the words  
And their meanings  
From my life--

Seema Chowdhury

# Deep Delight

Something that makes you feel  
Extremely good  
And  
Contented  
With a charm of relish  
And  
Helps you to refresh  
Your memory of happy days  
Is a deep delight  
In my view...

Seema Chowdhury

Seema Chowdhury

# Deep Emotions

May thy life see no sorrow  
May troubles path be always narrow  
May things that bring thou pain  
Be swapped for thee with joy 'n fain  
I wish these things for you dear  
Because you're a friend who is rare  
Who always come forward with smiles  
Even in hard trouble crust trial  
And that is why just for thee  
I wish god's love and bliss tree  
And hope to see thou always glad  
Without any glimpse of pain's view bad.

Seema Chowdhury

Seema Chowdhury



# Deep Expressive Eyes

Let your eyes say  
What you want my dear  
For wants and wishes are  
A way to reach cheer  
So always say to others  
Nice words to show your care  
And let your eyes express  
Deep feelings that are rare  
For life is just for once  
And you cannot come again  
So see what you can do  
To rid someone's troubled pain.

Seema Chowdhury

Seema Chowdhury

# Deep Joy

Today for me  
The morning air  
Looks very fresh  
And very dear  
And sky above me  
Looks very bright  
And full of  
Sunshine delight  
and this is because  
I know I'm glad  
And nothing looks  
To me even sad  
And I wish to  
in this happiness sleep  
And bury myself  
in this joy deep  
because I know  
very soon it'll end  
And then once again  
In my hurts I'll end  
And then once again  
In my hurts I'll bend  
And there I will  
Be very alone  
Only accompanied by  
The quietness zone  
So that is why  
Without wasting time  
I want to enjoy  
This deep joy's rhyme  
And bring myself  
Few moments of dear  
Bright sunshine  
And fresh air.

Seema Chowdhury

# Deep Satisfaction

Deep satisfaction  
can only be gained  
if  
Once and for all  
You can erase  
The words  
EXPECTATIONS  
And  
DISAPPOINTMENTS  
From our life's dictionary  
And use  
Power of words  
To reconstruct  
Your life  
And  
Learn  
To look for  
Something bright  
That can fill hues in it.....

Seema Chowdhury

# Deep Significance

How many a mile the distance be  
I'll always find time for thee  
To think of you and your care  
That you showed and we have shared  
For distance can never block  
The strong friendship we have like rock  
For friendship is a name of love  
And God sent gift of heaven above  
So never think that we will part  
For you have a place in my heart  
That neither time nor distance may  
Take from me your memories away.

Seema Chowdhury

# Deep Sorrow

Overcome your deep sorrow  
And swap it with a bright tomorrow

And learn to live with some faith  
Then surely things will appear great

And try hard to be the first  
To put on just God your trust

And ask only for the help of him  
For then he'll help with vim

And will show us the bright tomorrow  
And swap with joy your deep sorrow.

Seema Chowdhury

# Deep Thoughts

The lasting image  
Of  
Despair  
And pang  
Blocks my sight.....  
I'm tired of  
These  
Mid life crisis  
Because  
They provide food  
For the deep thoughts.....

And tears to breed  
And  
Negativity to grow  
Like weeds  
That fills my life  
'With stress and frustration  
And force me to take  
One test after another  
Without any rest or break.....

Seema Chowdhury

# Deeper Meanings Of Life

No one can ever learn  
The deeper meanings of life  
Because  
Everyone views it  
From his eye's window  
From where  
Sometimes  
It looks  
Frigid and cold  
Or may be  
Bright and sunny

Seema Chowdhury

Seema Chowdhury

# Define My Life

In the days of changing memory  
I felt out of strength and hope  
Exhausted and lost  
Climbing up the wrong path  
Where I felt that the world was coming to an end  
And I wanted to escape from time to define my life.....  
Where life's window was full of fog,  
Sorrow robbed my soul and I struggled to uncover  
The link between phenomena  
To get the answers that lived there along the way

In the days of changing memory  
I felt the rush of emotions and shadow of doubts  
In infinite moments of abounded day  
With feeling fragile with unrealistic expectations  
While going through the rough spots beyond blues  
And wished if I could accept this challenge  
And pass this stumbling block of stones, twigs and rocks  
In the journey that matters to redefine my life.....

Seema Chowdhury



# Define Your Own Theme Of Life

Define your own theme of joy and laughter  
And choose what you want  
For laughter is the best medicine  
So chuckle and giggle and see the effect over time  
That can make your life interesting

Take a moment to scroll through each option  
It will surprise you what changes you can make  
In this closed world of rewarding adventure  
As It also carries cool breeze if you look closely  
So fine tune your practice and finish what you start

Stroll through the giant trees and ferns of life  
Enjoy the golden sunset cruise and define yourself  
And play in life's playground and do somersault  
And then take a moment to absorb  
Life's stillness and silence

Then with a positive view write your ending  
And assign it a beautiful and a meaningful name  
And learn to hide all rows and columns  
That bring back poignant memories  
And drag you in the world of unknown

Remember this is your time  
To define your own theme of joy and laughter  
So chuckle and giggle and see the effect over time  
But if you ignore or wait for too long  
It will fade away from your life forever and ever.

Seema Chowdhury

# Definition Of A Brother

Someone with lots of affection and care  
And an incredible quality of being so dear  
Who know how to wipe thee tears of my eye  
And let me smile in the period of sigh

Someone who work hard both day and night  
To brighten my day and make it bright  
And provide me the cool angelic shade  
To protect mee from feeling down or fade

I wish more words can help me to convey  
All that I want and wish to say  
About you dear brother because you're nice  
And you do it all wwithout thinking twice

So whenever I pray and talk to my Lord  
I always thank him for bestowing his reward  
By giving me a brother in the form of you  
Who is not only honest but sincere too.

Seema Chowdhury

# Definition Of A Friend

Friendship is a field that is broad  
It binds friends closely in an unbreakable chord  
So in a way its really a gift of the Lord  
Who gives true friends to us as a reward

I don't the actual description of a friend  
I think its one with whom you don't pretend  
And who shows us the start after an end  
And always convinces us to follow life's trend

So a friend is one who tries to help you  
And help you to recover when you are blue  
And sits with open ears to listen to your view  
Then offers advice taht is sincere and true

So for me a friend is one on whom you can lean  
Who gives you advice without being selfish or mean  
And listens to all things with interest and keen  
And trusts you with things taht're still unseen

And the last thing here I would like to say  
Is that lucky are ones who get friends in life's way  
So once you get them just let them stay  
And don't ever allow anything the friendship to betray.

Seema Chowdhury

# Definition Of A Sister

A sister always does things that are nice  
She offers her services and good advice  
And always whenever we feel blue  
She shows us life's brighter view

A sister always readily lends her ear  
And share our smiles and good cheers  
And always try to in her style  
To bring us the joy of laugh and smile

A sister always shows in her way  
How to brighten our rainy day  
And share life's secrets to show she cares  
And all out things either common or rare

And today dear for you I really pray  
And thank you for saying nice things you say  
And proudly tell that you my sis  
Are surely send as God's gift and bliss.

Seema Chowdhury

# Delightful Surprises

Today I'm sending in your way  
Wishes for a beautiful day

Where surprises full of delight  
Comes to lighten with its bright

Hues and its color my dear  
Your special day with love and care

I wish may nice things drop  
In your life's way and stop

All your doubts, fears or grey  
That has come in your way

And because its today a special day  
So I wish may joy brighten you way.

Happy Birthday Tahira

Seema Chowdhury

# Depth Of Despair

No one can measure  
Neither pain nor pleasure  
For we can just feel  
In this life's deal  
Whatever we get  
In this life's set  
For the depth of despair  
And the joys and tears  
Are all the part  
In this game of art  
That we have to sight  
With mind that's quiet  
Till it ends the day  
And in grave we lay  
Forever in the sleep  
Known to all as deep.

Seema Chowdhury

# Depth Of Love

The depth of the feelings of love  
Can only be measured  
When  
You are willing to go  
Deeper and deeper  
when  
You have a passion to achieve  
And when  
You are bold enough to admit  
What  
Your dear and near ones want  
To give  
And  
Receive in return.....

Seema Chowdhury

# Desire

I desire for the moments  
To be with you  
Where  
My dreams can be alive  
And  
Where  
Each unfolding moment  
Can put balm  
On my blistered soul  
And  
Give meanings  
To my endless journey  
Of silence  
On lonely roads.....

Seema Chowdhury



## Desire And Longing.....

Something that you wish in your heart  
From which you don't want to get apart  
And from God you always pray  
That may he gives it to you today

For desire is your longing and wish  
That you want to get my dear sis  
And it is a thing that you feel you need  
And you show it from your own deeds

So keep desiring but keep this in mind  
That not always in your life you'll find  
Everything that you may want or wish  
So whatever you have think of it as a bliss

And in one way or another thank your God  
For he played his role of a kind Lord  
By fulfilling all your wants and wishes  
And bestowing it on you as his bliss.

Seema Chowdhury

# Desire 'N Despair

My mind and heart  
Are  
Furnished by the memories  
Of  
Pure desires  
And  
The despairs  
Of each and every second  
Of the  
Arrogant circumstances  
From which  
I passed through  
In the uncertain hours  
Of my life...

Seema Chowdhury

# Despairing Thoughts

I really want  
To get rid of  
My pessimist thoughts  
Which starts on pang  
And ends on  
Despairing thoughts  
And then  
Leave me all alone  
To face this harsh world  
And Its bitterness...

Seema Chowdhury

Seema Chowdhury

# Different Day

We live in a different  
Kind of a day  
Where every one feels  
Tired in a way  
Tired of troubles  
That he gets  
In the tray of life  
All covered and set  
And then no one  
Can get rid of it  
As this is a gift  
Of life's packed kit.

Seema Chowdhury

Seema Chowdhury

# Different Flavours Of Life

God made this world for us to survive  
Where many different flavours of our lives  
like joy and happiness, distress and pain  
All do exist where we lose and gain

So better not despair and step out of shell  
And see nice things for you that dwell  
And enjoy all of them with joy  
And don't throw [ast likea broken toy

Because when once these days are gone  
then you have to wait through night till morn  
Appears once again and shows you light  
To follow the path that seems alright

So in the time of any distress and pain  
instead of wondering alone insane  
Just think that these kinds of things  
Works only as the connector of a ring

Where in between not a lot but few  
Moments of joy and happiness hue  
Surely do exist and survive  
Because God made different flavours of life.

Seema Chowdhury

# Difficult Balance

Every time  
When  
I'm stuck  
Between  
My desires and despairs  
I  
Meet my shadow  
getting deeper and deeper  
And  
Going towards the end  
Where  
I have to keep  
A difficult balance  
Between  
Crying joys  
And  
Laughing griefs.....

Seema Chowdhury

# Difficult Issues

Life is a story  
Of pain and pleasure  
Where we get a chance  
To collect valuable treasures  
Tresures that include  
Sympathy, help and love  
For that is what we all  
Want and deserve  
And remember whenever  
You encounter a difficult issue  
Try to solve it with  
The patience tissue  
And offer your love  
Your hand and your smile  
For that is what will go  
With you long miles  
And know that all those  
Aches and pains  
Comes from God Almighty  
To test your gains  
And if you're strong  
And help others in test  
Then you'll be rewarded  
With joy and zest  
And all your troubles  
And your pains and tears  
Will be healed with  
Infinite peace layer.

Seema Chowdhury

# Difficult Lessons

Life is a teacher  
That delivers  
A difficult lesson on living  
To every individual  
According to  
Its fate  
And then  
We're all bound  
To follow it..  
Without complain  
Or using harsh words  
And we have to learn  
To act tough  
In this frightening world  
To survive  
With optimism...

Seema Chowdhury

Seema Chowdhury



## Difficult Path

Life is a difficult path  
And a thorny ground  
Where we are all sitting  
On the merry go round  
Which show us the ups  
As well as the downs  
Which show us the nights  
As well as dawn brown  
So learn in here to survive  
And add in it some cheer  
By adding a bit of happiness  
While going through troubles dear.

Seema Chowdhury

# Dip Of Time

looking back  
On my favourite memories  
And  
Special moments  
Bring me joy-  
But  
Only for a while  
Because  
Then again  
I come back in my present  
Where  
Darkness marks the end  
Of one more chapter of my life  
And  
Where  
Everything is mixed and lost  
In the dip of time.....

Seema Chowdhury

# Disappears

Sometimes  
All my laughter disappears  
And  
Leave me all alone  
To  
Count my tears  
Of  
Suffering,  
Hurt,  
Discomfort  
And  
Worries...

Seema Chowdhury

# Discover

Discover what you want  
Even  
If  
You have to go  
Beyond your limits  
And  
Beneath the depths  
Of places  
where no one  
Has  
Gone before.....

For life has  
Hidden truths  
In all its layers  
Waiting to  
Be discovered  
By eager eyes  
And  
Open hearts.....

Seema Chowdhury

# Discover Joy

Let go of grief  
You may have been hurt  
Just learn to move on  
And erase  
The negative aspect of life  
And learn to break  
The numbing cycle  
And venture something new  
And find someone special  
Who can hold your hands  
And can lend a heart  
that understands...  
And reward yourself  
And only then  
You'll be able to  
Discover joy....  
And then only you'll see  
That small daily happiness  
Can make  
Life  
So spectacular  
And can make  
Your world of happiness  
Soft and tender  
And you'll learn to  
Sail smoothly  
Through life  
And wrap it up  
With grace.....

Seema Chowdhury

# Dismiss Bad Thoughts

Dismiss all bad thoughts my dear  
So you can feel happy and cheer  
And can see life in a light  
Where things are all nice 'n bright  
Because if once you feel bad  
And think nothing is really glad  
Then your life will be stuck in doubt  
And all around you will gather the clouds  
The clouds of mope from which you can  
Never get out to make a plan  
Of joy and happiness so you can smile  
And feel good all for a while  
So dismiss bad thoughts now my dear  
And look for the ways to get to cheer.

Seema Chowdhury

Seema Chowdhury

# Distance

With time  
This distance  
That was created today  
Will increase  
And increase  
And increase  
And then  
A time will come  
When  
We'll be walking  
Widely apart  
With  
Unmatched ideas...

Seema Chowdhury

# Distant Future

Out there some where  
In this God's land  
I see foot prints  
All over the sand  
As if they are  
Staying in it to  
Tell past stories  
That's all true  
For what else will come  
No one can tell  
So hope to get the best  
And wish to have well.

Seema Chowdhury



# Divine Help And Mercy

To You belong the east and the west  
And only You know for us what is best

And what we disclose and we conceal  
For You can bestow mercy to heal

All our pain, trouble and sigh  
Those block our view of hope high

We need Your help to even our odd  
For You are bountiful and all knowing God

You guide us to the right path and hall  
And save our souls from a great fall

And You accept our humble prayers and deed  
And protect our surrounding from sin's weed

Please forgive us if we have made any mistake  
And wash our hearts and souls in purity lake

And bestow Your mercy and help dear Lord  
For You are bountiful and all knowing God

And take us out of darkness and wipe it all  
And cleanse our souls and let us stand tall

And bow down to You and observe our prayers  
To enjoy Your blessings shade in multiple layers

Just protect us God from unseen pain  
And do not let our lives go in vain

For we are your humble servants dear Lord  
And need your divine help and mercy God.

Seema Chowdhury

# Divine's Gift

The time is rolling  
Turning months into years  
And are showing me with them  
All smiles and tears

And are saying that this is  
What we get in life  
So learn these arts  
In it to survive

Because life is the  
Precious gift of Divine  
On which no one else  
Has a right but Mine

So enjoy every bit  
That comes in your way  
And see life passing by  
Like this, day by day.

Seema Chowdhury

# Do Failure Analysis

Continue to dance  
Even when the song is over  
Have happy thoughts  
And chase away worries  
Take a few moments  
And do failure analysis  
Do not give up easily  
Just hang in there  
And try harder  
For there are many images  
And different perspective  
So try to tie loose ends  
And see things taking shape  
As you move along  
Then answers will emerge  
To fill in the blanks  
And show you the other side  
With innovative results  
Just listen carefully  
And do failure analysis  
And play your game well  
Till you learn to live with new reality...

Seema Chowdhury

# Do It Now

Examination is a garden  
Where the flower of success bloom

So don't feel down or sad  
Distressed or im gloom

For tide of success will rise  
That you'll see pretty soon

That will bring you fame and luck  
All knitted on the happiness loom

So don't ever feel confissed  
While taking any test

Because thats when life will bring  
For you all that is best

So never ever in the midst  
Take any kind of rest

And when something good is given  
Always go on for the best

You may think it is hard  
Many times in between

Even then don't loose hope  
And show interest and keen

For once if you'll stop  
Or try to ever lean

Then you will loose life's challenges  
And its bet in between

So quietly pray that you swiftly  
pass the test of the Lord

Who helps you whenever you're  
Stuck in something truly odd

So always do your best  
Then ask your dear God

To bestow his love and bliss  
Upon you as his reward.

Seema Chowdhury

# Do Nice Things

Do nice things in each day  
Let you brighten someone's way

And be like a shining star  
That twinkles for others even from far

And try to do everything with zest  
And do for others whatever is best

And teach others how with faith  
You can do things that're great

And when you'll do all this dear  
Then you'll feel God's pleasure very near

And the warm touch of the hands of God  
As God's loving gift and his reward.

Seema Chowdhury

# Do Not Let Go Of God's Hands

God made us who we are for a reason  
So believe in the God of hope and move along  
The green pasture and running water  
And listen to the voice within you to start  
A new story and experience new excitement  
To build beautiful memories  
So do not let go of God's hands  
Be close and enjoy living in the moment

Make emotional connection and take small steps  
Between the long run of life and happiness  
Don't feel lonesome or miserable  
Believe in the God of hope  
And do not let go of God's hands

Life has a weird way of interrupting  
So make plans and prepare for life  
And through out this long voyage  
Navigate obstacles and paddle your canoe  
And know that dark and light flows together  
So let God lead you through the maze of time  
And do not let go of God's hands.

Seema Chowdhury

# Do Not Look Out

Do not look out yourself my dear  
If you're going through trouble's layer

For no one else but only you can  
Change for yourself what's bothering you man

So don't feel bad, down or upset  
neither let your eyes ever get wet

And know that if you want to view  
Life's brighter and some better views

Then hang on to hope with courage my dear  
And don't mope if going through pain's layer.

Seema Chowdhury



# Do Not Worry

I hope I can take away the pain  
That's making you feel down and insane

And I sincerely hope if I can today  
Color with hues your life's way

Don't worry dear have trust in God  
For he's the only creator and the Lord

Who helps us when we're in trial  
And gives us our share of smile

I know what you're going through  
I know what you're feeling true

But don't worry just ask dear God  
To take you out from all this odd.

Seema Chowdhury

# Do Something Special

Look at the world with affection and care  
And try to spread it in love's air  
And do something special to show  
That you care alot for other's row  
And show good cheer and your love  
As love is a blessing of heaven above  
And give others your shoulders to cry  
When they are tired of again to try  
And know that one day we all will die  
And we have to surely say them goodbye  
Then why shouldn't we show others a ring  
In which love moves that's a special thing.

Seema Chowdhury

Seema Chowdhury

# Do What You Like

Face the world  
With hope in the eye  
And show to others  
Your aims that rae high

And know surely  
In life will appear  
A blooming flower  
If you can dear

Know how to  
Face this all  
With hope in the eyes  
For things big and small

And do what you like  
To do in life  
For that's the best way  
To happily survive.

Seema Chowdhury

# Do You Ever Think

Do you ever think  
Why the grass is green?  
Do you ever think  
Why things are unseen?  
Do you ever think  
Why the sky is blue?  
Do you ever think  
Why flowers have many hues?  
Do you ever think  
Why all of us were born?  
Do you ever think  
Why we have to face mourn?  
For it is all because  
God have made this world for us  
And created in it  
Blessings that're big and small.

Seema Chowdhury

# Do You Know?

Do you know why the sky is blue  
Do you know why things are new

Do you know why God has made this earth  
And sent in it things that are worth

Do you know why the grass is green  
Do you know why things are unseen

Do you know why God has made the rainbow  
Thta brings us joy and brighten life's row

And this is all because God loves us dear  
And in his ways he shows us he cares

And that is why he did all this  
And have sent on us his love and bliss.

Seema Chowdhury

# Do Your Own Things

Do for yourself whatever you can  
And try to act like a perfect man  
For its good to do all these things  
In the on going life's moving ring  
For time and tide wait for none  
So do nice things that can be done  
And act like a very wise man  
And do for yourself whatever you can  
And bring for yourself some joy and fain  
And learn to overcome your pain  
Then only you'll be happy in life  
And then you'll learn to gladly drive  
The care of this life with pleasure  
Where abundance of happiness's treasure  
Will greet your days and your morns  
And will colour fain in all your dawns.

Seema Chowdhury

Seema Chowdhury

# Don'T

Don't let  
Other people pour  
Cold water  
on your hopes  
And wishes...

Have faith and courage  
To face  
Whatever comes in your life

And catch a few moments  
To think and decide  
And talk to your Lord  
Who will help you to steer  
Through your day.....

Seema Chowdhury

# Don'T Be Afraid

Don't be afraid  
For God is on your side  
Do not let fear  
Fill life's road wide  
For anxiety and pain  
Can take away life's pleasure  
And leave you to suffer  
Without solace and peace treasure  
Just hold on to God's hand  
And let him in your heart  
And see how he shows  
You a brighter start  
Be strong and courageous  
And stand firm and tall  
And see troubles disappearing  
One by one in phases small  
And know that spirit of love  
Can help you to do it all  
For life is too short to waste  
In petty worries and trouble's fall.

Seema Chowdhury



# Don'T Dwell In The Past

Walk on the path of life  
And be present in those moment  
Reflect carefully on each life's day  
And point out things that're prominent

Don't feel burdened by mishaps  
And don't only dwell in the past  
Find your own heart's pleasure  
And repeat positive words at vast

Life goes on in huge cycles  
Where ugliness and beauty come  
And bring dull and colorful images  
Those eventually for us sum

Fear and joy of unpredictable life  
And the paths that exist in it  
Where we capture those moments  
And then write our story in bits

Where our perception of emotions  
Help us to stay in life's game  
And uncomfortable hours of the day  
Drag us in sadness of the past same

So learn to overcome them all  
Mishaps, problems, failure and mope  
And speak to your soul in rhythms  
To set your own block of smiling hope

Where you can walk on the path  
And can be present in capturing life  
To reflect on each passing moment  
And learn to happily here survive.

Seema Chowdhury

## Don'T Expect

Don't expect life to be always fair  
Or else you'll be very hurt my dear  
For life is not just a bed of roses  
but it is full of troubled poses  
So spread yourself in its trend  
And try to make joy your friend  
Then only you'll banish your fears  
And will know how to end the tears  
That makes misty whole life's view  
And brings sadness to you.

Seema Chowdhury

# Don'T Feel Alone

In lone and gloomy night  
When things aren't quite right  
Then dive in deep thoughts  
And see if you can sort  
All that is now called past  
That flew away very fast

For loneliness is like a lock  
That usually does really block  
The roads taht were known to you  
That didn't seem strange or new  
Where your thoughts could easily roam  
With smiles and cries in dome

So don't mope if you are alone  
Because soon you'll be shown  
All those who still do care  
Who will pick all of your tears  
To switch it with their smiles  
So you can cover the miles

The miles of regrets and sorrow  
That would not let you borrow  
Any glimpse of love or fun  
Under this byrning sun  
Where no one can get an aid  
Nor even a tiny little shade

But still don't lose any hope  
Or sit back just to mope  
Because soon you'll get the return  
For all that you have earned  
Like happiness for all your pain  
And sunshine with all your gains

And then you'll see once again  
Life's surface taht was plain  
Will soon return to you  
Showing you a clearer view

That now you'll never be alone  
Neither things will seem unknown

Because now your trials are gone  
And soon you'll see the morn  
That'll shine very bright for you  
So you won't feel any more blue  
And there you'll see God's aid  
In the form of his love's shade.

Seema Chowdhury

# Don'T Feel Down

Don't let disappointment  
To bring you down  
And don't let it  
Makes you brown  
For life is a test  
That must be given  
With honesty and truth  
To reach the heaven  
So don't ever mope  
Just hang in there  
And ask for gracious  
God's loving care.

Seema Chowdhury

Seema Chowdhury

# Don'T Give Up

Sometimes we loose and sometimes we win  
So don't think loosing is any kind of sin  
Just try a little harder, if once you fall  
Don't give up, wish for victories wall

But if while running in your life's race  
You see narrow paths of happiness in your pace  
Then sit back and relax for a while  
For it will reduce half of your trouble's pile

Because taking a break will surely help you  
And will clear the dust of mope like a dew  
And will show you the right path to run  
Where you can find all joy and fun

And one thing that is most important of all  
is that don't let the candle of hope to fall  
Just keep on trying till you meet your end  
Where God will be standing with a hand to lend

Because God's help is what you always need  
For it works as the growing magical seed  
That tells you dear its not a sin  
To sometimes loose and sometimes win.

Seema Chowdhury

# Don'T Hurry Through Life

Don't hurry through life  
Tune in to what's going on inside you  
Connect to your emotions  
In the privacy of your own mind  
And find the music of life  
And sing the unsung lyrics  
To warm up your soul  
With the vibrant colors...

Give a huge hug  
And enter in the door of hope  
That release you from  
The pain of the past  
And fill true meanings in your life...

Learn to accept an unexpected change  
With strength and courage  
And let screaming emotions flow out  
In the face of change  
And remember not to hurry through life  
Just tune in to what's going on inside you...

Seema Chowdhury

# Don'T Know The Game

I don't see a little star  
Twinkling from very far  
I don't see a blue sky  
showing colors shining high  
I don't see a sunshine  
Drinking happiness wine  
I don't see a pretty rose  
Laughing with a joyful pose  
I don't see a grass green  
Taking away the thorns seen  
may be because right now  
I don't know why and how  
To search for the pleasure's rain  
To understand this life's game.

Seema Chowdhury



# Don'T Let Me Down

god please I'm feeling brown  
Help me don't let me down

I'm sick and tired of it all  
And I'm scared of another fall

God please hold me in your arms  
And don't let me be harmed

For I'm hurt already God  
And feel all stuck in odd

God give me your loving aid  
And protect me like a shade

And don't let me fall today  
As troubles have blocked my way

And I really need your help now  
I don't know what and how

But please take me out of this brown  
And today please don't let me down.

Seema Chowdhury

# Don'T Live In Vain

If you can link a chain  
Or can bring some fain  
Then do it dear now  
And don't live in vain

If you can once again  
take away someone's pain  
Then do it dear now  
And don't live in vain

If you can surely tame  
Someone's terrific aim  
Then do it dear now  
And don't live in vain

For if you can do this same  
For someone's joy and gain  
Then do it dear now  
And don't live in vain.

Seema Chowdhury

# Don'T Lose Hope

Nay, no, nope  
Don't lose hope  
Else your life will be brown  
And you'll feel down

remember if you'll try  
Nice things that are high  
Then soon you'll know  
That only in life's row

People who courageously face  
Any trouble or pain's trace  
And always try with zest  
Without taking any rest

And people who nicely smile  
In their way for a while  
Are the one who always gain  
Victories in life's lane

Because they don't feel down  
Neither their lives seem brown  
Because they don't sit to mope  
Neither they lose any hope.

Seema Chowdhury

# Don'T Lose Hope Dear

Don't lose hope  
Try to learn to cope  
And bravely stand tall  
When you get a fall  
For we will live here  
Only once my dear  
So discover the road to walk  
And with courage talk  
And find your answers dear  
And with love and care  
Look to begin anew  
And find what is true  
And give a wake up call  
To your heart and all  
And moving in life  
To reach your final drive  
And know that life is a gift  
Where our soul needs a lift  
So we must never forget  
To ever lose hope or let  
Our hearts go wild or bad  
And let ourselves feel sad  
For happiness will only come  
When we will drink from hope's drum  
And try to learn to cope  
And never ever lose hope.

Seema Chowdhury

# Don'T Make

Don't make pie in the sky  
For these are all fibs 'n lies  
Don't make castle on the sand  
For the soil is very cruel on land  
Just try to do something worth  
That proves you dear on this earth  
And if you really want to shine  
And keep yourself away from decline  
Then don't wait for the spring bright  
Just do what you think is right  
And see what will take away your cry  
Instead of just making castle and pie.

Seema Chowdhury

Seema Chowdhury

# Don'T Miss Today

What good can be tomorrow  
If you keep missing today?  
What happiness can it bring  
If you see hurdles in the way?  
You just need to be focused  
And look for the best day  
That will lead you to the brightness  
Even in a cloudy day  
Just know that a ray of sunlight  
Can engulf your body and soul  
And can wipe away your tears  
And can take your pain and dole  
So don't keep quite or just sit back  
Bring your voice out and let everyone know  
What you feel and want to say  
And that's to yourself you surely owe  
And let not this rawness of your life  
Stop you from surveying with joy  
For God has sent you in the right place  
At the right time so you can enjoy  
So review your life is every way  
And learn to live your life today  
And know tomorrow can not be good  
If you miss any of your happiness today.

Seema Chowdhury

# Don'T Postpone Joy

Don't postpone joy  
For each moment  
That lapse without it  
Is just gone  
For then it becomes  
A part  
Of your past  
And history  
And  
Is quickly forgotten.....

Seema Chowdhury

# Don'T Quit

Everyone feels down hearted once in a while  
And doesn't see a thing to made one smile  
So if you are going through this kind of thing  
Just sit back and let your troubled heart sing

Because when you're sad you loose all hope  
And think its difficult and hard for you to cope  
So then instead of feeling betrayed and torn  
Just remember it is dark before each dawn

And even if you are desperate just don't quit  
As life is invaluable and precious in every bit  
So don't think in terms of failure or decline  
Just try to merge with the wave and flow of time

And this is just a small but a sincere advice  
And I know you'll listen because you are wise  
So now go and dot hings you think are right  
And I'll pray for your suces both day and night.

Seema Chowdhury



# Don'T Wallow In Misery

Don't wallow in your misery for too long  
Learn to faithfully sing hope's song  
Dust yourself off and once again try  
If you fail once just don't sit to cry

Be strong and don't give up too fast  
Give your fate chance to carefully cast  
Beautiful shadow of a tender and special care  
Where you will not suffer or see endless fear

Make best use of your life everyday  
Fill every moment with worthwhile say  
Rebuild your life with the blocks of smiles  
That will take you joyously on long miles

Surround yourself with positive people dear  
Throw away heavy burden of grief and tear  
And be wearing to try something new  
That not everyone is willing to do

Just don't miss any opportunity in life  
If once missed the chance will not survive  
So don't wallow in misery for too long  
Learn to faithfully sing hope's song.

Seema Chowdhury

# Don'T Worry Now

Don't worry now  
And learn how

To handle it all  
Whether it big or small

For troubles are the part  
Of life's heart

Where less joys  
Come to enjoy

So don't waste time  
In life's rhyme

In worrying about them  
For they're life's gem.

Seema Chowdhury

Seema Chowdhury

# Door Of Pleasure

door of pleasure  
Contains a treasure  
Of joy and fain  
Without any pain  
So knock on it  
And get this kit  
And play and sing  
And call for spring  
And enjoy it all  
Joys big and small  
As rewards of God  
Who is our Lord.

Seema Chowdhury

# Doors Of Bliss

God give me courage  
And give me strength  
And shorten for me  
The trouble's length

And let me face  
This world of cold  
With an honest heart  
And an act of bold

I don't want to be  
Left all alone and out  
And don't wish now  
To stuck in doubt

So please help me  
And grant me all this  
Through your merciful  
Doors of the bliss.

Seema Chowdhury

# Doors Of Tomorrow

Drive in through the doors of tomorrow  
Forget all your pains and sorrows

And look forward for a morn  
that has a bright dusk and dawn

And remember that all that is bad  
Will surely change into glad

And then everywhere will come spring  
And rosy will be everything

Just have faith in the tomorrow  
And forget all your pains and sorrows

And hope to see always the best  
And learn to bravely face life's test

And know that is is really true  
That a courageous smile can take away blue

And it can surely change all bad  
Into things that are really glad

And this can surely be done tomorrow  
If you'll learn to forget your sorrow.

Seema Chowdhury

# Dotted With Tears

The life's long road  
Is usually dotted with  
Tears and troubles  
To make us realize  
The importance of  
A peaceful life  
Where we can sit down  
And rest a while  
And search for  
Goodness and kindness  
Whiteness and brightness  
Honesty and wisdom  
And  
Bravery and judgement  
To bring back  
Beautiful rainbow  
In our lives.....

Seema Chowdhruy

Seema Chowdhury

# Doubtful Words

Don't let doubtful words  
To rule your heart  
or else  
Take you  
To the ill world  
To begin a journey  
To an unknown place  
Where smoggy sky  
And mist hange  
Dark clouds  
And then I'm forced to walk  
Over ruts and rocks.....

Seema Chowdhury

# Doubts About Life

Facts not fantasy  
Truth not fiction  
Work not leisure  
Can only bring you pleasure

Smiles not tears  
gains not losses  
rains not clouds  
Can clear all your doubts

That you have about life  
Where everyone survive  
Under distress and pain  
And is waiting for the rain

That will take you away  
Far from this world's way  
Where your life's breeze  
Will finally forever cease.

Seema Chowdhury



# Doubts And Fears

Strip away all your doubts and fear  
Wipe away rolling feelings and tears  
Sit quietly and reflect on troubled life  
Control your thoughts and emotion's strife

Take some time to dream and plan  
Stand up bravely and carefully scan  
Things around you by over looking pain  
So you can get back on road once again

To paint a beautiful rainbow bright  
To bring in a lot of hope and light  
And sort out broken meanings of the day  
By accepting everything will not go your way

So when stress creeps in and life feels fragile  
You have no option but to be sleek and agile  
And watch story unfolding in your mind's eye  
To stay away from painful and bitter sigh

With flood of thoughts floating around  
Stirring compassion and desire's ground  
So you can strip away doubts and fear  
To wipe away rolling and emotional tears.

Seema Chowdhury

# Down Through The Years

Down through the years  
All smiles and teras

That I have gathered  
In my life's weather

is what now I call  
My trtreasure small

That I wish to keep  
Under prayers heap

So I can recall  
In later days all

These memories of the past  
That's spread so vast.

Seema Chowdhury

# Dramatic Change

Life is an invaluable gift  
And an amazing journey  
To explore the inner self  
Where we have to develop  
A key lesson for us to follow....

Where we do deep analysis  
At each step along the way  
To find a miracle moment  
With unwavering faith  
For a dramatic change.....

Where time is sensitive  
And silence is uncomfortable  
And we have little time to waste....

So pause and reflect for a moment  
Then embark on this blessed journey  
Using the process of looping back and forth  
And just keep climbing  
Even if you hit a bump along the path  
For that might be the surprising step  
For a dramatic change.....

Seema Chowdhury

# Dream Life

Lost in my dream life  
Where only wishes survive  
I saw through my eyes  
Smiles and hopes no cries

Where every today and tomorrow  
Is free of pain and sorrow  
where mornings are bright  
And full of delight

Where no time is dark  
And no sign of end's mark  
Appears to stop pleasure  
Joys and lots of leisure

And that is why I wish  
And want to enjoy this bliss  
And try to stay in it  
And count all the joy's bit.

Seema Chowdhury

# Dream Of A Palace

I always  
In my quiet thoughts  
And  
In my silent mind  
Dream of a palace  
Where'  
Dawn is without a dusk  
Rose is without a thorn  
And  
Smile is without a tear  
Even though  
I know its impossible.....

Seema Chowdhury

# Dream Out Loud

Step by step  
Dream out loud  
And search within for strength  
To find the spiritual dimension of life

Don't let sorrow to rob your soul  
Or happiness from your life  
Things occur randomly in our world  
So uncover the links between unexplained phenomena

Look for the answers  
And discover what is best in life  
Then only you'll be able to  
Construct an image of  
Opportunity after opportunity

And feel the sea breeze that's incredible  
And when you'll be open  
To embrace possibility  
Then you'll be saved by  
Hope, faith, prayers and love.

Seema Chowdhury

# Dream Time

If you cannot get joy  
If you cannot get fain

If you cannot get happiness  
Do get rid of your pain

Then allow your dreams  
To enter your life

And open for them  
The doors to survive

And let them come  
And spread all around

For they are worth  
To be on God's ground.

Seema Chowdhury

# Dream World

In the world of dreams  
Shines bright beams  
That links to the stream  
Of happiness gleam  
I wish in leisure  
If I can measure  
All the treasure  
And can surely find  
There fains bind  
That can wind  
The joy's kind  
So in the time of pain  
I can remain  
Stuck to the lane  
Of bliss cane  
And there I see clue  
Of things nice and new  
So no more blue  
Appears in life's view.

Seema Chowdhury



# Dreamland

Often when I feel that I'm getting bored  
And don't have things to do any more  
Then I visit a place that's in my mind  
A special spot that's different in kind

It's view is so different, pleasant and fine  
That I wish I could say that place is mine  
And certainly it cannot be made by hand  
So that's why I call it my own dreamland

My dreamland is made up of peace and hope  
That gives me encouragement whenever I mope  
And the roads of that place are high and low  
And everyone who walks there is a friend not a foe

And one thing that is plenty in that place is love  
Where thousands of birds sing including the dove  
So whenever I'm with them I always pretend  
That this is something nice that'll never end

And surely for most it is an unseen view  
But every word I said is purely true  
So whenever I'm tired what I think is best  
Is to go in my dreamland and take a little rest.

Seema Chowdhury

# Dreams

Dreams really do come true  
If you believe in them  
And from God always pray  
And with it your day hem

For as long as in the world  
Joys, hopes and happiness stay  
Then you can always find  
For you a pleasure's way

On which to walk and find  
The tonic for true happiness  
As it is a blessings way  
That you can solve and dress

Your whole life's way with it  
And make it surely worthwhile  
And fill with overwhelmed joy  
And fain and mirth and smile.

Seema Chowdhury

# Dreams Of Change

Dreams of change can come true  
only if you know how to view

Things in life that're shown to you  
And distinguish between them as glad or blue

Because many tunes in life's rhyme  
Are present to save you from decline

So better strongly cling on to hope  
And stay far away from the fire of mope

So for that all you have to do my dear  
Is to stop worrying and try to share

And consider yourself as a part of a chain  
That links together to bring others fain

Then only you will yourself view  
The dreams of change appearing true.

Seema Chowdhury

# Dreams Of Life

Your wishes and dreams can come true  
You can see life with a brighter hue  
But to gain and have all of this  
You must have an eye to see god's bliss  
And always remember your turn of a phrase  
Is not always wild or full of craze  
So try to learn to listen to your heart  
And record your thoughts 'n then start  
A brighter day with some silent prayers  
And know that's what fill you with cheer  
Because extreme happiness is lying down  
So try to find and wear this crown  
So all your troubles 'n your tragics  
Can be erased with an optimistic magic  
And you can see life with a brighter hue  
And your dreams of life can come true.

Seema Chowdhury

Seema Chowdhury

# Dreams Untold

The road ahead may not be clear  
The path you're walking may not spare  
Even a step of happiness for you  
But even then don't ever feel blue

And know that sooner or later my dear  
Your sight will see things that're rare  
That will surely include happiness  
Covered with God's huge love and bliss

And know that surely there'll be beam  
That'll take you closer to realizing your dream  
And then finally that time will come  
In which gladly you will sum

All your happiness, joys and fain  
And then you won't be shown any pain  
And the road ahead you will be clear  
And happiness will surely take your care.

Seema Chowdhury

# Drink Joy's Wine

Swim with the current and stand like a rock  
Keep an eye on passing time like a hawk  
And move swiftly to drink joy's wine  
And make the hay while the sun shines

And when you'll learn this art my dear  
Then nothing can stop you to go in where  
Ocean of tears is blocked in the way  
And is giving place for pain to sway

It's just that sometimes when life seems hard  
And you don't have any pleasure's card  
Then don't despair and hope for the best  
And know that life is like a test

Where no choice is given, all is a must  
Where gifts of God like kindness and trust's  
Doors are present, so come and knock  
And swim with the current and stand like a rock.

Seema Chowdhury

# Drop The Thoughts

Drop the thoughts  
That makes you sad  
And never look at  
Things that are bad  
For if you will  
Keep looking at it  
Then nothing but only  
Repentance will come in bits  
So learn to banish  
Your doubts and fears  
And see what you can do  
To stop your flowing tears.

Seema Chowdhury

Seema Chowdhury

# Drops Of Bliss

One by one  
Bliss in drops  
is falling down  
So now stop  
The tears dear  
In your eyes  
And over come  
Your pain and sigh  
And make life  
Full of cheer  
And happy chats  
With smiles dear  
And start walking  
Towards the fain  
And end all your  
Trouble's lane  
So once again you  
Can joyfully stop  
Your tears to pick  
The bliss in drops.

Seema Chowdhury



# Drops Of Rain

The clouds that are  
Spread on the sky  
And weeping dear  
With pain and sigh  
As they're wandering  
Around and around  
And are dropping there  
Hot tears on ground  
Because they feel  
Hurt and bad  
And feel inside  
Them very sad  
But guess no one  
Understands the pain  
And think these drops  
Are the drops of rain.

Seema Chowdhury

Seema Chowdhury

# Dry Words

Let me now sleep  
Under hopes deep  
Where I can stop  
And there I can drop  
Few drops from me eyes  
To get rid of my cries  
So when I start again  
A day with fain  
I do not have to try  
Again with words dry  
And then I can walk  
And boldly talk  
About my hopes of life  
That still a little survive.

Seema Chowdhury

# Dull Hours

Let dull hours  
Be waived  
By the splashes  
Of smile  
Delight  
Gratification  
And  
Zest  
Because  
God does fulfill  
Our wishes  
And hears our prayers  
And  
If we have faith  
He will protect our souls  
Till eternity...

Seema Chowdhury

Seema Chowdhury

# During This Time Of Loss And Sorrow

My thoughts are with you in this time of sorrow  
I hope you find peace and comfort tomorrow  
And wish you have loved ones to share today  
The pain, suffering and loss in your way

I know words are not enough to express  
My deepest sympathy for your pain and stress  
That you are feeling during this difficult time  
To bring you back peace and hope's chime

Just hold on tight to your memories of care  
And all the beautiful times that you shared  
With your loved ones who are near and dear  
And will always be in your thoughts and prayers

May God Almighty gives you courage to bear  
This irreplaceable loss that brings you tears  
And hope Lord holds you close in His heart  
To give your sad life a meaningful start

Where you can make peace with this all  
And stop these sorrowful tears from fall  
And comfort to know that in Heaven above  
Your loved ones are smiling like a dove

And are silently sleeping under the care  
Of Merciful God, who loves you my dear  
And is watching over you during this time  
To bring you back peace and hope's chime.

\*\*\*For a dear friend who lost her beloved mother \*\*\*

Seema Chowdhury

# Dwell In My Soul

I dwell in my soul  
And feel the rippling waves  
Crushing against the wall  
The walls of my life  
And see the salty mist  
And the freezing fog  
That is spread all over  
The deep blue ocean  
Of wonder and why? ? ?

And there I hear  
The ebb and flow of voices  
And play the game of catastrophe  
with a bitter sweet twist  
And then I try to recollect  
Myself and my soul  
And walk in the freshly fallen snow  
And leave the everlasting footsteps  
And the vivid memories.....

And then I want to learn  
To fight back the tears  
Of the painful injuries  
And lock back myself  
In my soul of lonely darkness.....

Seema Chowdhury

# Dwelling On Disappointment

Dwelling on disappointment is a waste of time  
So don't let this thought to spoil life's rhyme  
Because in life when joys are gone  
Then it leaves you alone to sit to mourn

Because nothing much but only in your way  
memories of the by gone days  
Are left for you to dwell upon  
Where no glimpse of any rising morn

Is shown to you where your thoughts  
Have dragged you and have brought  
You very far and far away  
From the pace of joy in your way

So instead of dwelling on disappointing tide  
Show your tender and sentimental side  
And don't let it to waste your time  
Or spoil the broth of life's rhyme.

Seema Chowdhury

# Each Life Affects Another

Each life affects another  
And that is really true  
When we talk of someone who is  
Extra special too

For the very special feelings  
That we share with them  
Comes forward with the needle of  
Love and with it hem

The edges of our lives  
With special stitches of smiles  
That brightens the way of others  
Who are passing through period of trial

And then it delicately decorates  
The life with the embroidery of cares  
Which emits a ray of joy  
For all others to share

And whenever someone offers  
Us a helping hand  
It means they care a lot  
And really understand

What we want from this  
Life in which we live  
And the soft and gentle words  
we need others to give

And all these things show  
Our joys to them are known  
For they care for us a lot  
And think of us as their own

And that is the main reason  
Why each life affects another  
Specially when we're passing through  
Life's disastrous weather.

Seema Chowdhury



# Early Morn

Early morn shine  
Is like a wine  
That fills your heart  
With joy and start  
To make you feel  
This special deal  
In which just fain  
And blessing's rain  
Is ready to fall  
On you and all  
And it really makes  
Your day with a break  
Where you take rest  
And feel fresh and best  
And then whole day  
That's coming your way  
Is filled with pleasure  
And joy to treasure.

Seema Chowdhury

# Earn The Right

Let you speak now  
And earn for you  
The right  
To be a victor  
In the battle of  
Wit,  
Ability  
And idealism-  
For life is too short  
To be wasted  
In  
Thinking  
And planning only.....  
Just remember  
This is the place  
And  
Now is the time.....

Seema Chowdhury

# Echo

I heard tyhe echo  
Of my silence  
When I wanted to talk  
But I couldn't

I heard the echo  
Of my tears  
When I wanted to cry  
But I couldn't

I heard the echo  
Of my pain  
When I wanted to sigh  
But I couldn't

Becaue  
No one was there  
To console  
To sympathize  
Or to sooth my pain.....

Seema Chowdhury

# Echo Of Invisible World

Sometimes I hear  
The weird echos  
That sounds very  
Scary  
Creepy  
And  
Trembling....  
As if they are  
The woes  
And painful sighs  
Arising from  
The invisible world  
Of grief and pain...

Seema Chowdhury

# Edge Of Despair

I want to see  
what is hidden  
In the deep layers  
Of my life-  
I wish to look  
On the other side  
Of a big glass door  
That's blocking my view  
I desire if I can  
See, smell and hear  
That sweet voice of hope and faith  
That I have lost  
I hope one day  
The door of illusion  
Will open successfully  
On its own-  
So I can relax  
And not feel stressed  
from this constant race  
Of this life  
Where only struggle  
Greets my morns  
And pushes me to  
The edge of despair-

Seema Chowdhury

# Eid Mubarak

May Eid brings you love and peace  
May it shower blessings to stop and cease  
All your agony, trouble and pain  
And brighten your life like sunshine after rain

May sparkling moments be given to you  
As a gift of Almighty God's love's hue  
Whose love has neither bound nor any end  
And who holds your hand in road block and bent

May Eid be a day that can heal  
Your wounds and hurts that you may feel  
And bring you the message of peace and hope  
That showers God's bliss and pull you out of mope

May all your prayers be answered today  
And all your wishes be granted in your way  
And may God opens all doors and gates  
So you can walk on the staircase of faith

And reach at the door of hope and peace  
That can lighten your day and can ease  
All your agony, trouble and pain  
And brighten your life like sunshine after rain.

Eid Mubarak to all.

Seema Chowdhury

# Embrace Happiness

Leave a mark on others life  
Give others reason to happily survive  
Give encouragement to all my dear  
Especially who need you for cheer

Bring sunshine in others life  
Give others reason to happily survive  
For real life is made up of moments dear  
That takes you in life's complicated layers

Just remember that life is full of fortune  
We just need to dig it out of gloom  
And learn to embrace happiness perform  
And put our faith in charge of this bloom

And know with the help of honest prayers  
We can walk on the path of life's fair  
And can turn our stumbling block of pain  
Into a lovely boat of joy and fair

We just need to learn to empty our minds  
From the worries of life and try to find  
And embrace the future with happiness and cheer  
And bring sunshine for all my dear.

Seema Chowdhury

# Empower Yourself

Get in the right mind set  
And know what you hope to achieve in life  
Remember the time when you were happy  
And you felt powerful about how to survive

So speak up and always be ready  
To steer decision making and be number one  
And come out at the end as a winner  
When your life's days are over and done

Just pray and hope for God's miracle  
And be ready to take a chance  
And remember to find a lucky break dear  
Start working with care and in advance

Empower yourself with courage  
And be your own supporter and a friend  
For life's bitter bite is distressing  
With crooked roads and curly bends

Learn to stick up for what you believe in  
And get in the right mind set dear  
Empower yourself with happy thoughts  
That can bring you happiness and never ending cheer.

Seema Chowdhury



# Empty Door Ways

Suspended in the time  
or in the flow of rhyme  
I see some pathways  
Filled with empty days  
Where nobody I see  
Eagerly waiting to be  
taken in for a ride  
On these pathways wide  
Why is it that so  
I do not want to know  
But sometimes I wish to see'  
these empty doorways key  
Fitting in its place  
To cease its life's case.

Seema Chowdhury

# Empty Inside

The eerie silence of my surrounding  
Makes me feel lonely inside  
Where I search for answers  
Trying to wipe away tears  
And erase the image of pang  
So I can let my spirit lift me up  
And let me sort out my thoughts  
With which I can thread  
A beautiful story of my life  
With bitter sweet realities....

I want to fill this emptiness  
With bright sunshine  
And let the magic of love  
Empower me abundantly  
So I can wash away my problems  
And find a huge wave of relief  
In the shadow of which  
I can find a defining moment  
Where I can break my vow of silence  
And get back in the mood of celebration  
In my own little world  
Of serenity and tenderness.....

Seema Chowdhury

# Empty Promises

Don't ever make  
A promise  
That you can never keep  
For  
Nothing is more hurting  
Than  
Seeing the promise  
That was made with you  
Falling apart  
And  
Breaking  
Like  
An empty promise.....

Seema Chowdhury

Seema Chowdhury

# Encouragement Mask

Put on the encouragement mask  
And build confidence for your task  
And know that with hard work dear  
You can prove your worth that's rare  
So have on yourself more trust  
And know that surely it is a must  
That to stand in the winner's lane  
And to get name and fame  
You have to wear the encouragement mask  
And build confidence for your task.

Seema Chowdhury

Seema Chowdhury

# Ending Life's Story

Another day, another year  
Another smile, another tear  
Another loss, another gain  
Another fain, another pain  
I see in front of my eyes  
Ending life's story with a sigh  
And looking forward with hope  
To end painful events of mope  
I wish for my life to take  
A beautiful turn for joy's sake  
where pretty flowers will bloom  
To take away my pain and gloom  
So I can start with hope and peace  
Where troubles and storms will cease  
And will bring calmness and shade  
Of God's loving blessing as life's aid.

Seema Chowdhury

# Ending This Year

Life is moving quickly  
Life is moving swiftly  
So go ahead and join the race  
And conquer this enchanting pace  
For no time is like the present time  
Where we can learn and sing the rhyme  
Where life will show us rain and pain  
And endless phases of losses and gains  
So welcome it all with an open heart  
And learn to build a door to start  
Another day, another morn  
Another dusk, another dawn  
Just remember that this is what is life  
Where we're all bound to survive  
Where nothing begins and nothing ends  
Without crossing roads hard, crossed and bends  
So learn to enjoy the 'April Showers'  
For that is what will bring 'May Flowers'  
As everything that here starts one day  
Reaches its end in a joyful way  
So hope and pray from God for the best  
And end this year on smile and zest.

Seema Chowdhury

# Endless Pain

Endless pains and endless pleasures  
Are all over life's treasure  
That show us some paths of life  
To walk with joy and drive  
The never ending car of pain  
That also gather some fain  
To brighten our world and our days  
That're passing by in our ways.

Seema Chowdhury

# Endless Ring Of Smile And Sorrow

Hold back the tears of sigh  
And look forward to tomorrow  
Life is an endless ring  
Of smiles, pain and sorrow

So walk away when you're tired  
And pause to just smile  
For life is made up of  
Periods of short and long miles

Don't wait for a reason  
To celebrate life today  
Write your happy ending  
And find peace in your way

Face your problems now  
And collect strength for tomorrow  
For life is an endless ring  
Of smiles, pain and sorrow

Just make the most of it  
And create a magical life  
Add beauty in all you do  
With kindness that survive

Listen to your heart's string  
And write your own life's song  
Then set your own rhythm  
And music that makes you strong

For life goes on and on  
And bring hope for tomorrow  
Because its made up of  
Endless ring of smiles and sorrow.

Seema Chowdhury



# Endless Tales Of Time

Give shapes to your imagination  
And Take a new turn in life  
And  
Get ready to begin a journey  
with tuned and untuned rhymes  
For as you go through life  
You have to deal with  
Changes  
That comes unexpectedly  
and put you in knots  
Conflicts  
And worries  
And that is  
What is life  
with its  
Endless tales of time.....

Seema Chowdhury

# Endless Treasure

This world is a place  
With things that're nice  
Where joys can be doubled  
And can be made twice

if only in it  
We can live and learn  
To reach our goals  
And can mold our turns

In the way we want  
And in the way things are  
then nothing will be beyond  
Our reach, or will be far

So live in with joy  
Happiness and pleasure  
And learn my dear today  
To count this endless treasure.

Seema Chowdhury

# Endure The Test Of Time

Embark on life's journey  
And have strong faith that  
Right thing will come along  
At the right time and way  
Gain new life's experiences  
And endure the test of time  
Try new experiences today  
And focus on endless dreams  
Be positive about life's changes  
And connect to the rest of the world

Look harder for the light in darkness  
And listen to the echoes of emotions  
Hold your head up and smile  
And remember that life will test you  
And will give you difficult choices  
So don't give up or shut yourself  
Or let tears blur your vision  
Be strong and accept them all  
And know you have to be strong  
To endure the test of time

Seema Chowdhury

# Energetic Shift

Feel the energetic shift inside you  
Moment by moment  
Reflect on yourself  
And quiet your mind to listen  
To the initial string of inner peace  
Truth and reality

Always fulfill your commitment to living  
And look at the reddish new dawn  
On the distant horizon  
Feel the breeze at the end of the tunnel  
And figure out a way for a fresh perspective

Rejuvenate your mind and soul  
And know that life will be queer at times  
With its twist and turns  
But once you learn to visualize everything  
Then you will find solution to your problems

Just turn your telescope around  
To see the bigger view of life  
And feel the energetic shift inside you  
And listen to the harmonious hymn  
Of the string of peace, truth and reality

Happy 17th Birthday Samia  
We love you very much

Seema Chowdhury

# Enhance My Faith

As the night gives way to the dawn  
And the day light cascades my room  
I stand by my windowsill  
Looking deeply outside  
To enhance my faith  
And ask the living God  
To open up new avenues  
To strengthen my faith  
And to give me power  
To stand tall and walk bravely  
On the blanched streets  
Heavily covered with snow  
And find my way across  
In this winter cold sighs  
And collect the scattered pieces  
And fragments of my imagination  
To come out of the darkness towards light  
And collect happiness along the way  
And enjoy astonishing moments  
So I can calm down my inner world  
And remove scattered troubles from my path  
To carefully examine the markings of life  
And enjoy the sunlit room  
And enhance my faith...

Seema Chowdhury

# Enjoy

These precious moments will never come back  
So find for yourself a happiness sack  
In which you can find more smiles to smile  
And some more laughs to laugh for a while  
So best thing that you can do right now  
Is to find when, where, why and how  
You can find moments of joy  
And make yourself happy to enjoy  
Every good things that is given to you  
That makes you feel happy too  
So when its time for you to die  
And say loved ones forever goodbye  
Then you can say with pride 'I survived  
And have enjoyed every moment of my life.'

Seema Chowdhury

Seema Chowdhury

# Enjoy A Beautiful Life

Look at the bright shining blue sky  
Look at the birds that're flying high  
Look at the flowers and their view  
That's all spreading joy that is true

Look at the star that is bright  
Look at all life's pleasing sight  
Look at the sun with a smile  
That'll help you to go another mile

And when you'll do all this dear  
Then you'll feel how much others care  
And you'll enjoy a beautiful life  
Where joy and pain all do survive

And you'll find the path of pain  
will surely come in the way of pain  
And will show you life's sight  
which are full of joy and delight.

Seema Chowdhury

# Enjoy And Relax

Enjoy and relax  
And think of life  
As a game  
Without an end  
Where  
Stormy weather  
Emotional errors  
New horizons  
Green pastures  
All come one by one  
In your life  
To show  
Life's journey in and out  
And to  
Purify your emotions  
And  
Make you a strong being....

Seema Chowdhury

Seema Chowdhury



# Enjoy Challenges

Enjoy challenges that lie before you  
And know in life's days that're few  
You have to face all these things  
Whether you're a begger or a king  
And know that all these life's test  
Are given for your own good 'n best  
For they tell you how to hold  
Life's hardships and be bold  
So don't feel scared of any of them  
Consider them as your pearls 'n gem  
And know in life's days that're few  
You have to face challenges lying before you.

Seema Chowdhury

Seema Chowdhury

# Enjoy Lord's Gift

When life feels crowded  
And time seems lost  
Then don't feel mopy  
As it doesn't pay the cost

Just sit back and relax  
Then go deep in mind  
And search for the loved ones  
Who are adorable and kind

And from there with them  
Go further down to see  
All joy that is hidden  
And ready to set free

And you'll find there  
Gift of God's trust  
And moreover there'll be  
Love that can never rust

And another thing there  
Will be joy and hope  
And pleasure and sincerity  
That'll help us to cope

So there leave your agony  
And all sorts of pain  
Your loneliness and depression  
And return with pleasure's rain

And never feel upset  
Remember soon it'll be morn  
Because darkness always fall  
Before each dawn

So do as I said  
Because whenever I miss  
my sweet old days  
I recall and enjoy all this

And after that for hours  
I just sit and smile  
Because memory of it  
Always stays for a while.

Seema Chowdhury

# Enjoy Special Blessings

Learn to enjoy the strings of bliss  
That god has bestowed for our wish  
For joy, fun and a carefree smile  
Are all part of god's blessings trial  
That god has given so we can know  
How to enjoy our lives glow  
And smoothly flow in it with fain  
And learn to overcome our pain  
And enjoy special blessings for each day  
And learn to straighten our life's way.

Seema Chowdhury

Seema Chowdhury

# Enjoy The Blessings Of Home

A house is built by bricks  
But a home is built by heart  
For home is the only place  
From where always impart  
The precious and rare gift  
Of the blessing of love and more  
And that's the only place  
Which takes us to the door  
Of peace and affection and care  
And show the importance of it  
Because its built with love  
That holds value in every bit.

Seema Chowdhury

Seema Chowdhury

# Enjoy The Day

So much I want to hope and wish  
So much for you my dear sis  
Because it's your special day  
That comes just once in a year's way

I wish you the path of fain  
Where no glimpse of any pain  
Enters in to spoil your day  
Or make messy your path way

And I wish you the flashes of smile  
that spreads joy around miles  
And I hope you enjoy the day  
As it is so special today

And I hope may you always see  
Joy's happiness smiling for thee  
And waiting to greet the day  
As today is special in a way.

Happy Birthday Dear Sabeen

Seema Chowdhury

# Enjoy The Sweet Joy

Whenever I think  
Of the bygone days  
Then best memory  
That comes in my way

Is the sweet joy  
That I had with you  
That filled my world  
With love's high hue

For you my son  
My dear sweet heart  
Are surely an  
Important part

With whom always  
I have enjoyed  
All precious moments  
And all sweet joy

Love You Danny Baby.

Seema Chowdhury

Seema Chowdhury

# Enjoyment Of Laughters

A very small thing can  
Bring great delight  
A very small light can  
Make your life bright

A very small laugh can  
Make life worth while  
And give you more chances  
To smile in trouble's pile

For the enjoyment of laughter  
That you get out of it  
Surely hold an important  
Place in life's bit

And reminds you that something  
That brought happiness before  
Can do so now again  
If you enter in smile's door.

Seema Chowdhury



# Enlarged Perspective Of Life

I want to see  
An enlarged view of life  
So I can pin point  
All the tiny details  
Of each and ever inch-  
This can change my perspective  
And out look of life.....

I don't want  
Any limitations on my life  
And wish to remember  
That there are same  
Number of hours  
In a good  
And a bad day.....

So why can't we  
Stay in the comfort zone  
And  
Remember that life is  
An interesting  
And  
A rewarding lesson  
Where we collect knowledge  
Through hard earned wisdom.....

Seema Chowdhury

# Enlarged View Of Life

I want to see  
An enlarged view of life  
So I can pin point  
All the tiny details  
Of each and every inch...  
That can change my perspective  
And outlook of life...  
\I don't want any limitations  
And wish to remember  
That there are same number of hours  
In a good day  
As in a bad day....  
So why can't we  
Stay in comfort zone  
And remember that life is  
An interesting  
And rewarding lesson  
Where we collect knowledge  
Through hard earn wisdom....

Seema Chowdhury

Seema Chowdhury

# Enough Time

There isn't enough time left  
For me to walk back  
And reach the point  
From where  
I started my life's journey  
That's why today  
I'll continue  
With trembling hands  
Frozen fingers  
And shaking sorrows  
And await my destine  
Till the veil of time lifts  
And  
Show me the light of tomorrow.....

Seema Chowdhury

Seema Chowdhury

# Enthusiasm

Enthusiam is contagious  
And that is really true  
For it holds value  
For us, me and you  
So get it all over  
And keep some out of it  
For it surely holds  
Value in every bit  
And helps you to  
Attain your set goal  
And bring you the hope  
To brighten up your soul.

Seema Chowdhury

Seema Chowdhury

# Enthusiastic Reply

I am obsessed  
With finding out  
And something inside me  
Is very interested in knowing  
The real meanings  
Of the hardships  
Of this bitter life  
Where  
Hatred  
Hypocrisy  
Selfishness  
And  
Confusion  
teaches us slowly  
And painfully  
What it is all about  
And teaches us  
The enthusiastic reply  
Of all the questions  
We ask ourselves.....

Seema Chowdhury

# Escape From Nightmare

I want to give  
My sorrows, some words  
My words, some meanings  
My meanings, some comfort  
My comfort, some pleasures  
My pleasures, some smiles  
My smiles, some colours  
My colours, some hues  
And  
My hues an escape-  
An escape  
From this terrifying nightmare  
Known as life.....

Seema Chowdhury

# Escape From Pain

Work at finding the solution  
How to escape from your pain  
Don't feel fragile and sad  
Look for the road of pain  
And see how you can learn  
To dance merrily in the rain  
And learn to overcome when  
Afflicted with terrible pain

For life is like a tunnel  
That is long and may be dark  
But at the end my dear  
You'll find the light's mark  
So don't give up so easily  
Work out and find a way  
To lead yourself out of this  
And find peace in your day

And learn to help yourself  
With the light of courage and care  
And know how to win life's test  
With strength and deal's fair  
And open the door of wisdom  
And let miracles enter the gate  
Through the help of God's help  
In the never ending path of faith

And when you'll do it all  
In the short race of life  
You'll learn to escape from pain  
And with courage you'll survive  
And you'll learn to dance merrily  
Under burning sun or in the rain  
And will learn to overcome all  
Life's endless and terrible pain.

Seema Chowdhury

# Essential To Happiness

A lot of stars  
Are  
Out tonight  
Twinkling and sparkling  
With tons of smiles  
I wish  
If I can go out  
And  
Enjoy with them  
And discover  
The secret  
Of their being happy  
And smiling  
And can ask them  
What is essential to happiness....

Seema Chowdhury

Seema Chowdhury



# Evening Light

The beauty that is spread all around  
The glimmer, the shine  
The amazing reflection of the rainbow hue  
On the edge of the ocean  
All bring me peace and serenity  
And warms my heart  
And stills my soul  
And I feel drowning and falling in love  
With this endless dream  
From where I don't want to come back  
To real life and its realities....

I wish if I can pause my life  
At this very moment till eternity  
And feel no pain of parting  
Or longing of the emptiness  
That absence of loved ones leave.....

I wish if I can bring it all to an end  
And trap presence of the moment inside me  
And pause my life here and now  
In the deep lap of the evening light  
That is proudly spreading  
Its glimmer and shine....

Seema Chowdhury

# Events Of Life

Learn to recognize  
The corner stone  
Of all success-  
That can show you  
The magical effect  
Which will help  
Difficulties to disappear  
And  
Obstacles to vanish  
And show you unlimited power  
Of the human spirit  
So you learn to control  
The events in your life.....

Seema Chowdhury

# Events Of The Day

Under the sun  
Under the sky  
Under the flowers  
Growing high  
I found so many  
Tears that dropped  
That had no destine  
To reach to stop  
Where tiny moments  
Covered everything  
Both fall of autumn  
And growth of spring  
Where many wierd  
Events of the day  
Came rushing bt to  
Enter my day.

Seema Chowdhury

Seema Chowdhury

# Ever Lasting Gift

Today my dearest Sarah And Danny  
I wish a life that is nice and sunny

I wish you a gift of smiling Saturday  
That'll brighten your whole life's way

I wish you a gift of happiest Sunday  
That you'll get anything you ever say

I wish you a gift of hopeful Monday  
That we'll be with you in every way

I wish you a gift of luckiest Tuesday  
That victory accompanies you each day

I wish you a gift of beautiful Wednesday  
That no pain be yours in any way

I wish you a gift of brightest Thursday  
That door of prayers be open whole day

I wish you a gift of successful Friday  
That you'll achieve all goods in your way

And above all I wish you the gift of faith for everyday  
That God may never leave you alone in any way.

Love You My Kids! ! !

Seema Chowdhury

# Everlasting Melodies Of Life

Remove your worries, anxieties and fear  
Replace them with faith, hope and cheer  
And know that in this world to survive  
You must learn the everlasting melodies of life

Let peace and joy flow in your life  
Smoothly like sunshine in your drive  
And with courage and strength dear  
Receive the message of hope and care

Don't let disappointments to let you down  
Or color your life dull and brown  
Just search for the blessings of God on the ground  
With words of faith and hope all around

For in those moments of quiet and peace  
God is sending his message of joy's lease  
So learn to hang on and bravely survive  
And know the everlasting melodies of life.

Seema Chowdhury

# Everlasting Melodies Of Life And Living

Remove your worries, anxieties and fear  
Replace them with faith, hope and cheer  
And know that in this world to survive  
You must learn the everlasting melodies of life

Let peace and joy flow in your life  
Smoothly like sunshine in your drive  
And with courage and strength dear  
Receive the message of hope and care

Don't let disappointments to let you down  
Or color your life dull and brown  
Just search for the blessings of God on the ground  
With words of faith and hope all around

For in those moments of quiet and peace  
God is sending his message of joy's lease  
So learn to hang on and bravely survive  
And know the everlasting melodies of life.

Seema Chowdhury

# Every Area Of Your Life

Let

Every area of your life

Be filled with

A smile of

pleasure

Gratification

Enjoyment

Comfort

And

A cheerful sunshine....

Seema Chowdhury

# Every Living Moment

Adopt an enjoyable  
New way of life  
And learn with  
Joy now drive  
The car of smiles  
Where you can see  
Life of charm  
Smiling for thee  
And know it is  
What makes life's test  
And show you paths  
That is the best  
And give you more  
Opportunities to enjoy  
Every living moment  
Of life's joy.

Seema Chowdhury

Seema Chowdhury



# Every Passing Moment

Every passing moment  
That is gone my dear  
Holds a value  
That is rare  
For it will never  
Come back again  
And this sweet remembrance  
Of this bitter pain  
Is what makes life  
So sweet and rare  
And fills it with  
Passing moments of the year.

Seema Chowdhury

# Everybody Has A Story To Tell

Acknowledge the pain  
And be determine to move on  
For each moment describes  
The whole story of your life

Trying to move forward  
While chained  
To the dead weight of past  
Is impossible

Don't let disappointments  
Leave you with unpleasant memories  
Of Squashing and crushing  
And pinching life's lemon

Turn sour into sweet  
And don't have unrealistic expectations  
Or chronic frustrations  
To bring unwanted emotional tides

Learn to solve the big puzzle  
And put them together calmly and patiently  
And be ready to read  
Your life's story aloud

With truest passion  
And innate inner strength  
To light up your spirit  
For everybody has a story to tell...

Seema Chowdhury

# Everybody Wants To

Everybody wants to  
Be loved and show love  
Everybody wishes to  
Be cared and show care  
For God has given  
All of us a heart  
From where always  
Feelings impart  
A very special feeling  
That is known as zeal  
That clings to you  
With a desire to feel  
Special and cared  
And wanted too  
And that is what is  
Called love 'n care true.

Seema Chowdhury

# Everyday Can Be Beautiful

Put more fun into your life  
And add in it some hope  
And wake up each morning  
And learn more arts to cope

To cope with the troubles and pains  
With a joyous and a hopeful heart  
And meet each day with a song  
That can brightly start

Brightly start your day  
Where you can find delight  
In simple little things  
And show beautiful things to sight

To your sight and all around  
All pleasures and the fair  
That are hidden in simple things  
Like rainbow after the rain.

Seema Chowdhury

# Everyone Needs A Fairy Tale

Everyone needs a fairy tale  
When emotions run deep and high  
To build a life on grief and joy  
When zigzag courses bring you sigh

For life is not always simple and straight  
With sunny and bright smiles of cheer  
It also has some moments of silence  
When life seems endless and full of fear

And if we learn to live in the moment  
To enjoy what comes in our way  
then each day will leave on a happy note  
And a little gift of joy to end the day

And then our emptiness and unfair moments  
Will disappear one by one in layers of veil  
And we will learn to enjoy the sunshine  
In each episode of life's fairy tale

And once again life's puzzle will solve  
One by one with everlasting love and care  
And we will again see beauty and passion  
With tenderness of every day's cheer.

Seema Chowdhury

# Everything About Her Is Sacred

Her smile, her tear, her joy, her fear,  
Her love, her care, are all sacred dear  
Her presence is a sweet gift of God  
And she is a true angel from the Lord

She keeps passion inside  
A special and delicate wide  
Corner of her tender heart  
From where it all starts

Her dreams, her hopes  
Her ability to always cope  
Her soft sighs and calls  
For everyone just says it all

For her life is a special gift  
That is filled with sweet and swift  
Stories of sympathetic affection and care  
That are all interesting and sacred dear

Thanks God for making them  
Who always know how to hem  
The broken and uneven edges of lives  
Where we are all bound to survive

For she is blessed with the gift of hope  
That also teaches others to cope  
And wipe their dreadful tears of fear  
And decorate it with tender emotions and care

And she always plays and prays  
With the simple beauty of her says  
And binds everyone with the soft touch of cheer  
Because everything about her is Sacred dear.

Happy 100th Anniversary of International Women's Day! ! !  
(Dedicated to my mother and sisters)



# Everything New

I need  
New roads to travel  
New paths to walk  
New people to meet  
And  
With them to talk  
Because  
Now  
I don't want  
Negative  
People  
Or Thoughts  
To run my life  
Any more.....

Seema Chowdhury



# Everything Stopped

Everything stopped-

The mist

The rain

The sun

The falling leaves

The soft breeze...

When

I uncovered the veil

From the face of my world

That was falling apart

And

Burying me

Under the mud of

Depressions and wounds.....

Seema Chowdhury

# Everything That Is Wonderful

Everything that is wonderful  
Is a gift of god  
Everything that is splendid  
Is a creation of the lord  
For he is the only  
And the only one  
Whose presence can be felt  
In the sky, the stars and the sun  
For all these things  
Reflects god's beauty  
And show that they're  
Performing their duty  
Because god has  
Assigned them a line  
That surely reflects  
Power of his divine.

Seema Chowdhury

Seema Chowdhury

# Everything Together

It is a long road  
And is very alone  
When it is dark  
And no sight of mom  
Where every where  
You see the end  
Where every turn  
Is cracked and bent  
Where you are trying  
Very hard to gather  
The moments, the days  
And peace times together  
But don't loose hope  
And walk on your way  
And remember that 'morrow  
There's another day.

Seema Chowdhury

# Evils Of Life

Guard yourself from the evils of life  
Like pain and suffering and distress that survive  
Then you'll learn new ways to teach  
How to make your goals move within reach

Just don't despair for help is on the way  
And move forward keeping doubts away  
Then you'll see your future will look bright  
And will increase for you the hope's light

Where wonderful luck will wait for you  
And will give you life's very precious gift  
Of smile and hope for your spirit's uplift

So remember this and always keep in mind  
That life is a bliss of God who is kind  
So try to protect it from the evils of life  
Like pain and sufferings and distress taht survive.

Seema Chowdhury

# Exciting Drama Of Life

I hope  
Each day  
That we will spend together  
Be the stepping stone  
Of  
Cherished joys  
And  
May it opens  
The path for  
New and exciting  
Dramas of life....

Seema Chowdhury

Seema Chowdhury

# Exhausted From Hurts

I went to see my dreamland today  
That I had built very far away  
Where no one can ever know  
And there often i love to go

For in my dreamland is found  
The adorable creatures of the ground  
And also there no one cries  
Or feel tired of their tires

For there i always see sunshine  
Spreading its light like a wine  
And giving it to drink to all  
Who gets exhausted from hurt and fall

For then it really helps to calm  
The pain and agony like a balm  
And that's why when i feel alone  
I go to my dreamland to mourn.

Seema Chowdhury

# Explore The Unknown

Explore the unknown  
With joy and fun  
And do it all  
Before day's run  
And try to find  
What is in it  
Then surely you will  
Feel in every bit  
Thousands of things  
That are unknown  
That you wish to explore  
In days and morns  
For God has hidden  
In each life's layer  
A blessings for us  
To be found with care  
And thousands of things  
To be thank ful for  
For God is our creator  
And our wonderful Lord  
Who cares very much  
For all of us dear  
And that's why we should  
Explore His blessing's layers.

Seema Chowdhury

# Express Delight

Express your delight  
When things are bright  
And bring you smile  
All for a while  
For joy and fun  
And the shining sun  
Are all god's gifts  
For souls uplift  
So enjoy them all  
Even if its small  
And learn to survive  
In every phase of life.

Seema Chowdhury

Seema Chowdhury



# Extreme Happiness

Happiness actually lies in small things  
And it moves forward in a ring  
That brings with it pleasure 'n joy  
And all nice things with which you enjoy  
For happiness is a thing that none can buy  
Neither its a good with a price high  
It's about when with an open mind  
You accept that things around you're kind  
And then you decide with a happy heart  
To give it a try and learn this art  
Cause extreme happiness can clear you day  
And can give you smile along life's way.

Seema Chowdhury

Seema Chowdhury

# Eye Illusions

In your day to day life  
When you start your faith's journey  
Enrich your life with the vibrant colors  
Like red, yellow, green and blue  
And walk in the light of peace  
Towards the high road  
Using the weapon of love  
And the speech of hope  
To turn your wheel of fortune  
In the right direction  
To rejoice each moment  
With celebration and astonishing wonders....

Just remember that life contains  
Unfamiliar and unseen bends in the way  
And is made up of brief moments  
That transform the texture of your days  
And it's like eye illusions that go round and round  
And show you a different perspective each time  
And then you have to overcome  
Series of hurdles and a few puzzling mazes  
And have to make some hard and bitter choices  
To clear the fog of frightful emotions  
To reach your victorious destination  
Where God will have amazing surprises  
And clear and promising views of real life.....

Happy 14th Birthday Samia Baby Doll.  
Mama Loves You Very Much.

Seema Chowdhury

# Eyes Filled With Tears

I have never seen anything  
More innocent  
clean  
Honest  
Blameless  
pure  
And  
Stainless  
Than an eye  
Filled with  
Painful  
And  
silent tears.....

Seema Chowdhury

# Fabulous Gain

This is a perfect time  
To collect  
Fortunes and lucks  
And  
Store these  
Fabulous gains  
For the future  
When  
Thunder will clap  
And rain will pour  
In the wildest twist of fate  
And  
Nothing will be heard  
Except for  
The roar of  
The wind  
The rain  
And  
The thunder storm....

Seema Chowdhury

Seema Chowdhury

# Face Reality

Don't sigh when you're suffering from pain  
Don't cry when you lose all your gains  
Don't mope and just walk alone insane  
And don't put on others your bad luck's blame

Because all this can never ever cease  
The distress that is taking away your ease  
And is blocking the joy and pleasure's breeze  
To blow in the pace where you live in peace

Just face reality and know in life's tale  
problems are standing just like the nail  
Where less chances come, when you can avail  
The opportunity of success that do prevail

So in such a time instead of crying in sorrow  
What you must do is to try to borrow  
The pace of joy in this world that is narrow  
And face reality with a hope of bright tomorrow.

Seema Chowdhury

# Face The World

The way I face  
The world each day  
Is a bitter reality  
Of my way

For I hate people  
Who intrude in my life  
Without any concern  
For things taht survive

I really wish if  
I can go to a place  
Where peacefully  
I can cry and trace

the answers of my  
Troubles and pain  
And then start over  
My life once again.

Seema Chowdhury

## Facts Of Life

The grass is not greener else where  
The shy is not clearer in the air  
The rose is not fairer my dear  
And luck never ever comes in pair  
So learn to remember for you must know  
That every yes definitely has a no  
Like every con has a pro  
'cause that's how life's wave flow  
So always be prepared for life's test  
And do it with all your zest  
Without ever thinking of taking any rest  
Then surely you'll get what is best  
'cause dear that's how you'll view  
And will learn how to handle blue  
And how to take care of hope's dew  
That's standing with a distinct hue.

Seema Chowdhury

Seema Chowdhury

# Fain's Gate

In quietness of the day  
In silence of the night  
I saw many things  
That felt so right

For there were many  
Gifts of love and care  
That also included  
Kindness to share

I don't know what  
And how to explain  
But the joy and happiness  
Was its part main

That opened for me  
The gate of fain  
That helped me out  
To get rid of the pain.

Seema Chowdhury



# Fain's View

Let your life  
Surprise you  
Let it show  
Different view  
And give it  
A chance to hue  
It with love  
And happiness dew  
So try to  
Here pursue  
Dreams of life  
That are new  
So you can  
Find to do  
Something with  
Lose ends too  
That can also  
Remove blue  
From life's days  
That are few  
So be ready  
To surprise you  
And let show  
All fains view.

Seema Chowdhury

# Fair Share Of Happiness

Fair share of happiness  
Is very hard to find  
So try and look  
And keep this in mind  
That a life of ease  
Is only a dream  
That no one can get  
Not even in dreams  
So find your way  
And look for more  
And enter in the  
Compromise door  
Then only you'll find  
For yourself the share  
Of happiness dear  
That is fair.

Seema Chowdhury

Seema Chowdhury

# Fair Weather

Look at the stars  
Look at the sky  
Look at things  
Twinkling high  
For this is life  
Where my dear  
Things are not  
Always fair  
So try to seek  
And you shall find  
Fair weather  
That can bind  
You with joy  
Happiness and fain  
To take away  
Trouble's pain  
So always have  
very high hope  
And do not dump  
Yourself in mope  
And remember to  
Look at the sky  
Where bright things  
Are twinkling high.

Seema Chowdhury

## Fair Words

What can I do  
Ever without you  
For you're great  
On whom I put faith  
Because you are lover  
Of heaven above  
And you show care  
That is rare  
So always for you  
I wish joy's view  
And want to wish  
God's huge bliss  
And wish all well  
For joy's where you dwell.

Seema Chowdhury

# Fairytale Cheer

I see something that is bright  
Like small patches of the light

or may be it is just a dream  
Very real and soft as a cream

Where moments are dipped in fain  
And there is no sign of pain

Where everything is full of delight  
And there its all day no night

Or may be I should say my dear  
it is a fairy tale of cheer

Where only good things survive  
And show no sign of of a bitter life

And there i enjoy everything  
Moving to and fro with joy's ring

And I see everything dip in fain  
And showing no sign of any pain

Just like all the good in fairy tales  
Where joy cannot be measured in scale

Because everywhere it is light  
And everything is shining bright

And I wish if I can forever stay  
In this imaginary world's day

Where everything is happy and rare  
And like a fairy tale of cheer.

Seema Chowdhury

# Fairytale's World

Into the world of fairy tales  
I wish I can go to stay  
Away from this harsh world  
Very far away  
Where nothing bad can happen  
As love and joy and fair  
And happiness is the weapon  
I wish I could enter  
In such a dreamland dear  
Where no one knows the pain  
Nor feelings of dole and tear  
So there I can just stay  
With the thoughts of mirth  
And think of this very world  
As God's green gift of earth.

Seema Chowdhury

# Faith Can Help

Always remember  
That faith can only help  
If you're  
Willing to  
have full faith  
Without any  
Doubts  
Or  
Hesitation  
And then you'll  
Start understanding  
The hidden meanings  
Betrayed hopes  
Broken images  
And  
Undefined strokes  
Of  
Grey and black.....

Seema Chowdhury

# Faith's Song

God show us what is right and wrong  
Give us courage to sing faith's song

And hold on to hope in the mid of night  
And keep on digging for what is right

God open our eyes, mind and heart  
Let us find the light that can start

To cleanse our heart, mind and soul  
And wipe away dust of pain and dole

God help us to open new avenue to explore  
Where we can walk on faith's floor

And collect for us serenity, peace and joy  
To uplift our soul and happily enjoy

The blessing, gifts and lots of reward  
Bestowed upon us from you, Gracious God

And learn to sing sincerely faith's song  
And bow in front of you when things go wrong

And request You to please hold us tight  
To remove our doubts, fears and flight.

Seema Chowdhury



# Falling Snow

Open life's window blinds  
And enjoy the soft snow falling  
Illuminating the surrounding  
With a silver glow  
That warms and energizes the soul.....

Look at the soft colors  
Of the early morning sky  
Where sun is hiding  
Behind the deep clouds  
And trying to play peek-a-boo  
To bring you a glorious day of inspiration.....

Feel the cool breeze  
And absorb in it fully  
And take a snapshot of the moment  
To let your heart speak  
And sing a song  
That is full of infinite beauties  
That let your pain melt  
Like snow flakes in the air.....

Seema Chowdhury

# Falling Tears

I wish I can hold my falling tears  
I hope to wipe away all my fears

I don't want to go away far from you  
For it gives me endless woe and pain hue

God please bring happiness in my life  
Give my soul peace to survive

And wipe the clouds that are hanging there  
And fill my life with shinning layers

As I dream of a life in which I see  
Your presence in ever minute of thee

Creating a strong bond of love  
That is a blessings of heaven above

I wish if I can pause my life  
And hold tightly your presence alive

And don't let tears of pain ever fall  
For this is the hardest gain of all

Miss you tons Sunny.  
Hope we can be together forever.

Seema Chowdhury

# Fascinating Journey

Life  
Is a fascinating journey  
Where  
We have to cross  
Shadows of distress  
That are  
Less traveled  
And  
Hard times  
That have  
Wrathful silence  
And then  
We have to find  
The hidden truths  
By  
Flipping through  
The pages of life.....

Seema Chowdhury

# Feel Empowered

Take a walk around  
And stroll on the ground  
Drive a long way  
And begin a perfect day

For life is a beginning new  
Where we get to view  
Opportunities fresh and alive  
So take an intensive drive

And run your life on it  
And enjoy its every bit  
And chant, dance and sing  
And feel like a victorious king

Learn to fine tune  
And know that pretty soon  
Everything will surely change  
Then you can easily arrange

And wrap up all empty hours  
And again feel empowered  
To fill your moments with gold  
And banish worries old

To enjoy every bit of this wonderful life  
And know how to courageously survive  
And bravely take a walk around  
And stroll on God's green ground.

Seema Chowdhury

# Feel The Moment

Feel the moment  
And enjoy it to the fullest  
Don't be shy  
Speak out your mind  
For there is no right or wrong answers  
Try to perform new tasks  
And prove your worth  
By accomplishing what you want  
When opportunity comes  
And always be ready  
To unfold new horizons  
To rediscover the strength and faith  
And rejoice in simple pleasure  
To feel the moment

Don't let negative emotions  
Block your way  
Always keep hope within arms reach  
And use positive and enthusiastic attitude  
If something goes wrong

Break the vicious cycle of pain  
Before it spirals out of control  
So you can sit back and relax  
And feel the moment  
To its fullest.....

Seema Chowdhury

# Feeling Frustrated

Why sky looks  
Foggy and full of clouds?  
Why mist is spreading  
These fears and doubts?  
Why can't I see  
Any such pace  
Where I don't  
Have to face  
The frustrations taht  
I am going through  
That's making me feel  
Moppy and blue? ? ? ?

Seema Chowdhury

# Feelings Of Ecstasy

Something thta I can never express  
Whether I'm feeling happy or depress

For feeling of ecstasy is very rare  
that holds value in it very dear

I wish if I can learn to say  
Whatever I feel in my way

For that's the most important of all  
Troubles lying before mw small

For feeling of ecstasy helps us to express  
Our life time of joy and happiness.

Seema Chowdhury

# Feelings Of Love

Something that bring in your life spring  
And make your heart in joy sing  
Something that feels extremely rare  
That you cannot express my dear  
Is what is known as feelings of love  
That is God's precious gift from above  
A gift that is very pure and nice  
And brings and make your joys twice  
And show you life's brighter side  
Where happiness path is wide  
And that is why i always say  
It's very hard in words to lay  
That's how i feel inside my heart  
For its something like a bright new start.

Seema Chowdhury



# Fetch Happiness

Colour bright sun  
And nice stars  
To fetch happiness  
Twinkling far  
And do it all  
Right away today  
To brighten the world  
Shining in the way  
With lots of fun  
Joys and smiles  
To make your life  
More worthy and worthwhile.

Seema Chowdhury

Seema Chowdhury

# Few Days

So much to accomplish  
And so little time  
Is given to us  
in this world's rhyme  
That we cannot even  
Find answers of life  
Where problems persist  
Where we survive  
For there are many  
Choices to make  
And many more nights  
To be spent awake  
So try to gather  
As much as you can  
In this little time  
And be happy man  
And find new avenue  
And more ways  
To accomplish much  
In these few days.

Seema Chowdhury

# Few Miles

When you see someone  
Stuck in hurt and mope  
And have nothing to look at  
To burn the candle of hope  
Then lend a hand of happiness  
And let them borrow your smiles  
And show them the road of joy  
And walk just a few more miles  
And help them to climb the ladder  
Of love and pleasure and care  
And let them show someone  
has a gift of cheer and prayers  
And lend a hand of happiness  
And let them borrow your smiles  
And show them the road of joy  
And walk just a few more miles.

Seema Chowdhury

# Few More Words

Understand your life  
In a new way  
And add in it  
Few more words  
of  
Encouragement  
Excitement  
Enthusiasm  
And  
Eagerness  
And then you'll see  
A bright new side  
Shinning upon you  
And your entire life.....

Seema Chowdhury

# Few Quiet Moments

Life's few quiet moments that yield  
in which usually i don't want to reveal  
My wishes and longings my dreams and hope  
And see them all clearing my mope

because these moments are reserved for me  
That I don't want to share with any of thee  
Because at then with me are my tears  
That helps me to overcome all my fears

And undrestand all my unspoken wishes  
That I think for me are a bliss  
Because pleasure that I get out of it  
really holds meanings in its every bit

That helps me to free and calmly sooth  
My vague feelings and cherish my mood  
And clear my inside loneliness and depression  
So these quiet moments are my rare possession.

Seema Chowdhury

# Few Tears

Tears are something rare  
That comes from inside deep  
That only we can get  
With a touch of pain to weep

So don't just let them flow  
Or dropp down like a dew  
Just take its good care  
For they're rare and few

And let them bravely say  
And express in front of all  
And let it show whatever  
Is bothering you even small

For tears are our friends  
That stays with us when sad  
And helps us by shedding them  
To make us feel all glad.

Seema Chowdhury

# Few Words Of Praise

Just in a few words of praise  
I want to thank my Lord  
Who has created all this world  
And is my Graciou God

For God has given so much  
That no one can ever measure  
For the ever lasting joy that we feel  
Is our life's greatest treasure

So thank Him for all nice things  
That He gave to us all  
As His care and His love  
In the form of His blessing's wall.

Seema Chowdhury

# Field Of Dreams

In  
The field of dreams  
I find  
An adequate relief  
From  
The deep carved pain and agony  
Because  
There soothing words come in  
And  
Help me to find my way  
in  
The lost tunnel of life.....

Seema Chowdhury



# Field Of Yesterday

In my memory's heart  
It plays an important part  
All days I have spent in the way  
In the field of my yesterday  
Even the thought of it is sweet  
And feels like a pleasure's treat  
For the memories I made in the way  
In the field of my yesterday  
Where joys and tears and fain  
And sorrows and pleasure's rain  
Stopped by to meet in the way  
In the field of my yesterday  
Where mama and baba and sis  
Gave me the shadow of bliss  
And spread joy's flower in the way  
In the field of my yesterday  
And now all that is gone  
Those nights and days and morns  
And now I'm sitting far away  
From the field of my yesterday.

Seema Chowdhury

# Fighting Moments

Some things are better left unsaid  
Until the last day of our lives  
For when we experience  
A soul crushing difficulty  
And jumping hurdles  
In those fighting moments  
We need to expand our horizon  
And follow the light  
And learn to calm down  
And appreciate the good around us

For life is less vibrant at times  
And that is when we need to focus  
And wipe clean every surface around  
And look at life's big waves  
Simply as part of the game  
And learn to win those fighting moments  
Of depression and bitter emotions  
And instead of twirling in circles  
Bounce into the world of light to embrace hope  
And absorb all the shades of strength.....

Seema Chowdhury

## Figure Out A Way

When you meet in life a tough deadline  
That feels to you as bitter and lime  
Then don't feel bad, down or blue  
Just stick to the tried 'n the true  
And then listen to your inner voice  
And make the best possible choice  
And forget any of your past sorrows  
And wish for a nice, fine 'morrow  
And know that only you can say  
And figure out a perfect day  
To accept the change that brings you life  
If you really want to happily survive.

Seema Chowdhury

Seema Chowdhury

# Fill The Path

I want to fill the path  
I want to fill the day  
With buds and lots of flowers  
In your whole life's way  
I want to fill the path  
I want to fill the day  
With moon and lots of stars  
In your whole life's way  
I want to fill the path  
I want to fill the day  
With care and lots of love  
In your whole life's way  
And I want to do it all  
Because i love you dear  
And want the best for you  
That brings you joy 'n cheer.

Love You Samia

Seema Chowdhury

# Fill Your Thoughts

Fill your thoughts with bright sunshine  
And the waves and flow of lively rhyme  
So when life seems lemony lime  
Then you don't feel blue or decline

For two important pace in life; spring  
Are dull autumn and the bright spring  
So in dull autumn you must cling  
With the hope rope and its strong string

For nothing in this life remain  
Throughout one or throughout the same  
So don't you ever think or blame  
That you're chosen for life's hard game

For surely things will get alright  
And a day will appear that'll end the night  
That is troubling you dear in life's sight  
So for that fill your thoughts with light.

Seema Chowdhury

# Final Decision

life's ongoing story  
Is slowly  
Reaching towards the end-  
Where  
Innocent eyes  
And  
Eager ears  
Are waiting  
For  
The final decision  
To be taken  
Atlast.....

Seema Chowdhury

# Find A Quiet Spot

Life has its ups and downs  
It shows you scenes green and brown  
Where both high and low tides  
Flow in life's area that's wide

Where both reality and your dream  
Quiet laughs and your painful scream  
Comes from you in life's zone  
Which mostly to you is unknown

Where another thing that in life's curve  
Is given to you that you deserve  
Is some pain and some smiles  
And a few caring people to shrea trouble's pile

So best thing when you're feeling blue  
Is to find a quiet spot and a view  
Where you can sit away from the town  
And think why life has these ups and downs?

Seema Chowdhury

# Find A Reason

Find a reason to hope  
A seed of happiness  
A source of gain  
A foundation of understanding  
And  
A ground to smile forever-  
So you'll know how to handle  
And  
Fill up the empty space  
With  
Desires simple and attainable  
Hopes bright and endless  
And  
Dreams fresh and alive  
When  
Desperate rhythms enter  
To play a tune in your life.....

Seema Chowdhury

Seema Chowdhury



# Find A Way

Find a way  
To brighten your day  
And do it all  
When trouble's wall  
Is built for you  
To block your view  
And know pretty soon  
Will come the noon  
That will take away  
Your troubles of the day  
And will show you rays  
That brighten your ways  
And will spread sunshine  
Like the joyous wine.

Seema Chowdhury

Seema Chowdhury

# Find A Way Out

There's nothing in this world that can't be done  
There's neither a single challenge that can't be won  
Only confidence in yourself will make you number one  
And I think with God's help it can easily be done

So if you see some problems standing in your way  
And you don't have power to do something or say  
Then best stone at that time you might want to lay  
is to go into deep thought and find another way

Because when wild flow of water can be frozen  
And rising waves in the sea can be loosened  
Then why can't for you happiness be chosen  
And why not throw smiles on your face be frozen

And you can do it all only if you don't quit  
And waste your precious time and not drift  
Because if you lose hope and don't be swift  
Then someone else will win who never thought to quit

So better not close the door of opportunity on you  
As once time is gone then you won't get the clue  
And then you'll be lost and stuck in it too  
Where opportunities won't come knocking doors for you.

Seema Chowdhury

# Find A Way To Cheer Up

Find a way to cheer up dear  
Find a way to clear up fears  
And enjoy things that comes in your way  
Because dear its your special day

I wish you all life's joy my love  
Because that's whay you really deserve  
So you can collect all funs in your way  
Because dear its your special day

I wish all flowers that today bloom  
Specially come to take away your gloom  
And you enjoy things that come in your way  
Because dear its your special day

And I wish may you always smile  
And find way to cheer even in trouble's pile  
So you can collect all funs in your way  
Because dear its your special day.

Happy Birthday Sanober Dear! ! !

Seema Chowdhury

## Find For Me

I need some peace  
Of mind and heart  
I once again want  
To peacefully start  
Another day  
Of my life  
Trouble free  
So I can survive  
And can easily  
Wipe the tears  
And find for me  
The way of cheers.

Seema Chowdhury

# Find God

Find God in your heart  
For that's a place to start

To search for him my dear  
For God's love feels so rare

So when you're feeling bad  
And things are no more glad

Then pray quietly my dear  
For that's a way to cheer

And know that only God  
Can help you in the odd

And can show your sight  
Nice things of joy and delight.

Seema Chowdhury

Seema Chowdhury

# Find Joy In Autumn Beauty

Find joy and peace my friend  
And let it continue the trend  
Of splashing beautiful shades on Earth  
To spread happiness, joy and mirth

Absorb in this game of life  
Learn in your mind and heart to survive  
Among these rich colors of light  
That are filled with rainbow leaves bright

Let these splendid moments freeze  
As you walk among the swaying breeze  
That stirs up your bound soul  
And wash away all pain and dole

Enjoy life to the fullest end  
Color your life with hope's bend  
And if pain begins to blur your eyes  
Wipe away tears and throw all lies

Engrave Autumn beauty in your mind  
Know this is just one of a kind  
That can fill with joy your soul and heart  
And bring a chance to once again start

A beautiful day, an amazing life  
Where amid pain we learn here to survive  
And paint life with yellow, orange and red  
Breathtaking beauty of joy till we're dead.

\*\*\*3rd poem in Autumn Poem series\*\*\*

Seema Chowdhury

## Find Out More

Find out more  
Find life's door  
And enter in it  
And enjoy every bit  
And swim with the waves  
In this life's cave  
And learn to ride  
With high and low tide  
Then only you'll gain  
Joy in life's game  
And you'll learn to fulfil dreams  
And make way in life's stream.

Seema Chowdhury

# Find Out Your Fortune

Find your fortune in an abandoned mine  
Look for it under the pine  
Search hard and find lucks line  
In any other place that's made by divine

reach out for the fortune bit  
Don't just relax ot just sit  
For the fortune's call and luck's kit  
Really holds value so go for it

And remember that now time is on your side  
So try hard and try to abide  
With the rules of life that is wide  
Then only you can enjoy luck's ride

So clear away the spread out smoke  
Keep your dreams and the dreams of your folks  
So no one can say your dreams were broke  
Just try to cope with this life's joke

And leave no stone unturned today  
Then only you'll see in your way  
Good luck and the happiness bay  
letting fortune breeze to joyfully sway.

Good Luck sanober Dear! ! !

Seema Chowdhury



# Find Road Through Life

Find nice path to walk  
Find nice things to talk  
Find your road through life  
And learn the art to survive  
And know that its a must  
To put on someone trust  
To live with joy and fain  
And to banish all sorts of pain  
And above all this dear  
Its important to share  
Act of kindness and care  
To have a life taht is fair  
So its good to find a road  
To walk on to share its load  
And learn the art to survive  
By finding your road through life.

Seema Chowdhruy

Seema Chowdhury

# Find Things To Do

Focus on simple pleasures  
As they are all life's treasure  
That find things for us to do  
If we're stuck in feeling blue  
So take time to count your blessings  
As they're all life's dressing  
That covers all phases of life  
Where we all do survive.

Seema Chowdhury

# Find Your Own Answers

Do what you want  
And want what you do  
For life's story is flowing  
In a manner true  
So find your answers  
That you're looking for  
And color with rainbow  
Your each life's drawer  
And know that if  
You'll laugh or smile  
Then life will follow  
This pattern for a while  
And if you'll cry  
And be sad or mope  
Then you'll be left alone  
To scream without hope  
So know how to find  
Harmony and peace  
And live in this world  
With joy and ease.

Seema Chowdhury

# Find Your Voice

Chase away worries  
With a warm smile  
Continue to dance  
Even when the song is over...

Answer all your dreams  
In this on going journey  
Fill in the blanks as you go along  
Till things start taking shape...

Be innovative and dive deep  
Identify your island of excellence  
Don't harbor pang and resentment  
Explore life's highway and ride...

Find your own voice my dear  
For life is a unique gift  
So celebrate miracles as they appear  
And enjoy key moments of your life...

Remember to slow down and enjoy  
And embrace life in each present moment  
Trust your heart and mind  
When you embark on this journey called life...

Seema Chowdhury

# Find Your Way Home

Step out from behind the shadow  
Walk in gently in the meadow  
In the meadow of a new life  
And learn to flip the image and drive

On this beautiful up and down  
Road of dream wearing the crown  
The crown of new delight and hope  
That swaps all your trouble and mope

Know that its never too hard  
To learn to read the prewritten card  
Given to us all by God  
Who is our gracious Lord

Who helps us find our home's way  
Where we feel comfortable to stay  
Where loved ones always forgive  
And teach us new ways to live

For nothing is better than to be  
With loved ones who want to see  
Smile and dream unfolding in the way  
And brightening our precious day

So don't hesitate find your way  
Back home and there stay  
And step out from behind the shadow  
To walk in gently in every green meadow.

Seema Chowdhury

# Find Your Why

Don't give up on life or lose hope  
Find something meaningful to live for  
This will give you a brilliant chance  
To keep life sparkling and colorful

Set your anchor deep and strong  
As each day unfolds in front of you  
And look for another door to open  
Where warmth of sunshine can reach

Find your inner strength and force  
In this quest of life's meanings  
And ponder on the problems at hand  
So you can rise above the challenge of pain

Lord has given you the power to change  
So don't let emotions destroy or weakens you  
Be bold and splash in the colors of hope  
So you can find your Why to live for.....

Have a Blessed weekend

Seema Chowdhury

## Fine Rays Of Hope

Each pleasure has a pain  
Each loss has a gain  
So search for rays of hope  
And learn with them to cope  
With the troubles of life  
As a part to survive  
For hope is a door  
That increases more  
Faith on God  
who is our Lord.

Seema Chowdhury

# Fine Today And Tomorrow

Today and tomorrow  
Joy and sorrow  
All follow each other  
In all life's weather

Like autumn and spring  
Like chains in the ring  
So never lose hope  
Nor be in mope

And know that after night  
Appears morning sight  
When you will feel good  
For all your trouble's hood

Will surely be taken away  
From the place where you stay  
That will replace all your sorrows  
By the bright and fine tomorrow.

Seema Chowdhury



## Finished Words

In the valley of sayings  
I Experienced  
The reality of the circumstances  
And  
Dark fantasies  
Which lead me to face  
A cross road  
Of  
Despair and utter hopelessness  
Where  
I felt depressed  
By the stories of rise and fall  
Which  
left me in silence  
As  
I was finished with words.....

Seema Chowdhury

# First Thing You Say

Let the first thing that you say  
Brightens everyones day

And let something that you do  
Be full of love and care to view

And always remember my dear  
Try to bring others some cheer

So whenever you feel blue  
It can come back to shine on you

And teach others the lesson of smile  
Even when stuck in hard trial

So every new day that begins for you  
Has something special for you to view.

Seema Chowdhury

# Flag Of Happiness

Flag of happiness is made of love  
And shows a sight of heaven above  
Where god's gift of joy 'n care  
Are also found in abundanse my dear  
So don't run after the happiness road  
Just try to share someone's load  
For the happiness is hidden in it  
That gives you a chance to lit  
Another candle of hope 'n cheer  
For all those about whom you care  
So all you have to do in life  
Is to take care of happiness drive  
And march with it in your hand  
And lead all to cheerful peace land.

Seema Chowdhury

Seema Chowdhury

# Flashes Of Silence

The best way  
To convey your thoughts  
Of the unfolding moments  
Is through entering  
The muteness zone  
Filled with  
The flashes of silence Where  
Lengthening shadows of the evening  
And The awaiting tears of the night  
Start their journey  
On the broken boat  
Towards the lonely island  
In this sinful world.

Seema Chowdhury

Seema Chowdhury

# Flavour Of Joy

Flavour of joy  
Is always sweet  
And tastes very good  
Like a treat  
So learn to win  
These gifts of god  
As to be happy  
Is always a reward  
That is given  
When we deserve  
For it surely shows  
God's way of love.

Seema Chowdhury

Seema Chowdhury

# Flip Flop Of Life

Life is an ever changing  
Platter of colors  
Where we are trapped  
in a cob web  
That cannot be untangled  
Where unfolding possibilities  
Are magical  
And astonishing  
Where we make  
Great memories  
And learn to see  
True joy and pain  
In the flip flop of life  
Where we never see  
Same sunset and sunrise ever again  
Where we learn to admire  
Even the bare branch  
Full of frost and mist  
Where we never utter  
An empty word  
Where anxiety and pain  
Play criss cross unlimited time  
And in the middle of all this  
We learn to forgive ourselves  
And  
Begin to go forward  
And blend in the colors of  
Life's joy and pain.....

Seema Chowdhury

# Flip The Image

Put down your burden  
And pay attention to life  
For life's path will have  
A few bumps and pot holes

Just learn to allow  
Joy to be your guide  
And flip the image  
To see beyond life's limitations

Move away from pain  
And allow old wounds to heal  
By releasing the past  
And putting balm of peace on them

Then you'll see the staircase of faith  
For your troubled soul to climb  
That will heal your scars  
To pave the way for the future

And this will lead you  
To the imaginative future  
Where life will be magical  
And your dreams won't be blocked.....

Seema Chowdhury

# Flower Of Gloom

Life is a mess  
And a stress  
Where only blooms  
Flowers of gloom  
That doesn't let  
Anyone set  
In its rhyme  
The flow of time  
So don't feel bad  
Or ever sad  
And accept it all  
As a part small  
Of your life  
In which you survive.

Seema Chowdhury



# Flower Of Happiness

May flowers of happiness  
Grow beside your door  
And in each new year  
Extend its branches more  
And provide you my dear  
Its deep cooling shade  
Which you can enjoy  
As a soothing aid  
So you can be happy  
And glad in heart  
So from there only  
Will happiness impart.

Seema Chowdhury

Seema Chowdhury

# Flower Of Joy

Life is a gift  
Wrapped in pain  
So spend not this  
Just in vain

For sun that sets  
Will rise again  
So don't lose hope  
Look for the fain

For life has sides  
Both dim and bright  
And it has things  
That're some tight

So don't feel left  
Out at night  
Just hang in there  
With a hope bright

And know that surely  
Will come a day  
When life will have  
Sunshines ray

And everywhere will  
Come in the way  
the flowers of joy  
Forever to stay.

Seema Chowdhury

# Flowers Of Faith

Be faithful in your prayers  
And sincere in loving God  
Make God your strength in fear  
And trust Him for He is your Lord

Don't let flowers of faith  
To ever fade or wither away  
For only God can renew  
And save you from going astray

Don't let heavy burden of life  
Distract you or ever dismay  
Remember that God does allow  
U-Turn in your life everyday

Have faith in your loving God  
And count blessings and His care  
Absorb His strength, grace and power  
And let your heart lit up and cheer

Always believe in God's plans  
For they are splendid and strong  
And He makes them carefully  
So don't doubt Him just go along

And be faithful in your prayers  
And protect your flowers of faith  
For they can give you strength  
And can lead you to heaven's gate

Seema Chowdhury

# Flowers Of Smile

Bring wide spread joy each day  
And try to always in the way  
Spread the flower of laugh and smile  
To colour life's days bright for a while  
And try to do nice things dear  
In your way and wipe the tears  
And see how you can do it all  
To break down the trouble's wall  
Because trouble is a bitter thing  
That comes like fall in a spring  
So don't feel tired, down or blue  
Just stick to hope with a heart true  
And think for others in the way  
To spread wide joy for each day  
By spreading flowers of laugh and smile  
To colour life's days bright for a while.

Seema Chowdhury

Seema Chowdhury

# Flowers Of Tomorrow

Forget unkind words and deeds  
For life is a ground of weeds  
Where you have to sow the seeds  
Of happiness to get rid of weeds

With the weeds of pain and sorrow  
And hope for the flowers for tomorrow  
That will bloom even in narrow  
Path of joy to bring you tomorrow

A bright tomorrow where will shine  
The sun of joy all for mine  
That will spread the joy of wine  
To bring joy to thee and mine.

Seema Chowdhury

Seema Chowdhury

# Flying Autumn Leaves

Listen to the soft whisper of the Autumn breeze  
And the cracking sound of the sunshine  
Follow the leaves falling one by one  
And enjoy the chilly morning  
That brings freshness in the sky  
That is misty and hazy  
Enjoy the enchanted land that is full of light  
With fiery yellow, orange, red and brown

Walk on the lovely road  
That is filled with orange leaves  
And absorb the crispness of the air  
Amid the flying Autumn leaves  
Look at the bare branches swaying to and fro  
Against the wind and the cool breeze  
As if trying to reach the far horizon  
To touch the hazy blue sky

Play with the rainbow colors  
Of the flying Autumn leaves  
And hold on to hope that is filled in the air  
Spreading its show of magic  
And painting to light up life's landscape  
With fiery yellow, orange, red and brown

\*\*\*2nd poem in the Autumn poem series\*\*\*

Seema Chowdhury

# Follow God's Track

Make your mark in the world  
Just by following God's track  
For that's the only path  
Where you'll find the rack  
Where you'll see some peace  
Comfort and bliss much more  
That will surely open for you  
The serenity and peace door  
Where you can enter to  
Talk for a while with God  
For only He can understand  
Your troubles as He's the Lord.

Seema Chowdhury

# Follow The Road Map

Draw your own road map  
With bright colors and hues  
Decorate it with smiles of joy  
And scrap away all blues

And know that if you're willing  
To go ahead with hope  
Then all your troubles will cease  
And will save you from mope

Just know that it will be dark  
At times of despair and fright  
But don't let it take over  
Just shine the soft light

And do not carry the burden  
And the heavy load of pain  
Throw it all at once  
And find your share of gain

And once you will learn to follow  
The road map of your life  
Then you will also learn  
Tricks to here survive

And dodge the waves of pain  
And swap all your blues  
With the smile of joy and love  
With bright colors and hues.

Seema Chowdhury



# Fond Memories Of Eid

May this Eid be best in your way  
And fills in joy for your day

And may it leaves behind for you  
Memories to cherish with joyful hues

I wish and hope and sincerely pray  
That may smiles be spread in your way

And hope to see your life's road  
Empty from all burdens and load

Where sun shines all very bright  
And shows pretty rainbow sight

So when this day is perfectly through  
It leaves behind fond memories for you.

Seema Chowdhury

# Fond Memory

Fond memory brings the light  
And color the day with hue that's bright

And reminds us of a special someone  
Whose presence is a source of joy and fun

For memory is like a shining star  
That is engraved in heart from far

And whenever we feel down and blue  
It comes forward for our rescue

So try to collect and keep in mind  
About someone who is nice and kind

Whose memory can bring us the light  
To color the days of our with delight.

Seema Chowdhury

# Footstep Of Memories

The memories  
That  
we are making today  
Of  
Joy and fain  
Will leave  
A footstep  
Of  
Zestful enjoyment  
In  
The way  
Trodden out  
By  
Our minds.....

Seema Chowdhury

# Footsteps In The Snow

Today I'm leaving behind  
My footsteps in the snow  
And lots of memories of life  
That I'm making in high and low

Periods of my life and living  
Venturing with some hope  
Into the uncharted territory  
Of unopened doors of rope

For the rope of life is hanging  
very high in the turning zone  
where I'm standing and watching  
life flowing with a misty moan

and there i'm trying to reconnect  
With the rhythm of my life  
Where I'm bound to live  
And joyfully here survive

And in these times of challenge  
I search for strength and hope  
That can take me to the door of fain  
Where no one can enter with mope

So I can allow myself to smile  
And give new birth to faith  
where my soul can sing and dance  
And take me to the gate

The gate of infinite possibilities  
Where miracles happen everyday  
And brighten the world of darkness  
In magnificiant and joyful ways

So I can leave behind  
My footsteps in the snow  
And lots of memories of life  
That I'm making in life's flow.

Seema Chowdhury

# For A Darling Baby Usamma

You are blessed with the gift of charm  
I wish to hold you in my arms  
I love you my little sweet heart  
And you'll always have a place in my heart

It is nice to hear your arrival news  
I wish you a world of sunshine hues  
Where everyone cares for you my child  
Because you are a precious child

I'm thankful to God for sending you  
Its so nice to have a gift like you  
And I wish you all God; s loving bliss  
And all such gifts that're like this

And everyone says when a baby is born  
Its a signal of God that the world should go on  
And you my love are a gift on thios earth  
That God has sent for us as mirth.

Seema Chowdhury

# For A Dear Sister

There are few days in our lives  
That are different from ordinary days  
When we stop working  
And  
Stop thinking about anything....  
Because  
In those moment  
We take some time  
And look at  
Ourselves and our lives  
And  
Think of all those people  
Who have touched our lives  
And our hearts  
And  
Who have filled our lives  
And our days  
With smiles  
And today I'm  
Thinking about you  
And  
All the kindness you have ever shown  
because  
I love you the same way  
You love me.....

Love You Sadaf

Seema Chowdhury

# For A Pleasant Ride Of Life

We should make choices that we can live with  
Life is complex and mazy most of the time  
Where our emotions and impulses intervene  
That make things knotty and tangled  
And before we even get a chance to know it  
We are running in the wrong direction  
Saying bitter things and breaking rules  
To figure out what is true and right

Then we feel stuck in the heavy squall  
Amid blinding and messy snow of trials  
Where rolling hills and crashing waves appear  
And we sadly see the candle of hope flickering  
Bringing nothing but headache and heartache  
Pushing us in deep darkness of chaotic struggle  
Where sky is dark gray and stress creeps in  
To address challenging matters of awkward silence

But if we act bravely in the midst of all this  
Just pause for a moment to reflect on our lives  
And get a handle on our fragile emotions  
Then we will be able to change our perspective  
And swap this dawn of a snowy morning  
To help struggling sun to appear on the sky  
And bring the light of faith and hope back into life  
To sparkle its dazzling beauty for a pleasant ride.

Seema Chowdhury



# For A Rainy Day

Set aside for a rainy day  
That comes often in life's way

Because happiness is hardly found  
On this earth and on the ground

So whenever you get a chance  
Try to avail it in advance

And keep aside some of the fain  
That can cover the area of pain

Because life is trouble's game  
Where mostly you get the same

Things in it and in this life  
Where you're bound to survive.

Seema Chowdhury

# For A Special Aunt

I'm sending a special thought that's true  
Because dear Aunt I love you

For you hold important place in my heart  
From where always joy impart

I wish may you day completes  
With people who care and with good treat

And with love and the kindness smile  
To make your day perfect for a while

And may your day be free of pain  
And filled only with joy and fain

Where bright sun appears to tell  
I'm ringing for you a birthday bell

Because I really want to share  
Your special day, because I care

Happy Birthday Aunty

Seema Chowdhury

# For A Special Someone

When you think of someone that makes you smile  
A care free smile that shares you trouble pile

When you talk of someone that makes you glad  
And change allt hings that are bad

When you look at someone that brings you delight  
And show you life's brighter sight

Then you must know that, that some one  
Is surely very special, rare and one

And for me dear kids both of you  
Are the hope's ray that showed me a brighter view

And added sunshine to my rainy days  
And showed you care in your own way

So now i wish and pray to dear God  
To shower his blessings on you as reward

Because you will stay with me in my mind  
Because of your loving acts that're kind

And that's why thinking of you makes me smile  
A carefree smile that shares my trouble's pile

And tell me dear that that someone  
Is surely you, who's rare and one.

Seema Chowdhury

# For An Affectionate Brother

With sincere thoughts and plenty of wishes  
With a hope of God's ton of bliss  
i wish to send prayer's bucket in your way  
As today brother its your special day

May all your morns be shining bright  
And all your days be full of light  
Where nice and soft soothing breeze  
Comes so your pain can cease

And may Goodluck knocks at your door  
With joy, fun, fain and more  
And I hope when this day is through  
You feel happiness all surrounding you

And today brother its your day  
I wish nice things to cross your way  
And hope all your dreams come true  
And that's a wish of mine for you.

Happy Birthday! ! !

Seema Chowdhury

# For Beloved Farah

When you feel tired of life's track  
And need a harty pat on the back  
Then turn around and look at a friend  
Whose sincerity has no bound nor end

When you hear a news that is bad  
And you see nothing to make you glad  
Then turn around and look at a friend  
Whose sincerity has no cracks nor end

When you see no where any glimpse of joy  
And need to hear an encouraging toy  
Then turn around and look at a friend  
Whose sincerity has no doubt nor end

When you feel troubles coming to you  
That makes you feel moppy and blue  
Then turn around and look at a friend  
Whose sinceruty has no dent nor end

And I feel very lucky and very glad  
Because whenever I feel bad  
I turn around to you dear friend  
For your sincerity has no bound nor end.

Seema Chowdhury

# For God

I looked for God  
In sands and seas  
I looked for Him  
In flowers and trees  
And searched for His  
Shadow of love  
To see a glimpse  
Of heaven above  
I looked and looked  
And looked all around  
In heavens and skies  
And on the ground  
And at last when  
I got tired and sat  
To take a little rest  
In life's way mad  
I saw God's shadow  
Inside my heart  
waiting with the bliss  
To shower on life's cart  
To take away troubles  
And all sorts of pain  
And swap my losses  
With the blissful gain.

Seema Chowdhury

# For My Baby

I want to hug you my love  
And also kiss you dear  
Because you tiny creature  
Are a source of joy and cheer  
I wish and pray to God  
To give you everything  
That leads you to the path  
Where it always stays spring  
For you bring me joy  
And lots and lots of pleasure  
That in my view is dear  
God's greatest treasure  
That is why today  
I wish and pray for you  
That may God always show  
And bestow his blessing's dew.

Love you Samia Baby

Seema Chowdhury

## For My Dearest Uzair

May flowery be the path where you walk  
And wise be the things whenever you talk  
And with warmth and love may you unlock  
All hearts taht're broken or blocked

Because you're an angel who was sent  
With lots of kindness taht will never end  
To distribute your love and to lend  
A helping hand to continue life's trend

But just keep in mind oh my dear  
That kind words bring life everywhere  
And leaves you with happiness that is rare  
And share everything smile or a tear

And always remember dear Uzair one thing  
That happines and pain all come in a ring  
Just like autumn is followed by a spring  
So try to be happy, smile, laugh and sing.

Seema Chowdhury



# For My Lovely Kids

Dear kids you must know  
Wherever you shall go  
Wherever you shall be  
You'll always stay with me

Even though we will part  
You'll still be in my heart  
And there you'll always stay  
And no one can take away

What I feel for both of you  
Is something surely true  
So if you ever need me there  
You'll find me somewhere near

Right now you're both small  
I don't think you can recall  
All things we ever had  
that mostly made us glad

But I remember all those days  
We celebrated in our ways  
By sharing our smiles and joys  
And all sort of things and toys

So whenever I'll see something nice  
I'll think of you twice  
Once for doing things together we did  
And secondly because you're my kids

And pretty soon you will go far  
But remember this wherever you are  
That love is a flower that'll grow high  
And if taken care surely never dies.

Seema Chowdhury

# For My Sister On Mansoor Bhai's Death Anniversary

I hope this day never makes you sad  
So think of good things with him you had  
And think of Bhaijan as a shining star  
Who's spreading his love even from far

And think that with him you still share  
Your two beautiful kids who are very dear  
So consider Sarah and Danny as a gift of God  
Who bestow his blessing to show he's the Lord

And may you find comfort in every way  
Whatever you do and say today  
And may thinking of him makes you glad  
And takes away all pain taht makes you sad

And today is his day so all of us should pray  
May God protects him throughtout his way  
And gives you strength to pass this test of life  
Because you are a nice person and a good wife.

Seema Chowdhury

# For My Valentine

Like the waves in the sea  
Like the leaves in the tree  
Like the honey in the bee  
You are a part of me

Without you I cannot gain  
Any peace in pain  
For you always bring me fain  
And save my life to go in vain

And also because my dear  
You always show me you care  
That brings me the gift of cheer  
That is surely very rare

And because you're my valentine today  
I wish always in your way  
May love and happiness come to stay  
And make flowery your life's day.

Seema Chowdhury

# For My Wonderful Dad

Today I recall my time with my dad  
All good and bad I ever had  
Specially the time when I was small  
And my princess was what he used to call

I remember his cute and loving smile  
That use to change bad things for a while  
And specially his precious and rare advice  
That always seemed so right and wise

He used to tell me to believe in God  
And God will help as he is the Lord  
And will surely give whatever we deserve  
And send his blessings from heaven above

I miss those days i really do  
I wish if I can go back and view  
And there in my past if I can stay  
Away from this world far away

So today I will say I need a smile  
Because I haven't seen him for a while  
I want his hug and approving view  
Because I'm feeling down and blue.

Seema Chowdhury

# For My Wonderful Mom

A smile is needed when you are sad  
An encouraging look that makes you glad  
And a word of cheer to change all bad  
To show someone cares, when you are sad

Not always dear but once in a while  
You need someone with a different style  
And a word of cheer to make you smile  
And tell someone cares once in a while

Whenever you are feeling down and blue  
You need someone's love nice and true  
And a word of cheer to make you view  
That someone cares when you're feeling blue

For me I'll say if I'm not wrong  
My mom is the person who can sing me a song  
Whose love is so rare and feels so strong  
That surely makes me say. I can't be wrong.

Seema Chowdhury

# For Myself

Absorbed in thoughts  
Of  
Disappointments  
And  
Failures  
I  
Filled up the  
Emptiness of my life  
With  
Road blocks  
And  
Unhappiness  
For myself.....

Seema Chowdhury

# For No One Really Knows

Life is like a two way street  
Where all kinds of people we meet  
Where good and bad, dull and bright  
All scenes are shown to our sight

Where people come and people go  
For no one lives forever you know  
So this little time that is given to you  
Enjoy it all with a zealous hue

For people get less chances to smile  
For they are surrounded with trouble's pile  
That doesn't let them cross the road  
And help anyone to lift their load

So whatever you have enjoy it now  
Without asking when, where, why and how  
For no one knows when his time will end  
And he has to leave and go far from friends.

Seema Chowdhury

# For Sameen Jan

In smile or pain  
In loss or gain  
In up or down  
In city or town  
In fresh or stale  
In vale or dale  
I wish for you  
And hope dear too  
That bright be the sky  
Where you will fly  
And sun will shine  
And will spread wine  
And will cover you dear  
With love and cheer  
And will brush your face  
With Angel's touch's race  
And will fill your heart  
And will cheer for a new start  
Where always in life  
You'll happily survive.

Seema Chowdhury



## For Samia Jan

In the sunshine of life  
I wish to see you  
With your bright smile  
Like lovely morning dew  
Where every sunbeam  
Sparkles and sunshines  
And spread joy and cheer  
Like drinking a wine  
Where flowers are waiting  
To bloom and then see  
What a lovely place  
This world can be  
And in this lovely world  
I want to see your face  
Bright and lively  
To win in world's race.

Seema Chowdhury

# For Someone Special

Time will move and years will go  
Tides will come both high and low

Flowers will bloom and then they'll die  
Many others will surely stop by

But no one will be as nice as you  
Who colored my life with joys that're new

And shared all my pain of life  
Memories of which still do survive

That surely works as the morning dew  
Whenever I'm feeling down and blue

I never really got a chance to tell  
All joys because of you in me dwell

But one thing that surely I wish for you  
Is that no glimpse of pain be shown to you

As you are the angel of love and care  
Who carries tons of kindness layer

And also I know in my life till I die  
Many others will surely stop by

But no one will be as nice as you  
Who colored my life with joy always new.

Seema Chowdhury

# For Special Mansoor Bhai

Your warmth and love and kindness and care  
Is what made you special brother dear

For all your considerate and kind acts  
Made you special and that is a fact

Now you're not here with us any more  
But your memories are with us like before

And we consider you as our family's part  
So you always stay with us in our hearts

And I wish and pray and ask dear God  
To keep you close in His caring hand Lord

And always extend His blessing's shade  
On you dear brother as a loving aid.

God Bless You Brother! ! !

Seema Chowdhury

## For The Best

I wish you my dear  
Very best in everything  
Where only joy comes  
The joy of the spring  
Where flowers bloom and  
Spread its bright light  
And make pleasing  
Your every sight  
And I wish it all for you  
Because I love and care  
And want with you forever  
All life's joy to share  
And begin a wonderful life  
With lots of hopes and wishes  
In our minds and hearts  
Under god's loving shades and bliss.

Seema Chowdhury

Seema Chowdhury

# For The Sake Of Tomorrow

The feelings of  
trust and closeness  
Is a mystical combination  
that brings you  
All the delight of life  
Where you learn to seek  
For the treasure  
Of  
Understanding  
And care....  
Where the road is never long  
To take you to  
The path of peace and love  
Where you can  
Sing a song  
And learn to deal  
With things  
One at a time  
And experience  
Strength and courage  
In moments of  
Deep sadness and hopelessness.....  
And that is when you learn  
What is important in life  
And  
What you need to do  
For the sake of tomorrow.....

Seema Chowdhury

## For The Sweet Angel

Good news hold a value that 's more than a treasure  
That brings us happiness with tons of pleasure  
And never ending joy that is hard to measure  
Is all gained by good news taht brings us pleasure

The news that my sisiter just had a son  
Brought us lots of joy with never ending fun  
I wish we can hug her and tell her well done  
And congratulate her on the arrival of a son

I wish to get the chance to see the new dad  
Whose life is now changed after the son he had  
The son who brought him pleasure and made him glad  
And gave him the new name of a proud dad

I wish my sweet nephew the gift of love  
Because that's a true gift what he really deserve  
And I wish him God's blessings from heaven above  
And send that sweet angel my kisses and love.

Seema Chowdhury

# For The Two Of You

In this holy bond under god's care  
Today your parents are giving you dear  
With a hope taht each coming day  
Will spread flowers in your way

So vow firmly in your heart  
That from now on you will start  
A new journey of love together  
Through all life's smooth and harsh weather

And promise to share your dreams of tomorrow  
Your happy memories, your joys and sorrows  
With each other truly in your life  
Like a nice husband and a caring wife

And taoday for the two of you  
I wish happiness all honest and true  
And hope may God shower his love  
On both of you from heaven above.

Congratulations Uzma & Maroof

Seema Chowdhury

# For Those Voices

For those voices  
Do not care  
Do what you wish  
To be happy dear

For life will be  
Given once to you  
So do everything  
That you want to do

For those voices  
Are the voices of mope  
Agony and distress  
That keeps away hope

To come to you  
And show you ways  
To be very happy  
In your life's days

So do not listen  
For those voices dear  
And try to be happy  
With fain and cheer.

Seema Chowdhury



# For Your Newly Born

May your newly born lives long  
May angels always sing him a song

May God always bless him with'  
The gift of love, care and wit

I'm very happy to hear this news  
Now you have a good excuse

To celebrate this very special day  
With fun and joy in your way

And I wish happiness to all of you  
And hope your day be filled with hues

Where you can always sing a song  
For your newly born to live very long

Congratulations Sadaf! ! !

Seema Chowdhury

# Forever

I wish  
In this life's journey  
Wherever we go  
we will always find each other  
waiting-  
With a bouquet of smiles  
And  
Deep waves of emotions-  
At  
Every corner of the world  
Forever and ever.....

Seema Chowdhury

# Forever And Ever

I want to share my life with you  
I want to show that I care too  
I want to give you my love 'n smile  
And make your life bright for a while  
I wish may happiness recognize your way  
And then dropp by in it each day  
So you can live in it with a heart  
That's joyous and gives a brighter start  
To another day where forever 'n ever  
I can come to stay 'n leave you never.

Seema Chowdhury

Seema Chowdhury

# Forgive

Forgive those who hurt you  
Forgive those who were curt  
Forgive those whose talk  
Give you pain and hurt  
For it will be good for you  
When you will forgive 'em all  
Because that'll save you dear  
From the pangs deep fall  
For hurt is a painful thing  
That brings tear in your eyes  
And give your heart a crack  
That emits woes and sighs  
So best way to save your soul  
And get rid of this endless pain  
Is to forgive them all  
And take shelter in blessing's vain.

Seema Chowdhury

# Forgive And Forget

Don't let your vague fears  
To turn over into horrible tears  
For no one else but you can arrange  
The missing pieces of life and change

The events which are happy and sad  
And things that are both bad and glad  
So the best way is to forgive and forget  
And don't let our eyes to get wet

And always try to keep this in mind  
That problems can only finish and wind  
only and only if we know  
That in life we all surely owe

To each other for being so nice  
And doing things to show we're wise  
And know that to protect from cry  
We must forgive and shouldn't sigh.

Seema Chowdhury

# Fortunate Vibration

Let ill wind of troubles  
Be stopped and ceased  
So luck can avail  
the chance  
Of  
A fortunate vibration  
That can give you  
A word of assurance  
And can show you  
Everyday miracles  
And  
Solve this  
Unsolved game  
of life  
And Luck.....

Seema Chowdhury

# Fortune Will Rise

Look with hope  
In trouble's mope

And always be wise  
Then fortune will rise

And will show you  
Life's brighter view

So just have faith  
Then things will be great

And soon you will see  
Fortune rising for thee.

Seema Chowdhury

Seema Chowdhury

# Fortune's Smile

When your fortune is going down  
Then don't sit back or feel brown  
Neither feel torn or ever cry  
Give it a chance to once more try

For life shows both down and up  
So why not try to sip from the cup  
The cup of happiness and joy  
And play with life like a toy

And give chance to luck for a while  
So fortune can once again smile  
Because no one but only you  
can swallow bitter bites all true

And can swap your cries and tears  
With bright smiles of love and care  
And give chance to luck for a while  
So fortune can once again smile.

Seema Chowdhury



# Fortune's Smile Will Come

I'm looking for a perfect time  
When smooth will be my life's rhyme  
And i'll feel completely free  
For fortune will start smiling on me  
I'm wishing for a perfect day  
When nothing bad will come in my way  
And I will feel completely free  
For fortune will start smiling on me  
I'm desiring for a perfect year  
When every nice thing will be my dear  
And i'll feel completely free  
For fortune will start smiling on me  
And i'm waiting for a perfect goodbye  
When quitely in my grave i'll lie  
And i'll feel completely free  
For fortune will start smiling on me.

Seema Chowdhury

Seema Chowdhury

# Foundation Of Faith And Hope

When future seems dark and dull  
And there's no light of hope  
Try to plant a seed of faith  
To clear all your doubts and mope

And try to bring joy and peace  
And carefully pursue the aisles  
The aisles of life with love and care  
And know life is a precious gift my dear

And learn to search the answers of the query  
And learn here not to ever worry  
For only your heart can tell what's right  
And will show you things in black and white

So learn to trust and have faith  
For that's the only easy gate  
That'll lead you to the path of God my dear  
And will burn the candle of hope and cheer.

Seema Chowdhury

# Foundation Of Happiness

Life is a series of passion  
Where  
Foundations of happiness  
Can only be built  
With  
The unending chain  
Of  
Good and nice actions  
To  
Make someone's day  
A little better  
And  
A little brighter  
Than  
Yesterday.....

Seema Chowdhury

# Fragile Dreams

Don't let fragile dreams ever fall  
For dreams are what you have all  
So never ever let anything break  
This precious gift for emotion's sake  
And give your dreams a way to grow  
In your mind and in heart so  
When you're left alone and crisp  
You can look at your dream's dip  
And protect it from splits 'n rusts  
And don't let it ever crumble to dust  
For when once fragile dreams are torn  
Then you're left alone to suffer 'n mourn.

Seema Chowdhury

Seema Chowdhury

# Fragile Emotions

Sometimes we wish for sun and stars  
Sometimes we wish for things of far  
Sometimes we wish to see sunshine  
Filled with love and joyous wine

But not always we get them all  
And that's why with pain we get a fall  
But that is bad we shouldn't sigh  
Neither feel tired of again to try

Because after dark is always dawn  
And after night is always morn  
So we must cling on to hope with faith  
And wait to see God's miracle that's great

And believe that surely from far  
Will come for us sun. moon and stars  
So keep on wishing to see sunshine  
Filled with love and joyous wine.

Seema Chowdhury

# Freeze The Movement

I wish  
I can freeze  
The movement  
And the journey  
That is on going  
With  
Lots of painful  
And hurting  
Curves  
Turns  
Bends  
And  
Twists.....

Seema Chowdhury

# Fresh Energy

In this busy hustle of life  
Take some time out to reflect and ponder  
To evaluate the purpose of living  
So you can carefully listen to the voice of reason  
And can create a perspective with fresh energy

Learn to keep taking a step forward  
And always figure out a way to crawl up  
When your inner turmoil crushes you  
And you feel emotionally destroyed  
And lose all zest for colorful living

Just remember to rise up the challenge  
Of enduring pain and affliction  
And cure your soul by leading it  
To discover new meaning with fresh energy  
And uninterrupted zeal for continuing

When you are tired of unrelenting struggle  
And find no source of strength and hope  
Where mingle sentiments play with feelings  
Then take a break from the busy hustle of life  
And sit quietly to ponder on your meaningful life...

Seema Chowdhury

# Fresh Hope

I wish I can share with you  
Bad moments that make you feel blue  
And wish gently to hold your hands  
To show how much I understand  
Everything from which you're going through  
That's making you feel lonely and blue  
But now i'm far so what I can do  
Is to show you fresh path of hope new  
And pray that may you always get  
Blessings from god's heaven set  
And wish you can enjoy all this dear  
Because for you I most dearly care.

Seema Chowdhury

Seema Chowdhury



# Fresh Inspiration

Fresh inspiration  
Means  
When you get the courage  
To once again start  
And  
Face  
The bitter realities of life  
And  
Find the courage  
To smile  
Even in the  
Hard crust of troubles....

Seema Chowdhury

Seema Chowdhury

# Freshness Of The Evening Breeze

Open the door of your life  
And let the day's warmth give way  
To the freshness of the evening breeze  
And let peace surround you  
To bring happiness with oozing faith and hope  
To brighten the endless space  
Where softly and calmly  
You can begin your journey  
In your comfort zone  
Feeling safe and protected  
From the harshness and bitterness  
Of the real world- -

Don't let anything or anyone  
To break your peace or rock your boat  
To snatch away your peace  
Just be strong and protect your world  
And depend on God alone  
For He is our guide and protector  
Who can bless us with  
Tremendous happiness and contentment  
Only if we can learn to put  
Our assuring faith in Him  
And open the doors of our life  
To let the day's warmth give way  
To the freshness of the evening breeze  
And let peace surround us- -

Seema Chowdhury

## Friendly Ties

Friendly ties keep you on the go  
Friendly ties come forward and show  
The bitter and brighter view of sky  
And our aims and goals that're high  
For the courage that is given to you  
By a friend's sincere, honest and true  
Ideas always bring you joy  
And give chances for you to enjoy  
And remember that no one in his life  
Is happy enough to joyly survive  
But he has got a precious gift of friend  
Whose blessings has no bounds nor ends  
For the strong tie of friendship my dear  
Is twisted with the gift of love 'n care  
That come forward to prove and show  
That friendly ties keep you on the go.

Seema Chowdhury

Seema Chowdhury

# Friendly Smile

Friendly smiles can bring alot  
Joy and fun and pleasure  
So try to retain this art  
As it is great life's treasure

For when you smile with your heart  
It spread joy all along  
And bring you life's true fun  
To sing you like a song

So give your friendly smiles to all  
And make them feel its true  
That they are many who truly cares  
And wish happiness all for you.

Seema Chowdhury

# Friends Are The Fence

Divide your griefs  
By making new friends  
For with them you learn  
On straight and bent  
Roads to walk  
In this difficult life  
Where we are all  
Bound to survive  
For friends are the fence  
You built around you  
Who protects you from all  
Troubles and blues  
And accept your faults  
With smiles and open heart  
And adds in your life  
A brighter new star  
So learn to keep  
Them close to you  
Because they're the fence  
That protects you  
From all kinds of troubles  
Pangs and blues  
And show you bright morn  
And life's brighter view.

Seema Chowdhury

# Friends For Life

I wish we can be friends for life  
And pray us to always survive  
For each other and gather joy  
And find new ways to always enjoy  
I hope we can always lean  
On each other's shoulders with keen  
And hope we always hold hands  
To show that we really understand  
And more I wish to always share  
All our smiles and all our tears  
With each other like good friends  
Till God declares our lives end.

Seema Chowdhury

# Friendship

Friendship is the greatest blessing of God  
That he has bestowed as his reward

For friends are the most precious gift  
Who're sent for our spirit's uplift

For friendship is the soothing balm  
That helps our troubled mind to calm

And it is the true medicine of hope  
That stops us from falling in mope

So value it and know in life  
No one can ever alone survive

So choose a friend you think is true  
And also sincere and honest with you

And then cherish your friendship dear  
As this is God's special gift that is rare.

Seema Chowdhury

Seema Chowdhury

# Friendship Garden

In friendship's garden  
I found a friend  
Whose love and care  
Has no bound nor end  
Who came forward  
With a smile  
A friendly smile  
Spread for miles  
That coloured my life  
With the hues  
Of bright life's  
Joys, funs and dews  
And that's why  
I'm thankful to god  
For giving me a gift  
As his reward.

Seema Chowdhury

Seema Chowdhury



# Friendship Rules

You share all my losses and win  
You stick with me through thicks and thins  
You know how to make me smile  
When i'm surrounded with trouble's pile  
And that is really the rule of friendship  
That comes in trust's packages and kit  
And carry with it dealings that're fair  
To tell me sweet friend that you do care  
And you abide by these rules dear friend  
And show that your kindness has no end  
And always by your loving and caring smile  
You give me courage in trouble's pile  
So least I can do to repay for all this  
Is to wish you huge bucket of god's bliss  
And wish you joys 'n happiness in your way  
And blissful returns of your special day.

Seema Chowdhury

Seema Chowdhury

# From God's Door

From so many doors  
God send his bliss  
Just like breeze  
His love and kiss  
For God is the  
Gracious Lord  
Who knows how to  
Even our odds  
Thank you God  
For being so kind  
Thank you for  
Giving my mind  
Peace and ease  
I needed to  
Feel your love  
That is true.

Seema Chowdhury

Seema Chowdhury

# From My List

My day begins  
With list of wishes  
And nice things  
Like joy and bliss  
But not always  
It is true  
And I get things  
That are blue  
But that is okay  
Because it happens  
And for such things  
I have prayers weapon  
Through which I can  
Improve it all  
And find God's blessings  
Big ones and small  
So I can say at  
the end of the day  
I've gained something  
From my list today.

Seema Chowdhury

# From My Mind's Eye

When things go down and slow  
And it seems dull in life's row  
Then instead of losing all my hopes  
And falling in depression's sea with mope  
I try to see nice things around  
Spread all over on god's ground  
To make my spirit feel high  
When looked from my mind's eye  
For in my mind there is a place  
Which I call as my pleasure's pace  
Where only happiness sway  
And remove things that're blue 'n grey  
So it's good when things are down and slow  
And it seems dull in life's row  
That I see nice things and say goodbye  
To the troubles of world from my mind's eye.

Seema Chowdhury

Seema Chowdhury

# From My Wish List

Uncertain

Where to find my lost answers

And unanswered prayers

I started going through

My wish list

One by one

To see what was wrong-

And then I was surprised to find

That unknowingly

I had closed

The door of HOPE

And had shut the window of COURAGE

And I didn't let FAITH to enter

In my life

And that's why

One by one

Troubles

Mope

And defeat

Visited my life

And left

Agony...

Pain.....

Misery....

And

Sufferings.....

To defeat me-

Seema Chowdhury

# From The Land

From the land  
Of mist and snow  
I brought  
Some  
Lifeless tools  
Some  
Unimpassioned griefs  
Some  
Unconfined pain  
And  
A lonely Flute  
Known as muteness zone.....  
Where I'm forced  
To survive  
And  
Bear the  
Unwanted pain.....

Seema Chowdhury

# From Your Words

From your words  
You can bring  
Sunshine for all  
And the spring  
That has in it  
So much pleasure  
That surely is  
For many a treasure  
So try to say  
Kind words to all  
As it brings joy  
Even if it is small.

Seema Chowdhury

# Fun Things

Do fun things together  
And try to always gather  
Joy and happiness dear  
From each of life's layer  
And know that its a gift  
That passes by with swift  
So don't waste any time  
Just sing in with the rhyme  
That is flowing in your life  
With all sort's of joy's drive  
And know this life is a fun ring  
Where one by one comes thing  
To dull or brighten your day  
As this is the life's way.

Seema Chowdhury

Seema Chowdhury



# Furious Waves

Don't ever build your life  
On  
The foundation of  
Sufferings  
Hurts  
Or pain  
Or else  
Soon....  
Your world will transform into  
Wilderness  
And  
You'll be drowned in  
The  
Furious waves of misery.....

Seema Chowdhury

# Future Has Already Happened

Life is an open market  
Where we are all investors  
Who venture into emerging businesses  
Taking chances and risks  
And exposing our lives to injuries and hazards.....

Where there are  
Striking moments,  
Whirling beats,  
Opening and closing thoughts,  
And nostalgic memories  
In which we continuously invest  
To unburden our souls  
Of tsunamis that flow in our lives

Where fear of change  
Stop us from rekindling our hopes  
And getting on life's merry-go-round  
To protect our hearts and mind

Where wind of fortune only favours  
The empty tomorrows  
And wild chimes ring loudly  
And tell us to let go of the grounded thoughts  
And vague pattern of the sequence of events  
As future has already happened.....

Seema Chowdhury

# Game Of Delight

Try to find my dear  
Sunshine in the sky  
Try to look for the  
Rays of joy spread high  
And know that no one can  
Give you joy and mirth  
You've to find it dear  
Yourself on this Earth  
And try to fully live  
IN each of your life's day  
And seek for your own dreams  
In each of your path's way  
And try to make lots of  
memories to make you bright  
And think of life's as a  
Great big game of delight.

Seema Chowdhury

# Game Of Hope

One day follows the other  
That's how we gather  
Days in all one row  
To read it dear so  
We can dream the dreams  
And collect the joy's cream  
And meet challenges of life  
And with courage survive  
And here we must pick  
And try to happiness lick  
From life's little things  
That all move in the rings  
So we can plan ahead  
And enjoy the roses bed  
In this game of hope  
Where we must not mope  
And look for days bright  
Full of joy and delight.

Seema Chowdhury

# Garden Of Dreams

Life is about daring and dreaming  
Where there are many obvious starting points  
To enter our garden of dreams  
With a chime in the heart  
Seeking our color of existence  
Making our way through the crowd  
And deciding on the right opportunity to pursue

Where we create a road map for our actions  
With excellent support, grip and strength  
As we are eager to discover our future  
And open the doors to our soul  
To let the bright sunshine enters through  
And sparkle the unpaved road  
To mark our destiny

And as we begin this endless journey  
Of daring and dreaming  
To enter our garden of dreams  
We learn to prepare for the real world  
And develop real expectations  
To launch a new life with a beautiful smile  
And let life's song sing itself...

Seema Chowdhury

# Garden Of Love

Look at the pretty grass that is green  
And filled with the hue of love unseen  
With the help of which love is found  
On the peaceful 'n serene god's ground  
And all this spreads beauty and smile  
For everyone who is tired for a while  
And wish to sit under the cooling shade  
Of the tree whose branches provide an aid  
And there're also present the flowers  
Who're ever ready to share their power  
And only with one big 'n nice bloom  
Take away all pains and gloom  
And see again everyone's smiling face  
And leave behind no hazy sketch trace  
So nice scenes of heaven above  
Fills this true garden of love.

Seema Chowdhury

Seema Chowdhury

## Garden Of Love -Mother

Thank you mom for all you have done  
Thank you mom for being number one  
Thank you mom for your loving prayers  
That showed us light in times of fear

Thank you mom for your tender smile  
And for holding our hands all awhile  
Thank you mom for your loving heart  
That always showed us a beautiful start

Thank you mom for your tears of joy  
That you shed to show how much you enjoyed  
Thank you mom for planting the garden of love  
That showers blessings of heaven above

Thank you mom for giving us strength  
In our time of pain and suffering's length  
And for opening your heart and comforting arms  
With warm hugs and kisses with all your charm

Thank you mom for your pure heart of gold  
That made us brave, strong and bold  
And for being our bright shining star  
Who twinkles and sparkles from near and far

I wish I had more words to say  
How grateful we are for everything today  
And for being 'Super Mom' and our friend  
Whose tenderness and love has no bounds or end.

Happy Birthday & Happy Mother's Day Ami

Seema Chowdhury

# Garden Of Prayers

Pour on the oil of God's love  
To walk with faith  
Surrender to the will of God  
By creating a strong bond  
And by cultivating a relationship  
That thrives on love and trust  
With tremendous hope and peace  
In the garden of prayers...

Moment by moment rise above the pain  
To sprinkle the seeds of faith  
Acknowledge your feelings  
With problematic emotions  
And talk to God  
To nourish your soul  
To heal your wounds and hurts  
In the garden of prayers...

Seema Chowdhury



# Gather Joy

Gather joy for you my dear  
And smile along your way  
For life is a precious gift  
Of God for some days  
So see hidden beauties  
And enjoy pretty sights  
That makes you feel good  
And very nice and bright  
And do it all dear  
And thank your gracious god  
Who gave you all this as  
His gracious life's reward.

Seema Chowdhury

Seema Chowdhury

# Gather Smile

I wish if I can sip  
And swiftly I can flip  
The switch of my life  
Where I survive  
And sip from it joy  
And learn here to enjoy  
And find some happiness  
And wish if I can guess  
And win this life's game  
Where nothing is same  
And go an extra mile  
To gather for me smile.

Seema Chowdhury

# Gather Something

Gather everyday whatever you can  
And prove your worth as a man  
And know that if ever in life  
You will find it hard to survive  
Then take it as a challenge dear  
And show your traits that're rare  
And instead of there drowning in mope  
Come forward with the candle of hope  
And brighten 'n lighten the way  
On which depends rest of the days.

Seema Chowdhury

Seema Chowdhury

# Gather Your Worries

Gather your worries in a sack  
And take it off from your back

So you can see shiny bright sky  
And look at the world with a smiling eye

And whenever you feel down and blue  
And see not even one bright view

Then don't feel bad or sit to cry  
Just bravely look with a smiling eye

For smile is an effective medicine of hope  
That teaches everyone and help to cope

To handle all troubles and say then goodbye  
And look at the world with a smiling eye.

Seema Chowdhury

# Gauge Of Joy

Gently smile  
All for a while  
And look with hope  
In trouble's rope  
And do it all  
And break the wall  
Of tears from the way  
For each of your day  
And learn to measure  
Your happiness treasure  
With the gauge of joy  
And learn to enjoy.

Seema Chowdhury

Seema Chowdhury

# Gaze Endlessly

I gazed endlessly  
At the blue sky  
That is standing  
Above me high  
That has lovely  
Pretty sights  
That to me  
Bring peace 'n delight  
I wish if i  
Can freeze this scene  
And look at it  
With interest and keen  
And thanks my god  
Almighty for this  
And for all his  
Love and bliss  
That he showers  
Upon us and all  
With his endless  
Blessing's fall.

Seema Chowdhury

Seema Chowdhury

# Generate Hope

Hope is something  
That magically appears  
When we learn to  
Overcome doubt and fears

For only we can  
Learn to take the charge dear  
Of all the events  
That complete life's layers

And when we learn to treat  
Each day like a gift  
And think this is precious  
And tries soul's uplift

Then all the small  
And large moments of life  
Comes forward smiling  
And makes pleasant life's drive

For the path we walk down  
In trouble and mope  
Can easily be swapped  
With increased hope

For God has given us  
Enormous love's power  
To overcome tragic  
And generate hope's tower

We need to be strong  
And let sky be the touchstone of hope  
Then we will see rain pouring  
On the dark clouds of mope.

Seema Chowdhury

# Gentle Wind Of Hope

Enjoy the excitement  
Of new possibilities  
And fear no more  
of the unknown  
For life is a constant battle  
Where you learn to  
watch your each step  
And give peace  
Another chance  
And carry your burden  
On the gentle wind of hope  
And learn to love and laugh  
In anxious moments  
And bridge between  
The Heaven and the Earth.....

And when you're passing  
Through dark passage of life  
Then look for God's Angels  
And comforting words  
And let faith in  
And then God Almighty  
Will shield you from harm  
And will spread His wings of blessings  
And will teach you  
Valuable lessons  
And will show you  
New perspective in life  
And will give you the gift of  
Love, peace and gentle words of hope  
To enjoy and share with all.

Seema Chowdhury



# Get Back In Shape

Get back in shape  
And hymn along  
For life's voyage is amazing  
With the rainbow light song

Where we need to prepare ourselves  
To end each day with a smile  
And navigate our obstacles  
And make peace with life for a while

For there are unaccountable lessons  
That we learn in this life  
And new inspirational words  
Help us all to survive

So be brave in the moment  
And lets roll the dice  
And see what luck will bring  
To make us all strong and wise

And make today very special  
By catching up on missing moments of life  
And get back in fantastic shape  
By learning move and flex that survive.

Seema Chowdhury

# Get On With Life

Life is a wishes sack  
Where there is no turning back  
So get on with your life  
And learn in it to survive

And know its never too late  
To enter in hopes gate  
So never give up on life  
And learn in it to survive

And learn to get your way  
In each of your life's day  
And get on with your li8fe  
And learn in it to survive.

Seema Chowdhury

# Get Things Done

Get things done  
In a day  
That is nice  
Along the way

And do it all  
With care and pleasure  
So you can get  
In return leisure

And do everything  
Your very best  
And in the way  
Don't stop to rest

For life is full  
Of joy and is bright  
We just need to see  
And find in it light

And get things done  
Before the day is over  
To live with peace  
With life's cover.

Seema Chowdhruy

Seema Chowdhury

# Get Through In Life

Getting through pain and grief  
Requires  
Courage and strength  
Be like a moon  
That shines from  
Behind the clouds  
To show path to all  
And  
Be like a sun  
That burns itself  
To give light to others....

And cultivate love  
For it makes alot of difference  
And it teaches you  
To set aside  
Your worries and pain  
And  
Comfort others...  
And remember always  
That this life is  
A timeless and an enchanted wonderland  
Where you'll get  
Only one chance  
To write  
Your life's story  
And then leave it for others  
To read it.....

Seema Chowdhury

# Get Well Dad

May God bless you with His love  
For that is a gift of heaven above  
And may He showers His endless care  
For you are surely to all very dear

May God takes away all your pain  
And swap it with love, care and fain  
And may you get well soon dad  
For we wish to see you again glad

I know this time is tough for you  
And you are feeling down and blue  
But remember we are all here with you  
With lots of love and prayers hue

And I hope this will be over soon  
And you will enjoy the shining moon  
And we all be together to enjoy this  
As part of God Almighty's bliss.

Get well Abbu, I love you.

Seema Chowdhury

# Get Well Quick Ruth

Get well quickly dear Ruth get well  
To hear all good things I have to tell

I miss you and your nice friendly smile  
That helped to brighten my day for a while

And I know that today you may mope  
So that's why I brought you the gift of hope

And hope will help you to overcome your pain  
And will surely bring you back in life's lane

So I wish you a life taht's free of sorrow  
Where the roads of problems are alwasy narrow

And I pray to see you well pretty soon  
happy and smiling like shining half moon

So get well quickly dear Ruth get well  
To hear all good things I have to tell.

Seema Chowdhury

# Get Well Soon

with sunny thoughts I'm sending you  
Prayers and a get well wishes too

It may seem like a little wish  
But believe me oh my dear sis

It surely carries a huge big pile  
Of wishes for you to make you smile

And I hope that may the blessings of God  
Takes you out of this illness cord

And then dear soon within no time  
You'll be back in the flow of world's rhyme

Where all life's charming and pleasing sights  
Will be waiting to make life's day bright.

Seema Chowdhury

# Get Well Soon Sanober

May God Almighty be your guide  
May He showers his tender love and care  
May your life be sealed  
With Happiness and peace  
And all your days be special

May life's path be smooth where you walk  
And as soft and sweet as your talk  
And may all your desires and wishes come true  
And each moment of your life  
Be filled with serenity's hue

May a bright future awaits your way  
To spread smiles and a song of joy  
And may everything you do  
Fill your life with amazing celebrations  
And sweet surprises for you to cherish.

Get Well Soon Sweet Sis.  
May God Be With You.

Seema Chowdhury



# Get Well Soon Uzma

In the time of trial  
In the time of pain  
In the time when pang  
pour like rain  
when sky feels grey  
And full of clouds  
And your life  
All filled with doubts  
Then don't feel blue  
And do not sigh  
And don't feel alone  
Stuck in trouble's tie  
For this is life  
With its ups and downs  
And this is what makes  
Life's story that is brief  
And know that soon  
This trial will be over  
And surely you'll see  
Bright sunshine's tower  
Near your life  
And all in your way  
Spreading God's blessings  
One by one each day.

Seema Chowdhury

# Get Well Sweet Heart

Swings and slides, toys and mud pies  
Bright cute smiles or loud cries  
Nice pretty tights with bright frocks  
Your nice little ways to talk and walk

All stay in the memories of my heart  
And from there it always take a start  
And I think of you my love, my life  
For you taught me to live and survive

And today my princess you're not well  
I wish all joys and happiness that dwell  
And wish that in a day or two  
may God send His get well angel too

Who will come with a magic stick  
And break the tranquil magic trick  
So we can see you again in the wale  
Singing like a cute nightingale

And spreading your love and message of hope  
To keep your mom aways from mope  
And again with your nice and bright smile  
Share half of her trouble's pile.

Seema Chowdhury

# Get Your Story Out

Shutdown outside world for a while  
Just sit back, relax and continuously smile  
Collect amazing memories of love and care  
That brings you happiness and peace my dear

Enjoy cool breeze and lots of sunshine  
Fill your soul with serenity's shine  
Compose carefully and get your story out  
Without any fear, remorse or doubt

For life has these ups and downs  
Where we feel lost, scared or frowned  
But never give up or even mope  
For troubles will slip through the slope

Hang in there for long and try to smile  
Shut down outside world for a while  
And know that we have our stories to tell  
So compose it dear with the happiness bell

Be strong and brave and have no doubts  
Just get your life's unique story out  
And collect amazing memories of love and care  
That brings you peace and happiness my dear.

Seema Chowdhury

# Gift Of A Loving Thought

A loving thought is like a gift  
That give other's heart a lift  
And show how much you really care  
And their laughs, smiles and joy  
And everything else that they enjoy  
Along with their sigh and pain  
And the tears that take away fain  
so always keep for others dear  
Nice and loving thoughts that're rare  
And show to others this loving gift  
As it gives other's heart a lift.

Seema Chowdhury

# Gift Of Heaven

May life show you beautiful sights  
May your path be always bright

May each hour be filled with love  
That's God send gift of heaven above

May you see the shining stars  
In your life wherever you are

And may each day be filled with smiles  
Where you walk with joy for miles

And may each dream that you see  
Be granted from God to thee

And may you never see any sorrow  
Neither today, nor even tomorrow.

Seema Chowdhury

# Gift Of Time

Do things in your way  
Till the break of a day  
And learn to do it all  
Before you get a fall  
For life is not just pain  
But also has views of fain  
So learn to look for them  
And with prayer's hem  
Mend life's cracks and bends  
And make with happiness friends  
And know its hard to survive  
But nothing is better than life  
So accept it as a gift of time  
And learn to sing it's rhyme  
And be happy in your way  
Till the break of a day.

Seema Chowdhury

# Girls Are Like Roses....

God made this beautiful gift  
Known as Girls my dear  
Who should be dealt with  
Lots of affection and care

For they are like a rose  
That blooms in our lives  
To spread love's fragrance  
On this earth where we survive

And with their delicate petals  
They spread and attract  
All happiness in this world  
And that is a fact

And they are like a butterfly  
With whom we love to play  
And decorate our homes with  
These fancy gifts I say

And I'm really grateful to God  
For giving me his special gift  
To color my life's leaf  
And give my soul an uplift

And for bestowing his special bliss  
And his love of heaven above  
In the form of two beautiful daughters  
Who are full of care and love.

Love You Samia & Sameen! ! !

Seema Chowdhury

# Give A Little More

Happiness is  
A magical empty box  
That starts giving joy  
And tons of pleasure  
Only  
And only  
When we learn to  
Give a little more  
To it  
Than we take out from it.....  
so try to add  
A glimpse of smile  
A gift of kindness  
A bunch of joys  
And  
A lovely song of love  
To all  
And show them  
How much they mean to you  
And your life.....

Seema Chowdhury



# Give It To Me

If you have any troubles  
Or any kind of pain  
If you're feeling gloomy  
And need a glimpse of fain

Then don't cry out  
Or feel depress  
And don't look down  
With a feeling of stress

But look with hope  
And give it all  
To me, even if its  
The whole trouble's wall

And know that surely  
I do care for you  
And hope and pray  
With heart that's true.

Seema Chowdhury

# Give Joy

Life is for a day or two  
So try in it to sincerely view  
And collect things for you to enjoy  
Like finding comfort in giving joy  
For when you give out some love  
It comes back as a gift of above  
And also carries in it some care  
That's a constant source of cheer  
And when you give care to all  
Then it breaks the trouble's wall  
And you start feeling good 'n nice  
And you feel its joy dear twice  
So always remember and keep in mind  
That when you want something to find  
Then find comfort in giving joy  
For its a constant source to enjoy.

Seema Chowdhury

Seema Chowdhury

# Give Pleasure

Take pleasure in giving pleasure  
Because it is a great treasure  
That brings joy and fun to all  
Even if its an act very small  
For life is made of layers  
So stick to wishes and prayers  
And always do the right  
To make for others things bright  
And try to do the things  
That brings the joy's spring  
And do it all with pleasure  
Because doing it is a treasure.

Seema Chowdhury

Seema Chowdhury

# Give Way To Tears

I give way to my tears to drop  
For with them all my trouble's stop  
And that's why they play an important part  
And lightens both my mind and heart  
Because whatever is hidden in them  
Is surely true and honest gem  
And takes me out of sorrow's ditch  
And gives me joy to make me rich  
So that's why always in my heart  
I give tears an important part  
And know that they're the real pearls  
Which hide my pain under their curls.

Seema Chowdhury

Seema Chowdhury

# Glad Tidings

When you know someone cares for you  
And want to show you sunshine hue  
And wish to add a touch of love  
In everything you do in life's hard curve  
Then its a nice feeling in a way  
That's really hard to express or say  
Because that's what make you enjoy  
Each second of day with fun and joy  
And then you get a chance to thank god dear  
For giving you someone special who cares.

Seema Chowdhury

Seema Chowdhury

# Glen Of Dreams

Guardian Angel please bring me the sleep  
Nice calm sleep that can take me deep  
Down in the dale known as Glen Of dreams  
Where only thing I saw was the track of beam

I wish there I can go sleep in peace  
Where nothing can take away my happiness and ease  
And there I wish I can always stay  
Where cool breeze let all my hopes to sway

Where thousands of lillies, roses and flowers  
Are faintly swaying and taking the shower  
In gentle and tender happiness rain  
washing their dust of troubles and pains

And there beside the streams and between the glens  
I wish I can smile and have some fun  
And there i can walk with no one but alone  
And then just wait and sit on a stone

And quietly watch sky turning brown  
And with tired smile sun slowly going down  
And there I wish in the glen of my dreams  
I can enjoy more things that're still unseen

And stay there till morn breaks my sleep  
And bring me back from my thoughts that're deep  
To this frenzy world that is full of frost  
Where I always feel secluded and lost

Till once again I sleep nevert to wake  
In my flabby grave beside the lake  
Where I find myself among the meadow  
Under lord's loving and caring Dense shadow

So guardian angel please bring me the sleep  
Nice calm sleep that can take me deep  
Down in the dale known as 'Glen of Dreams'  
Where only thing I see is the track of beam.

Seema Chowdhury

# Gloom Of My Prison

I keep my thoughts  
Safely shut away  
And don't let  
Tears run down  
In an endless manner  
Because  
I am a victim  
Of gloom  
In my life's prison  
From where  
World looks different  
And i'm afraid of  
Being hurt again  
In the struggle of life...

Seema Chowdhury

Seema Chowdhury



# Gloomy Attitude

Hide your gloomy attitude  
Under a huge burden  
Of  
Silence  
Quietness  
Calmness  
And  
Let no one uncover  
This secret  
For this is the only  
And  
An excellent way  
Of dealing  
With it  
And  
Only then  
You'll learn to  
Breathe a sigh of relief  
And  
Express yourself...

Seema Chowdhury

Seema Chowdhury

# Gloomy Depression

When everything turns to nothing  
And  
memories starts fading  
Then  
Process of thought stops  
And  
We're left with nothing  
But  
An unending vicious circle  
Known as  
Gloomy depression.....  
That doesn't let you  
Survive in peace-

Seema Chowdhury

# Gloomy Music

Try to wipe the gloom  
From your life's days  
And bring in it my dear  
Joy and pleasure's way  
And know that gloomy music  
Make things feel all bad  
And change all nice things  
From things that're all glad  
And bring in it my dear  
The pleasure of joy 'n fain  
That can now wipe out  
All that brings you pain  
Because life is very long  
And you need in it too  
Nice and joyous days  
And a better view.

Seema Chowdhury

Seema Chowdhury

# Gloomy Night Of Life

After every night of gloom  
Appears the morn of bloom

When everything shines  
And make things aline

In a proper way  
In life each day

So don't feel bad  
Or feel a little sad

If gloomy life's night  
Appears before your sight

Because surely after it  
Will come joy in bits.

Seema Chowdhury

# Gloomy Soul

With sealed lips  
And broken chips  
With dried up tears  
And things unclear  
I quietly sighed  
And looked at the wide  
Misery and pain  
Of losses and gains  
And ended another  
My life's gathers  
And performed my role  
With a gloomy soul.

Seema Chowdhury

Seema Chowdhury

# Glow Of Autumn Beauty

As sunshine flows into mountains  
And freshness begins to spread  
Walk on the enchanted land  
Amid mist and haze  
And enjoy chilli mornings  
Full of glorious breeze  
And let it fill your heart  
With love of the season...

Absorb in the light of colors  
And grow with Autumn beauty  
Reflect on the magical moment  
And the gorgeous shades  
Of the crisp chrome and orange  
Along with crimson waves...

And as the sun sets  
And spreads its vibrant colors  
To warm up your heart  
With its shimmering hues  
Let your soul carefreely dance  
Holding hands in hand  
With the magic of God's gift  
And let it color your life  
With the splendid and rich shades  
Of the mesmerizing hues of hope and smile...

\*\*\*4th poem in the Autumn poem series\*\*\*

Seema Chowdhury

# Go After Things

Go after the things you want  
Rather than waiting for them  
To fall in you lap  
With hope and prayer's hem  
And learn in your life  
To be ahead of game  
And lead in your way  
With joy 'n pleasure's fain  
And do it all dear  
With all hopes high  
And cling to it like  
The stars on the sky.

Seema Chowdhury

Seema Chowdhury

# Go Live Your Life

Dance a different tune  
And follow your own rhythm

Move swiftly through the maze  
And grow new avenues of hope

Walk on faith's pavement  
And tailor life's solutions for you

Imagine how you look and feel  
And start your journey with passion

Learn to get back to normal rhythm  
And go live your life to the fullest

For reality of today will teach you  
How to redraw your life's line

So you will be able to write the final pages  
And color your life with rainbow hues

Just create momentum and anchor in your belief  
And you will recognize reality soon

That will teach you to dance a different tune  
And follow your own rhythm and pace

And with soft laugh and deep passion  
You will learn to live your life to the fullest.

Seema Chowdhury



# Go That Extra Mile

Go that extra mile  
With laughter and smile

And explore my dear  
All love and care

That are hidden in life  
Where you survive

And know that you're worthy  
To bring positive change

And expect the best  
In each life's test

And let your light shine  
Like a joyous wine

And believe in yourself dear  
And know that life's cheer

Will color your life  
Where you survive

If you will learn to smile  
And go that extra mile.

Seema Chowdhury

# God Allows 'U' Turn

The moment when you realize  
that  
You have crossed  
the road of misdeeds  
Then without any  
Delay  
Defer  
Slip  
Or skip  
Turn around  
Because  
God allows 'U' turn.....

Seema Chowdhury

# God At The Top

God is at the top of everything  
Watching us from there  
waiting patiently  
To see  
How we'll find our way  
In the midst of crisis  
And life's events.....

For the first step in faith  
Is significant and reassuring  
And that is from where  
We'll go step by step ahead  
To accomplish miracles  
And find correct ways  
To get through the big downs

And fill our bowls with  
Love  
Patience  
Compassion  
Forgiveness  
And  
Serenity

And take first step  
To find God  
And finally start  
Our spiritual journey  
And  
Move one step ahead  
Towards life.....

Seema Chowdhury

# God Given Test

Life is not a name of fain  
Neither day after day of endless pain  
Its a maze in which all the roads  
Seemed to be blocked with loads  
With the loads of some joy or sorrow  
And some hope of a bright tomorrow  
Where sun shines and ray of fain  
Appears all to disappear pain  
So enjoy it all and hope for the best  
And pray to pass this god given test.

Seema Chowdhury

Seema Chowdhury

# God Has Blessed

God has blessed our lives  
God has helped us to survive  
In all life's pleasures 'n pains  
In all sorts of losses 'n gains  
God has blessed our lives  
God has helped us to survive  
And has kept our spirits high  
In all life's weather cool or dry  
God has blessed our lives  
God has helped us to survive  
And he is the one who has shown  
Life's nice days and bright morns  
God has blesses our lives  
God has helped us to survive  
And he has given us sunshine  
In the form of parent's loving wine.

Seema Chowdhury

Seema Chowdhury

# God Hears Your Every Prayers

If you are stuck and feel upset  
And don't see a path through which to get  
A way which leads to joy and peace  
And block the road of troubles breeze

Then don't feel down, bad or blue  
Try to be more honest and true  
And see the miracle of your God  
Who created you dear and is your Lord

And hears you with all His love  
Then send His gifts of bliss from above  
In the form of angels who can share  
Distress for which you cried in your prayers

For whatever is said before Him  
Is listened with all interest and vim  
Because He treats you as His own  
So all your pains to Him are known

But still if you feel troubles never end  
And path before you are cracked or bent  
Then quietly take a moment and pray  
And surely God will answer in His way.

Seema Chowdhury

# God Helps Us To Go On

Walk with God and firmly hold His hands  
For He is a friend who always understands

He opens the closed door of care and love  
And shows shining light of Heaven above

He enriches our spiritual world and all around  
And shows mercy and kindness on the ground

He conquers our hearts with forgiveness and prayers  
And shows limitless compassion with passion's gear

God helps us to go on smoothly in our lives  
And find faith's door to happily survive

He sends His silent blessing's for you and me  
And tells us that kindness and prayers are the key

So we must accept it all and learn today  
To surrender to His gracious will in the way

And walk with God and hold His hands  
For He is a friend who always understands.

Seema Chowdhury

# God I Need Your Miracle

God I need your miracle the most  
For life seems very hard and cold  
And candles of hope are dying down  
And life is ready to wear mope crown

I need you to hold me in your arms  
And shower your love and bliss  
And reveal the wonders of 'YOU' God dear  
And show me God that I'm really cared

God please help me, for I'm in need  
In need of your love and smile  
To tell me that I'm not abandon by you  
And you're my guardian and that's true

For river of life is slipping by  
And bitter cold waves are running high  
And cloudy and misty sky is dripping  
And I see my luck's page is quickly flipping

Please God show me the path  
The right path to walk and reach  
And reach your door step my God  
To feel warmth of your miracles my Lord.

Dedicated to my sister Sameena Mansoor.

Seema Chowdhury



# God Is Our Own

Joys and pains  
That we feel  
Are sometimes even  
Stronger than the steel  
That no one can  
Feel nor view  
But can only share  
If they're true  
So I think  
That's why  
They're all  
Our unheard sigh  
That are just  
To our God known  
Whom we think of  
As our own.

Seema Chowdhury

# God Loves Us

God loves us wide and deep  
He loves when we are awake or asleep  
He loves us when we smile  
Or cry in prayers for a while

He helps us to get through test  
And cross rough spots and rest  
And he walks with us in life  
To show us light of recovery drive

He lets us spread our sail  
And make our personal fairy tales  
And let us play life's game  
And earn for us name and fame

God loves us in Fall or Spring  
He spreads love and peace ring  
And start his miracles in chain  
And enjoy divine gift in lane

He puts balm of kindness and love  
And sends love from heaven above  
And show his love wide and deep  
When we are awake or asleep.

Seema Chowdhury

# God Stand By My Side

God help me to find my way  
For the road all seems astray  
And show me the path that is right  
And give me the chance to fight  
With the troubles and pains of life  
And let me now learn to survive

I feel sometimes very alone  
And see myself melting like a cone  
But cannot do anything to stop  
The swift flow of tears to drop  
That unconsciously all fall down  
And leave me feeling brown

God please now stand by my side  
For the trouble's area is very wide  
And show me the candle of hope  
That can take me out of this mope  
For right now I see here no way  
For all roads now seem astray.

Seema Chowdhury

# God Was Listening

Who said God wasn't listening  
When we all cried in pain  
He was listening carefully listening  
And was waiting till again  
We'll pack all of our troubles  
And carry this huge pile  
And knock at Lord's door  
To get the gift of smile  
He loves us and to show this  
He puts us through hard tests  
And when we feel distress  
He gives us what is best  
Lord has His own nice ways  
And to show how much He cares  
He tells us to hold His hands  
So we feel safe in His care  
So if someone just stops praying  
Thinking that the God wasn't listening  
Then tell them they are wrong  
As Lord was only waiting  
Till we packed all our troubles  
And carried this huge pile  
And knock at the Lord's door  
To get the gift of a smile.

Seema Chowdhury

# God, Show Me The Way

God show me the way, where you want me to go  
Life has many ups, downs and lows  
Where sometime it's challenging and slow  
To merge with the on going events and flow

Please God save me and tightly hold my hand  
I know you are the one who surely understands  
Who can smoothen my path and the rough land  
And bring me under peace and serenity's band

Right now my life is moving very fast  
I don't know how long these troubles will last  
For these are the obstacles some narrow some vast  
Those are blocking my view and don't let peace cast

I need your help to unwind dear God  
Tangled up web of problems my gracious Lord  
So I can clear my vision and mind's chord  
And fine tune life's dreams and reality's broad

To find my defining moments and life's flow  
With love, care, compassion and understanding's bow  
And handle life's challenges and once again glow  
So show me the way God, where you want me to go.

Seema Chowdhury

# God's Call

In the house of tomorrow  
I hope there is no sorrow  
Where I can add in life  
Happy years that do survive  
Where everyone can understand  
And can offer to lend a hand  
Where language of the happy heart  
Is spoken by all with to dwell  
For a long time and be well  
And wish to enjoy it all  
And consider it as God's call.

Seema Chowdhury

# God's Card

Never be tired to work hard  
For life is a pre-written card  
Where joys and sorrows come  
To make your day and there sum  
The blessings that is given to you  
That gives you joy that is true  
And that's why its important dear  
To learn to handle and take care  
Of the joys and work hard  
For life is god's pre-written card.

Seema Chowdhury

Seema Chowdhury

# God's Eyes Are On Everything

I wish for the flowers of the Spring  
I Hope this world's ring  
Will move with joyful things  
For God's eyes are on everything

For His love is for us all  
He picks us when we fall  
And breaks down trouble's wall  
And help us to catch life's ball

For God is the best king  
Who keeps us in happiness ring  
And shows us the flower of the Spring  
And keeps eyes on everything

And He helps us to rekindle hope  
And teaches us how to cope  
When we dive down in terrible mope  
He provides us the faith's rope

And He teaches us to hold his hand  
And shows us that he understands  
And helps us in trouble's band  
And brings us back in joy's land

And God welcome all the things  
And send us peace and bliss ring  
And shower His love's spring  
And keeps eyes on everything.

Seema Chowdhury



# God's Favours

We are the recipient of God's favor  
Who bestows unique opportunities  
And show us His miracles  
And shower His choicest blessings

So delve deeper in it and run towards Him  
And be grateful for God's grace and bounties  
And try to achieve the radiant light  
That can transform darkness into the light

And Pray with firm faith and a pious soul  
So God tenders your heart  
And cleanse your soul  
To fill mercy, purity and love in it

Then we can enter the garden of Paradise  
Where God's endless blessings  
And cool shade of forgiveness  
Will bear sweet and everlasting fruits

That can help us to attain God's pleasure  
Who is our creator and a true friend  
Who wishes the best for us because He is our Lord  
And opens the gate of Paradise for us to walk in.

May God be our guide in every step of the way.

Seema Chowdhury

# God's Fixed Law

In the palace of God  
prevails fixed laws of the Lord  
From where no one gets out  
without receiving any reward

So the best place to go  
When life's smooth flow  
Is disrupted in the middle  
And makes you feel low

Is to visit with tears  
And he'll surely share  
Your agony and pain  
And will show you his care

By giving you his love  
In life's harsh curves  
And moreover on you  
Will bestow what you deserve

For the only place of peace  
Where your tears can be ceased  
Is to visit God's house  
Where he blows love's breeze

To show this is true  
he shows in different hues  
That he follows fixed laws  
In his ways old and new.

Seema Chowdhury

# God's Forgiveness, Mercy And Grace

God's forgiveness, mercy and grace  
Is always close to our hearts  
He blesses our sinful souls  
And gives us a chance to start

New day of salvation and refuge  
Where we can cry and pray  
And ask Lord for forgiveness  
To help in difficult time today

God please give us the strength  
To be steadfast and to stay firm  
Protect us from going astray  
And from misdeed or sinful affirm

God bring us the knowledge of light  
And show divine mercy 's array  
Shower blessings and give refuge  
In each and every step of the way

God we need your endless rewards  
With love, blessings and care's trace  
So we can find salvation and mercy  
And attain paradise with your grace.

Seema Chowdhury

# God's Gift

My mother, my father, my brother and sis  
Are all surely God's huge bliss  
That God gave me to show he cares  
And that's why he gave me them to share

My pain, my sigh, my agony and tears  
To show in their way how much they care  
And also my joy, my pleasure and smiles  
To block the way of troubles and trials

So for me I'll say they're God's gift  
Who are sent for my joy and soul's uplift  
And to tell me that I shouldn't mourn  
For I'm not in this world all alone

So today once again I thank my god  
For bestowing me His love and his reward  
And for giving me his very precious gift  
In the form of a family for my soul's uplift.

Thankyou God Dear

Seema Chowdhury

# God's Guidance

I know that only God Almighty has all the answers  
That can help us to rise above our pain  
For only He has the power to fill  
Our minds with positive words  
And calm our thoughts and emotions  
And nourish our souls with His endless love  
And give us tremendous hope for a better tomorrow  
To find peace and serenity

Only God has all the solutions  
To cleanse our lives and vision  
So we can believe that this universe is waiting  
With blessings of happiness for us  
Where we can pour hope in our souls  
And learn to take control of every aspect of life  
To calm the internal raging storm

And wake up to our life with the mercy of God  
And enter in the garden of prayers  
To cultivate bountiful blessings of God  
And achieve healing and comfort  
From the guidance and surrender to His will

For when we connect to God and pray with faith  
God takes over and guides us  
And gives us assurance of courage and strength  
And mends the cracks and rough patches  
And brings ease and joy to our unsettled life  
And this long journey called life.....

**\*\*Dedicated to my Beloved Sister, Sameena Mansoor\*\***

Seema Chowdhury

# God's Healing Touch

What goes around always comes around  
So make your place on the ground  
And begin your day by painting your dreams  
so they can lighten your life with love's beam  
And know that there are so many who cares  
Who're willing to share your hopes and prayers  
So always do good and hope for the best  
In each life's event and in each life's test  
For life will show you some pleasing sights  
Only if you learn to express thoughts bright  
And learn to express gratitude for the bliss  
Of God's loving care and for his healing kiss  
For the healing touch of God my dear  
Is what brightens your day and share  
All the amazing stories of this life  
where we are all bound to survive.

Seema Chowdhury

# God's Help

I desperately need you today  
For life seems hard in the way  
So please God come to my aid  
And give me your loving shade  
I love you God i really do  
And need your caring view  
To get the balm of my pain  
To get a glimpse of fain  
God you can only understand  
I desperately need your hand  
Please help me God today  
For life seems hard and grey.

Seema Chowdhury

# God's Love And Care

Do nice things in your way  
Try to look for joys in the day  
And try to sing the rhyme  
By taking one thing at a time  
And try your best to do it all  
Whether it be big or small  
And learn in your life to find  
Things of joy that're all kind  
And when you'll do all this  
Then god's huge love 'n his bliss  
Will fall upon you my dear  
To show you God's love and care.

Seema Chowdhury

Seema Chowdhury



# God's Love And Mercy

God is full of love and mercy  
And He is there to comfort us in pain  
And He is there to hold our hands  
When life's boat rocks in storm and rain

Just have full faith in His will  
And know that He is our beloved Lord  
Who is there with an endless gift of strength  
To hold us together as He is a merciful God

He gave us the beautiful gift of prayers  
That is an amazing and a divine light  
That shows us path where there is dark  
And give us hope for a start that is bright

Just have full faith in His will  
And know that it is a beautiful thing  
To accept life as God's plan that comes  
And watch miracles unfolding in a ring

And always remember that through our pain  
We learn to recognize God's love and faith  
And when we feel distressed, lost and sad  
God steps forward to open heaven's gate

For we are all children of God  
Who dwell in fear of growing pain  
But God is there to comfort us in trial  
And brighten faith's path to bring us fain

Only if we surrender to His will  
And recognize His love and mercy's path  
And give up all bad thoughts and deed  
And find amazing road to a pious start

For God is there to mend broken pieces  
Of our lives when we meet our fall  
Because He is our forgiving God  
Who is full of mercy and love for all.

Seema Chowdhury

# God's Magical Hands

God is my gracious and sincere friend  
I believe in this truly till the end

For He understands my joy and fear  
And He comes forward to wipe my tears

God knows everything that I share and hide  
His great kingdom is far and wide

So I hold on to God and look for His miracles  
And find the pathway to walk up pinnacle

Where I can go and silently pray  
And follow God's plans till the last day

As I see, hear and speak to Him in my heart  
And it always shows me a beautiful start

To dream and plan and enjoy everyday  
And play my part and put faith in God's way

That reminds me to be grateful to my God  
Who is my sincere friend and my Lord

Who forgives my sins, lackings and mistakes  
And always hold me close so I don't break

And then He brings back sunshine into my life  
To spread love's fragrance in this world's drive

And reassure that His timings is right and planned  
So I must put faith and hope in God's magical hands.

Seema Chowdhury

# God's Mercy And Help Is Never Far Away

God cares and satisfies all our needs  
So go call on his door to pray everyday  
He loves and helps us to cleanse our souls  
For His mercy and help is never far away

God shows us new beginning that is bright  
And He lightens our load of a troubled day  
He helps us to fight back our tears of mope  
For His mercy and help is never far away

God makes complex things simple for us  
And gives us zest to straighten our way  
He opens new avenue so we carefreely walk  
For His mercy and help is never far away

God teaches to adjust our life's blocked path  
And shows us how to bounce back in the way  
He sprinkles the dust of hope and faith  
For His mercy and help is never far away

God helps us to break walls of fear around us  
So we can clear our vision and calmly stay  
And explore all possibilities and ability to see  
For His mercy and help is never far away

God knows that we are His humble beings  
And we need His love and blessings everyday  
So He releases our hurts and pain when we cry  
For His mercy and help is never far away.

'Cast your cares on God; that anchor holds.' Frank Moore Colby

Seema Chowdhury

# God's Pathway

Our gracious and merciful God  
Guide our steps toward your pathway  
For we believe in the seen and unseen  
And praise amazing blessings everyday

We have strong and firm faith in you  
We need your care, love and peace  
Please kindle the fire of strong belief  
So darkness in our hearts can cease

Beloved God send us the rain of mercy  
And show us heaven's pleasing sights  
Cleanse our doubtful heart and soul  
And fill it with purity and shimmering light

My Lord you are so perfect and kind  
We glorify and praise you everyday  
Help and show us hope's building blocks  
And guide our steps to your pathway

Where each new chapter of our lives  
Start and smoothly end on your praise  
Till we all meet in blessed heaven one day  
Please shower on us your mercy and grace.

Seema Chowdhury

# God's Plan Is Perfect

Step out of your anger, pain and regrets  
And enjoy the view of life at the break of dawn  
Where sun gradually washes light at the skyline  
So you can absorb in the magical and miraculous vision  
And talk to merciful God and enjoy the morning sunshine  
To find peace and hope that can change life for better...

Life is a blessing so enjoy the soft haze  
And unwrap the day to come out of darkness  
Just believe in your destiny and take that first step  
Where you can access opportunities to untangle life  
Remember you cannot get sweet without the sour  
So fill the cracks and potholes that come in the way....

Listen closely to the voice of your Lord to find comfort  
And open the door of heart to let peace and solace in  
Stir emotions and listen to the majestic symphony  
And know that God hears your cries and prayers  
And He always sends His unaccountable blessings  
Because life is not perfect, but God's plan is....

Have a blessed weekend! ! !

Seema Chowdhury

# God's Power

Believe in God  
In a hurtful fall  
Don't feel stuck  
In trouble's wall  
And know that only  
Away one call  
Is our God  
For us all  
And know that  
He can stall  
In our lives  
And in life's mall  
Joy and happiness  
And fain wall  
And his powers  
Can fix it all  
So believe in God  
In a hurtful fall  
And don't feel stuck  
In trouble's wall.

Seema Chowdhury

# God's Purpose

God has a purpose  
For everyone's life  
He stands at the door  
We just need to knock  
To see God moving in our lives....

For only trust in God's love  
And faith-fullness can mend  
Our broken world  
And answer our prayers  
And only His words can show  
Us all the right path....

And God is our refuge  
In life's storm  
For He hears our prayers  
And bless us with joy  
And bring us comfort and consolation  
And He answers our doubts and hopelessness  
By showing miracles

And know that with God's majesty and love  
We can bounce into the world  
Of a lovely light  
And see beauty  
Even in the darkness.....

Seema Chowdhury



# God's Reminders

God sends us little reminders to stay joyful  
And in His infinite mercy  
He promises us of lasting peace  
And help in rough time  
By sending blessings in misfortunes  
And show us the beauty of the world  
On the axis of suffering.....

God sends us little reminders to stay joyful  
And He warms our hearts by sending us joy  
For only one joy shattered a hundred grief  
And solve our problems in depression and panic  
And teaches us to live a life with faith  
For faith is a powerful antidote.....

God sends us little reminders to stay joyful  
For He is a loving God who sends us hope  
And protects us in uncertainty  
And teaches us to dance in the rain to escape from pain  
And find solutions that will work out  
To put a soothing balm on our wounds and fear.....

Seema Chowdhury

# God's Response

Shut the door of wordly gains  
If you really want to remain

With those people who know with them  
Is the blessing of God's prayer's gem

So seek from God his help in odd  
And know what you need comes from God

And to stop your soul from sin's burn  
Look for the virtue's point of turn

And to really get rid of this painful life  
And to fairly on God's earth survive

Just shut the door of wordly gains  
And wait for God's response in pain.

Seema Chowdhury

Seema Chowdhury

# God's Soft Whispers

Only God can ease your pain and suffering  
And unveil the mysteries  
And struggles of life  
For everything unfolds  
According to his plan  
Just be quiet and hush  
And let your silent mind absorb  
And listen to God Almighty's soft whispers  
That can bring peace and rejoice  
And teach your spirit to lighten up.....

And know that random thoughts arise  
And then pass away swiftly  
So don't see life as small or bitter  
Use large end of your telescope  
To peep in and sense the destiny  
And let All knowing God's plan  
Spark a new and a bright beginning  
Of vibrancies and rainbow hue  
To reflect on your life  
And help you to pass life's pain to move on.....

Seema Chowdhury

# God's Will

No one can awake  
And no can sleep  
No one can smile  
Or even cry deep  
Unless God wills  
And says so dear  
For God is the Lord  
Who lives so near  
So only ask Him  
And tell Him today  
What's bothering you  
And making you grey  
And request Him to  
Clear it all  
And hold your hands  
To save you from a fall.

Seema Chowdhury

# God's Words

God send me your love, peace and joy  
Give me the strength to bravely enjoy  
And let my soul blossom on earth  
And let me understand the meanings of my birth

I want your guidance and your words  
To lead my way and brighten my world  
And wish to feel happiness in my heart  
From where life will show a new start

I want quiet moments in my life to smile  
Where I can sit in peace for a while  
And get answers of my troubled mind  
To learn to faithfully life's road unwind

So my soul can blossom and spread light  
And shine with kindness and virtues bright  
And spread love everywhere I go  
With the help of your miracle's glow

To create a clean and a pure heart  
To show everyone a bright new start  
To the road of love that leads to you  
Towards your Holy and supreme being true

So send me God your love, peace and joy  
Give me the strength to bravely enjoy  
And let my soul blossom on earth  
And let me understand the meanings of my birth.

Seema Chowdhury

# God's Words Of Guidance

I need your words God  
To guide my way  
To spread love everywhere  
And to find hope in difficult time  
And find miracles in life  
To throw away the burden of bitterness  
And create memories  
With a pure heart  
On this emotional road of life.....

I need your words God  
To transform myself and my thoughts  
To live with courage and faith  
In the timeless dimension  
Where life whisper to me  
And random thoughts puzzles  
And throw challenges at me  
That disturbs the natural ebb and flow of life

I need your words God  
To make new choices  
To find hidden treasure  
To get a grip on pain  
To lighten my burden  
To rise from my sorrow  
And to heal my wounds  
With a simple life of faith.....

Seema Chowdhury

# God's Words Of Love

God send me your love, peace and joy  
Give me the strength to bravely enjoy  
And let my soul blossom on earth  
And let me understand the meanings of my birth

I want your guidance and your words  
To lead my way and brighten my world  
And wish to feel happiness in my heart  
From where life will show a new start

I want quiet moments in my life to smile  
Where I can sit in peace for a while  
And get answers of my troubled mind  
To learn to faithfully life's road unwind

So my soul can blossom and spread light  
And shine with kindness and virtues bright  
And spread love everywhere I go  
With the help of your miracle's glow

To create a clean and a pure heart  
To show everyone a bright new start  
To the road of love that leads to you  
Towards your Holy and supreme being true

So send me God your love, peace and joy  
Give me the strength to bravely enjoy  
And let my soul blossom on earth  
And let me understand the meanings of my birth.

Seema Chowdhury

# God's Work Of Art

God is a mature artist and a writer  
Who produces different shades of a single color  
To paint our life's story in dull and bright colors...

This world is God's canvas  
Where he throws different paint everyday  
Where Shade of God's love splashes  
And brings us the message of hope...

Where rainbow appears to cheer us up  
During hard times of life  
And images of beauty and ugliness  
Appears and disappears for us at intervals...

Where God enjoys creating and decorating us  
With joy and happiness to represent our feelings  
And we see different hues and views of life  
That displays and define us as God's work of art...

Seema Chowdhury



# Golden Key

A few simple changes  
And small miracles  
can make a world of difference  
As it can add  
Blessings of a loving life  
Like  
Day after night  
Cold after hot  
Clear after cloudy  
Summer after winter  
And  
Spring after fall  
And this is the golden key  
That  
Can unfold  
A new and pleasant  
Chapter in life.....

Seema Chowdhury

# Golden Light Of Hope

Uncover the painful emotions  
That you have buried deep within  
Try to move forward towards freedom  
For this is highly emotional and charged world

Don't let your soul be like a sponge  
That allows and absorbs  
All the negativity and gray clouds  
That are freely floating in your horizon

For these are the bitter and hard twists  
That leave you with unresolved issues  
That brings you ache and chronic pain  
And numbs your mind and body

Learn to shield yourself  
And stay away from fear and worries  
And lift gray fog of pang  
And flush stress out from your mind and soul

And see the whole world opening to you  
With the golden light of hope  
Entering and shining in your life  
Glowing with enchanting songs of Faith.....

Seema Chowdhury

# Golden Opportunity

Find happiness and search for the joy  
And know that it is like a toy  
That gives pleasure as long as you use  
The rays of hope to ease your ooze  
And know that in your life's way  
Many times come such a day  
Where dark grey clouds 'n the mist  
Are seen all over your life's twist  
But don't lose hope or feel bad  
Neither cry out nor be sad  
Just avail the chance to learn to fight  
Your life's battle in way that's right  
And think it as an opportunity for you  
To learn hard rules of life all new.

Seema Chowdhury

Seema Chowdhury

# Golden Rule Of Life

If happiness comes and knocks at your door  
Then don't ever stop always ask for more

As joy is like a merry go round  
That cease when it touches the ground

We wish so much but can't always get  
And feel stuck in the deeply knitted net

From where we can't always find our way  
And paths seem bent or astray

But even then don't feel scared of it  
As life holds a value in every bit

So try to keep the tears in your eye  
And take the share of pain and sigh

And see if today you can loose the bet  
You made with a friend who once you met

Who stopped by just for a while in your life  
But taught you the golden lesson to survive

That 'if you can't change the direction of wind  
Then adjust your sails to e=reach your destination'

Seema Chowdhury

# Golden Sunset

The sun hangs low on the horizon  
With its beautiful and amazing soft glow  
Where time pauses for a moment  
And dream becomes reality  
Where impossible becomes possible  
And silence says volumes  
Where peace and serenity prevails  
And they fill our lives with infinite beauty  
And countless blessings  
And give us another chance  
To connect to our Lord  
And fill our lives with beauty and grace  
And sparkling moments  
In which we find courage and delight  
To look ahead with hope  
And start another day  
Filled with beautiful plans  
And with a warm heart  
And bold dreams to follow.....

Seema Chowdhury

# Golden Thread

Weave a web  
With the golden thread  
Of words to speak  
The very deep  
Feelings inside  
That we hide  
Inside us  
In a calm way  
Where sway  
The breeze of clay  
That clears the pace  
For future trace.

Seema Chowdhury

# Gone By Days

The moon is shining high  
And sun has left the sky  
And the day has gone by  
Leaving memories of smile and cries  
And the stars are glittering bright  
And fresh is today's night  
For another day has gone by  
Leaving memories of pains and sigh  
And in that by gone day  
I made castles in the clay  
And this is how life passes by  
Leaving memories of joys and cries  
But sometimes in this wild crowd  
I feel tired, bored and loud  
And wish to sleep forever to die  
Leaving memories of smiles and cries  
So no more glimpse of pain is shown  
Or any unwanted trouble's morn  
Stops by ever in my life's cry  
To show this is how life passes by.

Seema Chowdhury

# Good Bye Teacher

Its hard to say goodbye with smiles  
When a nice teacher is going away miles

Even though today we're all in mope  
But anyway we shouldn't lose our hope

As we know Lord's rule of this green eartg  
Is to assign a task at our birth

And teaching is a task that was assigned to you  
To spread knowledge's light with your own view

And we know you're a teacher who is nice  
Who's always willing to give us advice

And today you're really going very far  
But remember this wherever you are

That we wish you a life that's free of sorrow  
Where path of troubles are always narrow

And Lord's blessings are there to stay with you  
And that's a wish that is sincere and true.

Seema Chowdhury



# Good Laugh

A good laugh  
is what i need  
For I feel stuck  
In the trouble's weed  
Where my voice  
Whispers all around  
And I can hear  
It in the background  
And right now dear  
I think no choice  
is left for me  
Except for laughs voice  
That can wipe  
All these pains  
And bring me back  
My happiness and fain  
So once again I can  
Start my life's day  
With no trouble at all  
In my own joy's way.

Seema Chowdhury

## Good Life

Enjoy the beauties of this life  
Where also happiness survive  
And try to look at the brighter side  
Even though its area is not wide  
And always be thankful to God  
Who also bestowed even with odd  
And know its a good life here  
So enjoy it all with joy and cheer  
And then only you will learn  
In your life to happiness earn  
And then you'll see new pace  
From where pleasures can be traced  
Because joys and beauties of life  
Needs to be searched for they survive.

Seema Chowdhury

# Good Luck

My wishes are many but words are few  
I wish you luck in a way that is new

As luck is a word that is small to say  
But it carries a huge world of meanings in a way

So never feel shy, embarrassed or bored  
Just always be ready to seek for more

And don't be scared of taking a rest

Just be cool and calm and do your best

And stay in the lane of people who adore  
And never miss to enter in knowledge's door

And believe me dear what I'm saying is true  
So my wishful desires will all stay with you.

Seema Chowdhury

# Good Luck Forever

I wish may God's blessings shade  
Extend its branches on you as an aid

And may God protect you from all  
Troubles and pains either big or small

And I wish may God shower his bliss  
On you more than you can ever wish

And may all happiness that you deserve  
Be given to you through God's love

So for that on God put your trust  
Because that is really a must

Specially if you want to joyfully survive  
In all dull 'n bright phases of life

Because God's love is rare 'n the best  
That helps you to pass all life's test.

Seema Chowdhury

Seema Chowdhury

# Good Luck Prince Daniel

What was it that i saw in you  
I still can't explain it clearly too  
But I know my heart when saw you dear  
Said that you're the prince of love and care

You're far my love very far from me  
But even then I still very clearly see  
Your cute little shiny and bright smile  
Taht always shared all my troubles pile

So whenever I think of you my son  
The nice time when we really had fun  
All come and show me a brighter way  
That clear all my whole life's gray

And now you'll start your school my dear  
i wish you luck, victory and cheer  
And wish whatever you do sweet heart  
May Lord open the door for a successful start

And make your life as the candle of hope  
That keep others away from the tears of mope  
And mark your life for brighter spring  
For all the joy for others you bring.

Seema Chowdhury

# Good Luck Sisters

Rise up and meet the challenges  
And figure out life as you go along  
And learn to face your fears  
And make peace with them  
For life is a juggling act  
Between smiles and tears  
And a few whispering words

Where life seems a little dicey in the beginning  
But afterwards it settles down  
Just don't get exhausted and emotionally drained  
See life through new eyes  
And carefully listen to  
The sound of silver bells in the darkness  
For there are enduring rewards on the horizon

So always hope to find peace  
On the other end of the spectrum  
And make adjustments of life  
Both horizontally and vertically  
And surf on the waves of life  
To ultimately reach happiness.

Seema Chowdhury

# Good Morning Sweety

Let the bursting colors of life  
Enter in and spread to drive

Smiling colors of rainbow hue  
To all who are feeling blue

For life is short and life is hard  
And it is a God made per-written card

That we all get when we are born  
Into this world of bread and corn

So each day try to start my dear  
Smiles, laughs and whispers of cheer

And try to share someone's pain  
And swap them with love and fain

For no one knows how long we will live  
So avail your chance and always give

And open your mind, soul and heart  
To spread peace and a beautiful start

For life is sad but also good at times  
When we wish to sing a cheerful rhyme

And spread colors of Spring for all  
And save someone from a fall

For God has made these days dear  
For us to do something worthy and fair

And earn our rewards of being alive  
By helping others to run their lives

So play your role and always smile  
And try to spread joy all for a while

And share someone's pain and blue  
And swap it with life's colorful hue

That is bursting all around dear  
With peace and love and a gift of cheer.

Happy 13th Birthday Sameen Baby  
Mama & Baba loves you very much

Seema Chowdhury



# Good Pals

The peopel that we meet everyday  
That sometimes passesby our way

Can become our pals for whole life  
And can help with us to drive

The car of trust in which we walk  
And with our friends sincerely talk

For good pals are not easy to gain  
Who are always ready to share our fain

So when you find such a friend  
With whom you don't try to pretend

Then know taht they'll walk by your side  
And will help you in things narrow and wide.

Seema Chowdhury

# Good Things Are In Store

So many good  
And so many bad  
So many things  
That can make you glad  
Are present for you  
Just like before  
So know that good things  
Are in the store  
So hope and pray  
And wish for the best  
In all life's big  
Or in small test.

Seema Chowdhury

Seema Chowdhury

# Good Times Are On The Way

Look at the sky  
And things that are high  
Wish for the sun  
And joy and smile and fun  
And hope in your heart  
As it gives a bright start  
And know in each day  
Good times are on the way  
So now long for the best  
In each life's day's test.

Seema Chowdhury

# Good Times Lie Ahead

With everyone's tale  
Comes the glimpse of fail  
So don't think its bad  
Neither feels sad

For with the times click  
You can also pick  
What you think is best  
In this life's test

Where soon happiness will shed  
For good times lie ahead  
And know in trouble's zone  
You surely are not alone

So don't think life is steep  
And don't cry or ever weep  
And look for the cool shadow  
In the mid of the nice meadow

Where you can unload  
The troubles of life's road  
Where soon happiness will shed  
For good times lie ahead.

Seema Chowdhury

# Good Turns

Nurture yourself  
With words kind  
share your love  
For the peace of mind  
And learn to make  
Good turns in life  
That will teach  
You ways to survive  
And here is present  
Both good and bad  
And things that  
Make you glad  
So try to pick  
Things in life  
that takes you  
For a pleasure's drive  
And know that here  
You have to take  
Good turns in life  
For happiness sake.

Seema Chowdhury

## Good Wishes

A heart filled with joy  
And a life filled with love  
Is what I wish  
For you my love  
For you're the most  
Important part  
Of my life dear  
Who live in my heart  
I wish you many more  
Nice things in your way  
Will stop by to  
Greet your day.

Happy Birthday! ! !

Seema Chowdhury

# Good Wishes Sadaf

Not always I walk alone for a mile  
Or sit back to relax or may be to smile  
But it does happen once in a while  
To bring back memories that'll make me smile

I remember us spending time night and day  
In fighting, playing and throwing things away  
I wish if I can do the same thing today  
But it won't be easy as we are miles away

And today I'm happy for you my dear  
Because you got someone who is there  
To share your problems and to take good care  
Whenever you're in need, here or there

May Lord's blessings on you always shower  
Taht brings you his gifts like flowers  
And may both of you be given the power  
To pluck these blessings like a flower

Love You dear Sis! ! !

Seema Chowdhury

# Good Wishes Sunny

Long life i wish  
Good things i hope  
For you I pray  
Good luck and hope  
may always dear  
Comes in the day  
Of success  
In whole life's way  
I wish for you  
I pray my dear  
may God be ready  
To spread the layers  
From heaven above  
And I wish again  
And hope very true  
May bad things stay  
Far away from you.

Happy Birthday Sunny

Seema Chowdhury



# Goodbye 1995

So many memories it is leaving behind  
So many joy and smiles that're kind

Is what is parting from me today  
As new year is in its way

So many things will be lost  
So many joys will pay the cost

So many gains will come in the day  
As new year is on its way

I wish and ask my dear God  
To hold my hands as my Lord

And protect me with all his love  
And send his care from heaven above

And let me joyfully enter today  
As new year is on its way.

Seema Chowdhury

# Goodbye And Good Luck

I met you as a stranger but liked you as a friend  
Our ongoing friendship should surely never end  
As one precious thing that I surely gained by it  
Is the gift of love and care in its every bit

I never knew that another name of love and care  
Is to have a friend who is nice, kind and sincere  
Who doesn't let any glimpse of trouble and pain  
To cease in my life and make it all vain

And now when I think today I have to say  
Goodluck and goodbye I really feel gray  
I know it won't be easy for me at all  
But I'll stop my tears and won't let them fall

And will ask God to bestow his blessings and fun  
Upon you for everything that you have really done  
As each moment that I really spent with you  
Showed me a glimpse of a very bright view

So whenever in life memories knock at your door  
And ask you dear are you getting bored  
Then think of old times we have shared as a friend  
And remember that our friendship can never end.

Seema Chowdhury

# Goodbye Brother

We'll make it easy  
We'll make it simple  
And will say you goodbye  
With smiles and dimple

As you know pretty soon  
You'll go and find  
All good you are hoping for  
That is nice and kind

Buit if ever in life  
Sucess path seems narrow  
Them only hope for the best  
Bright and fine tomorrow

And remember that your sis  
Will always pray to God  
To help you out whenever  
You're stuck in something odd

And ask God to give you  
All that is best  
And to bestow his blessings  
Upon you in every test.

Seema Chowdhury

# Goodbye Dear Sunny

Why saying goodbye is always hard  
Why it always breaks my heart  
And bring tiny tears in my eye  
And I hear my soul's sigh

Why my life stops when you leave  
Why your stay always seems brief  
Why I feel cold wind's blow  
On my life's face very low

Why my smile hides in the clouds  
Why i feel distress and doubt  
All filling my life's wide sky  
Leaving me to mope and die

Why sun stops shinninh on my door  
Why rainbow doesn't show from the window  
Why joy and smile just stop and cease  
Why I only feel the winter breeze

I wish I had the power to change  
And see how I can learn to arrange  
To swap my mope with the hope  
And fill smile and learn to cope

And convince my heart not to cry  
And my soul to stop the sigh  
And learn not to let my heart break  
While saying goodbye, for your sake.

Love And Miss You Sunny! ! !

Seema Chowdhury

# Goodbye Friend

Its wise to say a nice goodbye  
To a friend I met while passing by

She seemed so nice and friendly too  
I went there and asked who are you  
She looked and smiled then answered me  
What do you think and who do you see

And at that moment I saw a friend  
With whom I didn't need to pretend

We shook hands and made a deal  
that we'd be friends with enormous zeal

We did what we said as long as we could  
But no more because she did what she should

So today I'm saying goodbye at last  
So she can go and come back fast

At last I'll say and finish my goodbye  
That victory be hers till again we pass by.

Seema Chowdhury

# Goodbye Mother

Today once again I'm saying you goodbye  
I'll say it with smiles before your plane flies  
It surely won't be easy for me at all  
But I'll stop my tears and won't let them fall

So for that I'll need your sincere advice  
Because I know it surely will be wise  
And will help me to stick to my hope  
And handle problem and won't mope

So I want your hug and approving view  
As it certainly works as a morning dew  
The dew that gives life to every flower  
I need same kind of love every hour

As I told you that I'll be happy to stay  
So now I'll prove it to you in my way  
And today I promise so I'll try to keep  
And will say my goodbye and won't weep.

Seema Chowdhury

# Goodbye Petroman

I'll always remember the days taht are gone  
Those days and nights, dawns and morns  
Which slowly came but then swiftly flew  
And left me with memories that're new

And also those nice and helping hands  
That came right out in trouble's band  
And cleared all piles of sorrow's block  
That came in the way where I walked

And also those words which felt so kind  
And helped me to quickly and fainly find  
The narrow p[aths of joy taht were few  
But brought me all fun that were true

And now because all this is leaving me  
And taking away things that made me free  
So now I just want to say goodbye  
And wish you life's sucess taht're high

And pray wherever you go in life  
May things you need to brightly survive  
Be given to you in victories face  
That covers your whole life's bright pace.

Seema Chowdhury

# Goodbye Sanober

Sometimes words seems very few  
To express my feelings that is true  
To tell all things I wish for you  
That is full of wishful hues

It may seems hard to say goodbye  
Without having tear in the eyes  
But remember that now if you'll cry  
Then it will be hard for you to try

Just delet the words like nay or nope  
And don't even sit back to mope  
Then only you'll learn to cope  
And hold firmly the joy's rope

And will learn how to clear the test  
That life is asking to take with no rest  
So if you will try with zest  
Then you'll surely get the best

Goodbye and Good Luck..

Seema Chowdhury



# Goodbye Seniors

Goodbye is not always easy to say  
Specially when someone is going away  
Is not only loving, caring and wise  
But do nice things without thinking twice

I wish wherever in life you leap  
May victory be given to you in heap  
And may for you life always bring  
A fabulous and fantastic days of spring

And I wish in your life may you find  
All good that you may have in mind  
And may Goa always give you the power  
To touch faintly the success tower

Where flowers of success always bloom  
And no glimpse of any gloom  
Is given or even shown to you  
And this is the wish of mine that's true.

Goodbye Friends! ! !

Seema Chowdhury

# Goodbye Shakeel Bhai

In silent words I thanked dear God  
For bestowing his gifts and his rewards  
By giving me a nice brother like you  
Who is not only affectionate but sincere too

Dear brother I wish wherever you are  
Whether you are staying near or far  
I'll always wish and will always pray  
May flowery be all your paths and way

And today you're going so all I can say  
May victories be sent throughtout your way  
So on this God's wide green earth  
You can prove that you're the best and worth

And I really don't find more words to lay  
To show how much I want to say  
That all your kindness that you showed with zest  
Really proved you to be rare and best

And now in my prayers i always ask God  
And plea him to send more angels as reward  
So every girl can have a brother like you  
Who is not only affectionate but sincere too.

GOODBYE & GOODLUCK! ! !

Seema Chowdhury

# Gracious God's Mill

Go to the woods  
Go to the hills  
And look at the beauty  
Of Gracious God's mill

Where thousands of tiny  
Creatures are found  
And millions of blessings  
Are spread on the ground

And hear the whispers  
Of joys and sighs of life  
That're present where  
we're all bound to survive

And then thank God  
For His blessings and love  
That He has sent  
For us from Heaven above.

Seema Chowdhury

# Gracious Word For A Friend

I like to think of you  
When morn comes to view

And brings with it the day  
When tides in the bay

Rise high up and down  
To show the day's crown

Where flowers swiftly bloom  
To clear world's gloom

And birds fly high  
All above the sky

And all these things around  
That're present on the ground

Reminds me of you  
Whose love feels so true

And shows in the way  
True care for each day.

Seema Chowdhury

Seema Chowdhury

# Gratitude's Smile

A smile of gratitude  
Shows  
Warm and friendly feeling  
And  
Your hot emotions  
That can  
Touch the heart strings  
Of others,  
For it is a magical flow  
That takes you  
To the world of  
Beauty  
Fantasy  
And  
Amazing treasures  
And unfolds  
New worlds  
Of smiles for you.

Seema Chowdhury

Seema Chowdhury

# Great Friendship

The days that we had spend together  
In which we had always try to gather  
Flowers of love, kindness 'n care  
Is what makes our friendship so dear  
For great friendships are made of love  
Especially prepared in the heaven above  
Where god takes its special care  
And thats what makes it so dear  
So always remember this one thing  
In life will come both autumn 'n spring  
So learn to protect it for its rare  
And surely this will make it so dear  
Because friendships that are great  
Surely takes a start with a faith  
And then in it is added love's care  
Which fondly makes it so very dear.

Seema Chowdhury

Seema Chowdhury

# Great Joy

Just like life's grief  
Great joys are brief  
And comes in your way  
And cross each life's day  
They come and lightly touch  
Our hearts and minds so much  
That it starts giving joy  
For all of us to enjoy  
And show us life's view  
Some nice and some new  
That all smile and say  
Enjoy it for a day  
Because like all the griefs  
Great joys are also brief.

Seema Chowdhury

Seema Chowdhury

# Great Lesson Of Life

In this harsh world  
I have learnt a great lesson of life  
That  
Pang and burden  
That you carry for too long  
Eventually  
Becomes  
An ever lasting part  
Of  
Your fading memories  
That  
Comes in the way of  
Hope and faith  
And  
Doesn't let you see  
The light at the end of the tunnel.....

Seema Chowdhury



# Great Sorrows Of Life

Now is the time  
To be happy and gay  
And Here is the place  
In the sunshine ray  
So donot mope or cry  
Or just cease to survive  
If you meet great sorrows  
in the days of your life  
For they do come  
But then they'll go  
So don't think mthat God  
Is not a friend but a foe  
For life is said  
Not to be complete  
If you always want  
From it to delete  
Your troubles and agony  
Your fears and pain  
For sunshines bright  
Mostly after rain  
So meet your troubles  
With an open arm  
And fight life's battle  
With grace and charm  
And learn that Now  
Is the only time  
And Here is the only place  
In life's rhyme  
To be happy and bright  
And joyful and glad  
For it will surely vanish  
Your life's sorrows bad.

Seema Chowdhury

# Great Things

Great things do happen  
For those who quietly wait  
And think that life holds  
things that're called great

For they do trust  
And believe in God  
And know He can  
Help us all in odd

So if you feel  
Bad and blue  
And doesn't see any  
Glimpse of joy's view

Then go and pray to God  
And ask Him to show  
You all great things  
That're present in the row.

Seema Chowdhury

# Greater Happiness

Greater happiness can only be achieved  
If only you can learn how to relieve  
Yourself from these troubles of life  
And look yourself for ways to survive  
For happiness only grows in your heart  
And that's from where it takes a start  
And brighten not only your day  
But all others who crosses your way  
So keep on looking and learn few more  
Ways to enter in happiness door  
And look at the world with a smiling eye  
And always keep your hopes very high.

Seema Chowdhury

Seema Chowdhury

# Greater Trust

Open the door of  
Greater trust  
And let you be  
Always honest  
With your  
Feelings  
Sentiments  
And  
Emotions  
Because  
It's a door way  
To affection  
That can bring  
You  
Love and care  
In return.....

Seema Chowdhury

# Greatest Blessings

God gives us so much in life  
In this world to joyly survive  
That we'll never be able to to tell  
To god dear all the joys that dwell  
For god is the supreme power  
Who blooms his blessing's flower  
That is the greatest blessing for all  
For each of us whether big or small.

Seema Chowdhury

Seema Chowdhury

# Greatest Satisfaction

Life gives us many opportunities to live  
Happily if we can learn to live

Others happiness that they deserve  
With tons of care, joy and love

And when we give all these things  
To others then the joy it brings

Give us greatest satisfaction of all  
In every deed of kindness big or small

So to gain joy what we must do  
Is to give happiness to others too

And give others the joy they deserve  
With the gift of tons of care and love.

Seema Chowdhury

# Greet The Coming Events

Greet the coming events  
With open arms  
Hope  
Pleasure  
And warmth  
So it may not  
Want to leave you  
And be there  
For the best  
Till the end  
To give you strength  
And  
Help you to  
Steer your ship  
In storm...

Seema Chowdhury

Seema Chowdhury

# Greet The Sunrise

Greet the sunrise with a smile  
Make life bright all for a while

Live each moment that comes in your way  
To its fullest every day

Chase away worries and always dance  
Even when the song is over or in advance

Dream happy to bring yourself pleasure  
For smile and joy are a great treasure

That you have to collect on your own  
Even in the mid of sigh and moan

For life doesn't always follow one thing  
It keeps on switching its path and wings

So play your role with great care  
And remember life will not always be fair

Just chase your destination in your mind  
And be ready to play and always find

Guided or random thoughts to begin  
Happiness in your life's cycle spin

Don't give up on your dreams  
For they are soft and pure as cream

That helps you to warm your soul  
And come out as victorious from dole

Just hang in there and begin anew  
Learn to swap pain with pleasure's view

Greet the sunrise with a smile  
And make your life bright all for a while.





# Greetings For A Friend

The greetings i'm sending  
In your way  
Carries a wish  
Of joy for your day  
\Because today is  
Special my dear  
As you were born  
Who is a gift rare  
I wish flowers  
Be spread on the road  
Where you walk  
To share your load  
And hope may sunny  
Be the sky  
Above you dear  
Shinning bright and high.

Seema Chowdhury

Seema Chowdhury

# Grief

Life has trouble's lump  
So don't just in it jump  
Try to fill life's page  
And come out of agony's cage  
Life is not mostly fair  
And this is a fact my dear  
And that's what grieves me most  
In this endless distress coast.

Seema Chowdhury

# Growing Pain

When you're faced with a difficult fact  
Then don't try in a wierd way act  
And know that fate can help you  
If you sincerely want to look at hue  
A hue which is coloured with the care  
And all nice things that you want to share  
With all those whom do you love  
And all others who surely deserve  
And when you walk on life's road  
That's over filled with growing pain's load  
Then don't sit to cry and mope  
And don't just ever lose your hope  
Just have trust in your luck 'n fate  
And know that surely God is great.

Seema Chowdhury

Seema Chowdhury

# Guiding Star

Be a candle in the dark  
My dear for all  
And try to save  
Others from a fall

And show them the path  
Of belief, dream and hope  
In their desperate time  
When they are in mope

And be far them  
The guiding star  
that shines very bright  
For all from far

And show the path  
And brighten their way  
And give them hope  
To live each day.

Seema Chowdhury

# Hand In Hand

How much I love you  
Let me count the ways  
How much i care  
Let me find the days  
For without you dear  
Life is an empty road  
Where i never wish  
In loneliness to board  
Because it is very hard  
To sit under the shade  
Where sunshine is hot  
And as sharp as a blade  
So let us live sunny  
Forever and ever together  
Walking hand in hand  
In all of life's weather  
Counting the ways to love  
Counting the paths of care  
And more over the days  
To show them how to share.

Seema Chowdhury

# Hang In There

Problems will not surely end in your lap  
If you know and learn how to joyfully clap  
Even in agony and distress time  
Even when things are lemony lime

The spot light will shine in your way  
And will tell you how to get rid of hay  
The hay of mope that is blocking your eye  
And the sand of hope that is slipping by

Because happiness that you're looking for  
is surely hidden int he trouble's core  
And is covered with the success rain  
Only if you learn to bear the pain

Then happiness will walk up to your door  
And will ask how much joy you need more  
But to reach at that end my dear  
You have to strongly just hang in there.

Seema Chowdhury

# Happier Out Look

Let happier be your out look  
Let you find joy in every nook

Let you seek for the pleasure  
That comes with pain as a treasure

For life is really another name  
Of pain and trouble in life's lane

So forget the tears and learn to smile  
That can spread joy for a while

So for that have a happier out look  
And let you find joy in every nook.

Seema Chowdhury



# Happiness

Happiness doesn't count the time  
Happiness is a flowing rhyme

That is given to everyone dear  
If one knows how to take its care

For happiness is a novel thing  
That brings to all joy of Spring

For it is an on going show  
In which everyone can row

His boat of life my dear  
If one knows how to take its care.

Seema Chowdhury

# Happiness Floor

Life has memories  
That are happy and new  
That everyone treasures  
As it gives joy true  
And makes the way  
And opens the door  
For much more joys  
On the happiness floor  
I wish for your days  
To be filled with pain  
Where you never meet  
With any type of pain  
So tomorrow will bring  
Hopes and dreams all new  
And fill your life  
With much joy for you.

Seema Chowdhury

# Happiness Forever

If you're in search  
Of  
a life time of happiness  
then  
create a special bond  
Of trust  
And  
Care  
And keep love  
warm and alive.....

For that is what  
Make us what we are  
And  
Give us a reason  
To be happy.....

Seema Chowdhury

# Happiness Found

Was happiness ever found?  
For anyone?  
Any time?  
I guess not  
But why not God?  
Please tell me why  
I always find myself  
Running after  
Evading shadows of happiness....  
Why happiness always eludes me? ?  
what have I done wrong?  
Or is it my luck?  
Why can't I get  
what I wish for?  
Why can't happiness stay in my life  
For a moment or two?  
I feel tired now  
And life is losing  
Its beauty and charm  
And sometimes i see myself  
As a loser-  
Who is counting  
Just last few breaths  
Of his own life.....

Seema Chowdhury

# Happiness Is Assured

I need your love  
To assure happiness  
I need your prayers  
To enjoy god's bliss  
I need your dreams  
To think of you  
I need your smiles  
To assure joy true  
So please give me  
All of this  
So I can for us  
Assure happiness.

Seema Chowdhury

Seema Chowdhury

# Happiness Lessons

Like candle throws its beam  
Everywhere to turn off the dark  
And dew drops melt itself  
On flower's edge and marks

And sun rays shine to its fullest  
To break the light of the dawn  
And rainbow appears on the sky  
To declare the end of the dreadful morn

I hope and wish for everyone  
To become the first one to bring  
The good news of sunshine and joy  
And declare the start of the spring

For these are the happiness lesson  
That we all need to read dear  
And bring through it some peace  
And positive emotions and cheer

For blessings of God are spread  
All along the way of our lives  
We just need to gather them all  
And learn with them to survive

And discover the path you desire  
And add meanings in it dear  
For life is a wonderland of wishes  
Where patience eventually brings cheer

And learn to shine from within  
And sparkle and throw this beam  
On all who you meet on the way  
And be the first ray and the sunbeams.

Seema Chowdhury

# Happiness Prevail

Happiness do prevail  
But for that  
Have an eye of joy  
And a sight of peace  
And let your soul free  
To roam around  
And  
Absorb some of it in you-  
So when you make  
Emotional errors  
Then you can find  
A real turning point  
In your life  
To come back  
And start all over again.....

Seema Chowdhury

Seema Chowdhury

# Happiness Tree

Touch your world and add in it  
Happiness tree bit by bit  
So when sun is down and grey  
Then you can even for a day  
Lend sunshine and happiness]  
And spread for joy as a bliss  
For love then also enters there  
And wipe quickly the falling tears  
And then it brings joy to all  
To anyone who ever gets a fall.

Seema Chowdhury



# Happy Again

If trouble comes  
And bother you  
And shadows the sun  
And you feel blue  
Then don't feel bad  
Look for the ray  
Of hope 'n smile  
To come 'n sway  
So you can be  
Happy again  
And feel it too  
And from it gain  
More new hopes  
Of fun and joy  
Till you learn  
To totally enjoy.

Seema Chowdhury

Seema Chowdhury

# Happy Anniversary Sunny

So often I think of all  
Things we did together  
That made our lives bright  
And gave us joys together  
For life goes on and on  
And for all it bring  
Sorrows and joys both  
Knitted tightly in a ring  
In this ring that is  
Known as life my dear  
Where we all really need  
Lots of love and care  
And today I'm very happy  
And thinking about you  
For 365 days have passed  
Since I married you.

Happy Anniversary Sunny

Seema Chowdhury

# Happy 10th Anniversary

With hops and prayers  
With happiness layers  
I wish you joy and fain  
A life without any pain

Where birds sing well  
And happiness dwell  
And sky shines bright  
To fill joy's light

Where no clouds of tears  
Or any kind of fear  
Enters in your life  
Where you survive

I wish you luck and joy  
I hope you'll always enjoy  
Whatever you'll do in life  
That's a wish from your wife.

Happy Anniversary Sunny

Seema Chowdhury

# Happy 10th Birthday Samia

When God saw me sad  
And saw tears in my eyes dear  
When Lord saw my broken heart  
That was crying bitterly for care  
Then He decided to send me a gift  
In the form of you for my souls uplift  
My Samia jan I love you dear  
You are a source of love and cheer  
You gave me a reason to joyfully smile  
And coloured my life all for a while  
with your bright and twinkling eyes  
That shows me rays of love's tie

I love you dear for you are a gem  
Who is precious and also rare  
who has a pure heart of a gold  
Filled with love, laughters and more  
And I wish you joy and fain in life  
And hope wherever in life you survive  
May blessings and love of God dear  
Fills your life's way with lots of cheer.

Seema Chowdhury

# Happy 12th Birthday Samia

Never miss an opportunity  
To bring sunshine into life  
Into the life of someone  
Who doesn't know how to survive

In bad times and troubles  
In sadness and mope  
And has nothing to look at  
To burn the candle of hope

Make moments in your life  
And leave a significant mark  
And try to unveil happiness  
And swap it with the dark

And shine like a bright sun  
That gives life to all  
And bring joy and fair  
To everyone big or small

And be like a magic  
That shines like a star  
And with its laughter and smile  
Twinkles the world even from far

And today is your special day  
I wish you always enjoy  
And may each moment of it  
Be filled with never ending joy.

Happy Birthday Samia Baby Doll

Seema Chowdhury

# Happy 13th Anniversary Sunny

Color yourself with happiness  
And absorb all its shades dear  
Follow the light of love in the way  
And renew your soul with cheer

And remember that now is the time  
To wake up with the sunshine  
And let it brighten your days  
And spread all happiness wine

And look up at the stars  
That're shining very bright  
And are twinkling and smiling  
And spreading peace light

And with all God's miracles  
Learn to fulfill and appreciate  
And with prayers and joy  
Enter in blessing's gate

And thank God Almighty for  
All the bliss of heaven above  
That God has sent with care  
On you to show his love

And you are very special  
Who has filled my life with love  
And showed me a heaven on earth  
That leads us to blessing's above.

Happy 13th Anniversary Sunny

Seema Chowdhury

# Happy 14th Birthday Sameen

May bright sun always shine upon you  
And breeze blows across with vibrant hues

May your thoughts turn into life's beautiful story  
And you find bigger picture of life's glory

Where divine light nourishes your soul and mind  
And happiness and smiles always find

With sparkling moments of success each day  
Spreading bright and cheerful color in your way

Where seeds of happiness grow sound and deep  
And you always find chances of success leap

Where hope and love brighten your smile  
And clear your path from trouble's pile

And may all your dreams ever come true  
And showers sunshine with happiness on you

And each new year that comes in your life  
Brings God's blessings to purify soul's drive.

Happy 14th Birthday Sameen  
Mama & Baba love you tons

Seema Chowdhury

# Happy 16th Birthday Sister

Sweet sister dear today is your day  
So celebrate your 16th birthday today  
Because now you're old enough to face  
All kinds of problems in life's race

I don't know your concept of a birthday  
But for me its valuable than other days  
Even precious than an eid or a new years  
Because its when we make promioses my dear

The promise to live with peace and love  
And thank God for giving more than we deserve  
And promise ourselves that we'll do our best  
And will finish our work before we take rest

And birthday is a day to start things anew  
And change old things that makes us feel blue  
And with confidence and courage we should try  
Every little thing that comes before our eyes

And now I want you to celebrate your day  
And don't let anything make you feel grey  
So think everything in terms of right  
And these small things all make your day bright.

Happy Birthday Sabeen! ! !

Seema Chowdhury



# Happy 17th Birthday Sister

For everything there is a time  
For every phase there is a rhyme  
For every luck there is a line  
Which all swiftly says you are mine

I don't know how it starts or end  
But life keeps following its own trend  
And show you path both straight and bent  
And give you both foes and friends

So I wish whatever comes for you  
Enjoy it all like a morning dew  
And see all things that are new  
And catch all its color and hue

For life goes on like a never ending show  
Where things come then swiftly go  
And show you happiness and pain's row  
So don't ever feel down or low

And specially dear today is your day  
So enjoy it all and don't say nay  
Because birds and flowers, clouds and rays  
Are all saying honey Happy Birthdat today.

Seema Chowdhury

# Happy 18th Birthday Sabeen

Like unfolded flower brings beauty into view  
May all your life's day be filled with different hues  
Where each new day begins with a shine  
And a ray of hope and joy for thine

Because dear sis you deserve all this  
As you never let go or never miss  
Any chance when you can show your love  
And the way you share bliss of heaven above

dear sabeen I wish may words can tell  
How much I wish for happiness where you dwell  
Because you're a sweet angel of love and care  
Who know how to show others the way to cheer

And because today is your 18th birthday  
I wish you spend it in all nice ways  
And enjoy everything because that's your right  
To look at sunshine and life's marvelous sight.

Seema Chowdhury

# Happy 1st Birthday Sameen

Sameen my dear my love  
I wish may happiness dove  
Flies over in life's trial  
To give you the gift of a smile  
I love you my sweet heart  
And wish for you joy's tart  
To be baked with lots of care  
To show how much you're dear  
And today you're turning one  
I wish may happiness sun  
Always shine upon your life  
To colour it with joy's drive  
And teach you how to enjoy  
Life's pleasures and life's joy  
so you can always smile  
And be happy in your style.

Seema Chowdhury

# Happy 1st Birthday Samia

Beautiful memories to cherish  
And moments to treasure  
Carefree smiles to smile  
To bring you pleasure  
A content heart to love  
Filled with cheer  
And all dreams coming  
True for you dear  
I wish all this  
And many more  
May come for you  
More than ever before  
Because your presence  
Brings special pleasure  
And for everyone  
Its a joyous treasure.

Love you Samia Baby

Seema Chowdhury

# Happy 22nd Birthday Shanno

I wish God's blessings just for you  
And wishes to last a life time through

And I hope for joy taht never ends  
From which you can to others lend

Lasting love that is a great treasure  
And forever smile beyond all measure

This is what I wish for you  
For wishes to last a life time through

So when your special day is through  
You have a gift of memories just for you

Happy Birthday Sisiter! ! !

Seema Chowdhury

# Happy 24th Birthday Sadaf

Welcome the next year of your life  
And see nice things that exist and survive  
Then only you'll know what is worth  
That exist in this God's green earth

New paths, new pace, new ways and roads  
Are all ready to share your load  
So just smile and then joyfully greet  
The gift of nature as sweet treat

And then you'll see in life's track  
Happiness will be arranged in the rack  
And your tears with the smile be swap  
And joy you'll get in gift wrap

But for that what you have to do in return  
Is to do your best and to try to earn  
Best things of life that exist and survive  
By welcoming the next year of your life.

Seema Chowdhury

# Happy 2nd Anniversary

When i think of you  
When I look at thee  
It reminds how beautiful  
And lovely love can be  
For you have special gifts  
That makes you a unique being  
And inside you lot of qualities  
of excellence can be seen  
I'm happy with you dear  
And proud to be your wife  
And I really wish  
To spend my whole life  
With you and your love  
That grows strong everyday  
Because you are an inspiration  
For me in my life's way  
And you're a symbol of love  
And an angel of God's care  
That makes you very special  
For me my Sunny dear  
And it is our 2nd Anniversary  
So I wish us joys in life  
And hope we can live always  
Like good husband and a wife.

Seema Chowdhury

# Happy 2nd Anniversary Sister

Things may come and may go  
We meet new people some friends some foe  
But one thing that always stay with you  
Is someone nice who's sincere and true

You're lucky to have that someone around  
On whom you can totally count  
Who is always there to help you in need  
And is always ready to guide and to lead

And now its your 2nd anniversary today  
May God bless your life with joy and pleasure  
And tons of happiness that no one can measure

And this day must mean a lot to you  
Because you gained new things all nice and true  
Good life, nice people, sweet home and more  
And all these things will never let you get bored

And beside all this what's best in your life  
Is acting like a nice husband and a wife  
Because living here was really the biggest test  
That both of you successfully passed with zest.

Seema Chowdhury



# Happy 35th Anniversary

I wish you a world of happiness  
I wish you a world of joy  
I wish you a world of pleasure  
And everything else that you enjoy

I'm glad because it is an occasion  
I'm glad because it is a day  
That both of you have shared  
Together in your life's way

And today I wish may God  
Bless you both with love  
And show his magic of bliss  
That's a gift of heaven above

And hope that God will bestow  
His never ending blessing's aid  
And give you both a chance  
To sit under its loving shade

Happy Anniversary Mom & Dad.

Seema Chowdhury

# Happy 37th Birthday Sunny

The life's amazing story  
Is read over and over again  
Just try to discover  
True joy  
And treasure  
Precious moments  
And listen carefully  
The soft and fragile blessings  
That God Almighty sends  
Through the whisper of love  
And  
The breeze of fair.....

Seema Chowdhury

# Happy 3rd Birthday Sameen

Like the fragrance of the flower  
That has perfume and the power  
To spread all over joy and care  
And show life's way bright and fair

Like the silver lining in the cloud  
That help us to remove the doubt  
That exists in everyone's way  
Is what you're in our lives' days

We love you very much my dear  
For you're an angel of love and care  
Who knows how to bring sunshine  
And spread fain here in our lives' line

And today you're turning three  
So we want to show thee  
How much brightness on this earth  
Has been sent with your birth

For God whi is kind and fair  
Has sent you to us my dear  
As His sign of love and bliss  
To fill our lives with smile and kiss.

Happy Birthday Darling Baby

Seema Chowdhury

# Happy 3rd Birthday Uzair

Sweet uzair today you're turning three  
I wish may your life be always free  
From the roads which leads to the pace  
Where trouble or any pain's trace

Is present to block your view  
Of life that is bright and true  
Sweet uzair I hope and really wish  
May on you God's love and bliss

Always fall like a heavy rain  
That washes away the clouds of pain  
And today because you're turning three  
I wish may you always see

A life filled with joy to share  
By all loved ones who really care  
Who sincerely wish just for you  
A life full of happiness that is true.

Happy Birthday Baby

Seema Chowdhury

# Happy 50th Birthday Sweet Sister

True beauty starts inside  
So live a beautiful life that you love  
And start a journey today without any doubt  
And know that God is always on your side...

Let happiness flow like a monsoon shower  
And fill your life with the blessings of peace and serenity  
And set you free to move on  
As the days go by...

Believe in the magic of life  
And let the colors and beautiful images lift your spirit  
And pour the gift of hope and faith in your soul  
That gives you courage and strength forever...

Embrace the large scale of life with a hug  
And live with passion and joy  
And let life happen with warmth and sunshine  
With words of gratitude and Faith in God's Will...

And as you follow your life's path  
May you always find inspiration and motivation to move on  
And write an amazing story of life  
With the gift of a new perspective...

Seema Chowdhury

# Happy 5th Anniversary Sadaf

Love is a two way street  
Where many people meet  
And then they promise to share one life  
Like a good husband and a wife

And whenever this deal is done  
Then two hearts start working as one  
And everything looks bright to them  
And as precious as a jewel or a gem

And then they always keep in mind  
And try to be a little more kind  
And promise to stick always together  
In all life's nice and bad weather

And that is when on them  
God showers his blessings gem  
And give them true gift of love  
That is a bliss of heaven above.

Seema Chowdhury

# Happy 6th Birthday Danny

A very special someone who came and knocked  
Quietly on my heart's door that was locked  
And then very swiftly entered in my heart  
And used his cute gestures and art

To bring the smile back on my face  
And spread joy in that sweet little pace  
Is no one but you my little sweet heart  
Who certainly knows how in his art

To shine like a sun upon all  
And don't let anyones tear ever fall  
And you're that someone who came and knocked  
Quietly on my heart's door that was locked

And today you are turning six dear danny  
I wish may your life be bright and sunny  
For you came as first sunshine to dawn  
Who built people's hopes for the appearing morn

And now I don't have more words to lay  
Neither more things or sayings to say  
But one more thing that I wish that is true  
Is that may God's shadow all surround you.

Seema Chowdhury

# Happy 7th Birthday Daniel

Today is your birthday my dear son  
I wish you lots of joy and fun

And wish may God open doors of heaven  
As you sweetheart are turning seven

I wish you all my love and prayers  
And wish may thy path be always fair

And wish whenever you walk my love  
May God send his bliss from heaven above

And I wish may God shower his love and care  
Not just today but through out the year

And may nice memories fill your way  
When you're through with your special day.

Happy Birthday Danny Baby

Seema Chowdhury



# Happy 7th Birthday Sameen

Trust in the Lord  
with all your heart  
So you can always  
Brightly start  
Your day with joy  
Your day with fun  
And collect happiness  
Before your day is done

You're a precious  
Gift from my God  
You are the reason  
Why I love my Lord  
For you gave a meaning  
To my lonely life  
Where now with cheer  
I happily survive

I'm grateful to the Lord  
For bestowing His bliss  
And for giving me a darling  
And an adorable Sameen  
And for making her a great  
Source of Joy and light  
That shines and twinkles  
Like a bright star at night.

LOVE YOU BABY SAMEEN

Seema Chowdhury

# Happy 8th Birthday Danny

When I close my eyes  
I see your smile  
That brightens my world  
All for a while

For you my son  
My dear sweetheart  
Holds a place  
Very special in my heart

I pray for you  
From Lord who cares  
To shower His bliss  
And give you the share

From His bliss and His love  
So you can be happy and smile  
And forever stand bravely  
Under God's shade for miles.

Seema Chowdhury

# Happy 8th Birthday Sameen Dear

This world is full of love and care  
Since the day you were sent here  
For you're a lovely darling girl  
With bright smile and lovely curls

God has sent YOU dear, as a gift  
You're a source of my soul's uplift  
For you bring lots of happiness to start  
A beautiful day everyday in my heart

I love you baby, I really do  
For you are a source of joy true  
And your bright eyes and your lovely smile  
Let me walk with you for miles

And today is your very special day  
I hope and wish and for you pray  
That may flowery be your life's way  
Where success and happiness will follow each day.

Happy Birthday My Darling Baby,  
Mama Loves You Very Much! ! !

Seema Chowdhury

# Happy 8th Birthday Sarah Jani

Live in the moment and dream for tomorrow  
Give everyone the love that they need to borrow  
And tell them how much for them you care  
By sharing with them their smiles and tears  
Yes Sarah dear my love, you're tehstar of the earth  
Whose presence for all is a million dollar worth

Always try to help others when they're in need  
Always stay ready to take the kindness lead  
Because only few people know the value of life  
And they do nice things for others to survive  
Because sarah honey you're the star of the earth  
Whose presence for all is a million dollar worth

I wish for you sweetheart my love  
May on you God's shies and heaven above  
Bliss be bestowed, whenever you dwell  
Because for others you always wish well  
Yes sarah dear you're star of the earth  
Whose presence for all is a million dollar worth.

Seema Chowdhury

# Happy 9th Birthday Sameen

You are the star of my eyes  
Your sparkle brightens my life  
Your smile fills with joy  
And blessings in this drive

Your shine brightens the way  
Your love fill with cheer  
The road I see ahead  
Because you're special and dear

I love you my baby dear  
You bring me comfort and solace  
Your presence in my wonderful life  
Is a source of happiness pace

I pray God gives you good health  
And a long and a happy life  
And you become a star of everyone's eyes  
And shine bright in happiness drive.

Happy Birthday Baby Sameen  
I love you Very much

Seema Chowdhury

# Happy 9th Birthday Sarah

I wish you can see  
How much for thee  
I wish fun and joy  
That you can enjoy  
That brings you fain  
In life's lane  
And makes you glad  
And change all bad  
With things all new  
And wishes all true  
And may today dear  
Smile stops by with cheer  
And greet you in your way  
As today is your special day.

Seema Chowdhury

# Happy Anniversary Mom & Dad

Years fly on the wings of time  
Riding on joy and sorrows rhyme  
Searching for words that sounds right  
That can bring the hope of delight  
Now so much time has gone by  
Leaving nostalgic memories high  
And giving us the gift so true  
That includes mom and daddy too  
Yes sure i'm thankful today  
To god for giving us in his way  
So much gift of blessings above  
To fill our lives with pleasure's love  
And because it's your anniversary day  
That's why I wish may the way  
Of your life be filled with bright  
Happiness to bring you both delight.

Seema Chowdhury

Seema Chowdhury

# Happy Birthday Sweet Mother

Just like world gets  
Life from the morning dew

Just like flowers get  
It's brightness and its hue

As soon as it gets  
A kiss of love and care

From the cool breeze  
that's whispering my dear

Just like that I feel  
Your love my dear mom

Gives me so much joy  
That's all pure and strong

That no words I think can  
Explain my feelings true

That in my heart I hold  
All sincere just for you

And as today it is  
Your very special day

I hope and wish for you  
Happiness throughout your way

And wish to see your path  
Be all filled with love

That is a special gift  
That's sent from heaven above.

Seema Chowdhury



# Happy Birthday Ami

A blessing packed day  
Is wished for you  
As today is special  
And that is true

As someone very  
Special and rare  
Was sent to this Earth  
With love and care

i wish and hope  
For you MOM today  
May God bestow  
His bliss in the way

And may all your  
Paths contain  
The treasure of joy  
With tons of fain.

Seema Chowdhury

# Happy Birthday Baba Jani

One who bares the sweetest name  
And hold important place in life's game  
Is no one but my loving dad  
Who knows how to smile and make me glad

For he is the one who works as a dew  
Whenever i feel down and blue  
And always with his affectionate hand  
Covered my pain with sympathetic band

And no one else but only him  
Knows how to show with his vim  
And clear all thorns from my life  
And give me way to faintly survive

And today is really a perfect day  
To wish him joy and for him to pray  
That may the place where he dwells  
Be over flowed with joy and well

Where no glimpse of any painful sight  
Be shown to him in distress light  
For he is the only one who makes me glad  
And he is my sweet loving dad.

Seema Chowdhury

# Happy Birthday Baji

With heaps of prayers I'm sending you  
A kiss and a birthday wishes too

And wish may the road of love and more  
Get your feet in the door

Which leads you to the stairs of bliss  
Where your parents, kids and your sis

All wish and pray from the God  
To extend on you His blessings cord

On the road of life where you dwell  
And rings for you the birthday bell

And wish that may you be given life's pleasure  
That is so much that you can never measure

And this is my true and a sincere wish  
That I'm wishing for you my dear sis.

Seema Chowdhury

# Happy Birthday Beloved Sarah

I am sending you sunshine on this special day  
May happiness and joy find you on your way

May God always opens the door for you  
And send you His spiritual blessings all new

May your belief in God increases day by day  
And your life be decorated with faith's spray

And with passage of time may hope's light  
Brighten your world with sparkling delight

May your strength of kindness, love and grace  
Beautify life with smile and compassion embrace

Where you always live with sunshine and delight  
To find God's beam hanging with splendid light

And brings you tender blessings and God's love  
And spiritual light of happiness from heaven above.

Happy Birthday Sweet Sarah :)

Seema Chowdhury

# Happy Birthday Dear Farah

I wish each moment of your special day  
To be filled with plenty of joy taht sway

And I hope that may all your dreams  
Be filled with life's joy's stream

For no words I think are enough to tell  
The joy that I wish in the place you dwell

Because you're an important part of my life  
Without which I feel incomplete to survive

And I wish may always you get dear friend  
Happiness that has neither bounds nor ends

Where you can live among joy and peace  
Till the chapter of your life's story cease.

Seema Chowdhury

# Happy Birthday Dear Friend

When world was losing its beauty and shine  
And nothing seemed anymore proper and align  
Then God thought for this world's uplift  
He must send an angel as His gift

An angel who can brighten with his hue  
The hazy sketch of joys that're very few  
And surely works as a morning dew  
To spread joy and fun and show its view

So for that I want you to tell  
And ring the happy birthday bell  
And wish may all your trouble's shell  
Be taken away from the place you dwell

Another thing because its your special day  
I wish may happiness spread in your way  
And mark your life for brighter spring  
For all the joys for others you bring.

Seema Chowdhury

# Happy Birthday Farah

Today dear its the nineteenth day  
A special day in the month of May  
When someone extra special as you  
Were sent to the earth for the world to view

So today I wish you a world of cheer  
And all good things taht're nice and dear  
Will be surely yours in every way  
Because you know its your special day

Today i know your day will be bright  
So do all things you think are right  
And spend this day in a dofferent way  
By doing something special to remember today

may God's caring eye be on you  
And watch and help in everything you do  
Because you know its your special day  
So happy birthday Farah I'll say.

Seema Chowdhury

# Happy Birthday Farah Deeba

Happy birthday Farah, happy birthday dear  
I'm really proud of you my dear

I'm proud of your friendship and trust  
Your courage and hope in pain's crust

I'm glad and wish for you  
may God shows you heaven's view

Where angels of peace, love and cheer  
Accompanies you and show they care

Because you are really a sweet friend  
Whose love and care has no bound or ends

So that's why I'm really proud of you  
And wish you to see life's brighter hues.

Happy Birthday

Seema Chowdhury



# Happy Birthday Friend

I wish you friendly morning sky  
I wish you pretty rainbow high  
I wish you peaceful serene night  
And all things in their places right

I wish you splendour of this earth  
I wish you things to prove their worth  
I wish you lots of jolly joy  
And all things that you mostly enjoy

I wish you nice and thoughtful wishes  
I wish you God's huge bucket of bliss  
I wish you all life's joy and beauty  
And all things that're dear my sweetie

And I wish all these things for you  
Not just today but whole year through  
Because dear you're very important to me  
So I wish a happy birthday just for thee.

Seema Chowdhury

# Happy Birthday Irum

A birthday is a very special day  
that comes in with happiness in the way

And shows nice things for us to enjoy  
And teach us ways of fun and joy

I wish all your dreams of tomorrow  
Your happy memories of joy not sorrow

May all be given to you in the way  
To fill in happiness for your day.

Seema Chowdhury

# Happy Birthday Princess Sarah

What was it that I saw in you  
I still can't explain it clearly too  
But I know my heart when saw you dear  
Said that you're the princess of love and care

You were sent to us seven years ago  
Like a blooming flower that everyone adores  
That spread its fragrance as well as love  
Like blessings of Lord from heaven above

I never really knew the meanings of a bliss  
Till I saw you smiling in the lap of my sis  
And saw a message of hope in your eyes  
That keep me away from all pains and sighs

And now my princess its your birthday  
I wish I was there to share your day  
But now I'm far so only I can send  
Is the gift of my prayers to you till the end

And ask gracious Lord to always keep away  
Every little thing that makes you feel gray  
And marks your life for a brighter spring  
For all the joy for others you bring.

Seema Chowdhury

# Happy Birthday Rashid Bhai

May happiness be given to you  
As today's gift and tomorrow's too  
Because that is what you really deserve  
For living happily with joys curve  
I wish you to live in such a ground  
Where abundance of love is found  
Where you are given family and friends  
Whose kindness and care never ends  
I'm saying it all because dear Bro  
As a sis to you I surely do owe  
A wish for a nice and a joyous day  
Because Bro its your birthday today.

Happy Birthday rashid Bhai! ! !

Seema Chowdhury

# Happy Birthday Sadaf

I wish may you always feel  
Safe and sound in God's lap  
And may He fills with His gift  
Of love and care in the gap  
And may rosey be the path  
Where you intend to walk  
And may flowers roll down  
Whenever my dear you talk  
And I wish you the world of care  
And god's blessings in the way  
And hope you get them all  
As today is your special day.

Happy Birthday Sis

Seema Chowdhury

# Happy Birthday Samia

May the years ahead of you  
Brings you happiness all true

And may all in coming days  
Be filled with joy to brighten the ways

I wish may your birthday dear  
Be best to show you the care

And may it brings you the love  
That's God's sent gift of heaven above.

Seema Chowdhury

# Happy Birthday Shakeel Bhai

I wish you luck joy and more  
For your special day on April twent four  
For birthday is really a special day  
That comes once in one year's way

I wish brother more words can tell  
How much in the place where you dwell  
I pray to see happiness breeze sway  
And take you close to the fain door way

For you were bestowed with God's huge bliss  
Of affection that surely many others miss  
As you were sent as the messenger of hope  
To show others light and help them to cope

And I pleas and wish and pray to God  
May on you he bestow his reward  
And send joyous spring in your way  
As his everlasting gift for your special day.

Seema Chowdhury

# Happy Birthday Sister

Don't stand quietly to wait for your turn  
For life is a journey through river of no return

Where time moves on like clouds on the sky  
And shows you miracles as it quickly passes by

So grab all happiness that comes in your way  
And know they were sent for you for today

As stars on the sky and waves in the sea  
All know its your day so you feel free

And spend every moment with lots of love  
And know it was sent to you from above

Because today is the day when you were bestowed  
With magnitizing attributes and much you know

And after that you were sent at our door  
As a symbol of love, luck and more

So today dear sis we are proud to say  
Happy Birthday sweet heart as it is your day.

Happy Birthday Sumbul Apa! ! !

Seema Chowdhury



# Happy Birthday Sweet Ami

A magical touch that I felt  
In your warmth and affection's belt  
Taught me the lesson of life  
That don't just exist, try to survive

I love you very much in my heart  
For you always show me a brighter start  
And you're the one on whom I lean  
Whenever I'm stuck in trouble's unseen

I love you mom and I always wish  
That may God's strong string of bliss  
Falls upon you and in your way  
And bring happiness for you each day

And because today is special for you  
So I wish you a world of sunshine hue  
And hope when this day is through  
It leaves behind a treasure of memories for you.

Seema Chowdhury

# Happy Birthday Sweet Friend

A friend who is very special and nice  
A friend who is very caring and wise  
A friend who knows how in her style  
To bring me a gift of a precious smile

These are the words that best describe you  
And also my feelings that are true  
Because all your ways and acts  
Shows your love and that is a fact

So I wish dear friend may each day  
That seems very special for you today  
May bring you joy, happiness and fun  
And leaves you in fain when this day is done

For very few people who live on God's earth  
Follow God's rules that is worth  
And I think you're certainly one of them  
Who smooth lif'es sldges with joy's hem

And I really hope may you find  
Friends who are more caring and kind  
Who send their wishes in a fainly way  
And care very much for your special day.

Seema Chowdhury

# Happy Birthday Sweet Samia

Wish you another year  
Full of joy, cheer and mirth  
For you sweet baby doll  
Bring happiness to the earth

With a sweet smile of love  
And a heart full of cheer  
May you spread joy  
In all that you do and share

For you are like a flower  
That spreads its fragrance all around  
And fill this world with  
Brightness on the ground

I wish all your dreams  
Come alive and be true  
And whatever may you wish today  
May be granted by God's love hue

For you are a perfect angel  
That brightens the world with a smile  
And enrich the life of others  
All around and all for a while

Happy 15th Birthday Sweetie.  
Mama Loves You very Much.

Seema Chowdhury

# Happy Birthday To Magical Mom

In all my tears  
In all my cheers  
In all my gains  
And my losses fear  
You were there  
To bring me cheer  
My magical mom dear  
You showed you cared

In all my pains  
And all my fains  
In all my hurts  
And situations curt  
You held me close  
In your arms  
And put magical love  
And your motherly balm

I have no words  
To tell you today  
What you mean to me  
In my life's way  
But all I can wish  
And pray from God  
Is to make me just like you  
For that'll be the greatest reward

The reward of all your  
Hard work, love and care  
That made me today  
What you wished and prayed  
And hope like always  
You'll shine to brighten my life  
And will warm with your love  
My whole life's drive.

happy Birthday Ma



# Happy Birthday Uzair

Sweet uzair today you're turning three  
I wish may your life be always free  
From the roads which leads to pace  
Where trouble or any pain's trace

is present to block your view  
Of life taht is bright and true  
Sweet Uzair I wish, really wish  
May on you God's love and bliss

Always fall like heavy rain  
That washes away the clouds of pain  
And today because you're turning three  
I wish may you always see

A life filled with joy to share  
By all loved ones who really care  
Who sincerely wish just for you  
A life full of happiness that is true.

Seema Chowdhury

# Happy Blessings Of Life

Tomorrow is another day  
Sing, chant and dance in the way  
Nourish your soul and stay away  
From negative words and thoughts today

Your life can change forever you know  
Just learn to play with faith's dough  
And acknowledge your feelings and don't feel low  
Tie on life's gift a beautiful bow

Cleanse your soul and live in it  
For life is a miraculous and a beautiful kit  
That you must learn to live in bits  
And to let go negative just quietly sit

Absorb the emotions and colors of life  
Where happiness endlessly survive  
Then you'll learn to enjoy this drive  
And understand the hidden meanings of life

Just follow your path courageously my dear  
Look for peace, hope and cheer  
And sing, chant and dance with care  
And know happy blessings will fill life's layers.

Seema Chowdhury

# Happy Days

The sky is clear  
And fresh is the air  
Where no cloud  
Or trouble's doubt  
Seems to appear  
So my dear  
Just be glad  
And no more sad  
As happy days are here  
That are full of cheer  
So look with joy  
At future and enjoy  
And look at the sky  
That is standing high  
With no pain's cloud  
Or trouble's doubt  
As happy days are here  
That are full of cheer.

Seema Chowdhury



# Happy Days Are Here Again

Happy days are here again  
Let's see what we can gain  
And what shall we do in life  
If we want to brightly survive  
So first rule that we must adopt  
Is to know bitter things we must drop  
To purify our life from it  
And fill with joy its every bit  
And another thing that we must do  
Is to look at things that're true  
That contain in it nice things to show  
Like the colours of the pretty rainbow  
And all we have to do to try  
Is to stop our tears 'n cease our cry  
And then we'll see what we can gain  
For happy days are here once again.

Seema Chowdhury

Seema Chowdhury

# Happy Father's Day

Holding my hands  
You taught me to walk  
Teaching me to say  
Sweet little words and talk

Kissing my hurts  
To make them better  
And writing me encouraging  
And loving letters

You did all this  
My sweet dad dear  
And showed your love  
And you showed your care

In each and every day  
of this wonderful life  
In which I'm today  
Very happy to survive

I don't have words  
To thank you for this  
For every kind word  
And deed of bliss

Except for praying to God  
To shower His love  
On you and us all  
From His heaven above

And make very special  
Today this Father's Day  
And fill in it all fun  
In many different ways.

Seema Chowdhury

# Happy Father's Day 1992

Four small words taht describes someone  
Whom we all love and with whom we'd have fun

Are love, kindness, sweet and wise  
And all these qualities made him nice

He was the one who taught us to talk  
And held our hands when we learned to walk

And he was the one who brough us hope  
Whenever he saw us down, sad or mope

So if wer gather these qualities in one place  
The prominent thing that appears is one face

And surely that can be no one but dad  
Who always tries his best to make us glad

So even if we want we can never repay  
His love and his kindness to him today

But one thing that we can do in our way  
Is to kiss him, then wish him a Happy Father's day! !

Seema Chowdhury

# Happy Mother's Day

Someone who brings you into life  
And provides you things you need to survive  
And stay with you all along your life  
And takes tons of pain so you can survive  
Can surely be no one but your mom  
Who tells you what is right and wrong

She bares all the hardship and pain  
And she does it all happily and with fain  
So her kids can live without grief and pain  
And can lead a life with their wish and fain  
And no one can do that but your mom  
Who tells you what is right and wrong

So that's why mom is someone very precious  
Who was sent as a gift from Lord gracious  
With lots of qualities that're rare and precious  
And show that God is merciful and gracious  
And no one can have all that but your mom  
Who tells you what is right and wrong

And one thing is that when you need a smile  
She'll be the first one to bring it for a while  
And will try her best just to see your smile  
That'll brighten your day for a while  
And no one can do that but your mom  
Who tell you what is right and wrong

So take this opportunity and tell her today  
And say it simply in your own way  
So greet her, kiss her then tell today  
A very happy Mother's Day in your own way  
Because no one else can act as your mom  
Who tells you what is right and wrong.

Seema Chowdhury

# Happy New Year 1992

Today is the last day of the year  
It means the start of a whole new year  
I want to be with whom I care  
And all who were nice throughout the year

Today I want my dad with me  
Who always share my smiles with me  
I want my dad to come and see  
I got everything he wished for me

Today is the last day of the year  
It means the start of a whole new year  
There are few things I want to share  
Good times and memories of the new year

Today I want my mom with me  
Who always share my cries with me  
I want my mom to come and see  
I got everything shw wished for me

Today is the last day of the year  
It means the start of a whole new year  
I want to say something my dear  
I want to wish A Happy New Year.

Seema Chowdhury

# Happy New Year 1997

New year is a time  
When in life's rhyme  
It gives all a chance  
Just once in advance  
To make some plans nice  
And think it over twice  
And hope for all the best  
In all life's coming test  
So do it now dear  
And with love and care  
Greet each day of it  
With the pleasure's kit  
And be happy today  
As new year is on its way.

Seema Chowdhury

# Happy New Year 1998

Tonight is the night of thirty first  
And last day of the year  
So it is the time to count now  
All your smiles and tears  
And all things that you gained  
Or in this world's race lost  
For life goes on and on  
And you've to pay the cost  
So come on dear and count  
All your blessings of God  
And the times when you were  
Stuck in bad or odd  
And then see your total gain  
That you gained in this year  
Because I'm sure that  
Your smiles will be more than tears  
Because God Almighty is great  
And he cares and loves us all  
And always save us dear  
From the painful falls  
So celebrate your year now  
And begin it with lots of gain  
And forget all your year's losses  
And be thankful for the gains.

Seema Chowdhury

# Happy New Year Sunny

I am very glad today  
I am happy in every way  
And with happiness like this  
I'm counting all my bliss  
That God bestowed on me  
Like Samia and dear thee  
I'm lucky for I have you  
To share all my life's dew  
And even when I'm sad  
And nothing seems glad  
I know i can talk  
or with you I can walk  
And you will take me dear  
Again on the path of cheer  
And because you're special so  
I think to you I owe  
A wish for a Happy New Year  
That's filled with joys and cheer.

Seema Chowdhury



# Happy Thoughts

Let happy thoughts to enter your life  
And give it a way to brightly survive  
For thoughts are the food on which grow  
Happy memories that always show  
Better and brighter road of life  
On which we can faintly drive  
To cover up the path with joy  
And seek more ways to happily enjoy  
The hard 'n bitter realities of life  
With which we're bound to survive  
So always try to greet with smile  
Pleasures to make life worthwhile  
And let happy thoughts to enter your life  
And give it a way to brightly survive.

Seema Chowdhury

Seema Chowdhury

# Happy Valentined Day 2009

You are always close to my heart  
No matter wherever you are  
Your lovely smile is a sunbeam  
That brightens my world from afar

And tell me what I wish to know  
And hope to see your smile  
And fill my life's road with love  
And care all for a while

You may be away from me now  
You're far very far dear  
But with the act of your kindness  
And your loving thoughts, bring cheer

I hope and wish you all the joy  
All happiness and all gains  
To bring in hope and success dear  
And fill your life once again

With its charm and its bliss  
That's sent by God with love  
Who knows what we want in life  
And that's why sent them from above

And on this very special day  
I wish and hope you see  
All the beauties this world can hold  
And offers you joyfully to be

Yours and yours loved ones dear  
And that's my wish for afar  
Because you're close to me heart  
No matter wherever you are.

Happy Valentine's Day Sunny! ! !

Seema Chowdhury

# Happy Valentine's Day

May Lord who filled your lovely heart  
With so much care and warmth to start  
Another's life with kindness and love  
To bring down all bliss from above

Enrich with joy your life dear  
And always keep you with peace and cheer  
And send his love and his bliss  
With many hugs and his kiss

For its such a pleasure to think of you  
And days taht were spent with you  
For you gave a brighter touch to my life  
And showed me new ways to survive

And today I want to wish you well  
And long for joy in the place you dwell  
And wish that all your good deeds  
May remove from life thorns and weeds

And spread fun and smile all around  
On all God's skies and his ground  
Because you were sent to give an uplift  
To this world as God's precious gift.

Seema Chowdhury

# Happy Valentine's Day 2009

You are always close to my heart  
No matter wherever you are  
Your lovely smile is a sunbeam  
That brightens my world from afar

And tell me what I wish to know  
And hope to see your smile  
And fill my life's road with love  
And care all for a while

You may be away from me now  
You're far very far dear  
But with the act of your kindness  
And your loving thoughts, bring cheer

I hope and wish you all the joy  
All happiness and all gains  
To bring in hope and success dear  
And fill your life once again

With its charm and its bliss  
That's sent by God with love  
Who knows what we want in life  
And that's why sent them from above

And on this very special day  
I wish and hope you see  
All the beauties this world can hold  
And offers you joyfully to be

Yours and your loved ones dear  
And that's my wish from afar  
Because you're close to my heart  
No matter wherever you are.

Happy Valentine's Day Sunny! ! !

Seema Chowdhury

# Happy Valentine's Day Dear Sunny

You are the reason  
Why I want to survive  
Because my dear  
You are my life

Who has covered  
With all his care  
All dull phases  
With smiles out of tears

I really very much  
Love you today  
And sincerely wish  
If I can repay

Your gift of love  
That has filled my life  
With brightness and fain  
In it that survive.

Seema Chowdhury

# Happy Valentine's Day Friend

God gave you such a caring heart  
That loves a lot and from their impart  
The gift of kindness, sweetness and joy  
For all others so they can enjoy

And you're dear a brighter source  
Who encourage others and then force  
All who are around you to smile  
And lift others load for a while

And you teach them a lesson of hope  
And burn for them a light to cope  
And give them courage to joyfully survive  
Even in the hard crust of life

So for you my dear, my love, sweet heart  
I wish tons of joy impart  
Which emits the ray of hope that's true  
And wish a Happy Valentine's Day to you.

Seema Chowdhury

# Happy Valentine's Day Sunny

May your life be blessed with love  
May you find happiness curve  
May you always find peace's dove  
Flying upon your life above  
May bright sun shines upon you  
May it shows you a brighter view  
May all wishes that I have for you  
Turns out to be fair and true  
For you my ear, my sweetheart  
Are a very important part  
Of my life and love's mart  
Where I'm waiting for you with a heart  
And today is Valentine's day dear  
I hope may God takes good care  
Of our lives, love and cheer  
And bestow love's rain on us my dear.

Seema Chowdhury

# Happy Wishes For Your Birthday

Thinking of you is a nice thing to do  
For you're a person who is special too

Whose smile brings cheerful sunshine  
And spread all over like love's wine

I wish you luck and much more joy  
Where nothing bad comes ever to destroy

Your memories of your special day  
That is extra special in every way

Dear si for you I always wish  
May bucket of sunshine of God's bliss

Always falls upon you in your way  
And join you in for your special day.

Seema Chowdhury



# Happy Years

May years ahead of you  
Show you bright view  
May love keep you true  
Very warm and new  
Where love fills the eye  
And affection ranks high  
Where bonding brings joy  
Forever so you can enjoy  
And I hope for you my dear  
May dreams be true and fair  
So you can always gather  
Happy years of life together.

Seema Chowdhury

# Hard Ball

When life throws a hard ball  
Then don't be scared to call  
The joy and happiness and smile  
And pleasure's fain for a while  
For in life's dream also survive  
The roses of happiness drive  
So when stormy crossings come  
Then at them try to sum  
All your courage and hope  
So you can easily cope  
With moments of sorrow  
That makes joy's path very narrow  
For hope helps to catch hard ball  
That is thrown in life's hall  
Towards all, my dear friend  
Till life fades and comes to an end.

Seema Chowdhury

# Hard Moments

I desire for solitude  
Because  
I wish to make  
Priceless memories  
And  
want to avail  
A unique opportunity  
To  
Find unanswered questions  
Through  
The unfolding of events  
At  
This hard moment.....

Seema Chowdhury

# Hard Shell Of Life

Under a hard shell  
No one can ever tell  
What will be present dear  
In each of life's layer  
For life is very hard  
And a prewritten card  
Where joys are less  
And more are trouble's mess  
That comes along our way  
To dull our life's days  
So don't expect too much  
Or believe in life as such  
Or else you will be left alone  
To dropp tears of sigh and mourn.

Seema Chowdhury

Seema Chowdhury

# Hard Test

Life is a game of tricks  
That melts so be quick  
And learn with fun to lick  
Joys from this heavy brick  
And know that in life's show  
It's hard for all you know  
To get all what is best  
For it is a hard test  
So learn to compromise dear  
And know that it is fair  
To get both pleasure and pain  
And parts of sunshine and rain.

Seema Chowdhury

# Harsh Words

When pain become  
Your constant companion  
then  
Only few words are required  
To cry and taste your own tears  
Till  
The pain goes away  
And  
Get lost forever  
In  
The fountain of time....

Seema Chowdhury

# Hasten Process

Living is  
A hasten process  
Where  
I'm running out of time  
To  
Work out something  
To  
Create my world  
With  
my own color  
And my  
own pleasure.....

Seema Chowdhury

# Have A Lovely Day

Let our visions lead the way  
Let us enjoy each new day

let us have some more fun  
Before this day is over and done

For there is no limit for us to enjoy  
We can have moments of fun and joy

Because life's grass is still pretty green  
And there are many things unseen

There are new promises and adventures gathered  
Which are waiting to be fulfilled all together

But to enjoy each moment of a lovely day  
We must let our vision to lead our way.

Seema Chowdhury



# Have Courage

Have courage to bear  
Good and bad dear  
And learn to survive  
Bright and dull days of life  
For these are all  
Whether big or small  
Part of our days  
In so many ways  
So never feel down  
Or ever mourn  
But have courage to bear  
All good 'n bad my dear.

Seema Chowdhury

Seema Chowdhury

# Have Faith And Be Strong

Drive away to a brand new day  
Don't give in to your fear today  
Be the beacon of hope and stay strong  
Just have firm faith and sing along

Take some time out to sort your life  
Ask Gracious God's help to drive  
The car of your life to run your day  
To fulfill tender dreams in every way

Be aware of your limitations and pain  
But don't break down or fail to cope again  
Let go of your past that you can't change  
And try once more to bravely rearrange

Pieces of your life with pleasure and gain  
And protect yourself from fear of pain  
Just begin to live with peace and enjoy  
And don't deny yourself access to joy

Clear your head and put your soul and heart  
So once again you can confidently start  
To paint your life with rainbow delight  
And absorb sunbeams with faith and light.

Seema Chowdhury

# Have Fun

Enjoy each moment and have some fun  
Play and smile under the burning sun  
And see things spread out in life  
And enjoy the beauties that do survive

For life's days may be short or long  
So walk in happily and sing a song  
That usually the beginning of all  
Things are troublesome and small

So don't you ever lose your hope  
Or sit back just to quietly mope  
Because God ealks beside them  
Who know how to with prayers hem

Move on and have faith in God  
That God is our only creator and Lord  
And then pass each day with fun  
And enjoy even under the burning sun

Seema Chowdhury

# Have Zest For Life

Have zest for life  
Find new ways to survive  
And know either big or small  
With luck you can have it all  
Just have magical dream true  
And know that its right for you  
That joys are like waves  
That comes from heart's cave  
And believe in yourself 'n trust  
That life is a magical dust  
That flies all over you  
And spread happiness all true  
And know either big or small  
With luck you can have it all  
So have new zest for life  
And find ways to survive.

Seema Chowdhury

Seema Chowdhury

# Hazards Of Living

Living is not an easy task

For

There are many

Hazards

And

Barriers

Of

Adversity

Broken fortunes

Evil days

And

Hard trials.....

Seema Chowdhury

# Hazy Skyline Part 1

As the weary sun is setting off  
On the fatigue horizon  
I am sitting here and gazing  
At the hazy skyline  
That is about to disappear  
Behind the dark clouds of night  
Where life isn't always perfect  
Or shows what I want  
Where everyday is a struggle  
And the whispering voices in my heart  
Tell me about the closed door  
And the numerous unanswered queries  
In my darkest moments  
Where my dreams are beyond my reach  
And I feel locked and chained to the past  
That brings aches and pain  
And it doesn't let me move forward  
And as this day ends here  
I hope and wish this sadness to cease  
So I can break this vicious cycle  
To come out as a winner  
To live the change that I wish to see...

Seema Chowdhury

# He Is The King

No one is perfect except for the God  
He is our only creator and the Lord  
For we're the servants 'n he's the king  
Who has bound us in this world's ring  
Which brings his heaven and his earth  
Close together to bring us mirth  
For no one else but only god can  
Make the schemes to be followed by a man  
With the help of which we can survive  
And learn to live in this real life  
And face all its troubles and pains  
With a charming 'n faithful smile of fain.

Seema Chowdhury

Seema Chowdhury

# Heal Your Pain

Heal your pain with a smile  
A carefree smile for a while  
And learn to live a wonderful life  
Where everywhere sincerity survive  
For the maze of life is not so bad  
Because also come things that're glad  
So find those dots on which to walk  
And learn with peace easily talk  
And make for yourself a way  
And live joyfully in each day  
By healing your wounds with a smile  
A carefree smile for a while.

Seema Chowdhury

Seema Chowdhury



# Heal Your Wounds

Heal your wounds with a smile  
And use this balm for a while  
Specially when you're stuck in a trial  
And see no way out in a dial  
For no one else my dear friend  
Can help you or can set a trend  
And try ever to try to mend  
The roads of joy that're bent  
It's just that when you try on your own  
And look forward for such a zone  
That can clear away the stone  
Of pain 'n trouble that're all known  
Then only you'll learn to dial  
The number of joy in a trial  
And heal your wounds with a smile  
And use this balm for a while.

Seema Chowdhury

Seema Chowdhury

# Healing Art

Learn more about the healing art  
Like sympathy and care and kindness of heart  
Because that is what makes you calm  
And work just like the healing balm  
And help in healing your wounds and pain  
That you feel due to the absence of fain  
Because paths of joy are really very few  
That color your life with lively hue  
So try to remember and keep this in mind  
If you want others to be sincere and kind  
Then learn more about the healing art  
Like sympathy and care and kindness of heart.

Seema Chowdhury

# Healing Prayers

prayer is the healing  
of a broken heart  
That gives you courage  
To once again start

To walk firmly  
On the road  
And with courage  
Share your load

So pray a lot  
When you feel blue  
And believe taht surely  
God cares for you.

Seema Chowdhury

# Healing Thoughts

Healing thoughts and healing words  
Help when we're passing through hurt  
And work just like a soothing balm  
That make us peaceful and calm

It may sound wierd, but that's true  
Whenever we're passing through  
Trouble, agony, distress and pain  
We desperately wish a view of fain

So at that moment if some one shows  
Even a glimpse of thoughtful bow  
We love and also appreciate it  
For it holds value in every bit

So remember this and keep in mind  
Things and words that're soothing and kind  
Always help in the period of hurt  
And work like healing thoughts and words.

Seema Chowdhury

# Healing Touch Of God

Whisper your pain  
In the ears of God  
And show Him  
All your wounds  
And let Him repair  
What is broken  
And let Him mend  
Your heart  
Your mind  
And  
Your soul  
Through the gift of  
Hope  
Comfort  
And  
Trust  
And let Him add  
Meanings to your life  
And Uplift your soul  
With  
The healing touch of God.....

Seema Chowdhury

# Healthy Outlook Of Life

Ups and downs of the life  
Exists everywhere and do survive  
So have a positive out look  
And search for joy in every nook  
For heart's true happiness my dear  
Can only be gained if you're fair  
And you blend your tears with your fain  
And think of them as your gain  
Because healthy out look of life  
Can only exist and only survive  
If you'll learn how to keep up the hope  
And never ever fall in the sea of mope.

Seema Chowdhury

Seema Chowdhury

# Hear God Speaking

Hear God speaking  
In the bottom of your heart  
And from there  
His joy will impart  
So you can feel  
Once again fine  
To run in this life  
And stand in the line  
In the line of  
Care, hope and love  
As these are precious gifts  
Of God's heaven above.

Seema Chowdhury

# Hear The Opportunity Knock

Opportunity will not knock twice on your door  
So always keep on seeking for some more  
Because a wise man surely makes it than he finds  
So always stay alery and keep this in your mind

And try to remember one thing dear friend  
Never let the road of opportunity ever end  
Because in the middle of trouble always lie  
The big way to success so don't you ever sigh

And always make hay while the sun shines  
Because that time is all yours and mines  
So try to grab and seek out a way  
Which clearly leads you to where happiness sway

And remember one more hting about it my dear  
That an hour in everyone's life is fixed for cheer  
So don't ever let it go all in vain  
Or else you'll be left alone to cry in rain

And there opportunity will not come to knock th edoor  
So always keep on seeking for some more  
Because a wise man surely nakes it than he find  
So always stay alert and keep this in mind.

Seema Chowdhury



# Hear Your Soul's Whisper

Hear your soul's whisper  
And live your Unlived life  
Don't let your dream fade  
Keep your passion alive

Face challenges head on  
And find your inspiration dear  
Unplug from a busy day  
To create your joy and cheer

Let your dreams stir emotions  
And take you deep inside heart  
Let life's challenges and plans  
Show you an exciting start

So learn to follow them dear  
And throw away piles of stress  
Because life is passing you by  
So don't sit, mope or be depress

Opt to live your life fully  
And hear the whisper of your soul  
So you can keep passion alive  
And wipe away sadness and dole.

Seema Chowdhury

# Hear Your Thoughts Clearly

Life is about choices  
So grip the steering wheel of life  
To hear your thoughts clearly

Do not shy away  
Turn your face to the road  
And know that today is the big day  
So explore more  
And if you reach a crucial turning point  
Then stop for a moment to make a wish  
And hope that life is about to change....

And remember that sometime  
The beginning is dicey  
But afterwards life settles down  
So do not get caught  
In the avalanche of conflicting emotions

There are many doors of opportunity  
Knock on one after another  
And rise up to meet the challenge  
And figure out life as you go along  
Without fear or remorse

Just grip the steering wheel of life  
And hear your thoughts clearly.....

Seema Chowdhury

# Heart Break

Knock on the door of God  
And ask Him to bestow  
His love, his care and bliss  
And the gift of pleasure's bow

And talk to Him in heart break  
And tell what's bothering you  
And do it in a way my dear  
That's full of sincerity true

And knock on the door of God  
And ask Him to give His shade  
His shade of love and care  
That is the kindest aid

And tell him that He's the one  
On whom you put your faith  
Because He's the gracious God  
Whose love feels fair and great.

Seema Chowdhury

## Heart Felt Wishes

May happiness be friends with you  
And that's my heart felt wish for you  
So each new day that may start  
Show you ways for joy to impart  
I wish may your dreams come true  
And give you joy all that is new  
And may each ray of bright sunshine  
Spread happiness for thee in line  
And I hope for you my dear sis  
May on you fall God's bliss  
Where love can always keep you  
Passionate with its warmth all true.

Seema Chowdhury

# Heavenly Light And Peace

Your smile was warm and your love was all pure  
You made us smile and you were our tears cure

You sincerely guarded us and always gave us advice  
You nourished our soul and you were smart and wise

You always prayed for our success every night and day  
You removed our troubles, losses and pain from the way

You mean so much to us and we love you dearly Dad  
We miss your tender love and everything special we had

May God keep you safe and place you high in heaven above  
Because you deserve the best and tons of God's care and love

We are sad that you are gone but we know for us you still care  
And in our hearts we hold special place for you loving Dad dear

And we pray that may your soul rest in peace and shine bright  
And may your good deeds bring you serene and heavenly light.

\*\*\*Written on the 5th Death Anniversary of my beloved Dad\*\*\*

'The only thing better than having you as my Dad,  
Is my children having you as a Grandpa'

Seema Chowdhury

# Heaven's Street

I want to walk  
A peaceful walk  
And want to smile  
A joyful smile

I wish to see  
The sunshine light  
And all the stars  
Twinkling bright

I pray from Almighty God  
And hope to see it all dear  
To forgive and forget all my sins  
And take away all my fears

And let me enter peacefully  
And accept it all as my treat  
And bless me with the gift my God  
To enter in the heaven's street.

Seema Chowdhury

# Help Others To Shine

If life seems hard for you  
Then show its brighter view  
To someone else my dear  
And try to be honest and fair

It's not that always in life  
You get everything to survive  
So in such a time you must  
Build someone else hard crust

It may seem hard right now  
And you must think dear how  
But if you try you can show  
Others the way dear so

Remember what you have to do  
Is to show life's brighter view  
And give others to drink joy's wine  
And help them to faintly shine.

Seema Chowdhury

# Here Comes The Spring

Joy that comes with each passing spring  
Is free for all for both begger or a king

For the spring is a gift of God  
That he has given to all as reward

For spring is when flowers bloom  
And are ready to take away gloom

And it is when birds start to sing  
To tell all that here comes the Spring

So enjoy this gift and thank your Lord  
Who gave you the part of blessing's rod

And showed you so much joy in the way  
That made pleasurable your whole life's day.

Seema Chowdhury

Seema Chowdhury



# Hidden In Darkness

With your heart's candle  
try to lighten up  
The dull paths  
And  
The Gloomy ways  
And  
bring joy's shine  
to the pavement  
That is lying  
Hidden in darkness.....

For life is too short  
And too bitter  
But may be  
A dropp of kindness  
Or a color of your Love  
Can make it sweet  
And bright  
For someone else.....

Seema Chowdhury

# Hidden In The Shadow

The past memories  
of my precious life  
Is all  
Hidden  
In the shadow  
Of  
Loneliness  
And  
Depression...

I wish to leave  
This all  
And go far  
Where only  
Peace  
And serenity  
Prevails.....

Seema Chowdhury

# Hidden Smile

Don't be sad, don't feel glum  
For life is an equation and a sum  
That everyone has to dot  
In this life's unconstructed plot  
Where deserts and the glens  
Are present in for the men  
Where we can bring to life  
The hidden smile that here survive  
That brings joy to us all  
And save us from a hurtful fall  
So don't feel blue or even cross  
When you come across a loss  
For loss and gain both has a link  
And mix together to make life's drink  
That we all have to try  
In this life of smile and cry  
To learn to here happily survive  
And bring back hidden smile alive.

Seema Chowdhury

# Hidden Treasure

Find ways to be happy  
In each day of your life  
And learn in it dear  
To brightly here survive  
For life is really  
A very tough test  
Where you cannot get  
Every time only best  
So search for the ways  
In your life dear  
To find a happy path  
To walk on it with care  
And gather from there  
All smiles funs and pleasures  
As these are god's gift  
Present like hidden treasure.

Seema Chowdhury

Seema Chowdhury

# Hide From Sorrows

I Wish if I can get  
Just a tiny path that's set  
That is free of pain and sorrow  
And hope for the bright tomorrow

But I know its very hard  
For life's a pre-written card  
Where troubles come roaming around  
To spread agony on the ground

I wish and hope to see  
A bright morn waiting for me  
Where I can hide from sorrow  
And wish to see a bright tomorrow

That's full of joy and smiles  
And is free of trouble's trials  
Where I can joyfully survive  
And call it a perfect life.

Seema Chowdhury

# High Hopes

Nice things do come to all  
So don't feel down or small  
If troubles block your view  
And show you agony's wall  
I hope for you the best  
Because you deserve it dear  
For you are a friend of mine  
For whom I really care  
So don't let ever fall  
Even a dropp of tear  
Just hang with high hopes  
And look for the best and cheer.

Seema Chowdhury

# Highlight Of Life's Trip

In life's trip  
I saw a morrow  
Made up of  
Joys and sorrows  
Where also appeared  
A dark dawn  
Followed by  
A bright morn  
Where hope was present  
To share my day  
And memories of mine  
Throughout my way  
This is life  
With its ups and downs  
Where we must learn  
To wear this living crown.

Seema Chowdhury

# Highs And Lows

High and low in the way  
Comes in everyone's day  
So don't feel bad or ever blue  
When life shows you dull view  
Just know that it's only a phase  
That'll go and leave no trace  
And then soon will come the day  
When happiness will be in the way  
So learn to handle life's bows  
By getting familiar with highs and lows  
And know it is just a phase  
That will go and will leave no trace.

Seema Chowdhury



# Hill Of Wisdom

Under the sky and over the vales  
Within the waves and above the dales  
What I saw there written in between  
Was a precious and a rare scene

That showed and also taught me dear  
That in life's trouble that is not rare  
Everyone has to find out a way  
To be strong and with them to stay

It was 'when you're discouraged and blue  
There is one door oen for you  
And that is the door for prayers  
And you'll find God waiting for you'

And when dear I read it all  
I felt suddenly as if in life's hall  
I found a precious treasure to fill  
The way of my life with wisdom's hill.

Seema Chowdhury

# His Wisdom

His wisdom knows what and why  
Of everything so don't cry  
And never think why we were sent  
To this world of trouble's bent  
For God is the supreme power  
Who is the strengthen tower  
Who knows answer of every why  
That we wish to know in reply  
So never feel inside bad  
Or tired of trouble's sad  
Just keep on thanking Him for all  
Life's blessings whether big or small.

Seema Chowdhury

# Hit The Road

Hit the road with courage and hope  
And learn more ways in life to cope

For weaks not but only brave survive  
In this hard and tough days of life

For pleasure and joy, sorrow and pain  
All come unexpected like the rain

And make you feel down or blue  
And sometimes as bright as the rainbow hue

So pick being happy and enjoy your day  
With all life's fun on all possible ways

And learn more waya with life to cope  
And the road with courage and hope.

Seema Chowdhury

# Hollow Wounds

If you think words fail to express  
What is making you feel depress  
Then look back to the prayer's gate  
For it is never ever too late  
To return to your gracious God  
And ask His help In the odd  
Because when hollow wounds dear  
Comes onto take away cheer  
Then everything seems like a thing of past  
So just don't despair or cry  
But with courage once more try  
And get rid of your wounds and pain  
That is taking away life's fain.

Seema Chowdhury

# Holy Bond Of Friendship

Friendship is a holy bond  
That makes us what we are  
It is an amazing feeling of bliss  
That makes us twinkle like a star

Where love, care, laugh and smile  
Fill our moments each day  
And makes other feel special  
Comes in everyone's way

Friendship is a very special gift  
And a bliss of heaven above  
Where we feel like an angel  
Was especially sent with love

To make us feel special  
And wipe our falling tears  
And give us big hugs  
To make us feel cared

Friendship is a holy bond  
That fill our lives with smiles  
And bring sunshine in the way  
To brighten life's days for miles

Where love ties our hearts  
And care builds the stairs  
Which leads to hope and faith  
And show life is good and fair

And that is a special moment  
When a beautiful friendship is born  
That fill life's garden with fragrance  
And brighten all our morns

And assures us that we are never alone  
As a true friend is always there  
To uplift our spirit and soul  
And hold hands with a tender care.

\*\*\* Happy Friendship Day Sunny  
You are a true blessing & a special friend\*\*\*

Seema Chowdhury

# Holy Stream Of Love

Love is that holy stream  
That emits kindness beam

And brighten everything  
And brings us the spring

For the joy that we get  
From this love; is set

Brightens our way  
And starts for us a day

Where nothing bad comes  
And only happiness sums

Is what we get in the end  
From the love's stream that's bent.

Seema Chowdhury

# Home Of Love

Make your home  
Like heaven above  
That's a house full of  
Laughter and love  
Where everyone can  
Stay with pleasure  
And collect for them  
The hours of leisure  
And decorate it  
With joys and smiles  
That help to spread  
Happiness for miles  
And bring in peace  
And invite it to stay  
So everyone can  
With fain say  
This is my home  
Like heaven above  
Because it is filled  
With laughter and love.

Seema Chowdhury



# Home Sweet Home

Rejoice in the gifts of love and life  
For that is where bliss survive  
And know that on this god's ground  
Home is where love prevails all around  
So share your joys and feel others pain  
And try to swap it with a fain  
And know that loving deeds of care  
Will stand firmly through thousand years  
So enjoy this gift from heaven above  
And live in it with the gift of love.

Seema Chowdhury

Seema Chowdhury

# Honest Tears

Tears that fall on the earth  
Really holds for us the worth

For they help us to unload  
the burden of pain and its load

So its good to take it all out  
Without having any fears and doubt

Because after crying we feel good  
As all of our trouble's hood

Has been taken off my dear  
Through all our honest tears.

Seema Chowdhury

# Hope Awaits

Hope awaits my dear  
Don't give up so soon  
Just hang in there  
Till you see the noon

For God is our guide  
And He loves us all  
That's why He will never  
Let us forever fall

Just pray to Him dear  
And ask for His help today  
And mend your stairs of faith  
To walk with confidence on the way

Know that hope awaits  
So don't give up and try again  
For there is so much to see  
So learn from this and gain

For these ups and downs  
Stop by only for a while  
Don't let them stay for long  
In your life to cease your smile

Open your mind and heart  
And let hope in my dear  
And make it a part of your life  
With a strong belief, faith and cheer.

Seema Chowdhury

# Hope For The Best

Don't look at the day  
That is done  
Don't look for the  
Trouble's run  
But hope to see  
A day that's bright  
That can bring  
Joy to the sight  
For life is for  
A day or two  
Where are left  
Only days few  
So learn to see  
And hope for the best  
For each tomorrow  
In this life's test.

Seema Chowdhury

Seema Chowdhury

# Hope Is The Answer

Hope is the pillar on which dear  
This world is standing without a fear  
For it is the answer for an eye  
Which is holding tiny tears of sigh  
For hope is a treasure that is rare  
And shows to the needy the art of care  
So whenever someone comes to you  
With a gloomy thoughts that makes him blue  
Then be sure to swap his troubles and pain  
With a carefree smile of hope and fain  
For hope is the pillar on which dear  
This world is standing without a fear.

Seema Chowdhury

Seema Chowdhury

# Hopeful Prayers

The prayers that we say  
Infront of gracious God  
Goes up toward the sky  
where lives the loving Lord

Who listens to our prayers  
Then replies to us all  
And grant us from His side  
Blessings that're big and small

For He is our creator  
And thinks of us as His own  
And all our hopeful Prayers  
To Him are well known

And then soon all His blessings  
Desends from heaven above  
And show us the sweet glimpse of  
God's care and His love

Seema Chowdhury

# Hope's Crown

Get back up when you fall down  
Don't let mope to break hope's crown

Have some time by yourself to think  
But don't let hope's boat to ever sink

Carefully open the floodgates of your life  
There are memories in them those survive

Just fill your heart with love and care  
And share positive feelings with all dear

Calm yourself and remember good time  
Bring back to life and instill soothing rhyme

So you can feel God's presence all around  
And fill with inspiring words on Lord's ground

Search for answers but don't dig too deep  
Sometimes these answers only make you weep

So let go of all your hurt and endless pain  
Walk through the world with hope's cane

And just get back up when you fall down  
And don't let mope to break hope's crown

Seema Chowdhury

# Hope's Flake

When sky is gray  
In your way  
Then don't break  
Your hope's flake  
Just try to find  
In your mind  
A way to peace  
Where can cease  
The tears of thine  
Before it declines  
And know with hope  
You can cope  
And can cope  
And can bring  
And to you sing  
The song of joy  
That is a toy  
With which you play  
In life's way'  
That helps to make  
For you hope's flake.

Seema Chowdhury



# Hope's Sun

My hope's sun  
Has dipped below the horizon  
And  
Shadows of agony and distress  
Are gathering quickly  
Around me  
And  
My world of distant past.....

I really wish  
To come out of it  
For life is losing  
Its glory and charm  
And is pushing me towards  
The edge of life.....

Seema Chowdhury

# Hours Of Your Day

Make hours of your day  
Profitable in your way  
So each by gone year  
Can show you something dear  
To make you feel good  
Even in the trouble's hood  
And try to make your life  
A gift for others to survive  
So when you're forever gone  
You're remembered as a bright morn  
That appeared for all in the way  
To brighten everyone's day.

Seema Chowdhury

# House Of Tomorrow

When your life is grey with mist  
And it seems unclear and still  
When your thoughts are covered with  
Snow flakes that will kill  
Soft and gentle breeze  
Of hope that is kind  
And warm waves of joy  
That gives you peace of mind  
Then donot let tears drop  
And donot lose hope  
Hust think of life as a  
Tough and tight ropeThat you ahve to jump  
To overcome your life's sorrows  
And enter peacefully  
In the house of to, orrow  
Where you'll always find  
Season of laughter and love  
Where happiness will welcome  
The laughing bird Dove  
To take you to the path  
Where joy will have a say  
From bright dawn break  
Till the end of the day.

Seema Chowdhury

# How Dark The Moment Be

How dark the moment be  
Be sure that soon you will see

The first ray of bright sunshine  
To brighten the way of thee and mine

Just don't lose hope of ever cry  
Stick to courage and once more try

And then surely you will see  
Bright sunshine smiling on thee

But for that just remember this my dear  
That you have to banish all your fears

And have to look at the sky with smiles  
And hope for the rise of sunshine in any trial.

Seema Chowdhury

# How God Made A Woman

God made a woman  
with a lot of love  
And added in her  
Joy of heaven above

And gave her strength  
To endure all pain  
And carry the burden  
Of life's loss and gain

God gave her the gift  
Of joy and smile  
That she distributes  
To all in trial

And gave her the bliss  
And the power of cheer  
That she shares freely  
With all who fear

God gave her the wisdom  
To fight for her right  
And protect her children  
From unpleasing sights

And gave her compassionate  
And a soft heart  
From where the foundation  
Of kindness starts

And a woman is a special  
Gift of God dear  
Who he has created  
To bring in this world cheer.

Seema Chowdhury

# How God Made My Family

Take a few brothers and a few sis  
Mix them well with God's pure bliss  
Then add one dropp of sweetie mom  
And be sure that nothing seems wrong

Then add a pinch of dear dad  
To make sure all qualities he had  
Are mixed pretty well into love's pot  
With heaped spoons of kindness hot

Then spray joy in the pan to grease  
With few nephews and few nieces  
Whose recipe is very pure and sweet  
Just like a home made holiday treat

Then put it in the pan of love  
To bake in sincerity's oven above  
And then try hard to cook it well  
With lots of joy where you dwell

And then at last serve it hot  
In thanks and cheers smiling pot  
To everyone in the family with love  
Because that's what they all deserve.

Seema Chowdhury

# How I Wrote My First Poem

When I was alone and wanted to talk  
Then at my disposal the only stock  
Was the pieces of paper and my pen  
And all my thoughts which were scattered at then

And when all those things were gathered  
Then I was able to collect the scattered  
Feelings of all joy and sorrow  
Which sometimes widened and sometimes narrowed

The path on which i usually walked  
Hand in hand with my feelings and thoughts  
And knew at that time my only friend  
Which shared things that were cracked and bent

And was ready to listen to all I had to say  
In sad or may be in a fain way  
Was the precious paper and the pen  
Which collected my scattered thoughts at then.

Seema Chowdhury

## How Many? ? ?

How many hours  
In a day  
Do you spend  
In your way?  
And all the things  
You wish to do?  
And do you get  
A chance to see  
What you have gained  
Through the key?  
The key of time  
That keep on a go  
And one by one  
Places the show  
And then you have  
To leave it all  
And forever sleep  
In death's wall  
Without swapping joys  
For all your blues.

Seema Chowdhury



# How Moon Appeared

Behind the veil of clouds I saw  
Pretty moon hidden like a raw  
Diamond waiting to show us its  
Unique beauty hidden in bits

Where nice, soft and cool breeze  
Were seen passing by the flowers and trees  
And there not only hills but dales  
waited for the moon to appear in the vale

And all of a sudden in the middle of all  
Moon appeared in the shape of a ball  
And stood in the company of the stars  
And twinkles there bright even from far

And when all this was going on  
Sky appeared bright as if it was dawn  
Where all things were so quiet and calm  
That it added in its beauty and charm

And after watching this for a while I thought  
The pleasure which that sight had brought  
As for those few moments I felt I was lost  
Deep in the woods filled with frost.

Seema Chowdhury

# How We Can Win

Take a pan of hope  
Wash it with joy's soap  
And wear the effort's dress  
So soon you can make progress

Then buy a pinch of luck  
Without spending any of your buck  
And fill your whole life's flask  
With all your achievement's task

Then act with the spoon of work  
And don't think that you're a jerk  
Because this is how you can gain  
A place in the success lane

And last top it with good fortune  
So you'll see that pretty soon  
Your hard work will turn out well  
To spread joy in the place you dwell.

Seema Chowdhury

# Hue Of Happiness

A great day is what I wish  
Full of god's love and bliss  
Where god's care is surely found  
Spreading his joy on the ground  
I wish and hope just for you  
All nice things with the hue  
Of happiness covering it all  
Even if its just tiny and small.

Seema Chowdhury

Seema Chowdhury

# Hueless World

I wish I can pause my life here.....  
Right here  
And change  
Whatever I don't like  
Or wish....  
If only once I can  
Stop my life  
And make clouds  
Sing for me....  
Only once  
If I can  
Stop my life  
And cover quickly  
This distance  
That is between 'us' today  
Only once  
If I can  
fulfill my wishes  
And have you  
And your undivided attention  
and with all this  
Colour with happiness  
My hueless world.....

Seema Chowdhury

# Hues Of Pleasure

You have a special  
Place in ym heart  
I love you dear  
My love, sweetheart  
And hope that may  
Life be good to you  
And may all scenes  
That're shown to you  
Be filled with joy  
And happiness ray  
Where smiles also come  
To start your day  
And spread for you  
The hues of pleasure  
That you can store  
Forever as a treasure  
And claim it to be  
Yours in your way  
Not only now  
But throughout life's bay.

Seema Chowdhury

# Hurtful Fall

I winder silently among the clouds on the sky  
I winder silently among the cool breeze high

And see myself as a bird locked up in a cage  
Where life is moving fast showing stage by stage

Where nothing i can do as I'm in the prison  
Where nothing I can do for there is no joy's season

And there I feel stuck and trapped in it too  
And whatever now I'm saying is surely true

I wish sometimes if I can change it all  
And save myself from the on coming hurtful fall

And live in peace taking care my friend  
And wait for my life's inevitable end.

Seema Chowdhury

# Hushed Caring

Don't say anything  
Just be with me  
And surely i'll  
Get soon free  
From my troubles  
And my pains  
And will enter  
In the door of fain

Don't say anything  
Just be with me  
And surely I'll  
your love see  
That is warm  
And full of care  
And feels so much  
Nice to share

Don't say anything  
Just be with me  
And surely soon  
Nice smiles of thee  
Will fill my life  
With a caring touch  
That surely to me  
Means so much.

Love You Sunny

Seema Chowdhury

# Huzur, Welcome To Peace Village

It is a city of love and ever lasting peace  
Where all pain and suffering ultimately cease

It is a heavenly place that is built on earth  
That is a source of unending bliss and mirth

Where we feel God's benevolence and His love  
From the doors and gates of heaven above

We are honored Huzur, that you are here  
To spread God's love and His message with cheer

For your presence is a source of hope and light  
From which we can all benefit with delight

For you are a special messenger of God  
Who help us to recognize presence of dear Lord

And you show us the right path that comes along  
And that is where all ahmadis truly belong

And God has given you a special gift  
Of truth, knowledge, and wisdom's lift

And your presence is a source of blessings for all  
That can save our souls from an unexpected fall

And we are grateful to God Almighty today  
Who brought you back here in this way

To guide us with your inspiring words and acts  
To the path of the righteous by showing all the facts

So we can start a new chapter of life with a heart  
Where miracles will appear for a brighter start

And we can feel cool breeze of heaven above  
And enjoy sunshine of kindness and love



So welcome Huzur, to Peace Village today  
As this is a city of divine's favor in all ways

Where pain and sufferings ultimately cease  
With the soothing balm of God's grace and peace

Welcome Respected Huzur to Peace Village & Jalsa Salana

Seema Chowdhury

# I Am A Dreamer

I hope for love  
i hope for care  
I hope for things  
That are all rare

And I do it because  
I'm a dreamer in life  
Who is searching for ways  
With joy to survive

Where no trouble  
Or any pain  
Is given or shown  
To take away pain

So that's why for all  
I hope for care  
And more nice things  
That are all rare.

Seema Chowdhury

# I Am Not Sure

I'm not sure of  
What will happen tomorrow  
For life's journey has  
Both joys and sorrows  
But mostly we get  
Troubles in the way  
Making life's road  
Dull and grey  
I wish and hope  
And pray to God  
To take away pain  
Oh my dear Lord  
So I can learn  
In this wierd life  
To cross the bridge  
Of doubts that survive  
Easily and nicely too  
And bring in light  
And a candle of hope  
That's bright and white.

Seema Chowdhury

# I Believe In Thee

Don't feel blue  
If you can never do  
All things right  
And make things bright  
In all life's time  
Or can a line  
A happy thought  
That is of a sort  
That can rate  
All things great  
So in such a time  
Don't think of thine  
As a chip  
Who can never dip  
The life's day  
In many ways  
In the joy of life  
To take happiness drive  
Just have faith in you  
And don't feel blue  
And look at me  
For I believe in thee  
Because I care  
For you my dear.

Seema Chowdhury

# I Came Here

With lots of love  
With lots of care  
With lots of warmth  
I came here

To wish you joy  
To wish you fain  
To wish you all  
To end your pain

So you can smile  
So you can enjoy  
And with cheer  
Spend with joy

Your life's moments  
Your life's days  
And enjoy it  
In all the ways.

Seema Chowdhury

# I Came To Play

I came to play  
In the world of clay  
To lose and win  
Virtues and sin

For life is a ground  
Where merry go round  
Moves to start  
And plays its part

And show us all  
Things big and small  
And then one day  
Infront of our way

This all will end  
And our life will bend  
And then no more play  
We can do in clay.

Seema Chowdhury

# I Care

You are the sunshine  
Of my life  
You are the reason  
Why i survive  
Because you are  
Precious and rare  
And for you Samia  
I really care  
I wish may bright  
Be sky for you  
Where sun shines  
And nothing is blue  
And where always  
Birds sing a song  
And tell you that  
Nothing is wrong  
And I wish it all  
For you my dear  
Because I love  
And for you care.

Love You Baby Samia

Seema Chowdhury

# I Deeply Care

I wish if I can find a way  
To tell you to brighten your day  
As for you I deeply care  
Because to me you are dear

Because you're a friend of mine  
Whose love just pours like a wine  
That soaks everyone in its love  
That's God sent gift of heaven above

And that's why I wish to tell  
And hope joy where you dwell  
Because for you I deeply care  
And you're a friend to me so dear.

Seema Chowdhury



# I Don'T Know

I don't know  
Where I have been  
And  
Where I'm going  
Because  
My life's story  
Is running ahead of me  
Leaving me alone-  
All alone  
For this strange ride  
Known as life.....  
I want to live my life  
Backwards  
Where I get time  
To prepare myself  
For all the unexpected  
Twists  
And turns.....

Seema Chowdhury

# I Don'T Understand

Why can't you smile  
In trouble's pile?  
Why can't you try  
In pain and sigh?  
Why can't you say  
Things that may  
Spread sunshine  
Through joys wine?  
I don't know why  
In time of sigh  
No one understands  
Or even lend a hand  
Whose gentle touch  
Can mean so much  
And can cure  
Troubles like before  
To make you smile  
In trouble's pile.

Seema Chowdhury

Seema Chowdhury

# I Don'T Want

I don't want  
To hurt  
Myself  
Or you.....  
So now  
Let us part  
But  
Not in the heart  
And soul  
And promise  
Never to cross  
Each other's way  
In life  
Ever.....

For life is  
Very challenging  
At times  
And  
It becomes hard  
To swallow  
The bitter bites  
To survive.....

Seema Chowdhury

# I Don'T Want To Face The Reality

I don't want to remove rose glasses  
And see things as they are  
For life carry inside it  
A huge and heavy bar  
Of distress, troubles and agony  
And a heavy band of pain  
Which is forcing me towards  
the world of loss and gain  
For the onlt thing I'm gaining  
In the world of quiet and dark  
is the life's autumn tree standing  
Lonely inside the park  
Where no birds is singing  
Nor joyously flying high  
Neither any tree is growing  
Up towards the sky  
And there what I'm losing  
Is the leaves of love and hope  
Which is falling one by one  
And is leaving life's tree in mope  
And there I feel as if  
I'm standing under the tree  
And readily waiting to  
Set my life free  
Because I don't want to  
Face bitter reality of life  
And remove rose tinted glasses  
Which I'm wearing to fainly survive.

Seema Chowdhury

# I Fear

I fear I will be lost one day  
In this bitter world's way  
From where I will never find  
Even myself or the peace of mind  
I need some peace and some place  
To sit and look for the happiness trace  
And hope to get for me some  
Breath of fresh air to numb  
My injured mind and my soul  
So peacefully I can live in the bowl  
The bowl of death to sleep in the care  
Of Gracious God who is dear.

Seema Chowdhury

# I Have Come A Long Way

Life is neither so easy  
Nor it is a bed of roses  
Where no one can just do  
Whatever he wishes to pose  
For we have to find a way  
And find out what to do  
To bring a definite path  
Of hope in to view  
So work hard 'n try your best  
And achieve what you can today  
So you can proudly tell  
I have come a long way.

Seema Chowdhury

Seema Chowdhury

# I Have Waited Long

God I have really waited long  
For a day when nothing will be wrong  
When I can go in my dream's glen  
And see if there I can pen

The precious memories of my good old days  
That gave me joy in many ways  
So down in the valley of my thoughts  
I went aaway deep and from there I brought

The memories of my kids who are small  
Who were ssitting there in the middle of all  
So then for hours I sat there and talked  
In the language of silence that didn't block

The very warm wishes that I really had  
For them so they can always be glad  
And then I thought I know with time  
Many things change and many decline

But all my affection, care and love  
Are only and only surely reserved  
For the kids who are my only treasure  
Who know how to bring me peace and pleasure

So I wish that this dittance that prevails  
May give me chance so I can avail  
This precious time and pray for them  
And with happiness needle I can hem

Each and every moment of their lives  
So they can happily and fainly survive  
Because I have really waited long  
For the day when I can sing the song

Of love and peace and provide its shadow  
Where they can plaay in its tranquil meadow  
That only and only exists in my mind  
For my lovely kids who're nice and kind.

Seema Chowdhury



# I Heard A Sweet Voice

I heard a sweet voice  
Dripping honey in my ears  
A lovely sound of my life  
That I have enjoyed for many years

It brought me into the world  
Into the world of laughs and smiles  
That walks along with me forever  
To bring me joy for endless miles

I loved the echo of that word  
That special word that made me say  
God Almighty You are really great  
How can I thank to you today

I love to hear that sweet voice  
The sweet voice of my Baby Doll  
When she calls with love 'MY Dad'  
It fills with fain and joy my world small

For nothing in the world can be  
So powerful to bring me sunshine and stars  
But the sweet voice of my Baby Doll  
Who is looking for me and calling from far

For God has made this world like this  
That daughters go away very far  
To make a house a sweet home dear  
With love and care like a sparkling star

Oh God its my wish and prayers  
For my daughters who are thousands miles away  
Please keep them under your shade of bliss  
And fill happiness in their whole life's way.

\*\*\*Feelings Of My Father's Love Penned Down\*\*\*

Seema Chowdhury

# I Just Don'T Wan'T

I don't want to break this shell  
I don't want any one to tell  
I just want happiness to dwell  
In every phase of my life  
In every place where I survive  
I just want the happiness drive  
It's not that I cannot feel  
It's not that it doesn't appeal  
I just don't want to steal  
Others joy and give them tears  
When they don't have anyone to share  
Nor anyone to tell that they care  
I don't want to lose hope  
Neither I want to mope  
I just want the happiness rope  
That won't let me weep  
Till I lie down forever to sleep  
In earth's lap that is deep  
Where no one for me can tell  
To stop wishing for happiness to dwell  
And to break up my built in shell.

Seema Chowdhury

# I Just Want...

I don't ask for the best. I don't want any more  
Just break this sourness and let me enter the door

The door thta is full of hopes  
And dreams that doesn't let me mope

Where waves are standing still  
As if they were given the pills

The pills that will let them sleep  
So there I can go and weep

And talk to my Lord for a while  
And show him all those miles

That I covered alone in gloom  
Where nothing I saw in bloom

There i wish to find tranquility  
Because I don't want to face the reality

The reality that is sour and bitter  
And is strewn around like a litter

Because the other vision of reality is pain  
That puts everything in vain

And doesn't give any price  
To tears taht roll from eyes

So its no use to cry or wait  
As it will all be a waste

That will break all my pride  
And won't let me hide

My teras I had tried to stop  
And wished they wouldn't have dropped

Because I think now its good to assume  
That pains are life's perfume

That're given to everyone for the test  
And after which we are given the best.

Seema Chowdhury

# I Love You

With a wish  
That is true  
I want to say  
I love you  
For your smile  
Makes my day  
And brings joy  
In my way  
I love you dear  
Very much  
And that's true  
Dear as such  
Because when I  
Think of you  
It makes me smile  
With pleasure too  
And that is why  
For you I pray  
May God grant  
His bliss way  
And bestow on  
You his love  
That is a gift  
Of heaven above.

Love You Sunny Dear

Seema Chowdhury

# I Love You Grand Ma

When I look at my mom  
I sing a thankful song  
Because whatever she is today  
Is because of Grandma's way

Her rare style and smile  
Saying good things in trouble's pile  
is all because of the hope  
With which she clinged on to hope

With the trouble some situations of life  
That surely do exist and survive  
In which she appeared with zest  
And passed all life's test

I have never tasted her love  
But she seemed as if from above  
She was sent as God's gift  
For this world's sure uplift

So I pray to my God dear  
To take her in his loving care  
And plea for her, please reserve  
Gift of love that she surely deserves.

Seema Chowdhury

# I Miss You

I miss seeing your smiling face  
I miss seeing your shining eye  
I miss seeing your pretty smile  
I miss seeing your love's tie  
So for you I hope and wish  
That may God's bucket of bliss  
Falls upon you and your faith  
So you can look and feel great.

Seema Chowdhury

# I Miss You Mom

This world appears as a paradise  
when i think of you my mom dear  
Where I feel free to laugh and smile  
And enjoy every bit that is here

I love you dearly my dear mom  
You alwys bring joy in my life  
where sweet scent of evening breeze  
Blows all around for fain to survive

I want to have you with me mom  
To walk on the road I'm passing by  
So we can enjoy each scene of life  
As it appears before my eye

I love you and miss you mom  
And wish to hold your hands my dear  
For you're a prime source of life's joy  
And you bring me happiness and cheer

And whenever you miss me dear mom  
Just close your eyes and see  
And deep inside your heart you'll find  
Me, sitting and praying for thee.

Love you Ma

Seema Chowdhury



# I Never Asked

I never asked why  
I never asked how  
But this is the time  
When I feel now  
I need to know  
Why with me  
It always happen  
That I see  
Trouble's bar  
Blocking my view  
To see some peace  
To clear pain's dew.

Seema Chowdhury

# I Shall Hear

I shall hear your sweet voice  
When I see  
Night entering into a day  
When I feel  
Cries swaping with the smiles  
And when I hear  
My thoughts talking about you  
Because  
You are an important part of me  
And  
So are your joys 'n smiles....

Seema Chowdhury

Seema Chowdhury

# I Took The First Step.....

I took the first step  
With a hope  
To see  
Life's brighter  
And better view  
But  
Unfortunately  
I only saw  
The scattered pieces  
Of  
My broken dreams.....

Seema Chowdhury

# I Want To Be The One

I want to laugh your laugh  
And want to play your part  
I want to be with you  
Very close o your heart  
I want to be the one  
Who knows how to calm  
Your pangs and pain and stress  
And put on them love's balm  
I want to share with you  
All of your life's days  
I want to walk with you  
Together in all your ways  
I love you Sunny jan  
You're my dear sweetheart  
I want to be with you  
Very close to your heart.

Love You Sunny

Seema Chowdhury

# I Will Be There

Just know dear  
I care for you  
And also that  
I love you  
So when you need  
And wish to hear  
A kind word  
I'll be there

And when you want  
To hold a hand  
To know that surely  
I understand  
Then all you need  
To do my dear  
Is to call me  
And I'll be there.

Take Care Sunny

Seema Chowdhury

# I Will Wait Right Here For You

When day turns into night  
And nothing seems alright  
When sun seems to go down  
And everywhere you see brown  
When rainbow suddenly disappears  
And the feelings of hurt and fear

Spreads all around to make you blue  
I want you to know and that is true  
That you are my beloved friend too  
And I will wait right here for you  
And with our love, smiles and positive view  
Together we will surely pull through

I know God Almighty loves you very much  
And with His guidance and blessing's touch  
You will always do things right  
And will bring back the sunny sight  
Of life that now seems dull and bleak  
And with you playing hide and seek

But always remember my dear friend  
This up and down is life's real trend  
But with our prayers, love and smile  
All this blue will disappear in a while  
And together we will surely pull through  
And I will wait right here for you.

' To love God is the greatest of virtues;  
To be loved by God is the greatest of blessings '

Love you tons Sunny, you are a winner and our hero.

Seema Chowdhury

# I Wish To Get The Answers

I keep on asking the questions  
For which I already know the answers  
Because every time I hope  
To get a different answer  
And hope it will enhance my imagination  
And will learn to pursue life  
With new and fresh ideas possible...

I wish to get the answers  
That can change the dimension and the direction  
In which I have traveled  
And want to invest my time  
In things that will improve my life...

I want answers of my questions  
That can make me sparkle and shine  
And will inspire me to learn more from life  
And will help me to move forward  
To overcome hurdles and handicaps of life...

I want to bounce back  
From any negative event and its impact  
To get the answers that I wish  
From the experience of life  
And mistakes I've made along the way...

Seema Chowdhury

## I Wish....

When the rose can yield perfume to the hands  
That crumple it badly or throw it on the land  
And the rainbow can appear after each rain  
To narrow the path of sufferings and pain

Then why can't we share our troubles pile  
And wipe it off with a bright smile  
And fill life's road with the cool breeze of love  
That feels like a guft of heaven above

Thousands of questions that are like it  
That really hold value in them every bit  
Just keep on popping in my mind  
Answers to which are really different in kind

And then for hours and hours I think  
Why its so and what is the link  
That every phase taht starts in life  
Swiftly ceases and its end soon arrive

And then I wish I can stop world's ride  
Storm in the sea its waves and tides  
And ask dear Lord to always keep away  
Any glimpse of trouble or sorrow that sway

From all who are sincere, loving and nice  
Who do good things without thinking twice  
And who know how in their own style  
To give others the gift of laughter and smile

And then I pray and ask dear Lord  
To always help us because he's the God  
And always keep us safe in his hand  
Till we lie burried deep int he land.

Seema Chowdhury



# I Wonder Again

I wonder again  
Why it seems so difficult  
To make my way through the crowd  
Where there are only few pebbles  
And life flows smoothly  
Without unpleasant side effects? ? ?

I wonder why  
From the pile of hard stones  
I only get the faded and stained  
Realities in my share  
Where it is difficult  
To run life on its own momentum  
To reduce complexity  
As the control buttons  
Are all hidden from my view  
And Unsorted fields of life  
Don't let me attach to any grid lines

I wonder  
When this hard road will end  
And when I will gather courage  
To break this endless loop  
And encapsulate my being  
And feel my way along in the dark  
To end this terrible struggle  
To develop better avenue that will work for me  
And will bring back my lost world  
And forgotten hope? ? ?

Seema Chowdhury

# If You'Re Hurt

If you ever trusted someone ever in your life  
Whose faith taught how you can survive

Then don't say they're bad if you're even hurt  
There must be reason why they acted curt

may be they were stuck and didn't have a choice  
Or may be they were forced not to raise their voice

their voices against world's tide that is extreme  
That didn't let them keep their promised dream

I wish at this moment if I can help and heal  
And take away agony that you now feel

And tell you once again to you my friend  
Just pray to God for blessings that never ends.

Seema Chowdhury

# I'LI Be There

I'll be there  
When you will need me  
I'll be there  
When you will call me  
I'll be there  
When you'll want me  
I'll be there  
Because I care  
And love you dear  
That makes life fair.

Seema Chowdhury

Seema Chowdhury

# I'LI Miss You Dad

I want your kiss and a hug my dad  
I want to change all things that're bad  
I want to see your loving view  
And want your love that is true

I wish if you can hold my hand  
for you're the one who understands  
Who knows how to happily solve life's sum  
And always accept life as it comes

I miss you dear my darling dad  
And want to change all things that're bad  
And hope not even a glimpse of pain  
Peeps in your life's on going train

And today I'm missing you very much  
And don't know what to do as such  
As I'm very far from you  
And know you miss me dearly too

So to see me and to feel my love's heap  
Just close your eyes and look inside deep  
Inside deep in your wonderful heart  
Where you'll see joy playing its part

And there you'll find me praying for you  
And wishing you well in all you ever do.

Seema Chowdhury

## Ill Wind Of Grief

Take charge of your life  
And don't let  
ill wind of grief  
Blow you happiness away  
And  
Leave you to face  
The mishaps  
And the misfortunes.....  
For it is very difficult  
To survive  
On the edge of despair  
And let life happens  
Outside in.....

Seema Chowdhury

# I'M A Prisoner

I'm a prisoner of my dreams and thought  
I really don't want to know a whole lot  
Of what is reality and what is truth  
For my life is already syuck in the hook

In the hook of things I think don't want to see  
For all those things I think for me  
Are bad and tough and also hard  
And never let me take a start

Towards life, which can bring me delight  
And clearly show things that're bright  
So I think its really good for me  
To stay in the place where I can see

Things I wish and want to gain  
To happily live and to be fain  
So that's why I don't want to know a whole lot  
Because I'm a prisoner of my dreams and thought.

Seema Chowdhury

# I'M Grateful Beyond Words

May all your dreams and wishes come true  
May God's blessings fall upon you  
May all love and kindness you show dear  
Come back to shower your life with cheer

I'm grateful beyond words for Almighty God  
Selected and gifted you as a reward  
And He filled my life with laughter and love  
By sending you as his gift of heaven above

You filled my life with smiles of care  
With you life is a celebration my dear  
Where faith and love ooze from your heart  
That always gives life a beautiful start

May God bless you and cover with joy  
Your whole life's path for you to enjoy  
And may everything that you do today  
Spread fragrance of faith in your day

For you're a wonderful person dear  
Whose life is full of meanings and cheer  
Who not lives for himself but for all  
To help and love and save people from fall

May God bless you and your life  
May peace and joy always survive  
And may God makes you a source of love  
And through you show a glimpse of heaven above

I want to thank again to dear God  
For selecting you for me as a reward  
Through which God filled my life dear  
With endless gift of happiness and cheer.

Happy Birthday Beloved Sunny

Seema Chowdhury

# I'M Misunderstood

It's neither very pleasing nor very good  
To know that usually I'm misunderstood

Not only my thoughts but also my acts  
I don't know why but this is a fact

My smiles, my laughs, my cries and tears  
Are only for me that no one can share

Because all these things bring me delight  
And take me close to a way that is bright

I know it won't be easy for me  
To live in a place that's not free

Of people who are selfish and mean  
And interfere in my things with interest and keen

And that's why I really don't want to stay  
In a place where people are blocking my way

So whenever I feel I'm stuck in a trial  
I go and talk to my Lord for a while

And ask Him to take me to a place that's quiet  
Where people are loving, caring and right

And do those things that only they should  
And there I know I won't be misunderstood.

Seema Chowdhury



# I'M My Dad's Little Princess

My memories of dad are like  
The sweet fragrance of a rose  
That blooms and spreads love  
All around.....

Where I hear his voice  
That brings the message of  
Renewed hope and joy  
And memories last a life time  
And I feel burdened  
With the heaviness  
Of emotional weight.....

Where I see his bright smiling eyes  
Calling me and having a silent conversation  
And speaking volumes of  
How much he still loves and cares for me  
And tells me that no matter what  
I will still be my dad's little princess  
Forever and ever.....

\*\*\*Dad, your absence has created a sudden emptiness and a huge space that no one can ever fill. I miss you a lot. May your soul rest in peace.

Seema Chowdhury

# I'M Waiting

I'm waiting for the moment that can change  
Or in a seemly manner it can properly arrange  
The messed up portion of my life that is just  
Taking away my optimistic thoughts and my trust

I never really wanted or never had a choice  
Of expressing myself truly or to raise my hushed voice  
Against all that was going on in my life  
That left me with the painful sketches that survive

I still don't clearly know which path I'm taking  
On which road I'm walking or when I'm going  
I just think I'm tired and don't know what to do  
My life is losing all of its brightness and its hue

And is leaving me alone in the middle of the road  
Where I don't know how to find the happiness code  
So I can enter that and break the magic spell  
Of monotony of my life which I think still dwells

And I wish I can find all that is worthwhile  
That can give me a little chance to brightly smile  
To bring back the optimistic thoughts and my trust  
Which once I had lost in this life's hard crust.

Seema Chowdhury

# I'M Your Friend

I may not say, I may not do  
Anything that shows I love you  
But you must for sure know  
I'm your friend not your foe

Sometimes I try but can't say  
Or may be can't find words to lay  
In front of you to let you know  
I'm your friend not your foe

I wish all good things for you  
All joy and friends that are true  
So you can be sure and know  
I'm your friend not your foe

And I wish may your life be free of pain  
Just like sunshine after rain  
because I want you to know  
I'm your friend not your foe.

Seema Chowdhury

# Images Awaken

Sometimes the images  
That feel so rare  
In my mind  
Do appear  
And show me some  
Pleasures of delight  
And then leaves my world  
With joy's light  
And  
Then  
The excitement  
Of those hours  
Lingers long....

Seema Chowdhury

Seema Chowdhury

# Imaginary Life

Behind the mask  
I hide  
Myself  
My soul  
And  
My heart  
Because  
I want to lead  
An imaginary life  
In  
My private world  
And examine  
My dreams  
And  
My thoughts  
In the moments of quiet time  
In  
This unimagined world.....

Seema Chowdhury

# Imagination

Imagination is the window to our tomorrow  
That helps you to see rays of hope in sorrow  
So don't ever let it to impart  
Always give it a place in your heart

BEcause imagination is our pillar to hope  
That always keep us away from mope  
And tell that the biggest mistake my dear  
Is not to give imagination its share

So always let it freely move  
For imagination is our strong thought's roof  
That let us feel happy in pain  
And walk with us like sand with grain

And a person with good imagination my dear  
Is never considered as alone or in despair  
Because imagination always takes us there  
Where tomorrow looks very bright and fair.

Seema Chowdhury

# Imagination Or Reality

What imagination presents  
Reality rejects  
What reality presents  
Imagination rejects  
For  
There are many unforeseen events  
That are still uncovered  
Because  
They are waiting for the moment  
When  
A demarcation line  
Will be drawn  
Between the two...

Seema Chowdhury

Seema Chowdhury

# Impose Life's Rhythm

Impose life's rhythm  
With joy and delight  
Make life sweet  
And color it bright

Complete your journey  
And re- establish faith  
And quietly and humbly  
Enter in this gate

Let sun embrace you  
In its warmth and shine  
And throw away worries  
To enjoy satisfaction wine

For life is difficult  
And sometimes hard  
So be strong my dear  
And read this pre-written card

And know that days are brief  
So don't waste it in fight  
Impose a beautiful rhyme  
Of love, joy and delight.

Seema Chowdhury



# Impossible Dream

A life of  
Peace  
Joy  
Serenity  
And  
Contentment  
Is  
An impossible dream  
That gets crack and break  
In  
Each day  
Through whole life's way  
So stick to the truth  
And know if you will wait  
your share will come  
To make life better  
Just remember  
It all about FAITH  
See it  
smell it  
And  
Hear it.....

Seema Chowdhury

# Impossible Life

Precious and magical passion  
Can treat the untreated wounds  
And can show me a mystical  
Gateway to the soul-  
where I can enter into  
The world of certainties  
where everything is defined  
And  
Idealistic world glows  
And form an array of colours  
And there  
I'm given the power  
To wish  
And rush out  
Through the secret back door  
Whenever  
I want to duck  
Troubles and misfortunes  
Of this impossible life-

Seema Chowdhury

# In A Bundle Of Pain

In bundle of troubles  
In bundle of trials  
in bundle of pain  
All for a while

Don't let your  
Tears to drop  
Just act brave  
And let tears stop

And learn to hide  
Your aches and pain  
Under a pleasant smile  
Of joy and pain.

Seema Chowdhury

# In A Friendly Way

troubles can pour just like rain  
To take away from you the pain

In any phase of this bitter life  
Where we're all bound to survive

So learn for yourself in your day  
To handle it all in a friendly way

And learn to hide your aches and pain  
Under a pleasant smile of pain.

Seema Chowdhury

# In A Huge Ocean

I feel as if  
I'm thrown  
In the deep ocean  
Without any support  
Or any preparation  
Where  
Each and every wave  
Takes me  
Deeper  
Further down  
From where  
I feel it's impossible  
To come out  
And I see no hope  
To survive....  
I just want to know  
Is it true?  
Is it for everyone? ?  
is this what is real life? ? ?

Seema Chowdhury

## In A Lovely Way

Search to find joys in your day  
For it wraps smile in a lovely way  
If once you can find its code  
To push on to take off load  
For life will never give you things  
If you won't bother to find the spring  
For you have to work hard my dear  
And find for yourself what is fair  
And search to find joys in your day  
For it wraps smile in a lovely way.

Seema Chowdhury

# In A Positive Manner

Think all is for the best  
And try to build a nest

With true thoughts and some hope  
And don't ever dive in mope

For when things are done like this  
Then surely God's huge gift of bliss

Will fall upon us in the way  
To brighten the in coming days.

Seema Chowdhury

Seema Chowdhury

# In All Life's Weather

pleasure and pain  
Losses and gain  
Stays all together  
In all life's weather

And give you less time  
To flow in world's rhyme  
So try to achieve  
Joy through your believe

So when you grow old  
And can't bear life's cold  
Then you can still smile  
By sharing trouble's pile

And ask God to shower  
On you all His blessing's power  
Through prayers for your day  
In a quiet trusting way.

Seema Chowdhury



# In Dismal Dark

In dismal dark  
Burned a candle bright  
I asked who was it  
With a heart in fright

But no one answered  
And only saw  
A vision, a shade  
That was raw

I couldn't recognize  
Who was it  
But just saw love's  
And affection's kit

And then I realized  
That in time of odd  
It was no one else  
But only my gracious God.

Seema Chowdhury

# In Every Day Living

Let your emotions run very deep  
Let it show you new life's beep

And let it be for the best  
So do it all with some zest

For the feelings of kindness, care and love  
Are all gifts of heaven above

That God have sent for us on earth  
To give us nice feelings of mirth

So show care and love to all  
And be kind in things big and small

And let your emotions run very deep  
And show you new life's beep.

Seema Chowdhury

# In Everything You Do

In everything you do  
You must first view  
What is best  
In this life's test  
And then go on  
And start your morn  
With hope and smile  
All for a while  
So when you end  
Your days's bend  
Than you can view  
Joy in all you do.

Seema Chowdhury

# In Faith's Gallery

Leave your thoughts behind you  
Say what you feel that is true  
And know that words that're powerful and new  
Gives you courage to show it too  
For life has lots of ups and downs  
Where we need to wear the crown  
The crown and glory of a golden faith  
In the gallery of life while passing through the gate  
Through the gate of some painful drive  
In each and every layer of your life  
For life is a test that we have to take  
Where with trust and faith we learn to bake  
The bricks of life one by one with hope  
And learn to stay away from the fire of mope  
And once we learn to do all this  
Then life will reveal its secrets of bliss  
And will teach us how to cross the gate  
And walk in peace in the gallery of faith  
Leaving behind the foot steps to be followed in pain  
And swap bad luck with the joy of gain.

Seema Chowdhury

Seema Chowdhury

# In Faith's Gallery Of Hope

Leave your thoughts behind you  
Say what you feel that is true  
And know that words that're powerful and new  
Gives you courage to show it too

For life has lots of ups and downs  
Where we need to wear the crown  
The crown and glory of a golden faith  
In the gallery of life while passing through the gate

Through the gate of some painful drive  
In each and every layer of your life  
For life is a test that we have to take  
Where with trust and faith we learn to bake

The bricks of life one by one with hope  
And learn to stay away from the fire of mope  
And once again when we learn to do all this  
Then life will reveal its secret of bliss

And will teach us how to cross the gate  
And walk in peace in the gallery of faith  
Leaving behind the foot steps to be followed in pain  
And swap bad luck with the joy of gain.

Seema Chowdhury

# In Far Away Land

I don't know the name of that place  
I don't know its roads and pace  
I don't know why I always see  
That place in my dreams and me  
I just know that its a far away land  
Where I play with mud 'n sand  
And feel no fear of being alone  
Neither have anything to sigh or mourn  
That place is made up of peace 'n hope  
Where nothing let me fall in mope  
And there I always feel like a star  
In a place existing in my dreams very far  
I wish if ever I can get  
Any place as perfect as I have said  
So there I can go and live forever  
And then I have to leave that place never.

Seema Chowdhruy

Seema Chowdhury

# In Folds And Hems

Let your heart guide you  
Let it sweep away the blue  
Let it whisper in your ears  
Joys and sorrows of the by gone years

Learn to follow in your life  
Rules to joyfully in trouble's survive  
And start this journey with care  
Without having any doubt or fear

And remember that in life's hue  
Everything just depends on you  
So think for yourself and others too  
Before life ends without a clue

And try to reach up the sky  
And count stars twinkling high  
And try to become like one of them  
Carrying joy and smile in folds and hems.

Seema Chowdhury

# In God's Care

God please take me in your care  
I wish only with you to share  
My tensions and my pains and distress  
That are creating a lot of stress  
I wish god please if you can show  
Me the path where I go  
And find a quiet spot to walk  
Where I can find a place to talk  
With you about all that's bothering me  
From which I really want to be free  
God please give me your hand  
As on your door I withstand  
With the ray of hope that's true  
That can take me out of feeling blue  
As I know only you can give me cheer  
And banish all my doubts 'n fears.

Seema Chowdhury

Seema Chowdhury



# In Ground's Lap

Within life's circle  
Things that move  
Includes pain and sigh  
And trouble's roof

Where only  
I get to see  
Distress and trials  
Waiting for me

I wish sometimes  
To say goodbye  
And sleep forever  
And there lie

Where ground is  
waiting with a gap  
And is ready to take  
Me in its lap.

Seema Chowdhury

# In Life's Continuum

The setting sun tints the sky amber  
And tears moisten my eyes and heart  
As I see the unfamiliar world passing me by  
Showing the complex and messy loops  
One following another and another and another

It's a moment in time when the mingled memories  
Run and rerun rigidly in my mind over and over again  
And I share them with silence and bond over them  
Where narrow view of life shows confusing sorrow  
And I try to position myself in life's continuum

Now, for me, it's a life that is going by too fast  
And is forcing me to invent meanings of my own  
Walking amid sober silence and crowded chaos  
Where I am flowing like a spontaneous cascade  
From one loop to another and another and another

Helplessly watching the runs and the reruns  
Of life's episodes with moisten eyes and heavy heart  
Staring at the amber sky of the setting sun  
Anxiously trying to make sense of the things around  
And finding my position on life's continuum.....

\*\*\*Dedicated to my beloved Mother, who is now suffering from Alzhimers\*\*\*

Seema Chowdhury

# In Life's Pace

Deal with harsh reality  
With courage in your eyes  
And don't let hope swap  
Its place with sigh

For life is like a puzzle  
Made of joy and pain  
Where many path appears  
Where no glimpse of fain

Is present for you to see  
Or make you feel glad  
And to take away  
things that're really bad

So don't ever lose hope  
Or let it swap its place  
With sigh and distress dear  
Ever in your life's pace.

Seema Chowdhury

## In Life's Row

Don't let an act of kindness go  
Unnoticed ever in life's row  
For it is a source to rejoice  
That's filled with soft tones of the voice  
Because life is a precious gift  
That gives to our soul a lift  
So learn to appreciate these things  
In life's row to joyfully sing  
The song of love and fain  
A song that takes away life's pain  
And leave behind all memories for you  
That is filled with happiness all true.

Seema Chowdhury

## In Life's Scene

Its nice to make someone glad  
And change for them things that're bad  
It's nice to see someone smile  
In life's scene with trouble's pile  
For this is what is life all about  
That teach us ways to clear the doubt  
And tell us to pursue with zeal  
So it can put on troubles a seal  
Because its really nice for all  
To do nice things even if it's small  
By showing others our care 'n love  
That is a gift of heaven above.

Seema Chowdhury

Seema Chowdhury

## In Life's Tale

What you think  
May not be the best  
So look on for  
Another test  
And stick to hope  
And you will get  
What you want  
In the other set  
For life is good  
And sometimes bad  
And it too holds  
Things all glad  
So don't feel lost  
If once you fail  
Just try and try again  
In life's running tale.

Seema Chowdhury

Seema Chowdhury

## In Life's Toss

At the turn of the road  
Stop and take off your load  
And always take good care  
Of your life that is rare  
For it is a precious gift  
That gives your soul a lift  
And gives you in every season  
Chain of thoughts and reason  
And in this life; s toss  
Learn to live through a loss  
And try to save life's cart  
Before it will fall apart  
And for that at the turn of a road  
Stop and take off your load  
And always take good care  
Of your life that is rare.

Seema Chowdhury

# In Meaningful Ways

Say things you mean  
And mean things you say  
For life surely holds  
Nice things in the way  
So learn to find  
It all in it  
And learn to enjoy  
Happiness bit by bit  
And know that surely  
In each of your day  
You can show kindness  
In meaningful ways.

Seema Chowdhury

Seema Chowdhury



# In My Heart

In my heart  
In my mind  
In my thoughts  
That are all kind

I just have  
Thoughts of you  
With memories of  
By gone views

That I wish to  
Retain for me  
With very fond wishes  
Just for thee.

Seema Chowdhury

# In My Own Little World

Whenever I feel lost in this frenzy crowd  
And under burden of mistrust and doubt  
Where each second feels like an hour of pain  
And life filled with the clouds of pain  
Which not only blocks my mind and view  
But shows bitter face of reality too  
Then only place where I can feel free  
And takes away the burden that's on me  
Is to visit the place in my mind  
Where everything feels so calm and kind  
And that is a place which I proudly call  
My own little world that is small  
Which helps me to clear my blocked view  
And bring some hope for me all true.

Seema Chowdhury

Seema Chowdhury

# In My Side Of The World

In my side of the world  
Life seems  
Dull  
Brown  
Full of mistrust  
And doubts

I wish if either  
I can change sides  
or  
If not  
Then  
If my life can cease now.....

Seema Chowdhury

# In My Sincerity Land

Calm waves rising in the sea  
With currents of peace only for me  
I wish can be seen in my sincerity land  
Which is built with only honesty band

Where no one shows what he is not  
And kindness ray always stay hot  
Where I won't feel any down or gray  
Or feel bad when someone will say

That these people are not what they show  
They are actually your enemies and foe  
Who don't know the meanings of a friend  
And only learnt the art to pretend

So to stay away from hearing all this  
I'll prefer even though I know I'll miss  
To stay quietly in my sincerity land  
Which is built with only honesty band.

Seema Chowdhury

# In My Thoughts

In my thoughts  
In my dreams  
You appear as  
High love's beam  
Which emits light  
Of care and joy  
And teaches all others  
To totally enjoy  
Each second of  
Your precious life  
In which we're all  
Bound to survive.

Happy birthday Uzair baby

Seema Chowdhury

# In My World

In my world, in my land  
Everyone builds a castle on sand  
And decorates it with their dreams alive  
And other things they can't get in real life

In my world, in my land  
Everyone builds a castle on sand  
And create joy's path to walk on them  
And cross life's ways under prayer's hem

In my world, in my land  
Everyone builds a castle on sand  
And live there faintly because they know  
With love and sincerity they can stop pain to grow

In my world, in my land  
Everyone builds a castle on sand  
And live with hope that they're safe  
And nothing can destroy them, not even sea waves

And all this happen in my land  
Because everyone who builds castle on sand  
Is just like me who doesn't wish to survive  
And look at the true picture of this wierd life.

Seema Chowdhury

# In Our World Of Joy

In our world of joy  
We play with fain's toy  
And arrange them all  
In order of big and small  
Where each joy holds  
A value bold  
I wish if forever  
I can smile ever  
And bring peace of mind  
That's one of its kind  
That can tell me why  
We should have hopes high  
And why it's a must  
To keep happiness first  
I want to again bring  
Happiness and joy's spring  
In my world of joy  
Where everyone enjoys  
And hope like this  
God's love and bliss  
Will always fall on my life  
Where I'm bound to survive.

Seema Chowdhury

# In Pain's Prison

I feel like a bird  
In this life's stage  
Whose staying in a prison  
In her little cage

With all her fears  
And her little doubts  
And doesn't get a chance  
from them to get out

I don't know how long  
Will now I'll stay  
In this pain's prison  
That's spread in my way

But I wish for the day  
To come and put an end  
And come pretty soon  
To straighten all these bends.

Seema Chowdhury



# In Search Of

I'm wondering alone  
With a false hope  
On the path of life  
In search of  
Truth  
Sincerity  
Honesty  
And  
Probity....

I want life  
To settle down  
Where  
All troubles can set  
At the bottom  
And  
Only shows clear  
Water of life.....

Where echoes  
Of the pang  
Will not be heard  
And  
Sequence of tragedies  
Will stop showing  
And popping out  
One by one.....

Seema Chowdhury

# In Search Of Peace

In search of peace  
i'm roaming around  
On God's earth  
And on the ground

Where no where  
I find any joy  
Or even a  
Glimpse to enjoy

I hope and wish  
To see a morn  
Where pleasure  
Comes to meet the dawn

Where finally  
I can get some peace  
And troublesome pain  
Of life gets a cease.

Seema Chowdhury

# In Search Of Words

In search of words  
that can explain  
Why I feel lost  
And in trouble's pain  
I lost the track  
And the pace  
And found no where  
Any meaningful trace  
That Can bring back  
Me in life's lane  
To travel till I die  
In life's painful train.

Seema Chowdhury

# In Silence

It is so serene  
And so quiet  
All over the place  
It is  
So peaceful  
And so tranquil  
As if  
Even the wind has  
Held its breath  
In silence.....

After listening to  
My life' story  
Incomplete  
Injured  
And  
Broken.....

For time is slipping away  
Tears are falling down  
And the fears of the unknown  
And empty promises  
Are filling  
Each layer of my life  
One by one.....

Seema Chowdhury

# In Stillness Of Night

In stillness of night  
I saw shining bright

Stars on the sky  
Floating very high

Up above the moon  
Smiling like a noon

And showing to all  
Whether big or small

Paths of joy  
For all to enjoy.

Seema Chowdhury

# In Stony World

Nothing lasts  
Specially happiness  
For it seems almost rare  
In this  
Cold and stony world  
carved  
Ever more deeply  
Into the mind  
And leaves you alone  
To solve this  
Cross word puzzle  
In  
Life's vanishing game....

Seema Chowdhury

# In Sunlight

Keep in the sunlight  
And look with hope  
And ask yourself  
What's there to mope  
And try to find  
For yourself dear  
the light of joy  
That brings cheer  
And know in life  
We all have to fight  
The battle of happiness  
That is our right  
So don't let your  
Injured soul  
To play for you  
The pessimist role  
So try to keep  
In sunlight's hope  
And ask yourself  
What's there to mope.

Seema Chowdhury

# In Sympathy In Pain

I wish if words can completely convey  
My sorrow and sympathy and all I have to say  
And a message that can bring you hope  
As I know how tough it is for you to cope

I know it is painful for you to believe  
And nothing can reduce pain and grief  
By thinking of your son who was very dear  
And use to be with you but is no more here

And surely for us taht place is unknown  
But there he got Graciou God as his own  
And now he is sleeping in the warm lap of God  
Lying down under the shadow of the Lord

So now God will take care both day and night  
And will cloose for him whatever is right  
So now for his sake all of us should pray  
May Lord bless his blessings on him today.

Seema Chowdhury



# In The Chain Of Life

Life is a great unfolding story  
Told by God Almighty  
Who leads us through time  
Where rhythm of nature  
Enlightens our path  
And provides comfort and ease  
Where deep meanings  
And profound philosophy of life  
Is understood  
And the chain of life is formed  
That tie and bound us  
With the harmony  
And uninterrupted flow  
Of light into darkness  
And darkness into light

And in this chain of life  
God Almighty shows us  
His highest love  
And fullness of life  
And the joy of living and loving  
And rescue us  
From emotional turmoil  
Of the real world.....

Seema Chowdhury

# In The Coming Year

With laughter and cheer  
Quickly enter my dear  
In the coming year'  
That is now here  
And hope for the best  
In each and every test  
And plan that now  
You'll think how  
To find more fain  
Instead of pain  
And always try  
To smile not cry  
If life ever shows  
Storms or snows  
And learn to face  
Trouble's race  
With a hopeful smile  
And joys for miles  
And now with cheer  
Quickly enter dear  
In this new year  
That is now here.

Seema Chowdhury

# In The Darkest Moments

Hang on to hope and sincere prayers  
And know this will be over soon  
If you stick to it and believe in that  
Better things will shine like a noon

Dwell in possibility and strong faith  
And have the spirit of a blissful joy  
Hold on to the power of never ending love  
And go all around to be happy and enjoy

Count your blessings and tender miracles  
And show your inner beauty's blend  
Believe in yourself and your strength  
And be determined to be God's friend

Dark moments will surely end soon  
And bright hope's beam will clearly shine  
It will surely and happily bring along  
Hope, faith, love and peace firm vine

Just dwell in Possibility and strong faith  
And learn to let go of your deep fears  
Become the anchor of your joy and love  
Hang on to hope, sincerity and cheer

Seema Chowdhury

# In The Game Of Life

Some people we meet in our way  
Leaves ever lasting impression I'll say

because of the kindness that they show  
To all others standing in life's row

They are so nice that in each day  
their memory passes by our life's way

And quietly knocks at our heart's door  
To bring us love, care and more

And these are the people who're dear  
With whom we feel proud to share

Things we have in the game of life  
Like smiles and tears that do survive.

Seema Chowdhury

# In The Garden Of My Memory

In the garden of my memory  
I found a lost diary  
That belonged to my hope  
Tied with the rope  
Of love, care and smile  
For whole life not for a while  
It said don't be in gloom  
For hope's rose will soon bloom  
And will take you far away  
From feeling bad and sway  
So I promised that from now  
I'll see dear I can how  
Wait for the rose to bloom  
To take away world's gloom.

Seema Chowdhury

Seema Chowdhury

# In The Garden Of Our Friendship

I want to bask in the sun  
And soak up in the rays of joy  
In the garden of our friendship  
With you, hand in hand  
Taking baby steps and doing somersault together

You are my best friend  
Who always wipe my tears  
Feel my pain, enjoy my smile  
And offer me your love without reservation

You showed me this beautiful world we live in  
With your faith's eyes  
And you take my mind off the problems  
To focus on positive possibilities  
And you turn my attention from worries  
To show me the many blessings  
God has bestowed upon us

You made my life better  
And you brought rhythm in my life  
By healing, energizing and uplifting  
Every area and every inch...

Seema Chowdhury

# In The Golden Moments

In the golden moments of life  
Where we are all bound to survive  
I wish to take care of you  
And share all your fain's hue  
I wish to colour your life's days  
With plenty of joys and happiness bays  
And hope to share and always gather  
Warm and cozy life time together  
Where joy and fresh days lie  
And there is twinkle in every eye  
And pet memories and wishful hopes  
Are always ready to take away mopes  
I love you SUNNY for you're my friend  
With whom I don't need to pretend  
Who showed me colours in life's days  
And filled joys and happiness bays  
And today is special so I want to send  
A wish for Valentine's Day my friend  
And hope in this highway of life  
We'll spend every moment with joy's drive.

Seema Chowdhury

# In The Hour Of Need

No friend I see  
In this hour of need  
Where troubles and pain  
And the distress seed

Has grown all around  
Me in my life  
Where i don't find  
Any path to survive

I feel frustrated  
Down and blue  
And need a friend  
Who is honest and true

Who can lend ma her  
Sympathetic ears  
To listen to my troubles  
To show she cares.

Seema Chowdhury



# In The Lap Of Night

The silent sky is standing still  
As if it has taken the tranquil pill  
And now it is waiting to quietly sleep  
In the lap of a night very deep  
And that is why everywhere  
Serenity prevails my dear  
As now sun has swapped its place  
With the stars and moon of the space  
And now it is getting ready to sleep  
In the lap of the night very deep.

Seema Chowdhury

Seema Chowdhury

# In The Light Of Smile And Hope

Things will go better for you  
If only you can learn to view  
The scenes of life in the light  
Of hope and smile that is bright  
So hang on to positive friends  
With whom you don't feel to pretend  
Who can show you nice things in life  
And can give you joy to happily survive  
And try to suppress the thoughts of gloom  
And think that pain is life's perfume  
That comes in the way of trouble's drive  
And let you play strange games of life  
And don't feel down or ever blue  
For life can show you a bright view  
If only you will think in the light  
Of smile and hope that is bright.

Seema Chowdhury

Seema Chowdhury

# In The Match Of Life

Play the game  
In life's name  
For in it survive  
The match of life  
that must show  
What you owe  
To tohers in life  
In here to survive  
For life is pain  
Linked with chain  
Where never ends  
Life's on going trend.

Seema Chowdhury

# In The Middest Of Troubles

I look at you dear god in fain  
And even in the midst of trouble and pain  
For you are my only sincere friend  
With whom I feel no need to pretend  
God please give me your love and care  
And please with me only you share  
My joys, my tears, my sighs, my smiles  
And give me reason to live for a while  
God please hold my hands in dark  
And lead my way and show me a mark  
Where bright morn will appear in fain  
When I can be free of trouble 'n pain  
For right now I feel stuck in a trial  
And don't see a thing to look at to smile  
So please help me oh my dear god  
In the midst of troubles where things're odd.

Seema Chowdhury

Seema Chowdhury

# In The Palm Of My Hands

In the palm of my hands  
I looked for luck's band

Which could take me out  
Of bad luck's doubt

But no where I saw  
Any such law

Which was against the will  
Of gracious God's mill

So I think it is best  
To quietly take life's test

And pray for God's pleasure  
That's surely a great treasure

And put on God my trust  
For he saved me from getting rust.

Seema Chowdhury

Seema Chowdhury

# In The Park Of My Life

Its a very tough period of my life  
Where I feel lost  
And disheartened by life's load  
Where tender emotions are lost  
And my eyes see  
A tale of thousand agonies....

Where I see no point of return  
And I am forced by my soul  
To acknowledge the pain  
In the darkest hour  
Of the uncertain world.....

I wish I could  
Walk on the freshly fallen soft snow  
In the park of my life  
And dive into the world of wonders  
And release all moments and memories  
To shape and focus on a new vision  
And positive aspects of life  
And take the next powerful step  
In my life's journey.....

Seema Chowdhury

# In The Passage Of Time

Time is the greatest soothing balm  
That knows how to wierdly calm  
The wounded thoughts and the mind  
And teaches the lesson to be kind  
For pain and pleasure exists in life  
And plays a major role to survive  
So never ever dropp the tears of mope  
Or think there is no way to hope  
Because time has got the magic  
To beautifully overcome the tragic  
And shows new path on which to walk  
And about the passage of time dearly talk.

Seema Chowdhury

# In The Play Of Events

In the play of events  
Scenes are shown  
To all of us  
That're unknown  
For life is hidden  
Like a mystery  
And sometimes it is  
Shown as a history  
So learn to find  
Your way out  
In this life  
Filled with clouds.....

Seema Chowdhury

Seema Chowdhury



# In The Pool Of Silence

Count your gains and look for more  
Count your joys 'n knock on fun's door  
Where pleasures 'n fains are waiting for you  
To colour your life in fill it with the hue  
The hue of peace that is a must  
To gain and win someone's trust  
And learn that wit and laughter my dear  
Are the pathway to banish your fear  
And don't suffer in the pool of silence alone  
Or quietly walk in the muteness zone  
Have faith in you 'n those you love  
For that's how you can cross harsh curve  
And know that everyone has his share  
So don't spend days in shedding tears  
Just count your gains 'n look for more  
And count your joys 'n knock on fun's door.

Seema Chowdhury

Seema Chowdhury

# In The Pounding Snow Storm

When the storm clouds let loose  
And it leaves trail of snow, ice and freezing temperature  
I stop in my tracks by thunder silence  
For I speak so well in silence  
Without negative or doubting voices  
And I quickly find my answers  
And find the definition of life  
And solve the jigsaw puzzle  
That alters my perspective.....

And then I claim a few moments as my own  
And look for themes in my answers  
And probably that is the moment  
That marks a moment of life's transition  
That eventually brighten my day  
And feed my soul.....

And in the pounding snow storm  
I imagine the soft touch  
Of the falling snow  
Unleashing my spirit,  
Spreading my wings,  
Sharing true colors,  
And I feel connected  
With the wider world  
That takes away all the weight  
And the pain of life  
And impose life's rhythm once again.....

Seema Chowdhury

# In The Pouring Rain

In the pouring rain  
I learnt to  
Turn my sorrow into joy  
By creating the illusion of action  
And by reordering moments into new  
Where I put my fate into God's hands  
In the world of uncertainty  
And opened my path  
To each moment of my life.....

In the pouring rain  
My heart, body, mind and soul  
All got cleansed and washed  
And I saw the source of of love  
That snap back my life  
Where I learnt  
How to manage and cope with pain  
And believe in seen and unseen  
And remove the shadow of past  
To save myself to sink into despair.....

In the pouring rain  
I found the joy in every moment  
With the tide of excitement  
Going up and down  
Bringing hope and gratitude  
To sprinkle joy on a grey day  
And fight the crowded and conflicting emotions  
And count simple blessings  
To make life sweet  
And thank God for all those blissful rain drops.....

Seema Chowdhury

# In The Race Of Time

Bring joy and goodness  
And a touch of warmth  
To share happiness  
In this race of time

Have faith beyond words  
And be patient  
Don't have fear of the unknown  
For emotional ups and downs will come

Don't lock yourself inside your soul  
Open up your heart  
And let the surrounding absorb you  
And pamper yourself in crisis  
To have a strong gripping  
So you get more to explore

And when you reach  
A crucial turning point in life  
Just hang on and celebrate life  
For life's greatest gifts are always a surprise

And know you have a lot  
To offer to the world  
So bring it on with love and peace  
And a touch of warmth  
To share happiness  
In this race of time...

Seema Chowdhury

# In The Rainbow

Today in the rainbow I saw  
A whole new world all raw

Filled with the mixture of smile  
To color my life for a while

Where parts of joy were there  
To show me God's love and care

Where also I saw some fain  
Just ready to wipe away pain

And then I thought about it  
And found in it love's bit

And thanked my Dear Lord  
For showing me His Bliss in odd.

Seema Chowdhury

# In The Real World

In real world, in real life  
In this world on God's earth that survive  
Things aren't quite easy and white  
Neither all paths and roads are bright

Because woe and tear and joy and smile  
All come with the trouble's pile  
And then it swiftly leaves you alone  
To stay and sit to cry and mourn

And then no one but only you  
Are left to bear the trouble's view  
And then you have to pick this bar  
And drive all alone this world's car

Till you reach the hill of hope  
That gives encouragement not to mope  
And teaches you new ways to survive  
In this real world and in its real life.

Seema Chowdhury

# In The Sea Of Depression

Tears are the yardstick of pain  
And sometimes they also measure our pain  
Because with their unceasing flow  
They come forward and try to slow  
Slow down the ups and downs  
Of life's never ending broken crown  
So there instead of not feeling free  
Or falling in the depression sea  
It's better for us to always try  
To throw out distress through a cry  
Because then better we start to feel  
And all our wounds begin to heal  
So always remember never to stop  
The salty flow of tears to drop  
Because after crying we feel free  
And never fall in the depression sea.

Seema Chowdhury

Seema Chowdhury

# In The Spirit Of Love

Whatever is done  
In the spirit of love  
Holds value  
And  
Brightens a day  
And  
Gives a sunnier touch  
To  
Everyone's life...

Where we learn to handle  
Compassion  
And love  
And the ability  
To hold them together  
For us  
And for all.....

Seema Chowdhury



# In The Stream Of Life

In the stream of life  
I saw trouble's sight  
Where world was full  
Of scenes dull and quiet  
Where importance of humor  
Was forgotten forever  
And life looked like  
Troubled for ever  
And there I also saw  
And met in my way  
A day that hide its face  
From the light of the day  
And only cries and hues  
Are heard among blues  
And no sign of joy's life  
Was allowed to peep or survive.

Seema Chowdhury

Seema Chowdhury

# In The Universe Of Hidden Meanings

In this  
Wierd worls  
No one bothers  
To listen and understand  
What you have to say  
And that's why  
Mostly  
The actual meanings are  
Left out....  
And  
Hidden  
Under the cover of  
Sweet bitterness  
For  
This is the universe of  
Hidden meanings.....

Seema Chowdhury

# In The Way Of Winning

In the way of winning  
You will surely meet  
Victory and success  
So joyly greet  
All of them  
With open arms  
And be sure not to  
Let anything harm  
The joy that is  
Hidden in it  
And learn to enjoy  
Every life's bit  
And know that soon  
All this will fade away  
Opening new chapters  
For a new and lovely day.

Seema Chowdhury

Seema Chowdhury

# In The Web Of Pain

Angry tears that speak of pain  
Broken hearts that don't know pain  
Words of love that are lost  
In frenzy world that doesn't pay cost  
Is what we get in the end  
Where life is cracked and bend  
Where this maze traps you again  
In the harsh web of pain  
So don't feel bad and learn to  
Look at life's bitter view  
And know that this is what is life  
In which we're all bound to survive.

Seema Chowdhury

Seema Chowdhury

# In The Winner's Circle

Not everyone gets a place  
In winner's circle in life's race  
So don't ever feel whipped  
If in the middle you trip

Just cling on to hope  
And find a luck's rope  
And get again in the lane  
And must not quit and try again

And remember not to feel shy  
Neither sit down ever to cry  
For those who sit and mope  
And leave all strings of hope

Are the one who can never get  
A place in winner's set  
So to get in the winner's lane  
You must not quit and try again.

Seema Chowdhury

# In The Wishing Well

Standing beside the wishing well  
Amid suspense and surprises  
There is dead silence  
Where I can vividly hear  
My hush feelings  
And all happening events  
In the game of life...

Where each day, loitering wind  
Cast off my burden of pain  
And radiant glory sparkles  
As dazzling as the bright sun  
To guide my soul  
Towards the caring shade  
Of love and peace  
To heal my wounds...

Where I wish and learn  
To visualize opportunities  
With a dream  
Of creativity and compassion  
To go through smoothly  
Crossing the river of time  
Into the cycle of enlightenment  
Through tough competition  
And embark on the journey  
Of smoother ride...

And bring variety to my life  
By strolling into the aisles  
Of laughter, challenges and victory  
To reach my 'aha' moment  
In the wishing well.

Seema Chowdhury

# In The World Of Darkness

In this world of darkness and cold  
Don't only look for gold

For all that is present in sea and sod  
Are surely the gift of our Lord

And all these things on world's crust  
Increases on God our trust

For the sky, the hill and the earth  
Are all rare and are all worth

And God is the one who has made  
Star, sunshine and the shade

And all these things tell us we must  
Increase on Gracious God our trust.

Seema Chowdhury

# In The World Of Hurry

We are all running a race  
In the world of hurry  
Where we need to channelize  
Our unused energy to succeed  
And find answers of the questions  
Because our time line can be  
A little shorter or a little longer  
Depending on what we can do  
To pass the hurdles on the way  
Stepping one after another  
Keep on going making our way  
Down the line to tie loose ends...

We create our own paradigm  
And our own flow of life  
Putting together the sequence  
Of steps and events  
To follow a rhythm in a sequel line  
Connecting strings to fix it all  
And to put the pieces of puzzle together  
To move on and rush  
To win in the world of hurry  
Where we need to channelize  
Our unused energy to succeed...

Seema Chowdhury



# In The Years To Come

I hope you'll see  
The sunny sights  
Of life that's free  
From all sorts of  
Troubles and pain  
And all kinds of  
Distress gain  
In the years to come  
I hope you will be  
The shining star  
Appearing for thee  
And spreading around  
The happiness light  
To amke things look  
All fresh and bright.

Seema Chowdhury

Seema Chowdhury

# In This Harsh World

In this harsh world of lies  
No one hears your cries  
And no one cares to see  
The teary eyes of thee

So don't shed your tears  
Neither complain my dear  
For no one wants to know  
What's happening in life's row

It's just that in this life  
Bitter bites do survive  
That you have to chew  
Without showing bitter hues

So don't feel down and blue  
Know that today for you  
Prayers door are open my friend  
With God being on others end.

Seema Chowdhury

# In This Noisy Confusion Of Life

In this noisy confusion of life  
I found  
Restless souls  
Broken dreams  
Doubtful words  
Fatigue fears  
Distress imaginations  
And  
Lonliness.....

Is that all I'll get? ? ?  
No I want my share of happiness  
I want to make the world  
And  
Myself  
Better inside and out.....  
And  
In the midst of  
Fear and uncertainty  
I want to open  
The gates of tenderness  
And feel  
Cold wind blowing on my face.....

Seema Chowdhury

# In Times Of Trouble

In times of trouble  
in times of pain  
Only thing you get  
And only thing you gain

is lots of agony  
Distress and doubts  
And a sky full of mist  
Fogs and clouds

For even if you try  
You cannot just forget  
All life's misfortunes  
And bad luck you have met

So it's no use just to pretend  
And hide tears in your eye  
And keep smiling just for others  
When you know its a bitter lie.

Seema Chowdhury

# In Your Thoughts

In your dreams, in your thoughts  
Look for what time have brought  
And thank God for giving you the best  
In every life's pace and every test

Because not everyone is always given  
The chance to pass all life's seven  
Stages that are infant, toddler and a child  
When you do things that are mostly wild

Next four stages when you are bold  
Are teenage, youngester, mayure and then old  
And after that you get wrinkles and bends  
That put your life's story to an end

When you don't really get any chance  
To do anything after time or in advance  
And you don't see what time have brought  
Neither you dream for anything in your thought.

Seema Chowdhury

# In Your Unknown World Ma

Please let me enter in your unknown world Ma  
Where you feel so safe and comfortable  
That you load and unload your life  
And create your own philosophy to live

Please let me enter in your unknown world Ma  
Where you find your inner strength  
To carve a starting and an ending point  
To enter and exit at your own ease

Please let me enter in your unknown world Ma  
Where you develop a sense of purpose  
And clear ideas of your deep emotions  
That leads your heart and tender soul

Please let me enter in your unknown world Ma  
Where everything is quiet and outside in  
And is hidden from your surroundings  
But still you find solace and peace there

Please let me enter in your unknown world Ma  
So I can see, feel and hear as you do  
And can be on the same side of spectrum to help  
When you feel as a stranger in the strange land

Please let me enter in your unknown world Ma  
So I can understand you as I did before  
And can easily connect and share with you  
The heavy burden of your fading and lost life....

Love you and miss your smile Ma

\*\*\*Written for my beloved mother who is suffering from Alzheimer\*\*\*

Seema Chowdhury

# Incomplete Day....

I don't want to discuss  
Unpleasant things ever  
For our lives have  
Their own patterns and dimensions  
Of mystery and wonder  
Of incomplete day-  
That no one else can ever understand  
For we all live  
In the broken world  
Where Unfamiliar streets are present  
Where sunshine has patchy fog  
and shock of new surroundings  
Mount fear  
As we rush through  
Our busy days.....

Seema Chowdhury

# Incomplete Story

Free yourself from the shackles  
Of mistrust and uncertainty  
And believe in your dream  
And the beauty of it  
For time is a powerful weapon  
So do not sit back or relax  
Keep on going for a search  
Collecting the bits and pieces  
Of your life to complete  
The incomplete story...

Do not miss the chance  
To walk in fields and woods  
And always give time for love  
For it helps to jump hurdles  
To approach swiftly at life

Be willing to forgive  
And own up your mistakes  
Rather than try to coverup  
For life is long and painful  
And at times hard to go on  
But be strong and move on  
And renew your soul  
To expand your horizon  
So you collect bits and pieces  
To complete the incomplete story of life...

Seema Chowdhury



# Index Card Of Life

Keep index cards  
For taking life's notes  
And record  
All your sweet memories  
That lingers in your heart  
Where wishes and needs  
And happy experiences  
With life's racing events  
Zooms the finish line  
With guiding philosophy of life

Where everyday moment  
Takes strong steps  
To organize your life  
With wonders and amazing new ways  
With positive images  
And balanced life style

Where enjoying opportunities  
And broaden world  
Give fresh and deep insight  
To create happiness  
And enjoy a cozy bliss  
To nurture happiness  
To get to real smile  
And spring to life.....

Seema Chowdhury

# Inexpressible Grief

Life  
Is an inexpressible grief  
That needs to be experienced  
And  
Tasted  
By every individual  
Along with his share  
Of  
Joy and sorrow  
Inside his hollow wounds  
That grows within him  
In this battle of life.....

Seema Chowdhury

# Infant World

Bitter hours  
Of this  
Infant world  
Make you sad  
And  
make you grow  
Sick at heart  
And make you believe  
That  
There are no dreams to dream  
And  
There are no eyes to see them.....

Seema Chowdhury

# Infinite Possibilities

Infinite possibilities are born of faith  
And new paths are formed to walk on  
Just believe in the magic of life  
And let love in, in a new light

Remember that seasons always change  
And green will definitely return each year  
So put your life in perspective  
Step forward and live in the moment

Just reach out and do good deeds  
To fill life with excitement and peace  
And banish unsettling thoughts from mind  
To look in the magical mirror and rejoice

For life is what it is  
But you have your way to happiness  
So preserve and unlock the magic  
And have hope and faith

For infinite possibilities are born  
And new paths are formed  
When we learn to be in the moment  
And overcome emotional struggles.

Seema Chowdhury

# Influence Of Kindness

Just like a dew drop  
Can never be stopped  
To fall on a flower  
And give it a power  
To brightly bloom  
And take away world's gloom  
Similar is my dear  
With kindness that's rare  
Just falls upon the heart  
And then it impart  
Joy 'n care 'n love  
That're gift of heaven above  
And surely kindness has strong  
Influence all along  
For it brighten our day  
And spread happiness in the way.

Seema Chowdhury

Seema Chowdhury

# Influence The World

Influence the world around you  
And try to take away blues  
That's spreading the gloom around  
And is making this god's ground  
A place of hurt and pain  
Where never comes joy or fain  
To brighten the sky's door  
And knock on it for more  
So try in it for all  
To break the trouble's wall  
And influence with love and smile  
And spread joys around miles.

Seema Chowdhury

Seema Chowdhury

# Inner Power

Depend on your inner power  
And know that life's tower  
Stands on your courage and strength  
So try to go deep and far in lengths  
And know your troubles and needs  
Are like growing and spouting seeds  
That need lots of love and care  
And strong belief's fair layer  
And try to bring happiness ray  
ato lonely and sad if you may  
With the help of passion and joy  
For that'll bring you reason to enjoy  
Your own life and your life's days  
In many different ways.

Seema Chowdhury

# Insensitive World

Don't show  
Your love and care  
In this insensitive world  
Where  
Only heartless people live  
Because  
Here  
Language of love  
And  
Acts of care  
Are considered as  
An action of little importance...

Seema Chowdhury



# Inside Beauty

Don't let beauty to ever die  
For it is rated very high  
For beauty both inside and outside  
Clear troubles, mistrust and doubts  
Yes, from beauty I mean Love,  
Kindness and care that comes from above  
For nothing can take the spread out place  
Of inside beauty of heart in pace  
So never let beauty to ever die  
As inside beauty is rated very high.

Seema Chowdhury

# Inside Out Of The Boundaries

Draw your own boundaries  
And discover its inside out  
And as you begin your day  
Reclaim your joy  
Pave the way for many miles of smiles  
Turn your face to the sun  
Chase your dreams  
And know that with a simple move  
You can enjoy new burst  
Of energy and sunshine  
And deal with frustration  
Without fear or despair  
If only you learn to draw  
Your own boundaries  
And discover it inside out

And know that with  
Sincere and effective prayers  
You can reach the right time  
Where you can hear your thoughts  
And can walk on the long road of faith  
Between smiles and tears  
And see life through new eyes  
And know that there is hope  
On the horizon  
With vibrant and stunning colors  
Where you can express your thoughts  
And learn how to draw your own boundaries  
And discover its inside out.

Seema Chowdhury

# Inside You

Trust your heart  
For it imparts  
Whatever is true  
Deep inside you  
And do it all  
Whether big or small  
Because life is less  
And more are mess  
So try to avail  
Chances that prevail  
And learn now  
My dear how  
To find your way  
From troubles away  
And trust your heart  
Where joy's imparts.

Seema Chowdhury

Seema Chowdhury

# Inspirational Words

Let today be the day  
When you catch up with life  
And treasure and discover the moment  
To play along and find  
The loving laughter to win life.....

Let today be the day  
When you free yourself  
from pain and suffering  
And the weeping heart  
And fill it with true joy of life  
To spread light and hope.....

Let today be the day  
When you can create a change  
And find God's true words  
Of faith and belief  
And find the right perspective  
To go along your journey  
And find answers to all your questions  
From God almighty's grace and divine bliss.....

Let today be the day  
When all your prayers are heard  
And cool breeze from heaven  
Hug you warmly and blissfully  
And bring comfort and everlasting peace  
Under God's loving care  
Let today be that special day.....

Seema Chowdhury

# Inspired Moments

Life goes on and on  
Showing fresh new thinking  
Wild chimes  
Clustered thoughts  
And unspoken challenges....

So be brave  
And continue this journey  
By imagining the unimaginable  
Doing the undone  
And creating a road map of your life  
Until the last moment.....

Believe in the open-door policy  
And keep the light on  
And believe firmly that  
Quitting isn't part of life's deal.....

Just latch on inspired moments  
And don't let them go  
Find a special connection  
And with the turn of the events  
Change the lenses you use to view life.....

This will help you to absorb  
And catch the wind of fortune  
In which you can  
Fly like a colorful butterfly  
And drink from the nectar of life  
And feel comfort, serenity and rejoice  
And take a voyage in the lifeboat of life.....

Seema Chowdhury

# Inspiring Words

Let your words be inspiring  
And thought provoking  
And  
Full of faith  
To brighten up  
Someone's life  
And showing them  
Timeless joys  
Feelings  
And  
Opportunities  
That can lead you out  
Of the  
Unending darkness.....

Seema Chowdhury

# Instead Of Just Waiting

Instead of just waiting  
For good time to come  
Go ahead and learn  
To count and sum

All life's good  
And life's bad  
And all life's up  
And down taht is sad

And then surely  
You will see  
That joy are much  
More for thee

So don't wait for  
Good time to come  
Go ahead and learn  
Life's joy to sum.

Seema Chowdhury

# Interpretation Of Reality

Quiet your mind  
And don't ask questions  
Just reflect on your real self  
And look inside your dream  
And vast your vision  
For there is no limit to this world

Where rain drops smile  
And snowflakes whisper  
Where sun shines bright  
And clouds passby  
When wind rustles through  
And lightly speaks to you

Only if you embrace silence  
And let loose your wishes, ideas and emotions  
Then you'll learn to read  
And absorb from your outer world  
And define reality  
And uncover the beauty

In all the moments of life  
And use your feelings and imagination  
To interpret reality  
And find a spiritual path  
To walk on and long  
In this journey of life.....

Seema Chowdhury



# Interrupted World

Heading to no where  
I started my journey  
And  
Took the first step  
And  
Then just kept walking  
And  
When I stopped to look back  
I found myself  
Stuck  
In the middle of  
My interrupted world.....

Seema Chowdhury

# Into A Strange Land

I don't know what to say  
I don't know how to lay  
But this is surely true  
Whenever I feel blue  
I visit my strange land  
That doesn't have trees or sand  
But is made of love and peace  
Where all my pains cease  
For all these things that survive  
Really helps my troubled life  
Because there all truth prevails  
That helps me to always avail  
One more chance to view  
Life without feeling blue.

Seema Chowdhury

Seema Chowdhury

# Into The Deep World

Deep into the wild  
In the wild world of dreams  
I wish and look for peace  
And a ray of joy's sunbeams  
But everywhere I only see  
A hollow of deep sorrow  
Where my voice seems to  
Disappear in the unknown 'morrow  
Where pains and disappointments  
Are ringing in the air  
And echoing words and noises  
Are falling in the form of tears  
And that's where I'm sitting  
All alone in the desert wild  
Solving a cross word puzzle  
With fears and remorse like a child  
Where every layer of life  
Is unfolding one by one  
Playing the vanishing game  
Of sufferings and pangs tons  
I only wish and pray  
To bring an end to this  
And satisfy my bitter soul  
With God's love and bliss  
And calm the storm that has  
Gathered on my face  
With broken and hazy sketches  
And distressing pang's trace.

Seema Chowdhury

# Into The Land

Into the land  
Of my dreams  
Take me please  
In that beam

That has everything  
That I cannot get  
In real life  
With pain that's wet

Into the land  
Of my dreams  
I never hear  
My injured screams

For there is always  
So much peace  
That there all pain  
Seems to cease

Into the land  
Of my dreams  
I wish to get  
The pleasure's cream

That I can use  
And have it all  
Before troubles can built  
Around me its wall.

Seema Chowdhury

# Into The Past

Don't let present to fly into past  
For then surely there'll be vast

Memories all mixed up for you  
To show you a confusing view

For whatever is present for us  
Is mostly based on our trust

So hang on to it and see  
What we can do to feel free

From the feelings of agony and pain  
To get and reach the path of fain

Where we can enjoy everything  
And for us joy it will bring

So stop the swift flow of the past  
To enter suddently in memories vast

And destroy all that is there for you  
To show you more confusing views.

Seema Chowdhury

Seema Chowdhury

# Invading Reality

Flooded with thoughts  
I love to live in my imagination  
Where I have deep conversation with myself  
And I enjoy falling in love with reflection of my hope  
For life is a real drama  
Where I walk on clear paths  
Following my inner voice  
Making bold moves  
And changing fresh looks and ideas  
With a passion for life...

And as I let go  
I never stop dreaming  
For life follows sequence of events  
Where silence of my surrounding  
Clears the cloud of dust  
And the amber sun rises  
And brings gentle breeze to lift my spirit  
And let me hold on to what is familiar  
In invading realities of fragile thoughts...

Seema Chowdhury

# Investment In Joy

The time that is  
Invested in joy  
Is a time  
That you enjoy  
For life passes by  
And leaves no  
Space for it  
In this flow  
So with lively  
Smiles and fain  
Enjoy it all  
Without any pain  
And know that soon  
Will come the day  
When everywhere joy  
Will come your way.

Seema Chowdhury

Seema Chowdhury

# Invisible Hands

The day when I was given birth  
The day when I was sent to this earth  
Since then someone special on this land  
Is giving me things through invisible hands  
Yes that is right and those invisible hands  
Are surely my god's blessings band  
Through which he gives me his reward  
And proves that he is my creator and lord  
I'm glad and I always wish and pray  
If I get chance and if I may  
Can hold and can lay my soul's band  
On the loving and caring invisible hands  
That only belongs to my gracious god  
Who always help when i'm stuck in odd  
And who always bless me with life's pleasure  
By giving me joys that I can never measure.

Seema Chowdhury

Seema Chowdhury



# Invisible Thread

An invisible thread of God  
is hanging down from the rod  
from the rod of love and care  
To show lord's affection and cheer  
And through this thread we're bound  
in this world's merry go round  
where up and down come by turns  
By which we've alot to learn  
And when we learn how to survive  
In this odd world of death and life  
Then it becomes easy for us all  
To steadily stand in any fall  
So try to hold on to it  
As it has value in every bit  
As this is really the thread of God  
That is habging from the rod  
From the rod of love and care  
To show Lord's affection and cheer.

Seema Chowdhury

# **Ironic Twist Of Life**

The whirlwind of emotions  
Is dragging me to the quicksand of mope  
Where shaded emptiness  
Is filling the landscape of the world  
With vague feelings  
And rocky thoughts

Where I cannot give voice  
To my fear and longing  
And questions I ask  
Are very hard to answer

Where tragic facts  
And the chain of despair  
Covers my lonely island  
And I feel drowning  
In the valley of darkness

Where ironic twist of life  
Is vanishing my moments  
And filling emptiness  
Of unspeakable frustration

Where I cannot release  
My soul from illusions  
Because my body is heavy  
With the fatigue of travel  
Battered by the storm.....

Seema Chowdhury

# Irreparable Harm

Suffering in silence  
Is  
An irreparable harm  
That  
Captures your mind 'n heart  
With  
Aches and pain  
And  
Keeps your wounds open  
To be filled with  
More and more  
Hurts and agony...

Seema Chowdhury

# Is Success A Luck? ? ?

Success is not always a chance or a luck  
It cannot be purchased with some buck  
But hard work and determination my dear  
Is the basic cause that'll take its care

And win good fortune just for you  
And bring you success in flying hues  
Because there are the symbol in life  
Of healthy mind and thoughts that survive

So whenever you choose your life's aim  
Or enter in some life's new game  
Just remember in God you must have trust  
Besides working hard to break nutty crust

Because hard work is what you need  
Along with strengthening and determination's deed  
Because success is not always chance or luck  
And it cannot be just purchased with some buck.

Seema Chowdhury

# Island Of Excellence

Embrace life  
And listen to your thoughts  
For this is God's wonderland  
Where we are all running  
After something or the other

Break down barriers  
And climb road blocks  
And take a deeper dive  
Through the cycle of time  
To reach the island of excellence

Try to capture things  
That are important to you  
And be the one  
That controls the flow  
Of the squiggly line of life

Don't play the blame game  
Improve yourself and go on  
And know what is good for you  
Just take a deeper dive  
And reach the island of excellence

And with an open mind  
Let your heart and soul free  
To embrace life  
Without running after things...

Seema Chowdhury

# Island Of Feelings

Island of feelings is surrounded with love  
Where each new path, bent and curve  
Is filled with something bright and new  
And spread its color like a rainbow hue

That place is so neat, serene and quiet  
That one just feels like steering its sight  
Because its beauty forces you to suppress  
Your feelings and don't let your words to express

It may sound wierd but that is true  
Whenever you feel lonely and blue  
You must visit the island of care  
Where many things are present to share

All your smile, sorrow and tears  
And show you things that're present there  
That can bring you peace and delight  
And show you rare things that are bright.

Seema Chowdhury

# It Hurts More

It hurts more  
When  
Someone from whom you expected  
Doesn't show  
The love and support  
And care  
At the right  
Moment and time  
When you  
Needed it most....

It hurts more  
When someone  
From whom you never expected  
Says things  
That you don't want to hear  
At the wrong  
Moment and time  
When you least expected.....

Seema Chowdhury

# It Is Our Destiny

You and me and me and you  
It is our destiny bright and true  
Where spirit of love, care and all  
Is standing still, firm and tall

Where blossom and bloom of summer and spring  
Also withhold bitterness that winter brings  
Where we have to learn to grab the right time  
Right place and right moment to flow in its rhyme

Where feelings of love will never change  
Care and affection will learn to rearrange  
Bad things that come along with life's smile  
So life can flow smoothly all for a while

Where dreams come true but steady and slow  
And teaches us lesson of pain and glow  
And show us that in this fairy tale of life  
We will grow to be stronger with every pain drive

Where we learn to care and understand each other  
And in every life's season we can happily gather  
Smiles for each other and the magic of love my friend  
To make our marriage stronger with blessings that never end

I hope, wish and pray to my dear God  
To sprinkle his blessings and love my Lord  
So we can stay together happily and forever  
With beautiful feelings to cherish and treasure.

Happy 18th Anniversary Sunny  
Thanks for being my best friend

Seema Chowdhury



# It Is You

It is the warmth  
It is the love  
It is the way  
You make me feel  
It is the care  
It is the joy  
It is the kindness  
That really steal  
My heart from me  
My love from me  
My everything from me  
And tells me to  
Just love you  
And that is true  
And in the home of my heart  
To keep you to never part  
Where we can both smile  
All for long and for a while  
To bring each other peace  
Till our life's story cease.

Seema Chowdhury

# It Is Your Moment

It is your moment so feel it in your heart  
And believe that for you it is a beautiful start  
For you my dear are turning sixteen today  
And stepping in the world of adventure's way

Always remember that life is a strange game  
Where nothing stays forever the same  
For new opportunities will come in your way  
So grab them quickly and never let them sway

And life is a walk on the gravel road, so learn  
From the winding paths that come with twists and turns  
So master each challenge that comes in and out  
And sometimes leave you in a flickering doubt

And sometimes when you peep outside your door  
You will find raging river and rolling waves and more  
Then don't give up or feel tired or scared  
For that is how life's cycle is always made

But sometimes your path will be filled with flowers  
Where you will walk and find fragrance power  
That will fill your life with love and care  
And sunshine that is bright and fair

Just expect the unexpected and be strong  
And display your emotions and care for long  
And enjoy your moment and feel it in your heart  
And believe that for you it is a beautiful start.

Happy 16th Birthday Samia Baby Doll.  
We love you very much.

Seema Chowdhury

# It's A Gift

It's a gift of wishes  
That's sent in your way  
To brighten all your morns  
And all your days  
I wish you the sun  
That will show you bright  
Sky and all above  
And other pretty sights  
And I wish you the starts  
That're quiet and calm  
And pray for your  
Pain to get some balm  
And I wish you all this  
Because my dear  
You're a friend of mine  
For whom I really care.

Seema Chowdhury

Seema Chowdhury

# It's A Wonderful Life

let every dawn  
be a bright morn  
For you to start  
a life with a heart  
that is free  
of troubles for thee  
And let every day  
Teaches you in your way  
That the joy that survive  
makes it a wonderful life  
So enjoy its every bit  
And build the kindness kit  
So ever new dawn  
Appears as a bright morn.

Seema Chowdhury

# It's Love

It's love that makes  
The world go on  
It's love that shows  
Us nights and morns

It's love that makes  
Us feel so good  
And as strong as  
Hard piece of wood

It's love that grows  
From heart to heart  
It's love that gives  
Us a bright start

It's love that makes  
This world go round  
It's love that fills  
With pleasure God's Ground.

Welcome Back Sunny! ! !

Seema Chowdhury

# It's My Moment

It's my moment

So I will go that extra mile to touch the peak of the mountain to bring back sunshine for my life.

It's my moment

So I will find miracles and magic to enhance and purify my heart to nourish and heal my cracked soul.

It's my moment

So I will take time to reconnect and reflect then step forward and walk towards the new horizon.

It's my moment

So I will add colors in my life and will swap all blue and grey shades, and change my gloomy thoughts to a sparkling start.

It's my moment

So I will show myself a path to success and organize my dull and confused life to rekindle the inner spirit.

It's my moment

So I will take this time to express gratitude for God's blessings and mercy that he has bestowed on me to improve because this is the key moment that defines me...

Seema Chowdhury

## It's Spring

Come on, come on dear  
Forget about your pain  
Look at the bright side  
For it is spring again  
After the months of winter  
Cool breeze and clouds  
Here comes the season  
Of the lovely spring  
That surely gives reason  
To live with joy and fain  
And welcome your life  
Where happiness smile survive  
So come on my dear  
And forget about your pain  
And look at the bright side  
For it is spring again.

Seema Chowdhury

# Jalsa Salana

Come everyone  
Please join in hands  
And listen to the call  
Of God's band  
And see the path  
That they're showing you  
For you to walk  
With peace and joy's view  
Come everyone  
Please join in hands  
And know that this one  
Is the gracious God's band  
Who is telling you  
To come to this side  
Where a new beginning  
Awaits to be your guide  
come everyone  
please join in hands  
and enter in the gate  
Where God's band  
Is waiting for you  
To open the door  
Where God's blessings  
love, peace and more  
Is waiting to be  
shed upon you  
To help in your trial  
Of grey and blue  
So you will know  
That you're not alone  
God is your guardian  
Who loves peace zone  
Who is expecting you  
To enter in a morn  
where joy and smile  
breaks each dawn  
so come everyone  
Please join in hands  
And listen to the call



Of God's band.

Seema Chowdhury

# Journey To A New Place

I often think  
And it comes in my mind  
Why is not life  
All pleasing and kind  
And why can't we stay  
Happy and in fain  
And why do we have  
The waves of pain? ? ?  
But mostly I don't get  
Any answer or reply  
Neither it suggests  
The cause of this WHY

So usually I feel  
May be it is because  
Our sins of the past  
Is its main cause  
that we do wiothout thinking  
That soon we have to face  
The phase in which we'll start  
A journey to a new place  
Where no one but only us  
Will be driving our lives bus  
And then we have to reply  
For all we have done and WHY? ? ?

Seema Chowdhury

# Journey's End

The journey of life  
Will come to an end  
When life's road will  
Flatten and bend

When no more of  
Tears or smiles  
Will come along to  
Fill up the miles

And then we have  
To leave it all  
Every worldly thing  
Whether big or small

And then we have  
To lie down to sleep  
Under God's earth  
Beneath it very deep.

Seema Chowdhury

# Joy And Pain's Stock

Go with the flow  
In this life's row  
If you want to show  
What do life owe  
For life is not a bed  
Of roses as said  
For in it is shed  
Tears and smiles med  
Where many doubts  
And sky of clouds  
Are found in doubts  
So never stay out  
And know in the walk  
Of life's talk  
Will come the block  
Of joy and pain's stock.

Seema Chowdhury

Seema Chowdhury

# Joy And Sorrow

The joy and sorrow of the bygone days  
Are mutely standing in my life's ways  
And are telling me to quitely hear  
What they're trying to say that's rare  
For each joy that stopped in my way  
Brought me the message of hope i'll say  
And told me that the never ending joy  
Is to learn to find fain and enjoy  
And every sorrow that crossed my pace  
Where I was walking with a dull face  
Told me that in life's long paste  
We're bound to try its bitter taste  
And I think its best for us all  
To stop feeling bad in things that're small  
So we can have more time to find  
The road of joy where sorrows can wind.

Seema Chowdhury

Seema Chowdhury

# Joy For Miles

If you can't take it any more  
And feel stuck in trouble's door  
Then don't think its just the end  
And feel life is not your friend  
Because life is not just this  
It also has god's huge bliss  
That adds colours of the fain  
To show you so much of gain  
That brings to you the gift of smile  
And joys in your way for miles.

Seema Chowdhury

Seema Chowdhury

# Joy Of Life

The three nice things  
That move in a ring  
Are the words of cheer  
That are nice and dear

The first thing is dream  
That is soft like cream  
And is pleasant and alive  
That helps me survive

Then next comes the moment  
That is perfect and prominent  
And makes a shining day  
In so many different ways

And last is the memory  
That I keep in my diary  
For it makes me smile  
When I'm sad for a while

And all the three things  
That move in a ring  
Are the words I need  
For a nice life to lead.

Seema Chowdhury

# Joyful Hues

Look on the bright side  
And put your faith on God  
wish for the best  
And look at your Lord  
Who is waiting for you  
with blessings and love  
To send as His gift  
From heaven above  
And hold out a candle  
Of hope, for you all  
And doesn't let anyone  
In desperation fall  
He loves us all  
And thinks of us as His own  
And to Him all troubles  
Of our lives are known  
And that's why He shows  
Us the golden dream  
And colour our lives  
With joyful hues cream.

Seema Chowdhury



# Joyful Soul

Make happiness your best friend  
And then with it pretend  
That never ever in your way  
Pain and pang can ever stay  
Because you have got my dear  
World's joyful Soul of cheer  
For life is hard and bitter too  
Where there are glimpse of blue  
And also some paths are bad  
Where nothing we see that's glad  
But if we want to lead a life  
Where pleasure surely survive  
Then we have to make our goal  
To have a very joyful soul.

Seema Chowdhury

# Joyful Tunes Of Life

Sometimes I desperately wish  
And hope if I can go  
Back into the days of the past  
Where I can joyfully row

The boat of my past days  
And in it see once more  
The things i used to do  
And enter in the door

Where memories greet me  
And gives me time to sum  
The joys of my days of the past  
And there with faith I can hum

The joyful tines of life  
And bring from there smile  
And precious memories to cherish  
To make my life worthwhile.

Seema Chowdhury

# Joy's Fort

Brush away tears  
Oh my dear  
And learn to share  
Love and care  
For life is adream  
As soft as a cream  
where survive's beam  
Of joy's scream  
But you have to  
Learn the true  
Art of joy's hue  
To enjoy life's view  
And learn to smile  
All for a while  
So in your trial  
You can dial  
The happiness code  
To share the load  
Of the tear's boat  
To build joy's fort.

Seema Chowdhury

# Joys Of Tomorrow

Make your life's painting beautiful  
And collect pieces of happy memories  
Paint the canvas of your life  
With bold brush strokes dear  
Filled with tenderness and love  
Faith and hope  
Compassion and wishes  
Enthusiasm and zeal  
Kindness and patience  
Sympathy and strength  
Forgiveness and joy  
Willingness and care  
Peace and spirituality  
Calmness and dream  
Prayers and positivity  
Friendship and trust  
And ignore the withering words  
That bring you pain and sorrow  
And let go of regrets  
And paint your canvas bright  
Just pick up where you left off  
And tie all loose ends dear  
And know that these bold brush strokes  
Will bring you joy of tomorrow

Seema Chowdhury

# Joy's Share

I saw with an open eye  
Joy spread all on the sky  
Where birds were flying high  
With the message of joy's tie  
It felt so good and nice  
That I think it is wise  
To enjoy it all twice  
Even if it's small in size  
So enjoy every bit my dear  
Through the short road of cheer  
And do it 'cause it is rare  
To get easily joy's share.

Seema Chowdhury

Seema Chowdhury

# Judgement Of God

Winter, Autumn, Summer or Spring  
God is present in everything  
Clouds, rain, rainbow or sunshine  
You God dear are only mine  
I want your hug and your love  
I want blessings from heaven above  
I want your strength in my pain  
And bright sunshine after rain  
I want bright smile after tears  
And hope to pass through troubled years  
And bright light to guide my way  
When I'm falling apart in the array  
So when its time for me to return  
And in this world ends my turn  
I can come happily smiling to you God  
To hear your judgment oh my Lord  
And to once again sleep calmly in your lap  
In the bed of your arms wearing warm hug's cap.

Seema Chowdhury

# Juggling Act

Life is a juggling act  
Between smiles and tears  
Where we struggle with pain  
Troubles and our fear

And try to rise up and  
Meet the challenges of life  
And see how one by one  
We can learn techniques to survive

Where we figure out life  
In steps as we go along  
And learn to memorize a few  
Lines of a joyful song

To get a grip back on reality  
When we're exhausted and drained  
And everything around looks blurry  
Messy, frightened and insane

So we can see life through new eyes  
And learn to smile through tears  
And listen to the sound of bells  
In darkness, troubles and fear

And drag ourselves out  
From darkness towards light  
Where sunbeams can warm our souls  
And show days ahead that are bright

And see hope on the horizon with smiles  
To freshen our everyday life  
And teach us some techniques  
Of joy in here to survive.

Seema Chowdhury

# Just A Few Words

May each morning  
That you see  
Be filled with joy  
Just for thee  
So you enjoy  
All your day  
And see bright sun  
Shining in your way  
For when you feel  
Good in heart  
Then it surely gives  
A brighter start  
For some more joy  
Fun and smile  
For all who deserve  
It for a while  
So try to begin  
Each of your day  
In the shadow of joy  
To brighten your way.

Seema Chowdhury



# Just A Little Bit More

Life displays  
changing scenes  
In kaleidoscope of miracles  
Where  
Creativity brings joy  
And  
Allows you to mend  
All your cracks and bends  
And brings deep satisfaction  
Only and only  
If you don't quit  
And allow yourself to do  
Just a little bit more.....

Seema Chowdhury

# Just An Extra Mile

Go that extra mile  
To catch the way of a smile  
And walk along the road  
To share someones load  
And when you'll do all this  
Then god's huge gift of bliss  
Will fall upon you dear  
To bring you joy and cheer  
So always try to do  
Nice things for others too  
And do it all with a smile  
By going just an extra mile.

Seema Chowdhury

Seema Chowdhury

# Just Another Way Of Saying

I love you dear for what you are  
I love you whether you are near or far  
I love you for all you always do  
I love you for you love me too

I wish that all your wishes and dreams  
Be filled with the joy of happiness extreme  
And I wish that all your silent prayers  
Be heard by God's Gracious ears

And I wish may you always stay  
Happy and calm in your life's way  
And may your worries be a thing of past  
So the pleasures area that is vast

May come walking to you my love  
To tell how much you're cared above  
And tell that I love you and always pray  
And this is another my sayings way.

Love You Sister.

Seema Chowdhury

# Just Be Ourselves

We are all ordinary people  
Struggling each moment  
To play our role  
In this curving  
Journey of life  
Where we move through stages  
And hope to learn  
How to define  
Who we are.....

Where nothing is unforgivable  
And unforgettable  
Where we are expected to  
Release our past  
And throw away  
The basket of unhappy memories  
And reach upwards  
To everyday joy.....

Where Spring is guaranteed to come  
Only if we learn to say  
Every loving and positive word  
where we can make ourselves  
Ambassador of positive thinking  
And uncover  
The positivity stored  
Deep within us.....

Where we can teach ourselves  
How to repeat  
Silently or aloud  
Positive things  
And learn to forgive ourselves  
And crush the heavy burden of  
Regrets and remorse  
And just be ourselves  
And play our role silently.....

Seema Chowdhury

# Just Few

Like the morning dew  
There are just few  
Moments in the life  
Where you can survive  
With joyous and rosy bloom  
To take away your gloom  
So try in that time  
To learn happiness rhyme  
And fill with delight  
Your every thought bright  
And in this deal  
Do everything with zeal  
So when it all ends  
And again the road bends  
Come in your way  
And fill your day  
Then you can track  
And look back  
To those happy and few  
Moments like morning dew  
And enjoy it all  
To break trouble's wall  
And live happily again  
Shunting all your pain.

Seema Chowdhury

# Just For Fun

Smile, smile and smile  
All for a while  
So when your day is done  
It had so much fun  
That the memories of it  
Lasts throughout a bit  
And have left for you  
Life's joyful view  
To look at them  
With joy's gem  
So learn to smile  
All for a while.

Seema Chowdhury

# Just Get Ready

Get ready  
To give and receive love  
And  
Never give up your faith  
Keep longing and looking  
For there is  
Plenty of room for possibility  
We just need to  
Keep our minds and eyes open  
And explore in different ways  
And  
Learn to give thanks  
For a little  
And you'll get alot  
For everyone wants  
True love in life  
So find a place of trust  
And know  
Someone out there  
Is waiting for you  
With a magical aspect  
And a magical touch  
Because love is big and deep  
And gently look around  
And make your own choice  
Today and always.....

Seema Chowdhury



# Just Glide

Instead of trudging through life, just glide  
Continue to live your life  
Brim over with happiness and fulfillment  
Enjoy the summer breeze  
The curling waves  
The seagulls  
The cool evening breeze  
And every sunbeam and every rain drop...

Let your heart lightened with real hope  
And let each day be full of joy and mirth  
Make your life rich and beautiful  
With the renewed sense of purpose  
By continuing to laugh  
Just glide through your life, instead of trudging  
And don't let your soul absorb  
In everyday pain of helplessness and hopelessness  
Interpret your memory with the waves of happiness...

Keep life's rein in God's hands  
And let Him take the burden  
Away from your shoulders  
To release your chain  
So you can enter in the sunshine to begin anew  
And perk up your sagging spirit  
With a jolt of renewed hope  
So you can glide, instead of trudging through life...

Seema Chowdhury

# Just Have Determination

If you want to reach your destiny's end  
Then cross paths that're crushed and bent  
And don't be swayed by the winds that blow  
Just tightly hold the determination's flow

For determinations' flow is what you really need  
To protect your goals from destruction's seed  
For once if it grows beside your home  
You can never get rid of this evil doom

So better be careful from the start  
And promise yourself in your heart  
That in this God's wide green earth  
You'll prove yourself to be worth

And will always try to reach your goal  
Either in parts or as a whole  
So avoid being swayed by the wind that blow  
And tightly hold on to determination's flow.

Seema Chowdhury

# Just In A Small Way

What winners do in their life's test  
Is to cling on to hope with zest

And whatever may come to them  
They stick to it with prayers hem

So if you want to joyly survive  
In dull and bright phases of life

Then try to make better each day  
By just adding joy in a small way

Because happiness is always in date  
And from your heart you have to create

It along with smile and fain  
To get rid of troubles and pain

So always in your way try your best  
To add joy in each day with zest.

Seema Chowdhury

## Just In The.....

A small world that is very kind  
Still exists in my deeper mind  
And I think of those curves and winds  
And the life that I have left behind

All those were so calm and quiet  
I felt as everything was so right  
For all the pretty and beautiful sights  
Were given and shown that were bright

But now all those are the past things  
That keeps on moving like a ring  
And tell me that dear everything  
Can change in just an eye blink

So now I try to be brave  
And avoid being coming into rave  
And try best so my soul can be saved  
And know that life is a flowing wave.

Seema Chowdhury

# Just Keep Silent

If you think life is not fair with you  
And you don't see any happiness view  
Then don't cry or dropp your tears  
But with silent thoughts try to share  
Your pain that is bothering you  
And is showing you sights that're untrue  
Because in such a time of pain  
The best way in which you can gain  
The pleasure and the joys of life  
Is to keep silent and learn to survive  
And let your mind lead your way  
Into a better and a brighter day.

Seema Chowdhury

Seema Chowdhury

# Just Thinking Of You

Thinking of you always brighten my day  
And spread joy 'n smile in my way  
Because your presence is a blessing for me  
That I think always sets me free  
And lit a candle of a friendship true  
That we will share just I and you  
I think very often about you dear  
Because your loving ways show care  
That you hold for me in heart  
From where always joys impart  
And that's why thinking of you today  
Brighten my world and my way.

Seema Chowdhury

Seema Chowdhury

# Just With Faith

Faith is the driving force of life  
Which help us to brightly survive

And teach us the lesson very first  
That on God only put your trust

For only he is the one who cares  
And can with you always share

All your life's mistrust and doubt  
That's spread all over loke a cloud

For faith is just like a tide  
That walks with you and by your side

And stand firmly like a rock  
And teach you how to trust and knock

On the prayers door of your God  
Who protects as He is the only Lord.

Seema Chowdhury

# Kaleidoscopic Views Of Life

Open yourself to more moments of inspiration  
And unlock your imagination  
To see all the comforts,  
Colors,  
Contrasts,  
And textures of life  
To look for the amazing surprises  
That God has in store for you...

Remember life is a gift  
That should be cherished  
With smile and zest  
And each moment should be honored  
With bright spots of hope  
To keep that happy vibe aglow.....

That will perk up your image  
And will add sunshine  
To the endless chain of magic.....  
And this will unleash your creative side  
To visualize a new future  
That will be more aware of your thoughts  
Your words and your actions.....

And this will stir up magic and opportunities  
Along life's way  
Where you can see  
Kaleidoscopic views of life  
Refreshing your energy  
And will let your beautiful light shine through....

Seema Chowdhury



# Keep Believing

Keep believing in yourself  
In your strength and faith  
Then surely life will  
Show you things great

And you'll see joy  
happiness and pleasure  
Everywhere spread around  
That are life's treasure

So just wait and hope  
And keep your believe  
Up to the mark my dear  
So you can get relief

From the troubles and  
Pains of your life  
So just have faith in you  
And you'll then learn to survive.

Seema Chowdhury

# Keep Everything Together

Kind words and deeds  
Can spread all joy  
So keep them together  
And let all enjoy  
The remedies of blue  
And the vision of hope  
For this is how  
You can learn to cope  
With the trouble's of life  
That are on the way  
So greet with smile  
Each new day.

Seema Chowdhury

# Keep Looking

Keep looking for such a pace  
That can take you to the place  
Where candles of hope are found  
Everywhere you look on ground  
For hope is what gives your life  
A new purpose to exist and survive  
And hope is what makes your day  
And gives it a shine in a splendid way  
So whenever and where you get  
A chance to look for a set  
Then look around for such a pace  
That can give you the hope's trace.

Seema Chowdhury

Seema Chowdhury

# Keep Smiling

The gift of friendship brighten my way  
And the blessings of it lightens my day  
For only a friend can understand  
When I need a gentle helping

I'm proud to have you as my friend  
For With you I don't need to pretend  
For all my joys to you are known  
And all my pains with which I mourn

I hope you must surely know  
How much to you I really do owe  
For brightining with your friendship my way  
And lightning with its blessings my day

And for you I surely pray to God  
To return you with interest your reward  
And let you smile throughout your way  
And let you brighten everyone's day.

Seema Chowdhury

# Keep The Image Alive

Preserve the image in your mind  
And keep it pretty alive  
Then mirror it in your art  
And see how it survive

For the nice and kind  
And small few acts  
That you perform  
Is really infact

A source of great  
Happiness and pleasure  
That no one can ever  
Record or measure

Because someone's image  
Of true love and art  
Brings so much joy  
To your mind and heart.

Seema Chowdhury

# Keep Your Spirit High

You can't stop sun rays to show its shine  
Just by simply closing the door on thine

For it can enter through the window  
If it doesn't find a way through door

So don't ever fall in the sea of mope  
Neither fall down 'n lose your hope

And not with the world feel angry and depress  
Or lie down under heavy burden of stress

Just keep your spirit flying all high  
And look at the sunny shining blue sky

And hope for a bright appearance of dawn  
After a passage of a night of mourn.

Seema Chowdhury

Seema Chowdhury

# Keep Your Words

Keep your words  
And do not sigh  
For life is a test  
Of lows and highs  
Where you have to  
Always face  
Troubles of the world  
In this race  
Where there are  
Broken dreams  
And many more  
Expectations extreme  
Where you have to  
Search for the reason  
To laugh and smile  
In trouble's season  
And always try to  
Make such moves  
That'll surely  
Help you to improve.

Seema Chowdhury

# Kind Wishes

I don't know how to say it all  
I cannot find words big or small

That can to you convey  
All that for you I do pray

I wish may kind wishes of mine  
Stays with you for all the time

And may everything that you wish  
Be granted to you from God's bliss

And I wish may God's care and love  
And His blessings of heaven above

May all come to spend some time  
With you and that is a wish of mine.

Best wishes sunny

Seema Chowdhury



# Kind Words

These are the nice and kind words  
That I heard from a cute little bird

When once I felt depressed and lost  
In this frenzy world that doesn't pay the cost

'If ever in your life you lose your gains  
Then take a deep breath and start once again

And try to face reality with a smile  
Then surely all your trouble's pile

And your desires will fall in your lap  
And will teach you how to joyfully clap

Even in the time of sufferings and pain  
And even when troubles pour like rain'.

Seema Chowdhury

# kindest Of All

When to world has done  
Its worst to me  
And  
Men and fortune  
Let me down....  
Then I turn  
To my God  
Where  
Loving God meet me  
At the prayers door  
With  
A smile of cheer  
And  
A word of encouragement  
To comfort and console  
Because  
He is the kindest of all! ! !

Seema Chowdhury

# Kindly Smile

You can create  
A heaven on earth  
Just by giving  
Kindly smile a birth  
For a smile is a strong  
weapon of love and care  
That can fill life  
With tons of cheer  
so try to shine  
Like a bright star  
and show others path  
In a night far  
Where others are  
Looking at you  
And your friendly smile  
To see sunshine hue.

Seema Chowdhury

# Kindness Grows

Kindness grows each day  
Like weed on the ground  
With no limitations  
And no restrictions  
And it takes us  
On a journey of life  
Where windows of love  
Open...  
One after another  
And invite us to spend  
A lovely time together  
With  
Fain and delight  
And show us  
The power of love  
And how it blooms  
Flowers of kindness  
And buds of care  
And bring back spring  
In the lives of others  
And ourselves too.....  
And then it leaves us with  
Loving message  
Friendly hands  
Happy times  
Shouts of laughter  
And  
Splendid wishes  
Under a cloudless sky of life.....

Seema Chowdhury

# Kindness Makes Life Wonderful

Kindness is the root of peace my dear  
It shows how much others care  
And it gives birth to kindness and love  
And that is the rule of heaven above  
And kindness makes life more worthwhile  
And it shows us way to brightly smile  
And it fills our lives with fun and joy  
And gives us more chances to enjoy  
And kindness fills colour in our lives  
And tell that to peacefully survive  
We must adopt the kindness rule  
Because it is the best loves tool  
So cling on to kindness and hope  
And don't ever feel down or mope  
And then you will know my dear  
That kindness is the root of peace 'n care.

Seema Chowdhury

Seema Chowdhury

# Know Yourself

The difficult lesson that I have learnt  
In this world since my birth  
Is to know yourself and others  
Who lives on God's green Earth

For its even hard to know  
What is hidden inside you  
For there're many things to be known  
About you dear that is true

So search for good inside you  
And know that it's God's bliss  
That He has given as a gift  
To be enjoyed, so never miss.

Seema Chowdhury

# Known And Unknown Pain

The waves that are rising in the sea  
And slowly coming towards me

Each carries a tale of its own  
That to no one is ever known

For they are always ready to share  
And silently show me they care

And they always come to me and ask  
What is hidden under the mask

That I have worn on my face  
So no one can get its trace

And then I see through them  
That nothing but with prayers hem

All my pains that're known or unknown  
Can be shared with the God of my own.

Seema Chowdhury

# Ladder Of Misery

I'm climbing  
The ladder of misery  
With  
The steps full of  
Distress  
Agony  
And  
Pang  
And  
With the hope  
That  
At journey's end  
I'll meet  
The shadow of serenity  
To be my companion.....

Seema Chowdhury



# Land Of Dreams

A dream is  
An unattainable distant hope  
And ideal  
A train of thoughts  
And fancies  
And  
A vision that is imaginary  
But  
It can all be mine  
In  
The land of dreams.....

Seema Chowdhury

# Land Of Hope

Memories paint our days  
With its fading colors  
That fades away  
slowly  
Very slowly  
Leaving our tired heart  
To believe  
That  
Now we have reached  
near  
Very near  
The end of a journey  
That  
Once we started  
In the land of hope.....

Seema Chowdhury

# Land Of Smiles

Today from the land of smiles  
I got a message around miles  
That brought with it the wishes  
For happiness and God's blessings  
I wish if a way i can find  
To express what's in my mind  
And collect life's joy I treasure  
And the happiness if I can measure  
For its nice to know my dear  
That someone from far really cares  
Who is sending good wishes today  
To make flowery my life's way.

Seema Chowdhury

# Land Of Thorns

Don't feel sorrowful  
Or heart broken  
or else  
You'll be left alone  
To wander  
In the land  
Of miserable thorns  
Where  
Storm has gathered  
And  
Answers are given with  
Ayes and nays  
That echoes  
Words and noises  
Forever and ever.....

Seema Chowdhury

# Land Of Unknown

The place where I dwell  
In my heart and mind  
Is so different and nice  
And one of its kind  
Where only survive  
Joys and fain  
And unaccountable blessings  
From the happiness rain  
I don't want to come  
Out of this land  
From the land of unknown  
Where fain's band  
Extend its branches  
For me every time  
I'm faced with a terrible  
Turn of fate's rhyme  
where sky always shines  
And greet me with smiles  
The smile of joy  
That goes long miles  
And helps me to walk  
In the land of unknown  
That survives in my mind  
And in the happiness zone  
Where usually I dwell  
In my heart and mind  
That is different and nice  
And one of its kind.

Seema Chowdhury

# Language Of Silence

Silence is a language that doesn't have any word  
Its the absence of a sound or a stillness that's curt  
So if no word is found that is capable to convey  
Anything that you really want or really say

Then try to see if you can enter in the world  
Where thoughts aren't known or stated in words  
And where feelings are replaced with the tranquil looks  
Just like thoughts scattered in a little nook

And the language of silence is used in the glen  
In the glen of thoughts taht  
doesn't find any pen  
To lay down all that they want from life  
Which sometimes are really needed to survive

And see if today you can use to fulfil  
The needs of your mind and heart that's still  
Working very quietly and don't know what to say  
And doesn't find any word that can easily convey

So there instead of putting all kinds of blame  
Or feeling very down sad or insane  
See if now you can enter in the world  
Where thoughts aren't known or stated in words.

Seema Chowdhury

# Last And Lost Chance

Deep in my heart deep in my mind ,  
Your memorable sketch that're all kind  
Are rumbling and making me sad  
And are reminding me of the days you had

For you were very affectionate and nice  
And you did all of it without thinking twice  
And showed all how to knock at the door  
Of oppotrunities when things were kind of bore

And I remember how you use to tell others  
To keep on smiling and try to gather  
The flower of wishes, smiles and hope  
And keep away from the tears of mope

But today when you tried your luck with zest  
You failed in getting living marks on your test  
Which turned this last to chance that was lost  
Which lead you to pay your own death's cost

And then very quitely you left us all  
As your names leaf today met its fall  
But still you'll always be remembered as the star  
Who emitted light for others even from far.

SO LONG EDWARD GARCIA! ! !

Seema Chowdhury

# Last Few Minutes

For the last few minutes  
I'm searching  
For the words  
In the sailing clouds  
Of the numb zone  
To collect myself  
From the hard  
And chilli blow  
Of treouble's wind-  
For it ruined everything  
And  
Left me all alone to wonder  
In the darkness  
Of the darkest hour--

Seema Chowdhury



# Last Laugh

Life  
Is a painful joke  
Where  
Every day  
At  
Every crossing  
And  
At every turn  
We are forced to laugh  
Our  
Last laugh  
Of distress and hurt...

Seema Chowdhury

# Lasting Bond Of Friendship

Friendship is a garden  
Where endless beauty grows  
And bring with it dear  
Happiness and joy's rose  
For it is a lasting bond  
That has sincerity all true  
That everyone has a right  
To share with me and you  
Because nothing more is precious  
Or nothing more is rare  
Then a true bond of friendship  
That shows joy of love and care.

Seema Chowdhury

# Lasting Image

The lasting image of life stays  
Forever on us in many ways  
So we all must learn in it to survive  
By enjoying each moment moment of our life  
For life is not what we want from it  
So we must accept it just bit by bit  
And we all must try our best  
To pass with flying hues this test.

Seema Chowdhury

Seema Chowdhury

# Lasting Love

The love that I hold  
In my heart for you  
Is surely forever  
And will always be true

Because my love  
My dear sweetheart  
You will always live in  
A place called my heart

So I wish you luck  
In all you do  
And wish may success  
Meets you too

And hope for you  
A life taht's bright  
And all filled with  
Fun and delight.

Happy Birthday Uzair baby

Seema Chowdhury

# Lasting Success

Hard work that is dropped in the place  
Make its way and its own pace  
And can easily transform past pain  
Into your present powers of gain  
So search for the options with zeal  
And try to be as strong as a steel  
And work out joyly for your day  
So you can have lasting suces in way  
Where good fortune can also come to greet  
Your life's way with success's sweet treat.

Seema Chowdhury

Seema Chowdhury

# Laugh And Smile

Laugh scatters its color  
On the sky  
Like a rainbow  
Shining high  
For laugh and smiles  
Are life's treasure  
That knows how to  
Attract pleasure  
So learn to smile  
In your way  
To brighten your path  
And your day.

Seema Chowdhury

# Laugh Loudly

Laugh loudly  
And let your joys  
Flow unfounded  
Here and there  
And all around  
In your life  
To bring you back  
When it returns  
Victories  
And joy rides  
That was once lost  
In the crowd of despair.....

Seema Chowdhury

# Laugh Off

Laugh off at hurts  
And smile in trials  
And don't let mope  
To come in piles  
And do it all  
With the hope  
To overcome pain  
And trouble's rope  
And know in life  
Will come distress  
So face it all  
Without any stress  
And laugh off hurts  
With a smile  
And don't mope  
Even in trials.

Seema Chowdhury

Seema Chowdhury



# Laugh Through Your Tears

Incorporate happiness in your life  
And learn to laugh through your tears  
For life is not a bed of roses  
There are painful thorns and fears

Where we need to work hard and seek  
Answers of all our 'whys'  
And find the correct solutions  
To overcome our troubles and tries

For exploration gives way to learning  
That shows us colors of life  
In every direction that we follow  
That teaches us how to survive

For the path of life on which  
We walk are hard and long  
So we must learn to laugh  
And take a break to be strong

And when we will learn to try  
To wipe the tears from our eyes  
then sequence of logical steps  
Will help us to overcome 'why'

So incorporate happiness in life  
And learn to overcome your fears  
For life is not a bed of roses  
So learn to laugh through your tears.

Seema Chowdhury

# Laughing Sorrows

Everyone's life  
is  
Bound with  
A rope of  
Hurts and sorrows  
pains and despairs  
And  
Grays and blues  
I wish  
If I can get  
The laughing sorrows  
In my part..

Seema Chowdhury

# Laughter And Tears

Through laughter and tears  
Through troubles and cheers

I'm passing my years  
With things that're rare

That shows me morn  
And some dawns

Of smiles and frowns  
In my life; s lawn

Where some sweet  
And some bitter treats

Are given to eat  
Which makes life complete.

Seema Chowdhury

# Laughter Is Contagious

Laugh and everyone will laugh with you  
For laughter is contagious 'n that's true  
For when someone finds this rhyme  
Then everything looks pleasant in time  
So stop sighing and seek for the day  
That can take you to such a way  
Where you can find no glimpse of pain  
Neither any sight of clouds or rain  
Where you can faintly enjoy the true  
God's gift of contagious laughter's hue.

Seema Chowdhury

Seema Chowdhury

# Laughter's Sun

May laughter's sun comes  
To drive winter from your face  
May you lead your life  
With courage and with grace

May your life always be  
All free of sigh and pain  
Where not even a dropp comes  
Filled with trouble's rain

So you can stay here  
With joy, cheer and love  
And enjoy all these blessings  
Sent from heaven above.

Seema Chowdhury

Seema Chowdhury

# Layers Of Life

Let your life be fair with you  
And let you enjoy all the true  
Happiness and pleasure dear  
That is hidden in the layers  
In the layer of your life  
In which you have to drive  
The troublesome car of it  
That holds sorrow in every bit  
So learn to handle them all  
Troubles 'n joys all big 'n small  
And let your life show you sights  
That makes you feel all bright.

Seema Chowdhury

Seema Chowdhury

# Lead The Way

In your day  
Of your life  
Where you survive  
With peace 'n smile  
With joy for a while  
And do it now  
Without asking how  
For you'll never get  
This chance in life's set  
Once again to gain  
Happiness and gain  
So avail this chance  
Now in advance  
And learn to sing 'n smile  
All for long miles.

Seema Chowdhury

Seema Chowdhury

# Learn The Road

Learn about the road  
Before  
Start travelling  
For  
That is  
On which rest of  
Your life's days depend  
And  
Then it will be easy  
To know  
How to walk firmly  
Under the  
Black clouds  
And the Blazing sun  
And how to  
Move with faith  
Between the circle of time  
And  
dimming twilight.....

Seema Chowdhury



# Learn The Rules

Learn the rules of smile in life  
So it'll be easy for you to drive

The vehicle of life with joy and fun  
Before each day is over and done

For smile works as a healing balm  
And helps to cool down and calm

Any wound that is caused by pain  
And bothers you through which you gain

Tears of agony, distress and grief  
That doesn't show you a way to relief

So learn to smile a lot in life  
And start each day the vehicle to drive

With a charming smile that can hide  
Your pain under heavy joy's tide.

Keep Smiling Friend! ! !

Seema Chowdhury

# Learn To Enjoy

Don't sound vague neither cry  
Nor ever feel tired to try  
And know that if you want to survive  
Then you have to get on with your life  
For no one knows what 'morrow 'll bring  
A smiling dream or a tear's wing  
So live for the moment and learn to enjoy  
All life's fains, funs and joy  
And try to add a little more hope  
For this medicine teaches you to cope  
With all life's trouble, distress 'n pain  
And a quiet life smile like sunshine rain.

Seema Chowdhury

Seema Chowdhury

# Learn To Fight

Life is a journey  
Where I wish to walk  
And clear for myself  
All road blocks  
And live in it  
With joy and fain  
And learn to fight  
And overcome pain

And Life is a blessing  
That God Has bestowed  
And wants us to enjoy  
Each and every show  
That comes in our way  
To color our days.

Seema Chowdhury

# Learn To Give

Move and live  
Learn to give  
Happiness away  
For other's day  
And then you  
Can really too  
Enjoy life  
And its drive  
And then light  
Will bring delight  
And broad day  
Will come in the way  
To swap bad  
In all that's glad.

Seema Chowdhury

# Learn To Joyfully Sing

The light will shine  
And the bell will ding  
If you will learn  
To joyfully sing

The song of fain  
In life's way  
To brighten it  
And your day

Its surely worth  
For you to smile  
Even when hard  
Burden of trial

Comes in to  
Block your view  
To take away life's  
Joy that's true.

Seema Chowdhury

# Learn To Live

We feel hurt  
When we expect too much  
From someone  
Who doesn't know  
That  
The true art of living  
Is to learn to live  
Under the shadow of  
Boundless warmth and passion.....

This is life  
And this is living  
And this is what we have to live with.....

Seema Chowdhury

# Learn To Operate Life

Surf on the waves of happiness  
And jazz up your life  
Learn to synchronize and take control  
Of the self running slide show  
Do not escape or close the live browser  
Be strong and brave  
And learn to accommodate change  
And accept the fact that we cannot reverse  
Certain updates made to our life's database

Click the 'Clear All' button to empty poignant memories  
And put all conflicting thoughts in the 'Recycle Bin'  
So you can start anew to enjoy sunrise and sunset  
And a glimpse of the laughing Spring  
Or catch the snowflake and see it melting in your palms

Life is what it is  
So don't be puzzled by its challenges  
Find a fast start along its tracks  
And add your slide show of positive reinforcement  
To begin a beautiful and creative life  
With compassion, optimism and tenderness  
Just slowly merge with the moving traffic along the freeway  
To operate your life in your own gentle way...

Seema Chowdhury

# Learn To Survive

why can't these troubles  
jJst leave me alone  
For a little while  
To stay out of mourn

To look at the sky  
And all beauty around  
To touch the shining stars  
And the beauty of the ground

I need some time  
And need a place  
Where bright sunshine  
is spread in the pace

To enjoy it all  
And know what is life  
And feel them all  
And learn to survive.

Seema Chowdhury



# Learn To Trust

Of all the things that life gave us  
Knottiest of them is to gain someone's trust  
And that is not very easy to gain  
So we must stop and try again

As trust is the basis of everything  
Along with honesty that comes in a ring  
So if we want others sincere view  
We must prove that we are sincere too

And show others that we really care  
In our own way to all who are dear  
And tell them that we'll always stand  
And when needed will always offer a hand

And another thing that we all might try  
Is to always be honest and don't ever lie  
Because once if someone's trust proves wrong  
they'll stop trusting others in any form

So these are small things we need to know  
So make nice friends among our foe  
So we must learn to trust to know life's taste  
Or else our life will be just a waste.

Seema Chowdhury

# Learn To Walk

Learn to walk  
With  
An extra baggage  
On  
The free way of life  
With  
A bumpy ride  
Because  
Staying afloat  
In rough water  
Teaches you to handle  
The  
Unexpected storm  
That  
Might come in the night.....

Seema Chowdhury

# Leave All To God

Things that you can never do  
That makes you feel down and blue

Must be left all to God  
As He evens all your odds

So leave all your troubled heart  
To gracious God from the start

And then God will play His Part  
And will give you peace of heart

So don't worry and trust on Him  
And know He will help With vim

Because when you leave it all  
Then God breaks the trouble's wall

And grant you all He thinks is best  
For you dear in life's test

That will take your blues away  
And make you happy in your way.

Seema Chowdhury

# Leave Behind

Leave behind sorrow  
And look for tomorrow  
For there are dear  
Love and care  
And kindness for all  
Hidden in small  
Things of life  
So learn to survive  
And search for them  
Through prayer's gem  
And leave behind sorrow  
And look for bright tomorrow.

Seema Chowdhury

# Leave It All To Gracious God

Don't play for too long in the sand box  
Stop worrying and leave it all to God  
Wrap words around trust and faith  
And gently hold on for He is your Lord

Look beyond loneliness and into your dream  
Begin to search for the ray of hope  
So you can turn darkness into light  
And come out of the clouds of haze and mope

Know that God is the source of life and love  
And He can save you in every way  
Wait for the night to turn into a sunny day  
And give momentum a chance to swing in your way

Don't collapse in tears or in another jag of crying  
Bend the axis of suffering choose for yourself joy  
For life is a mixture of woes and sunshine  
So reward yourself with smiles of warmth to enjoy

Remember flowers will surely bloom in your day  
That will brighten your soul and life's way  
Where Gracious God will extend His blessing's shade  
For He is your loving God and guard of your day.

Seema Chowdhury

# Leaves Of Time

pluck leaves of time  
That is flowing in the rhyme  
From the moment's tree  
And then set free  
Your soul and mind  
And let it wind  
the empty days  
You passed in ways  
So you can fill  
And in them drill  
A hole from where  
Pleasures and cheer  
Can enter once again  
And fill with rhyme  
So leaves of time  
Can again be seen  
Smiling all green.

Seema Chowdhury

# Left And Right Arrows Of Life

Don't let the failure of your imagination  
Frightened you, just pause for few moments  
Then use the left and right arrows  
To shift your perspective...

Do not struggle for composure  
Run at your own pace  
And do not let the noise and confusion  
Of every day world make you sad...

Remember to share your sorrow  
When you are absorbed in pain  
And have determination and courage  
To see it through till the end...

Develop the attitude of believing  
And learn to swim against the tide of troubles  
This is difficult but not impossible  
So be courageous and at least try it once...

Listen to your own unique voice  
and use your left and right arrows  
To shift your confusing perspective  
And find motivation to carry on..

Seema Chowdhury

# Left Behind Reality

Don't look back again and again  
For life is an endless chain

Where glimpse of joy and ocean of pain  
Comes for us hidden with rain

So don't look back at the left behind  
Reality and think life is unkind

Just get up and seek for the light  
And hope to see in life pretty sights

And remember that in this life's game  
No one has the right to claim

That they have the right on happiness dear  
For life gives us both joy and pain's share.

Seema Chowdhury



# Left Unsaid

Somethings are better  
left unsaid  
Until the last day  
Of our lives.....

For we all have to face  
Fighting moments of life  
Where  
Unscheduled troubles  
And hurdles come  
And leave behind  
A chain of pain  
And crowded waves  
In the sea of fears.....

When time get lost  
In bitter experience..  
And we only get to meet  
Empty and unhappy dawn  
After a dreadful night

And then we are left alone  
To suffer  
With our emptiness  
And  
Unsaid words and thoughts.....

Seema Chowdhury

# Less Travel Road

Happiness is usually  
A less traveled road  
Where we all  
Wish to board  
And stay longer  
Not only for a while  
To enjoy life  
With joyful smiles  
But not always  
We find a way  
To do it ear  
And there stay  
So don't feel gray  
Or down or blue  
And hope to see  
A nice and good view.

Seema Chowdhury

# Lesson Of Life

Up and down the hills and plains  
i walked all alone just insane

Following the weird unknown shadow  
That ended up in the tranquil meadow

Which now had tons of autumn leaves  
Filled with brownish shaby leaves

And then at once I thought dear why  
I followed what appeared on the sky

What was it taht inspired me  
'To follow it all with fain and glee

And that's when I was interrupted by  
The hazy sketch that appeared before my eye

On the sturdy rock jutting out of the sea  
Getting ready to be studied by me

For a moment I thought then went close by  
To see what was sritten to be read by my eye

And there I saw the story of my past  
Written on the blue sea that was vast

that said dear now don't look back  
Because then you can't keep the track

Of where your life is leading you  
To the hilly and plain paths that're new

So today with fain close the door  
Of your past so it won't interfere any more

And let you lead a happy life  
that's surely needed for one to survive

So then to close and say goodbye  
To the life of the past o just stopped by

Where I only saw the waves of the sea  
washing and waiting to set my life free

And from there on my return I brought  
The lesson of life that I was taught

That there is no future if you  
Keep putting your past in front of you.

Seema Chowdhury

# Let Faith Grow

Let faith grow  
And lighten your load  
And take you to green pasture  
And beautiful still water  
Where you can breathe fresh air  
And throw away your troubled load  
And hear the sound of God's voice  
Full of hope and peace

Where you can rediscover yourself  
And learn to hold back tears  
That well up in your eyes  
And learn to overcome your struggle  
To find joy in your strength  
To hold on to life  
And redefine your world  
And open the next chapter  
Of hope in your life.....

Happy New Year 2012.

Seema Chowdhury

# Let Fresh Breath Enter

In this maze of life  
Show yourself positive views  
And shut negative thoughts out  
So fresh breath can enter your soul  
If you aren't unable to speak  
Then sit and do silent prayers  
And remember that the other side of life  
Is always present and may be bright  
Focus on things that matter  
Because future is full of opportunities  
So speak out your feelings openly  
And find the tipping point of life  
Don't feel like a stranger  
In this strange land of time  
Try to solve this puzzle  
And see how far you can swim  
Just pour our negative emotions  
And shut depressing thoughts out  
Search for positive views  
So fresh breath can enter your soul.....

Seema Chowdhury

# Let Go

Let your mind wonder alone  
Let it fight with the mourn  
Let it wash away the tears  
The tears of remorse and fear

Let go of these stabbing pain  
That're crushing the moments of fain  
For if you will not let it go  
Then you can never say no

To the troubles of real life  
Where we are all bound to survive  
For life has its up and down  
That brings dole, gray and brown

And let not you stay in peace  
And blow the trouble's cool breeze  
So if you want to joyfully survive  
In each day of your little life

Then let your mind wonder alone  
And fight with trouble's and mourn.

Seema Chowdhury

# Let Go Of Old Fears

Let go of old fears  
And wipe away your fears

And know that in your way  
You have to pluck the ray

Of both joy and pain  
Of both sunshine and rain

So learn to handle it with care  
As this is what makes life dear

And know you have to learn  
To mold and to turn

The bad sights of this life  
Into lovely scenes that survive

So it will be easy to let go  
Fears and tears of past flow.

Seema Chowdhury



# Let The Heart Speak

Life is full of infinite beauties  
To behold and display  
So never feel shy or low  
And always try to lay

Its nobleness and its peace  
And abundance of blissful love  
That is all hidden in it  
And comes from heaven above

Speak from your heart  
And let it all out  
For life is a song of faith  
So sing it without any doubt

And know how blessed you are  
For glorious new day awaits dear  
in each step of your life  
With the gift of joy and cheer

And this is how we should thank  
Our creator and our Lord  
For the blessings that he has showered  
On all of us who is our gracious God.

Seema Chowdhury

# Let The Music Out

Play and let the music out  
Don't walk around with any doubt  
Be your own cheer leader dear  
And dip your soul in faith's layer

Let cool whisper of wind drift  
And swap your pain with breeze swift  
And show you awesome life's treat  
To welcome you with hope sweet

For perfect pleasure and positive deed  
Can satisfy and can feed  
Your heart, your soul and your mind  
And show you ways to trouble unwind

So play and let the music out  
Don't walk around with any doubt  
Be your own cheer leader dear  
And dip your soul in faith's layer

For radiant happiness and simple joy  
Can bring a wave of energy to enjoy  
For joy is contagious and like a snow flake  
That smiles then melts away to break

So play and let the music out  
Don't walk around with any doubt  
Be your own cheer leader dear  
And dip your soul in faith's layer.

Seema Chowdhury

# Let You Be

Let you be  
The cause of hope  
To everyone  
Who is in mope  
And let you be  
The bright spring  
Who helps to shine  
In life everything  
And let you be  
The source of delight  
Who brings joy  
And the pleasing sight.

Seema Chowdhury

Seema Chowdhury

# Let's Count Our Blessings

Let's count our blessings and be thankful to God  
Who gave us so much as gifts and rewards  
That bind us with his unbreakable chord  
With the chord of strong love of our Lord

He fabricated the bright shining blue sky  
Where tiny little clouds can freely fly  
So if ever in life we're in pain and sigh  
It carries with us and asks dear why

And also God created the grass that is green  
Where thousands of blessings can be seen  
And we know if we need shoulders to lean  
He'll listen to us with interest and keen

And last I'll say if we're not feeling fine  
Then we should look at things that're bright and shine  
There many things are still undefined  
But we know all these are showing God's sign

And when we know someone extra nice in there  
To share our problems and to wipe our tears  
Then we don't need to think anything is unfair  
As we know we're safe in Lord's loving care.

Seema Chowdhury

# Let's Live For Tomorrow

Life has troubles  
Life has sorrows  
So don't give up  
Just live for tomorrow  
And hope surely  
Will appear a morn  
That will be free  
Of trouble's corn  
And will show you  
Life's joy and pleasure  
That collected when  
Brings a great treasure.

Seema Chowdhury

# Lets Make Things Better

Work hard for alittle while  
With hope and a joyous smile

And know in each day of life  
Is hidden a way to fainly survive

So try to make better all things  
That moves on in life as a ring

For joy and pain, troubles and pleasure  
Are all life's rare and precious treasure

So try to achiever the height of joy  
Where you can learn to enjoy

Each moment of your precious life  
In which you're bound to survive.

Seema Chowdhury

# Let's Make Today Fun

No matter how the life's landscape changes  
Do not let go of your own perspective  
Let your soul free and start at the ground level  
Cascade down through your creative imagination  
And pave the path for a smooth ride  
If you don't stay on top of life's challenges  
You'll be lost in a land of myth and misconception

Don't be reluctant to shift gears to achieve your goal  
Be flexible in your thinking and planning  
Always be prepared to make today fun  
And fit completely and smoothly in the big picture  
You have a lot to deal with to create momentum  
So uncover the details and truth to life

Don't be afraid of the grey cloud  
And never fear the known or the unknown  
Try to shake things up and open new opportunities  
And destroy any road block that comes in the way  
And always be prepared to make today fun  
And change life's landscape according to your perspective

Seema Chowdhury

# Lets Search For Our Ways

Lets go an extra mile and search for what we need  
For the happiness flower blooms under joy seed  
And show us new things taht world now hold  
And give us nice ways so we can joyously mold

And seize this golden opportunity in our way  
For luck now is moving and is willing to pay  
So lets get out and see new sights  
For world really holds new things that're bright

And what is worth doing is worth doing well  
So we must try on earth wherever we dwell  
To do something positive in our pace  
Which can put a gentle smile back on our face

And all human beings in their lives one day  
Approach an important cross road in their way  
Where they are given a chance in brisk  
To see and then to fainly pick

A road which they think can really hold  
Nice things which can joyously mold  
Tears od their eye to smile in their pace  
Which can put a gentle smile back on their face.

Seema Chowdhury



# Lets Wish For A Bright Beginning

Lets wish for a begining that is  
Full of hope joy and fun  
For a thing that is well begun  
Is said to be half done

So for that delet the word  
Of NOT from your mind  
And then everything will look  
Brighter and kind

And remember the very first step  
That we pick or that we take  
Must not contain in it  
Any error or any mistake

For it is a the one on which  
Depends the rest of our days  
So try to spend it in  
Many many different ways

With thoughts that are more  
Inspiring, bright and new  
That can lead us to a begining  
With feelings honest and true

So lets wish for a begining that is  
Full of hope, joy and fun  
For a thing that is well begun  
Is said to be half done.

Seema Chowdhury

# Life And Living

I want to move  
In a forward motion  
And get all that  
I deserve in life  
And thank God Almighty  
For giving me all  
That I needed to survive-

For life and living  
Is a constant test  
That we have to take  
If we want the best  
For that is the purpose  
Of our lives

So treat your heart  
And show your gratitude  
To God Almighty  
So you can return to Him  
With a free soul  
And a happy smile.

Seema Chowdhury

# Life Beyond Life

A life beyond life  
Is what I wish to see  
Where I can build  
My dreamland  
Made up of  
The bricks of  
Happiness  
And understanding  
Where  
True passion  
And miracles  
Satisfies reality  
And  
If I want  
I can have it...

Seema Chowdhury

Seema Chowdhury

# Life Feels Now

Aches and sorrows  
Like today and tomorrow  
Come and go  
In life's flow  
And opens door  
For you more  
To see the way  
In day after day  
For this is how  
Life feels now  
Filled with clouds  
And mist and doubt  
And behind and between  
No one can intervene  
For this is hard  
And a pre-written card  
That we only sum  
Till the game is done.

Seema Chowdhury

# Life Goes On

Life has some ups  
Life has some downs  
Life shows us blues  
Life shows us some browns  
But nothing ever stops  
Or forever drops  
Life goes on and on  
With its eves and morns  
And this is not the end  
It is this world's trend  
So accept it without asking why  
Just to your fullest here try  
And believe dear that one day  
You'll end life's journey's way  
And then quietly you'll go  
Ending your role in this show  
And even then you'll see  
Here in this world's tree  
Spring will come to smile  
And spread joys for miles  
In its eves and morns  
Because life goes on and on  
And nothing ever stops  
Or forever drops.

Seema Chowdhury

# Life Happens

Life happens  
And events take place  
As you record-  
If you're open  
You'll hear things  
And  
They'll affect 'you'  
And  
What's going on  
In your life.....

Just open your heart  
And  
Open your mind  
And let it all  
Get absorbed  
In you.....  
That is what will  
Bring peace  
In your life.....

Seema Chowdhury

# Life Is A Mess

Life's a mess  
Where joys are less  
And seems to me  
To be free  
Of all kinds of joy  
For all to enjoy  
And it is true  
That less are the views  
And troubles are more  
Just like before.

Seema Chowdhury

# Life Is A Preciuos Gift

Life is rare  
So deal it with fair  
Life is great  
So enjoy it with faith  
Life is what  
You have got  
Life is joyous  
So pick your choice  
Life is a test  
So do it with zest  
Life is very broad  
So get your reward  
And when you'll know  
How in it to flow  
Then say it swift  
That life is a perfect gift.....

Seema Chowdhury



# Life Is Full Of....

Life is  
A never ending lesson  
Filled with  
Chance  
Fortune  
Luck  
And  
Possibilities....  
Where the key  
To the whole thing  
Is  
Passion  
Consideration  
And  
Reality  
That teaches us  
To step out  
Beyond our comfort zone  
And  
Skillfully plan this life....

Seema Chowdhury

# Life Is Hard

I want to stay in your heart  
And from there never part

Because time is slipping by  
And leaving pace low and high

For life is hard without you  
And that's what makes me blue

I wish if words can make a way  
And help to tell all I wish to say

For sometimes I can never find  
My way to happiness bind

For life is hard without you  
And that's what makes me blue

I want to find and understand  
Why its hard to hold the hand

That can show me the way  
Where I can in peace stay

For life is hard without you  
And that's what makes me blue.

Seema Chowdhury

# Life Is Just Passing By

When I see life's days just passing by  
And sun faintly saying hi

When I see bent roads all crossing high  
And flowers to the world's gloom saying bye

Then I know that behind all this  
There has to be God's loving bliss

For he is the one who keeps us in care  
And treat us all with kindness and fair

And bestow on us his ever lasting peace  
With the help of which our pain cease

So that's why I always tell and say  
When I see passing by my life's days

Then I know that behind all this  
There has to be God's loving bliss.

Seema Chowdhury

Seema Chowdhury

# Life Is Like That

Learn about laughter  
In the school of pain  
Don't let your life  
To pass by in vain

For very few moments  
Are given to you  
To live for yourself  
Without pretending too

So keep in touch  
With the world around  
And let you enjoy  
Life's merry-go-round

And let you learn  
To hide pain and sigh  
Before you leave quietly  
Forever in grave to lie.

Seema Chowdhury

# Life Is Worth Playing

Live in the present moment  
And fill beauty in them  
Walk around your life  
To wrap up those empty hours  
And know that life is an exciting game  
That is worth playing.....

Add new elements to life  
And come out of behind a two way mirror  
To make a simple and humble beginning  
To bring variety to life  
And know that life is an exciting game  
That is worth playing.....

Do not let problems compound  
Learn to rectify your mistakes  
Take care of the tasks  
That you need to do ahead of time  
And know that life is an exciting game  
That is worth playing.....

Don't be surprised or puzzled  
Always keep in perspective  
What is in your to-do list  
So you can envision steps you will be taking  
And know that life is an exciting game  
That is worth playing.....

Seema Chowdhury

## Life Is....

Life is a battle between wrong and right  
Life is a contest of dark and light  
Life is a n ever changing on going phase  
Where joy's shadow never comes in this pace

Where happiness is usually a thing of past  
That one can only get after passing the vast  
And huge ground of trouble and pain  
After which usually one feels insane

Because every step that is taken here  
is lead and followed by the fear  
That one more trouble will be given to you  
To color and fill it with life's hue

So usually when I think of what is life  
I think it's a place that only survive  
Where dozens of troubles, agony and pain  
Are sent to us like the endless rain.

Seema Chowdhury

# Life Just Happens

Life  
Just happens  
In the order  
It was fed to be shown  
In our fate...  
nothing  
Absolutely nothing  
One can do  
To rearrange  
Its order  
Or  
Sequence.....

Seema Chowdhury

## Life Long....

A marriage is  
A life long commitment  
Of sharing  
The smiles and the tears  
The laughs and the cries  
The fains and the pains  
The sweetness and the bitterness  
Of  
Two spirits  
Two souls  
And  
Two lives....

Seema Chowdhury



# Life Of A Perfect Bliss

A wedding is a knock  
On a door unlock  
That opens the road  
And there unload  
The bucket of fain  
And smiles of gain  
And shows with wed  
God's bliss lies ahead  
That can cover your life  
With tonns of joy's drive  
And can show days  
With better path ways  
So I hope for both of you  
Happiness life free of blues  
Where love is ready to kiss  
Your life with a perfect bliss.

congratulations! ! !

Seema Chowdhury

# Life Of This World

The life of this world  
Is filled with evil schemes  
Where unpleasent stories  
With dull and light beams  
Appear as heavy rain  
Through these dense clouds  
That pour like painful tears  
Of deception and doubt  
Where depths of darkness  
Is hard to measure  
And fulfilling of heart's wishes  
Is far away from pleasure  
Where flow of fortune  
is upside down  
And agony's fire  
Is wearing the crown  
I don't know when  
I'll find the ray  
To follow it to find  
To walk in the way  
Where movement of rhythm  
Will be peaceful and sound  
And will give assurance  
And a solid ground  
To terminate unpleasent stories  
And these evil schemes  
And make life of this world  
Coloured with bright beam.

Seema Chowdhury

# Life Time Of Happiness

I hope the days  
That you'll spend together  
May carries in it  
Joy's flowers for you to gather

And may each year  
That will pass you by  
May collect for you  
Dreams and hopes all high

I wish you long  
And happy married life  
Where smiles and happiness  
And much joy survives

That can bring  
Joy in your ways  
To brighten your whole  
Life time days.

CONGRATULATIONS FARAH & ARIF BHAI

Seema Chowdhury

# Life's A Beach

We started our new life's walk  
Along the crystal clear water together  
Under the shining and bright Sun  
In the light of pure love

Where each step created a warm breeze  
And small wonders amused us  
And life seemed gentle as we held each other together  
Like a hot day warmth on a cold day

Walking along life's beach in the world of faith  
We shared our secret and innocent dreams  
Where the sea met the land  
We built our unique and sweet home

Our own gorgeous little heaven on Earth  
Near the beautiful light house  
On the newly laid damp sand and clay  
With each curve and cliff and beauty of the land

And there we untangled the knots together  
And kept the running record  
Of all our tiny pieces of memories  
And the warm currents that flew along

And there we crossed all barriers of life  
Into the world without any fear or limit  
We got all our answers that were standing for a long time  
And discovered the joy of the unique friendship

In life's beach among the rolling waves  
We started our lives new journey  
With eager eyes and loving hearts  
And learnt to embrace the scattered beauties of life.

Happy 15th Anniversary Sunny.

Seema Chowdhury

# Life's A Celebration

Figure out life as you go along and rely on yourself  
And know that life is a juggling act  
Between smiles and tears  
Where some insane moments with nice fantasy  
And unexpected humor will come  
So with your kind heart and a warm smile  
Learn to handle it all

And as you flip through the channels of life  
You will learn to hear the sound of silver bells  
In the pitch and deep darkness  
And you will learn to turn your life inside out  
With a heart brimming with courage

And you will uncover the mysteries  
To reach the greatest gift of all  
Where life's a celebration  
And you get to see the bigger picture  
Through the lenses of faith to bring joy and hope  
With a touch of warmth and sincerity for a fresh start

Happy 16th Birthday Samia Baby Doll.  
We love you very much.

Seema Chowdhury

# Life's Battle

This life is a battle field  
Where we are all players  
Who are playing the waiting game  
That comes in life's layers

So don't feel tired dear  
Just try to reach the top  
Where life can show you  
How troubles can really drop

For a man's life is fragile  
Fragile even than a rose  
Where we all have to play  
Our parts without any pose

So now we must accept  
What comes in our lives  
As a part of our fate  
Where we're all bound to survive.

Seema Chowdhury

# Life's Best

Hope for the best in your way  
Like a sunshine on the misty day  
Hope for the best in your life  
Like a never ending miracle to survive  
Hope for the best to see on the sky  
Like rising hope and faith very high  
Because when you'll hope for the best  
Then life will take such turns and rest  
That you will see things that are bright  
That will mix happiness with the delight.

Seema Chowdhury

Seema Chowdhury

# Life's Big Hole

Don't let disappointment  
To register on your face  
Or look blanked or confused  
And don't let  
A nasty experience  
Drag you in the hole of despair

Remember,  
Confidence comes from within  
So inspire yourself to believe in you  
And learn to master your life  
And do not fear to be wrong

Look the world straight in the eyes  
And create a view of life  
And have an additional meanings in it  
So you can rescue yourself  
From bad situation

Just know  
God is there in all moments  
That are good or bad  
Or great or small  
And only He can give you pleasure  
Or add meanings to your life

And when you'll believe in this  
And will find your comfort zone  
Then you'll see life's big hole  
Getting filled with peace  
And life's edges getting smoother  
As time goes by.....

Seema Chowdhury



# Life's Big Picture

There is always a journey  
Full of huge challenges  
But learn to calm yourself  
And glimpse life's big picture  
And get away for a little bit  
And get recognition of your life  
For there is always a silver lining  
In every cloud  
And remember to dance with joy  
And bargain to escape  
And learn the answers of the questions  
Of strength and sacrifice  
Of warmth and ambition  
And try to make sense of the mess  
With passion, apathy and thrill  
And learn to live in each moment of life  
And deeper your faith  
And know that  
after storm comes sunshine  
That will crystalized  
You, your vision and your soul  
And will lead you to infinity.....

Seema Chowdhury

# Life's Black Board

When you're stuck  
In trouble's doubt  
And there you see  
No way out  
Then don't ever  
Lose your hope  
Or sit back  
Just to mope  
But with courage  
Once again try  
And stop your tears  
And don't cry  
And look to the  
Shining sun  
And bright side  
Before life is done  
And start again  
Your life's code  
And write happiness  
In life's black board.

Seema Chowdhury

# Life's Bouquet

Make life's bouquet  
With care and love  
And give it a touch  
Of heaven above  
By adding in it  
Fain and smiles  
To color life's days  
With joy for a while  
For roses and thorns  
Are both present there  
So handle it all  
With some care  
And don't let thorns  
To hurt your ways  
Or add in it  
A dull day.

Seema Chowdhury

Seema Chowdhury

# Life's Bright Passage

It's still a long  
Way to go  
On the road of life  
So don't feel low

And wipe it all  
The tears of mourn  
And hope to see  
A brighter dawn

And know the days  
Of despair is gone  
And soon here will  
Break the dawn

That will be  
Full of light  
And will make life's  
passage all bright.

Seema Chowdhury

# Life's Ceremony

As the sun cast light over the city  
I sat down silently  
Pondering over the by gone days  
Where many twists and turns took place  
And many a time I felt  
I was pushing myself too hard  
And that I have reached the end of the rope  
And I have plenty to say  
But the words have lost their meanings...

I felt torn and confused  
As the clock was ticking  
And In the middle of all this  
I realized that life is tough at times  
And we are forced to bare the unexpected  
To make adjustments  
And let time heal the deep wounds  
And clear the jumbled feelings...

So at the end  
We can reach the moment in time  
Where there are plenty of joy to celebrate  
So we can light a candle  
To make a positive change  
And be the part of a ceremony  
Known as life...

Seema Chowdhury

# Life's Chain

Get a new lease on life  
And learn the art to drive  
The fast paced car of it  
That comes with life's kit  
And learn in it to share  
All your smiles and tears  
With thoughts that're bright  
And brings pleasure to the sight  
And know that only few  
Days are left in dew  
So enjoy it with the fain  
For this is unceasing life's chain.

Seema Chowdhury

Seema Chowdhury

# Life's Challenge

Life challenges us with this fact  
That everyone of our act

Can be a little better done  
If its done with the spirit of fun

So try to accept in your life  
This tiny challenges that do survive

And learn few more and few new  
Art to see and this world to view

With a smiling eye and a happy face  
From where always joy can be traced

Because this is really a fact  
Things are better when done with joy's act.

Seema Chowdhury

# Life's Choices

Life is all about choices that we make  
So be careful my dear and never break

Especially when you are overwhelmed with tears  
Don't let sudden rush of emotions run deep with fear

For the long road of life is ahead of you  
Where at the end of the tunnel you will view

The bright light of smile and hope  
So get back to your work and do not mope

Just know that this is the beginning of the end  
So be strong and steadfast and do not bend

Work hard and open your mind and heart  
And let stairs of hope find you a new start

Where everyday will bring you new things  
And life will move on smoothly in peace ring

And you will be happy for the choices you made dear  
That gave you hope and strength to get rid of your fear.

Seema Chowdhury



# Life's Circle

Within life; s circle  
Build a chain  
Of thoughts and acts  
That are just same  
And holds for you  
the care you need  
Without the thorns  
Of trouble's weed  
And always remember  
That in this life  
Periods of calm  
Will survive  
Only for a moment  
because then dear  
Will always come in 'Violent wind sheer  
So learn to handle  
It all with faith  
And find for yourself  
God's blessing's gate.

Seema Chowdhury

# Life's Coach

Fill your life with joy everyday  
Seek and always find a new way

And be your own life's coach dear  
And a cheer leader of hope and care

And learn to generate happiness to  
Brighten your life and color with hue

And feel connected to your soul  
And erase bad memories of pain and dole

For life is like a winding road  
Where we have to bear the load

And withstand all sorrows and pain  
To reach and knock on the door of fain

So search for brightness in dismal dark  
And look for light and bright marks

And be your own life's coach dear  
And a cheer leader of hope and care.

Seema Chowdhury

# Life's Companion

So much love and so much care  
So much kindness I see there  
Where eyes are all full of love  
And show me joys of heaven above  
Because whenever I look at you  
I see life's companion sincere and true  
And also the lovely warmth of your smile  
Brings me joy all spread for miles  
Where happiness keeps everything go  
And gives chance for trust to grow  
Because whenever I look at you  
I see life's companion sincere and true.

Love You Sunny

Seema Chowdhury

# Life's Crops

What we're planting today  
We've to pluck tomorrow  
what we're doing now  
Will make memories of joy and sorrow  
For this is how  
Life's story is made  
And this is how  
Bricks of days are laid  
Sometimes I wish  
We get another turn  
To go back in this  
River of no return  
Where we can delete  
Our misdeeds and mistakes  
And clean our pain's  
And sorrow's sour lake  
and ask God almighty  
To swap these bad things  
with love, care and happiness  
that moves in a ring  
But I know it is only  
My wish and my dream  
And real life isn't soft  
Or as sweet as cream  
And whatever we've planted  
we have to pluck tomorrow  
And that is how life will  
Make memories of joy and sorrow  
with no U- Turns  
In life's long road  
That can share our pain  
Or any trouble's load.

Seema Chowdhury

# Life's Crossroads

Live gently and peacefully  
With grace and creativity  
Add beauty in all you do  
And decorate life with smiles

Have a pure heart and soul  
And help people to survive  
Overcome your own fears  
And challenge yourself everyday

Accept darkness with sparkling light  
And heal your wounds of yesterday  
Build a brand new and simple life  
With gentle and beautiful emotions

And when life's crossroad appears  
Be strong, wise and bold  
See what you want to see  
To open new doors to step in

Just shun noisy concussion of life  
And find your way out  
So you can create beauty  
With your heart and soul

Leave behind a wealth of  
Hope, happiness and faith  
To inspire everyone's life  
With kind words and gentleness.

Seema Chowdhury

# Life's Crown

Death is the crown of life  
As it puts a happy end  
On our troubled life  
That has so many bends  
For life is very hard  
As it is made of pain  
Where troubles come to wipe  
Even a glimpse of fain  
I wish for myself if  
I can meet it today  
And get rid of pain and sigh  
And be peacefull in the way.

Seema Chowdhury

# Life's Cruel Joke

Don't give up laughing or smiling  
Even in the middle of crisis  
When life plays a cruel joke  
Or takes an old turn  
For we live in a crazy world  
Where sometimes we feel trapped  
And we become bitter, angry, tired and sad  
With too much broken and battered  
Pathways to walk on...

Just hang on and learn to accept life challenges  
And explore new avenues  
To reach the glorious sunshine  
To warm up your life  
And try to convert the ending  
With a new beginning  
With your own thoughts without fear  
And know that life can change  
Even in a single moment...

So just don't give up laughing or smiling  
Accept it as a challenge  
And know that we live in a crazy world  
But if we hang on for long  
We will see life changing  
And glorious sunshine entering our lives....

Seema Chowdhury

# Life's Deal

Let the words you say  
may not tell to all  
Why life seems so lost  
And why you meet a fall  
For no one can share your  
Fears and dreams spread trace  
And no one can wipe the  
Darkness from fate's face  
So don't let anyone know  
How you really feel  
And what you want to do  
To handle this life's deal.

Seema Chowdhury



# Life's Diary

Everyone's life is a diary  
Where he keeps all his memories  
That are all real and true  
And shows life's different view  
So don't waste any of its page  
In sitting in prison in its cage  
Just do what you want to do  
And try to be a happy too  
And know soon it all will end  
And life's journey will reach the bend  
Where everything will finally cease  
And life's story will there freeze.

Seema Chowdhury

# Life's Endless Cycle

Before passing further into life's tale  
Let me quickly uncover this veil  
That has covered our life's days  
With joys and tears in their ways

I wish if life can show us all  
The ups and downs, the rise and the falls  
And give us all courage to bear  
This endless cycle without a tear

For life is like an acting stage  
Where we act as birds in a cage  
And has nothing else to do  
But to act in the sequence fed for you

And that's why I wish if today  
I can uncover in my own way  
This hard spread cover and this veil  
Before passing further into life's tale.

Seema Chowdhury

# Life's Exhibition Hall

Hurting words once said cannot be taken back  
Fallen tears from innocent eyes cannot be taken back

Broken heart and soul cannot be mended some times  
Cracked and shattered hopes cannot be hymned or rhymed

So be careful my friend and know that in this life  
We are given ample choices to cautiously here survive

So we must mend broken paths to walk on it with peace  
Where troubles and pain will eventually lose and cease

And give us a chance to be number one and a star  
Who gathers smiles of hope from near and afar

And learn to make this world a better place for all  
And sprinkle the dust of care with joy big and small

So as the day proceeds and life's dawn turns into dusk  
We can proudly sprinkle the scent of the kindness musk

And uncover the hidden beauty under the layers of life  
Where we learn ways to continuously and cautiously survive

And learn to mend broken pieces of our hope, joy and more  
And come out of life's test as a winner who keeps the score

Who tries to eliminate hurting words and wipe tears that fall  
By decorating with peace and serenity life's exhibition hall.

Seema Chowdhury

# Life's Fair

A whole new view  
A whole new year  
A whole new story  
Of smiles and tears  
Will be shown  
To us my dear  
That are hidden  
In the layer  
Of this life's  
On going fair  
So be ready  
And with cheer  
Wake up and  
With all share  
What is given  
To you in life's fair.

Seema Chowdhury

# Life's Ferris Wheel

Come to my life's ferris wheel  
And take a joy ride  
So I can reflect on time  
And can cherry pick moments  
Of gentle memories  
And a few simple words  
Where with anxious heart  
And fleeting thoughts  
I can recognize how special  
Life's journey is with you

Come to my life's ferris wheel  
And take a joy ride  
And let me show you  
Some pleasant turns  
And invisible shield of your love and care  
That helps me to handle life  
And put boundaries around my worries  
And find solutions that make sense

Come to my life's ferris wheel  
And take a joy ride with me  
And see my imaginary bubble  
That protects and hides me  
From painful feelings and emotional events  
And helps me to join  
Dots of different shapes and colors  
And take me towards a new beginning  
Where miracles happen forever  
And refresh my energy  
And show me how important you are  
To complete my journey to believe  
In the magic of an amazing life.....

Love & Miss you Sunny.

Seema Chowdhury

# Life's Flow

Things will flow as God's will  
So do not mope and follow the drill

For as your faith strengthen my dear  
You will see God's endless love and care

Just hang in there and wipe your tears  
And know life is hard and full of fear

But one day surely you'll get a chance  
And play your part to advance

So just be brave and learn to flow  
With life's rhyme and it's glow

And hang tight to faith and prayers  
For these are the never ending layers

Of God's gifts of love and his care  
To strengthen over belief my dear

And know we are all racing against time  
So be strong and learn the rhyme

And choose what is best for you  
When you feel left out and blue

Just turn your face to the sun  
And wipe tears of mope and burn

And grip the steering wheel of life  
And learn to be brave and alive

To welcome tomorrow with a new hope  
Where doubts have no place of mope

And where you can see a chance to grow  
And merge smoothly in life's never ending flow

And hold on strong with love and faith  
And see God's endless love that is great.

Seema Chowdhury

# Life's Fold

Something new  
from something old  
Should be made  
In life's fold  
So we can enjoy  
The rhyme of life  
And learn in it  
To happily survive  
For life is really  
A tough test  
Where no one  
Gets to rest  
So be bold  
Brave and strong  
And learn to right  
All life's wrong  
By creating something  
New from old  
And making waves  
In life's fold.

Seema Chowdhury



# Life's Fragile Layer

The smile that is on your face  
Surely reflect the trouble's trace  
That is somewhere hidden dear  
In life's deep fragile layer  
I hope if I can understand  
And then to you lend a hand  
And can break this silent chord  
Known to you in trouble's odd  
And I always wish for you my dear  
That may life give you joy and cheer  
And may God bestow his endless love  
To brighten life's path from heaven above.

Seema Chowdhury

# Life's Garden

Plant happiness in life's garden  
And see it all grow fast  
Wish for joy and laughter  
And know in life it will last

For a minute of smile can wipe  
Our woeful tears of mope  
And bring us life's beautiful gift  
Of faith, belief and hope

For life is made up of many  
Smiles and tears of tomorrow  
That sometimes brighten our days  
And sometimes spread sorrow

So we should not ever doubt  
For trust and hope will shine  
And will brighten our lives  
With holy gift of gracious divine

Just believe in ourselves and work  
Continuously to make it worthwhile  
And try to fight back our tears  
And hold on to the rope of smile

And know that life is real  
And at times it will be bitter or sweet  
It depends on how we bear this pain  
And still see it as a precious treat.

May new year brings happiness for all.

Seema Chowdhury

# Life's Gift

Take life as it comes  
And try for you to sum  
The joys and happiness dear  
To build a way of cheer  
And I wish may you always see  
A life of joy that is free  
And is filled with fain 'n care  
That're life's gifts so rare  
And I hope that the road  
Where you walk, may load  
It self with the gift of love  
That comes from heaven above.

Seema Chowdhury

Seema Chowdhury

# Life's Goal

Be true to yourself  
And set a goal  
A goal that you wish  
To achieve in life's bowl  
And set yourself  
On the growth's road  
And build for yourself  
A secret code  
A code that can  
lead from the front  
And helps you in  
A meaningless hunt  
A hunt in which  
You look for life  
Filled with joys  
And happiness drive'  
And then you'll see  
You'll find your goal  
Very near from you  
In the happiness bowl.

Seema Chowdhury

# Life's Ground

Life  
Is a play ground  
Where  
Many paths are found  
That can  
Make you  
A winner  
Or  
A loser  
It is just  
Which path'  
You  
Decide to  
Run on.....

Seema Chowdhury

# Life's Hazy Sketch

Everyone living here on God's green earth  
Has tons of little stories to tell since birth  
That're piled up in their faces in layers and fold  
With all mixed up expressions that're costlier than gold

These expressions are the keys taht twinkle like a star  
And interprets the feelings from wherever you are  
And reads the unread stories that runs with the clock  
And keep watchful eyes and then like a hawk

I wish if I can read mot more but only one  
And seperate all my pains from happiness, joy and fun  
And see if I can link the dots of my own life  
And trace the hazy sketch taht do really survive

I don't know why at once my life got changed today  
Why it got mixed up with life's painful ray  
And why all hidden things I never wanted to see  
Popped up at once from the bottom of the sea

To tell me all my times of happiness and smiles  
Are all replaced by sufferings and horrible trials  
Showing all my time of joy that I has borrowed  
Swiftly flew away with one event of sorrow.

Seema Chowdhury

# Life's Inevitable Disappointments

Learn  
To banish  
The inevitable disappointments  
Of life  
Or else  
You'll be stuck  
In misery and pain  
And life will be  
Messy  
All around  
And  
You'll never get to see  
Flowery path  
In this circle-  
In the circle of  
Time and tide.....  
And that will  
Limit your avenues  
Options  
And  
Discoveries.....

Seema Chowdhury

# Life's King

You make my heart sing  
You are my life's king  
I love you Sunny dear  
And you're a source of cheer  
I care for all your pain  
And wish no glimpse of pain  
Will ever touch your life  
Because I'm your wife  
I wish if always we can  
Stay happy in life's van  
And be a source of delight  
For everyone's precious sight.

Seema Chowdhury



# Life's Kit

The air is lively  
And very bright  
Everything feels  
Full of delight  
Because everywhere  
Sun is shining  
And in every cloud  
There is a silver lining  
So get up now  
And enjoy it  
And know that  
In this life's kit  
Everything is there  
You have to pick  
Joys from here  
And then for you  
The air will be bright  
And you will feel  
Its joy and delight.

Seema Chowdhury

# Life's Landscape

Create a new vision  
And enjoy the winding roads  
See a beautiful moving stream  
And absorb in the sounds of the rushing water  
And feel it getting louder and louder  
And faster and faster  
As you move on.....

And soak yourself in these passing scenes  
And fill your heart with  
Solace and peace  
And expand your journey  
And be grateful for each moment  
That appeared in your life's landscape.....

Seema Chowdhury

# Life's Learning Journey

Life is a learning journey  
Where everyone creates a story of their own  
With endless joy and pain  
Where we have our brief moments  
Of happiness and despair  
In which we sometimes get to  
Touch the stars

But sometimes we see  
No light at the end of the tunnel  
And that is when we need to  
Look up to God and depend on him  
And know that we are all  
Part of God's greater plan  
And we must put our faith in Him  
And learn to count the blessings  
That God has bestowed  
With tremendous happiness and contentment

And learn to survive on those  
Oozing faith, hope and love  
So at the end we see that our life's story  
Shines like a precious jewel  
In the dust of life's journey.

Happy 13th Birthday Sameen  
Mama and Baba loves you.

Seema Chowdhury

# Life's Letter

Visualize a beautiful life  
And use your imagination to write your life's letter  
To build a mental picture with your words  
And make it concise and clear

Know that each of us has a unique style  
So we must have a clear perception  
And subdivide life into logical sub parts  
And manageable segments  
And we must see the omitted and extra words  
And should not make it too  
Vague, wordy and complex

Know that if you keep on catching errors  
At every stage of life  
Then you will not be able to make  
A winning proposal in your unique style

For there are many questions  
But no easy answers to these questions  
So carry on and build mental pictures with words  
And let your thoughts race ahead of you  
To visualize a beautiful life  
And when you are done writing your life's letter  
It must be unique, concise and clear  
Of all complexity.....

Seema Chowdhury

# Life's Little Corner

In my little life's corner  
I have a special place  
Where I keep passion and hope  
And try to follow joy's trace

And create positive change  
In the world of loss and gain  
And see how in my way  
I can follow happiness and fain

That can make a difference  
In everyone's life's ways  
And tell all how to remove  
Obstacles from the path today

And know that this life  
Is a wonderful story my dear  
Where I must look for the ending  
That's full of care and cheer

Where I must try to spread  
Peace in big or small ways  
And try to overcome hurdles  
Of life from every day.

Seema Chowdhury

# Life's Long Deal

Put smiles as a balm  
On your troubles to calm  
Pain that now you feel  
In this life's deal  
Because both fain 'n sorrow  
Comes in your tomorrow  
So don't feel sad or mope  
Or ever fall and lose hope  
But with courage just smile  
And look for joy in trials  
And use them all as a balm  
On your troubles to calm  
Pain that now you feel  
In this life's long deal.

Seema Chowdhury

Seema Chowdhury

# Life's Magical Care

Slide up swiftly into the wall  
And look deep into your soul  
Take the pain and joy in living  
And shun all your fear and dole

Be open to opportunities and always smile  
And focus hard on what is all around  
Fill your heart with a cheerful courage  
And wind down the day on prayer's ground

Do not fear or be sad or feel alone  
Control your thoughts with courage's blend  
Life is very difficult at times my dear  
And this is how it continuous life's trend

So celebrate your life and your time  
And begin this long journey of life  
With baby steps of courage and hope  
So you can go a long way to survive

Feel the dense mist on your tired face  
And taste the mild saltiness in the air  
Enjoy love and life to its fullest extend  
And know you have to take your care

So instill courage and have strong belief  
That life will get better soon my dear  
Where you will learn to look deep inside  
And handle life with the magical care.

Seema Chowdhury

# Life's Magical Moment

The moments in which  
I think of you  
And all nice things  
You do too  
\The moments in which  
I feel your smile  
And all your laughs  
Spread for a while  
Are the magical moments  
In my view  
Which teaches me to  
Be happy too  
And shows me path  
Of happiness 'n fain  
Where joys come  
Alone without pain.

Seema Chowdhury

Seema Chowdhury



# Life's Merry Go Round

Life's merry go round  
Is filled with the load  
Of  
Obstructions  
Interuptions  
Hindrances  
And  
Restrictions  
Where  
Through meaningless language  
And actions  
We are forced to accept  
What we don't want to...

Seema Chowdhury

Seema Chowdhury

# Life's Mysterious Way

Life is a mystery  
Life is a trick  
That is made up of  
Joy and sorrow's brick  
So learn to solve  
The puzzle of life  
And find in this maze  
Your way to survive  
For soon will end  
These days that're few  
And then no more  
Will live me or you.

Seema Chowdhury

# Life's Painting

Everyone's life is an abstract painting  
That comes alive  
To tells its story  
With additional emotions  
And impossible realities....

Where we see  
Sweet turning into sour,  
Painful feelings arriving  
And big, fat unfair blow  
Breaking our connection from the world....

Where deep and past wounds  
Are shown in bold strokes  
And unexpected waves of tear washes our lives  
To leave a long shadow of unimaginable hurts  
As the evening comes to a close.....

Seema Chowdhury

# Life's Peculiar Story

Crossing high hills and deep vales  
I heard my voice echoing in the dale  
Where no one was present to hear  
Life's peculiar story without fear

Where distress and the failure's tide  
Were rolling very high in the wide  
play ground of this wierd life  
Where less joy and happiness survive

And there with love I built of clay  
Castles of joy for me to play  
For it helped my hopes to sway  
In a tiny but in a fainly way

But one day when I woke from sleep  
I didn't see my castles deep  
Which I kept close to my heart  
As it was key for happiness start

For the vicious waves of the sea  
Feriously roared towards me  
And only in the blink of an eye  
washed away dreams that were high

And left me alone in the vales  
Where my voice was echoing in the dale  
And no one was to share or hear  
Life's peculiar story without fear.

Seema Chowdhury

# Life's Plan

When you are sick with worries  
And for yourself you feel sorry

Then know oh dear man  
Life doesn't come with a plan

So you have to learn to deal  
And from life you have to steal

A part of pain and pleasure  
For this is life's great treasure

that help in ups and downs  
When you're stuck with frown

So try to contribute to fun  
Before life's days are done

And know oh dear man  
Life doesn't come with a plan

So you have to learn to deal  
And from life you have to steal

A part of pain and pleasure  
For this life is a great treasure.

Seema Chowdhury

# Life's Process

Life is a process  
Of discomforts and pain  
So learn to handle  
It all with fain  
And learn to unload  
Your sigh and grief  
Through a smiling face  
And get some relief  
And remember that bliss  
Lies for you ahead  
So have courage to listen  
To what have been said  
And learn more tricks  
To enjoy your life  
And search for happiness  
In life that survive.

Seema Chowdhury

# Life's Rainy Days

After the night of bitterness  
Will come a day of relief  
Where the clock will run  
With intervals brief  
Through journey of time  
With different paths and roads  
Ready to greet your days  
With troubles and joy's load  
Where life's rainy days  
Starts and then ends  
With numbered agony and pain  
That for us has been sent  
From the clouds of luck  
That're light and grey  
And filled with restlessness  
And sometimes happiness bay  
So do not lose hope  
Or sink in the depths of gloom  
For life's clock always runs  
With intervals brief and doom  
Where life's rainy days  
start and then end  
with numbered agony and pain  
That for us has been sent.

Seema Chowdhury

# Life's Rhythm

Impose life's rhythm  
In moments of despair and hopelessness  
And re-establish faith in life  
For we are all bound to complete  
Our journey of chaotic life  
With the weight of pain and joy  
Just listen carefully to the silence  
And calculate the cost of life  
And learn to run on the road  
In the drizzling rain  
To find solace in the wonders  
And puzzlements of life  
And look for answers and truth  
For tough questions require tough answers  
And make your injured life sweet  
By imposing rhythm of peace in your life.....

Seema Chowdhury



# Life's Road

Sorrows and pain  
Clouds and rain  
Are found here  
And that is dear  
Very true for life  
Where we survive  
So do not mope  
Or lose hope  
For mope is a cloud  
That creates doubt  
And try to find  
And in your mind  
Search for peace  
That can ease  
your pain's screw  
So you can too  
Walk on the road  
And there unload  
The load of pain  
To walk in pain  
On the road of life  
where you survive.

Seema Chowdhury

# Life's Rough Spots

Life has to go on dear  
So don't let fall hot tears  
For hope is the best of all  
As it stops you from a fall  
And show you ways that're bright  
And fill the path with delight  
That has some joys at the end  
Where life seems cracked and bent  
So enjoy quiet moments taht survive  
As it can be the exciting way of life.

Seema Chowdhury

# Life's Scattered Pieces

Life is the puzzle  
With most of the pieces  
Either missing  
Or misfit  
It happens so  
Because  
Of the error of judgement  
And  
The misleading spot light  
that is...  
I wish just once  
And once for all  
If I can get the chance  
To go back  
In this river of no return  
And can start over my life  
And put together  
these scattered pieces  
In their  
Required place  
And  
In satisfactory condition.....

Seema Chowdhury

# Life's Scrapbook

Life's scrapbook is made up of unlined papers  
Where we try to pull ourselves together  
And clutch awkwardly  
And try to emerge out  
Of the blur of the world  
In the midst of the peaceful silence  
That reshapes the event.....

Where we try to stand  
The test of time  
And dip in and out of life  
Without doubt or confused emotions.....

Where our thoughts, imagination and emotions  
Work together to make our personal memories  
To store in life's handbook  
And reconnect ourselves  
To rich and meaningful imagery  
And give us a chance to write an autobiography  
In a hushed and a significant way  
To fill each dimension of the scrapbook of life.....

Seema Chowdhury

# Life's Shield

real life is like  
A chilly wind  
Where  
Troubles touches our way  
Like  
A hand of a stranger  
And then it put  
A sudden end  
On happiness and joy  
That are life's shield  
Against  
The tragic moments  
The slope of uncertainty  
And  
The frustrating face of terror.....

Seema Chowdhury

# Life's Show

A wound will heal only if you know  
How to look at the bright side of the show  
And learn how to find joy's way between  
Life's tedious and its painful extreme

So for that all you have to do sweetheart  
Is to let fate play an important part  
In your life and tell you what is worth  
To do to live happily on God's green earth

Because a tender word can help you to win  
Not much but atleast a part or a kin  
Of pleasure for you to enjoy whole day  
To value each moment that comes in your way

So the best way to find peace for your soul  
Is to keep sailing towards your aim and goal  
And then pretty soon you'll learn and know  
How to look at the bright side of life's show.

Seema Chowdhury

# Life's Simple Things

Find delight in simple things  
For life shows both Autumn and Spring

To all my dear friend  
So don't feel cracked or bent

If troubles are standing there  
Where you're present dear

Neither ever feel alone  
Or cry or sit to mourn

Because happiness is in your mind  
And from there you have to find

A way to bring it to all  
Through simple little things that're small.

Seema Chowdhury

# Life's Sketch

Life's sketch is made of  
Some smiles and some sorrows  
Where also comes in  
Some bright or dull tomorrow  
So learn to live  
With care and hope  
As hope helps in  
Troubles to cope  
And learn for yourself  
To sketch these days  
With happiness of life  
To brighten your ways.

Seema Chowdhury

Seema Chowdhury



# Life's Small Joy

Smile and give others your smile  
Let others enjoy in trouble's pile  
Love 'n be loved my dear  
This is what makes life rare  
Help and get help all along  
Give and take when things are wrong  
And then you'll see you'll enjoy  
All life's small fun 'n joy  
And once if you'll learn to count  
Life's joy deposited in your account  
Then you'll see happiness all around  
Surrounding you with joy on the ground.

Seema Chowdhury

Seema Chowdhury

# Life's Tale

Leave no opportunity, try to avail  
All chances that do exist and prevail  
And don't be scared that you might fail  
For failure and success completes life's tale

Clear out the spread out cloud  
Remove all your fear and doubts  
Don't just sit be brave and speak out  
This is what life is all about

Wipe off the flying dust  
This is creating this mistrust  
And don't let your hope to rust  
For hope is what makes life's crust

And always remember and try to assume  
that buds of today will tomorrow bloom  
But for that they have to bear and consume  
That pain that is known as life's perfume

And then surely life will greet  
With open arms not thunder beat  
And you will get all life's sweet  
As the gift of God and his treat.

Seema Chowdhury

# Life's Talk

Go miles on your way  
In search of today  
Where you can begin  
And there can pen  
A day that is high  
As high as the sky  
Where sun shines bright  
And shows pretty sights  
And flowers bloom  
And take away gloom  
To clear the clouds  
Of fears and doubts  
So joy can find  
In heart and mind  
A path to walk  
In this life's talk.

Seema Chowdhruy

Seema Chowdhury

# Life's Taste

Why are things hard all around?  
Why are problems all scattered on the ground?  
Why these distress has no bounds?  
Why isn't life seems anymore sound?

Why these problems have no end  
Why can't roads in my way that's bent  
Be straightened so I know how to mend  
The cracks in my lif'e path that's sent

I wish these questions that arises in life's game  
That is not letting me quietly tame  
problems and distress, agony and pain  
And is letting me alone to wonder insane

Can all be answered through my prayers  
So I will know how to share  
And happily accept both smiles and tears  
And know having both of them is fair

Because in order to determine the rate  
Of our lives we must wait  
And must know we have to taste  
Life's sweet and bitter flavours with faith.

Seema Chowdhury

# Life's Treasure

Bring light into darkness  
And sunshine in the shade  
Lit candle in the gloom  
To bring color in the fade

And be the source of joy  
And replace it with pain  
And open the doors of happiness  
And enter in it with fain

And be the one on whom  
Depends all kind of pleasures  
For joy and fain and smile  
Are all our life's treasure.

Seema Chowdhury

# Life's Tree

what is hanging  
on life's tree  
Is it bitter  
Or is it sweet?  
I wish only if  
I can today  
Taste it and see  
So I can say  
To my bitter soul  
Not to cry  
And to wipe  
the tears of sigh  
And to come out  
Of the quietness cloud  
That has filled  
My life with doubts  
And to hope for  
The morn filled with ray  
Of bright sunshine  
To cover life's tree today.

Seema Chowdhury

# Life's Tricky Challenges

Life tricks us all  
With its  
Brute  
Outrage  
Hurtful  
And  
Worry some  
Challenges  
And then it leaves us  
In it to dwell forever  
Where  
Anxieties and woes  
Frustrations and disappointments  
Greets our days  
And wait  
Till the arrival of tears

Seema Chowdhury

Seema Chowdhury

# Life's Vale

When life's vale  
seems too wide  
And filled with  
Trouble's site  
Where it is  
Very tough and hard  
To void whatever  
Is in fate's card  
When too m, any  
Hills and dales  
Appears before you  
In life's vale  
Where you find  
Yourself in a cot  
In a cot of struggle  
Stuck in a knot  
Then do not lose  
Hope or cry  
And do not let  
Life's candle die  
Just look around you  
And try to remain  
Calm and quiet  
In your time of pain  
So God's blessings  
can come from above  
And shower your way  
with happiness and luck.

Seema Chowdhury



# Life's Valley

Put an end  
On the journey  
Of  
Loneliness and isolation  
In your life's valley  
And  
Enjoy a life time of protection  
Under  
The light and warmth  
Of  
The bright sun.  
And let it take care  
Of all your pangs-

Seema Chowdhury

# Life's Valley Of Isolation

Put an end  
On the journey of life  
Where  
Loneliness  
And  
Isolation  
comes in  
With depression  
And discolor our lives  
In  
Life's valley  
And  
Know that only  
We have the power  
To bring back hopes  
In our lives.....

Seema Chowdhury

# Life's Vista

Riding on the waves of memory  
I collected so much pleasure  
That filled my life's vista  
With tons and tons of treasure  
Where joys were all present  
With the echoes of smile  
That showed me the colored paths  
To walk on for miles and miles  
And there were also present  
The wheel of miracle's fain  
That wiped out from my mind  
All my sighs and pains.

Seema Chowdhury

# Life's Way

Thanks for the smiles  
You scattered in my way  
Thanks for the joys  
That filled my day  
Thanks for the love  
That made me glad  
And thanks for your care  
That changed all bad  
I don't know what  
Else I can say  
To tell how much  
You've brighten my way.

Seema Chowdhury

Seema Chowdhury

# Life's Wheel

Life's wheel is moving now  
We don't know where and how  
It will stop in which way  
And tell us to there stay  
For life moves on and on dear  
And its a cycle very rare  
where sometimes we see pain  
And sometimes life's storm and fain  
So don't feel bad or sit in mope  
Trust in God's help and hope  
And see the world through your eyes  
Before life's ball fall from the sky  
And leave you alone in this bend  
Known as life's forever end.

Seema Chowdhury

# Lift People Up

With a sunny smile  
Help others in trial

And see what you can do  
To wipe others troubled view

And lift people up my dear  
And show them how much you care

For when you will do all this  
Then on you will fall God's bliss

That'll not only make you glad  
But will change things that're bad

And will teach you more to do  
To wipe others troubled view.

Seema Chowdhury

# Light And Dark

Between the light and the dark  
Between the end and the mark  
Between the up and the down  
Between the mud and the crown  
Between the earth and the sky  
Between the low and the high  
Between the tear and the smile  
Between the journey and the mile  
There is always a huge gap  
Around which are trouble's wrap  
That you've to unwrap dear  
And find way in each layer  
For life is really a tough game  
Where things never remain the same  
So learn to survive its up and down  
And try to win the living crown.

Seema Chowdhury

# Light Of Hope

Walk the high road  
In the light of hope  
Use the weapon of faith  
And learn to always cope

And heave your burden onto  
The overhead rack of life  
And collapse into life's seat  
With happiness that survive

For life is like a stream  
Bubbled with icy melt cold  
So learn to handle them all  
And unfold the hidden folds

And withstand your journey  
And the winding roads of life  
And see how and where  
All blessings and miracles survive

And learn to rejoice with them  
In moments of celebration and joy  
For life is a bitter sweet experience  
And like a magical toy

Where we learn to conquer them  
And walk in the light of hope  
And use the weapon of faith  
To learn in life to cope.

Seema Chowdhury



# Light Of Love And Prayers

My home is my heaven  
And it is filled with  
The light of love and prayers  
Where compassion, optimism  
And ever lasting love prevails  
That brightens every corner  
With the shimmering light of  
Good luck and tenderness

My home is my heaven  
Where we sing the song of love  
That help us to stay positive  
And bring us the excitement of starting fresh  
Where hope is a powerful weapon  
That expands our field of happiness  
And inspiring thoughts

My home is my heaven  
Where God's love and grace is spread everywhere  
That fence us from fear and doubt  
And bring in sparkles of love and happiness  
That help us to jump hurdles  
And be there for one another  
To begin our dream journey  
With a blissful contentment...

\*\*\*written on the second anniversary of my home\*\*\*

Seema Chowdhury

# Lighten Your Load

Lighten your load  
In life's road  
And try to share  
Your smiles 'n tears  
With a friend  
In places bend  
And learn the art  
Of smiling from heart  
For it can lighten  
And surely brighten  
All your days  
In many ways.

Seema Chowdhury

Seema Chowdhury

# Like A Million Miles Away

All that's left  
Of my golden past  
Is  
My tender dream  
And  
My flabby vision  
That seems to be  
Very far behind  
Beyond my reach  
As if  
They are  
Like million miles away.....

But I don't want to lose hope  
And hang on there  
And want to remind myself  
That  
Its very important  
To have a dream  
For  
You never know  
When your dream  
Changes place  
With the reality.....

And give you all  
That you have been  
Wishing for.....

Seema Chowdhury

## Like A Storybook Scene

As I looked outside the window  
I saw snowflakes falling from the sky  
Covering the roof and the ground  
Looking very picturesque and charming  
Like a story book scene

Perfect and precious  
Glowing and glittering the surrounding  
And spreading the fun and adventure  
And refreshing and clearing everything  
And letting me paint my world bright and sharp  
Giving me a reason to celebrate  
What truly matters in life....

It was all a magical sight  
And a moment of shine  
That cheered me up  
And gave way to my dream to be born  
And my own song to be sung

It was a magical moment  
That warmed me up  
And standing there in awe and wonder  
I visualized a beautiful tomorrow  
As I know God has made me for a reason  
And He surely does have a plan for me.....

\*\*\*1st poem of the snow fall series\*\*\*

Seema Chowdhury

# Limitless Faith

God give me the gift of faith  
Limitless faith that is great  
So I can learn how to survive  
The troublesome phase of my life  
Because I feel lost and blue  
And everywhere see painful hues  
Covering the days of my life  
In which i'm bound to survive  
I hope to find the way of faith  
And with your help to cross this gate  
So I can once again truly see  
The love of yours reserved for me.

Seema Chowdhury

Seema Chowdhury

# Limitless Happiness Of Spring

May bright colors of this lovely spring  
Goes round and round around you in a ring  
May all the warmth, sunshine and zest  
Fill your life with all that is best

May you fully absorb beautiful rays  
Of happiness and fragrance at the bay  
And may all red, yellow and green  
Bring alive excitement unseen

And fill your life with love and care  
And show you scenes of life all fair  
And may you enjoy every day of spring  
And accept it as God's blessings ring

May all your worries of present and past  
Disappears forever and brings you at last  
Smiles of beautiful happiness and songs  
For you to dance and sing along

May your morns start with joy  
And bring with it warm spirit to enjoy  
And may lovely flowers spread in your way  
And welcome ardently another day

And when you finish your day at night  
May you see sparkling stars of delight  
That all come and shine with zest  
And fill your life with all that is best.

Wishing you all a very happy and blessed season.

\*\*\*1st poem in the Spring series

Seema Chowdhury

# Listen To The Breeze

You can't sit and wait  
For the storm to be over  
Just collect your courage  
And try to learn  
How to dance and walk  
In the rain....

And don't dip in  
Anxiety and depression  
Look for the beginning  
At the end of every end.....

And learn to solve your problems  
And don't feel fragile  
Just open your mind's eye  
And your heart's ears.....

And listen to the breeze  
Walking silently...  
And smiling and waiting  
To comfort you  
in the darkest moment  
Of your life.....

And help you to come out  
And open the window  
And let the sunbeam  
Enter your life  
And  
Touch you and your soul.....

GET WELL SOON BAJI & I LOVE YOU

Seema Chowdhury

# Listen To The Voice

Listen to the voice  
That is inside you  
Listen to what its saying  
To take away your blue  
Listen to that happy rhyme  
Of living and life  
That we all need here  
To joyfully survive  
For life is a unique story  
And it is all about  
Clearing all the fog and mist  
And all kinds of doubts  
For every one has to  
Go through these ups and downs  
And every one has to see morns  
Some bright and some brown  
So learn to always take  
A step ahead in life  
And learn to listen to the voice  
That inside you survive.

Seema Chowdhury



# Listen To Your Heart

Live in the life  
That you wish to lead  
Where everything is found  
Whatever you need

And find the way  
That leads to the dream  
That you have seen  
In the bright beam

And listen to your heart  
And find for you  
A brighter route  
Filled with hue

Where each challenge  
That comes in your pace  
Can be bravely handled  
And will be easier to face.

Seema Chowdhury

# Little Dreams

There was a time  
When  
Little dreams meant a lot  
When  
Desires were many  
And  
When  
Wishes were in abundance  
But  
Now its all gone  
And  
All in vain....

Seema Chowdhury

Seema Chowdhury

# Little Happiness

Look dear into the sun  
Then laugh, smile and enjoy  
And try to seek my dear  
For all kinds of lively things  
And know that for you are  
All God's miracles and springs  
And learn to be cheerful  
And also how to survive  
Because dear little happiness  
Are wrapped up in your life  
That are given to you  
By gracious and loving Lord  
Who is your only creator  
And your caring God.

Seema Chowdhury

# Little Reminder Of Love

If you are not happy with yesterday  
Just let it go and move on  
For we cannot change our lives  
So don't re-read the last chapter  
Move on and move forward  
Delight your heart and spirit  
And warm up your soul  
Stop looking back sadly  
On every spent moment of yesterday  
Begin something amazing and new  
And know you have time until today  
So get rid of all your sorrow and sigh  
And clear your flooded emotions  
So tomorrow when you start a new  
You have mend all broken pieces  
And shared all untold stories  
Because no matter how strong we are  
We all need a little reminder of love  
And a powerful hug to laugh off  
To know that this is our life  
And a unique fairy tale in the making  
And since we cannot change yesterday  
We must let it go and move on  
To delight our hearts and spirits...

Seema Chowdhury

# Little Rhyme Of Life

Sing a little rhyme of love  
That is god's sent gift from above  
That gives life a brighter touch  
That I think for all is much  
To brighten the day and road  
Where we walk to share the load  
The road of trouble and pain  
That sometimes come with the rain  
So to get rid of it dear  
And to walk on the path of cheer  
Just learn to sing the rhyme of love  
That's god sent gift from above.

Seema Chowdhury

Seema Chowdhury

# Little Star

Just like twinkling little star  
You sweet bunny from the far  
Twinkle and shine just for me  
And spread love that I can see

Sarah honey, my love, sweet heart  
You dear are an important part  
Of my love and my life  
With which I faintly survive

I love you more than stars on the sky  
I love you more than birds that fly  
I love you more than water in the sea  
Because dear you are a treasure for me

And I always admire a special thing  
That your presence is rare like the spring  
That conveys God's message in his holy way  
That world should go on day by day.

Love you Sarah Baby

Seema Chowdhury

# Little Surprises

Nasty little surprises are sitting in the way  
In the way of your life each day  
so learn to handle them all with care  
And don't expect life to be always fair  
And try to remove the sketches of pain  
And let your troubles pour like rain  
And try to jot down happy thoughts  
And see the pleasure that is brought  
One by one in to your life  
And see how spirit that in it survive  
Clears all the fog and the mist  
From your life's trouble's list  
And then you'll see in this race  
How things are changing face  
And bringing for you and in your way  
Nice little surprises in each of your day.

Seema Chowdhury

# Little Things

Little things can mean a lot  
So don't have any mistrust or doubt  
And know that it is nice to do  
Nice things for others too  
So show kindness and love to all  
And hold some ones hand in fall  
And give someone your shoulders to lean  
Without being ever selfish or mean  
And show even though they're small things  
But surely to others it can bring  
A huge world of kindness and love  
That is god sent gift from above.

Seema Chowdhury

Seema Chowdhury



# Little Things Mean Alot

Sweet saima dear  
Because I care  
That is why  
I'm sending high  
And best wishes for you  
All honest and true  
And wish your day  
Be best in your way  
where no view  
Of any pain's hue  
Gets my dear  
Because I really care.

Happy Birthday Saima

Seema Chowdhury

# Live A Good Life

Learn to lead a very good life  
With all the joys that do survive

And look forward with all hope  
And never ever fall in the sea of mope

And greet everyone with a smile  
For it can take you far away miles

And show everyone a better way  
And see what you can do and say

To brighten someone's precious life  
With all the joys that do survive.

Seema Chowdhury

# Live By The Golden Rule

Through times of joy and times of pain  
While walking alone or walking in sane  
Just always try to really fight out  
Your battles of life like a scout

For life is really a tough affair  
Where no one gets a chance to share  
Your agony and trouble, distress and pain  
Your hope to see sunshine after rain

So try to always remember my words  
We're humans who cannot fly like birds  
So when you see any trouble's bar  
Standing in the middle of your life's car

Then don't speak in roar or rave  
Just try your best if you can save  
Yourself from the huge bar of dust  
Which can spoil your believe and trust

For many bad things do come in life  
Where you are still forced to survive  
So even then try and really fight out  
Your battle of life like a scout.

Seema Chowdhury

# Live Each Day

Live each day under the sun  
As it might be the last one  
After which you'll return never  
And leave this world forever and ever

So learn to do everything in a way  
That brings you happiness for the day  
Where always remember to start  
Your beautiful day with a part

Where prayers and praises of the Lord  
Becomes a must for your God  
Where all your worldly goods and treasures  
Are spent on poors without any measure

To help to make this world a place  
Where you find peace in every pace  
So when you leave this world at last  
You can carry no regrets or wish in your heart.

Seema Chowdhury

# Live Through Some Pain

Don't let tears to dropp from the eye  
Don't let mope to spread pain and sigh  
Just remember its a must to live through some pain  
Before you are shown some pleasure's rain

For pain and pleasure walk hand in hand together  
And teach you new ways how to gather  
Joy and fain for your own way  
By joining distinct pieces of your life's day

So you can learn how to say goodbye  
To negative people and thoughts and try  
To bravely touch the strength's tower  
And prove that God has given you the power

To win this life's ending race  
That is going on constantly in your pace  
But remember before you're shown pleasure's rain  
You have to surely live through some pain.

Seema Chowdhury

# Live With Pleasure

With grace, happiness and pleasure  
Learn here to treasure  
The joy that is hidden dear  
Inside the very small layers  
Of the rides of the life  
With which we here survive  
And learn to accept it  
With the challenges bit  
And try to break down wall  
And hurdles whether big or small  
And be the winner of life  
And learn here to survive  
With grace, fain and pleasure  
For these are life's treasure.

Seema Chowdhury

# Live Your Un-Lived Life

Enkindle the fire of love  
And live your Unlived life  
Add meanings and some smiles  
And learn to happily survive

Move forward on the path  
To live and joyously dream  
For life is a journey of emotions  
That is beautiful and soft as a cream

Absorb in your special moments  
Train your thoughts well  
Open life's window blind  
And illuminate and in it dwell

For the soft colors of the morn  
Energizes and warms your day  
And color rays of inspiration  
And bring back hope in your way

Feel blessed and be grateful  
To the loving and most Gracious God  
Who answers all your prayers  
And speaks to you as your Lord

Sing your heart out faithfully  
Let love lit your precious life  
And teach you to live your Unlived life  
With belief, faith and happiness drive.

Seema Chowdhury

# Lively Smile

Unending streams of hurdles  
Can be crossed with hope  
With the hope of courage and smile  
So troubles can learn to cope  
With all the pain that comes  
And cross your life's way  
And leave behind for you  
The blues 'n glooms 'n grays  
So learn to live through it  
With courage and some smiles  
The lively smile of hope  
That makes life more worthwhile.

Seema Chowdhury

Seema Chowdhury



# Lively Spirit Of A Woman

She is sweet and she is bright  
She is lively, sensitive and right  
She is honest and she is true  
And fills everyone's life with rainbow hue

She has a golden soul that shines  
Her love is like a tender wine  
Inside which is mercy and hope  
That pulls everyone out of mope

She is the best friend of all  
She holds hand gently in big or small  
Events and troubles of everyday life  
When it seems impossible to survive

She is a flower of warmth and care  
Her wisdom is very deep and fair  
And she is the winner who teaches to survive  
In this difficult game of everyday life

This is how God has made a woman dear  
With lively spirit and tender care  
Who fills with warmth and love's dew  
This amazing world with rainbow hue.

Happy Women's Day to all.

Seema Chowdhury

# Liven Up Life's Moments

Liven up all moments of this beautiful life  
By adding amazing colors those here survive  
All around you and in your dream's way  
To brighten and lighten every moment of the day  
Change and modify and be courageous and bold  
Warm up your heart, when everywhere it is cold  
And create a striking difference all around  
To enjoy your ride in life's merry-go-round  
And know life's story is challenging and long  
So become an opportunist and always be strong  
And create a life that you want and wish  
And do not leave things untried from life's list  
Just learn to smile through your tears of pain  
For you will cycle through open window once again  
So absorb amazing colors and always play it right  
And have a dynamic overview before your sight  
And know one day you will find in your way  
Many options opening one by one each day  
With beneficial outcomes and opportunities in life  
To lighten up beautiful dreams those here survive  
Just strive to be the best and be number one  
Before days of your life is over and done  
So learn to create a life that you always wish  
And do not leave things untried from life's list.

Seema Chowdhury

## Living--

Living for a moment  
or  
May be two  
Is not an easy task  
specially  
When nothing seems  
Fair enough  
And  
Where  
You have to compromise  
A lot on a little  
And  
Whatever you do  
Is thought to be  
of little value and importance....

Seema Chowdhury

# Living In A Dream World

i want to stop  
Living in the dream world  
And  
Want to  
have the courage  
To  
Face the bitter  
Harsh  
Pinching  
And  
The painful  
Realities of life.....

Seema Chowdhury

# Living In Hope

Each mind is a mystery, that can be solved  
Without having many things in it involved  
For a different kind of world is found  
In the layers of mind and in its ground  
And as each layer of mind is unlocked  
There unsolved questions are blocked  
That we can read with patience and hope  
And learn from others new ways to cope  
So believe in yourself and know in life  
Many unwanted'n unpleasent things survive  
So don't feel bad and learn to cope  
Because its better to live in with hope.

Seema Chowdhury

Seema Chowdhury

# 'Lone Evenings

Looking at the sun  
Waiting for you  
I started my eve  
With a heart true  
That was hoping  
To see you soon  
Before will appear  
the shining moon  
I waited for you  
I waited for long  
Spending my evening  
Filled with the song  
The song of love  
The song of care  
The song of anxious  
Moments to spare  
But nothing happened  
And slowly sun  
Started setting down  
And was finally done'  
And then i realized  
Just like always  
I spent this eve  
Alone like other days.

Missing You Sunny

Seema Chowdhury

# 'Lone Journey

I'm not aware  
of too much  
of the world  
Around me  
There are still  
Many areas  
Undiscovered  
And unseen  
With inward curls  
And  
unknown challenges  
In this journey  
That we make alone  
Absolutely alone.....

Seema Chowdhury

# Long Burried Sadness

I'm trying to gather  
Joyful gains  
And easy energy  
To heal my pain  
And long buried sadness  
For  
Life is full of  
Disappointments  
And problems  
And in every step  
I see life's sun setting  
And spreading darkness  
All over  
And all around.....

Seema Chowdhury



# Long Journey Of Life

Don't let life jolt  
By every pebble on the road  
For life is a long journey  
Of happiness and trouble's load

Where we should learn to ignore  
Our pains and our tears  
And try to pull the load  
Of people for whom we care

Where we should try to absorb  
Beautiful colors from our lives  
And learn to blend them all  
To make rainbow's pretty drive

And that's when we will learn  
To share the burden and the load  
Of troublesome moments of life  
And learn to smoothly walk on the road

And treat this life as a gift  
Of gracious God the great  
To whom we look at in our need  
And put on Him our faith.

Seema Chowdhury

# Long Night Of Waiting

I wish  
May this long night of waiting  
Is lucky enough  
To survive  
To see  
The rising dawn of hope  
After this dreadful event.....  
For I feel completely drowned  
And lost  
In the midst of  
Unreasonable emotions  
Incomplete thoughts  
Helpless movements  
And  
strange feelings.....  
I need your help God  
Please don't leave me now.....

Seema Chowdhury

Seema Chowdhury

# Long Run Of Life

In the long run of life  
I have learnt  
That  
No one cares  
Or  
Have respect  
For your  
Fragile dreams  
And  
Delicate emotions--  
So don't show it to those  
Who don't know  
How to handle  
It with care.....  
Life is a delicate  
Gift of God Almighty  
It should be respected  
By all means.....

Seema Chowdhury

# Long Thoughts

At the turning of the road  
Down the lane  
I saw  
Sunshine ending the dark  
Where  
Before  
It was just  
A morning  
Without a sun  
Creating  
A mournful song  
Over the tide  
Of long thoughts.....

Seema Chowdhury

# Long Time Friend

My loneliness has been  
So long with me  
That  
Now  
I consider it  
As  
My long time  
And only understanding friend  
Of life.....

I don't wish to  
Come out of it  
Or  
Uncover the hidden truth  
For  
This shell of life  
Has  
Nothing good to offer  
I guess.....

Seema Chowdhury

# Look Ahead

Look ahead with courage  
And hope to get the best  
For life is full of hard  
And bitter kinds of test

So don't feel bored or tired  
Or even fall in mope  
But go on and try to get  
All you want with hope

And do it all dear  
With courage and zest  
And know that life is  
An on going test.

Seema Chowdhury

# Look Ahead With Pleasure

Drop right word in the right place  
And see what it will do in your pace  
And look ahead with pleasure and fain  
And don't feel bothered about the rain  
Just hang in there and try to sing  
Life's joyful tune of upswing  
And remember that in this life's show  
There is still a long way to go  
So don't think life is an empty sack  
Just look forward and never look back  
And let go of your failures of past  
For life ahead you is still very vast.

Seema Chowdhury

Seema Chowdhury

# Look And Feel Great

Have some courage  
And some faith  
Then you will look  
And will feel great  
For that is how  
You will win  
The joys of smile  
Laughs and grin  
And share it all  
with who you love  
For joy is God's gift  
Of heaven above.

Seema Chowdhury



# Look At Bright Things

Don't let tears to stain your sight  
Just look at things that are bright  
So you can feel glad in your heart  
And on happy note make a start  
For a day filled with lots of smiles  
That can walk with you for miles  
And can colour each of your day  
With bright sunshine in your way  
So look for joy here and there  
And spread it in your path everywhere

Seema Chowdhury

# Look At The Flower

Look at this flower  
That is standing in the lane  
Where thorns are present  
Yet it is smiling....  
Not even a drop  
Of tears is seen  
Not even a tiny little  
Wave of pain  
Current of troubles  
Cloud of distress  
Or  
Rain of agony  
Is seen  
This is all because  
It  
Clings on to hope  
And know that  
Hope is the pillar  
That  
Holds up the world.....

Seema Chowdhury

# Look At The Rainbow

All seven colors that are spread on the sky  
Are floating very calmly to show its tie  
And are saying very nicely goodbye, goodbye  
To the troubles of the world and its pain and sigh

And is ready to welcome with its nice smile  
The bright sun that will come out in a while  
After the long and dreadful days of rain  
That carried with it all sorts of pain

So be happy and see these seven lights  
That are making this world very bright  
And are swiftly moving towards the clouds  
To clear if there were any doubts

And are saying taht now don't feel bad  
The period of trial that made you sad  
Is reaching very quickly its end atlast  
So now your problems will be story of the past

And now best thing that you might want to do  
Is to have a look at these charming views  
Where all seven colors are spread on the sky  
And are floating very calmly to show its tie.

Seema Chowdhury

# Look At The View

In thie long run of life  
You'll learn to survive  
And will know in it  
How with trouble's kit  
You have to deal it all  
Troubles big or small  
So don't worry now  
Or think how  
You'll pass the ways  
Of trouble's days  
But just learn to  
Look at the view  
That is nice and bright  
And pleasing to the sight.

Seema Chowdhury

Seema Chowdhury

## Look At This Flower.....

Look at this flower  
That is standing in the lane  
Where thorns are present  
Yet it is smiling  
Not even a dropp of tears is seen  
Not even a tiny little wave of pain  
Current of troubles  
Clouds of distress  
Or rain of agony is seen  
This is all because  
It clings on to hope  
And know that hope is a pillar  
That holds up the world.....

Seema Chowdhury

# Look At With Zest

Another night, another dream  
Another source of joy's beam

For that is how we can make  
Our life's trouble a piece of cake

So hang in there and hope for the best  
And look at the life with all your zest

And then surely you'll feel great  
And will increase in God your faith.

Seema Chowdhury

# Look Deep Into Life's Events

Don't leave anything undone in your day  
If you want to move successfully  
Towards your dream  
To create memories in this universe...

Learn to take calculated risk  
And embrace unexpected opportunities  
For this world is changing on a grand scale  
So rely on God  
And don't hold negatives from the past  
Because its a burden of bitterness  
That will not let you heal or move on...

So search for the essence of joy  
That flow in your life  
To release negative thoughts  
And look deep into life's events  
To find words of inspiration  
Beneath the speechless groans  
And longings of the heart...

For your goals and dreams  
Flow in every area of your life  
With the rush of emotions  
And create extra words of courage  
For you to play and spin around with...

Seema Chowdhury

# Look Deep Within Yourself

Look deep within yourself  
And find strength in your faith  
Walk through each life's day  
And proudly enter belief's gate

See light within your soul  
And try to connect to God  
For He is our best friend  
And our most loving Lord

He listens to our silent prayers  
And fills our lives to freely enjoy  
He sends us His tender blessings  
And holds hands with faith's joy

He mends our broken heart  
And sends His mercy and power  
He lifts our hearts and soul  
And connects us to spiritual tower

So don't lose hope or sigh  
Look deep within your heart  
Where God is present with light  
To show us a beautiful start

Where we will hear the soft tune  
And align gently with our prayers  
To find greatest strength of faith  
With goodness of blessings layers.

Seema Chowdhury



# Look For Hidden Treasure

In life's transition when you face challenges  
Don't avoid or judge your life  
Develop a strong belief  
And believe in yourself  
And look for hidden treasure  
Like celebration, joy and hope  
And enrich your faith  
With the weapon of love  
And don't lose your ability  
To move forward.....

For this is the passing world  
Where sometimes challenges are  
Hard, bitter and painful  
And wounds just seems to refuse to heal.....

But don't give up just hang in there  
And practice laughing at life and its frustration  
Then you will see the spiritual path  
Where you'll find the hidden treasure  
Of comfort, hope, strength and happiness  
And God's hand to hold  
To feel happy energy swirling  
And the gift of sheer bliss knocking at your door.....

Seema Chowdhury

# Look For The Best In Every Day

Put the past behind you  
And focus on today  
For life still holds  
Nice things in your way

Just have faith on yourself  
And know there's nothing in life  
That love cannot change  
That do exist and survive

Just hope and believe  
That life's finest things  
Will surely come to you  
In joy and happiness ring

Just look for the best  
In life's running hall  
Then negative thoughts will not  
Walk near you at all

Just believe and have faith  
And know taht love can share  
Your distress and agony  
So strongly hang in there

And put the past behind you  
So you can focus on today  
With the hope that life holds  
Nice things in your way.

Seema Chowdhury

# Look Forward

Look forward with hope and smile  
Forget all your troubles and trials  
And see what you have more to gain  
That can make you feel happy 'n fain  
So for that close the chapter of your heart  
And see how quick and how fast  
You can learn new art of joy  
That can give you chance to enjoy  
And see life with a shining eye  
Where troubles are born to die  
So you can be happy again  
And can find a path of fain.

Seema Chowdhury

Seema Chowdhury

# Look Forward For Gain

When you don't see any mark  
And think that you're lost in the dark  
Then don't feel all alone on the land  
And don't bury your head in the sand  
And know that in this world of craze  
Everyone is playing the maze  
Where sometime we lose or win  
And sometime we search for the grin  
So don't feel lost in your way  
For there're many chances in a day  
When you can look forward for gain  
And you can learn to banish your pain  
So keep on seeking for the happiness mark  
And don't feel lost alone in the dark.

Seema Chowdhury

Seema Chowdhury

# Look On The Bright Side

Mix and mingle with the crowd  
Banish all your fears and doubt  
And then you'll see the bright sunshine  
Rays will be all yours and mine

Remember that every thing has two sides  
Dull and bright which both are wide  
So whenever you see things going down  
Then seek for the bright hope's crown

And try your best to learn the art  
To look on bright side in heart  
For then you'll be able to trace  
The sketches of hope in your pace

Because if once you'll understand  
How to steadily face and stand  
Before the troubles of life taht're wide  
Then you'll learn to look at the bright side.

Seema Chowdhury

# Look Only To God For Help

Walking on the sorrow's road  
And looking for the happiness code  
When you cannot find any help  
Then look only to God for help

When wild flow of pain in the sea  
Is rising high to touch life's thee  
And you cannot find any help  
then look only to God for help

When sky is full of cloudy sights  
And nothing seems quite all right  
And you cannot find any help  
Then look only to God for help

For only he is who really cares  
And surely wants to truly share  
When no one else can give you help  
Then look only to God for help.

Seema Chowdhury

# Look Up To God

Look up to God for He is the one  
Who created this world, heavens and the sun  
And shows us bright morns after painful days  
And listen in our prayers all we have to say

For no one but only our Gracious Lord  
Puts us in hard test then gives us the reward  
By showing us His bliss after all the pain  
Just like bright sun shines after each rain

And no one but only He has all the power  
Even in the stone He can bloom a flower  
And know that no one can live or even die  
See any glimpse of joy or any trouble's sigh

Unless God say so for He is the only one  
Who created this huge world, heavens and the sun  
So whenever any sight of trouble is shown  
Or any view of pain lingers till the dawn

Just stick to the door of prayers and view  
gracious Lord will be waiting with more blessings for you  
For no one but only and only our Lord  
Can give us His faina nd bliss as His reward.

Seema Chowdhury

# Looking For An Image

I found God's image and his sound  
On sky, heaven, earth and on the ground  
Where millions and zillions of his views  
Could be seen spread out and that is true

I saw his image in the sea  
I saw his blessings coming towards me  
I felt his presence in the cool breeze  
And saw him working on tears to cease

I saw him smiling and looking at me  
When I cried in prayers to be free  
Of all this worldly distress and pain  
And asked for his blessing's rain

I also felt his very strong power  
In the thorns and buds and blooming flower  
So I'll say everywhere I saw his view  
Covering the world with the blessings hue.

Seema Chowdhury



# Loose Memories And Ends

Don't allow your life to drift  
Learn to pursue it with swift  
Themes and rhymes of this life  
Where so many miracles survive

Just have eager eyes I'll say  
To touch the shining sky today  
And sort through and deal with life  
Where tricky situations survive

For life is a series of memories bend  
With sweet and bitter and nostalgic loose end  
Those appear one by one in their journey of time  
Where you travel with joy and painful rhyme

So learn to put your joy on the wall  
And flow in the curves and cliff of life's hall  
And highlight the golden memories dear  
With faith and love and hope of cheer

And keep a running record of everything  
That you learnt in crisscrossed road of rings  
To dip low and then squeak high  
And bring the world together with this try

So don't allow your life to drift  
Learn to pursue life with rhyme swift  
And tie loose memories and loose ends  
With a sweet knot of courage's bent.

Seema Chowdhury

# Lord's Angels

Teaching is a wonderful task assigned by God  
In this beautiful world that's mcreated by Lord  
Where teachers are sent as the Angels we need  
To improve our lives and for a nice life to lead

So teachers are guiding stars I will say  
Who show us the path to follow our way  
And every new morning is a beginning of a test  
so we don't have much time to take a rest

And teachers help us to get to our aim  
And tell us how we can get to the fame  
So for us they really work as morning dewa  
And color our lives with many different hues

And today I want to wish all of them well  
For protecting all of us like a cover or a shell  
From every kind of problems either big or small  
By teaching how we can handle them all.

Seema Chowdhury

# Lord's Reply

I use to think and think alot  
For what God gave that we have lost

the first most thing that I could think  
Was Brother mansoor, that we have lost

The nice and loving, most generous and caring  
Kind of man he was, that we have lost

He made us happy by nice things he did  
But it is sad to say, that we have lost

Also he added that not here but up there  
They want the good ones that we have lost.

Seema Chowdhury

# Loss Of A Sister

We shared a very special bond  
Of love, care, warmth and life  
With you sis we made special  
Memories that'll always survive

Among all of us and our hearts  
For God has bind us together  
In a beautiful and a tender string  
That will always hold us and gather

Our laughs, our smiles and tears  
Our secrets, our concerns and sorrow  
And all the love and prayers we did  
And shared our dreams of tomorrow

We will always miss you dear Sister  
And will remember you in our hearts  
We will pray for you forever  
And hope you are in heaven's cart

We pray to God that you are  
Now resting in a much better place  
Under God's loving care and blessings  
And will never be alone in any case

We are heart broken that you are gone  
Far very far from our family and all  
But we respect that you had to leave  
As from Merciful God you got your call

May God Almighty brings us comfort  
May God bestow His loving peace  
May the grief and sorrow that we are feeling  
Will soon go away and forever cease.

We love you Sister and will always miss you  
May your loving soul rest in peace, June 14,2015

'A sister is a little bit of childhood that can never be lost'

'Sisters are different flowers from the same garden'

Seema Chowdhury

# Loss Of Happiness

Loss of happiness is a disease  
that ends up in stopping the breeze

Of joy and fain from your life  
And leave you in misery to survive

So don't let happiness slip away  
Or even start any of your day

Without glimpse of happiness dear  
For happiness is a pill that is rare

So learn now how to make it  
So you can fill your every life's bit

With the rays of joy to see  
Happiness all waiting just for thee.

Seema Chowdhury

# Lost Avenue

I have lost the avenue  
That can take me to smile  
A happy and a lovely one  
That helps me in life's trial  
I have lost the avenue  
That can bring me the delight  
A happy and a lovely one  
That make things shine and bright  
I have lost the avenue  
That can show me the glen  
A happy and a lovely one  
Where my thoughts I can pen  
I wish if really someone can  
Hold my hands and guide my way  
And take me to avenues where  
I can find my lost self today.

Seema Chowdhury

# Lost Dreams

All the dreams I saw  
All the dreams I had  
Are now somewhere lost  
And have turned to bad  
I don't know my faults  
Or any of my mistakes  
I don't really know why  
It turned out to be all fake  
This thought gives me grief  
And gives my heart a pain  
I wish if I can watch  
My fate with tear's rain.

Seema Chowdhury



# Lost Forever

In this smoggy  
And empty world  
I feel lost forever  
Where  
Unhappy events  
Endless darkness  
Uncertain future  
And  
Betrayed hopes  
Are standing in a queue  
waiting to  
Abandon my injured soul  
In a wild forest  
Of Shattered dreams  
where only dead ends  
And terrifying nightmares  
Exists  
To sing  
The endless song of time  
In which we are all  
Lost forever--

Seema Chowdhury

# Lost In The Moments

When unexpected events occur in life  
We're lost in those moments to survive  
And re-imagine life with an evil torn  
And feel stuck in a bitter cold morn

And life seems very dull and gray  
And everything feels drowning away  
And life pauses for several days  
Filling emptiness in the way

Where we have to carry the burden and pain  
That's making us sad and insane  
And we feel lost with uncertainty and fear  
And think no one any more cares

And then at last it all ends  
On a bitter turn and twist and bend  
And we feel lost in this tough time  
With no sound of hope or rhyme

Where sunshine disappears from life  
Making it harder to survive  
And we give up and quit forever with fear  
Drowned in pain and doubts tears.

Seema Chowdhury

# Lost In The Shadow

Sometimes I feel lost in the shadow  
Of the dark clouds floating over meadow

Where nothing but trouble's layer  
Is spread over to scatter fear

I wish if I can break this shell  
And get rid of the pain that dwell

And find for myself some peace  
Where all troubles seem to cease

Because trouble's bar is blue  
That makes everything off hue

And that's why I feel everything  
Is stuck in the trouble's ring.

Seema Chowdhury

# Lost Meanings

Sometimes i feel  
As  
My life has lost  
Its meanings  
Where  
No good or no harm  
Can affect  
Because  
My heart is  
Deserted  
Wounded  
And lonely  
And  
Winds of dawn  
have stopped blowing  
On my life.....

Seema Chowdhury

# Lost Opportunity

Never run after  
The silent words  
Phrases  
Deeds  
Or else you'll be left alone  
To mourn  
And all of it  
Will be converted  
Into  
A lost opportunity....

Seema Chowdhury

Seema Chowdhury

# Lost Self

The more I try to find  
My lost self  
The more I feel  
Emptiness of heart  
Deserted wishes  
Vacant scenes  
And  
Then I find myself  
Standing shadeless  
In  
The middle of no where  
From where  
Happiness has gone else where.....

Seema Chowdhury

# Lost The Day

Today  
At night  
When I laid down  
I recollected  
My thoughts  
My words  
And  
My visions.....  
It really made me sad  
Because  
I lost one more day  
In which  
I couldn't give  
Voice to my emotions  
Or  
Words to my visions.....

Seema Chowdhury

# Lost World

Sometimes  
I cannot decide  
Whether  
I'm lost  
Or  
Is it the world  
where I live in? ? ? ?

Please God  
Guide my way  
And send your light  
For hope's candle is burning down  
And  
With it is melting  
Not only my hopes and dreams  
But also  
My self. and my soul.....

Seema Chowdhury



# Love

Love is love when you give it away  
It doubles the happiness when shared in a day  
It makes you feel special and cared  
And takes away your pain when you are scared

Love is a light that glows all around  
And brighten God's world and his ground  
And brings happiness and beauty into view  
And gives life to everything like a morning dew

Love is sacred, pure and delight  
It shines sun of joy very bright  
And fills ones heart with kindness sweet  
That is a gift for all and a treat

God made this love a bridge to connect  
Happiness and warmth and everything you select  
And makes your heart young and true  
And wipe away all your unwanted blue

Love is a dream that we all share  
And it resides in our hearts and lives each layer  
And that is what makes us go all around  
And make life like heaven on the ground

It is a lovely and blessed gift of God  
That He has bestowed on all as our Lord  
And nothing more is sacred and pure than it  
As Love holds value in its every bit.

Seema Chowdhury

# Love And Care's Grace

Live life to the fullest  
And search for the ways  
To reach the highest goal  
Of love and care's grace  
And look for joy in it  
And don't give looks so strange  
For whatever is good or bad  
You can surely try and change  
Just by adding in it  
A glimpse or a shine  
Of love and care's grace  
That is all yours and mines.

Seema Chowdhury

# Love And Kindness Of God

God give me the knowledge and the power  
Let me understand your graciousness tower

And let me dig more and more everyday  
To uncover hidden layers of truth today

Then I can submit to the will of You, God  
For You are my creator and all listening Lord

So I can spread the message of care and love  
And fly like kindness and compassion's dove

God please become my friend in time of need  
So I can eradicate from this earth evil deeds

And please let me come forward and trace  
Endless tales of your mercy, love and grace

So when I turn my face towards East and West  
I know I am praying to only You who is the best

Who promises to help me and be my best friend  
And bring love and kindness in my life's end.

Seema Chowdhury

# Love Conquers All

Only with a little  
Smile of love  
Only with a small  
Kindness curve

You can win  
The world my dear  
And can conquer  
It all with cheer

For love is a  
medecine of hope  
That takes its sufferor  
Out of mope

So come forward  
And hope for the best  
And then on God  
Just leave the rest.

Seema Chowdhury

# Love Forever

My love forever  
Is just for you  
You are very precious  
And that is true  
For your presence always  
Brings me delight  
And make everything  
Shining bright  
I wish for you  
My love, sweetheart  
May you stay  
In God's heart  
And may always  
Be good your fate  
Where God sends  
His blessings taste.

Love You Sunny Dear

Seema Chowdhury

# Love Is A Language

Love is a language  
With no words  
Meanings  
Terms  
Vocables  
Names  
Or phrases...  
It's just a  
Deep passion  
And  
A strong feeling  
That blows softly  
Upon our lives  
Like...  
Like a soft summer breeze...

Seema Chowdhury

Seema Chowdhury

# Love Is Grand

Let us create beautiful memories  
In the world of love and inspiration  
Let our souls blossom in the summer breeze  
Following the streak of sunlight  
Let the essence of joy create a pure heart  
And everlasting melodies of life

Where positive energy of the universe  
Will draw close the fresh air  
To paint our sweet dreams  
With the rush of emotions  
To show us the life time of miracles  
Where we can see the moments of transformation

And let it teach us to take steps in faith  
With hope and courage  
And walk hands in hands  
With laughter and smiles  
Towards the never ending path of love  
That is grand and beautiful.....

Seema Chowdhury

# Love Means

Love means  
An unbreakable promise  
To have and to hold  
To give and to take  
To care and to share  
All your laughs and tears  
For love is  
Like a pure faith  
And tells you that  
Life is great  
And shows you life's  
Brighter sight....  
Only that is  
Purified and right.....

Seema Chowdhury



# Love Of God

Abundance of love and care is found  
On God's earth and above his ground

Because God is the supreme power  
Whose love blooms the prayer's flower

So pray and ask only from him  
To help you with all his vim

And request him to take your care  
And give you your comfort's share

And in times when you're stuck in odd  
Just ask for his help as he is the God.

Seema Chowdhury

Seema Chowdhury

# Love Of My Life

When tiny stars shine bright  
And surrounding seems quite  
And tranquility prevails everywhere  
Then I think of my sarah dear  
And all nice times I have spent  
Whose memories can never end  
then I feel very fresh and bright  
And every thing seems so right  
that I say in this world to survive  
I just need the love of my life  
And when flowers smile in bloom  
And swiftly wipe this world's gloom  
Then I think of my Danny dear  
Who is bestowed as a gift of care  
Whose pleasing and naughty smile  
Share half of my trouble's pile  
Then I feel very fresh and bright  
And every thing seems so right  
That I say in this world to survive  
I just need the love of my life  
And when high waves in the sea  
Softly flows towards me  
Then I think of my Uzair dear  
Who is Lord's gift taht is rare  
Whose big and bright and shiny eyes  
remove all my pain and sigh  
Then I feel very fresh and bright  
And everything seems so bright  
That I say in this world to survive  
I just need the love of my life.

Love You Kids! ! !

Seema Chowdhury

# Love Of My Sis

True and honest love and care  
Surely seems very rare

Specially if you're flowing in the flow  
Of this world never ending show

Where you feel down, sad and pray  
And doesn't find next stone to lay

There instead of crying or feeling bad  
Or thinking of things that makes you sad

Just look at the Lord with the hope to see  
A glimpse of happiness reserved for thee

And then you'll surely be given God's bliss  
In the form of the love of a sis

That not only provides you the peace of mind  
But is surely very sincere and kind

Who knows how to lit the candle of hope  
And keep you away from the tears of mope

And show the night that'll soon reach its morn  
To tell you that happiness should surely go on

And think when God want us to tell  
That he wish us all happiness that dwells

Then he sends hush one portion of his bliss  
In the form of a very caring sis

Whose love is neither cracked nor bent  
And is like a ring that doesn't have any end.

Seema Chowdhury

# Love You

You are my sunshine  
And my vision of spring  
I love you very much dear  
And that is a real thing  
Because you always do  
Things that's really nice  
That brings me joy and fain  
Not once but always twice  
And that's why I say  
May your path of life  
Be filled with happiness  
And broad flowery drive.

Seema Chowdhury

# Love You Dear Friend

When God was making this world and earth  
And putting in it all things that are worth

Then He bestowed His bliss and gave a gift  
Of precious friendship for world's uplift

He made nice people, who love and care  
He made kind hearted who to all are dear

Who not only brighten their life's days  
But also spread sunshine in others way

And you ear are surely one of them  
Who with kindness thread other's life hem

So least I could do to tell you I care  
Is to love you and your friendship my dear.

Love You Dear Sunny

Seema Chowdhury

# Love You Dolly Sabeen

Life's joy never seems to end  
When a sister is also your friend  
Who shares all your times with you  
Like a sincere and a good friend too  
I'm lucky enough to have you dear  
For you share all my smiles and tears  
And this brings me so much joy  
Having you as my baby doll toy  
For you are not only my loving baby sis  
But also a gift of God as a bliss.

Love you sis! ! !

Seema Chowdhury

# Love You Kids

I love to laugh with you  
I love to look at you  
And love to listen to you  
And share my plan's true

I want to share my smile  
And walk with you for miles  
And hold your tiny hands  
To show I understand

I love you my dear child  
In odd and even and wild  
For you bring me joy and hope  
And clear clouds of doubt and mope

You mean the world to me  
My lovely sweetheart thee  
And I'm thankful to God with cheer  
For amking me your mom dear.

Seema Chowdhury

# Love You Ma

Pile over your troubles  
In a wheel barrow  
And dump out the load  
And shut the door behind  
To step out into the sunshine  
To begin anew....

Learn to perk up  
Your sagging spirit  
And jolt your life  
To enjoy the renewed hope  
Navigate your life  
To the brilliant rays  
Of a new dawn  
Towards a sparkling blue sky

Listen carefully to the  
Whispers of love and prayers  
And let God hold your hands  
In your time of pain and fear  
And let God's grace and touch  
Bring peace and hope  
Back in your life

Love you Ma

'Happiness can be found, even in the darkest times,  
If one only remember to turn on the light'  
Albus Dumblerdore

Seema Chowdhury



# Love You Sameen

I wish sunshine and flowers  
To line up in your pave  
I wish rainbow and sunlight  
To brighten your life's cave  
Where only laughter and joy  
And happiness that is true  
Is reserved and shown again  
And again just for you  
I wish your days be filled  
With fain and lots of delight  
Where pleasure is welcomed  
From each and every sight  
That brings you luck and love  
And joys to fill your days  
And much more happiness  
In all your life's ways.

Seema Chowdhury

# Love You Samia

You are a bird  
With a bright smile  
Of  
An innocent flower  
Where  
Fresh joys blossom  
That gives us  
happiness  
Beyond measure....

Love you Baby

Seema Chowdhury

# Lovely Happiness

Have  
A happy to be alive attitude  
In life's dream  
And be like  
A shiny pebble in the brook  
Then only  
You can wrap up  
Your thoughts and feelings  
In  
The emotions of the moment  
And can find your way  
To  
The tunnel of lovely happiness.....

Seema Chowdhury

# Love's Dew

Knock on the door  
Just like before  
And ask for more  
Blessings store

For God is great  
So put your faith  
And enter in the gate  
And there wait

For your turn  
And in return  
There you learn  
And show concern

And what you view  
Just keep it to you  
And thank God too  
For giving love's dew.

Seema Chowdhury

# Love's Flower

Love is like a wild flower  
That has really got the power  
To spread it in the places right  
And make there everything bright  
For love is here usually found  
On every spot of this god's ground  
And then it gives happiness to all  
That can both be big and small  
So try in your life to add  
Love, joy and happiness in bad  
And look for it all around you  
For you have on it a right too.

Seema Chowdhury

Seema Chowdhury

# Love's Key

Love is the key  
That opens every heart  
For it is the magic  
That can surely start

A bright day of  
Love and care  
And in it showed  
Who are sincere

So do your best  
And be always good  
For this is the bond  
That's stronger than wood

For God has made  
Us all with loving heart  
That is filled with care  
And happiness art

That shows to all  
What fair means my friend  
That we want to share  
With all till life's end.

Seema Chowdhury

# Loving Friendship

Enjoy an everlasting happiness  
Created and formed  
By the flashes of  
A loving friendship  
That leaves behind  
Bubble of memories  
Events  
Words  
Voices  
And promises of shared past  
And  
Invites happiness  
To knock on the door  
To take you  
Into the world of  
Light  
And  
Wonders.....

Seema Chowdhury

Seema Chowdhury

# Loving Words

Leave loved ones with the loving words  
Specially when things around them are curt  
For nothing more but a word of cheer  
Can bring them joy 'n peace my dear  
And always remember and keep this in mind  
That its important with others to be kind  
For all the care that you show that's true  
Returns very soon to shine on you  
So try to spread flowers in the pace  
Of your loved ones 'n don't let 'em face  
Any path of trouble or sorrow alone  
Or don't leave them to cry or mourn  
Just give them a friendly hand to hold  
When things around them seems a little cold  
And always leave them with loving words  
When things around them seems a little curt.

Seema Chowdhury

Seema Chowdhury



# Lowest Moments

When you get stuck  
In the valley of tears  
In the lowest moments  
That is full of fears  
Then go to the door  
Of Lord's prayers  
For he will listen  
As he does care  
And ask for his  
Help and faith  
that can take  
You to the gate  
Where you can  
Enter and start  
Your life as new  
Without trouble's part.

Seema Chowdhury

# Luck Is On Your Side

Avail this chance that is wide  
That luck is today on your side  
So work hard and prove with zest  
That you're prepared to take life's test  
There may come paths in between  
When time and people are both mean  
But don't sit back just to mope  
Remember that the pillars of hope  
Are very strong to hold you dear  
And tell taht your sisiter really cares  
Who is writing this small poem for you  
Who not only cares but love you too

Love you Baby Sis! ! !

Seema Chowdhury

# Magic Hour

Let the sunbeam creep through  
The narrow crack in the window  
And give yourself another opportunity  
to launch a new life  
And prepare for the real world  
And develop realistic expectations  
So don't put limitations on yourself.....

Search for the magic hour in which  
Joyful noises  
Surprising success  
Beautiful dreams  
And comfort and hope  
Can all creep in your life  
Slowly and silently  
To illuminate everything  
And bring your life  
Wonder and serenity  
And fun filled days  
To launch a new life.....

Seema Chowdhury

# Magic Of Moonlight

When night lets it curtain down  
And things start looking dull and brown  
Then there in the middle of the town  
You see something shining bright as a crown

That shining thing in the middle is the moon  
That you can't surely see at noon  
Until after you see the sun setting as a loon  
Then you know you'll see it pretty soon

And once a month it appears as a ring  
Round and shiny that makes your heart sing  
And wish you could fly if you had a wing  
Or may be you'll try some other nice thing

And everything seems smiling all night  
Even flowers look very fresh and bright  
That makes every moment pleasant and right  
Till the appearance of the first ray of light.

Seema Chowdhury

# Magic Of The Moment

I can never forget  
That special moment  
That rather I would call  
Magical  
And  
Glamorous  
That engraved  
A path of joy  
In my merry heart  
And  
left an everlasting impression  
To be cherished  
And remembered  
Forever and ever.....

Seema Chowdhury

# Magic Of The Moon Light

When night lets it curtain down  
And things start looking dull and brown  
Then there in the middle of the town  
You see something shinning bright as a crown  
That shining thing in the middle is the moon  
That you can't surely see at noon  
Until after you see the sun setting as a loon  
Then you know you'll see it pretty soon  
And once a month it appears as a ring  
Round 'n shiny that makes your heart sing  
And wish you could fly if you had a wing  
Or may be you will try some other nice thing  
And everything seems smiling all night  
Even flowers look very fresh and bright  
That makes every moment pleasent and right  
Till the appearance of the first ray of light.

Seema Chowdhury

Seema Chowdhury

# Magic Of Tomorrow

Look forward to tomorrow  
Don't give up on your dreams  
Listen to your inner voice  
And follow the twinkling beam

That comes out from your heart  
And shows you the magic and power  
That emits sparkling rays of joy  
For you to become Strength's tower

So you can make better choices  
And come out of your comfort zone  
Where magic of dream and hope  
Don't let you feel ever alone

And show you a better way  
To enter in the magic of tomorrow  
where you can choose to be happy  
And leave behind pain and sorrow

For life is a choosing game  
That we all have to continuously play  
With the flow of smile and pain  
So try to choose happiness today

And every tomorrow gives us options  
To look forward and not to give up  
So carefully listen to your inner voice  
And drink joyously from hope's cup.

Seema Chowdhury

# Magic Zone

Build a magic zone  
For life is like a cone  
That we lick to make a belt  
Or else it will all melt  
So build it and enjoy  
And fill it all with joy  
And let in it comes smile  
And invite happiness for a while  
And then sure you will see  
That many are like thee  
Who wants to enjoy life  
And built magic zone to survive.

Seema Chowdhury

Seema Chowdhury



# Magical Connections

I want to make magical connection  
With our life experiences  
And sensation of the moments  
And want to weave together  
Passion and enthusiasm  
And blend in as seamlessly as possible  
The gift of gorgeous and breath taking  
Scenes of our lives  
Where life unfolds miraculously  
Before our eyes  
And show us our world  
In a different way  
With dazzling insights  
Full of cozy smiles  
Never fading beauty  
And uninterrupted flow  
Of blessings and happiness.....

Happy Valentine's Day Sunny.

Seema Chowdhury

# Magical Mystery

Life is a magical mystery  
And like a prewritten history  
Where smiles of joy are small  
That gives way to tears to fall  
So try in this little time  
To enjoy each of its scattered rhyme  
And learn to find your own way  
Of joy and happiness in the day  
And know that here also survive  
Pain, that's matter of death and life  
So try to swap all of it  
With the cool breeze of smile's kit.

Seema Chowdhury

# Magical Mystery Of Satisfied Life

Open your eyes to the magical mystery  
Found everywhere  
And take a moment to laugh  
In this satisfied life

And believe something new  
Is about to happen  
So start thinking a new way  
And research new avenue

And when you'll learn  
To adopt a new perspective  
You'll be able to set doubt aside  
And create your own reality

Just open yourself to the unknown  
And cling on to realistic dream  
And smooth out your thought  
Only if you want to discover the magical mystery

And hear the sweet sound of moving forward  
Of your satisfied life  
And leave behind a speck of hope  
To create your own reality.

Seema Chowdhury

# Magical Spring Time

Spring time, Oh spring time  
Where flows life's rhyme  
Tulips, daffodils and other flowers  
Showing us all God's power  
Gardens are full of flowers and weeds  
Its time to sprout the magical seeds  
That makes this world's show  
And for that we all to God owe  
A special thanks in life's rhyme  
For sending His lovely spring time

Rainbow appears just after rain  
Clear sky all brings us fain  
Puddles, splashes and melting dew  
Are lovely and magnificent views  
Where rain drops come to the earth  
To bring us happiness and mirth  
And welcome us on this journey of life  
Where we are all bound to survive  
Spring time, oh spring time  
Where flows life's rhyme

Where we are all on board  
Ready with zest and packed for the road  
And learn to here discover treasure  
That no one can ever imagine or measure  
And there just leave your heart's door ajar  
And let your wings fly you afar  
And let you enjoy the light that shines  
And spread in life the happiness wine  
For here comes the magical spring time  
Where flows life's joyful rhyme.

7th April,2009

Seema Chowdhury

# Maintain Momentum

Feel the experience  
And accept the reality  
With peace and contentment  
And open your heart to possibilities  
And help yourself to bring  
Comfort and joy to yourself  
And know that it is very important  
To maintain momentum  
To carry on with life....

So when life throws a curve ball  
Instead of freezing up in silence  
Or filling life with doubts  
You must have the courage  
To hit back at life  
And get the negative emotions out  
To move on and never lose momentum....

And feel the divine presence  
And trust in miracles  
And know that God works in  
Profound ways  
And if we look hard enough  
With faith  
Then we will be able to see  
The warm beacon of light  
And a ray of hope.....

Seema Chowdhury

# Make A Chain

In the little world of ours  
We see nice blooming flowers  
That have in them a bunch of thorns  
Like nights are followed by morns  
For this just keeps on going  
And life just keep on flowing  
And along its way in the lane  
It makes for us a chain  
A chain of tears and smiles  
That walk with us for miles.

Seema Chowdhury

# Make Home Your Castle

Make home your castle  
With bricks of love  
As love is the gift  
Of heaven above  
And add in it  
The sand of joy  
With which you can  
Learn more to enjoy  
And try to make  
The room of fun  
Before life's days  
Are over and done  
And add in it  
The bliss of smile  
That adds sunshine  
And make it worthwhile.

Seema Chowdhury

# Make It A Splendid Day

I want to spend my special day  
In doing nice things in my way  
And I wish to spread joy and fun  
Before this day is over and done  
Today I want to spend my day  
In thinking of you in every way  
So I can be happy and glad  
And can change things that are bad  
And because today is special in a way  
So I want to make it a splendid day  
So when this day is over and through  
I still have nice memories of you.

Seema Chowdhury

Seema Chowdhury



# Make Things Happen

make things happen

And

Let them go

According to your

Flow

Rhythm

And

Expectations

And

Use wisdom

To guide you

And don't let

Shadow of darkness

To fall upon

Your life

And

Your happiness....

Seema Chowdhury

# Make Up For The Lost

Its time to make up for the lost  
It's time to pray for trouble's cost

It's time to take off the load  
And start again on brighter road

For life is a series of these pains  
Where both we lose and sometimes gain

So don't feel bad or just despair  
If you feel stuck in the gear

Of the gain of agony and distress  
And inside you feel depress

For soon will lit just for you  
the brightness candle of hope's hue

That will brighten all the roads  
And will take off the trouble's load.

Seema Chowdhury

# Make Your Place

Try to make  
Your place in the sun  
And try to  
Be the one  
Who always  
Knows his show  
And acts there  
According to the go  
And learn to  
Talk in life  
And walk there  
Where trouble's survive  
So you can learn  
In life to smile  
And spread happiness  
All for a while  
And know how to  
Make your place  
In both the sun  
Or in cloud's trace.

Seema Chowdhury

# Manifold Darkness

sometimes I feel  
I'm left alone  
In the manifold darkness  
Plagued by the  
frustration of life  
from where  
I cannot find  
my way out-  
Where Only  
Heavy rain is pouring  
And thick Clouds are seen  
And thunder  
And lightning are heard  
By me  
That forces me to enter  
In an unending era  
Of awkward silence  
and squeezing grief.....

Seema Chowdhury

# Many Reasons To Hope

Celebrate your life with laughter and joy  
Construct a picture of a better tomorrow  
See the world through rainbow hues  
And be open to interpretation  
If you want to mend the hopeless situation  
And find many reasons to hope

Ignore many shades of gray and blue  
Focus on the golden moments  
Catch up with your engaged life  
Share sacred loved and peace  
And be open to interpretation  
If you want to mend the hopeless situation  
And find many reasons to hope

Enjoy the cluster of glowing candles  
Savour the memories with a positive twist  
Fill your heart with warm pleasure  
Face reality and know that everyone  
Doesn't see the world through the same lenses  
So be open to interpretation  
If you want to mend the hopeless situation  
And find many reasons to hope.....

Seema Chowdhury

# Many Tomorrows

I am waiting for  
Those many tomorrows  
Where no glimpse of  
Troubles, pains and sorrows  
Will ever appear  
To make us sad  
And snatch the glimpse  
Of happiness glad

I am waiting for  
Those many tomorrows  
Where all bad things  
Like distress and sorrows  
Will fly very far  
And bring pleasure  
Wherever we are  
Along with leisure.

Seema Chowdhury

# Map Out A Plan

Map out a plan  
To get rid of  
Troubles  
Agony  
Pang  
And  
depression  
And  
Extend yourself  
And learn to  
Step beyond your  
Comfort zone  
Then you'll realize  
that you have been riding  
On the mysterious waves  
Of passion  
Aggression  
Ignorance  
And  
Boredom.....

Change your self  
If  
You want to  
Change your life for better...

Seema Chowdhury

# Marathon Of Life

We are running our own marathon of life  
With tremendous strength and insight  
Passing through magic and miracles  
And sometimes on the surface  
That causes pain and suffering  
But this is how it is meant to be  
Just like a tiny butterfly  
That only spreads its wing  
When it emerges from the warm cocoon  
Life is a perceived reality and a complex story  
Where we all juggle between multiple task  
And a bit of sadness mingled with joy  
Where we take deep breaths  
And discover life's altering experience  
And try to fill the big hole and smooth edges as time goes by.....

Seema Chowdhury



# Mark Hours

Mark hours of fine day  
That stops by in your way  
So when you are feeling bad  
And things are making you sad  
then you can look on to them  
And mend it with prayer's hem  
For this is the world's way  
That in every one's day  
Comes the tide that are so  
That is some high some low  
So whenever you get a chance  
Try to collect for you in advance  
The hours of the fine way  
That stops by in your way.

Seema Chowdhury

# Marriage

I want to be a listener  
Of all your troubles dear  
I want to be a reflector  
Of love, happiness and cheer  
And want to be a supporter  
In whatever you do  
And bring you back  
Bright colours and hues  
That are all missing  
From your life  
Because my dear  
I want you to survive  
In all odds and evens  
And all troubled days  
That life shows you  
And throw in your ways  
Because that's what is marriage  
Expects from our lives  
When we join our hands  
And become husband and wife.

Seema Chowdhury

# Master Of The Land And Sea

Oh Lord, Oh my God  
Master of the land and sea  
Give us the wings of faith  
And let us enter the gate  
That leads us straight to you  
Whose love is pure and true

Oh Lord, Oh my God  
Master of the land and sea  
You watch over us all  
And hold us when we fall  
And bring us your loving smile  
When we suffer in our trial

Oh Lord, Oh my God  
Master of the land and sea  
Help us in this passing world  
That's full of bends and curls  
And straighten our roads of hope  
So we walk in them to cope

Oh Lord, Oh my God  
Master of the land and sea  
Heal our wounds and pain  
Don't let us drown insane  
Or dwell in misery's cry  
When we fail again to try

Oh Lord, Oh my God  
Master of the land and sea  
Take away the craziness of life  
And teach us how to survive  
And gift us the wings of faith  
So we can enter in Heaven's gate.

Seema Chowdhury

# Maze Of Life

Maze of life traps you again  
In its never ending pain  
And angry tears start to drop  
With a wish to never stop  
This maze of life is very bad  
That makes everyone very sad  
For it is full of mope and pain  
And that's what we only gain  
Out of this terrible life  
Where its very hard to survive.

Seema Chowdhury

# Meaningful Questions

In the unusual circumstances  
When  
the course of events  
are taking place  
Some meaningful questions  
Arise in my mind  
But-  
I cannot get their answers  
as they are  
Too difficult  
And too painful  
To be answered.....

Seema Chowdhury

# Meanings

Your name is carved  
On my heart  
And your presence  
Brings me  
Joyful surprises  
Where  
Sweet dreams  
Evening breeze  
And  
Spectacular sunset  
brings  
sweet scent of happiness  
And explains me  
the meanings of  
God's Miracles.....

Happy Anniversary Sunny

Seema Chowdhury

# Meanings Of Love

Love means an art of learning to trust  
Love means when in life's hard crust

You find someone on whom to lean  
Who will help you without being selfish and mean

And love means when in life's air  
You find someone who trusts and cares

Who is willing to share all your dreams  
And brighten your life with care's beam

And surely that someone can be the one  
Who tries to find you the road of fun

On which you can walk with smile and see  
How much brighter is the life for thee.

Thank you Sunny! ! !

Seema Chowdhury

# Measureless Thorns

Measureless thorns  
Are born  
Every day  
In my way  
Because I  
Don't know why  
And how to see  
And set free  
My own soul  
And play the role  
And try to end  
And pretend  
To be in fain  
And not in pain.

Seema Chowdhury



# Medicine Of Hope

My days now start on your thoughts  
For all the happiness that you have brought

For the joy that I feel is hard to measure  
And that's why I think they're my treasure

Your smile works as the medicine of hope  
And helps me always to bravely cope

With pain and troubles of my life  
With which I'm now bound to survive

I don't know how to thank you dear  
You showed in your ways that you cared

And that's why I think its hard to count  
Joy that you have deposited in my account.

Seema Chowdhury

# Medicine Of Pain

A smile is a medicine of pain  
A smile is a power that gains  
Lots of joy and happiness for you  
To make you happy and lively too

Because smile is a powerful force  
And a simple and an easy source  
To bring you near the joys that're far  
And to cross faintly the trouble's bar

Because smile has the power to mold  
And in everyone's life it surely holds  
An important place in life's ship  
So try to get its hold and a grip

So when in life you're given a test  
Then try to do it in the way best  
And spend this time with joy for a while  
with a gift of a rare and a precious smile.

Seema Chowdhury

## Me-I.... My

New doors are opening  
And showing me the way  
Of joy and cheer  
For each of my day

May be it is because  
I have learnt to hope  
And have promised never to  
Fall in mope

Or may be because  
I have accepted it all  
As part of life's game  
Whether big or small

And that's why today  
I'm feeling all free  
With a new form of 'My-I-and Me'.

Seema Chowdhury

# Melting Snowflakes

Walk among haze, fog and mist  
Enjoy sprinkle of joy's art  
Hold snowflakes in your palm  
And capture winter clouds in heart

Snowflakes are miracle from God  
They are beautiful and so true  
They help to melt our fears  
And wipe away all our blues

So create colors of love and care  
Let it shine very bright today  
Highlighting it's bends and curves  
That is taking your breath away

Don't only stare at the horizon  
Try to catch this amazing sight  
And absorb in its magical flow  
Falling like stars all white

Just give yourself a chance  
To illuminate in this crystal bright  
And once it lit up your soul  
Then soak in this Divine's light

So open the gate of imagination  
And let hope create an amazing art  
So you can play with magical colors  
To catch snowflakes in your heart

Now walk among haze, mist and fog  
That are so real and absolutely true  
And give snowflakes a chance today  
To melt away your fears and blues.

Seema Chowdhury

# Memories

I remember when my life was changed  
That moment and day  
when everything was different  
From usual in every way

Then I remember thee goodbye by my dad  
That moment and day  
It was hurting but different  
From usual in every way

Also I remember my timee in the plane  
That moment and day  
It was raining but different  
from usual in every way

Then I remember thehug by my mom  
That moment and day  
It was warming but different  
From usual in every way

Also I remember the letter from sis  
That moment and day  
It was loving but different  
From usual in every way

Then I remember about my dream  
That moment and day  
It was rejoicing but different  
From usual in every way.

Seema Chowdhury

# Memories Are Engraved

Memories are engraved  
Deep within the mind  
That no one can erase  
Whether kind or unkind

For it is just like  
The shine of the sun  
That no one can stop  
To be shown to one

So let it enter  
Through mind's door  
And let it brighten  
Your life like before.

Seema Chowdhury

# Memories Grand

Spread cheer  
You my dear  
For all you love  
In life's curve  
And be nice  
And extra wise  
And try your best  
In all life's test  
To smile and smile  
And walk for miles  
Along life's way  
In each day  
To spread cheer  
For all my dear.

Seema Chowdhury

Seema Chowdhury

# Memories Lane

Collect memories of your past  
For they can bring you joy  
The joy of love and care  
That you can surely enjoy  
For life is a precious gift  
That God has given to us all  
To live in it happily  
And build for us a wall  
A wall of bright memories  
That for us can surely lift  
the burden of any trouble  
Or any of the darkest mist  
So avail this chance in life  
And learn to welcome fain  
For cheer and smile and care  
Can build your memories lane.

Seema Chowdhury



# Memories Linger In My Mind

Memories of joy  
And memories of pain  
All linger in my mind  
In each life's lane

For they are rare  
And like a treasure  
That brings to me  
Tons of pleasure

That's why I think  
And keep them all  
As they're my source  
Of joy big and small.

Seema Chowdhury

# Memories Of 1995

Remember the memory  
remember the day  
remember the care  
You have found in the way

And know that just  
Once in life  
Everyone is given  
A chance to survive

And enjoy all these  
Blessings of God  
That he has spread  
For us in odd

So go to the door  
Of God and pray  
And thank him for  
Giving joy in life's way.

Seema Chowdhury

# Memories Of Snowfall

I am walking on the freshly and crisp fallen snow  
And it is crunching beneath my feet  
As I am making and leaving behind  
Beautiful and remarkable footprints of memories

I am standing in awe  
Trying to capture this illustrious image  
Of the falling snow  
It is a joyful experience  
Where everything is hushed and serene

I am standing motionless  
Trying to absorb the sound of the drifting snow  
Very deep in my soul  
As this sound is sinking deep  
It appears to be closer, narrowing the distance

The sky seem to be smiling  
With excitement and freshness  
It is a breathtaking scene

And now at sunset clouds are gathering heavily  
And it is beginning to fall steadily and rhythmically  
As night is descending gorgeously in thick layers  
On the deep darkness of the winter night....

\*\*\* 3rd poem in the snowfall series\*\*\*

Seema Chowdhury

# Memories Of Tomorrow

These beautiful moments  
Become memories of tomorrow  
Don't hang to fear or disappointment  
Throw away troubles and sorrow

Be aware of your limitations  
And try to achieve your best  
For this life is made up of  
Unique and difficult tests

Weave your thoughts beautifully  
And hang on to cheer and hope  
Dismay tears of troubles  
And learn in life to cope

Develop a cheerful attitude  
And know to handle life  
So life can flow on its trail  
And teach you lessons to survive

Have realistic objectives and goals  
And set time to achieve them all  
One by one, little by little everyday  
So learn to break fear's wall

And know that beautiful moments  
Becomes memories of tomorrow  
So don't hang to fear or disappointment  
Throw away troubles and sorrow.

Seema Chowdhury

# Message Of Hope

A message I like to share with you  
A message of hope that is true  
A message that can bring around  
The colourful hues to touch the ground  
To spread happiness and some joy  
For everyone who wants to enjoy  
So everywhere the glimpse of peace  
Can be seen for tears to cease  
And this is the true message for you  
That i'm sending with sincerity true  
And hope to see you with a smile  
That makes your life more worthwhile.

Seema Chowdhury

Seema Chowdhury

# Middle Of Life's Story

Sometimes  
I feel as if  
I have lost my way  
in the middle of life's story  
And  
No matter how hard i'll try  
I'll never be able to  
Pick up the thread  
To  
Fill in the gaps  
That are there.....

Seema Chowdhury

# Middle Of The Road

Don't feel scared  
Or have a doubt  
Don't feel tired  
Or burnt out

Don't feel moped  
Or ever blue  
If things aren't very  
Nice fro you

And believe taht  
Middle of the road  
Will surely take you  
To the board

Where you wish  
To get down dear  
Even if your destine  
Is odd or rare.

Seema Chowdhury

# Midst Of Fear

In the midst of your  
Fear and sorrow  
Try to realize your strength  
And look for a reason  
To laugh  
And find a way  
To throw away  
All your grievance  
All your distress  
All your sufferings  
All your turmoils  
And  
Abstain from  
Crying  
Because  
Once you start srying  
Then you're given  
More reasons  
To cry about.....

Seema Chowdhury



# Mingled Feelings

As evening settles over the city  
I stood next to my window  
Reflecting on my day  
Trying to hold the falling sand of time  
To accept the echoing words in my ears  
Absorbing and understanding the impossible  
And with each passing moment  
I felt an odd feeling of numbness  
Filled with longing and regret  
All at the same time in the same moment  
And with a gasp of astonishment and mingled feelings  
I found myself lost in another world of inner torment  
With terrible memories and unhappy sigh  
And eyes blurred with tears of pain  
Searching over and over for the wall to climb  
For the way to the beginning  
And wondering if this craziness will ever end? ? ?  
Or if the agony will ever seize? ? ?

Seema Chowdhury

# Miracle Dad

Birthdays are special  
And that is specially true  
When the person is precious  
And rare like you

Who deserves life's joy  
And all sorts of fun  
And who is extra great  
And world's number one

So I'm proud to say  
And glad to tell  
That you are the cause of  
All happiness that dwell

For you spread joy  
In the place you live  
And you shed smiles  
By the kindness you give

And today is your special  
Very special day  
So I wish all nice things  
To stop by in your way.

HAVE A GREAT DAY BABA! ! !

Seema Chowdhury

# Miracle Drug

Bring sunshine to the life of others  
learn in life to always gather  
A miracle drug that can cure pain  
And show you way towards joy and fain  
And try to find a helping hand  
And perform better in choices band  
And take positive actions and steps  
And recognize opportunity's points and depths  
And remember always to imagine fine  
And find ways to bring sunshine  
And know that whatever happens in life  
Depends on our attitude that survive  
So have strong belief and good dreams  
And learn to search for secret beam  
That can color your life with joy  
And show you winning strokes to enjoy  
Each and every moment of your life  
Where you're bound to survive  
And bring sunshine to the life of others  
And for them always happiness gather.

Seema Chowdhury

# Miracle Is A Symbol Of Life

Life's story is incomplete  
Without the substance of  
Love, pain, hurt and forgiveness  
So help yourself when in distress  
And capture every moment and angle  
And don't let excitement to end

Always keep your options open  
And know there are many more  
Adventures around the corner  
So let faith and hope take deep root  
For that will bring you constant reward  
And a great sense of satisfaction

And be like the singing bird  
That sings in all kinds of weather  
And make depression disappear  
With her warm sunny words of miracles  
For miracle is all that we need as a symbol of life  
And God's way of answering our doubt and hopelessness.

Seema Chowdhury

# Miracle Mom

Someone who likes to  
Protect you as a shield  
Someone who wants  
All happiness to yield

Someone who tries  
Very hard to ease  
Someone who stops  
All the pain's breeze

Someone who knows  
How to lend you a hand  
Someone who really  
Does understand

Some one who wishes  
Nice things for you  
Can only be your  
Miracle mom whose love is true

Who always spreads joy  
And pretty flowers in your way  
And keeps on praying  
For you each day.

LOVE YOU MAMA! ! !

Seema Chowdhury

# Miracle Mystery

My mind is racing with random thoughts  
And a list of questions  
Appear one after another  
And I am trying to solve  
The miracle mystery  
That sent light  
To the world  
For  
Big surprises come  
Along with hope  
In troubling time  
And takes me far  
And deep into  
The angelic world  
Where  
I get a chance  
To change everything  
And  
Make a difference  
And  
Make a better understanding  
With  
The secret life  
Of  
This amazing journey  
And  
Discover the path I desire.....

Seema Chowdhury

# Miracle Of Tears

Tears can heal  
Our life's pain  
It teaches us to deal  
With life without fain

And it lets out  
Emotions and stress  
And it takes us out  
Of troublesome mess

It relieves the grief  
That we feel inside  
It cleans the heart  
And shows us wide

Wide paths of life  
To walk on dear  
And learn to handle  
Crises and fears

For tears are like  
Morning shower  
That clear the clouds  
And gives us power

To once again stand  
And handle this life  
And stick together  
And learn to survive

So don't hold your tears  
Let it flow out  
And give yourself a chance  
To wipe all your doubts

And makes you strong  
And teaches you to heal  
Life's endless pain  
Through shedding tear's deal.

Seema Chowdhury



# Miracles Do Happen

Break the negative worry cycle  
And do not let your mind wonder back  
Tune into your jumbled emotions  
And enjoy good things you already have  
Believe in miracles, for they do happen  
And walk on the path of winning hope

Focus on your wondering thoughts  
Look at life from a positive perspective  
And get the pessimist thoughts out  
With the power of love and gentleness  
Believe in miracles, for they do happen  
And walk on the path of winning hope

Give up on your fearful worries  
So you can try a different approach  
Search for all life's possible solutions  
And add in it a dose of compassion  
Believe in miracles, for they do happen  
And walk on the path of winning hope

Discover your giving moment  
And lend a gentle and a helping hand  
Then you'll see the ripple effect of kindness  
That will bring back balance in your life  
Believe in miracles, for they do happen  
And walk on the path of winning hope.

Seema Chowdhury

# Miracles Happen Everyday

Don't lose hope  
Believe in the say  
That miracles do happen  
For us each day

So learn to put  
Your trust in God  
As He is your creator  
And your Lord

And ask Him to  
Help you in need  
And provide you His  
Loving lead

And show you miracles  
In each day  
And help you out  
In the trouble's way.

Seema Chowdhury

# Mirror Of Life

Amazed and delighted  
I looked at me  
Where I saw  
Reflection of thee  
And then I realized  
That without you  
I am nothing  
And that is true  
You are like a mirror  
In my life  
In which I find  
ways to survive  
For you are like  
A guiding star for me  
Who shows reflection  
Of loving care of thee.

Happy Birthday Sunny

Seema Chowdhury

# Miss You A Lot Dad

It breaks my heart  
To think and say  
That you beloved dad  
Have gone away  
Far very far  
From your loved ones  
For your time in this world  
Was over and done

I miss your loving  
And caring smiles  
I miss your hugs  
And walk for miles  
I miss your hands  
That you always rose  
To bless our lives  
With prayers and grace

I love you dad  
And pray for you  
May God open the door  
Of heaven and hue  
And fill your path  
With the shine of bliss  
More than we can  
Ever for you wish

I hope and pray  
From God who is dear  
To keep you safe  
Under His bliss and care  
And wish one day  
We meet in heaven above  
Under God's treasure of  
Unaccountable care and love.

May Your Soul Rest In Peace Dad.  
I love you a lot and will always miss you.

(Written on my Father's death on 9th Aug,2010. May God Almighty bless his soul and gift him a special place in Heaven.(Ameen))

Seema Chowdhury

# Missed You Dad On Father's Day

I feel your love in all I do  
I see your prayers coming through

I feel your presence wherever I go  
And see your smile when I feel low

That showed me best way to survive  
Holding your hands in every step of life

You showed me new roads to walk  
And you always listened whenever I talk

For your words still echo in my ears  
That brings even today nostalgic tears

I miss you dad, but I know in my heart  
Your prayers are protecting me from the start

And your bright eyes and its shine  
Will always bring my life peace vine

And the beautiful lessons that I learnt from you  
Are always there to guide me through

And your guiding hands that showed me the way  
Will always weave thread of love for me today

And I hope we will meet in heaven one day  
And will be together to laugh and play

Where your prayers will bring me smile of care  
The smile of comfort that we always shared.

Miss You a lot Dad.

- - - - -

'If tears could build a stairway and memories a lane  
I'd walk right up to Heaven and bring you home again'



# Missing Colors

Do not lose hope  
Nor fall into despair  
For God is your protector  
And He is always near  
And He will take away  
All your greys and blues  
And will bring you in  
Missing colors and hues  
That were taken out  
Because of the dark clouds  
That came over your life  
And brought mistrust and doubt  
Just hang in there with hope  
And open your lovely eyes  
And find yourself with joy  
Floating in happiness high.

Seema Chowdhury



# Missing You

I wish if I can hear your voice  
As it gives me chance to rejoice

And show me the path of pleasure  
That for me is a great treasure

I miss you dear I surely do  
And wish all nice things for you

And hope that wherever you dwell  
May you stay happy and well

Because for you i deeply care  
And pray for you all things be fair

Where you'll be always happy and fay  
And make pleasurable your whole life's stay.

Seema Chowdhury

# Missing You Ami

Somethimes words aren't enough to express  
Why life seems dull and depress  
In the absence of loved ones who share  
Our thoughts to show that they care

But this is true and also a fact  
That all good and the kindness act  
That you show to us dear mom  
Helps us to clear our path from

The thorns and bushes of real life  
With which we're all bound to survive  
And today for you I wish well  
And wish for happiness where you dwell

And hope may your life be filled with fain  
Where no glimpse of ny pain  
is given or even shown to you  
And that's my heartiest wish for you.

Seema Chowdhury

# Missing You Friend

My friend though you are away  
Your nice memories with me still stays  
In the same way it was with you  
I still feel your love taht is true

For friends like you are very few  
Who somehow always really know  
How to sing the precious song  
Of encouragement when things are going wrong

And that one thing dear that I'm glad to say  
is that you always know which stone to lay  
And know bad things that you must hide  
In order to show me a brighter side

So the day when we all will die  
And will quietly in our graves we'll lie  
Even then I'll plea to the gracious God  
To give you all your kindness reward

Because it is very hard to find  
A friend like you who is nice and kind  
Who always know how to prove with her zest  
Her friendship to be worthwhile and best.

Seema Chowdhury

# Missing You My Dear Friend

Today dear you are out of my sight  
But surely you can't be out of my mind  
For all nice times that I had with you  
Reminds me of all your loving hues

For you dear are a very good friend  
Who always some how manages to end  
The troubles that I'm going through  
By showing me all life's brightening views

And I'm glad you always played a role  
And always in your way you console  
And always lent a helping hand  
When I needed it most in trouble's band

And today i really miss you dear  
For you always showed me your care  
So remember that you can be out of my sight  
But surely you can't be out of my mind.

Seema Chowdhury

# Missing You Sunny

When life seems hard  
I think of you  
Because I know  
That your love is true  
And you can only  
Cool and calm  
My painful hurts  
With your caring balm  
I miss you honey  
My dear sweetheart  
You are surely  
An important part  
Who can bring me  
The pleasure's treat  
And helps to make  
My life complete  
And because today  
You are not here  
I miss you already  
Very much my dear  
And hope to see  
Very soon honey  
Because my love  
Is true dear Sunny.

Seema Chowdhury

# Mist Of Fears

Through  
The mist of fears  
I saw  
Foggy paths  
Shabby roads  
Broken tracks  
Lapsed bridge  
Misty ways  
Wasted routes  
And  
Rusted pavements.....  
Is that all that life has to offer me? ? ? ?

Seema Chowdhury

# Mist Of Tears

Sometimes it get hard to see  
Joy waiting just for thee

Because of the mist of tears  
That has come with the fear

The fear of trouble and stress  
That brings all pain and distress

That doesn't let you happily survive  
In this world and in this life

But don't lose hope or ever cry  
Neither mope or ever sigh

Just hang in and with faith  
Put your trust on God great.

Seema Chowdhury

Seema Chowdhury

# Mist Of Time

In the mist of time  
I have lost  
Clear visions  
Fond hopes  
Assured faith  
Certain trust  
And  
Optimism  
And  
Only thing that I see here  
Is the cloud of depression  
And painful truth  
Throwing me into  
The world of darkness  
And  
Hopelessness.....

Seema Chowdhury



# Misty Eyes

Reach deep down in your soul  
where memory plays a role  
And there to find  
The watch of life and then wind  
So time can once again start  
And tell you how with an art  
You can pass each of the day  
In mending cracks in your way  
So you can then learn to survive  
Even in bad phases of life  
And you can learn in this tie  
To return smile in your misty eye.

Seema Chowdhury

# Mixture Of Life

Dye your life with your smiles hue  
And wipe away from it all the blues  
And know that noblest deed of all  
Is to do nice things whether big or small  
And remember in the cross road of life  
No board of decision ever survive  
So do whatever you think is best  
And then on God just leave the rest  
For then God will give you what you need  
In return of all your kindness deed  
And will add happiness in your daily chore  
And then will give you joy some more  
And will tell you that in the mixture of life  
Kindness and smile always survive  
So dye your life with the smiles hue  
And learn to wipe away all the blues.

Seema Chowdhury

Seema Chowdhury

# Mold The Day

Wear bright thoughts  
And warm smiles  
Then walk all around  
For miles and miles  
And try to mold  
Your day in joy  
And find for yourself  
New ways to enjoy  
And learn each day  
To spread the flower  
In the way  
As its God's power  
That can lighten  
The path for miles  
If you can wear bright  
Thoughts and smiles.

Seema Chowdhury

# Mold Your Thoughts

Mold your thoughts  
And your acts  
Because my dear  
That is a fact  
That is just once  
You can change  
All bad thoughts  
And can arrange  
A better way  
that is bright  
Then surely soon  
You'll feel delight  
And will always see  
Joy and smile  
Coming for you  
In trouble's pile.

Seema Chowdhury

# Mom, You Are A Champion

You make a difference in all that you do  
Your smile spreads brightness just like you

Your optimism and kindness are contagious dear  
That brings the spirit of joy everywhere

Mom you're our champion, hero and best friend  
Your love and affection know no bounds or ends

You always make sense of this imperfect world  
And straighten out all crazy twists and curls

We love you mom and we are grateful today  
Especially for your loving prayers everyday

And for the angelic care and your tender gaze  
That you show when we are stuck in life's maze

Thanks mom for planting seeds of faith and love  
And for nurturing with it belief of heaven above

And for encouraging us to hang on for long  
Even in hard times and to sing hope's song

We are grateful to God for sending His best gift  
In the form of YOU MOM for our soul's uplift

And for making you our champion, hero and best friend  
Whose love and care know no bounds or ends.

'Mothers hold their child's hand for a moment and their hearts for a life time'

Love you tons Ma, thanks for everything.

Seema Chowdhury

# Moment Of Delight

Capture  
The precious moment  
Of Delightfulness  
And comfort  
For  
They pass  
Our life's way  
Just once  
And not more  
So grab them  
And enjoy them to fullest  
And refuse to enter in circle  
When you're a square.....

Seema Chowdhury

# Moment Of Worries

Life is a deep ocean  
Filled with  
the tide of  
Juicy pain  
Muggy loads  
Wet grievance  
Humid wounds  
And  
The current of worries  
Where  
Mist of vapours  
Evil spirit  
Unsolved mystery  
Attacks  
Our Unguarded moments.....

Seema Chowdhury

# Moments Of Life

Don't work your life away  
Enjoy moments that come in your way

And give permission to yourself to have fun  
When passing through stress in life's run

Learn to make memories in life  
And create positive images that survive

And absorb the colors of happiness and joy  
And teach yourself how to gain and enjoy

Those fond memories for you to play  
Like making castles in the clay

And learn to sparkle and look inside  
Your big heart to walk on the wide

Road of happiness that comes in your way  
And that's how you'll learn to throw away

Troubles of this endless pain's drive  
Where pang always exist and survive

And take away moments of joy and fun  
From you dear in this life's run.

Seema Chowdhury



# Moments Of Prayers

God has exceptional ways to answer prayers  
And he helps us get through rough spots  
And take us out of unhappiness,  
Sadness, loneliness and grief  
For these emotional toll  
Can be devastating...  
So take a step of faith  
And ask God Almighty  
For his tender love and mercy  
In the midst of fear  
And reconnect with God  
Through the chords of love  
That can refresh and recharge  
And show a new direction  
And a fresh path to walk on

For these are the moments of prayers  
When we challenge ourselves  
And rediscover the passionate impulse within  
That blossom our hearts and souls  
And transform us through  
Miracles and belief of God  
And lighten our burdened and troubled heart  
And give us the ability  
To pick ourselves  
And move on  
With the changing tides of life...

Seema Chowdhury

# Moments Of Sorrow

Moments of sorrow  
Moments of joy  
moments in time  
That you mostly enjoy

Come and go  
In your life  
And show you paths  
To joyfully survive

So don't feel bad  
Or down in heart  
If trouble comes  
And pain impart

For know that they  
Are all a game  
That you're playing  
Under life's name.

Seema Chowdhury

# Moments Of Truth

Create your own moment of truth  
And live by your wit and be the survivor  
Who doesn't wait for life to happen  
But who creates his own life inch by inch  
And walk through the chaos  
In search of a place of peace  
And open the door of life  
To let the refreshing breeze in  
And let the sun cast a warmth  
Rosy glow through the window  
So you can free yourself  
From the shackles of insecurity and doubt  
And graduate everyday  
Till you reach the last day of your life  
So you face it with courage and inspiring thoughts  
And can jump all the hurdles  
And live to paint your dream journey  
And along the way renew your spirit  
To make big waves.....

Seema Chowdhury

# Mope Of Sigh

Don't let clouds of mope to sigh  
On the horizon of your life's sky  
And don't let rain of distress to fall  
On your life's part even small  
For life is a series of pain  
Where only thing that we gain  
is the load of troubles my dear  
That gives way to sigh and tear  
So try your best to overcome it  
And think of life as a pleasure's kit  
Where you can also joyfully survive  
If you try to be happy in life.

Seema Chowdhury

# Mope's Way

If trouble's come to stay  
Then look on the other way  
And search for some fain  
To get rid of the pain  
The pain that has come today  
To block view of your day  
And show you trouble's sight  
And hide the joy's delight  
For troubles are more than joys  
And donot give chance to enjoy  
So try your best and hope  
And never ever fall in mope  
For mope's way is hard 'n bad  
And shows you things that're sad  
And invite pain to come and stay  
In your life trouble's way.

Seema Chowdhury

Seema Chowdhury

# Morning Dose Of Happiness

What inspires me every morning  
As I get up and start my day  
What brings me joy and happiness  
And acts like a morning dose today

What brings me cheer and smile  
And stirs my emotions along the way  
And motivates me to be always ready  
To face challenges of everyday

Is being very open and honest  
And for being sincere and showing care  
As it brings me pure love and joy  
And lightens my burden and fear

So when I look at the clear blue sky  
And see sun shining nice and bright  
When I see colorful rainbow hue  
That brings me peace and delight

I thank my most gracious Lord  
For His mercy, glory and care  
And for inspiring and making my life  
Worthwhile, meaningful and fair

As it gives me a purpose to get up  
And look forward to start my day  
Where I count my blessings and smiles  
And morning dose of happiness along the way.

\*\*\* Dedicated to my daughter Sameen \*\*\*

Seema Chowdhury

# Morning Is Here

When sky appeared as blue  
And showed a clearer view  
And i heard flowers talk  
And saw clouds walk

And when birds started flying  
And dew started drying  
Then it struck me there  
That morning is here

Then I saw flowers bloom  
And taking away world's gloom  
And spreading cute smile  
And vanishing trouble's pile

So I thought at taht time  
The rise and decline  
Of sun and stars  
That are very far

TAnd sun appear every morn  
And stars vanish at dawn  
Then night comes as queen  
When nothing can be seen

And it was really fun  
watching it one by one  
Because I think its a bliss  
That I don't want to miss

And then at that time  
i thought of world's rhyme  
And knew surely God  
Is holding world's Chord

And is keeping worlds alive  
By giving things to survive  
And making things bright  
For us day and night.

Seema Chowdhury



# Most Forgiving God

God, please grant us your grace  
And accept our humble prayers  
Give us contentment of heart  
And let us submit to your will

God, please be pleased with us  
And shower your endless blessings  
And give us the opportunity  
To do good deeds and reform ourselves

God, please show us your mercy  
And let us enter the garden of heaven  
And enjoy supreme happiness and bliss  
For you are most forgiving and kind

God, please open the door of your bounty  
And hold our heart and hands firmly  
And let us establish strong ties with you  
And feel safe and protected in your grace

God, bestow your favor and show us the light  
With your compassion and benevolence  
And protect us all from evil and suffering  
For you are gracious and most forgiving.

Seema Chowdhury

# Most Precious Friend

You smile with me when I smile  
And wipe my tears when I cry  
You hold my hands when I need  
And comfort me always in my try

You share my laughter and feel my pain  
And you stay close by my side in rain  
you are the most precious friend that I have in life  
Your friendship is important for me to survive

You put soothing balm on my wounds dear  
And cure them with your tender love and care  
And you share my silent moments and my grief  
And you always find ways to bring me relief

Your prayers and encouragement bring me hope  
And always keep me away from mope  
And you show me love and kindness above all  
That solve my troubles all big and small

Your presence is a great blessings of God  
That helps me cope in all even and odd  
And you are a wonderful part of my life's hue  
Where all my stories begin and end on you.

Happy 16th Anniversary Sunny.  
Thanks for being my life partner & my best friend.

Seema Chowdhury

# Mother You Are A True Blessing

No words or gifts can express  
All that I want to say because I care  
To thank you for being so wonderful  
And the special bond that we share

You always do so much for all  
And you are very loving and nice  
You have a heart of gold  
And you always give us advice

You always know what we want  
Even if we don't say it loud  
Because you are caring and giving  
And you help us without any doubt

Your wisdom and kindness have  
No match and no end  
You are the number one mom  
And also a wonderful friend

You are full of hope and prayers  
And a true blessing of God  
And you warm up our hearts with love  
In all life's even and odd.

Love You Tons Ma  
Happy Mother's Day

Seema Chowdhury

# Mothers Are Special

Mothers my dear  
Always share  
All our fears  
And they appear  
As a bright morn  
And light our dawn  
And help us in mourn  
To remove our frown  
For they always know  
Who are our foes  
And that's why so  
When we feel low  
They bring us smile  
All for a while  
And give us in trial  
The courage to smile.

Seema Chowdhury

Seema Chowdhury

# Move Forward

Move forward towards the sky  
Keep your hopes very high

And know that these worldly things  
Will disappear like the spring

So if you want to enjoy  
And play with satisfaction toy

Then with warm and hope's looks  
Move forward to this brook

And know that nothing is far  
Under these simple lovely stars

If you wish to work hard  
And play properly your card

Because it gives a great delight  
To seek and find the pleasure's light

If you want to move forward  
Without fear of being awkward

And hope to get all wishful things  
Including the disappearing spring.

Seema Chowdhury

# Move Hand In Hand

Move hand in hand  
With love and care  
Show to others  
That you wish to share  
Their cries of joy  
and smiles of pain  
In all life's phase  
In all life's lane  
So you can enjoy  
And make worthwhile  
The phase of your living  
With a pleasant smile.

Seema Chowdhury

# Move Into High Gear

Move into high gear  
Of your life  
And  
Learn to drive  
The vehicle of life  
without using  
Breaks  
And  
Reverse gear  
For life is a road  
That doesn't allow  
'u Turns'  
And  
You only get to ride once  
Both through  
The black clouds  
And  
The blazing sun  
Without any preparations  
Or  
Lessons  
To survive in it.....

Seema Chowdhury

# Move On

If life feels falling apart  
And you don't see a start  
Then pick up the pieces gone  
And bravely just move on  
And do it all dear  
With joy and some cheer  
And know only you can  
Drive away life's van  
With hope and happiness bar  
From wherever you are.

Seema Chowdhury

Seema Chowdhury



# Move Towards Life Joy

Banish old doubts and all your tears  
And move towards life's joy my dear  
For you can find it behind the shadow  
Of troubles and pains tranquil meadow

So better instead of feeling sad  
And thinking of bad things you had  
Move forward life's happy days  
And count your blessings in fairly ways

So count your decades by lovely flowers  
And all your years with pleasure's hour  
For they both let you fairly drive  
On the long and hard paths of life

Then next comes months, weeks and days  
Which showed you bright and new ways  
To count each minute and each hour  
Which you took to reach the happiness tower

And after counting all these endless joys  
You'll see that the basic survival toy  
That you need in your life my dear  
Is to banish old doubts and all your fears

And happily move towards the treasure  
And all nice things which bring you pleasure  
And show the gift of smile on your face  
Which keeps the track and the trace

Of all your joys and all your grief  
And explain them all in a brief  
And count good days one by one  
For reward of a good is to have it done

And you can find joy behind the shadow  
Of troubles and pain's tranquil meadow  
So if you need life's joy my dear  
Then banish old doubts and all your fears.

Seema Chowdhury

# Movement Of Thoughts

I collected my thoughts  
And  
Gathered them all  
Together.....  
In one place  
So that  
Its movement  
Its flow  
And  
Its strokes  
Can be put together  
To  
Solve the maze  
Scattered in my mind.....

Seema Chowdhury

# Moving Pieces Of The Puzzle

Life is like a moving pieces of puzzle  
Where we develop a game plan to follow  
And then track our moves of this play  
To fill with excitement deep hollow

We prioritize our activities and the To-Do list  
And remove barriers and try to change  
Difficult phases of our life and living  
To bring joy and let radiance rearrange

Missing and broken pieces of this puzzle  
And see how we can smoothly fix it all  
So we can respond to unexpected challenges  
And save our souls from a painful fall

Just remember that life is difficult at times  
And everything looks out of control and lost  
But if we work hard and do not quit  
We can hold on and save all the extra cost

The cost of hurt and inflicting pain  
That force us to change smiles with tears  
And color our sky with darkness cloud  
And mist of hazy depression and fear

But if we hang on and stop chasing the world  
And learn to take things peacefully one at a time  
Then we will be able to put it all together  
And once again bring harmony and rhyme

And put back the pieces of these moving puzzle  
One by one in their required and the right place  
And find for us a source of constant serenity  
To track peacefully life game at victory's pace.

Seema Chowdhury

# Multiply The Pleasure

Your presence for me is a great treasure  
That always multiplies the pleasure

Because I feel good and strong  
And with you I always long

To spend some time of fun  
Before life's days are done

For I know whenever I need  
You'll come down to remove the weed

The weed that blocks my view  
Of joy and pleasure's true

And that's why you're a treasure  
That always multiplies my pleasure.

Love You Sunny

Seema Chowdhury

# Music Of Life

Music of life is completed  
With the chord of pain  
Where tears and smiles and more  
Are needed in the rhyme of fain  
So learn to face them all  
Calm and stormy weather  
And accept this real fact  
That they all dwell together  
So don't cry or dropp tears  
And don't build nest of sorrow  
Or else you won't have a thing  
To look at and hope for tomorrow.

Seema Chowdhury

Seema Chowdhury

# Music Of Life And Play

Sun is laughing with its never fading beauty  
Creating dreamy and magical light  
Where clouds are floating across the sky  
Like a fairy tale childhood in life's play ground  
Where Music of life is sung in praise of  
Warm, bright and lively days...  
Days that are vibrant and hopeful  
And nights that are starlit and alive  
And it gives chance to you to splash in love  
To awaken to new self awareness  
To discover new options  
And explore wonders of the heart  
Settle the unsettled matters  
Repair rifts in life  
To enter in the door of hope and inspiration  
And play bigger in life...

Seema Chowdhury

# Music Of The Unfolding

Refresh your perspective of life  
By changing to new rules that survive

And soak in the light of sunshine  
By learning to drink joy's wine

For life is decorated with the lace  
Of happiness with intervals of trial's face

Where headache, frustration and despair  
All come in to stay for a while dear

So listen carefully for the music of life  
When it unfolds in fain's drive

And preserve large doses of encouragement dear  
For its the fuel of love and cheer

That can lead you to the door of mode  
Where you can throw trouble's load

And all your anxious thoughts of life  
That do here are born and survive

And save yourself and your soul  
From drowning in emotion and dole

And once again refresh your perspective of life  
By changing to new rules that survive.

Seema Chowdhury



# My Anchor And Hope

Merciful God you are my anchor and hope  
Please give me something to hold on to  
I always wish for your care and love  
And I am truly grateful for all you do

Thanks God for your bountiful blessings  
You help me to heal my wounds everyday  
You wipe bitter tears of my empty eyes  
And clear fog and mist from my way

God please turn my life into momentum  
And help in my spiritual quest today  
I want to feel deep sense of inner peace  
And enjoy moments of serenity and pray

God I have a very strong string of faith  
That ties me to you my all knowing Lord  
I am your child and need your endless bliss  
Please grace me with your love merciful God

God please instill true righteousness in me  
And fill my heart with kindness and care  
Cleanse my soul and purify my spirit  
For you are my anchor and hope in despair.

Seema Chowdhury

# My Broken Hut

Like broken dream and broken heart  
I don't know when and where to start  
Telling the nostalgic stories of my past  
Where alleys of pain and troubles are vast

I dwell in my hut in the muteness zone  
Where my companions are sigh and mourn  
That doesn't let me walk in peace and fain  
Or let me enjoy any worldly gain

I walk on this dry path for miles  
Without even a glimpse of laughter or smile  
And look at the hazy sketches of peace  
Eluding and hiding from my life's lease

And when i get tired at last  
And see no hope through trouble's vast  
Then I knock at the gracious God's door  
And beg for his blessings and more

And request Him to take it all away  
These troubles and hurdles of my life's way  
And show me a shining nice blue sky  
Where like a bird I can freely fly

And reach my destination and my place  
Where I can find answers of the maze  
The maze of this real life  
where we're all bound to survive.

August 9,2006

Seema Chowdhury

# My Collection

I've a huge collection  
Of my silent memories  
My Lost echoes  
Some cold and misty sketches  
A pile of unanswered questions  
An endless night of pain  
And  
Unforseen hazards  
waiting  
To define my world  
Away  
Far far away  
from my ideas-  
Of a simple life  
And  
A happy living.....

Seema Chowdhury

# My Dear Friend

Your thoughts are treasured very deep  
Inside my mind and I always keep  
precious memories of your in my heart  
Because you played an important part

And helped me to always understand  
We need friends gentle helping hand  
To go on with this life's game  
And cannot wonder alone insane

You always showed me the brighter side  
Of life's game of pain that is wide  
And always said good things in your way  
To show how much you care each day

And I'm thankful to you for doing all this  
And wish that door of God's huge bliss  
may always be opened for you my friend  
And may on you God's bliss never end.

Seema Chowdhury

# My Dream Journey

I painted my dreams  
with love and care  
And added in it  
Lots of  
Kindness  
Hope  
Sunshine  
Affection  
And trust  
And with all this  
I started  
My dream journey  
Hand in hand  
With YOU.....

And then you  
Came forward with a smile  
That brightened my world  
And  
Lightened my heart  
And lead me to  
The field of happiness  
Where I learnt to  
Share my dreams  
Over come my fears  
Jump the hurdles  
And wipe the tears

And there at every step  
I found you standing  
With a magic mirror  
That reflected happiness  
And joyful moments  
That we shared together....

Thank you very much  
For always being there.....

Happy 13th anniversary Sunny

Seema Chowdhury

# My Dreams Are Welcomed

I have my dreams  
That are spread around  
Under the blue sky  
On the precious ground

Where I'm wondering  
All alone in the woods  
For that is the only place  
Where I'm understood

Where I don't see  
Things falling apart  
Where life seems linked  
With the silent cart

Where my dreams are welcomed  
Along with me  
And that's where i go  
As there I feel free.

Seema Chowdhury

# My Field Of Dreams

My field of dreams  
Is filled with  
The crops of  
Imagination  
Fantasy  
Visions  
Inspiration  
And day dreaming.....  
I want to see the days  
After the dreadful nights  
And want to enjoy the rainbow  
After long hours of rain.....  
Life is not bad or cruel  
It has its ups and downs  
And  
I really believe that  
Now is my time.....  
I want to cultivate happiness  
In my field of dreams.....

Seema Chowdhury



# My Firm Belief

This is the world of loss and gain  
Where God let nothing to go in vain  
Even a water dropp that we get in rain  
Helps us in moments of suffering and pain

When troubles come it makes us gray  
And everything feels wrong in the way  
And we don't find next stone to lay  
And think that God has pushed us away

But this is neither true nor it is right  
Because for us God emits bliss light  
And show us nice things that are bright  
For his ways are always unique and quiet

So if we feel we are stuck in a test  
Where we are not given any rest  
Then thing that at time seems best  
is to go to God and pray with zest

Because this is surely my firm belief  
That God who is our creator and chief  
Will cease our pain and will give us relief  
And will remove from us our distress and grief

Because this is the world of loss and gain  
Where God let nothing to go in vain  
Even a water dropp that we get in rain  
Helps us in moments of sufferings and pain

Seema Chowdhury

# My First Born

I remember the first time  
When I held you tight  
In my arms  
That is when I learnt  
To live life to its fullest....

I remember immediately  
Falling in love  
With those shiny eyes  
And  
Tiny little hands  
Holding my fingers strongly...

And then your magic  
Spread all around  
And I felt the breeze...  
The breeze of happiness  
Opening doors of love  
One after another  
And turning my sad days  
Into a joyful one

I remember your laughter  
Ringing bells in my mind  
And giving me strength  
To seek a unique dream  
In the journey of life...

You are my first born  
And love of my life  
For when you were born  
That is when I learnt  
How it feels to be a mother  
And be on top of the world.....

Happy Birthday Sweet Samia

Seema Chowdhury

# My First Recollection

Whenever I open my kid's diary  
Where I've recollected my past memories

I see there written my first name  
I see there written my first game

I see there written my first talk  
I see there written my first walk

I see there written my first cry  
I see there written my first try

I see there written my first smile  
I see there written my first trial

And when I recollect all this  
I thank God for bestowing his bliss

And for being there when I needed him  
And for showing his love with a strong vim.

Seema Chowdhury

# My Gains

My gains  
My pains  
My fains  
Are precious  
With which I keep  
A link very deep  
From where impart  
Joy of my heart  
And show me dear  
How to wear  
The glasses of smile  
That walk for miles  
And give me fain  
As they are my gain...

Seema Chowdhury

# My Gracious Lord

When I see night entering into day  
And the sun switching places with moon in a way  
Then I know its You who make things right  
By unfolding things before my sight  
Dear God oh my Gracious Lord  
You make things even when they are odd

And also when the rainbow appears after rain  
And happiness comes after grief and pain  
Then I know its You who make us glad  
By changing to good from things taht're bad  
Dear God oh my Gracious Lord  
You make things even when they are odd

And also when I see our prayers going above  
And coming back with blessings and lots of love  
Then I know its You who is always behind  
The sending of His love for all mankind  
Dear God oh my Gracious Lord  
You make things even when they are odd

And last when I see this world with my eye  
And look at the nountains, oceans and sky  
Then I know its You who gives us life  
By providing us with things we need to survive  
Dear God oh my Gracious Lord  
You make things even when they are odd.

Seema Chowdhury

# My Grandma

I have never seen my grandma  
I have never tasted her love  
But when I think she seems  
Like a bliss of heaven above

It may sound very wierd  
But this is surely true  
When I look at my dad  
I see grandma's loving view

I don't know why I feel  
Very strong and firm today  
If she was alive, she must have  
Shown her kindness in many ways

God please I beg and plea you  
Take her in your loving care  
Because not only to my dad  
But for all she is very dear

And I'm saying it all because  
I saw her in my dream  
She smiled and said for me  
She has built love's stream.

Seema Chowdhury

# My Heart's Choice

If only once I'm given a choice  
To bring to my heart rejoice

Then I would seek for such a place  
Where no path nor any pace

Is linked with the sigh or pain  
Or any trouble's cloud or rain

And there I'll go to stay  
For very long or till I may

Feel once again happy in heart  
From where only joys impart

So I can then live there with fain  
And never feel tired of living again.

Seema Chowdhury

# My Heart's Desire

A desire in my heart  
Is now taking a start  
And is bringing me joy  
And is breaking my annoy  
And that desire is to  
Bring you joy's true  
With happiness in my eye  
Where you can come and lie  
Whenever you want honey  
Because I love you Sunny  
And I really want today  
To break from our life's way  
The path of mope and pain  
So no trouble can again  
Hurt ever me or you  
Or show us path that's blue.

Seema Chowdhury



# My Heart's Door

I heard a knock  
On my heart's door  
I opened and saw  
You like before

For you my love  
My dear sweetheart  
Gave my life  
A brighter start

And that is why  
I think of you  
As a bright sunshine  
Shining with hues.

Seema Chowdhury

Seema Chowdhury

# My Help Comes From The Lord

My help comes from the Lord  
In crucial events  
When gray thunder clouds gather  
And darkness starts floating  
And I feel clueless  
And don't know how to heal the broken heart  
As a constant and deep pain frighten me.....

My help comes from the Lord  
On whose guidance I depend  
Who breaks the bad mood  
And brings new burst of energy and sunshine  
And put courage in my heart  
Then hope starts floating  
And I find relief from anxiety and grief  
And see stress melts away.....

My Help comes from the Lord  
Who leads me to real happiness  
And bless my life with joy  
And teaches me to live from inside  
And come out of the pool of suffering  
To progress in my way  
And rediscover my life's lessons  
With the help of soul soothing sounds of my Lord.....

Seema Chowdhury

# My Home And Family Rules

- A- Accept apologies and don't hesitate to say sorry when you are wrong
- B - Be the first one to forgive and forget and ready to move on with life
- C - Cheer up, smile and be the reason for someone else's happiness
- D - During meltdown and emotional outburst, stay calm and be supportive
- E - Encourage one another and always stay positive and focused to win
- F - Find the right word at the right time to say to people who mean the most
- G - Gather your courage in time of trial and learn to trust one another
- H - Hugs, kisses and sympathetic words and acts are always welcomed
- I - Insist on doing someone else's chore for no special reason but love
- J - Just plan a day to enjoy and share most important memories with them
- K - Kindness shared is kindness earned, so start this trend all around you
- L - Love one another unconditionally and sincerely till the end of your life
- M - Motivate one another to turn their secret dreams into beautiful reality
- N - Never say you don't have time, always try to make time for one another
- O - Open your ears, eyes and heart to listen and share one another's concerns
- P - Pray for everyone else's happiness and peace before praying for yourself
- Q - Question no ones intention and motives, learn to trust them and accept it
- R - Realize how important it is to be an important part of this family circle
- S - Show compassion, affection and love and don't hide your true feelings
- T - Tell others how proud you are for their achievements, gains and success
- U- Understand how everyone feels and think and respect their opinion
- V- Value everyone's emotions and give them breathing space and privacy
- W - Walk hand in hand with loved ones and be a guide when needed
- X - eXpress your gratitude for everything big or small and be ready to give
- Y - Yell only with excitement and surprise and not with anger or hurt
- Z - Zest up everyone's life with beautiful sunshine and amazing rainbows

Above all, be there for one another and acknowledge everyone's efforts and be grateful to God Almighty for making you a part of a loving and blessed family :)

Seema Chowdhury

# My Home Is My Heaven

My home is my heaven  
Where I am ready to move forward  
For a new life is waiting  
Where The magic of love  
Spells its cast  
And sprays rainbow hue

My home is my heaven  
Where I am ready to move forward  
Where sun shines bright  
And stars twinkle all night  
To spread its beautiful light all around  
And bring me the joy of living

My home is my heaven  
Where I am ready to move forward  
Where mystic circle of affection surrounds  
That puts soothing balm on aches and pain  
Where green pasture and still water  
Opens new door to the world of wonders

My home is my heaven  
Where I am ready to move forward  
With gratitude and love  
For all my dreams came true  
And has showered the positive inspiration  
To walk on the beautiful path of bliss and miracles.

\*\*Poem written on moving into our new home.

Seema Chowdhury

# My Humble Gratitude

God, thank you for making my dwelling place  
A place of pleasure, warmth, and security  
And for decorating it with the endless beauty  
Of your sparkling love and affection  
Where every moment I create a new chapter  
And redefine and broaden my life's story.....

God, thank you for making my dwelling place  
A place of new opportunities to grow and expand  
Where I walk and enjoy the beauty of life  
And create new bonds of sincerity and liveliness  
Where heaven sends the soothing wind  
And love envelops each corner with summer breeze.....

God, thank you for making my dwelling place  
A place of tremendous hope and peace  
Where I hear your voice and see bountiful blessings  
And feel connected to you in my thoughts and emotions  
That moves my mind, body and soul  
when I take small steps between long runs of life.....

Seema Chowdhury

# My Hut

I built my hut  
With love and care  
And in it added  
Things that were dear  
And tired to mix  
Lots of pleasure  
And in it also  
I broaden the narrow  
Paths of happiness  
From my tomorrow  
And now I feel  
Very blessed and alive  
Because with joy  
In it I can survive  
Because I've built  
My hut with care'  
And in it added  
Things that were rare.

Seema Chowdhury

# My Image Of The Paradise

A place where live my mom and dad  
Under their shade nothing seems bad  
Where abundance of love and care is found  
And everything looks heavenly on ground

Where streams of trouble and oceans of tear  
Are all shared by the precious gift of care  
And every little joy that is given to me  
Is shared by all like the joy of the sea

Where all are caring, my brother and sis  
And tells me that I shouldn't ever miss  
Any chance that is given with the view  
To spend it with fain and smile that's true

Yes, this is my image of the paradise  
Where everything is so joyful and nice  
Where huge stock of god's bliss is found  
Which makes everything look heavenly on ground.

Seema Chowdhury

# My Injury

Life  
Isn't always fair  
It is  
A pleasant illusion  
Where only  
Wrong turns  
Are present  
That  
Leaves behind  
A big  
Stain of pang  
Called  
My injuries....

Seema Chowdhury



# My Island Of Peace

I'm sitting under the rising sun  
In the shadow of subtle light  
Putting aside my fears of life  
Taking a few moments to relax  
Immersing in deep thoughts  
Trying to define what I want  
For life depends on how I answer...

As I am feeling warm and excited  
I'm overwhelmed with emotions  
Trying to find the guiding light  
At the end of the long tunnel  
Stopping myself from bursting in tears  
Or sobbing desperately with anxiety  
I'm absorbing serenity and calmness  
In my sunlit island of peace...

Where hope is casting shaft of light  
And feelings are toying with my emotions  
Showing me that life swirl around at times  
But when it mysteriously slows down  
It brings purpose and a sigh of relief along  
So I can let my spirit soar with zest  
To move along with new dreams on horizon  
And there I can define life in my island of peace...

Seema Chowdhury

# My Life Stops When You Leave

My smile, my joy  
My laughter that I enjoy  
My hope and care  
All ceases my dear

Like the sun loses its shine  
And the rainbow its beautiful rhyme  
The stream also loses its flow  
Without you my life becomes slow

Over and over again I wind  
Inside my heart and mind  
I replay tender moments of life  
In which you lively survive

For the color of my life's canvas lack  
And my world turns white and black  
Where happiness disappears with you  
And leaves me alone in dew

I hope and wish and pray  
May God Almighty always lay  
His loving hands on you  
And keep you away from blue

And bring you back here soon  
So I can enjoy life's bright noon  
And color my world once again  
With smile, joy, laughter and fain.

Love You & Miss You Sunny! ! !

Seema Chowdhury

# My Little World

My little world  
Is made up of  
My thoughts  
My memories  
My passion  
And myself.....  
For  
I want to hold on  
To my dreams  
And  
Fly high with them  
And reach my destination  
On the wings of  
Hope and faith  
And  
See the glimpse of God's love  
In the frightening moments  
of my life.....

Seema Chowdhury

# My Losses Of Life

Why can't I get  
Whatever I wish  
Why can't I ask  
For God's bliss  
Why can't I have  
My little share  
That was set aside  
For me here  
Its just whenever  
The time comes  
I'm left alone  
With tears to sum  
My losses of life  
Instead of smiles  
And trials of mine  
That're spread for miles.

Seema Chowdhury

# My Love Is Real

I love you very much my love  
For you are a gift of heaven above  
Because every time I look at you  
I see a new reason of hope to view  
And that's why it is very important for me  
To always keep you happy and free  
From all kinds of trouble, sigh and pain  
And show you nice views of joy and fain.

Seema Chowdhury

# My Mind Wonders At Time

Why am I sent in this world?  
Why is life so dull and curt?  
Why nothing seems right in the place?  
Why can't I learn to face  
The troubles of life  
Without a cry?  
Or without dropping  
The salty drops of water  
Known as a tear.....

Is this how we are  
Suppose to live? ? ?  
why can't  
Stay happy  
And  
Face this world  
With happiness.....

Seema Chowdhury

# My Mother's Prayers

My mother's love and her prayers  
Always guide and shine my way  
Her lovely smile and sympathetic ears  
Always brighten my whole day

For she is always busy to sow  
Her caring seeds in life's spring  
To seek and find and then define  
And happiness in my world she brings

She is a real gift of God  
That He has bestowed on us all  
Whose heart and hands are always ready  
To catch us before a hurtful fall

She is the rainbow after the rain  
And the sunshine of my life  
She brings the first ray and sunbeams  
In every place where I survive

She is the dewdropp of the dawn  
Who gives life to everything  
She is the flower in life's garden  
That brings the message of the spring

God always keep her safe and happy  
And bestow on her your peace and love  
And shower your choicest bliss on her  
And tender care from Heaven above.

Happy 75th Birthday Ami.  
I love you very Much.

Seema Chowdhury

# My Own Life's Quotes To Live By - April

## 1) Whisper of the Soul

No matter what challenged we face, God will always be there to hold us close in His heart. We have endless worries and layers of stress to deal with everyday. Over time frustration creeps in and our plans are interrupted, but in all these times God show us that He is there and He will help us to accept life's challenges and to battle our depression. And when our exciting and inspiring life stall and stop, then we realize that if we hear to the whispers of our soul we can relive an un-lived life and can move along and let our spirit lead us freely and stir our passion and allow us to be strong and once again spread our wings and soar high.

## 2) Unpredictable Chain of Events

Life is an unpredictable chain of events where we are weighted down by routines and responsibilities. Where there are moments of fear and doubt and where we feel defeated and hopeless, but then a moment of truth comes where if we hang on to hope we can take us from despair to our destiny and then things will begin to make sense and we will start tackling and solving our problems one by one. We just have to learn to ignore that negative little voice inside us and reboot our life so we can have a fresh start. We have to learn to let it go and begin this new journey with gentle and tender memories of the past and hope for the future.

## 3) Storm of Doubt

Don't run away from your problems, deal with them and don't let life drift you apart. Fix your eyes on the road and add adequate meanings to life. Reflect over divine guidance and protect your self from the storm of doubt. Focus on positive instead of negative and prepare yourself and keep a constant theme. Gain a voice and shape your desires. Break down the barriers and adopt a cheerful attitude. Pray everyday and don't be afraid. Have faith and live in your life and this is moment in time when you can give direction to your dreams and walk away from negativity. Remember, there is a first time for everything, so follow your own path and know you cannot possibly understand every minute of everything. So don't deny yourself access to life, face your fears and protect yourself from the storm of doubt.

## 4) The World of Living Hope



Each day is a mountain to climb and comes with its own challenges, but if we hang on to hope and look at God for help and answer then God can help us even through the darkest days and nights. If we try hard we can surely find the rainbow and sunshine to bring back into our lives. We just need to know that all the doubts will melt away if we bury our emotions and vent our anger. We need to learn the importance of forgiveness because self forgiveness is crucial in winning the losing battle and it can also minimize fear and help us during our journey of self awareness and discovery to find the positive side of life so we can focus on joy, gratitude and laughter to re-enter the world of living hope.

#### 5) A Sense of Peace

Begin your journey towards healing and peace and set free from the bonds of fear. Understand the power of taking time for yourself and be present in the moment. Be aware of the surroundings and don't let your life go out of balance. Share your life's story and start searching for beauty and peace. Look at each day as an opportunity so you can start feeling gentler and calmer with every passing moment. Throw away depressing thoughts that whirl around you and share off the nagging feeling. There is pure and real enjoyment in self analysis, so don't be ungrateful or unrealistic about the life you are living. Find a way to feed your inner passion so it can bring you some purpose and help you to regain your composure so life can return to be okay with a stormy sense of peace.

#### 6) Embark on Life's Journey

Don't be unsure of where to go and what to do, face reality with a positive attitude and embrace life. Share your perspective with the world and smile. Remember to be happy for what you have and hopeful for what you want, because the day ahead is filled with possibilities. Don't let your faith dwindle, there is time for growing and time for solace. So face reality with a positive attitude and embark on life's journey with no complaints even though each day holds some new woe to grumble about. Gratitude can change everything and when you are grateful, God smiles at you and then soon you will see sun peeping from behind the fluffy snow white clouds in deep blue sky of amazing reality.

#### 7) Be Perky and Upbeat

Pick up yourself and bandage your wounds and prepare for the day. Don't waste time looking back and feeling the sharp Pain, let sunlight stream in through the big trees and play hide and seek with the rippling and sparkling waterfall. Energize this moment and be perky and upbeat. Enjoy today's fantasy absorb in the beauty of a Spring morning. Smell the blossoms and lean on the open window

to peep outside where golden hay are waving to and fro in the sun. Create refreshing memories today and begin to develop a strong will to fly by spreading your wings of faith and optimism to enjoy the perks of life.

#### 8) Find Balance in Life

Doing nothing isn't allowed in life. Approach life from all angles and write your own agenda. Reconnect with the inner source and broaden your perspective. Tap into your inner self and take each step with the help of faith. Throw away the piles of layers of stress and find balance in life. More peacefully and quietly as the spirit leads you to live in free moments. Unplug from a busy life and let passion stir your creative side. Create beautiful memories of exciting milestone and hear the whispers of your calmed soul. Let faith guide you and inspire you towards life with inspiration to refresh you attitude.

#### 9) Take Some Time To Reflect

This is the beginning of a new day, so sit in silence, take some time to shut yourself out of the noises and chaos of life and let your heart and mind sit in solitude. Close the door of negative thoughts so you can feel warm, comfortable and safe. Speak in whispers and let the storm pass quietly. Fight the waves of panic and break the unbroken chain of repetition, this will strengthen your heart and will give you courage to follow your destiny without hearing the bruised echoes of your past. Life is a great blessing, so banish bottomless sadness and take a moment to absorb peace from your beautiful surroundings and sit in silence to pray.

#### 10) Overcome the Road Block

Paint a perfect portrait of life and fill it with compassion and care. Be a ray of sunlight and bring warmth in your life. Roll up sleeves and get started, stir up optimistic feelings in yourself and reboot your life. Tackle e Rey obstacles and overcome the road blocks. Remember it is time to let go. So open the door wide and let negative feelings fly away. Fill your present with tender feelings of love so you can create pleasant memories. Don't live in pain, begin this new journey. Go out and explore and move faster and steadily, make new friends along the way. Bring zest back into your life be proud of your achievements.

#### 11) Let The Healing Begin

As we drive down life's highway, our rides are not always smooth and we cannot always avoid traffic jam created by unexpected events and problems. We see

strange things and some tense moments and also experience depths of loss and we don't find the right words to express ourselves, but in the middle of all this if we keep it cool and collect ourselves then only we can let the healing begin. This will give us an opportunity to enter a new life and feel fortunate again and bow our heads to God, who gave us an opportunity to handle this dramatic change and face our fear head on and remind ourselves that every problem is consequenceable if we are strong.

## 12) A Blessed Life

God is always there when we need Him. He helps us to remove our obstacles and overcome hinderence. He help us to get through all of our trials and tell us that life will get better and things will be good again. God helps us to regain our strength and whisper the soothing words in our ears. He wipes our tears and hold our hands when we are crushed from a broken heart. And when we feel drained by physical and emotional toll, God comes forward and help us to get through the rough patch and give us a reason to smile through a veil of tears and show us how blessed we are to be alive and have Gracious God on our side.

## 13) Walk Towards the Sunshine

Continue on life's journey and don't feel alone. If you see everything is crumbling around you, then pause for a minute and calm the restlessness stirring within your heart. Look over your life's path and give control of your life to God, because only He can make each day a little better and a little brighter and can teach you lessons in the most challenging circumstances. Be kind and gentle even to yourself and walk towards tge sunshine and look at the bigger picture of life and enjoy the majestic symphony and fill your heart with the song of joy. Don't be fearful of the unknown, walk on the path of hope and know in the moments of darkness that early morning light will bring you peace, serenity and Divine's comfort.

Seema Chowdhury

# My Own Life's Quotes To Live By - December

## 1) Strength and Weaknesses

Break down the walls and gain your own acceptance. Draw a road map where you want to go and see how you can do things better. Understand your strength and weakness. Fix your life before it breaks. Don't hide back here and know that tomorrow will be a better day. If life is too fast, don't stop, just change to a slower lane. Be strong and use your strength to create a happy memory to live with.

## 2) Wrestling Thoughts

Make peace with your wrestling thoughts and be contented with the boundaries of your life. Work in the silence dark and venture into a brave new world. Remember that things happen the way they are supposed to be, so be grateful for the small miracles you see in life. Trust yourself and walk along the same path with a peaceful view. Just concentrate and understand the rhythm and pattern of your life so you can stop wrestling with your thoughts and make peace with the boundaries of your life.

## 3) Door of Hope

Cling to your ideas and belief and define yourself. Look carefully at the chain of events and know you still have options. Don't let your soul wound badly, hang on to hope. If life feels too crowded, then map out a logical sequence and know that God is watching over you. Search for the door of hope around you and sit quietly for few moments. Then get ready to break down the walls and make way for you through the door of hope.

## 4) Rhythm and Pattern of Life

Everyone's life has its own rhythm and pattern. So shape up and share life's pain and tears. Learn to relate with the outside world and don't be stuck with uncertain feelings. Walk slowly towards life and enjoy the gentle breeze. Give sometime to yourself and lit up your light. Be quiet for few moments and learn to recognize your rhythm and own pattern of life to illuminate yourself and your surroundings.

## 5) Simplify Your Life

Face the real world and accept life's challenges. Don't just sit alone in darkness, look for positive twists and savor the memories. Start your journey and drive from darkness to light. Fill the gap in time and accept reality so you can move on. Clear clutters of painful memories and bury them deep, so you can make life simple and have time to heal. Bring the magic of love and smile to minimize the

jerks from driving over the potholes and cracks on twisty curves called life.

#### 6) Back Door of Life

Don't shut all the doors, just leave back door of your life open, so faith can find a way to crawl in and bring hope along. Catch the rhythm of life and pay attention to the things that are not there but are there. Make good choices and give yourself a chance to enjoy a calmer and a better time. Move forward and pause for few moments, so your bruised soul can catch up with the vibrant feelings. Put an honest look at your life and listen carefully to the knock of faith on your back door of life.

#### 7) Take Happiness Challenge

On Your list of priorities, add one more task- To take happiness challenge, because there is nothing to lose. Remember the golden rule of life is to be aware of your life. Power oil of hope in your lamp and walk towards life. Look fear in the face and search the opportunities that are stretch before you. Life is an ever expanding journey, so take few moments to reflect and then accept happiness challenge to win back sunshine for your life.

#### 8) Newness of Spirit

Live by your values and words and bring your belief to life. Go beyond your words and act upon them sincerely. Renew your spirit and savor the moments. Walk through the edge of time and enjoy the newness of your spirit. Have a thankful heart and whisper in God's ears. Save your soul with the light of faith, hope and love. Let faith grow and add a touch of smile in all you do. Let the warm rays engross your soul and renew your spirit.

#### 9) Carry Hope Along

Our mind run through an endless loop of worries and fear. So remember to carry hope along to face calamities of life. Look for Divine love and miraculous change. If you feel trapped in the tidal wave of pain, then let it all out so you can find peace. Shift your perspective and weigh your choices carefully. Don't let the negative impact of past events to drag you down. Throw them away and carry hope along for tomorrow, because you'll surely need it.

#### 10) 'aha' Moment in Life

Don't let few crucial moments set sad tone for the rest of your day. Stop and reflect on what really matters to you. Brighten your life with warm smile of care and search for your 'aha' moment. Clarify your feelings so you can have a strong grip on your pain. Crow a happy tune so you can see fear fading into oblivion. Don't travel back in time or walk backwards. Just remember to give yourself time to unwind, so you can find your 'aha' moment to cope with faith.

### 11) The Dawn Will Break

When adversity strikes hard, just pause and shed some tears in private so you can move on. Life at times can be difficult but remember that our faith can help us to get through. Don't be like a loose cannon that can burn all the bridges of hope. Discover your wings and read your life's story with fresh eyes so You can adjust your pace to walk on for no matter how dark it is tonight, the dawn will certainly break.

### 12) Shared Sorrow

In dismal dark, try to get a grip on your pain and warm up your life. Let it all out and find a friend to share your tears with. Pour it all out for it helps us to sort things out and deal with tricky situations. Don't let conflicting emotions stop you from taking that first step that can mend you. If you feel your soul is cracked or broken, then give it time to heal. If you need comforting words or a hand to hold, don't be afraid to ask. Open up and let it all out, because sorrow will only disappear if you will pour your heart out and feel light enough to fly.

Seema Chowdhury

# My Own Life's Quotes To Live By - February

## 1) Snapshot of a Moment:

Prepare yourself and learn to handle life. Focus on positive instead of negative things happening around you. Life is complicated and made up of tons of layers, so if you want to find answers you have to dig deeper. Then only things will start making sense. Separate reality from dreams and then start working on these dimensions simultaneously. Don't Ignore the bigger picture of life, find new roads to create a path to success. Keep action plan together and accept the reality of change only then you will find some specific and definite pattern emerging in your life. This is what you have worked for so enjoy and unlock fun and take a snapshot of this moment for you have earned it.

## 2) Draw your own Rainbow:

Don't walk away from life, God Almighty has bestowed so much love and beauty that if we start paying attention we will pass our whole life thanking Him. Smile, dream and see the brighter side of life. Don't give in to your fears or worry about hard times, because these are opportunities hidden in time to turn your life around. Be open and give time to heal your wounds, only then you will grow. Give hope to your imagination and let magic happen in your life. Fill your life with beautiful colors and draw your own rainbow, don't wait too long, create your own 'aha moment' in rough times and enjoy the beauty of sunshine after a stormy day.

## 3) Start All Over Again:

Avail the opportunity to start all over again. Be spontaneous and create life. Enjoy some quiet time and reflect in peace. Steer your boat in the direction you want to go. Just be sincere and kind in your words and deeds. Remember that even fairy tales have twists. So don't give up or walk away from life. Try hard and don't be afraid of new and strange things. Try to control what ever you can and stir things up to create little momentum. This will show you new roads to walk on and will make a difference. We all try to find the answers to many questions of life, so start at dawn and look carefully for it is not what is there, the answers are hidden inside what is not.

## 4) Spiritual Journey:

We all have our moments, so don't feel intimidated by the depth and breadth of your vulnerability. Clear Images of yourself in your head and let tension float away, leaving tangent memory for you to ponder upon. Live with positive attitude and take a brisk journey to revisit your past to examine your inner life. And once you get a way inside, be brave and positive and try to replace bad

memories with the good ones. This will free your soul from emotional embrace and tearful reunion with your past. Remember, there is no way to run so make peace with your life and play smart. Eventually you will be able to feel light and will be able to take a deep breath of fresh air to start a spiritual journey, where you you will be aware of your inner self and your surroundings to walk with peace and smile.

#### 5) Unchain Your Soul:

Be reasonable and tailor your own requirements to be happy in life. Unchain your soul and divide life in portions. Extend satisfying answers and consider unintended consequences of being wrong. Begin a great journey and let go of the heavy burden of anger and pang. Feel things deeply and don't leave a gap. Smile often and come out of your comfort zone. It may be difficult in the beginning but it will certainly pay off in the later part of your life. Stop over analyzing situations and let you feel the delicate and fragile emotions run down through your mind and body to bring you serene thoughts and calm whispers of your unchained soul.

#### 6) Inspiring Dreams and Tender Passion:

Lose yourself in beautiful and inspiring dreams and tender passion, then find your self and your inner light to make peace with your present. Be careful when choosing your path. Take opportunity to reflect and get better at things that matters to you. Direct your own life and talk about happy things. Pull yourself to the top and unplug your worries and fears. Build a solid boundary between dreams and reality and solidify your connection with God Almighty. Relive inspiring moments of dreams and tender passion and be inside your life. Enjoy this ride because you are a new star on the horizon and you have all the power to change your life.

#### 7) Sunbeams:

As the sun peaks over the beautiful mountain and the gray shades of the night starts to disappear giving way to hope to beam and lighten the world both inside and out, avail this moment to enhance your soul and purify your heart. Go out to find the magic of miracles to enjoy the ride of life. Don't tumble down, get a hold of your bruised feelings and emotions and calm down. Don't be at war with yourself, life is a much deeper game than it appears to be. So get involved and be in-, charge put your past behind and follow the sunbeams and remember its your moment so leave worries behind and walk into the distant horizon with a pure heart and a cleanse soul to win your world of happiness.

#### 8) Step Forward:

Rekindle your inner spirit and take time to connect and reflect. Build strong



relationship with God Almighty and win His grace and love. Step forward and be brave to confront the issues you need to face. Don't carry the burden of secrets, it's too heavy, painful and it will slow you down. Sit and think about your life for a while and don't fear the future. Find a safe haven for yourself and try to speak honestly with your Lord. You might struggle to speak in the beginning and nothing will come out but if you stay, shining words will eventually come to you. Just be brave and step forward and remember only you can change your life and you have all the power to do that.

#### 9) Glorious Sunlight:

Let the bright sunlight shine through the dark clouds of storm and let it engulf your mind and heart. Have a healthy soul and spread the light. Shine and spread the light. Don't feel trapped inside yourself or be alone, open up the door and carve a path for yourself. Find the turning point and know things will change. There will be numerous questions swirling inside you, so don't suppress them let them all out. Remember there are as many answers as the questions so find one that satisfies your unrest soul. And then there will be a moment, when everything will change and you will feel God's strength and power of His love overtaking to calm you and brighten your life with glorious sunlight.

#### 10) Passage of Time:

With the passage of time we realize that life is a very deep game so if we want to move forward we have to put our past behind. We also learn that bright sunlight will only shine if we let it get through the cracks in our lives and not shut all doors or block the view of the outside world from our windows. Life is meaningful and there is so much in it. We just have to accept our fate and hope for good things in the future because it lies inside us, so we don't need to fear. If we willingly embrace change then we can light up our lives and find joy in the choices we make. Just play fair and unlock the freshness of your soul so you can always stand out in the crowd. Sure life is crazy at times, but if we are strong we can hang on and enjoy this ride.

#### 11) Early Morning Sun:

Go out in to the world and enjoy the early morning sun that tints the sky amber. Walk down the street and look all around you. Remember you are not alone there are many other people who are also walking in the same direction, you just don't know yet. Don't struggle with emotions, wipe the tears of sorrow from your eyes and stop doubting yourself. Understand how to handle change and accept darkness with the light. Live gently and gracefully and touch your heart's strings. Add a blend of laughter and cheer in your life and have a spiritual focus. Remember we are all blessed, so never stop praying or living your day. This is your chance to welcome a new day and work hard to mend the broken pieces

and break the barriers to go out into the world and enjoy once again.

12) Look Outside the Window:

Look outside the window and enjoy the rush of life. Take your turn of sorrow and smile and feel the chill and warmth in the air. Don't just sit at your desk and stare at life. Go out and absorb the bright sunshine and walk your worries away. Remember, around every dark corner there is turn to catch a new path. So hang on and search for it. Believe in the light and sweetness of faith and look for comfort and delight. Build strong relationship with God and nourish your soul by kindness and light with your words and deeds. And don't forget to smile today and let your worries go because tomorrow the fight will start again.

Seema Chowdhury

# My Own Life's Quotes To Live By - January

## 1) Seek Peace:

Seek peace in the silence and don't let bitterness and emptiness to consume your thoughts. Rejoice each moment and allow some time to unwind. Don't always look for ways to question, doubt or complain. Embrace life and adjust to the swift changes of your surroundings. Remember only you can make a difference for yourself. Build sand castles and guard them, don't let the tide of life sweep it away. Don't feel trapped by the challenges of everyday, when you are tired, just pause, don't quit. Relax for a moment and seek peace in it. Always look at God's love, it's deep, wide and magical. It has got the power to embrace and cover you with blessings and smoothen the flow in the river of life.

## 2) Life's Long Journey:

Life's journey have hurdles, detour, speed bumps and potholes, so be careful. Don't think of bent as the end of the road. Move consistently and stop to celebrate the moments. Plug optimism into your day and feel the miraculous glow. Remember that failure is a part of life, so don't hang on for too long. Life is a divine gift so move on and celebrate it. Look for the sparkling light even in the darkness. Don't fill your life's journal with dark and discouraging words. Give life to your dead emotions and when destination seems far, take a moment to escape from time and recharge to define life. Then you'll feel a rush of renewed energy and determination to finish the cross line, smiling and battling with the power of faith and hope.

## 3) A Fresh Today:

As evening gives way to morning sunshine, don't shut your doors or sit inside, go out and soak in the magical rays of sunshine. Say goodbye to yesterday with a broad grin and a wave and welcome fresh today with enthusiasm and hope. Remember you have today so make the most of it. Develop understanding for life and try to perfect your imperfections. Learn life's valuable lessons and share it with others, this will make your tomorrow strong and beautiful. Make your life peaceful and don't allow yourself to drown. Accept yourself as you are and create beauty with your words. If you feel stuck in problems, don't stop, let the sunshine in and show you the right path to find your way out towards a brand new day of hope and enthusiasm.

## 4) Edit Your Life's Story:

Challenge yourself and focus on possibilities and endless opportunities. Be creative and live a gentle and a graceful life. Look for beauty all around you and spread tenderness and love. Know yourself and create your life and when choppy

waves break peace of your life, just don't lose sight. Remember no one's life is perfect, so don't let fear take over or let yourself drift from the course of life. Life is made up of a variety of things and some extra extensions that we are still not aware of ourselves. So find those extra extensions and accept dark with light and don't be afraid of change, when it is required be willing to edit over life's story to move on.

#### 5) Beacon of Hope:

Be a beacon of hope and a reason of someone's smile. Have faith and be strong. Don't give in to your fears or give up on your dreams. Surround yourself with people who care about you and you love the most. Make connection with your past and present. Make bold new choices and define yourself. Listen to your inner voice and be the source of light for others. There is a powerful force inside all of us. So unleash that magical power and make things right. Add colors of giggles and laugh in your surroundings and blend in cheer and hope, for these are the things that will make your life beautiful.

#### 6) Inside and Outside Perspective:

Gain your voice and shape your desires. Stop bitter whinnying when major obstacles come. Try to make things right by changing the direction. Be aware of your limitations and weave an inspiring theme for yourself. Breakdown the barriers and learn to cope with failures, it might be difficult but certainly it is not impossible. So stop running away from life, like it. And when you come to a point where time stands still, then don't stop. Just pause for few moments and swap your inside perspective with the outside perspective. That will certainly give new meanings to your life and will open new channel of thought for you.

#### 7) Right Direction:

Let go of what you can't change, design your life and add many angels and dimensions. Determine your own direction and unlock your pain. Be gentle and kind and look for beauty in your surroundings. See from your heart and understand the struggling emotions that are behind them. Deal with life and don't have doubts, because they block the view of hope for you. Learn to handle and manage change. Listen to your hearts's strings because they are honest and pure and never lie to you. Life goes on and on, it's never perfect. So see what you want to see and open the door of care and share to heal the deepest pain of life. Only then you will find a way to come out of depths and find the right direction in the best version of life.

#### 8) New Episode:

Each new day is another episode of life where we can find kindness, optimism, curiosity and forgiveness with faith. Life continues to work and give us

opportunity to unlock a whole new dimension with exclusive offers and experiences. So don't leave anything undone in your day. World is changing on a grand scale. So heal the past bitterness and throw away unnecessary burden so you can move on and go with the flow smoothly. Strengthen your hope and stay calm and know that we all have our roles to play and create everlasting melodies of life and beautiful memories to hang on to. So prepare yourself and remove worries and anxieties and replace them with faith so you can write your new episode with the essence of joy.

#### 9) Love of God:

Trust in the love and care of God to answer when you call. God stands at the door, we just need to submit to His will and humbly ask for His graciousness and forgiveness. God answers our prayers, hold our hands and tells us to trust Him because only He has the power to mend our broken world, console and fortify us and wipe painful and bitter tears when sorrow and fear afflict our lives. Just know that God moves in our hearts and lives and only His words can show us the right way. He is our refuge and certainly He has a special plan for all of us, as we are His beloved children.

#### 10) Song of Comfort and Happiness:

Write your own song of comfort and happiness and joyfully set a tune to sing along. Strengthen your hope of eternal peace and learn to stay focused and calm in the face of frustration. Make a wish list and start working on it one by one. Be open to ideas and remember that life will knock us down and we will meet failures and frustrations. If we are prepared we will be able to defend ourselves from disappointments. Amazing things can happen, only if we allow ourselves to be brave and strong again. There is right time for everything and fantastic ideas to follow to get to the stairs of hope. Just take a leap of faith and hum your song of comfort and happiness to get there.

#### 11) Rise Everytime You Fall:

As the sun streams down the skylight to illuminate our souls with optimism and giggling excitement, enjoy a crisp morn and let a new day dawn with hope and happiness. We all fall when racing in life, but we must not stop to rise everytime we fall. Break through your barriers of fear and believe in miracles. We don't know how our stories will play out but we still have to play the game of life each day. So don't let the cloud of despair to hang over your heart or to blur your vision. Deal with them and remember that life is a blessing and a beautiful gift. So unwrap each layer with caution and uncover what is coming next. And hang on tight to the bow of hope to survive.

#### 12) Chasing Everyday Life:

Celebrate life and let this chase begin. Create everlasting memories in each moment and be kind. Say what you mean and mean what you say. We are fortunate to have this opportunity to set a magical flow in our lives. Share a story and recreate a journey. Don't feel gloomy or sad. Live through your struggle then move ahead. It looks very hard and impossible, but remember it will end and these painful moments will vanish. Try to restore your lost harmony and shape up a free flow of life. Don't let fragile emotions to break or crack. This is how life is suppose to happen, so just hold on to familiar things and focus on what we can control. And finally this chase will be over when everything will fall in the right place at the right time.

### 13) Blessed Reward:

Write your hurts and fears on the sand and let rolling waves break them down on the shore a few miles away. Don't lose sight of truth and reality. Our expectations shatter and hope diminishes, but those are all part of everyday life. Remember God speaks to us through His words and miracles when we believe. Just pray to God and He has the power to change our heart and heal our wounds. Prayer is significant and calming. When we pray, God hears and then He sends heavenly help to fill our hearts with courage and joy. He also replaces our anxieties and fear with the colors of faith and hope and blessed rewards to show that only He can answer our silent prayers and wrap us in His grace.

Seema Chowdhury

# My Own Life's Quotes To Live By - March

## 1) Moments to Remember:

Don't leave behind anything that is important to you, wrap up your life and enjoy every moment of the dawn of a new beginning. Look outside the window and enjoy the sun that is rising above the darkened sky. Be the voice of reason and allow your inner light to shine. Broaden your perspective and wander openly like a free spirit. Put all your worries and heartache aside and concentrate on positive insights through wisdom. Step back and see yourself objectively to bring pure inspiration to work. Be the light to others who are going through hard times, because this will make life graceful and will enlighten your soul and it will discover the path of independence and productivity for you. And these are the kind of moments that we all like to remember and share.

## 2) True Moments of Clarity:

Chirp a few words of encouragement and find a kinder, warmer and a happier place to live. Try to steadily climb the ladder and dust off your bruised ego. Step outside your circle of comfort and find the true moments of clarity. Enrich your life and expand your horizon. Remember to clear your environment before you start, because unpleasantness takes its toll and the negative energy draws the life out of you. Invest energy on improving yourself and put in perspective the daily ups and downs of life, return to your core passion and manage life in crisis mode. Don't let a dark wave of depression float over you for too long, just give it time then erase it. It will bring you peace and serenity and will bring back joy so you can experience few moments of clarity to organize your life.

## 3) A World of Magic:

This world is full of magic and miracles, we just need to find our balance and make a few adjustments. Erase your worries and transport them to another world for some time. It is time to step out of the box and do what makes you happy. Write your own exciting story and create your own perfect world. Cover your face against the wind and stand firm and tall even when the ground beneath your feet becomes shaky. Don't let your dreams slip away, encourage and inspire yourself and know that the road ahead will be paved with potholes and pitfalls. Life is all about the lesson learnt. So stay focused and keep an account of your inner thoughts to build a vibrant new world with an expanded horizon where you can smile peacefully.

## 4) Real Purpose:

Focus and find some real purpose of life and discover a path to independence and productivity. Find a new You and rebuild your life with the bricks of positivity.

Learn about life and evolve the reality of time. Don't let opportunities to pass you by, grab them and avail them, for each one is unique and significant. Discover your value in the midst of life's celebration and write your own tales of adventure, this will take you to the path of self discovery. Each day is different, so accept it as it comes and know the need, fear and dreams that life will bring With it. Never feel unloved and unneeded or even reject your self, find your own real purpose and set your own rhythm of life.

#### 5) A Day of Celebration:

Today is a day of celebration and fun, so go out and enjoy, feel loved and needed and don't let the rejection of a failed life hurt you. Learn to control your emotions and open the door of true knowledge to recognize the truth. Get to God's bounties and blessings through prayers and kindness and try to achieve spiritual uplift through your deeds. Remember to radiant some light around you so true faith and zeal can help you to fill your life with meanings and reasons, so at the end of your day you are happy and peaceful and have enjoyed a day of celebration and fun.

#### 6) Dream World:

Listen to your soul whispering to you so it can guide your heart. Plan your life with passion and do not fear. Life has many challenges, so do not give up or feel frustrated, find your inspiration and watch happiness unfold in front of your eyes. Let your passion stirs your soul and let your spirit move freely, opt to live fully and let layers of stress melt with the spark of inspiration. Sketch your imagination and draw your own dream world where beauty, love, peace and kindness prevail. Watch a splendid morning unfolds in the alluring turquoise sky free of clouds and doubts. Just open your heart and listen to your creative soul whispering and stirring new life inside you.

#### 7) Deep Connection:

Have deep connection with your God and fill your life with peace and serenity. Show kindness to all and share your inspiring words and acts. Cleanse your soul and wipe away tears of someone's eyes. Remove pain and stress and try to make this world a better place. Have faith and be strong and be a beacon of hope for everyone in the world. Surround yourself by people who care and be true to yourself and others. Listen to your inner voice and make better choices. Sit quietly in peace and reflect on your desires. Stir your boat to the new direction and find your spiritual focus and smile. You can see miracles unfolding if you have deep connection with your prayers and God.

#### 8) Break Down the Barriers:

Gain a voice and shape your desires. Have a cheerful attitude and stop bitter



whinnying. Continue to try and be aware of your limitations. Pray everyday and know you are blessed. Carefully review your inside and outside perspective and break down the barriers. Fulfill your dreams and stop running away from life. Make things right with giggles and laughs and add colors in it. Remember that real miracles will unfold in the darkest of time. Don't let your emotions get out of control, enjoy every day. Take out hate from your life and throw away negativity. Look forward to what is coming next and make good things happen. Open new channels of thought and fix the faults of your life. Let go of what you can't change and focus on what you can, it will help you to act brave and break down the barriers to bring happiness back in your life.

#### 9) Wake up and Live:

Wake up and live every moment of your life. Enrich your soul and delight your heart. Paint the canvas of your life with inspiring and bold strokes of the brush. Don't let negativity of wounded words and surroundings to sap your energy. Be realistic and don't deny yourself access to life. Look through the open window and let the light of life come in. Stay on top of things and enjoy your moment along the way. Find some kind of peace and talk to God everyday and let serenity put balm on your hurt and pang and let it calm you down. Life is a blessing, so put your heart and soul in this journey. Just unwrap your worries and unwind your stress at the end of the day, so when you wake up, you have desire and a new reason to shine and live.

#### 10) As Life Runs On:

Enjoy the soft hazy covering of the sky and view your surroundings at the break of the dawn. Change your life for the better and refuse to live under a dark cloud. Restore your feelings of harmony and cherish every moment you have. Make positive change every day and bask in sunshine. Walk through the door of hope and face life. Remember yesterday is gone, so let today in, enjoy every moment and fill in the missing pieces so you can create a beautiful future with your beautiful thoughts. Collect and cherish moments to take with you on your journey as life runs on. Don't expect too much because life is not perfect. So don't spread your whole life searching, listen to your inner voice and change your perspective, appreciate what you have and people you love and care about. Be friends with God and then life will become a simple equation to solve.

#### 11) Everyday Lesson:

Life is an everyday lesson where we learn how to find ourselves and built hope to control it. Where we stroll down memory lane and linger at the sight of nostalgic memories unfolding one after another along with some new exciting experience. Just don't remain engulfed and trapped in the past, because there is a lot to see and learn. Take the first step towards happier and calmer path and adopt a new

and positive attitude, don't restrict yourself, feel the cool breeze and refreshing air to expand your life. Bury conflicting emotions and accept meaningful challenges to enrich your life with satisfying rewards and that will help you to gain momentum with time.

#### 12) Accept Yourself:

Don't wait for a reason to accept yourself, find your way out of the depths of life and let go of your worries. Don't under value the power of positivity. Be open to your surroundings and make awesome memories along the way. Be your own anchor and develop full understanding for life. Don't let your inner beauty fade, enjoy life's view and enjoy the magical world that is flowing outside your world. Make life colorful and bright with your smile and wave worries goodbye. Remember, life is complex and these worries will exist, so don't sit and count them. Be open to new ideas and accept change and when you are ready take a giant leap of faith.

#### 13) Create Beauty:

Decorate your life with smiles and kindness and beautify your soul by doing good deeds. Enlighten your surroundings and brighten your path By changing negative thoughts to positive. Fix life's issues and sail away to enjoy the beauty of the amazing sunset. Don't let unexpected delays to upset you, search for meanings every where, slide down the slope of life and make it as smooth as possible. Empty your mind of the struggles and defeat and try to understand life. Don't wait for everyone's approval, let go of pain and understand life so you can shun negativity and brighten your path with joy of truth so you can create beauty.

Seema Chowdhury

# My Own Life's Quotes To Live By - May

## 1) Understand Yourself

Develop a sense of resolution for yourself so you can understand life. Race down the obvious path and let memories unfold before your eyes. Tough times come but don't let them leave more questions for you. Accept challenges and think afresh to find pure joy of self discovery. And if you feel lost or stuck, just go and knock on God's door, He will always be there for you.

## 2) Something New

There comes a moment in time when the more answers we get the more questions we have. Don't get stuck in the cobweb of complicated things that we encounter everyday. Learn to master the challenged of life and take a quick glance at the game. Open the door to walk between the worlds and unravel the mystery that surrounds you, this will give you more opportunities to come up with something new.

## 3) Silent Moments

Life is filled with moments of joy, sorrow, excitement and despair. They fill our lives with emotions and sometimes they can change our world. We need to have infinite patience so these emotions cannot exhaust us. Try to stop the flow of tears and hold a tight grip on time. Remember not to give up because some moments hold both happy and bitter news in them. So we need to stay focused and strong.

## 4) Solve The Puzzle

Solve life's puzzle and don't let cruelty of faith stop you. There are plenty of loopholes so find your solutions in them. Invest your heart and soul and if tired, take a break and let the dust settle. Remember, there is no time to waste, so cling to shreds of hope in this long journey called life.

## 5) Boundless Longing

Life is a long journey of boundless longing, so step back in the footprints of time and enjoy the sunlight of joy that follows the dark periods. Be prepared to wait and know that there are no easy road or shortcuts to reach happiness. Don't let the weight of trauma let you down, hold on and add positive things in your boundless list of longing.

## 6) Search for Meanings

Don't give up on your search for meanings and happiness of life. Be courageous during difficult times and fight these bitter thoughts. Respond to situations and

do not try to control everything that is happening in life. Don't lose your zest for living, continue on your path and understand the bigger picture and ability to identify the meanings of life and happiness.

#### 7) Delve Deeper

Delve deeper in life and focus on your emotions. Cross the borders of your comfort zone and step in to do what is required. Despite the circumstances don't forget the purpose of your life. In this long run, time and time again we meet griefs, painful wounds and disappointments. If we hang on tight and be patient we will see a fresh beginning and a sunlit path to walk on.

#### 8) Another Way

There is always another way to do the right thing. Walk into the summer shine and absorb freshness from it. Sometimes solutions are plain and simple and it can light up the world. So we must listen carefully to the sound of delight and prepare ourselves to explore and accept new things and ways.

#### 9) Courage

Show courage during difficult time and respond positively. Control your emotions and let it not destroy all zest for life. Take a dose of hope and miracle and continue on the path courageously. Cross the boundaries boldly and give time for wounds to heal.

#### 10) God Can Change

Only God Almighty has the power to change our lives and bring in peace and happiness. Sometimes great blessings can come out of difficulty. If we trust in God and hang on everything will work out at the end.

#### 11) Map Out

Map out your life and don't let puzzling thoughts send you ambiguous messages. World isn't so simple so hang on and be courageous. God will surely guide your way if you trust Him. Have faith and live with grace and gratitude, this will definitely help you to map out your life and enjoy the sun's warmth in your heart and soul.

#### 12) Words of God

Listen carefully to the words of God and plant the seeds of faith. If you feel tired or scared or feel that you cannot make till the end then pray with a humble heart and a gentle soul. Decorate your life with beautiful prayers and know that God's love is amazing. Just concentrate on God's words and always remember Him in your good and bad times. He is your real friend who will always be there for you to hold your hands and wipe your tears.

Seema Chowdhury

# My Own Life's Quotes To Live By - November

## 1) Light the Way

When we help others and light their way, it not only lights up their way but also our heart, mind and soul. It shows us who we are and what we want to be. We must always remember that it is our choice. We all ride on the roller coaster ride of life but we should not be the cause of hurt or pain for others. In the light of virtue we get a chance to wash our sins and compensates for our mistakes and weaknesses. And surely when we lit up the path, it brings a joyous day break and help us in our pursuit of happiness.

## 2) Inner and Outer World

Listen to your thoughts carefully and see what lies in front of you and beneath the surface. Learn to move forward and remember that there is more in the world than we can see from our naked eyes. Merge your inner world with the outer world and deal with both as one. Push, steer and get on with life, for the open road awaits. Read between the lines and deal with interruptions and trials. Keep calm and look for faith and hope to turn your gloom into bloom. And when both inner and outer world synergies, you will see peace cascading and making the worlds serene and pure.

## 3) Keep Soul in Shape

Keep your soul in shape and seek peace in silence. Walk in God's garden and allow yourself some time to unwind and relax. Rejoice each moment and know that God's love is deep and wide. Don't let the emptiness of the rough day churn negative emotions inside you. Remember life is an ever expanding journey and it is a race against time. So don't feel trapped by the challenges or else your soul will be consumed by headache and bitter sadness. Look for the road of recovery and enjoy shifting changes of your surrounding. Take time out everyday with tenderness and a humble heart to kneel down before God in silence and thank Him for guarding your soul and keeping it in shape.

## 4) Make Your Life Better

Tell yourself everyday that you are valuable and worthy. Don't let the ugly stress of suffering and resentment burn you inside out. Let your light shine and bring peace like a breeze of freshness wearing an invisible crown of strength and do something remarkable for courage is the cornerstone of faith. See your whole life

at a glance and hold on to those strong impulse that tell you to take control of your emotions and draw an amazing stroke of kindness to spread around. Do not be afraid of the storm, just learn to protect yourself with the help of answered prayers that can console and fortify and can take you unshaken through life to make it better.

#### 5) Mend Your Spirit

Don't let your spirit crack or break. When required, take a break in a busy day. Be contented with what you have and draw your own boundaries so you don't have to wrestle with your fear. Look at your own contributions at the day's end and find sense of peace in it so you can discover new feelings of tenderness in the depth of emotions. Don't silence your thoughts, let it out and give them wings and soft voice because it will help you to mend your cracked and broken spirit.

#### 6) Rules of the Road

As the day dawn beautiful and bright, promise yourself not to live in shadows or to spend in doubt. Face the world, plan and take action. Make your own rules of the road and follow them. Then you will see things falling into the pattern and putting balm we need to heal our wounds. Always remember to cling on to hope, for hope can hold our hands tight during time of suffering when emotions are taking a roller coaster ride. Just work and find the solution and know that faith is a powerful antidote so start your day and know life has zigzag course but we do have the ability to take a joy ride and paint it bright.

#### 7) Awareness of Reality

Don't withdraw from the world, acquire true awareness of reality and throw away the burden of illusion. If you are sad, sit quietly by the fire place or under a burning candle and reflect upon your life. The only way to find peace is to let go of heavy bags of stress and troubles and let your problem and fear disappear in those moments. Cast off your burden of pain and then only radiant glory will appear and let you dance and swim like a waving petal in the sunlight and bring back serenity and comfort into your life.

#### 8) Light up the World

Be grateful for the beautiful day and unlock the gate of hope. Connect with your heart and soul. It is in your own hands, so know that if you want you can get a deeper insight and have a spiritual growth to lighten up your world. Understand

yourself and don't give up due to the pressure of everyday life. Be like a light that shines in the darkness and help to turn hurtful and hard experiences into joy. Just hang on and try to light up your world.

#### 9) Life's Theory

Write down your own life's theory and create your own warning signs. Find reasons to give thanks to God for His blessings and gifts and bathe in the light of God's grace. Push away the clouds of doubt and enjoy the wonders of life. Don't try to live life backwards, because it will only hurt you more. Create a short version of your life's story and don't worry for what you can't see, may be it It is meant to be that way. So don't dig too deep into the inner reality, just live your life and try to keep sad tears and pain's shadow away.

#### 10) Unlock the Fun

This is life happening In front of your eyes. Where everyone writes their own beginning and the ending. Where they experience their own moment of connection and some raw experiences. Always remember that life is not only ironic twist or the feeling of gloom. If you look outside the window you will see vibrant and colorful world out there too. You just have to learn to set your own upper and lower limits on things you need, only then you will be able to unlock the fun that can fill your emptiness with smiles and can restore lost harmony of your life. Just open your eyes and heart and happily accept the dazzling rewards that life hands out along with fragile emotions and pang. Nothing stays forever, these are temporary phases that come and go. So never lock the door of opportunities, let it swing to and fro and bring a world of amazing surprises with it.

#### 11) Your Time Starts Now

Absorb in the light of the world and dont get trapped in time. Travel on the road and gain momentum. Don't think future is dark or deprive yourself of sunshine. Take charge of yourself and see the value in pain. Accept peace and release yourself from illusion. Remember this is the world of miracles, so let go of negative thoughts and know that your time starts now. If you put your faith in God, His love will surround you and He will direct your thoughts towards truth and peace, which will make your life's journey worthwhile. So be ready to redefine your world and start your journey to grow from inside out to rediscover your personal thoughts for which your time starts now.

#### 12) A Journey of Survival



Keep pain out of your life and don't let sad tears of dark shadow fill your life or else your life will be crowded with the chasing darkness and the rush of panic. Life is a journey of survival and we learn numerous lessons as we journey through the years of loss and gain. So don't get lost in the echoes of the rising waves or let your life fade to black. Look around and listen to the voices of love and hope to create an unbreakable chain of dreams and unwearing faith that will pull you up and show you a positive vision to define your life under the shadow of a peaceful smile.

Seema Chowdhury

# My Own Life's Quotes To Live By - October

## 1) Happiness:

Happiness is not finding peace and joy all around us. It is looking at the shades of gray and blue, accepting them and moving on by adding a tint of shimmering rainbow hues. And then, coloring the canvas of your life to brighten with hope and prayers not only your life but also the lives of people who are all around you.

## 2) Understanding People:

Try to understand other people's perspective and point of view. And always remember that we are all fighting various battles on different fronts of life. Where some people like to share but some don't. So if they don't say anything or do not complain that doesn't mean they are in heaven. No one in this world is sleeping on the bed of roses. We all have our challenges and our rewards and we are all trying to meet our ends and deadlines.

## 3) Answered Prayers:

Answered prayers mean when you learn to accept your faith and ask for God's help and tremendous strength and insight, so you can straighten the bent road and make your life flow the way it is meant to be. And you can learn to chase miracles and embrace things a new and see them through fresh eyes in moments of life.

## 4) Blessings:

Blessings mean to collect happiness, delight and warm smiles to lighten up our lives. So we can go to our God and stay on the road that God likes till the end of time. And there we'll learn to separate dark from light and find harmony between heavens and the Earth. And when we learn to do this our life will overflow with emotions and sweet memories that help us to realize how blessed we are to have this opportunity to brighten all our tomorrows and improve our today.

## 5) Talk to God Almighty:

Talk to God Almighty today and everyday and reach out to Him. For only He has the unique and magical power to embrace us with our weakness and neglect. Only He can swap our fear, doubt and misery with peace and serenity and courage and strength and give us a life of hope and passion where we can dream and communicate with our feelings and soak our souls in the light of kindness and tenderness.

## 6) Realize Dreams:

Realize new dreams and rediscover the strength of faith. Rejoice in simple

pleasure and don't be afraid of uncertain outcome. For everyday is a new challenge and in it we get ample opportunity to grow and learn priceless lessons. So play the game of life and seize every opportunity and don't complain about yesterday. Try to make your tomorrow better and find new ways to realize your fragile dreams in those precious moments.

#### 7) Emotional Connection:

Learn to establish an emotional connection with people who bring many dimensions in life. For with their presence we learn new meanings and see unique ways to inspire and gently touch other people's lives. So focus on important people and things and develop a passion of understanding so when sorrow and pain afflict you know how to bring back peace into life with the magical song of love, passion and an emotional connection.

#### 8) Balanced Life:

Tune your life's strings perfectly and enjoy peace and harmony around you. Find a balance for yourself and don't absorb stress or else you'll burn out. Don't let things get fuzzy, be more aware of yourself and your surrounding. Be on the cherry side of life, empower yourself and take a deeper look at life. Keep zest alive and be strong enough to deal with the outer world with hushed proposal and tender theme to find a balanced life.

#### 9) Make Peace:

Make peace with your life and accept reality as it is, for dreams come to an end but life still goes on. Don't let memories of the past hurt or haunt you because it is not worth. Remember things happen for a reason and may be not today, not tomorrow but eventually you'll understand the reason. So trust yourself and your heart and hang on to life. Don't change yourself for others, it is just not fair. God has made you the way you're supposed to be. So share your hopes and dreams and color your life with the vibrant shades of joy, so you can swap your tears with a blooming smile to brighten up not only your own life but the lives of all other people who you love and care for.

#### 10) Peace and Serenity:

Find peace and serenity and enjoy quiet dreams and calmness around you. Don't depend on others, create your own memories and cherish them every now and then. Cleanse your heart and soul then only you'll be able to see the clear and vivid perception of life. Close your eyes and take a deep breath and draw a calming landscape for yourself, where you can walk in with all your troubles and pain, leave them behind and walk out with sunshine and calm blue sky full of splendid clouds smiling at you and reassuring you to continue life for it is worthwhile. So don't look for perfection and completeness - but look for the

strength of serenity and the boldness of peace that can unwind and mend all the broken pieces of your life.

#### 11) Ideal World:

Every now and then take a break, pause and reflect on your life. Don't be a passive traveler life has so much to offer. Open your eyes, your heart and your soul and let it all in. There is nothing as an ideal world, so don't waste your life looking for one. If you are brave enough create one for yourself and everyone around you. Be your own best friend and your own helping hand and rely on your own abilities. Know that God is there for you, His divine power and mercy will help you only when you're willing and awake so make right choices and dwell on your dreams. Look at beauty that is spread all around you. You cannot shun ugliness from your life but you can bury them under the deep layers of hope, prayers, smile and kindness. And when you'll learn to do this, then you are a winner and a champ for you have created an ideal world with the bricks of love and peace.

#### 12) Choose Your Destination:

Be creative with your ideas and imagination. Let them float freely above you and absorb all the beauty that comes in its way. Don't hide under the fog of tears, wipe it all and then only you'll emerge as a shining star whose beauty and shine cannot hide even under the thick mist of mope. Be strong and learn to steer your boat away from the storm. Choose your own destination and work hard to reach there. Don't let heart breaks or hurts bend you, just hang in there and face your fears, it'll help you to overcome your sorrow and make peace with life.

#### 13) Rhythm of Life:

Follow the rhythm of life and tune yourself into it. Don't rush, stay calm and seek truth and peace. Be a dreamer who see the brighter side of life and also color life for others with sweet memories, happiness and understanding. Map out a route and walk along life's path that is serene and peaceful to reflect on your life. And this is the magical recipe to color life with a new milestone and to reward you. So calm life's hustles and chaos and focus on your strength to learn to balance and add harmony and rhythm in it.

Seema Chowdhury

# My Precious Little Girls

Like a spring of water  
Brings life to everything  
Like a sweet scent of flowers  
Appear for all in spring

Make your life worthwhile  
And bring happiness to all  
And see how you can be  
A source of care and love's fall

I love you my sweet babies  
For with you my life is a bliss  
That God has filled specially  
With his care, love and kiss

And with your unique affection  
Each day becomes a special gift  
In which I wish to survive  
with a content soul's uplift

And I wish and hope for you  
My precious little girls dear  
May you always spread peace  
For all in life's layers

And be the teacher of love  
And wipe away tears of mope  
And be the first one to bring  
And burn the candle of hope

And may your life be like the sun  
That shines very bright to bring  
The love and fragrance of flowers  
Just like in the season of spring.

Love you Samia & Sameen Baby! ! !

Seema Chowdhury

# My Priceless Possession

The serene moments  
In which  
I sit and talk  
With  
My memories  
Of the past  
Helps me to  
Get rid of  
my distress and depression  
So that's why  
I call them  
My priceless possession.....

For these moments  
Of peace  
Helps me to  
Cultivate love  
And  
Keep aside my pain  
And  
See a different view of life.....

Seema Chowdhury

# My Protector

In silent cries  
And in silent prayers  
I conveyed to God  
All I have wished  
And  
All I have wanted  
For  
No one else  
But only He is  
My helper  
And My life's protector.....

Seema Chowdhury

# My Response To Life

My response to life  
Is not always  
Positive  
And  
That's the only reason  
Why  
Life around me  
Is dull and mute...  
But still I try  
In the midst of  
Trial  
Tribulation  
Suffering  
And pain  
To keep  
Spirit of joy  
Alive  
Within me.....

Seema Chowdhury



# My Secure World

In my secure little world  
I always find  
God speaking to my heart  
Under the most difficult circumstances  
That embrace me with hope  
And strengthen my faith  
And I develop an unbreakable bond,  
A wave of energy,  
And a radiant peace with myself  
That helps me to plant seeds of hope  
And forgive myself  
And teach me to be  
My own cheer leader  
And trust my feelings  
And walk towards the positive path  
To speak to God in silence.....

Seema Chowdhury

# My Sincere Companion

I always feel  
so secured and peaceful  
When  
I am surrounded by  
My loneliness  
My depression  
My thoughts  
And  
My emotions  
For  
They are my sincere companions  
That  
I know  
Will never leave me alone---  
For life shows  
So many ups and downs  
That  
Sometimes I feel like  
Sitting alone  
And wish to have a secret talk  
With  
My inner self---

Seema Chowdhury

# My Solitude And Me

Sometimes I feel and that is true  
I enjoy being alone like a dew

that stands quietly on the top  
Of the edge of petal like a drop

I feel that my solitude and me  
Are like the key that sets free

My soul from the troubles of heart  
And show me a way to a brighter start

And that's why I think its good to be alone  
And enjoy being seated in the solitude zone.

Seema Chowdhury

# My Special Thanks

I wish I can find few words to convey  
My thanks and the sincere wish if I can repay  
Not only for things you just did today  
But for every little thing you just do and say

Your ways are always nice and new  
And reflects your love that surely is true  
The love that works as a morning dew  
Whenever I'm feeling down and blue

You always say things to wish me well  
And share both cries and smiles that dwell  
And give me time so you can tell  
The secret of happiness that nobody can sell

So thanks for showing how much you care  
By your own nice ways that surely is true  
And specially for the things we'd always share  
Not just today but throughout the year.

Seema Chowdhury

# My Stay In Utopia

Surrounded by the treasures  
Dear to me  
I simply walked in  
With the thoughts of thee

In the land  
Of my dreams  
Where I found  
My wishes beam

And there I saw  
My life's view  
Colored with lively  
Hopeful hues

And then I recongized  
That place of my stay  
Was 'UTOPIA' where  
I have just spent a day.

Seema Chowdhury

# My Story Of Life

I want to dream good dream  
And smile through my tears  
I want to cross this tidal wave  
Without loneliness and fear

And want to pause for a while  
To absorb the agony and pain  
And swap it all with the  
Smile of happiness and fain

I wish to fight back tears  
And use laughter as my weapon  
And want this sweet bitter memory  
To settle down and happen

And want to expand my options  
And help myself along the way  
To end this dreadful story  
That is on going for days after days

I wish to walk on the safe path  
And not dwell on unpleasant things of life  
And break the shock of grief  
And silent terror's wave that survive

And find the words of wisdom  
And a book of hope to read  
And cleanse my burdened soul  
So a nice life I can lead

This is my story of life  
And I wish to plant happy moments and days  
And find quickly and joyfully  
Turning point in life's highway.

Seema Chowdhury

# My Sweet Sister

Some people are very special for you  
For all the things they want to do

They always try to make you smile  
That changes bad things for a while

They often listen and give you advice  
That is always right and wise

They always say the word of cheer  
That shows how much they really care

They try to do good things for you  
That is always nice and new

For me my sister that person is you  
I want to thank for things you do.

Seema Chowdhury

# My Theme Of Life

Don't be afraid of ups and downs  
Nor be scared of greys and browns  
And know life is an on going show  
Where pace of progress is usually slow  
So don't feel bad nor sigh  
Just keep up hopes very high  
And remember never ever to mope  
For good life depends usually on hope  
So its better to let go of the past  
And think that road of life is vast  
And look to the future with light  
And hope that it will be bright  
And never be afraid of ups and downs  
And nor be scared of greys and browns.

Seema Chowdhury

Seema Chowdhury



# My Trip To The Dreamland

I'm living in my dreams'  
Where happiness follow my heart  
And set my sights high  
To give it a bright start

Where time seems perfect  
And day is just right  
To show me lovely things  
To make my life bright

Where middle of the road  
Is filled with faith  
Where everyday living  
Feels just great

And this is how I feel  
That no one can understand  
After finishing my trip  
To my sweet dream land.

Seema Chowdhury

# My Version Of Events

Crashing waves in the sea  
Bumping shocks just for me  
Are jolting the time of my days  
And are kicking me in my ways  
This is really how I see  
Troubles of life standing for me  
I don't know how can ever i  
Get rid of my pain 'n sigh  
And get to a place where I can  
See for me a safety plan  
Because i'm tired of this all  
And want to save myself from a fall  
So I can be happy again  
And feel fre of all sorts of pain.

Seema Chowdhury

Seema Chowdhury

# My Window Pane

On my window pane I found  
Dreamy and magical light  
Laughing in the sun  
Where clouds were floating across the sky  
Spreading splashes of sparkling joy  
And dancing on the music of life  
With vibrant hope and beautiful words.....

On my window pane I found  
Radiant and joyful moments of treasured hope  
Building momentum and a formula for happiness  
To repeat in dark times  
Moving forward making playful choices  
Of kindness and love  
To feel the cool breeze blowing  
To rejuvenate and bring calmness in my life.....

On my window pane I found  
Refreshing scenes of quietness  
Opening new vision and possibilities  
To explore passion and joy  
To discover crispy bright world of beauty  
Where I can smile, chuckle and laugh  
As often as possible to bring renewed blessings  
And warm rays of sunshine to brighten my world.....

Seema Chowdhury

# My Wish List

My heart loves to listen  
Nice talks about you  
For you are my dear  
A gift that's true  
For you help me  
To win my hopes  
And you stop me  
from falling in mope  
So that's why on top  
Of my list of wishes  
I pray to God to give you  
All His love and bliss.

Seema Chowdhury

# My World

Lost in the world of my own  
The world which to others is unknown  
Seems so peaceful, serene and light  
That I always feel pleasure and delight  
I love that place that I have built  
In my mind and heart for the tilt  
So whenever I feel lost in rain  
I enter there to hide my pain  
And in that world of my own  
Which to others is still unknown  
I always find a way in there  
To get rid of my troubled tears.

Seema Chowdhury

# Mystery Of Life

No one can tell what will happen tomorrow  
For life is a journey of joy and sorrow

Where no one gets to sleep on the roses  
Where no one sees what life really possesses

Because every moment that is due to come  
carries in it the mysterious sum

Where things are both good and bad  
And things are all painful and glad

Comes in and knocks at your door  
Because that's why in your life is store

And that's why no one can foresee tomorrow  
For life is a mystery has both joys and sorrow.

Seema Chowdhury

# Mystery Zone

Listen to hear  
Do not ignore  
The sound of life  
Its softness and roar  
And see what it is  
Saying to you  
And how you can  
Enjoy its hue  
For only this  
And nothing more  
You should expect  
From life's store  
Because life is  
Like a mystery zone  
That moves to and fro  
Then leaves you alone  
In the desert present  
Inside your heart deep  
To sit there alone  
In silence to weep.

Seema Chowdhury

# Mystic And Magical Winter Morn

Cold and mist and frost everywhere  
Oh it is amazing and majestic dear  
Just look around at this beautiful sight  
And enjoy it all the magical spell of white

Sky is gray and full of clouds  
But don't let it fill your heart with doubts  
Just walk softly on the snowy lit path  
And unburden your soul from troubled heart

Look all around and enjoy winter light  
And let it awaken and reflect bright  
And let it touch your soul, body and mind  
With fresh air and cool breeze to remind

That later in the day sun will appear  
To sparkle the snow with sunshine dear  
And bring you beauty and peace in heart  
And prepare you for a beautiful start

For it makes you forget all your pain  
And once again you will sing in the rain  
And enjoy spilling snow from the sky  
And catch snow flakes as they fly

And this is mystic and a magical sight  
That fill your moment with warmth and delight  
Where images of beauty appear one by one  
To fill your life with warm glowing fun

And it evokes nostalgic memories dear  
Of early morn winter days of care  
Where it is frosty, misty and cold  
And snow is glittering and reflecting like gold.

Wishing you all Happy Holidays! ! !

Seema Chowdhury



# Nature Is Bountiful

Nature is whispering  
Light winds over the hills and dales  
And is spreading its sunshine  
Over beautiful vales

For nature is bountiful  
With its glory and shine  
And wonderful colors  
Of rainbow hue fine

For nature is the art of gracious God  
Who spreads his bliss for all  
In the form of beautiful flowers and clouds  
All trees and brooks and rainbow small

For God sends for us autumn and spring  
With their beauty, grace and delight  
Where birds dance and joyously sing  
To make it a beautiful and a priceless sight

For nature is bountiful  
And inspires us to live  
In its astonishing beauty  
That is present and alive

So let the peace of God Almighty flow  
Through calm waves or sunshine hue  
And listen carefully to the whispering wind  
That nature is spreading like a morning dew.

Seema Chowdhury

# Nature's Beauty

My imaginations know no bounds today  
After seeing the beauty of nature in my way  
Where mocking birds were singing with zest  
Where I stopped by to take some rest

It was so nice to hear her sweet voice  
After getting fed up of this world's noise  
Where I felt that everything that I had lost  
in this frenzy world that doesn't pay the cost

But all of a sudden when I heard  
The sweet little voice of the mocking bird  
I felt I was shown life's better view  
So I don't have to feel any, ore blue

And that's when I felt as birds only aim  
Was to share my life's burden and pain  
And to bring me joy and show life's best  
In the place where I stopped to take some rest.

Seema Chowdhury

# Nature's Glow

Love, peace, serenity and passion is found  
On God's lovely and beautiful ground

Where I reached to the far  
Horizon of amazing beauty are

Where Nature is at its glow  
And life just stops and just slows

And sunshine reflects off the stream  
Where warm moments can be seen

And there dreams take shape and come alive  
And whirlwind of events just stops its drive

And crisp leaves all hang on the tree  
And show amazing beauty of God all free

And the Light House poses with pride and peace  
With God's love and Nature's lease

For a moment my heart forgot to beat  
As I was in a shock after seeing beauty treat

And there present moment unwraps on its own  
And life's layer shine for all to be known

And my head bowed in Gratitude and prayer  
After tasting the spirit of God's love and care.

\* After my visit to Peggy's Cove, Nova Scotia, Canada.

Seema Chowdhury

# Navigate Through The Maze

Start the day off  
On a happy foot  
And thank God Almighty  
For an amazing day  
For life is a big maze  
And we have to  
Navigate through it.....

Learn to control  
The episodes of life  
And how you can experience your journey  
And satisfy yourself  
By fulfilling small dreams  
So peace can flow in your heart  
As sunshine flows into trees.....

Recount shared moments  
And plan the next chapter of life  
And see how you can turn  
A sour day into sweetness  
With the hidden treasures in every day experience.....

See the world in a new light  
For God whispers to us  
And saves us by hope, faith and love  
And help us to navigate through the maze  
And the racing thoughts of life.....

Seema Chowdhury

# Navigate Your Obstacles

Navigate your obstacles  
And let the light in  
Don't feel lonesome and miserable  
For life has a way of interrupting  
When you feel the walls are crawling in...

So always be prepared  
Throughout this long voyage  
And don't give up  
When you encounter a strange new world

Try to follow the plan  
And look for the great details  
To answer the questions that are  
Whirling, swirling and bouncing around  
Colliding and creating  
New questions and concepts....

Just learn to navigate  
Your obstacles  
Through the long voyage  
Called life.....

Seema Chowdhury

# Near My Heart

You are an important part  
who lives near my heart  
And plays a major role  
And helps to set my goal  
In these messy days of life  
In which I'm bound to survive  
Where I see in every lane  
Hurdles of tear and pain  
But even then I'm glad dear  
To have you with me to share  
All these as they are a part  
Of life till from it I depart.

Seema Chowdhury

# Negative Side

Reality  
Of every day life  
Sometimes appear  
As a little thing  
But  
Sometimes it appears  
As a huge sea  
Of  
Infinite possibilities  
But  
Unfortunately  
All  
On the negative side.....

Seema Chowdhury

# Negative Thoughts

Let negative thoughts  
be swapped  
with  
Fond hopes  
Confide faiths  
Utopian optimism  
And  
Cherry inspiration-

And then you'll see  
A new image and view  
Of your life...

Where road ahead  
Will be filled with  
A vibrant journey  
And a unique opportunity  
To roll the dice  
And let amazing things happen  
And gives additional options  
To you and your life.....

Seema Chowdhury



# Net Of Misery

Try to find  
The hidden word  
And  
A word within a word  
And  
Think now  
To remove  
The net of  
Misery and tragedies  
From your early dawns  
That is now covered  
Under the shadows  
Of  
Mist of the night fall.....

Seema Chowdhury

# Never Ending Stream

Life is a never ending stream  
Of hope and happiness  
Just learn to swim  
And bring back your share  
From under the deep sea  
Of the bitter realities  
And make multitude of plans  
And don't let the scar of past  
To hold you back  
And if things get dicey  
Don't lose control  
Look for a lucky break  
And inch by inch  
Smooth the rough edges  
And look for a long stretch  
Of powerful road ahead  
And know these challenges make life  
Better and exciting  
So dive deep with hope  
And bring back yourself  
A special gift of oozing faith and love  
And the never ending stream of blessings  
With tremendous happiness  
Contentment and unending faith in God....

Seema Chowdhury

# Never Found

I was left alone  
With my day  
To see and face  
The episodes of depression  
One by one  
Where  
I could not decide  
Whether  
My joys were actually lost  
Or  
In reality  
They were never found? ? ?

Seema Chowdhury

# Never Healing Wounds

I tried to hide the pain of my heart  
I tried to give my heart a new start

I tried to stop my tears to flow  
And bring some joy in life's row

But once again just like in the past  
I failed to achieve and then at last

I thought its hard to make a deal  
For some wounds can never heal

Because pain's shadow has left the mark  
And that's why everything looks so dark

So its no use to play with joy's role  
For i'm loaded with wounded heart 'n soul.

Seema Chowdhury

Seema Chowdhury

# Never Quit From Prayer's Que

Put your heart and soul  
In everything that you do  
Look at the bigger picture  
In your life as it passes through

Hold on tight to your rocking boat  
And learn to paddle your canoe  
Because difficult times will come  
So don't give up, just pull through

Life's journey is hard at times  
And fate seems to be on cruel persue  
But this will not remain the same  
So never quit from prayer's que

Because the only way to heal  
Your pain and hurt's spew  
Is to talk to your gracious God  
Who is always there for you

We all have open questions  
And we need a side view  
To know what is going on in life  
To prevent from pain to get through

So be strong and fight this battle  
And keep hope and faith in view  
Try to change your life for better  
And hang on to soft prayer's hue

That is hanging beside clouds of doubt  
With silver lining in the view  
And welcome you to the door of God  
Who can give you strength to pull through

Just put your heart and soul  
In everything that you do  
Look at the bigger picture  
In your life as it passes through.

Seema Chowdhury

# New Battle Of Life

Life is a daring adventure  
Where we all play our roles  
Where sun shines to clear the clouds  
Of mistrust, pang and doubts

Where each day is a new challenge  
And we're expected to fight  
This new battle of luck and fate  
And enter in accomplishment's gate

So don't lose hope or ever sigh  
In life's journey to negative thoughts say bye  
And see what is happening in your life  
That you can change here to survive

And always remember that it's fair  
To cling on to hope and on God dear  
Put your faith and hope for the best  
In each and every life's test

And pray a lot to the Gracious God  
Who is your beloved and fair Lord  
To keep you close in his heart  
And always show you a bright start

Where sun will always shine to drive  
And keep you absorbed in your life  
And will show you the success rainbow  
In each layer of the trouble's go

And will show you a bright morn  
Where in each and every dawn  
Happiness and smile will greet your day  
And show you God's love and care in the way.

Seema Chowdhury

# New Begining

Make each day a begining  
Where you live to believe  
that periods of pain and pleasure  
Are just a phase very brief

And try to meet each day  
Of your procious life  
With a pleasent smile  
And hide your pains that survive

And try to give your help  
And your care to all  
Who are really in need  
Where troubles have built a wall

And then surely you'll see  
New begining in each of your day  
That will show you brighter sights  
And will spread flowers in your way.

Seema Chowdhury



# New Dawn

Hope on the horizon  
To see a new dawn  
Filled with the colourful  
And a bright morn  
Where you can start  
With happiness your day  
Where you can see  
Joys spread in your way  
Where no one knows  
The meanings of pain  
And can only see  
A morn of pain.

Seema Chowdhury

Seema Chowdhury

# New Deal For A New Day

In this magical land created by Loving God  
There is goodness, adventure and beauty  
So make an emotional connection with the world  
And don't lose sight of what is important

Come to terms with reality and let life change  
Then you will see a better and a beautiful world  
With extra ordinary and brilliant strokes to display  
Showing true and effective colors of life

Don't cross the line, run away or erase your identity  
Enjoy a moment of silence and take time to think  
Remember God's mercy and collect sweet memories  
While you are here and alive to make most of your life

Heal old wounds and cover deep and painful scars  
Begin a new day in life's fast lane and don't be afraid  
Write your own beautiful and happy ending  
And know that everyone's life is different

At times it is hard to go through life alone  
So don't freeze or give up, listen to the still voice  
That is in your heart and telling you to hang on and enjoy  
A new deal for a new day in God's magical land of joy

Happy New Year to all, Be happy and smile :)

Seema Chowdhury

# New Doors Are Open

New doors are open  
For those who look  
For opportunities dear  
In all life's nook

So if you want  
To happily survive  
Then learn the rule  
Of the precious life

And search for all  
Good things dear  
And wipe from eyes  
The failure's tear.

Seema Chowdhury

# New Episode

Blink away tears  
And bring a big smile  
Life isn't always perfect  
So just have faith for a while

Embrace happiness  
And open up your heart dear  
For it has super powers  
To banish all your fears

Make a difference for someone  
And speak up with hope  
Live your life to the fullest  
And never ever mope

For everyday life will  
Show a new episode dear  
So don't linger on your past  
See how to fill it with cheer

Just remember to continue to work  
And do it with faith and love  
Then you will see how your fears  
Will fly away like a dove

Now blink away tears  
And bring a smile of hope  
For soon a new episode will begin  
So don't linger on past mope.

Seema Chowdhury

# New Purpose

Add new purpose to your life  
Find new ways to brightly survive  
And know that in this world of pain  
Its really hard to always gain  
So try very hard and work out  
And try to banish your fears 'n doubt  
And see how lasting happiness can be found  
In the world of god 'n on his ground  
And learn to live for a moment dear  
And try to overcome your fear  
And remember that tomorrow may bring  
The answers of your thoughtful ring  
But for that you have to put in your life  
A new purpose to brightly survive.

Seema Chowdhury

Seema Chowdhury

# New Struggle

Each day presents  
A new struggle  
And  
This world is full of  
Problems and pains  
Where  
Tough time  
Crisis  
Negative ideas  
Fears  
And  
Loneliness  
Fill our days  
And  
We cannot find  
A better way  
To weather the storm  
Where  
Fear of striking out  
Holds us back  
And we feel  
Turned out of the outside world  
And  
Our emotions tend to rule us  
And  
In the middle of all this  
Our existence comes into question  
And we feel heavy burden of  
Regrets and anger  
Tailing our lives.....

Seema Chowdhury

# New Things

In this old and wide world  
I found few new things  
Those came from the image and  
Traces of the loving spring

For minutes after endless minute  
I find myself lost  
In this frenzy world's flow  
That doesn't pay any cost

Any cost to your thoughts  
That come in and stay with you  
To make you find things  
That are all bright and new

So try and see if you can  
Find it in each of your day  
And in this old wide world  
Brighten with spring your way.

Seema Chowdhury

# New Vista

Explore new vista  
In your way  
Try to find  
Joys in your days  
And use colours  
To colour your life  
And find reasons  
To happily survive  
And be grateful  
To your God  
Who is your  
Loving Lord  
Who bestow these  
Blessings on you  
So you can live  
With fain's hue.

Seema Chowdhury



# New World To Discover

A new world  
Is waiting for me  
To be discovered  
To be conquered  
And  
To be enjoyed-  
But one thing  
That i feel  
Is missing here  
Is 'you'  
your presence  
Your time  
And  
Your attention  
I wish  
In my new world  
I wouldn't have felt  
Lost and lonely  
If only  
'You' would have spared  
Some time  
From your busy life

Seema Chowdhury

# New Year's Prayer

Think of love, peace and joy  
Make your plans to enjoy  
Each and every day of the year  
That is knocking at your door dear

Turn to faith for comfort and peace  
Where love will heal and cease  
Harsh realities and the pain  
And will show you sunshine after rain

Seek for the light of Gracious Lord  
Who is your all knowing God  
And save you from the quicksand of sorrow  
And can bring you a lovely tomorrow

Just hang in there with the light  
And ask All Mighty God to erase fright  
And replace your dark days with dawn  
And a bright shining and a clear morn

And as this new year is here  
I want to send you all with the prayer  
That may God leads your way with a smile  
And make life's journey for you worthwhile.

Happy New Year 2012.

Seema Chowdhury

# New Year's Wish

Time is passing quickly and end of the year is here  
So welcome it with open arms as new year is here  
And send your love to those for whom we really care  
And all who came to help when you needed them there

And be thankful to God for helping you in need  
And for always being there to help you and lead  
By letting you abstain from every bad deed  
And nurturing within you a big kindness seed

And in this new year be ready to give your smile  
To all those who are labouring in any pain or trial  
And need a smile to brighten their day for a while  
And a smile that'll encourage them to go another mile

And may this new year bring beauty into view  
And give you everything taht you're wishing too  
And takes away your pain taht makes you feel blue  
And this is all my new year's wish for you.

Seema Chowdhury

## Nice Things

This is all the treasure  
That you can have and hold  
So when you feel all stuck  
In life's weather that is cold  
Then wait for lovely spring  
Because the world is full of things  
That is nice and always new  
And can bring you joys all true.

Seema Chowdhury

# Night Of Dreams

Another night, another dream  
Another fresh and bright beam

Brings to me joy and fun  
Before the night is over and done

I wish may nice things of today  
May stays with me forever in the way

And may all good hopes and faith  
Stays to make me feel great

Because these fresh and bright beams'  
Brings me another night of dreams.

Seema Chowdhury

# Night Of Sin

If you suspect  
Any kind of sin  
In your life  
Or  
If you have comitted any  
In your way  
Then  
Don't hesitate  
Just say sorry to god  
And return to him  
Before  
The night of sin  
Fall its curtain down-

Seema Chowdhury

Seema Chowdhury

# No More Than A Smile

This world can be a brighter place  
There can be built some nicer place

Only if the magic of laugh and smile  
Are played for us in trouble's and trials

For smile is a balm that is ever healing  
So smile when someone hurts your feelings

And remember dear if you want to survive  
And live happily in this world's drive

Then no more than a faintly smile  
Will carry your load for a while

And will free you from all distress and pain  
Just like sunshine after rain.

Seema Chowdhury

# No Words

No words I find  
To answer my query  
No way I see  
To quicken or hurry  
And follow the path  
That can end  
My anxiety and pain  
And can mend  
The roads of life  
That are pale  
And for me  
Feels like a jail  
That is why I feel  
More worried and lost  
And feel this world  
Doesn't pay the cost  
And that's why  
I don't want to stay  
Unanswered forever  
In the rest of my days.

Seema Chowdhury



# Noble Image Of Life

Do not accumulate  
Little conflicts  
And resentments  
In the corner of your heart  
Just learn to  
Let it out  
And relieve your stress  
By feeling them  
And then only  
You'll see  
The noble image of life  
And you'll learn to find joy  
In every new day  
And celebrate the gift of life  
And the present moment  
With good memories  
And learn to live fresh  
Till your journey's end.....

Seema Chowdhury

# Noises Of Silence

Have you ever heard  
The noises that're curt  
That seems so wild  
Like cry of a child?  
Have you ever saw  
The noises that draw  
A line of tear  
That is unclear?  
Have you ever felt  
The noises that melt  
Your wishes 'n dreams  
And leave you to scream?  
Because these noises  
Are the silent voices  
That leaves you to face  
Life's wild sketche's trace  
And then no where  
You find any care  
Where you can stop  
Noises of silence to drop.

Seema Chowdhury

Seema Chowdhury

# Noisy Confussion

In this noisy confusion  
Of life  
I found  
Restless souls  
Broken dreams  
Doubtful words  
Fatigue fears  
Distress imaginations  
And loneliness...  
Standing in the way  
Of  
Every dawn  
And every dusk  
Bringing  
Tears in my eyes

Seema Chowdhury

Seema Chowdhury

# Noisy Tomorrow

From where I stand  
I see ahead of me  
Only  
a noisy tomorrow  
And  
A dark cold day  
Full of  
Dead smiles  
of  
Thousand pain...

Seema Chowdhury

# Nostalgic Memories

The sweet 'n bitter taste of remembrance  
Can brighten 'n spice up the day  
For love 'n care that comes with it  
Can spread joy's flower in the way  
Because the pain of remembrance feels  
Bitter with a touch of sweet  
That brings to us so much joy  
That it feels like a holiday treat  
So that's why when I feel down  
And don't see any pleasure's view  
Then best thing that I can wish  
Is to pray 'n just think about you.

Seema Chowdhury

Seema Chowdhury

# Not Far From My Thoughts

You dear are  
Very far from me  
But  
Not far from thoughts  
Not far from dreams  
And you can never be  
far from my heart  
Because  
I love you  
Uzair Baby, my sweet heart! ! !

Seema Chowdhury

# Not Worth Stopping

In life's troubled journey  
Sometimes I feel  
So hurt  
Because of  
Cruel and unkind words  
That I wish  
To leave this world  
And think  
This place is not worth stopping  
Because  
Its an unlucky place  
With  
Unwanted and shapeless desire  
Of living...

Seema Chowdhury

# Note To A Special Friend

I'm sending a special note to you  
With all these wishes that are true  
Because dear friend you're very rare  
And I want to tell that I do care  
And today is dear your special day  
I wish you enjoy it in every way  
And I pray may god bless your heart  
From where always kindness impart  
For you dear friend are the light  
Who always show me things that're right  
And you always give me courage and hope  
And hold hands when i'm suffering from mope  
So today because its your special day  
I wish nice things to stopby in your way  
And sincerely wish these things that're true  
And send a special birthday note for you.

Seema Chowdhury

Seema Chowdhury



# Nothing Is Forever

Things will come and they will go  
You'll find friends and some foe  
Then why do you feel down or low  
As nothing can stay forever you know

So when you find good things in life  
Don't think it will alwasy survive  
Because nothing can always stay alive  
As this is the rule of world's drive

So pick friends you think are for you  
Trust and help them and be true  
Because may be in a day or two  
They have to leave without wanting to

Then don't feel it was unfair  
To be given and then taken from there  
Because this is the rule my dear  
That you don't like but you have to bear

So look at the rose that blooms today  
Brings beauty and promises to stay  
But when time comes it can't say nay  
It's over and it has to go away

Similarly joys and pain in your way  
Will come to bring joy and grey  
But don't let it take your trust away  
Remember nothing can forever stay.

Seema Chowdhury

# Nothing Works Out

Nothing in life  
Really works out  
Because  
The movement of events  
Continue  
Among the narrow folds  
With  
Spontaneous motions  
And  
Dramatic parts  
That  
Decreases my capacity  
Of absorption  
Day by day.....

Seema Chowdhury

# Novel Idea

I wish  
If I can make a plan  
That can color life  
With bright hues  
That can  
Make everyone  
Happy  
And  
Contented  
And then  
I can proudly call it  
A novel idea  
And  
A rare treasure.....

Seema Chowdhury

# Now Is The Time

Add a little more to your life  
Learn new ways how to survive  
And know that now is the time  
So sing with it all its rhyme  
And learn to give others the pleasure  
And collect life's joys as a treasure  
And know that now is the time  
So sing with it all its rhyme  
And know its a must to always wear  
The charm of smile for a good cheer  
And know that now is the time  
So sing with it all its rhyme  
And remember never to fall in gloom  
Because pain is your life's perfume  
And know that now is the time  
So sing with it all its rhyme.

Seema Chowdhury

Seema Chowdhury

# Nurture Your Dreams

Nurture your dreams  
Nurture your thoughts  
And see the joy  
It has brought  
For life is a show  
Where it is rare  
To get what you want  
So remember this dear  
And try for yourself  
To get the best  
In each life's tale  
In each life's test.

Seema Chowdhury

Seema Chowdhury

# Oblivion

There are so many memories  
That I wish  
I would have remembered  
There are so many wishes  
That I wish  
I would have wished  
There are so many desires  
That I desire  
I would have desired  
But  
I never did  
Because  
They were all hidden  
In the oblivion zone  
From where  
I forgot to take them out....

Seema Chowdhury

Seema Chowdhury

# Oblivion Memories

In old and distant future  
When  
Precious memories of the past  
Drops in  
Then let it knock  
On mind'a door  
To refresh the oblivion memories...  
And then I feel fresh and bright  
And see the warm and sunny  
Side of life  
And brilliant blue sky  
Waiting to welcome me.....

Seema Chowdhury

# Ocean Of Life's Lesson

Today I am standing  
In this sully moment  
With halting words  
And a new sense of wonder  
Watching my thoughts  
Come and go  
With empty hopes And surprises  
Where nothing is making sense  
Due to the heartache  
That I'm feeling intensely....  
Where unspoken resentment  
Unmet expectations  
Chronic frustration  
And empty words  
Are hitting me hard  
And are filling  
The ocean of my life's lesson  
With tears and more tears....  
Its not letting me move forward  
Because I'm chained tightly  
To the dead weight of past emotions  
That is anchoring my troubled soul...  
And this disappointment  
Is leaving me behind  
And forcing me to do  
The unpleasant task of  
Squashing, crushing and pinching  
Life's sour lemon.....

Seema Chowdhury



# Odd Moments

Don't feel bad  
In the moments odd  
Don't feel stuck  
When trouble's chord  
Extend its rope  
And makes you cry  
And all sorts of  
Trouble's high  
Seems to be  
Spread in the way  
And hiding th sun  
Under its bay  
Just hang in there  
And with faith  
Hope for the best  
And feel great  
And look only  
To the gracious god  
For he knows how to  
Even your odds.

Seema Chowdhury

Seema Chowdhury

# Offer The Hand Of Friendship

Believe in God's true friendship  
And offer the hands of friendship  
And love all your fellow being  
And lend them shoulders to lean  
Because God loves all of them  
Who stick to his prayers hem  
Who call out only for their God  
Who is the creator of sea and the sod  
So when life seems bitter and hard  
Then lay all your trouble's card  
And ask God for his helping hand  
And know that he surely understand.

Seema Chowdhury

# Offer Your Help

Offer your help in any way you can  
learn to live like a brave man  
And see how and what kind of plan  
You can make to drive your own life's van

For its not always easy to see life's view  
That is free of all mopeand blue  
And is bright and colorful and new  
And is filled with all lively hues

So when you feel little down and slow  
And see that you are standing in the row  
From where your life doesn't glow  
Neither let you move with the flow

Then sit back and relax for a while  
And let your heart sing and smile  
And don't care for the trouble's pile  
Then you'll learn to handle all in your style.

Seema Chowdhury

# Offer Yourself To Life

As the years follow on  
Wake up to your life  
Take a moment  
To collect your thoughts  
Your dreams and your hope  
And be ready to embrace  
New challenges and depths  
And calculate the best route  
To arrive at your destination.....

Just reach out  
And offer yourself to life  
With a huge hug  
Embrace the promise of hope  
With Passion and love  
For life is an active journey  
Where we need to put a smile  
And take doses of inspiration  
To feel the love and fullness  
To heal our mind, body and soul.....

Love you Sadaf, take care.

Seema Chowdhury

# Oh God Of Many Names

Oh God of many names  
I need to be heard and understood  
I need your love and gentle touch  
And your gracious care's hood

The events of my life now  
Have turned my world upside down  
And the moments of deep unrest  
Is blurring my vision's crown

I want your understanding hug  
And want you to unlock the meanings of life  
I want the door of my heart  
To get peace and faith's drive

And wish to mend this broken  
World of mine with joy  
Where I can see the colorful sky  
And see magic appear to enjoy

Oh God of many names  
Allow my heart to bloom  
And take away all my pain  
And fill it with happiness perfume

And give peace to my soul  
And all who are near and dear  
And swap their troubled life  
With the magic of care and cheer.

Seema Chowdhury

# Oil Of Joy

without delay my dear  
Enjoy oil of joy and care  
And add in your lovely life  
Happiness and fain drive  
And in your old sights  
Try to stock a bright  
And a familiar roar  
Of joy and pleasure more  
And in this warm sunshine  
Try to drink the wine  
And add the oil of care  
Without any delay my dear.

Seema Chowdhury

# Old Disappointments

Let old disappointments  
Be the thing of past  
And let it be swapped  
With the little dream  
Of hope and wishes  
Where each moment is  
Blessed with  
Love  
And care  
And  
Every wish is granted  
With faith--  
For life's disappointments are  
Like  
A Quick mud  
That pulls you in  
Deep inside  
From where  
You cannot come out.....

Seema Chowdhury

# Ominous Signs

Today's unexpected event  
Have paved a way  
For ominous signs  
Of unrest  
And  
Agitation  
Where  
Tranquil moments  
New hurdles  
And  
Darkness  
Spreads across  
And a hollow voice  
Of deep sorrow  
Is ringing in the air  
And  
Is forcing me to  
Pass through  
The valley of sadness....

Seema Chowdhury

Seema Chowdhury



# Ominous Silence

The  
silent thoughts  
That I heard  
From  
The core of my imagination  
Opened the door  
Of  
Fears and doubts  
Where  
Silent pillars  
were standing still  
With a huge burden  
Of  
Hushed and ominous silence.....

Seema Chowdhury

# On Life's Highway

I waited to see you dear  
I waited for that drive  
Where you can take me with you  
On the highway of my life

I waited to see your smile  
I waited for that drive  
That can take away tears  
From the highway of my life

I waited for your love  
I waited for that drive  
That can free all the burdens  
From the highway of my life

So with you I can spend  
Rest of my pleasure's drive  
Under the shade of your care  
On the highway of my life.

Love You Sunny

Seema Chowdhury

# On The Horizon

We all walk on the same path  
But our destinations are not the same  
We all lead the same life  
But our goals are not the same  
We all have the same drink  
But our thirsts are not the same  
Its all because the way we view  
The changing scenes of life  
Are surely not the same dear  
On the horizon where we survive.

Seema Chowdhury

Seema Chowdhury

# On The Huge Highway

Find your way around  
On the huge highway of life  
And learn to say goodbye  
To enormous problems  
And walk towards healing  
And block your pain signals  
And find how to explore new venue  
Where you can watch actions unfolding  
So you can enjoy your journey  
Into the beautiful world.....

Find your way around  
On the huge highway of life  
And know that this is an open world  
Where there are all sorts of destination  
Where we can travel in various directions  
And access the roads in different ways  
To reach towards healing  
By blocking pain signals  
To explore lively venues  
To watch life unfolding.....

Find your way around  
On the huge highway of life  
And let go of thoughts  
You have been holding on deep inside  
And refresh memories of memorable moments  
And perk up your dull life  
And don't hide your feelings  
Just walk towards healing  
And explore your world around.....

Seema Chowdhury

# On The Move

I want to be on the move  
On the move of life  
Where gets no more of troubles  
And there pleasure survive

I want to be on the move  
On the move of happiness  
Where gets no more of troubles  
And no more of any stress

I want to be on the move  
On the move of peace  
Where gets no more of troubles  
And there is the life of ease

I want and wish to be  
The source of all delight  
Who can take away the pain  
And with smile make things bright.

Seema Chowdhury

# On The Sea Shore

I can hear  
The wind blowing  
on the sea shore  
And  
Singing the song  
Of his life  
For  
The tides  
To listen and learn  
The ups and downs  
The dawns and the dusks  
The evens and the odds  
And  
The good and bad  
Of  
Every blow of life.....

Seema Chowdhury

# On The Wings Of Hope And Dream

There's a magic in everyone's life  
There's always a better way to survive

If only you learn to enjoy faith's cream  
And fly on the wings of hope and dream

For life is a lesson of faith and joy  
Where we all learn to enjoy

And learn the hard lessons of life  
And how to accept fate to survive

And when we fly on the wings of hope  
We learn to overcome our mope

And learn how to drink from the blessing's bowl  
And fill in deep inside the empty soul

And know that this is life my friend  
Where roads will be straight and also bend

And we'll all be asked to cross it to survive  
And that's the real meanings of our entire life

So we must learn to enjoy our faith's cream  
And fly on the wings of hope and dream.

DEDICATED TO MY ELDEST SISTER SAMEENA MANSOOR.

Seema Chowdhury

# On The Wings Of Time

On the wings of time  
We are like passengers  
On an amazing journey  
Where we must stay open  
To the possibilities and surprises  
To find solace and peace  
In the wonders and puzzlements of life.....

Where tough questions require tough answers  
And we learn to reestablish faith  
To enjoy the crisp air,  
Golden afternoon,  
And a bright sunshine  
To embrace the Sun's warmth  
To impose rhythm in our lives.....

Where a tender smile can help us to run  
On the roads in the drizzling rain  
To calm our world of cruel words  
And carry the weight of pain  
To learn the cost of our lives  
On the wings of time.....

Seema Chowdhury



# On This Frenzy Land

I heard my thoughts  
Talking to me  
I heard them all  
Praying to be free

When I felt lost  
In this frenzy land  
That waived my hopes  
That I wrote on the sand

And then I realized  
That It was all vain  
For life covers both  
Path of joy and fain

So I must accept  
All of them  
As God's bliss way  
And as life's gem.

Seema Chowdhury

# On Top Of The World

I wish if ever in life  
I can reach the point  
Beyond which lies another world...

I wish if ever I can find  
The path  
That can take me  
To the peace land...

I wish  
If ever I can  
Enter in such a gate  
That can take me  
To hope and luck

With the help of which  
I can  
Achieve the point of satiety  
That can take me  
To the ride  
On top of the world.....

Seema Chowdhury

Seema Chowdhury

# On Your Door Step

Hear the opportunity knock  
That hits door step like a rock  
And open at once the gate  
And don't stand there or wait  
For once if you'll lose the chance  
Then it won't come again to dance  
On your door step, so let it in  
And find its place 'n let it pin  
Its own way through your life  
To teach you how to joyly survive.

Seema Chowdhury

Seema Chowdhury

# On Your Engagement

I'm so glad to hear your engagement news  
Now your life will be full of lively hues

Where someone will be present to share  
Your smiles, trouble's pile and your tears

Where surely abundance of kindness and care  
Will be found for you everywhere

And the bond and true shadow of love  
Will be send for you from heaven above

Because it's a knot that ties you together  
And bloom flowers for you to gather

Because its a feelings that grow stronger  
As you live with loved ones much longer.

CONGRATULATIONS! ! !

Seema Chowdhury

# On Your Special Day

Wake up early morning for your special day  
To see things wishing you well in their ways  
And telling it's your day so don't be sad  
And do all things that'll make you glad

And bright sun rising and wishing you well  
By giving you happiness that no one can sell  
And telling it's your day so don't be sad  
And do all things that'll make you glad

And small feathered creatures singing you a song  
That today is your birthday so nothing can go wrong  
And telling it's your day so don't be sad  
And do all things that'll make you glad

And blooming flowers spreading its fragrance for you  
To wish you happiness that surely is true  
And telling it's your day so don't be sad  
And do all things that'll make you glad.

Seema Chowdhury

# One At A Time

Take things one day  
At a time  
And try to flow  
With this world's rhyme

So everything will  
Look good and bright  
And appealing to  
Your own sight

And never ever  
Do anything  
And learn to follow  
This world's ring

Where joy comes  
After pain  
And a sunshine  
After every rain.

Seema Chowdhury

# One At A Time - Life

Cruising the aisles of life  
With an eye on tomorrow  
With long and old memories  
I found myself  
Tangled in a web of restrictions  
Changing lanes rapidly  
Before the final stop.....

Where key moments of truth  
And every phrase of the process  
Appeared one at a time....

Where I created  
My own life's lesson plan  
And collected new ways  
To deliver positive messages

Then I explored the dangling pictures  
With the rotating images  
And learned to stop complaining aloud

And moved deeply  
Towards the positive waves  
That makes up the prime Ingredients  
For life to happen  
One at a time.....

Seema Chowdhury

# One Brief Day

Days are filled with  
Excellent beauty  
With some strangeness  
That fills it all  
With its mystical magic  
Like amazing sunrise  
Sweet songs of the birds  
Whisper of the soft breeze  
Roaring of the waves in the deep sea  
Soothing call of the crowded shores  
Miraculous bloom of the flower  
Astonishing sunset  
And magical shining North Star  
All speak to us in their own language  
With their own meanings  
That makes the whole world  
Wonderland of dreams  
For us to enjoy in a brief day  
And discover its hidden beauty  
And layers of mystery  
In one brief day  
To inspire Our hearts and soul....

Seema Chowdhury



# One Day

One day I'll leave  
And will go very far  
From this wierd world  
To touch the shining star

That I usually steer  
Standing in my room  
From where it looks like  
Pretty flower in its bloom

It seems as if its smiling  
And calling me to come  
And watch this life's game  
Where we lose and gain some

So whenever I look at the sky  
I ask my gracious God  
To bring that moment quickly  
Although my wish seems odd.

Seema Chowdhury

# One Day At A Time

Don't rush or miss the rhyme  
Take one day at a time  
So you will learn in your way  
To look with hope for the day  
For life is joy and life is sorrow  
Where always comes the morrow  
Which holds in it so much to  
Look at and smile dear too  
So learn to flow in life's rhyme  
By taking one day at a time.

Seema Chowdhury

Seema Chowdhury

# One From The Heart

Your words are the balm  
That soothes my pain  
Your deeds are so kind  
From which I gain  
Pleasure and joy  
As it takes away  
All my burdens  
And troubles that sway  
I wish you luck  
And a bright start  
And that is my wish  
One from the heart.

Seema Chowdhury

# One In A Million

Whenever I think of you  
I always have a view  
That is a pleasing sight  
That makes things bright  
And that is why for you  
I hope with high views  
That may flowery be the road  
Where no troubles load  
Comes in ever in the way  
To spoil any of your day  
And that's why its true  
And proudly I say about you  
You're one in a million dear  
For whom I sincerely care.

Love you baby Danny.

Seema Chowdhury

# One Life

Bad times for everyone  
With troubles and more  
Comes in this life's run  
And are gathered in the store  
Where agony is waiting  
To be picked by you  
Where all scenes are  
Filled with view blue  
I wish if I could  
Change it all  
And make it a better  
Place to call  
Where distress and troubles  
Are chained behind bars  
So life can live  
Between peace stars  
And give everyone  
A chance to survive  
As they wish to be  
In this one life.

Seema Chowdhury

# One Moment Please.....

One moment please  
Give out from your life  
One moment please  
In busy day that survive  
Take out some time  
To pause and see  
What life has to offer  
To you and me

One moment please  
Just stop and look around  
The wonderful blessings  
God has spread on the ground  
For all of us to discover  
That are hidden in the layers  
Of this enormous earth  
That is bright and fair

One moment please  
From your busy time  
Take out to enjoy the smile  
Of your loved one's rhyme  
And remember that this moment  
That will pass us by today  
Will never come back  
To us in our way

One moment please  
Take out my dear friend  
And thank God Almighty  
For the blessings he has sent  
And look at your loved ones  
And tell them how happy you are  
For being with us here  
Shining like a star

One moment please  
Give out from your life  
One moment please

In busy day that survive  
Take out some time  
To pause and see  
What life has to offer  
To you and me.

Seema Chowdhury

# One More Day

Add one more day  
Of joy in the way  
And do good things  
And bring the spring  
And learn to smile  
All for a while  
And learn to start  
Happiness in your heart  
Then joy will save  
And will make you brave  
And will teach you  
To face trouble's dew  
And this will narrow  
Your path of sorrow  
And then in your way  
You can add one more day  
Of joy and smile  
All for a while.

Seema Chowdhury



# One Of Those Days

Some smiles, some tears  
Some sorrows, some cheers  
All add up in one way  
And make a perfect day  
But sometimes it is true  
It happens with me or you  
That more are our sorrow  
That shows no bright morrow  
That makes us very sad  
And in heart we feel bad  
And everything looks blue  
And nothing good is to view  
And we think it'll never end  
And road will be all bend  
But then it all ends dear  
Showing us a morn of cheer  
And then we forget all bad  
And get busy in life's ways  
And forget about one of those days.

Seema Chowdhury

# One Perfect Moment

Take a moment to dive into  
The world of wonderland  
And see beyond life's limitations  
And allow joy to be your guide  
And pay attention to life  
And learn to move away from pain.....

Open all the good that exist in the world  
And uplift your soul by love  
And take a forward step  
In the staircase of faith.....

And let your dream take a flight  
So you can see the magical illusion of truth  
And pave the way  
To the future  
And release the past  
And enjoy one perfect moment  
To read aloud  
This complete and shining lessons of life.....

Seema Chowdhury

# One Step At A Time

Ride out the hard times  
Until the good times return  
Learn to appreciate  
And mingle together  
Don't bury your soul  
When everything seems complicated  
Learn to listen to yourself  
And progress in your way  
Look for the comforting words  
To console yourself  
And take one step at a time  
Towards life...

Learn courage  
And know it comes from inside  
Your heart, mind and soul  
Live from inside out  
And fill the gaps  
In your most unhappy times  
And learn to spin  
And take one step at a time  
Towards life...

Remember  
That only God answers our prayers  
And He is a source of life and grace  
So stand at his door and knock  
And trust in his love and have faith  
For only He can wipe your tears  
And hold your hands  
And bring you close  
And help you to take  
One step at a time  
Towards life...

Seema Chowdhury

# Only Compromises? ? ?

Is that true  
In life's queue  
We have to see  
Nothing free?  
For everything  
Is a moving thing  
That only stops  
For a final drop?  
And compromise  
Is only wise  
And always decline  
of wishes is fine  
I wish if all  
Answers fall  
In negative slot  
Of life's cot  
So I can hope  
And not mope  
And start once again  
To find path of fain.

Seema Chowdhury

## Only If I Was...

I would have flown very high  
To touch the nice shining blue sky  
And would have reached the bottom of the sea  
In search of joy for me and thee  
Only if I was a bird with wings  
I would wonder around and cheerfully sing

I would have played on the peak of hills  
with buds and bows and grass until  
I was tired enough to take some rest  
Between the glens in my flabby nest  
Only if I was a nightingale  
I would sing around the hills and dales

I would have walked inside the park  
To hug queen flower of dark  
And would have kissed the butterflies  
Who roam around before my eyes  
Only if I was a cuckoo of spring  
I would stay around the lilies ring

I would have built my dwelling place  
Beneath the palm among the pace  
And would have slept never to wake  
Where flowers sway beside the lake  
And only I could have done all these  
Of I was a sparrow of love and peace.

Seema Chowdhury

# Only One Chance

Only  
If one chance  
I can get  
To go back  
In the river of no return  
I'll undo things  
I've done  
And  
I'll erase everything  
That was pinned by me  
To  
Find happiness and satisfaction  
For myself....

Seema Chowdhury

# Only To God

Only to YOU I can talk  
When road of life is block  
Only in front of YOU I can cry  
When there is pain and sigh  
Because you are my Lord  
And my dear God  
For only you know what is true  
And what I am going through  
And what I wish today  
To get rid of troubles way  
because you are my Lord  
And my dear God.

Seema Chowdhury

# Open Ended Query

Life is an  
open ended query  
Where everyone  
Is in hurry  
To get the answers  
And reply  
Of their questions  
That do lie  
In their minds  
And in their lives  
In which they are  
Bound to survive  
But don't rush  
And know its true  
Life will answer  
Back to you  
So hang on and  
Wait for your turn  
In this life that is  
River of no return.

Seema Chowdhury



# Open New Doors

God please for me open the door  
In which I have never entered before  
And give me your faith to taste  
So I can say I feel great  
God please give me your hands to hold  
For right now I am feeling cold  
As cool breeze of mistrust and doubt  
Is leaning against my life's route  
I don't want to lose my hope  
Neither want to fall for mope  
I just wish to enter with faith  
In your kingdom so open your gate  
And give me one more chance to hold  
Your warm hands in this period so cold.

Seema howdhury

Seema Chowdhury

# Open Road

Life is an open road  
Where you've to carry load  
And live up here with mope  
Without options or any hope  
So donot feel lost in the stars  
Or away in darkness far  
Just try to somehow with fain  
Learn to repair your pain  
And find reasons to survive  
And live abetter life  
For this life is a shift  
And is a Giver's gift  
So do not let it go in waste  
Stick with hope like a paste  
And learn to carry load  
In this life's open road.

Seema Chowdhury

# Open Sunshine

Come out of darkness  
Into  
The open sunshine  
Where  
Each episode of depression  
Is  
Over hauled  
With  
The cool breeze of pleasure  
And  
A reason of hope  
In despair.

Seema Chowdhury

# Open The Door Of Happiness

Get up early in the morning  
And go out for a walk  
Then reach to joy's gate  
And with charm at there knock

Then open the door with love  
And enter in it with joy  
And find a pleasure's seat  
And sit there without coy

Then do what you want to do  
And work there for a while  
And spend your whole day  
With fain, delight and smile

And when night's curtain falls  
Then come out of this door  
And lock it with ease key  
With the hope of comfort and more.

Seema Chowdhury

# Open Window

Outside the open window  
There are  
Breeze and clouds  
Hot rays and sunshine  
Flowers and thorns  
Hills and plains  
Smiles and tears  
Spread everywhere  
Now  
It is what i see  
That counts-

Seema Chowdhury

# Opening Statement

Have a big smile on your face  
And start afresh  
Play your life like a game  
And celebrate it along the way

Gear up for new challenges  
By rediscovering the strength and faith  
And unfold new horizons  
To rejoice in simple pleasure

Instill fun and excitement into life  
And prepare yourself for real world challenges  
So when it is time to write the opening statement  
You can spotlight your abilities

Just keep hope within arm's reach  
And make sure you are on the right track  
Don't let doubts nag, linger or trap  
Keep things clear and fresh

Explore additional possibilities  
And when it is time to write  
Opening sentence of life  
Discover the depths of unseen and invisible

And learn to dodge  
Sorrow, misfortune and suffering  
And rediscover a new beginning  
To celebrate life along the way....

Seema Chowdhury

# Opportune Moments

Life is like a river of no return  
Where just once you get a turn  
To do what you want to do  
For anyone for whom your love is true  
For opportune moments exist very few  
In which you show you love them too  
So avail each moment that you get  
To show loved ones your love set  
That also includes kindness and care  
For someone who's special and dear.

Seema Chowdhury

Seema Chowdhury

# Optimistic Spirit

When your thoughts rolled troubled 'n grey  
And nothing comes in to help in your way  
Then with hope try to be calm  
As it heals your wounds as a balm  
And know that optimistic spirit is a magic  
That helps you out to overcome your tragic  
And give you pleasant surprise to share  
So you feel happy, contented 'n fair  
And know that all you need is a light  
A light of optimistic spirit very bright  
To brighten up your way and your day  
When troubled thoughts all rolled in grey.

Seema Chowdhury

Seema Chowdhury



# Ornaments Of Life

You came as a bliss  
From heaven above  
With joy and pleasure  
With care and love  
God has sent you to us  
As a source of mirth  
And you have filled  
With smiles this earth  
You're lovely dear,  
And a lovely darling, sweet heart  
You play an important role  
In our life's part  
You're a precious ornament  
And a rare gift of life  
And you're a blessing dear  
Under which we survive.

Love You Samia

Seema Chowdhury

## Other Side Of The Spectrum

I am standing on the other side of the spectrum  
Trying to analyze all that is happening  
And creating a new philosophy of being happy  
Where passion runs very deep and high  
And brings with it complete sense of fulfillment  
So I can learn to relate to my inner self  
And lighten my burden to find beauty  
Even in life's simplest things from inside out.....

I want to live with incredible sense of peace  
Where I can load and unload my inner strength  
And save myself from agony and distress  
And seize every opportunity to feel safe  
To lighten my burden and clear the path  
And shun things that frustrates and mingles  
So I can sit peacefully and celebrate being myself  
With the depth of my heart and soul from inside out....

Seema Chowdhury

# Other Side Of The Veil

I don't wish to uncover  
Neither  
I want to expose  
Or even see  
What is hidden  
Under the rosey veil  
For I do fear  
That life may be chilly and frigid  
If  
Its seen from  
The  
Otherside  
Of the veil...

Seema Chowdhury

Seema Chowdhury

# Others Look To You

When other look to you  
For help and for love  
Then give them share of  
These gifts in hard curve

And know that everything  
That is given to us  
Is a part of God's love  
And a string of his trust

So help others whenever  
They look to you in need  
And show them your love  
And the kindness deed.

Seema Chowdhury

# Our 1st Anniversary

A marriage is a special  
And a rare bond  
That brings two people  
Very close in the pond  
In the pond of joy  
Love, care and smile  
That goes a long way  
Very far away miles  
And today I'm happy  
And proud to tell its true  
That on our 1st anniversary  
I'm thinking about you  
And all other nice times  
And things that we have shared  
that always showed me  
How much you really cared.

Seema Chowdhury

# Our Generous God

When troubles come in our way  
We feel very down, blue and grey  
And think God wants to keep us away  
That is why he is sending trouble's today

But this is not right and one more thing  
we usually forget that is life's ring  
Happiness is only the interval between  
The phases of troubles that're extreme

So in such a time we must not cry  
And bravely should face and try  
To overcome our pains with smiles  
And hold strongly this bar for a while

Because God knows we are his own  
So all our agonies to him are known  
He just tests us for a little while  
Then reward us in his own style

And we must always keep in mind  
That God who is caring and kind  
Put us in test to give his reward  
Because he is our generous God

So we must not mope in a time like this  
Or else this gold opportunity will be missed  
When we can talk with God in prayers  
And he bestow his blessings to show his care

Because god wants us to search the code  
A code that cn lead us to the happiness road  
Where we can overcome our pain with smile  
And hold strongly trouble's bar for a while

So when trouble comes in our way  
We shouldn't feel down, blue or gray  
And should know that God will give us reward  
Because he is our generous God.

Seema Chowdhury

# Our Song Of Friendship

Thanks for your friendship and love  
Thanks for your care all above  
Thanks for sharing my smiles and tries  
And thanks for wiping tears when I cry

You are my best friend for life  
We hold our hands and try to survive  
All good and bad days of sigh  
For we're bound in a beautiful tie

I wish and hope the best for you  
You mean the world for me and that's true  
The world that we have built together  
With purity and patience and peace feather

I hope we always respect and love  
Each other's views and feelings all above  
And understand and appreciate what we do  
For each other to show that our love is true

I hope we can happily fulfill our dreams  
And moisten our lives with happiness cream  
And always be there to sing our song  
Of love and care and for friendship long

I enjoy our sweet whispers and smiles  
I enjoy when we share long walk for miles  
And pray to God to protect us dear  
With never ending shade of love and care.

Love you tons Sunny, Happy Valentine's Day

'When I tell you I love you, I don't say it out of habit,  
I say it to remind you that, You are the best thing  
That ever happened to me' Anonymous

Seema Chowdhury



# Out Of The Blue

Out of the dark  
Out of the blue  
I saw you  
And had a view  
Of a sincere friend  
Who is dear  
Who shows in her way  
That she cares  
And that is why  
I feel very good  
To have you dear  
In life's trouble's hood  
On whom I can depend  
In a fall or in blue  
Who'll not let me down  
And will show a brighter view.

Seema Chowdhury

Seema Chowdhury

# Out Of The Middle

We are all given  
The lower and upper limits  
To create our own patterns of life  
So always choose bright and cheerful colors  
And learn to smile through your tears  
And write happiness in bold letters  
So when you're deeply hurt  
Or if you feel lost and alone  
Then you can withdraw and retreat  
In your own world  
Till you gain strength  
To unlock the gate of happiness  
To find answers of your lost questions

Just don't give up  
Open the door of hope  
And shut pain behind you  
So you can step out  
Into sunshine to begin anew  
Perk up your sagging spirit  
Renew your hope  
So you can once again draw  
The lower and the upper limits of your life  
And create your own unique pattern.....

Seema Chowdhury

# Outlook Of Life

Life has many twists and turns  
And it is difficult at times  
When we only see broken paths  
And gray sky above us  
With no silver linings  
And the clouds of doubt are deep  
And everything looks dull  
At that moment...

Just be brave  
And take a leap of faith  
And change your outlook of life  
For life is a game of chance  
So give it a try  
To dream and discover...

And learn to canoe your boat  
In the midst of the storm  
So you can learn  
To believe in yourself  
And your achievements  
And above all  
Your most courageous decision  
To change your outlook of life...

Seema Chowdhury

# Outside World

Connect yourself  
With the outside world  
And take time to be quiet  
Where  
You can learn to redefine  
Your concept  
And  
Your expectations  
And  
Try to build a world around you  
Without problem and pain  
And  
Trust yourself  
To reduce your stress  
And  
Breathe love out into the world  
And remember  
In times of crisis  
Don't let fear of striking out  
Hold you back  
Just let go  
Of negative ideas and feelings  
And move forward  
Towards TODAY  
And search deep  
In the layers of life  
For a moment  
That is filled with  
YES and POSSIBILITIES  
And then only you'll learn  
To give voice  
To your dreams  
Vision  
Idea  
And  
Thoughts.....

Seema Chowdhury

# Own Reflection

Sometimes I feel Stuck  
In the  
Whirlwind of life  
Trapped inside  
A huge  
And an ugly twister  
Where pitch black  
And dull greys  
Are throwing colors  
On the barely visible exit  
And then  
It takes me deeper  
Into the world of  
Wildest  
And fascinated  
Imaginations  
where  
Its hard to recognize  
Even my own reflection-

Seema Chowdhury

# Own Rhyme

March to your own rhyme  
In this world's frenzy time  
And look for your turn  
From this world to return  
For life is very small  
With full of rise and fall  
Where nothing comes to an end  
Without cracks at the bends  
Because end of one thing  
Is a start of another ring  
Where one by one we go  
And attend our part of the show  
And then when time is up  
And no drop is left in the cup  
In the cup of our life  
Where we all survive  
Then we have to leave it all  
To say bye to this world small  
And go forever to sleep  
In the peaceful sleep very deep.

Seema Chowdhury

# Paddle My Own Canoe

I fondly recall the moments  
I've spent with you Sunny  
For you are the love of my life  
Who's sweeter than honey

You've shown me the brighter side  
Of everything in this life  
You're the main reason dear  
From whom I've learnt to survive

You have taught me to paddle  
My own canoe in storm or calm  
From you I've learnt my dear  
How to put on hurts, love's balm

You're full of life and energy  
And I love to recall my honey  
All the nice times we've spent together  
For you're my dearest friend Sunny.

Seema Chowdhury

# Painful Affairs Of Life

Lower the walls  
That you have built around you  
And  
Don't shut other people  
Out of your life  
Or else  
You'll be left alone  
To face bitterness  
And painful affairs of life  
Single handed  
That will  
Ultimately break you.....

Seema Chowdhury



# Painful Blame

Nothing to me now looks the same  
Or may be because I don't know the game  
The game that all of us play  
By making castles in the clay  
That never ever my dear survive  
And this is what is known as life  
The life where I never see  
Anything from painful realities free  
Realities like the measureless thorns  
That in our lives are born  
With the birth of this life's game  
That usually ends on a painful blame.

Seema Chowdhury

# Painful Sound

I wish  
If today's sunset  
Can subside  
And can put an end  
To these painful sounds  
Of wailing  
And mourn.....

For it is  
The calculus of  
Reward and punishment  
In this world  
That we all face  
Day by day.....

Only if we learn  
To see  
That life is NOW  
Then we'll be able to  
Search  
For the exciting reasons  
To LIVE  
And  
Make plans for HOPE.....

Seema Chowdhury

# Pain's Bite

When dawn was old  
And days were light  
When dusk was crying  
And not shining bright  
When sky was sad  
With no pleasure's delight  
And stars were twinkling  
With fear and fright  
When trees were moving  
To and fro in white  
And everything was down  
Not cheerful or right  
Then I thought of you  
And missed your love's light  
And wished you fain  
For your days and nights  
Because you were away  
Absorbed in work tight  
And you could not hear  
My cries of pain's bite.

Missing you sunny

Seema Chowdhury

# Pain's Tart

There are no edges  
In quiet days and night  
There are no curves  
In troubles that are white  
Because they begin  
With a late start  
And end in distress  
Full of pain's tart  
So don't keep hopes  
That are very high  
Or else you will fall  
From hope's sky very high.

Seema Chowdhury

# Paint Our Lives

I want to paint our lives  
With rich colors  
And fill it with fragrance  
Of fresh Spring and Summer  
And enrich our faith's journey  
As days turn into weeks  
And weeks into months...

I wish to have a rewarding life  
Where we can walk the high road  
In the light of hope and love  
Where we can be satisfied  
And can give a speech of hope  
After heaving our burdens  
Onto the overhead rack of life...

I wish to withstand the journey  
In times of joy and sorrow  
And rejoice with us  
In the moments of celebration  
On the winding roads of life...

I hope as our wings of faith become stronger  
We can make vivid memories  
In this passing world  
And share the sound track of our lives  
With a new burst of energy and sunshine...

Seema Chowdhury

# Paint With Words

Kindness is a word  
With which we can hue  
The days and the nights  
Of the life view  
And can spread love  
And care for all  
Even if its a tiny  
Or an act small  
So avail this little chance  
That has come in your day  
And with an act of kindness  
Paint with words the way  
The way of our lives  
Where we have to survive  
And colour with bright colours  
The pathway of this life.

Seema Chowdhury

Seema Chowdhury

# Palace Of Clouds

In the palace of clouds  
Where there are doubts  
Among them I stay  
From day to day  
Where I cannot lift  
Or can ever shift  
Anything from its place  
For they are fixed in pace  
i wish to come out  
From this palace of cloud  
And live under the sun  
before my life is done.

Seema Chowdhury

# Paralyzed Life

Paralyzed by fears  
Drinking doubt's beer  
With hazards unseen  
And people all mean  
Myself I saw  
Stuck in the law  
Of the paralyzed life  
Where I survive  
Where down the road  
Only trouble's load  
Is waiting all sick  
For me to pick  
And dazed silence  
And pain's violence  
Are spread over all  
On empty ways of hall  
That is known as life  
Where I'm bound to survive.

Seema Chowdhury



# Parents Loving View

When you feel down hearted  
In life's rack  
When you need a hearty pat  
On your back  
When you need a loving  
Shoulders to cry  
And you feel tired of  
Again and again try  
Then turn around and hear  
To your parents loving view  
Who always with a smile  
Says we love you.

Seema Chowdhury

Seema Chowdhury

## Part Of Life

You are a special part of my life  
Without which I feel incomplete to survive  
For you gave me a reason to think  
That now we're bound in a special link  
That is connected with a special chain  
Of love and affection and care and pain  
And that's why you're a part of me  
Without whom I can never be  
Called a person who is complete  
Because for me you're a special treat.

Seema Chowdhury

Seema Chowdhury

# Part Of You

Make an honest smile  
A part of you  
And always with others  
Be nice and true  
For a smile really works  
As a healing balm  
Which soothes all the pain  
And makes everyone calm  
So always be ready  
To give away a smile  
To anyone wondering  
In pain for a while  
So you can be  
Happy in your heart  
And can have a reason  
To learn this art.

Seema Chowdhury

Seema Chowdhury

# Participate In Life

Don't stack up problems or dwell on them  
Learn to deal and move on  
For life constantly throws curve balls...  
Don't get lost in it  
Build a fulfilling life  
And get back in touch  
With your inner self and strength

Review, relearn and rebuilt  
Foundation for happiness  
And invest in yourself  
To learn to get through a rough path  
And create new things in life...

Move through fear, anxiety and emotional blocks  
And don't get blown away or thrown off the track  
Just know yourself  
And change your thoughts  
And follow the direction of the wind...

This will increase joy in your world  
And look for opportunity to do so  
And participate in life...

Seema Chowdhury

# Pass It On

If life has taught you  
A thing or two  
Then let it be shown  
To others too  
For all small things  
That you get in life  
Teaches you few more  
Art to survive  
So live and learn  
And pass it on  
And try to show  
Others bright morn.

Seema Chowdhury

# Pass Life's Test

when everything seems  
Grey, dull and blue  
And you don't see  
Any hope's hue

Then try to burn  
The candle unlight  
And look and wish  
For hope's sight

And know soon will  
End despair  
That will wipe  
Your flowing tears

And then this will  
Be for the best  
And you will learn  
To pass life's test.

Seema Chowdhury

# Pass On Kindness

Give kindness to all to show them you love  
And tell them that kindness is a symbol of dove  
Then Lord will send his blessings and love  
Especially for you from heaven above

For kindness is a language that a blind eye can see  
It unlocks every heart and works as a key  
So you don't need to open your eyes to see  
As this gift is for everyone like you and me

And kindness is a song that a deaf ear can hear  
No matter wherever they are either here or there  
And anyone in need has a right to hear  
A few words of sympathy to know others care

So kindness given is always returned to you  
believe me dear because that's really true  
So once its given don't keep it just for you  
Pass it along because that's the best thing to do.

Seema Chowdhury

# Pass Or Fail

Develop better understanding of life  
And learn to hang on  
Through challenges and tests  
For life is  
A limitless space  
Of values and possibilities  
Where  
Everyone has to take  
Enumerous tests  
One after another....  
So don't think  
what will happen  
In the end  
For only God Almighty will decide  
Whether you've passed or failed? ? ?  
Just hang in there  
With your heads held high  
And listen carefully  
For the echoes of life.....

Seema Chowdhury



# Passport Of Happiness

Weave the magic  
Of delicate words  
That hold  
A fantastic power  
To issue  
The passport of happiness  
To The sparkling world,  
Where you can have  
The best things in life  
To conquer  
Most of your troubles.

Seema Chowdhury

Seema Chowdhury

# Patch Things Up

Put smile's soothing balm  
That can make you calm

And can take your pain  
Joyfully from your life's lane

For pain is like the cloud  
That covers your life with doubt

And blures your clear view  
And fade away life's hue

Where no one else but thee  
Can make yourself feel free

And can hide your sigh and pain  
Under the smile of fain

That can patch things up with joy  
So in your life you can always enjoy.

Seema Chowdhury

Seema Chowdhury

# Pathway To Freedom

Do not point out  
At the weirdness of the world  
Or about all the things  
That you feel uncomfortable about  
Hold life's problems in the air  
And let the wind take it  
Away from you.....

Think about the world in a different way  
And recognize the message  
That the world is trying to send  
Just get a grip of yourself  
And pull yourself together  
And awakened from your trance  
To see what is emerging out  
Of the blur of the world.....

Stop asking questions  
Simply ride along  
And put interesting things  
In life's sack along the way  
To reach the pathway of freedom  
Where wheel of life will move again  
To fill the empty space  
With happy events and serenity.....

Seema Chowdhury

# Pause A Moment

Pause a moment  
In your busy life  
And see what life  
Has to offer in this drive

And wish that never  
The shadow of pain  
Touch you ever  
To stop your gain

For life has pretty  
And splendid sights  
You just need to follow  
The bright light

Of happiness that is hidden  
Behind the silver clouds  
Where fog and mist  
Can also create doubts

Just remember my dear  
That life is a beautiful gift  
That has so much to offer  
To give a powerful lift

To your soul and heart  
And show you how to enjoy  
This pretty life's sight  
And absorb in its joy

And pause a beautiful moment  
Of your precious life  
And learn how to chase  
Happiness hue that survive.

\*Dedicated to my husband, Sunny\*

Seema Chowdhury

# Pave The Way

Pave the way for a wish come true  
And then hope for the best for you  
And pray from God to show you dear  
All nice things which bring you cheer  
The wonders and the beauties of God  
That he has made as he is the Lord  
Because many good things do survive  
Which can add a sunshine to your life  
So pave the way for a wish come true  
And then hope for the best for you.

Seema Chowdhury

# Peace Land

Cultivate your own garden of peace  
Where nice and mild cool breeze  
Blow upon the flowers of hope  
And take away your distress and mope

Where abundance of grass that is green  
With a smiling face is always seen  
that helps the cute bud to bloom  
To take away all this world's gloom

And turn on the lights of love  
That is reflecting from heaven above  
Which takes every one to the beam  
Of joy and hope of the vivid dream

And there always try to spend  
Your time when you feel a little bend  
And water it daily with sunshine  
And call it a peace land of thee and mine.

Seema Chowdhury

# Peace Of Mind

I don't find any where  
Peace of mind my dear  
For everyone seems busy now  
In fighting for WHY or HOW  
I wish if I can sleep  
In the lap of groud very deep  
Forever to find some peace  
Where all my troubles could cease  
Because I know never  
I will find on earth ever  
Even a glimpse of it  
To take away my trouble's kit.

Seema Chowdhury

# Peep Through Life's Mist

As light snow falls on the ground  
And sun hides behind the lazy cloud  
Be optimistic and peep through the mist  
To clear your pending fears and doubt

Replace bad memories with good ones  
So you can live with positive attitude dear  
For darkness of the night will disappear  
If you open life's door and let in cheer

Don't give up or cowardly hide  
For life is tearful but certainly brief  
So make headway and revisit your past  
And travel all stages of joy and grief

And as evening falls over the ground  
Greet your life with hope's open arms  
To prepare yourself to act and play smart  
This game of life to block pain and harm

So you can reach your destination dear  
Crossing complex conditions of everyday  
To find answers of pending questions  
Peeping bravely through life's misty way

Take a leap of faith and trust in God  
Who has power over everything  
Who will hold you close in His heart  
To end your existing suffering ring

And will show you miracles and wonders  
To purify your soul and set heart's rhyme  
Holding His hands and walking with faith  
To find all answer in the wastness of time.

Seema Chowdhury



# People With Limited View

When people say bad things about you  
Then neither feel bad, nor feel blue  
Because they are people with limited view  
Who don't have anything else to do

Its because they have never been happy in their lives  
So they don't want others to joyly survive  
So its better instead of listening to them  
And sewing your life with trouble's hem

You don't care about blocked roads in your way  
And keep on moving where happiness breeze sway  
Because they are people with limited view  
Who don't have anything else to do

As I know very well the only thing you gain  
From this messed up world is distress and pain  
Where label of friends easily changes to foe  
Its just the matter of time as you know

So don't waste your precious and rare time  
In listening to the torturous words of lime  
Becaus ethese people have limited view  
Who don't have anything else to do.

Seema Chowdhury

# Perfect Day

When you feel joy all around  
Is making the noise on the ground  
And making everything appear bright  
With the shine of happiness light  
Then know that it is in your way  
A gift of God of a perfect day  
And when sun shines very high  
And spreads joy on the sky  
And tiny creatures known as birds  
Singing tune of pleasure's word  
Then know that it is in your way  
A gift of God of a perfect day  
And when night falls its curtain down  
And still looks glorious the town  
Where everyone is smiling with peace  
And these troubles seems to cease  
Then know that it is in your way  
A gift of God of a perfect day.

Seema Chowdhury

# Perfect Friend

When I look at you  
I know its true  
That if I feel sad  
or a little bad  
I can turn to you  
For a sympathetic view

And can have a helping hand  
Because you understand  
And that is only why  
When I win my try  
I always turn to you  
For an appreciative view

Because on God's earth  
Among things that are worth  
You are one of them  
Who is a precious gem  
With whom I don't pretend  
For you are a perfect friend.

Happy Friendship Day! ! !

Seema Chowdhury

# Perfect World

Perfect people to live with  
Perfect world to live in  
Is what everyone wishes  
To stay in happiness bin  
Where everyone can enjoy  
And knows how to share  
Life's all good and bad  
Life's all smile and tears  
Where everyone knows the rule  
To take part and play  
The game of life my dear  
That comes in everyone's way  
Where we can proudly survive  
And call it with the pride  
A perfect world to live in  
Where happiness path is wide.

Seema Chowdhury

# Permenantly Imprinted

Your image and your sketches of love  
had permenantly imprinted in my heart  
Which works as a positive inspiration  
For my day to get a start

For your smiles and your loving ways  
Taught me how to deal  
With troubles of my life dear  
And inside then great I feel

Because you have touched with care  
My whole life's flowing days  
And that's why I have printed your  
Sketches in my heart's way.

Seema Chowdhury

# Pessimist Imagination

Don't let  
Pessimist imagination  
To ruin your life  
And your thoughts  
Or else  
You'll be left alone-  
To dwell  
In darkness forever  
Where  
You'll be robbed of time  
And left alone to solve  
The puzzled queries....

Seema Chowdhury

Seema Chowdhury

# Picture Of Events

Let picture of events  
Show us life's rhyme  
Let past, present, future  
Flow in its time

Let it come in line  
For time doesn't repeat  
And its a constant battle  
That no one can ever defeat

So don't ever walk against  
Tidal waves of life  
For then you'll never be  
Able in it to survive

So let picture of events  
Show is life's rhyme  
And let past, present, future  
Flow in its time.

Seema Chowdhury

# Pillar Of Strength

Lightning  
Furious wind  
Thunder  
And whirlwind  
Will all come in your life...  
But  
Don't let you tremble...  
Be strong and determined  
And be the pillar of strength

And live the life you dream  
And turn your fears into faith  
And then you'll see  
When you can't stop the waves  
You can at least  
Let yourself  
Learn to surf  
To survive....

And don't let cold and bitter wind  
To stop your smooth flow  
From meeting an exciting adventure ahead  
Just be the pillar of strength  
And shed all your insecurities  
And limitations  
Of life.....

Seema Chowdhury



# Pillars Of The World

Its a small world  
For  
It is standing on  
The pillars of  
Hope and mope  
Smile and tears  
Pleasures and pain  
And  
Joy and troubles  
And nothing more  
Or  
Nothing less-

Seema Chowdhury

# Pits Of Depression

Don't fall  
Into the pits of depression  
Where  
The fits of rage, hurt and pain  
Will drive you  
Over the bridge  
And  
Will leave you behind  
With a painful face  
Broken...  
With grief Anger  
And A nagging pain...

Seema Chowdhury

Seema Chowdhury

# Play Along

You won't win  
If you won't play  
And free yourself  
From worries and burdens  
And plan ahead  
And bravely play your turn...

For life is not at all  
What you think  
It is what it is  
So keep on searching  
Till you find your own rhyme  
And know that you won't win  
If you won't play....

So recognize the reality  
And create momentum  
And anchor in your belief  
To identify your strength  
For you won't win  
If you won't play.....

And learn to paddle your own canoe  
To survive in life  
And know that life is a brief examination  
Under trying conditions  
Where you can't win  
If you don't play.....

Seema Chowdhury

# Play Of Colors

Life is just  
Color's play  
Where dear  
You may  
Get chances  
To prove worth  
Of your presence  
On this earth  
So always pick  
And try best  
To choose colors  
That won't rust  
And then you  
Play with them  
And make dear  
Worthwhile gems  
Because only one  
chance you'll get  
To fill this world  
With happiness set.

Seema Chowdhury

# Play Of Life

Life is a play of fire and ice  
Where you have to play twice  
For everything that you do or say  
For this is the rule of life's way

where emotions are colourless and shy  
And twists of fate makes you cry  
And terrible are the acts and deeds  
Of everyone when you're in need

Where remorse and regrets are lying down  
In every street of your life's town  
And no one has time to share  
Your pain and agony and your tear

so that is why its better to leave  
This place that is full of dole and grief.

Seema Chowdhury

# Play The Piano Of Life

If you have any questions, God surely will have the reply  
Hold on to patience and faith, you will get answers of the Why

Prepare yourself for road blocks and difficult days ahead  
Do not give up or be afraid, just calmly and firmly tread

Ask yourself hard questions and have gift of trust and hope  
Then life will unfold smoothly and will broaden your scope

Embrace your fears and feelings and play the piano of life  
Paint a beautiful picture and decorate a glamorous life

Find the positive and focus on things those really matter  
And with laughter and joy you can re-enter without clatter

Know that subtle and tender emotions will appear everyday  
To teach us how to balance and smoothen our life's pathway

So shake the naggy feelings and fill emptiness with joy  
And hold on to patience and faith to save you from destroy

So you can calmly sit and Play the piano of life  
And paint a blessed picture of a glamorous life.

Seema Chowdhury

# Play To Win

Always have determination  
And  
Enthusiasm  
In life  
And keep this in mind  
That you have to  
Play to win  
One way or another  
And you must learn to  
Pursue happiness  
And believe in miracles  
For that is when you will  
Grow and change  
And  
Then go out  
And conquer the world.....

Seema Chowdhury

# Play With Time

Don't let your hopes to scatter  
Let life take a turn for the better  
And learn to play with the time  
And sing with life its in coming rhyme  
For time and tide wait for none  
They just do what has to be done  
And leave behind all who stop 'n rest  
And feel upset to take this test  
So don't think of what you can never arrange  
And the bad things that can never change  
Just don't let your hopes to scatter  
And let life take a turn for the better.

Seema Chowdhury

Seema Chowdhury



# Pleasant Smile

Tears are the thorns  
That grows in the ground  
In everyone's life  
And in it all around  
So accept it all  
With a pleasant smile  
And look for joy  
In it in trials  
And try to make  
Things better dear  
By bringing to all  
Happiness 'n cheer  
Because smile is  
Known as a flower  
That grows happiness  
As it has this power.

Seema Chowdhury

Seema Chowdhury

# Please God

God please give me  
Those eyes to see  
What can i do  
To see a brighter view

Because trouble's cloud  
Is creating doubt  
And is leaving me alone  
In the distress zone

So God please take away  
Troubles from my way  
And let me take rest  
In the middle of agony's test

Because I'm feeling fade  
And I need your loving shade  
Where I can sit for a while  
And forget about this world's trial.

Seema Chowdhury

# Pleasant Taste

Pleasant taste of remembrance  
Brings me so much delight  
For world around starts looking  
So fair, so nice and bright

That everywhere I see joy  
And unaccountable pleasure  
That's surely a great source  
Of the happiness treasure

For it's nice to think of those  
Who love us and they care  
And in their own nice way  
They always with us share

Everything that we have  
All our joys and sighs  
And all our life's new gains  
And all our smiles and cries.

Seema Chowdhury

# Pleasure

It's a feeling that brings pleasure  
It's a feeling that causes happiness  
That is why I think it is  
A gift of God and a bliss  
For it shows warmth and love  
For those for whom we care  
And those who are really  
Very close and our dear  
It's a thing that brings pleasure  
And lots of warmth and cheer  
And gives us chance to show  
Our loved ones love and care  
And I think nothing can  
Be equal to this pleasure  
That God has given to us  
To enjoy in the leisure.

Seema Chowdhury

# Pleasure Of Past

A new way of thinking  
And good look at life  
Can make you happy  
And help you to survive  
From all bad things  
That comes in the way  
Of everyone's life  
Day after day  
So when you think  
Things for you  
Looks little glad  
then close your eyes  
And think in mind  
Of beauties things  
And try to rewind  
Pleasures of past  
That was given to you  
With joy and fun  
And happiness true  
And then very soon  
Bad things will go away  
And nice things will  
Fill your view and day.

Seema Chowdhury

# Plenty Of Affection

Plenty of affection  
Is sent your way  
Because my dear  
It is special today

As someone nice  
And extra rare  
Was sent to this Earth  
With the gift of care

I wish you joy  
And tons of pleasure  
With a huge gift  
Of the smile's treasure

And hope to see  
You with fun  
Before your day  
Is through and done.

Happy Birthday sarah dear

Seema Chowdhury

# Plenty Of Excitement

Life carries  
Plenty of excitement  
Only and only  
If one knows  
How to walk in it  
And  
How to cover  
The pace of troubles  
With  
Hope  
And  
Courage  
Without  
Any complains...

Seema Chowdhury

Seema Chowdhury

# Plot Future Victories

Plot future victories  
In a way  
so bright can be  
All your days  
And you can achieve  
All you need  
Blooming with the  
Success seed  
I wish good luck  
All for you  
And hope you see'Sunshine hue  
So each new day  
Begins on fun  
And bring tons of joy  
Before the day is done.

Seema Chowdhury



# Pool Of Tears

The pool of tears  
Is filled with  
The wail of woes  
The complains of the past  
The sag of sadness  
The sob of obstacles  
The wave of anger  
And  
The tangled weeds  
And  
Behind this mask of clouds  
It's only  
Worst fears of pain and despair  
And  
Double trouble.....

Seema Chowdhury

# Poor Girls

When girls use the words 'our life's aim'  
It sounds very silly and part of a kid's game  
Because what they want is hard to achieve  
In this world that can't stand on their belief

So its better they shouldn't waste their time  
In searching for the future in this world's rhyme  
That doesn't want to listen to what girls have to say  
Or won't give them a chance so they can purely lay

The stone to build their path to walk  
Where they can freely roam and talk  
And can tell that today they achieved at last  
What they dreamed for themselves in their past

But guess its all not possible to gain  
Specailly if it comes under the word of aim  
Because girls are unlucky that they always get  
their dark futures packed in the trouble's net

And then very proudly they are given away  
As this is the need of this world today  
Because what they want is hard to achieve  
In this world taht can't stand on their belief.

Seema Chowdhury

# Positive Frame Of Mind

Be good to yourself  
Be patient and kind  
And always remember  
And keep this in mind  
That life will never  
Give you any time  
To sing joy's song  
In life's rhyme  
If you'll not learn  
To handle with care  
Yourself gently  
Without any fear  
So just be yourself  
And a little more kind  
And know to live happily  
Have a positive frame of mind.

Seema Chowdhury

Seema Chowdhury

# Positive Planning

Plan your day  
With care in the way  
And use the words  
To clear the curds  
That blocks the view  
And makes you blue  
And know in gloom  
Will surely bloom  
A flower of hope  
To take away mope  
And make you glad  
By changing all bad.

Seema Chowdhury

Seema Chowdhury

# Positive Things

Discover all the positive things  
Life has in store for you  
And move forward  
To discover who you are  
And fill your moments  
With YES and POSSIBILITIES

Don't sit down with negative thoughts  
Or bow to negative circumstance  
Decide your future  
And don't give up

Learn to stand up  
To your ideas and dreams  
And when you fall  
Try to bounce back  
And  
Renew your spirit  
And grab the moment  
And prove your worth.....

Seema Chowdhury

# Positive Thinking

Keep a positive thinking and know in life  
Sweet and bitter both things do survive  
So we must not lose hope in the test  
Then God will surely give us the best

So don't let a gray or a blue mood prevail  
Make best use of time and avail  
The nice opportunity that is given to you  
To see this painted world of hues

So in life if ever in your pace  
You see troubles standing face to face  
Then don't lose hope or ever sigh  
Just cling on to hope and try

To smile and then strongly stand  
In front of troubles and understand  
That joy and sorrow are the things  
That both come to us in life's ring

So its better to face them with smile  
And walk steadily for a while  
And keep positive thinking and know in life  
Sweetness and bitterness both survive.

Seema Chowdhury

# Positive Vibration

Whisper the tune  
Of joy and faith  
Softly to you  
And then feel great  
And let the words  
Be absorbed in mind  
with the thoughts of joy  
That are all kind  
For this is a positive  
Vibration my dear  
That can take you  
To the door of cheer.

Seema Chowdhury

# Pour Balm On Wounds

Pour balm  
of kind words  
On your injured wounds  
And don't let  
Anything  
To come in its way  
For life is very cruel  
And it never  
Gives you a chance  
To receive  
Something good  
In return  
Of your  
Good and thoughtful deeds.....

Seema Chowdhury



# Pour Love

Pour the balm of love  
In all you do  
So the outcome is full of  
Affection  
Feelings  
Tenderness  
Fondness  
Liking  
And  
Charm.....  
For these are the real pearls  
That decorates our lives  
With  
The buds of  
Happiness  
And  
Joy.....

Seema Chowdhury

# Power Is Unlimited

When you feel grey and blue  
Then go to the Lord's door  
To offer your prayers  
And  
For divine services  
Because  
The power of prayers is unlimited  
That has a magical strength  
To  
Bring back from heaven  
A gift of  
Hope and faith  
To  
Banish the miseries  
And clear the clouds of mope and sigh.....

Only thing that you need is  
Sincere words and prayers.....  
And an open heart  
To accept it all.....

Seema Chowdhury

# Power Of A Kind Word

A kind word possess  
A great big power  
For it can help  
All in trouble's hour  
And sooth all our  
Troubled heart and mind  
And let us enjoy  
The joy of words kind  
Sp always try your best  
To say something nice  
To anyone who's suffering  
And need a word of advice.

Seema Chowdhury

# Power Of A Shared Laugh

Change things in your life  
And the world around you that survive  
And search within for the strength to try  
And save your soul from pang's cry

Just know the power of a shared laugh  
It surely divides your burden in half  
And gives you a fresh chance to enjoy  
All life's happiness and endless joy

And know that magical encounter of a smile  
Will help you to cover infinite miles  
The infinite miles of childhood dreams  
That is as soft as a healing cream

And this is an enlightening journey for you  
That you can surely enjoy its hue  
And discover the power of a smile  
That will help you to cover infinite miles

And take you deep down in the day  
Where you'll enjoy in every way  
And will change things in your life  
And the world around you that survive.

Seema Chowdhury

# Power Of Magic

Improve your life  
By creating perspective  
New and fresh-

Jump at the chance  
Of investing your time  
Creating answers-

And know that  
The fuel of motivation  
Comes from a generous soul-

So turn your thoughts  
To the beautiful symphony  
And sing a meaningful song-

And know that  
When the rhythm of life rocks  
Fill your life with hope-

Just listen to the whisper  
of your heart  
And believe in the power of magic-

For there is no magic  
More powerful than  
Than magic of believing in yourself-

Seema Chowdhury

# Power Of The Light Of God

God bless us with the power  
Show us the Strength's tower  
Where we can go and bring  
Light of joy and Spring

God help us to find peace  
And in our life cease  
Waves of pain and sigh  
When we feel sad and cry

God cleanse our soul and heart  
Show us a brand new start  
Where tender love and care  
Help us to mend and share

All our dreams and hope  
To wipe timeless tears of mope  
So we can live in present time  
And sing soft and tender rhyme

God help us to approach life  
And learn to satisfactorily survive  
So we can soak our soul in light  
That is glorious and Purily bright

Where we can go and bring  
Miracles of your joy and Spring  
To absorb in the light of Gracious God  
And humbly bow in front of the Lord.

Seema Chowdhury

# Power Of Thinking

Our thought determine our responses to life  
And that's when we set rules to survive  
And know that a person can never be alone  
If he is accompanied with thoughts that are known

Because power of thought is the magic of mind  
That tells us how and where we can find  
Nice things and plans on whom we can act  
That teaches us further new things infact

And another thing that plays an important part  
Is the noble thoughts that comes from the heart  
That tell us the different of wrong and right  
And show us life's dull and bright sight

And tell us nothing is good or bad  
Neither any sight is sad or glad  
It all depends on powerful act of mind  
And on wonderful magic that we all must find.

Seema Chowdhury

# Power To Enjoy Life

Create the power inside you  
To enjoy life and its hue  
And try to always stay glad  
And happy inside to change bad  
And try to view the brighter side  
Of life as its area is wide  
And learn to hide for a while  
Your aches 'n pain under a smile  
Because when you feel bad  
Then no way seems for you glad  
And then you cannot enjoy  
Life's spread out fun 'n joy.

Seema Chowdhury

Seema Chowdhury



# Powerful Act Of Prayers

When you silently go and quietly knock  
On the door of God and there you talk  
And tell Him all that is bothering you  
That's making you feel crazy and blue

And beg Him to help you now  
As He knows what, where or how  
And you know that only and only He  
Can help you when things are going dim

For when you are not feeling bright  
And things are not going right  
then only thing that can bring you life  
And share your sufferings pile that survive

Is the strong and powerful act of prayers  
Where you express your hopes that are rare  
In front of the Gracious Lord  
Who answers you back in the form of reward

Because that is when you earnestly plea  
And request your Lord to kindly see  
And show you the path of hope in His door  
And give you His love, blessings and more.

Seema Chowdhury

# Powerful Weapon

A smile is a powerful weapon  
That surely make things happen

So try to use it with care  
For its a gift that is rare

For smile works as a balm  
To soothen our troubles and calm

The troubles of our life  
With which we are bound to survive

So try to learn this art  
For it makes you happy in heart

Because it is a powerful weapon  
That make good things happen.

Seema Chowdhury

# Powerful Weapon In Life

Free your soul  
From the shackles  
Of  
Resentment  
Insecurity  
Mistrust  
Doubt  
Fear  
And  
Uncertainty  
And listen carefully  
To every encouraging word  
And enrich your thoughts  
And your desires  
And find the answers  
To all your questions  
And stay positive  
And always follow your dream  
For it is a powerful weapon  
That you have  
And  
Take a big step  
To expand  
The field of your happiness  
And gaze skyward  
And put your life  
In perspective  
And fill it with  
Blue serenity of the sky  
Crazy colors of the spring  
And  
Charming green of the earth...

Seema Chowdhury  
17th Aug,2009

Seema Chowdhury

# Pray

God give me the courage  
To pray with faith  
And be thankful to God  
For you're really great  
For you always give  
Your hands to hold  
And you give courage  
To me to be bold  
So please God today  
listen to my voice  
And give me your love  
So I can rejoice.

Seema Chowdhury

# Pray For A Fantastic Miracle

If things are down in life's row  
Then take them all nice and slow  
And ask God for you to show  
A fabulous and fantastic miracle so

You can save yourself from destroy  
And know that world is God's toy  
Who can spread in it smile and joy  
And can take away from you coy

So you can learn in life's crust  
If you are stuck in pain's rust  
And see everywhere the flying dust  
Then only on Almighty God you trust

Because no one else but God dear  
Has the power to bring you cheer  
And show him miracle that's rare  
And bestow his bliss that you asked in prayers.

Seema Chowdhury

# Pray For A Miracle

When your mind is swimming with petty worries  
And there are thousands of unanswered queries

Then don't lose sight of your hopes  
But try with courage to overcome mope

And pray to God and ask Him  
To show you His miracle with a vim

And then have eyes to perceive it  
In life's trials and in hurts bit

And know that soon these troubles will drop  
And in your life your worries will stop.

Seema Chowdhury

# Prayer

A prayer is  
A heart filled with  
Weighty words  
Sincere feelings  
Good wishes  
And  
Honest thoughts  
That are  
Significant  
And  
Evident  
That we're able to plead  
In the  
Court of God Almighty.....

Seema Chowdhury

# Prayer For A Balanced Life

God, please put boundaries  
Around my troubles and a long dark tunnel  
That fades away  
Radiant and joyful smiles of my life

Please heal my body, mind and soul  
With your warmth and love  
And let my soul blossom  
Like the shooting star in a starless night

Let the sun embraces me in its beams  
And built a momentum  
Where I can create a formula of happiness  
To swap darkness with light

Please God take me  
Under your shadow of love  
And remove all the barriers  
And bestow your endless bliss

Of happy, calm and balanced life  
Where I can move forward  
With radiant and joyful smiles  
And a moment of treasured hope.....

Seema Chowdhury



# Prayer Of Today

In those moments of quietness  
I want my answers  
And your guidance and words God.....

I need strength and hope  
To replace my fear with faith  
I want to remove my worry and anxiety  
And fill everlasting melodies of life  
To create a pure heart  
Where I can heal from past and move on.....

I want old wounds to heal  
And be filled with the balm of peace and solace  
So I can taste the essence of joy  
To release all negative thoughts  
With your words God.....

Please give me the message of life  
And show me the clean meanings  
So I can find lost hope  
And a splash of light  
To settle the unsettled thoughts.....

Seema Chowdhury

# Prayers For The Moment

God please answer with your love  
For this is my humble prayers of the moment

Show me your endless mercy  
And turn life's wheel forward  
And accept my sincere prayers  
And send your blessings  
For I can't find solace in this wonder  
And don't know how to spin stress  
And uplift my spirit  
In this bitter and cold winter days of life

God please answer with your love  
For this is my humble prayers of the moment

And show your endless mercy  
And cleanse my soul  
With the magic of your grace  
And show me miracles to deepen my faith  
And be present in my darkness and sufferings  
And help me in despair and wonders  
And send fresh air of joy and serenity  
And color my life with your care and faith

God please answer with your love  
For this is my humble prayers of the moment.

\*\*\*Written for my beloved sister Sameena Mansoor.

Seema Chowdhury

# Precious Collection

I'm a collector  
Whose hobby is to collect  
And  
Have a treasure  
Of precious collection  
of  
Rare and novel  
Merritment  
Liveliness  
And  
Cherry 'n sunny smiles....  
I just want to make life better  
And  
Add a tint of warm smile  
In everyone's life  
whom I met.....

Seema Chowdhury

# Precious Gift Of Nature

Parents are nature's precious gift  
That're sent for our world's uplift  
For everything that they do or say  
Holds a world of affection in a way  
For they love us and to show this  
They hug us and give us kiss  
And whenever we are in pain  
They try to change it with fain  
And they always try to make us smile  
And share all our trouble's pile  
And that's why I always say  
Not just now but for every day  
That parents are nature's precious gift  
That're sent for our world's uplift.

Seema Chowdhury

Seema Chowdhury

# Precious Gift Of Time

So much to say  
So much to do  
To tell how much  
i care for you

For you my dear  
My love, sweetheart  
Are the most important  
My life's part

I remember those days  
I surely do  
When we were together  
My son, me and you

I cannot explain  
The feelings of mine  
For Danny my Love  
You're the gift of time.

Love you Baby Danny

Seema Chowdhury

# Precious Moment

The delight  
Of  
The precious moment  
Can stay long  
And  
Forever-  
Only if  
It is cherished  
With  
A joyous smile  
And  
A happy heart  
And  
A thankful bow  
Just  
To the God Almighty  
And  
Is followed by  
A  
pure and a true  
Desire  
For  
More and more-

Seema Chowdhury

# Prepare For The Road Ahead

My childhood days are gone and far  
When I use to lie down and count the stars  
And look at my dad to hold my hands  
For he was the only one who understands

He helped me to find my ways in life  
And look for hidden answers that survived  
And gave warm and sincere hugs and kiss  
To take away my hurt, heart breaks and miss

He took pride in all my gains and success  
And always brought me beautiful dress'  
And believed in me and always said  
Wise things to prepare me for the road ahead

He always helped me to accept and learn  
And showed me ways for respect to earn  
And gave me advice all about life  
And taught me in hard times to survive

Today my dad is thousand miles away  
But I know he is still praying even today  
And sitting and smiling even from far  
As I lie down and count the stars

For in those stars I see his face  
Beaming with pride and love's grace  
Watching over the beautiful memories of care  
When he prepared me for the road ahead and fear

My dad is my real hero and my friend  
Whose love has no bounds nor an end  
And today when he is no longer here  
I hold on to his memories to cherish with care.

'Dad, your guiding hand on my shoulder will remain with me forever.'

Happy Father's Day, to all Dads.





# Prettiest Sight

The prettiest sight  
That is bright  
That I always see  
With interest for me  
Is the beautiful view  
And that is true  
That I have met  
Is sunrise and sunset  
Because they show  
Smooth life's flow  
And reflects the power  
Of God's greatest tower  
That is standing high  
And is known as the sky.

Seema Chowdhury

Seema Chowdhury

# Preventive Medecine

Life's best previntive medecine my dear  
Is the gift of love, kindness and care  
For these are essential to happiness  
As they are considered as a bless  
So ignore wild side of the life  
Because there only pain survive  
So look to joy and avoid mess  
And learn the way to worry less  
And learn to fetch for you happiness  
As it is considered as a bless.

Seema Chowdhury

Seema Chowdhury

# Prime Asset

Protect

An innocent smile of truth

For

Its something

That springs only

From your heart

And

Then

It becomes

Your prime asset....

To cherish

To remember

And

To appreciate....

Seema Chowdhury

Seema Chowdhury

# Princess On Earth

I'm thankful to God  
For with blessings hem  
He has covered my life  
Like the uncut gem  
That is nice and glowey  
And also new  
And reflects God's love  
That is true  
God gave me his most  
precious gift  
To brighten my life  
And to give an upift  
By blessing me with  
Lovely daughters dear  
who are a constant source  
Of love and care  
And also by giving me  
The gift of Sunny Dear  
Who has covered my life  
With brightness and cheer  
Whose presence makes me feel  
Like a princess on Earth  
For whom this world  
Has been given birth.

Seema Chowdhury

# Prison Bar

Throw away  
The burden of old songs  
That  
Reminds you  
Of the  
Famous days and years  
Because  
Now they have gone far  
Very far  
And  
They have left you  
To suffer  
The cramps  
And  
The soreness  
Of the prison bar.....

Seema Chowdhury

# Prison Bar's Prisoner

For some years  
I was stuck  
In the tears  
From my luck  
Because there  
I was always  
A prisoner of  
Trouble's ways  
And there in  
The prison bar  
I was staying  
Away and far  
From the voice  
Of joy and fain  
From the life  
Free from pain  
But then I saw  
And realized  
What was wrong  
With my life  
And then I tired  
To bring to an end  
All these troubles  
That were bent  
And I decide  
To come out of it  
And look for joy  
In life's every bit.

Seema Chowdhury

# Prisoner For Age

Suck in the clock  
And road is block  
And troubles are present  
In your life's dock  
And life is strange  
Where troubles arrange  
Themselves very well  
Among life's range  
And then in a cage  
Of this life's stage  
It hold you tight  
In prisoner for age  
And then your joy  
And all you enjoy  
Comes to a halt  
Where it destroy  
Everything my dear  
Every joy and cheer  
And leaves you alone  
In pain and despair.

Seema Chowdhury

# Prisoners In Cage

The clouds that are on the sky  
The clouds that are floating high  
The clouds that are blocking the view  
Are trying to say something so true  
They say that this world is like a hole  
Where very few get to reach the goal  
For on this earth and on this ground  
There're many blocks and bounds  
Which no one is allowed to skip  
As life feels floating in pain's dip  
From where things look dull and blue  
And doesn't show any pleasure's view  
After which we all feel depress  
And don't find right words to express  
That we feel as the prisoners in a cage  
Under pain's guard at each life's stage.

Seema Chowdhury

Seema Chowdhury



# Prisoners Of Love And Hope

Hope is the never ending journey of life  
Which two people takes to happily survive  
So don't feel bad if in life's going year  
You don't see anything to stop your tears

For in life's journey hen two hold their hands  
And exchange the pretty flowery garland  
And promise that inspite of any weather  
They'll always happily pick and gather

The flowers of joy and buds of hope  
And will always crush the thorns of mope  
Then not only them but also God  
Come forward andd give them reward

And showers his blessings and his love  
On both of them from heaven above  
And hold them close in his heart  
So they can take aanother start

With a promise that now in the coming year  
They'll live happily under God's loving care  
Because they now got the courage to cope  
And are known as the prisoners of love and hope.

Seema Chowdhury

# Problems

Why can't we walk  
Why can't we talk  
Why cannot we stay  
I wish I knew the answer  
I wish I knew the way  
I want to be with you  
I want to share the hue  
I want us to be glad  
I wish i just knew how  
To change everything that's bad  
Let us both pray to God  
Let us both go to the Lord  
And find ourselves a way  
A mid way that will solve  
Our problems of life's days.

Seema Chowdhury

# Profound Love

Put  
A radiant smile  
On your face  
And  
Let profound love  
Find its way  
Between  
The cluster of blooming daffodils  
By the road side  
And  
The setting sun's reflection  
In the serene ocean.....

Seema Chowdhury

# Promise Of Friendship

A friendship is a promise  
That we both share  
And show to each other  
How much we care  
For it is a promise  
That doesn't need a voice  
For each time we meet  
Its for us a rejoice  
Because friendship is  
When two people smile  
And promise to walk  
Hand and home for miles  
And it is a promise  
To think of each other  
In all life's joys  
Or in trouble's weather.

Seema Chowdhury

Seema Chowdhury

# Promise Of Spring

Sunny breeze among the bursting trees  
Sunshine, mist and the rainy freeze

Bubbling winds and the flowery site  
All make life around us smiling bright

Young and fresh soul of the Spring  
Puts spirit of joy in everything

And it gives us chance to once again sing  
Lively songs of beauty in the ring

Where clouds of darkness surely disappear  
And spreads misty fog of fragrance and cheer

To cleanse our souls, minds and hearts  
And give another chance for a beautiful start

Where ocean of love is waiting to flow  
And the promise of Spring is at its glow

And refreshing breeze and blooming flowers  
Take over bad things and spread faith's power

And washes away all tears and pain  
To show us clear path of joy and fain

And bring to us sunny breeze of Spring  
That renews our spirit in a magical swing.

Seema Chowdhury

# Promised Land

Use your obstacles  
And accept challenges  
Head on-  
And  
Find the road  
In between them,  
To reach  
The promised land  
With grace and elegance.....

Seema Chowdhury

# Prove Valuable In Time

Take high road to life's way  
And prove what you can do each day

For time and tide wait for none  
So do quickly things need to be done

So do things that can prove right  
And spread love as far as the sight

For a big part of each life's day  
Is spent in thinking of another way

So prove valuable in time  
And learn in life to sing its rhyme

And take high road to life's way  
And prove what you can do each day.

Seema Chowdhury

# Prove Worth In The Way

You'll pass this way just once  
So do all what you can do  
And prove your value and worth  
And show its all for you

And know that life is a playing field  
Where you have to show  
That you have power and courage  
For there's still a long way to go

So don't let your dreams to live  
Untold and hidden today  
But make way and once more try  
And prove your worth in the way.

Seema Chowdhury



# Purchase Of Happiness

Today  
I made  
a strange purchase  
For which  
I paid  
All my savings  
Of  
Joy  
Smile  
And  
Left over pleasure  
From  
My past.....

Seema Chowdhury

# Pursue Happiness

Be gentle and be kind  
Don't cry and don't mind  
What people say or do  
Just search for love's hue

Show tenderness and care  
Be the source of joy and cheer  
And spread happiness all around  
In this life's merry-go-round

Fill your life with lots of hope  
learn to always bravely cope  
With troubles and life's fear  
In the valley of despair

Pursue happiness that's alive  
When you shuffle through your life  
Take small steps towards hope  
And cling on the smile's rope

For life will bring you sunshine  
If you will learn the fine  
Art of kindness and care  
And show gentleness and share

learn to pursue happiness dear  
With tremendous hope and cheer  
And be gentle and be kind  
And fill with hope your mind.

Seema Chowdhury

# Push Aside

Push aside the curtain  
And peep outside  
Do not be afraid  
Go far and wide

Jazz up your life  
And make it rich  
With the power of hope  
And Strength's stitch

Create a fresh look  
And a new passion for life  
Learn to swap fears  
With happiness drive

Fall in love again  
With the image of delight  
And scrub off troubles  
To discover the glittering light

End your anxiety  
For you no longer have time  
To fear, mope or panic  
Just sing life's smooth rhyme

And push aside the curtain  
To let sunbeams in  
And brighten your world  
With crisp rays and grin.

Seema Chowdhury

# Put Courage Into Your Heart

Put courage into your heart  
Drive swiftly to take a start  
And fill your soul with your dreams  
Of wishful thinking and hope's beam

And know that to have a fulfilled life  
You need to nicely and courageously drive  
The car of your dreams and hope  
Filled with love and smile's cope

Just learn to get back in touch  
With whatever is going around much  
And search for inner strength and feel  
And make with life a lovely deal

whenever life throws you a curve ball  
Return it and rebuild hope's wall  
And learn to have a fulfilled life  
Where hopes and dreams freely survive

And empower your self and deep inside  
With courage of mind and emotion's wide  
And trust your feelings and your mind  
Then life will always be with you kind

Just put courage into your heart  
Drive swiftly to make a start  
And fill your soul with your dreams  
Of wishful thinking and hope's beam.

Seema Chowdhury

# Put Fun In Life

Put more fun in your life  
And know its really true  
That you have to find a way  
To enjoy all life's spread hue

For everywhere else  
And everywhere around  
Is spread life's trouble  
And painful is the ground

So only way when  
You can enjoy  
Your life's day  
Filled with joy

Is by putting more fun  
In life's day  
And collecting joy's hue  
in all your way.

Seema Chowdhury

# Put Worries Aside

Put worries aside  
For joys path is wide  
And learn to enjoy  
All small joy

For life is a tear  
That flows swiftly dear  
And leaves behind  
Memories unkind

So put worries aside  
And learn to hide  
The pain and sorrow  
Under hope's tomorrow.

Seema Chowdhury

# Put Your Trust In God

Let us put our trust in God  
For He is sufficient for all  
And He is the only one  
Who can catch us in our fall

And give us opportunity to  
Accomplish our purpose dear  
For which we were given birth  
To bring brightness and cheer

Let us start our day believing  
That good things will surely come  
If we believe in ourselves  
And put trust on God's sum

And know that worldly things  
Will leave us and decay  
But the goodness of our heart  
Will forever with us stay

So pray to God to bestow  
His light of kindness and love  
And give us a life of care  
And righteousness all above

So we can live in peace  
And trust our Gracious God  
And know that He is the one  
Who is our beloved Lord.

Seema Chowdhury

# Puzzle Pieces Start To Take Place

Discover your own path in life  
Learn to here with faith survive  
And know each life has a purpose dear  
That will come out in phases and layers

When you are facing knotty problem's sight  
And nothing seems fair or right  
Then don't give up or loose hope  
Or slip in the well of mope

Just pose and probe deep in it  
And try to find purpose in every bit  
And get through this journey of life  
Where we are all bond to survive

And know when right time will come for peace  
Then all your troubles will surely cease  
And puzzle pieces will start to take its place  
And you'll find your way through the maze

And then an amazing day will appear  
And will take away all your pain and fear  
And will give you courage and power  
To fight back and be strength's tower

And will discover new path in life  
For you to live with faith's drive  
And know your purpose of life dear  
And uncover it from each life's layer.

Seema Chowdhury  
14th Oct,2009

Seema Chowdhury



# Quality Of A Brother

A brother is someone who is nice and caring  
Who tells us to follow the rules of sharing  
And show us the art of taking good care  
And share all problems whenever he can share

A brother is the one who brighten our lives  
By showing us the path to live and survive  
And tell us to stay always happy and glad  
And that'll change things that're bad

And brother is the one who wipe our tears  
And always stay ready with an open ears  
To listen and talk just like a friend  
With whom I don't feel any need to pretend

I'm glad I got one who is always around  
On whom I know I can surely count  
Who is always willing to give me advice  
And tell me things that're nice and wise

And thanks bro for lending me your smile  
And helping me in my suffering and trial  
And sharing my problems alike a nice friend  
And showing the start when I thought was the end.

Seema Chowdhury

# Questions Of Why

Why we come  
And why we go  
Why we stay  
In this life's row  
Why we have  
To stand it all  
Even if we  
Get a fall  
I wish if i  
Can get the reply  
Of these questions  
Of my why  
So I can get  
Some peace of mind  
And can get  
Answers of my kind.

Seema Chowdhury

Seema Chowdhury

# Quiet Atmosphere

Sometimes  
In the quiet atmosphere  
Of  
Serenity and tranquility  
I feel myself swimming  
In the  
sea of depression  
Under  
The current of  
Deep emotions.....

Where  
A huge sigh of pain  
And  
A big Question mark  
Is all that I get  
In this stressful and complex  
World.....

Seema Chowdhury

# Quiet Conversation

Through quiet conversations  
Let out  
And  
Throw away  
The growing burden and pile  
Of  
The unresolved resentments  
And  
Push hard on the world  
For  
Sheltering kindness  
And  
Sensitive insights.....

Seema Chowdhury

# Quiet Loneliness

My share of good fortune  
Has lost in the ground  
I looked for it hard  
Here and there and around

But couldn't see it or  
Didn't get a view  
To look and get it all  
To take away my blue

I don't know why it is  
Why I have lost it all  
And why these troubles have  
Around me built a wall

Where no one is present to give  
The answers of my 'why'  
Except for quiet loneliness  
That silently returned me reply.

Seema Chowdhury

# Quiet Periods

The moments in which I don't want to talk  
The moments in which I just take a walk  
The moments in which I wish to see  
Calm waves appearing just for me

These are the moments which really are  
The moments in which by looking at the stars  
I talk and smile and laugh with me  
That no one else but only I could see

Because in those moments I enjoy the quiet talk  
That i have with my thoughts while i walk  
And in which I share all my cries  
And all my losses, wins and tries

And feel good because then I feel free  
From all the worldly troubles that I see  
From which I suffer in life's day throughout  
That creates in my mind all mistrust and doubt.

Seema Chowdhury

# Quiet Silence

An air of quiet silence  
is blowing  
All over  
And  
All around  
i wish  
it can blow  
Like this...  
Forever and ever  
And let me enjoy  
A wonderful life  
Where  
I can give shape  
To my imaginations  
And dreams  
And can open doors  
For happiness  
Before even it knocks  
On my door.....

Seema Chowdhury

# Quiet Stillness

I want to  
awake the echoes  
That are  
powerful and loud  
In  
The muteness zone  
Of  
My life  
Where  
Only thing I can hear  
Is  
The silence of the quietness  
Of  
My woes and sighs.....

Seema Chowdhury



# Quiet Talks

Whenever in my life things are going bad  
And no view of life seems a little glad  
That at that time I really feel mad  
And all this really makes me sad

And I feel upset both day and night  
Specially when things aren't going bright  
And I think in that moment what is right  
Is to have a talk with myself in quiet

And I wish at then in the period of pain  
That may I be given peace in life's game  
So I can in this world of loss and gain  
Can get easily to joy and cheer's lane

And can spend my time there until  
I can get to the top of life's hill  
Where atleast my life's grain is fill  
And I'm called back from this world on God's will.

Seema Chowdhury

# Quiet Thoughts

In a silent night  
under a peaceful sky  
Some quiet thoughts came  
With painful feelings high

Where no one but  
Were present to share  
My friends of the past  
That are running tears

I cried and cried  
And held their hands  
And prayed to God  
For He understands

And requested Him to grant  
And open the door  
Of His uncountable blessings  
On us like before.

Seema Chowdhury

# Quiet Time

The very few moments in each day  
I take out and keep it in such a way  
That I call it as a time of mine  
In which I drink the quietness wine  
And stay very calm, cool and quiet  
And see my past in its light  
And cherish the memories of those days  
And enjoy it for a while in my ways  
And these are the moments in which I recall  
All nice things whether big or small  
And that's why I call them as mine  
As in these moments I drink quietness wine.

Seema Chowdhury

Seema Chowdhury

# Quietness Ray

So much is there to be said  
So much before I am dead  
So much I wish to tell  
To all Where now I dwell  
But guess no one has time  
To share any of my rhyme  
Whether it be bad or sad  
Or it be nice or glad  
So it is better to stay  
Under the quietness ray  
And keep to myself this all  
Till my life's leaf get a fall.

Seema Chowdhury

# Race In Life's Competition

Look deep into your soul  
And find courage from within  
To slide up into the wall  
And race in life's competition  
For life is a series of  
Vibrant colors  
Of different frequencies  
And it is an ever changing  
Calm and glorious terminals  
Of pain and pleasure  
Where we all have to slog  
Hours upon hours  
In life's swimming pool  
To survive  
And reach the finish line  
With few words or opportunities  
But when we reach the end  
We are greeted by God  
With the magic of smile  
And the gift of endless blessings....

Seema Chowdhury

# Rain Fall

Carefully listen to the sound  
Of rain that is falling on the ground  
For it has so much magic in it  
That gives you pleasure bit by bit  
So listen to this tune with cheer  
For in it is hidden the prayer  
The prayer and the blessings of God  
Who is the creator and the Lord  
And try to understand its rhyme  
For it has awakening echoes of time  
That can bring you pleasure and joy  
To dive in its beauty to enjoy  
So carefully listen to this sound  
That is ebdlessly falling on the ground.

Seema Chowdhury

# Rain Or Sunshine

Rain or sunshine  
Love of thine  
Will stay with me  
To set me free  
And give me time  
In life's rhyme  
To love you more  
Like ever before  
For you are rare  
Who do care  
A lot sweet heart  
That do impart  
Tons of love  
Gift of heaven above.

Seema Chowdhury

# Rainbow Hues

Rainbow hues  
Rainbow bright  
Rainbow shines  
And gives out light  
That colour my life  
With its love  
Just like blessings  
Sent from above  
I love to see  
This shining bright  
Joys twinkling  
And spreading light  
I wish my God  
I wish from my heart  
To show me always  
A new start  
When life is losing  
Its glory and charm  
And I feel as if  
Troubles and harm  
Will take over  
Bright sunshine  
And will dim  
All this light's wine  
I wish please God  
Always send this bright  
Shining rainbow hue  
To brighten life's light.

Seema Chowdhury



# Rainbow Shell

After the rain  
After the pain  
Appears pleasure  
So you can treasure  
Joy and smile  
All fore a while  
That's soft and kind  
For your peace of mind  
It appears after rain  
To washes away pain  
In the form of a bow  
And coloured bright so  
You can count the hue  
And overcome your blue  
Its gentle and sweet  
That over come sour's treat  
Because this is what you deserve  
The rainbow shell of love  
That whispers just for you  
To bring you hapiness true.

Seema Chowdhury

# Rainbow With All The Colors

Without clouds we haven't enjoyed sunshine  
Without thirst we haven't drunken joy's wine  
Without sun we haven't wished for the rain  
And without pain we haven't tasted the fain  
So don't feel bad and know that's true  
That there are many who cares for you  
Who wish you to see the bright rainbow  
That God shows in his blessings row  
So see it twinkling and shining from far  
And enjoy all seven colors that are  
And count God's blessings day by day  
That comes to spread smile in your way.

Seema Chowdhury

# Random Thoughts

The sadness of heart always come in life  
From the troubles that inside us survive  
And acts just like the wild storm of sorrow  
That darkens our life's day and 'morrow  
So we must learn how to balance the day  
With both our joys and pains of the way  
And must fill each day with the bliss of love  
That comes as a gift of heaven above  
And know that with random thoughts bright  
We make happy memories a source of delight.

Seema Chowdhury

Seema Chowdhury

# Rare Gift

Life is simple  
And full of dimples  
If you can smile  
All for a while  
And search for joy  
And learn to enjoy  
Whatever comes in  
In this life's bin  
For life my dear  
Is a gift so rare  
That is given by God  
Who is the creator and Lord  
And loves us my dear  
And shower his blessing's cheer.

Seema Chowdhury

Seema Chowdhury

# Rare Gifts Of God

God made for us the sun  
God made for us the stars  
That are all shining brightly  
And are twinkling for us from far  
He made for us the seas  
He made for us the trees  
That are all working in their pace  
And for us they are all free  
He made for us the sky  
He made for us the birds  
And he taught them all nice things  
That we wish to hear in words  
And god made this all for us  
Because he loves and care  
And to show that this is true  
He has sent gifts that are rare.

Seema Chowdhury

Seema Chowdhury

# Rare Thoughts Of Life

Live and let others live  
Smile and let others smile  
And try to make life days  
A remembrance for a while

For less chances come  
When a cure for your blues  
Are found to make you glad  
And show you lively hues

So try to find some more  
And explore the world around  
And find newer ways  
To make a heaven on the ground

And remember you can win  
If only you can survive  
And keep your aspiration high  
With rare thoughts of life.

Seema Chowdhury

# Rare Treasure

People you truly care about  
People about whom you don't have a doubt  
Are the people on whom you can lean  
Who'll help you without being mean  
For these people are a rare treasure  
Who know how to bring you life's pleasure  
And know the true value and worth  
Of love 'n care that brings you mirth  
And they're the ones who show in their way  
How much they care for you each day  
And they bring lasting happiness for you  
With their sincere feelings that're true.

Seema Chowdhury

Seema Chowdhury

# Rare Wealth Of Happiness

happiness springs from our hearts and minds  
Specially when we do something nice and kind

That lets our hearts to sing with fay  
And lets us in happiness joyfully sway

For joy and fain always sweetens our lives  
And show us new ways to brightly survive

And happiness is only felt in iur hearts  
For it shows ways to joyfully start

One more day full of joy and fun  
Even under the hard and the burning sun

And remember that whenever we use or apply  
The rare wealth of happiness, it surely multiplies.

Seema Chowdhury



## Rare Words

every crack and dent  
Every curve and bent  
Has a replacement dear  
So do not be afraid or scared  
Because these tragic scenes  
Always have a beam  
That compensates for the pain  
That takes away the fain  
So through the brighten air  
try to find the rare  
Words that are hidden for all  
In the empty way of hall  
That is known as life  
where we all survive.

Seema Chowdhury

# Raw Situation

Learn to cope with  
Raw situations  
And do it  
Willingly  
And  
with determination  
In your own way.....

Remember life is  
An emotional journey  
And as we turn the pages of life  
We see some magical moments  
And also some difficult times.....

Only if we learn  
To dance to our tune  
We can make difference  
And can touch the space of mystery  
And enjoy  
Each moment of this  
Nostalgic trip..... called LIFE

Seema Chowdhury

# Rays Of Hope

Don; t get disheartened for a day will arrive  
When there will be no more pain's drive  
When sun will shine and happiness will grow  
And your spirit will surely reflect its glow

Don; 't get disheartened for a day will start  
When everyone will try to impart  
Love, joy, hope and pleasure's art  
Which will make you feel good at heart

Don't get disheartened for a day will come into view  
When Gracious God's sky will be blue  
When flowers will be covered with dew  
And you will be happy too

But for that you have to joyfully cope  
And strongly cling on to joy's rope  
To face life's ugliness and don't mope  
Then surely you'll be shown rays of hope.

Seema Chowdhury

# Reach Emptiness

A hollow  
A space  
And  
An absence  
I feel  
When  
At a strange point I reach  
Beyond which  
There is  
Just emptiness...

Seema Chowdhury

# Reach For The Better

Have a desire  
To reach for the better  
For  
No one else but you  
Can make things better  
Even  
In the most  
Frustrating moments  
Of your life  
Because  
You have to remember  
There would be  
Periods of calm  
Followed by  
The violent wind sheers.

Seema Chowdhury

Seema Chowdhury

# Real Life's Taste

The tunnel of love and affection  
Is usually narrow dear  
So don't feel lost or upset  
But try to find some cheer  
For this is life and this is how  
It treats everyone like this  
And not all but very few  
Can find in it god's bliss  
So try once more and hard  
And see if you can find today  
A narrow path on which to walk  
To find huge happiness way  
The way that is hidden  
And covered with pain's lace  
To be seen and found by us  
For this is real life's taste.

Seema Chowdhury

Seema Chowdhury

# Real Purpose Of Life

Lead a life  
Of an angel  
And  
Do nice things for others  
And show your worth  
And your value  
Because  
That's the only way  
To reach the highest stage  
And to attain  
The real purpose of life....

Seema Chowdhury

Seema Chowdhury

# Real World

I wish real world  
Was not  
So harsh  
Bitter  
Cruel  
Strict  
Inflexible  
And  
Arrogant  
And  
Full of  
Troubled answers  
Of unexplained questions....

Seema Chowdhury

Seema Chowdhury



# Realities We Live With

Prepare yourself for the real world  
And expect life to be rough around the edges  
But believe in the power of courage and faith  
And see where experience can take you  
As there is always a chance to win

Life is an internal struggle  
That we all face with long shadow  
And anxious and weary expression  
So don't put limitations on yourself  
Just move forward and find your space

And as you move along in life  
Learn to hold on to familiar things  
And let the magical light of peace  
Creep through the narrow window  
To launch a new life with happy hours

For this is life where we live with realities  
Some bitter, some sweet, some painful, some treat  
And with these tender memories we begin our journey  
And in some subtle ways we recollect memories  
And look for the magical answer to solve it all

So prepare yourself for the real world  
And expect life to be rough around the edges  
Just discover the control button of life  
And display courage while standing on the grid lines  
And sort everything that comes in your life's way

And believe in the power of courage and faith  
And see where experience can take you  
As there is always a chance to win  
Where you can recollect your memories  
And launch a new life with happy hours.

Seema Chowdhury

# Reality Of A Dream

Dreams are reflection of reality  
That exist deep in our minds  
That envelops us in its beauty and calmness  
And get away from our noisy self  
Where there are many domain and dimensions  
And we get to see the world anew  
With internal thoughts and secret joy  
That builds a bridge between now and then  
And reconnect to our inner voice and secret thoughts  
In this clutter and chaos of life's jogging path.....

Dreams are those realities  
That we are unaware of within ourselves  
That guide us through our hardest time  
And turn our faces to the sun to peel away darkness  
And enter a sunny spring in challenging moments  
To start anew with healing and calming beauty  
Among the fading colors  
In the long voyage called life.....

Seema Chowdhury

# Realize Your Dream

The mixture of all  
Colours of the rainbow  
Have gathered here  
To us to show  
A path to walk  
To external pleasure  
That surely is  
Life's great treasure  
So keep your hopes  
All very high  
So you could realize  
Your dreams of the sky.

Seema Chowdhury

Seema Chowdhury

# Really True

only cries and sighs I get  
Only with them I have met

Since I came to this earth  
Since I was given birth

I don't want it any more  
I need my God's prayers door

And wish to then sit and talk  
And take away the load and the block

That is laid on my heart  
That doesn't let me joyfully start

Even a day of peace or two  
And this is all really true.

Seema Chowdhury

# Reason For The Journey

In this world we are sent  
To journey for some reason  
So we must learn to survive  
In all four kinds of season  
We must learn to bear the heat  
When there is no breeze  
When sky is full of hot sun  
And summer blow cannot be ceased  
For life is not bed of roses  
Where always will bloom  
Flowers of love and care  
To add in your life's perfume  
And when we will learn to survive  
In all evens and odds  
Only then Spring will appear  
After the Winter as reward  
So learn this art my dear  
And know even Autumn will cast  
A note for smile and care  
If we joyfully pass this vast  
And teach ourselves to enjoy  
Life's journey through test and turmoils  
In all four kinds of seasons.

Seema Chowdhury

# Reason To Smile

A smile is a flower  
That in every season  
Stays and blooms  
And bring reason  
To make all glad  
And bring them joy  
And tell in life  
To enjoy this toy  
That God has given  
To us for a while  
And many other  
Reasons to smile.

Seema Chowdhury

# Reasonable Words

I'm searching for  
A few  
Reasonable words  
To  
Meet my unmet needs  
To  
Find hidden pleasures  
And  
To draw an imaginary arc  
Of  
Happiness'  
In my life's gate  
Before  
I have to enter  
The next phase  
Of  
My life.....

Seema Chowdhury

# Recipe Of Joy

Open your eyes with joy in them  
For joys and happiness always hem  
Your day with the stitches of hope  
And protects you from being in mope

And spend your noon with smiles  
For smile shares your trouble's pile  
And returns to shine on you  
And brings with it fain that is true

And when hours of evening start  
Then try to practice your learnt art  
And come forward to occupy joy's seat  
For happiness works on busy feet

And lastly throughout the night  
Dream of things that are bright  
For it will finally end on a pray  
With the recipe of joy for your day.

Seema Chowdhury



# Reclaim Your Life

Life's events and lessons  
Silently repeat  
It self  
One by one  
And leave this world  
To spin  
Out of control  
Faster  
And faster  
And leaves us to feel  
This invisible change  
And wordly coming  
With a gust of wind  
And a rush of strom  
Where we magically get  
Some tangible energy  
And then  
Large moments of life is spent  
To handle  
All these stress  
Ugly and painful-  
And that is when  
We are given a chance  
To discover US  
In the middle of  
Darkness  
And emptiness  
And we're given one more chance  
To reclaim our lives.....

Seema Chowdhury

# Recognize Wonders

Recognize all the wonders  
And all the joys of life  
If you want in this world  
To joyfully survive  
For life has many  
ups and downs  
And life shows many  
Scenes dull and brown  
So all you need to do  
Here in this game  
Is to collect your thoughts  
And don't feel ashamed  
And swap your negatives  
Thoughts and deeds  
With the flower of hope  
And the happiness seeds  
And then you'll see  
soon very soon  
Will appear the bright  
And hopes shining moon  
That will lead your life  
And all your ways  
With never ending glows  
Of wonders in your days.

Seema Chowdhury

# Reconstruct The Golden Moments

Every once in a while  
I like to take a walk  
Down the Memory lane  
And reconstruct the golden moments  
I have made with you....

And take an interim step  
Towards the end result  
To win my thoughts  
And feel happy energy  
Swirling upwards....

That makes me smile  
To see happy happenings  
And glorious spring colors  
Rippling out like a small gift  
That can make our lives better.....

And promise us to show  
More sunshine glimmering  
And filling our lives with  
Soft songs of love and comfort  
That we can sing together.....

So we can start our new journey  
And walk on the spiritual path  
With hope, clarity, strength and happiness  
And once again thank God Almighty  
For weaving the threads of our lives together.....

Happy Valentine 's Day Sunny! ! !  
I Love You Very Much! ! !

Seema Chowdhury

# Redesign Your Life

Redesign your life  
And fill the empty space  
With Love  
Care  
Joy  
And gratitude  
And cultivate your dreams  
And expand your options  
And teach yourself courage  
To face the unknown  
For life will not be  
Always fair  
So aware yourself  
With its injustice  
And make up  
Your fantastic tales  
And see the light  
And find an escape  
From your troubles  
And be strong  
And don't lose  
Sense of meanings  
or  
Sense of direction  
Of your life...  
Then only you'll be called  
A successful designer  
Of your life.....

3rd June,2009

Seema Chowdhury

# Reel Of Memories

Throw away  
Doubts and sorrows  
From your life  
And  
Don't walk out  
Of life's frame-

Just remember  
That your approach  
Towards life and living  
Should be real and original  
And  
Know that there are  
Ample opportunity  
To relate the tale  
Of an era  
That's colorful and meaningful

And teach yourself  
To stay afloat  
When it is not so smooth  
And in the middle  
Of all this  
Learn to capture your vision  
And in life's journey  
Carefully utter  
The last words  
In the reel of memories....

And that's the best way  
To survive my dear  
And best opportunity  
To create your own  
Dream world  
Filled with  
Unique feelings  
And  
Rare memories.....



# Reflect On Reality

Take a fresh view of the big picture of life  
And take a bold step into the unknown  
To create and introduce a new way of life  
And develop the ability to stand in a new place  
Even with a tiny flicker of hope  
And reflect on reality.....

In every moment study life with open eyes  
And look for the ways to ease the burden  
Of emotional dynamic and dimensions  
For this is a wonderful way to commence the journey  
With the hope for improvement.....

Just don't break the rules  
Be strong and accept the added layers  
Of challenges and risks to enter the new era  
Even with a tiny flicker of hope  
And reflect on reality.....

Seema Chowdhury

# Reflect Upon My Journey

Life is a great gift  
Where we get rich experiences  
And get a chance to file  
Shades of love in our fine days...

Its a foundation of hope  
Where we get precious moments  
To steer our ships  
Strongly and firmly  
Through bumpy paths....

Its a miracle  
That gives us chance to build  
Sand castles on the beach  
And put our dream in it.....

Its a challenge  
That comes from God  
Where we get to gather  
All happiness and joy as a reward  
After going through  
Terrible reality of pain

And today when I reflect upon my life's journey  
I find its love where we can reclaim  
The joy of loving others  
And give them precious moments and memories.....

Seema Chowdhury



# Reflection Of Ambition

If you wish to reach the highest of all  
Then don't be scared if once you fall  
Or ever feel ashamed in this world's mall  
Because things always grow to big from small

Just be brave and keep one thing in mind  
That if you feel down, lost or grind  
Then look real hard and you'll surely find  
gracious God who is sincere and kind

Who'll give you nice things in your way  
And will clear the dust of mope and hay  
To show you the reflection of ambition's ray  
That'll help you with determination to always stay

In the lane of wishes that is rare  
That let you choose your future my dear  
That you may think for you is nice and fair  
And can help you in the coming year

So for that all you need to do  
Is to work hard and be honest and true  
So God can show you a brighter view  
With victories and success that are all new.

Seema Chowdhury

# Reflection Of God

Silent stars  
That are twinkling far  
On the sky  
That is high  
Seems smiling dear  
And shining there  
Around the moon  
With a smiling noon  
Showing the reflection  
Of God's affection.....

For we are all  
The children of God  
Who were sent here  
With some assigned task  
To perform on the stage  
Of this vast and wide world  
And then go back to HIM  
And become the shining star  
And twinkle silently  
From far.....

Seema Chowdhury

# Reflection Of Time

Don't always whine and complain  
Accept bumps in life's curved road  
Swap your painful tears with prayers  
And with humble but high spirit  
Put different pieces of life together

Establish true faith in your heart  
And enjoy the sunlight with its glow  
Let sunbeams soothe your injured soul  
And renew memories with fervent hope  
So you can unchain bitterness from past

When you are going through difficult time  
Look deeply all around you and retrieve  
Rich lessons learnt from divine inspiration  
So you can find peace and compassion  
And calmness that can melt your heart

Life is happening now and today  
So don't let negativity to turn you bitter  
Step back from the toxicity of real life  
And speak silently with deep devotion  
So you can absorb in the reflection of time....

Seema Chowdhury

# Relish Small Pleasures

Relish small pleasures  
As they are the treasure  
That season our lives  
With joy that survive

And show us new hopes  
And new laws to cope  
With troubles of life  
That do survive

For life is a trip  
Whose journey as a grip  
To hold joy and sorrow  
And dull and bright tomorrow

So its good for us all  
To enjoy all big and small  
Joy and life's pleasure  
As they are great treasures.

Seema Chowdhury

# Remain Realistic

Remain realistic  
And be prepared  
To face  
The bitter realities of life  
And  
Accept them all  
As  
A part of your fate...  
And try to discover impossible  
And then plan your life  
Skillfully  
And  
Learn to accept  
To step out of  
This crazy looking glass  
And  
Then only you will reach  
Your destination.....

Seema Chowdhury

# Remedy Of Grief

The best remedy  
of grief my dear  
is to be brave  
And try to cheer

And leave aside  
All trouble and pain  
And try your best  
To get to the fain

For grief is like  
A flower in gloom  
That is considered  
As life's perfume

So don't feel bad  
or ever sigh  
Just keep on trying  
And wipe teary eyes.

Seema Chowdhury

# Remember Not To Forget

If tears drops from eyes for a while  
Then swap it with a pleasant smile

If trouble creeps in your life's way  
Then swap it with a pleasure's ray

Of worry stops by with you to meet  
Then swap it with a charming greet

If agony blocks your brighter view  
Then swap it with a rainbow hue

But only all this can be done in a trial  
If you can remember not to forget to smile.

Seema Chowdhury

# Remove All Doubts

Eliminate the fears  
And remove the doubts  
For life is a game  
Of the scouts  
Where we come  
All to survive  
In good and bad  
Both phases of life  
So be brave  
And find a way  
In your life  
For each day  
Where you can  
Firmly throw  
All your fears  
And doubts row.

Seema Chowdhury



# Remove Road Blocks

Listen to your voice carefully  
And find the hidden answers  
Of your lost query  
Don't jiggle too many tasks at once  
Write the summary slide  
And synchronize your life  
With bright colors  
so you can learn to break  
The continuous loop  
And you can learn to escape  
From unwanted troubles of life...

When you will learn  
To accommodate change  
It will show you ways  
To remove road blocks  
One by one  
One step at a time...

Just with a mouse click  
Erase the empty and poignant memories  
In this rush of life  
So you can clearly view  
All aspects drastically and dramatically  
And watch the enormous horizon  
Where today's hopes and wishes  
Are becoming tomorrow's reality  
Revealing all it's beauties  
And secrets for the eager soul...

Seema Chowdhury

# Renewed Sense Of Purpose

Under the dim glow  
Of a flickering light  
Silence filled my empty heart  
Where painful reminders  
Are bringing back  
A flood of memories  
And harsh realities  
Are hitting like tidal waves  
And are reminding me of  
My loneliness and isolation  
During this long journey of life- -

Where quiet moments  
Fill my life's story  
And darkness fills the ground  
And I sit back and try very hard to find  
The courage to continue  
And search for the path  
That can bring me  
Renewed sense of purpose  
To carry on with life...

Seema Chowdhury

# Reruns Of Days Events

In this craziness of life  
I hear voice filled with doubt  
And fleeting thoughts of anger  
To tense my moments  
Where I feel ankle deep in debris  
And over my head  
The pounding pain and noises  
Where each moment  
I'm getting close to opening  
Myself to the unknown chaos  
And uncertainty of life  
And I lose my train of thought  
Due to the reruns of the days events  
And worries of tomorrow  
But sometimes its more than I can take on myself  
Its the growing pain that rocks my world  
And in this moment of crisis  
A cold chill run down my spine  
To freeze my world  
And expose me to the endless loop of  
Darkness and silence.....

Seema Chowdhury

# Restore Your Balance

Put your hand on your heart  
Let it get a brighter new start  
And let you restore your balance in life  
And learn new ways in here to survive  
For life has lots of ups and downs  
And it shows scenes blue and brown  
That makes you dull, down and low  
And think you're slipping from life's flow  
So in such a time try to swallow  
And know it'll be better tomorrow  
And know you have to go through the start  
And learn how to pursue happiness art  
And use prayers to solve your pain  
And bring back in life happiness and fain  
And find life time of joy and delight  
For that's how you learn to fight  
And get out of confusing life's maze  
And know how to bravely greet and face  
And restore your balance and challenges of life  
And learn new ways in here to survive.

Seema Chowdhury

# Restore Your Optimism

Restore your optimism  
And  
Let your quiet mind absorb  
The loveliness  
The beauty  
And  
The prettiness  
Of it  
So when you start your journey  
You don't get  
Bumpy freeways  
Or  
Broken avenues  
To cross  
To reach your destination....

Seema Chowdhury

Seema Chowdhury

# Retain The Bliss Of God

I love you God  
In my way  
But don't know how  
To let me say  
For all my thoughts  
To you are known  
And I think of you  
As my own  
I love you God  
And want to retain  
Your blessing's shade  
For that is the main  
Reason for joy  
In my day  
That I'm spending  
In your bliss way.

Seema Chowdhury

# Revival Of Hope

In the state of denial  
I saw not  
But  
Fascinating  
Angels of the world  
And  
The aimless conclusions  
And  
All that  
I had to offer  
For  
The revival of hope....

Seema Chowdhury

Seema Chowdhury

# Richness Of Small Things

Do not let fear or anxiety to create panic  
Look for opportunities that can create momentum  
Think deep and open your heart and soul  
And to achieve real change  
Always be real, clear and use positive energy

Spread sunshine and envelop yourself  
With beauty and calmness  
And absorb the richness of small things  
To carry the fragrance of peace to the world  
To reconnect with your surroundings  
To make life's journey worthwhile

Just remember that life becomes easy  
When you move forward with a purpose and joy  
So learn to cope and focus on good things  
If you want to bury negative feelings  
And burden of the past

Draw a new road map  
Where you can enjoy  
The beauty and calmness  
And absorb the small things  
To spread positive energy and sunshine...

Seema Chowdhury



# Ride On The High Waves

Ride the waves of success high  
So everything will beneath you lie  
So you can be proud my dear  
Of all your achievements that're rare  
Dear sis I really wish you well  
And hope for joy where you dwell  
Because you really deserve it all  
For working day 'n night for big 'n small  
And I wish with god's loving bliss may  
Victories accompany you throughout days.

Seema Chowdhury

Seema Chowdhury

# Ride With The Tide

Flow with the waves  
And ride with the tide  
Cover life's area  
Both narrow and wide

And see how you can  
Strengthen the chord  
Of love and trust  
By prayers with God

For no one but only  
God has the power  
To build for you  
A strong hope's tower

Where you can enter  
And live with faith  
That God loves you  
Because He's great.

Seema Chowdhury

# Right Your Wrong

Right your wrong  
Wherever you perform  
Anything bad  
That makes you sad

And never feel shy  
To again try  
If once you fall  
To climb the wall

Just know its good  
To throw trouble's hood  
And look forward  
And not backwards

To right your wrong  
Whenever you perform  
Anything bad  
That makes you sad.

Seema Chowdhury

# Ring Of Words

The ring of words  
Go round and round  
And fill the world  
With mixture of sound  
That are good  
And sometimes bad  
That brings sorrow  
But some are glad  
So try to use  
Words that're sweet  
That can bring  
The happiness treat  
And make it a habit  
To bring to this earth  
A world of joy  
With the words of mirth.

Seema Chowdhury

# Rising Star

Let this rising star  
Freezes time for you  
And let it expand  
The horizon too  
And let it give you  
A chance my dear  
To find out your way  
With happiness and cheer  
So in this long life  
You can also say  
I have touched the star  
That rose in my way.

Seema Chowdhury

# River Of Happiness

Unfolding of numberless flowers of spring  
Joy moving swiftly between the things

Depth of earth and heights of the sky  
Flowing waves in sea very high

Are all the image of loveliness  
That are in river of happiness

The inward image of the soul  
The art of good livings role

The foundation of love and sweet voice  
Are all the paths so now rejoice

For they're the image of loveliness  
That are in river of happiness

For the artistic side of life is this  
That shows us God's path of bliss.

Seema Chowdhury

# River Of Love

The river of love is full of care  
Where everything looks so fair

As in it also smiles are found  
That surely is rare on the ground

And also there joys have a stay  
That is ready for others to lay

The bricks of happiness and care  
To make everything looks all fair

And that's why I feel in this river of love  
God constantly sends blessings from above

And show us the colours in this lonely life  
Where all humans are bound to survive.

Seema Chowdhury

Seema Chowdhury

# River Of Uncertainty

Admire the beauty of this wonderland  
And everything like hill, sea and sand  
And carefully hear the autumn breeze  
Which even sing while passing among trees  
For the touch of nature is like a magic  
Which helps you to overcome the tragic  
Any tragic that you see in life  
Which teaches lesson of truth to survive  
And know that time can never stop  
Not even for the people who're on top  
For this world is an uncertain river  
Where we must learn to be the giver  
The giver of joy 'n fun to all  
Before our days of life becomes small  
Because then we don't get any time  
To admire or even enjoy life's rhyme.

Seema Chowdhury

Seema Chowdhury



# Road Ahead

The road ahead  
Is very hard  
It is like  
A pre-written card  
Which cannot be  
Ever changed  
Which cannot be  
Ever rearranged  
I wish and want  
the help of God  
Who is my friend  
And My Lord  
Who surely knows  
What I'm going through  
And will help me  
To pass it too  
With fain and joy  
And a hope of a smile  
So road ahead becomes  
Easy for miles.

Seema Chowdhury

# Road Map

We are all walking  
In this world's street  
Where we are bound  
With troubles to meet  
Because with us  
Was also sent  
Agony and distress  
That is happiness dent  
So it is good for us  
To follow the map  
And then ride on  
This road's wrap  
And find our path  
And that way  
That can surely  
Bring happiness today.

Seema Chowdhury

# Road Of Change

Road of change is very hard  
But it is the opportunity's card

That comes in just once in the way  
To brighten someones life's day

So never miss it and know very soon  
Will appear the brighter noon

That will show you a happy turn  
Where joy gets a bigger return

That can give you things dear  
For which you all deeply care.

Seema Chowdhury

Seema Chowdhury

# Rocky Road

Smoothen the rocky road  
And share the load  
Of your life  
Where you survive  
For each day  
That comes in your way  
Must ring a bell  
For joy where you dwell  
So you can lit  
The candle's kit  
Of hope and joy  
For all to enjoy.

Seema Chowdhury

# Role Of A Friend

The first soothing ray of light  
That brings me happiness and delight  
Reminded me of a nice friend  
Who I think was really sent

With blessings from heaven above  
In the form of care and love  
So her nice and loving ways  
Can surely never decay

As only blessed ones on earth  
Are assigned a task at birth  
And she was assigned to be kind  
To strengthen this world's bind

So I wish if words can tell  
Nice things about her that dwell  
That are all very honest and true  
And color faded life with hues

As its not very easy to find  
A friend who is true and kind  
Who can make others faintly smile  
And can share all trouble's pile

So for her I pray to God  
To give her all the reward  
For performing her role as a friend  
To carry on this life's trend.

Seema Chowdhury

# Roller Coaster

Life is unceasing events  
Moving ahead  
On the roller coaster  
Of unique circumstances  
And  
Strong impressions  
And then it leaves behind  
Many uncertain questions  
And answers  
Fumbling in the back  
Of the mind  
That doesn't  
Let you  
Move on  
Life's shifts,  
Gears  
Or  
Change any direction....

Seema Chowdhury

Seema Chowdhury

# Roses Will Bloom

In the garden of my memory  
I found a lost diary  
I belong to my hope  
Tied with the rope  
Of love, care and smile  
For whole life not for a while  
it said don't be gloom  
For hope's rose will soon bloom  
And will take you far away  
from feeling bad and sway  
So I promised that from now  
I'll see dear I can how  
wait for the rose to bloom  
To take away world's gloom.

Seema Chowdhury

# Rough Times

Shun the dull sights  
That aren't all right  
And look to god with hope  
Instead of being in mope  
For everyone has to design  
His share of rough time  
So don't feel down 'n blue  
And look at trouble's hue  
Instead, just go around  
And look in god's ground  
And shun the dull sights  
That aren't all right.

Seema Chowdhury

Seema Chowdhury



# Rule The World

World is a beautiful place  
In which there many pace  
So learn ti find your way  
And rule the world each day  
For life is bright as well  
And things that here dwell  
Has both good and bad sides  
So keep a view that is wide  
And then surely you will see  
Life will really be  
A place where you can survive  
And call it a wonderful life.

Seema Chowdhury

# Rules Of The Game

Learn the rules of life's game  
And link the old with the new world  
And know your haves and have-nots  
To enter the gate.....

Just pause for a minute  
To keep the pace with  
The shift in direction  
For sometimes random events  
Bring wonderful and untapped opportunities  
And open new world  
With a whole series of thrilling challenges  
So be proactive and draw  
Your world without boundaries and borders

Learn to compete against yourself  
In the shadow of fragile emotions  
And know that there is a long way to go  
Before you can link the old  
With the new world  
So learn the rules of life's game  
And keep pace with the shifts.....

Seema Chowdhury

# Rules Of The Road

If you want to walk  
firmly  
On life's path  
Then  
Heed the rules  
Of the road  
Even if doesn't suit you  
Or else-  
You'll trip  
And  
Your world  
Will stumble too.....

Life doesn't give you  
A second chance  
so don't follow illusions  
Move forward  
And discover  
What is hidden on the other side  
Of life's door.....

Seema Chowdhury

# Rules To Survive

Be the light in the dark  
Be the one to set the mark  
Bring in life happiness spark  
And take a walk in hope's park

Life is unbearable and difficult at times  
Where we don't see harmony and rhyme  
But don't give up and be ready anytime  
To hear sweet sound of life's wind chime

Believe in the strength of emotions dear  
See how patience and peace can bear  
Sweet fruits of sparkling joy and cheer  
To clear your dangling doubts and fear

Just hang on and see things all around you  
Learn from your past and try to get through  
Painful and depressing time that brings blue  
And swap them bravely with brighter views

Remember there is a long road ahead  
Where life is certainly not a rose bed  
So face them head on and do not dread  
Or take a back seat all alone with tears shed

Hold on to glorious memories of life  
Be aware of your presence and happily drive  
Car of life without bitterness and strife  
To create your own rules in life to survive.

Seema Chowdhury

# Run The Show

Run the show  
In life's row  
And do it all  
On life's wall

For life is great  
So have faith  
And believe in you  
And know its true

That life's a show  
So run in the row  
And try to achieve  
And in you believe

And do it all  
On life's wall  
Before you die  
And in your grave lie.

Seema Chowdhury

# Run-Chart Of Life

Don't walk away from life  
There is a lot more fun  
When you share with others  
So take time to love  
And share your happiness  
And be ready to jump hurdles

Draw your run-chart of life  
And add in it smile and hope  
And live in the moment  
To follow the rhythm of life  
And celebrate everything  
That brightens your heart  
And make life's path  
Brighter, nicer and happier

Search for beauty and inner peace  
And draw the run-chart of life  
With infinite hope and beautiful lessons  
That can open your mind and heart  
And teach you to pray with faith  
And add a sunshine and warmth  
When you need them the most.....

Seema Chowdhury

# Running Events

When sunshine is patched with shadow  
And you see weeds growing in the meadow

Then don't let running events gloom  
Your hopes and happiness perfume

For life is a gift fragile  
So handle it with a style

And whenever you see blocked end  
Just turn back and there pretend

As if you have seen a start  
And you have to promise in heart

That you'll never let hopes down  
Even when things are dull and brown.

Seema Chowdhury

# Running Tears

Tears are so real  
That runs in your eyes  
For it surely reflects  
Your pain and sigh

And you get them only  
When you feel lost  
Because of experiences  
Full of pain's frost

so how could you smile  
Or can ever pretend  
when for miles around  
Troubles has no end

So don't stop the flow  
Or dropp from eye's layer  
These precious little pearls  
Known as running tears.

Seema Chowdhury



# Runway Of Life

We're the voyagers  
Who are wondering  
On the highway of life  
With  
A huge pile  
Of expectations  
And memories  
And long Loneliness of winter  
Shaking my hopes  
And  
Leaving invisible scars  
On my mind.....

Seema Chowdhury

# Rush Of Wind

In  
This rush of wind  
i have lost  
So much  
About which  
Only  
And  
Only  
my heart knows.....

I don't think  
Its fair  
Why do we suffer? ?  
Why do we feel this unwanted pang? ?  
Why can't life be what we wish for? ?

Is it too much to ask  
To be able to smile  
To be able to see a day break  
To be able to enjoy a sunny day

Why God  
Why do I feel lost today?  
What have I done to deserve this?

I only want relief from all this  
And want to bring back  
Some peace and solace  
To calm down  
My injured soul.....

Seema Chowdhury

# Sad Ending

Life's struggles  
And  
Sufferings  
Prolong the day  
And  
Add misfortunes  
And  
Bad luck  
And  
usually  
It comes to nothing  
It ends in smoke  
It licks the dust  
Or  
may be  
I should say  
It goes to wrack  
And  
Ruin ones life.....

Seema Chowdhury

# Sad Eyes

Put a song in your heart  
Let it take a brighter part  
To wipe tears of your sighs  
And the pain from sad eyes  
Let life start your story again  
Where no glimpse of any pain  
Is given or written dear  
In your life's fair share  
So let go and do not mope  
Just for best you do hope  
And learn to believe in it all  
And stop your tears from a fall.

Seema Chowdhury

# Sad Heart

When your heart is sad  
When you feel very bad  
When there is no joy  
When ever fain destroy  
Then don't loose your hope  
Or sit back just to mope  
Try to find the way  
That can take you today  
Again in the journey of life  
Where also happiness survive  
And there exchange your pain  
And all sorts of trouble rain  
With fain and joy ad mirth  
And bring pleasure on Earth.

Seema Chowdhury

# Sad Images

I don't want  
To talk about  
My screwed up life  
Where  
So many different things  
Have happened  
That  
Now  
All my thoughts are bent  
And  
Only sad images  
Of  
Bitter hours  
Appear.....

Seema Chowdhury

# Sad Memories

A chapter of life  
That  
When read  
Brings tear and pang  
And  
Remind us of something  
That was  
Very hurtful and bad  
Is  
A sad memory-  
That's why  
I wish  
To close it  
Hide it  
And bury deep  
In  
The surface of my heart's mind.

Seema Chowdhury

# Sad Songs

Say to bitter and sad songs  
Forever from life so long! so long!  
And add in it a real thing  
That can bring joy of a spring  
And try to make the land of dream  
A place where happiness stream  
Flows all along the way  
To make happy your life's day  
And make joy's wind a resident  
Even in raw and cold scent  
And try to bade to bitter songs  
Forever from life so long! so long!

Seema Chowdhury



# Sail Through Life

As we sail through life  
We see new days unfolding  
One after another  
Full of surprises  
And challenges  
For us to meet...  
We need to be ready  
To face them  
And make our presence  
More meaningful  
And worthwhile  
And search for the ray of hope  
In challenging time  
And  
Improve our luck  
And listen to God's whisper  
In the dark  
And take care  
Of small things  
In our way  
And in God  
Try to find everything....  
Everything that can bring  
Love  
Peace  
And Harmony  
And can calm you down  
And let you  
Sail smoothly  
Through life.....

4th June,2009

Seema Chowdhury

# Salty Water

Locked and frozen  
In each eye  
Behind every  
Pain and sigh  
Very far  
From the voice  
Of happiness  
Fain or rejoice  
It comes when  
We are in stress  
And it is called  
The rapture of distress  
And it is also  
Amazing and fair  
And sometimes show  
love and care  
And that is why  
I think it is rare  
And this salty water  
Is known as a tear.

Seema Chowdhury

# Same Time

At the same time

All

The gathering clouds

The ill winds

And the rainy days

Came to visit me

And

Decide to stay

For a while

Without

My consent.....

Seema Chowdhury

# Samia Dear You'Re My Love

You're a precious gift of God  
You're a lovely darling my dear  
You're very sweet and sincere too  
And full of God's love and care

You're a constant source of joy  
You bring lots of happiness drive  
And you show unique ways to enjoy  
In each and every day of this life

You fill with your smile life's road  
You fill in happiness to take away tears  
From everyone's eyes and everyone's soul  
You show everyone in your own way you care

Your bright eyes sparkle like stars  
And show everyone wonderful light  
And you extend your hand of friendship  
To all with fain and delight

I'm proud to be your mom my honey  
For God has sent you with love and care  
And you're a precious gift of God  
And my lovely and darling baby dear.

Mama Loves You My Baby! ! !

Seema Chowdhury

# Sand Of Time

I'm leaving  
My footprints  
On the sand of time  
To enter in the tunnel  
Of  
Unseen events  
And  
Unknown crisis-  
Known as  
The real life.....

Seema Chowdhury

Seema Chowdhury

# Sandy Shore

The sandy shore of life  
Is full of  
Mist of wounds  
Dews of injuries  
Fog of damages  
Clouds of losses  
And  
Rough surface  
Of hurts and pangs.....

I wonder some times  
In such a small amount of time  
Why do we suffer and suffer and suffer? ? ?

I want to celebrate  
Life  
And miracles of God  
And want to ride  
On the waves of Joy  
And paint my life  
With the colors of  
HOPE and FAITH.....

Seema Chowdhury

# Say Yes To Life

Say yes to life  
And then you'll see  
All nice things  
Coming to thee  
For once when you'll  
Learn to survive  
Then each day  
Of your real life  
Will come to you  
As a treat  
And will give you a taste  
Of life very sweet.

Seema Chowdhury

Seema Chowdhury

# Scan Your Life

Deal with negative emotions  
And change the way you look at things  
Your life has a unique and fine frequency  
And natural ebb and flow don't interfere in it  
When one thing ends another begins  
So don't carry on the weight of heavy heart  
And aching soul all around your shoulder  
Take a break and have compassion and love  
Believe in Divine plan and the strength of Prayers  
Scan your life carefully and find silence of serenity  
Continue your journey and turn hard time  
Into a unique chance to grow  
And when evening sky is tinted pink  
And mist is ready to set in  
Put all your troubled thoughts to sleep  
So you can get a strong grip on pain  
And tomorrow you can start a new day  
Without darkness and pain of today  
Hold God's healing hands with faith  
And scan your life and its surroundings...

Seema Chowdhury



# Scary Halls

Walk carefully  
Through  
The scary halls of life  
If you want to reach  
your destination  
Because  
No matter how hard  
It seems  
It will get  
Easier  
And better at the end....

Seema Chowdhury

# Scattered Memories

Let the scattered memories  
Be reclined  
Diffused  
Disbalanced  
And  
Dispersed  
Because that is how in reality  
It is meant to be  
From the start.....

In life's journey  
Some times I find myself  
Struggling alone  
And isolated....  
Where nothing but  
Unuttered words  
Are heard  
In the pulse of time.....

Seema Chowdhury

# Scattered Thoughts

When  
I gather  
My scattered thoughts  
From  
The crowd of words  
Then  
So many answers  
So many response  
So many replies  
And  
So many echoes  
Gather  
That now  
I have to look  
For  
The questions of all these answers.....

Seema Chowdhury

# Scattering Kindness

Start a sparkle  
Of sunshine  
With  
Your carefree smile  
And  
Dance a carefree dance  
In your brand new way  
And  
Know that the dark night  
Has disappeared  
And  
Now its time  
For scattering kindness  
To take over.

Seema Chowdhury

Seema Chowdhury

# Screaming Agony

I fear no more  
Of  
An uncertain trouble  
An unexpected twist  
An unexplained tide  
Or  
An unspoken wish  
Because  
Now  
I have learnt  
To walk alone at night  
Into the silent land  
With an unusual theme  
Of  
Screaming agony.....

Seema Chowdhury

# Screams

Silent scream and silent tears  
That're flowing through the years  
Can be stopped even my dear  
Where you can find the door of prayers  
For when you feel down and blue  
And troubles seem never leaving you  
Then instead of crying in the way  
Or making all blue your whole life day  
Just go to god and talk with him  
And request him to help with vim  
So you can find path of peace  
Where all troubles seem to cease.

Seema Chowdhury

Seema Chowdhury

# Scribbling On Blank Papers

I'm scribbling  
On blank papers  
And empty canvas  
Of my life  
waiting for the right strokes  
And wish to redo  
My life's sketch  
And hope one day  
I'll be able to draw  
And connect all the dots  
And all the missing strokes  
And then proudly display  
This new sketch  
In front of the world  
And prove my abilities  
And capabilities  
Of handling  
Life's stress  
One by one  
As they stop by  
In my life  
Unexpected  
And  
Uninvited.....

Seema Chowdhury

# Sea Of Jitters

The rushing current of the year  
And these unexpected sharp turns  
Are like tidal waves  
That are bringing me  
A tale of thousand agonies  
And pushing me towards  
Shock and grief  
And agonized silence.....

And in the middle of all this  
I don't know from where to start  
To break this worry cycle  
And find the missing link  
In the sea of jitters...

Right now,  
My eyes are wet  
And my heart is sore  
And I'm trying very hard  
To stay grounded in the present  
But all these twists and turns in the road  
Is descending darkness  
And concluding my days on despair.....

Seema Chowdhury



# Search For Happiness

Searching for happiness is an art  
That you won't find lying in a cart  
So if you want to take a start  
Look for it inside your heart

As happiness stays in our view  
But doesn't carry any color or hue  
Its actually a miracle that is true  
And brings you joy when you're feeling blue

And happiness is like an Inverter's gate  
That returns you love when you enter hate  
And it is always open for those who wait  
And enter it with confidence and faith

So if you ever see any happiness star  
Roaming or wandering somewhere far  
Then go for it wherever you are  
Even if you have to cross trouble's bar

Because once if you learn to make a deal  
With happiness that is stronger than a steel  
Then you'll see that it will always heal  
Your pain and agony taht you ever feel.

Seema Chowdhury

# Search For Peace

Lighten your load  
In life's road  
And wash away pain  
And swap it with fain  
For there is a way  
That covers your day  
So Quietly walk  
And about it talk  
And search for peace  
That can cease  
Your tear's flow  
In this life's row.

Seema Chowdhury

# Search For The Right Words

Search for the right words  
At the right time  
At the right place  
For the right person  
So you feel good  
And  
See the worthness  
Of  
Your mere existence.....

For words are  
Very powerful  
And  
They carry a world  
Of meanings in them.....

Seema Chowdhury

# Search For Ways

Do your best in each moment  
And  
Let yourself be  
In constant search of ways  
That  
Can lead you  
To the doorstep of  
Utopia.....  
Where  
You can walk  
Under the shadow of  
Flowers and sunshine  
And  
See miracles unfolding  
one after another...

Seema Chowdhury

# Searching For A Friend

If you want to have a sincere friend  
Who will stay with you till your end  
Then look for a face which can smile  
And walk with you for miles

A friend who can cross dales and sands  
In both hilly areas or plain lands  
And know how to hold tears in your eyes  
Whenever you're passing from your period of sigh

A friend who really has got the power  
To pick the scattered happiness flower  
And spread it in the place you dwell  
And wish for you all fain and well

And today I'll say i really need none  
For in the form of YOU God gave me one  
A sincere friend who is willing to share  
All my joy and painful tears

And know how in her own nice way  
Try to keep pain and sorrow away  
And with all her nice qualities and zest  
Prove her friendship to be rare and best.

Seema Chowdhury

# Searching For Happiness

I started my New Year  
Walking down the beach  
Swinging my arms  
And splashing through waves  
Searching for life's happiness  
And putting bits and pieces of  
Happy memories,  
Squeals of laughter,  
Smiles beamed with joy, love and pride  
And  
The gift of faith and belief  
And all these helped me  
To enter another year of happiness  
And cleared the space  
And showed me  
The presence of lively colors  
In the stillness of the day  
And brightness of the light  
And unfolded miracles in everyday life  
And there I watched happiness ripple out  
Another day of loving emotions.....

Seema Chowdhury

# Secret Of Happiness

Happiness is a gift that is rare  
That needs lots of love and care

For it has to be searched around  
In life's painful merry go round

For happiness is like a bright rainbow  
That spread its color in life's row

And makes it shine very bright  
And emits from it pleasure's light

So find out secret of happiness  
And search for this precious dress

For one size just fits all  
And saves everyone from a fall.

Seema Chowdhury

# Secret Place

A secret place  
where I stay  
In my thoughts  
Is far far away  
Where I find  
Peace for me  
And where I can  
Surely see  
Whatever I  
Wish and pray  
Because that is  
Where God stays  
Who surely listens  
And shows me all  
That I wish to see.

Seema Chowdhury



# See Life As New

Your day will run smoothly  
If you can learn to  
Forget the past worries  
And see life as a new  
For the golden moments  
Do appear in life  
If only you can learn  
With troubles to survive  
So don't feel uneasy  
When troubles build a wall  
Around you to cover  
Joys of yours even small  
But forget the past worries  
And now here view  
A day of joys appearing  
And see life as a new.

Seema Chowdhury

Seema Chowdhury

# See The Flow

See the flow  
Catch and go  
And always know  
In life's show  
You do owe  
To your row  
To find a golden glow  
And become a pro  
To handle life's flow  
And smoothens as you go  
Each challenge's throw  
Like a soft snow  
Then only you'll grow  
And move to and fro  
To overcome pain and woe  
From your life's show  
Just learn and go  
And always glow  
And catch a throw  
Like a road show  
To get in a row  
And see above and below  
What is there to throw  
Just don't accept so-so  
Gain more from game show  
That helps you to grow  
And teach you to glow  
And forever smoothly flow.

Seema Chowdhury

## See Things.....

See things under the hope's light  
And try to look at side that's bright

Then life will surely be more fun  
Before this life is over and done

For life is a gift of Gracious God  
Who has given us as a reward

So enjoy each moment that is in it  
For it holds value in every bit

And see things under the hope's light  
And try to look at side that's bright.

Seema Chowdhury

# See What Luck Can Bring

Luck can bring you joy that is true  
So better stay alert and clearly view  
And try to understand things that are new  
And see what luck can bring in flying hues

Sometimes you feel that your sorrow is deep  
And you cannot do anything else but to weep  
But remember taht some times happiness leap  
And you have to wake your luck from sleep

So instead of just quietly passing your days  
wake up and search for the happiness rays  
And look for the stairs in your way  
That will lead you where happiness stays

But remember for that you first have to arrange  
Your messed up life and then you must change  
Your attitude towards things that are strange  
And then reach out for the range

And I; earn how you can properly greet  
Things taht are worthwhile and sweet  
And hope that one day you will meet  
Happiness and fain ready to kiss your feet

And then luck will bring you joy that is true  
And surely one day you will fainly view  
Good things that are all nice and new  
Will meet you in luck's way with flying hues.

Seema Chowdhury

# Seeds Of Happiness

Have a home with lots of love  
Where endless beauty grows  
And bring you the sunshine  
Where you can sow  
The seeds of happiness  
And smile and some love  
For they're all God's  
Gift of heaven above  
Where you can feel  
Like a princess so dear  
Who is sent for all  
To show here love and care.

Seema Chowdhury

# Seeds Of Prosperity

God give me the strength and the power  
To pluck the blooming success flower  
And grant me the prosperity seed  
So I can always remove the weeds  
That may ever grow in my way  
From where success breezes sway  
I wish god if I can see  
Success flower all around me  
That not only makes me glad  
But always others who really had  
Wished and hoped for the best  
For me in all my life's test.

Seema Chowdhury

Seema Chowdhury

# Seek God's Light Sameen

Seek the light of God  
And lit up your soul  
With peace and harmony  
And wipe away dole

And know that you  
Will see God's love  
Only when you'll be good  
To touch gifts of heaven above

And know this world  
Is full of good and bad  
You just have to learn  
To reveal all that is glad

And do good deeds  
In this world to survive  
And seek the light of God  
To have a wonderful life

And today is your very  
Special day my dear  
I hope its filled with bliss  
And lots of of love and God's care

Where God extends his hands  
Of peace and joy and more  
And lit up your soul  
With kindness and care's door.

Happy 10th Birthday Sameen jan.  
Mama loves you a lot.

Seema Chowdhury

# Seize An Opportunity

Seize an opportunity  
To enjoy life--  
Its each moment  
Its each flash  
For this is the time  
When  
Desires start taking shape  
Dreams come in abundance  
And  
Hopes are at their heights.....  
And this is the best time  
To live  
And collect the treasure of life.....

Seema Chowdhury



# Seize The Moment

Seize joys moment and try to avail  
Nice chances in your life that prevails

And enjoy each second of your life  
And know that pain do exist and survive

And learn nicer and newer ways  
To collect joy and fun for your days

And always remember that no one can  
Prove himself to be a perfect man

So don't expect too much from life  
Or else it'll be hard for you to survive.

Seema Chowdhury

# Sell Joys

I wish I was the seller  
Of joy and a great teller  
Whose work was to spread fun  
Before life's days are done  
I wish to sell the fain  
To cover all sorts of pain  
And wish if I could find  
To spread the peace of mind  
For life is very small  
Where not comes for all  
Joy and pleasure's sight  
To make world glow so bright.

Seema Chowdhury

# Seperate Dreams

I use to think  
Why don't you understand  
What I wish  
Without my saying it to you  
And then  
I thought  
And thought  
And then  
All of a sudden  
The hurtful answer appeared  
In front of me-  
And that was  
Because  
Our priorities are different  
And  
So are our dreams.....

Seema Chowdhury

# Sequence Of Events

Watch the sequence of events  
And go step by step  
Keep things moving  
By following the rhyme  
And connect strings  
To put the pieces of puzzle together

Create your own paradigm  
And measure your own success  
By tying loose ends  
And put your heart and soul in it  
And give shape to your own story

Look deeper into things  
And find your way in the middle of it  
And be responsible for your life  
And don't walk away from it

Be strong but not judgmental  
And always follow your heart  
And form your opinion and perspective  
Only then the real sense of peace  
And comfort will come to you  
In the sequence of events...

Seema Chowdhury

# Set Things Right

Set things in their places right  
Look for joy before your sight

And learn to do it all  
Before life's day get a fall

For no one else but only you  
Can do it in a style new

And show that with courage and hope  
You can surely wipe your mope

So do it now and set these things  
And bring you the joys of spring

And learn to place things in right  
And look for joy before your sight.

Seema Chowdhury

# Shade Of Truth

Each day begins with the shade  
With the shade that provides aid

Aid like wonders, humor and beauty  
That reminds us all of our duties

It also tells us the greatness of truth  
Truth like life's sorrows and ruth

Sorrows and ruth that are the part  
Of our daily life inside the heart

So try to totally enjoy it  
Whatever life is showing bit by bit

And try to be happy in life  
Because that's the best way to survive.

Seema Chowdhury

# Shades Of Happiness

Try to find joy and delight  
In every passing sigh  
For life has many shades  
And it goes through these wades  
So enjoy and try to spread  
As it is the life's bread  
On which mostly we survive  
In the period of misery's life  
But always remember in each pose  
That life is not a bed of rose  
You also have to face in it  
A little part of the bitterness bit  
So whenever you get a chance  
Try to enjoy in life in advance  
The different shades of happiness  
As they are all God's bliss.

Seema Chowdhury

# Shades Of Life

Life is a beautiful landscape  
Where we must add colors  
Bright and charming  
Where each shade  
Adds value  
And each defined stroke  
Takes us closer  
To the reality.....

Where God has given  
many options  
And opportunities  
To us  
To draw our world of action  
And  
It is up to us to see  
How many colors  
We can absorb  
And blend together  
To smoothly flow  
With life's rhyme.....

Seema Chowdhury



# Shades Of Tranquility

Each passing moment of a day  
Is surely unique in its own way  
For it is known to be made  
Of noisy clatters or tranquility shades  
And even in those moments in the time  
There are hidden meaningful rhymes  
That are waiting to be revealed  
And taken out from under its seal  
So try in each of your day  
To seek and find in your way  
What's hidden in tranquility shade  
And why is it so hard to wade.

Seema Chowdhury

# Shadow

I am scared  
of my shadow  
Because  
It stays with me  
All the time  
Close...  
Very close...  
And  
It watches me  
Doing everything  
Even  
When I am shedding tears  
And  
wiping sorrows  
From my eyes.....

Seema Chowdhury

# Shadow Of God

Nothing begin in everyone's day  
Where nothing good comes in the way  
For each of our day and night  
Is covered with god's shadow bright  
For god is our creator and lord  
And that's why he help us in odd  
And whenever we're stuck in a trial  
He holds our hand and gives us his smile  
And that's why its for all a must  
To put only in god our trust  
And plea him to extend on us shade  
Of his love 'n bliss for our aid.

Seema Chowdhury

Seema Chowdhury

# Shadow Of You

My world is lonely  
Without you  
And I don't know  
Then what to do  
For everything looks  
Empty to me  
When around me  
I cannot see  
The shadow of you  
Spreading smiles  
The smiles that brighten  
My days for miles  
Where I can  
With peace stay  
And think of you  
Throughout the day  
And when you're not  
Here with me  
Then only loneliness  
Is what I see  
And then I wish  
And pray for you  
So you can come  
To take away the blue  
And once again spread  
Sunshine in the way  
Where with peace  
I can joyfully stay.

Missing You Sunny

Seema Chowdhury

# Shape My Life

I want to shape my life  
And want to live  
My life to the fullest  
And enjoy the gift of joy  
And give out  
Lots of love and laughter to share

I wish to live with gratitude  
And have a new outlook  
To expand my horizon  
And learn valuable lessons  
And share it with others

I hope to enter in the gates of heaven  
And take out  
Anger and past pain from my life  
And from this wicked world  
Reclaim joy to shape my life.

Seema Chowdhury

# Shape The World

Shape the world to your will  
And learn to master this skill  
And know to win in this life  
You've to learn to boldly survive  
for world is not an easy place  
And here you really have to face  
Many ups and downs in the way  
And many hurtful trouble's ray  
So find for yourself better days  
And look forward for lucky maze  
Where you can easily find  
A way to bring peace to mind  
And know that to boldly survive  
And win in this trouble filled life  
You must learn to master the skill  
Of shaping the world to your will.

Seema Chowdhury

# Share Fun

With open heart invite joy to  
walk in and stay with you

And share all your smiles with it  
And enjoy each moment and every bit

For a shared joy is like a gift  
That gives our spirit a lift

So learn to pass it to  
All who are feeling blue

And then soon you will see  
All joys smiling for thee.

Seema Chowdhury

# Share Joys Moments

Just in the blink of an eye  
Just in the moment when I was thinking high  
Just in the period free of pain and sigh  
Happiness illuded and bade me goodbye  
I don't know why it happened with me  
Specially when I wanted to see  
Nice new things that life have stored  
And wish to see joyous things few more

I though and thought throughout the day  
Even while walking up and down in my way  
And then atlast I got the reply  
Of the question in which I asked why

May be because my time was up  
And now it was put in someone else cup  
Or may be because others had too  
A right to share joys moments that're few.

Seema Chowdhury



# Share Some Laughs

Laughs and smiles  
Are  
Not just expressions-  
But  
They are  
Deep passions  
That  
Needs to be  
Shared  
Understood  
Felt deeply in heart  
And  
Then  
Passed on.....  
Just like kindness  
That should not  
Be kept for oneself only.....

Seema Chowdhury

# Share The Load

With laughter in the eye  
And  
Smile on your face  
Look forward  
To help someone out  
By  
Sharing their load...  
And give company to  
The lonely  
Unwanted  
And troubled person  
So tomorrow  
When you need  
A helping hand  
Then  
Someone is there  
For you.....

Seema Chowdhury

# Share With Others

Share your smiles not your tears  
Share your laughs not your fears  
Share your peace not your strain  
Share your gain not your pain

For everyone is battling in life  
Where many unseen problems survive  
Those challenges us day in and out  
And fill our lives with unaccountable doubt

So don't look at shades of gray and blue  
Mix happiness with tenderness hue  
In everything that comes in your way  
So you can brighten the coming day

Just remember that life has many loops  
So learn to bind and fasten with a hoop  
All your wishes, desires and joy  
And share with others what you enjoy

Then surely you will find serenity and peace  
Where troubles will pause then forever cease  
And you will feel Divine's love and care  
Extending shades of blessings deep layer.

Seema Chowdhury

## Share Your Hopes

Share your dreams and your hopes  
Share your fears and learn to cope  
With this life's bitter bite  
With calmness, peace and delight  
And know that in this life's game  
You don't have any right to claim  
Only on its joys and smiles  
But you have to share trouble's piles  
so when you feel bad and blue  
And wish to see some bright hue  
Then go to the door of God and pray  
For He is the only one I'll say  
Is your only true and loving friend  
Whose blessings has no bound nor end  
Who will come forward to coyly share  
Your dreams and hopes to show He cares.

Seema Chowdhury

# Shared Grief

Grief when shared  
Becomes half in time  
And takes away the pain  
In this life's rhyme  
And wipes away blues  
And tears in your eyes  
And takes away troubles  
Your sorrows and sighs  
So try to share with others  
Their hard times and loads  
And swap it all with the  
Joys and happiness board  
And try to show them smile  
And better days dear  
Where fate and luck will greet  
Them all with glee and cheer.

Seema Chowdhury

Seema Chowdhury

# Sharing A Thought

Sharing a thought with a friend  
Is a joy which really has no end  
That brings you all sorts of fain  
That helps in removing your distress and pain

So whenever you feel down and blue  
And you don't see any lively hue  
Then look at a friend in every world's nook  
Who will greet you with a smiling look

And the joy that we get from them  
Is like prayers which helps to hem  
The rough edges that brings us pain  
Specially in the absence of joy and fain

And when God made this world and the earth  
He knew we'll need nice people who are worth  
And to prove this he made us good friends  
Whose kindness really has no bounds nor ends.

Happy Friendship Day! ! !

Seema Chowdhury

# Shattered Dreams

Just with a little violent blow  
My friends were replaced by the foe  
Because with a sudden break  
My dreams shattered like a lake  
I don't like, want or ever wish  
To see happening any of this  
Because after that its hard to stop  
The painful tears that want to drop  
As I think the hardest thing of all  
Is to see yourself or your dreams to fall  
Which afterwards really set a trend  
Of a violent pain that has no end.

Seema Chowdhury

Seema Chowdhury

# Shattered Dreams And Ashes

Hushed and dim  
Lost in my own thoughts  
I found myself  
Weeping from the depths  
Of broken heart-  
Shedding  
Hot tears  
In the unguarded moments  
With my mind caught  
In the whirlwind of words  
When  
I saw my  
Shattered dreams  
Broken into ashes.....

Seema Chowdhury



# Shattering Moments

when

Your outlook in life is negative

And you feel numb with grief

then

In those shattering moments

Nothing--

But

Questions and more questions

Take you to the ride

Of

Non- stop confusion

And

Unsettled puzzles.....

Seema Chowdhury

# She Is The One

She is the one who gave me birth  
She is the one who protects me on earth  
She is the one who spreads joy and mirth  
And shows to the world my value and worth

God show your compassion and blessings forever  
On my beloved mother who always endeavor  
Troubles and pain whatever and whenever  
To raise me with tenderness and warmth's cover

She is the one who brightens my day  
She is the one who strengthens my way  
She is the one who always keep at bay  
Agony and clouds of doubt to ruin my day

God she is a ray of sparkling sunlight  
Whose beams spread very far and bright  
Who has a gentle soul and a heart of gold alright  
From which grace, virtue and kindness alight

She is the one who has always spent  
Her love and time to straighten my path bent  
And reconnects my past with her present  
To make life worthwhile and always pleasant

God keep her safe and shower on her love  
Open your wide doors of Heaven above  
And give her peace so she can smile like a dove  
For she deserves benevolence of your care and love.

\*\*\*\* written for my beloved mother who is suffering from Alzheimer\*\*\*\*

Love you Ma, may God be with you today and forever

Seema Chowdhury

# Shed New Light

Shed new light on this earth  
Prove all your talents and worth  
And tell how much you can show  
Your kindness and love and sympathy in woe  
For this world is walking on the feet  
That is holding the world but cannot meet  
Whose path crosses all hills and dales  
Hands in hands with courageous vale  
So always stay prepared and see how you can  
Act as a nice and a kind man  
And show others that you are worth  
By shedding new light on this earth.

Seema Chowdhury

# Short Supply

Happiness has a short supply  
So whenever you find  
Capture that moment  
So later on  
When you don't have any  
Then you can  
Atleast  
Have a memory  
Of the past....  
To admire..  
To cherish..  
And  
To make you smile...

Seema Chowdhury

Seema Chowdhury

# Show A Little Mercy

Don't hurt anyone be gentle and kind  
And always try in your way to find  
How you can spread this precious gift  
To give other's spirit a brighter uplift

Show a little mercy to those in grief  
And try in your way to bring them relief  
And see how you can spread this gift  
To give other's spirit a brighter uplift

And help all who are stuck in a trial  
And try in your way to make them smile  
And see how you can spread this gift  
To give other's spirit a brighter uplift

And help all who mope  
And try in your way to bring them hope  
And see how you can spread this gift  
To give other's spirit a brighter uplift

And when you'll do all this dear  
Then God will also show his care  
And will bestow his mercy specially on you  
With the true gift of joy and happiness hue.

Seema Chowdhury

# Show Of Colors

Life is a magnificent  
Show of colors  
Where  
God throws all the colors  
And all the shades  
We can think of  
And then  
He sits and watches  
Our moves and see  
Which colors  
We choose  
To complete our story  
In a fairly simple way.....

Seema Chowdhury

# Sigh Of Silence

The mournful sighs  
Of silence  
Are shedding tears  
Of pain  
And  
Sigh  
As they're badly hurt  
And  
Needs a powerful cry  
To wipe it all  
From them.....

Seema Chowdhury

Seema Chowdhury

# Signs Of Good Fortune

Smile faintly for a while  
Even when stuck in a trial  
For then it will help to end  
The road of pain that is bent  
And then you'll learn in your way  
To go quietly to God and pray  
And ask him to show you a sign  
Of good fortune that you wish for thine  
And when you'll earnestly plea  
And wish if you can ever see  
A pathway where you can walk  
And have a nice and a little talk  
With your God who will understand  
And will firmly with you stand  
And on you put his blessing's hood  
To show you sign of fortune good.

Seema Chowdhury

Seema Chowdhury



# Silence

Silence is sometimes the best reply  
That I wish to mostly apply

When I'm hurt and feel the pain  
And tears start pouring just like rain

For mostly people don't understand  
What I'm going through on God's land

Specially when my words and acts  
Are misunderstood and that's a fact

So that's why I feel the best reply  
In such a time is to apply

The language of silence in pain  
To cease feeling sad and insane.

Seema Chowdhury

# Silence Is Musical

Silence is musical  
If you can ehar  
What its trying  
To say to you dear  
For its not easy  
For words to say  
All we wish  
To tell each day  
So learn this language  
For yourself and believe  
It carries a meaning  
Of both joy and grief.

Seema Chowdhury

# Silent Beauty Of The Sunrise

As evening gives way to radiant morning  
The rosy tint on the sky appears  
Tenderly brightening the beautiful sky  
With its sparkling glow and cheer

Where golden shine on the mountain  
Spreads warmth and soft rays of light  
And host of clouds merrily dance  
With birds flying and chirping bright

Morning breeze blows sweetly and swiftly  
Accross the soft amber glowing sky  
Tenderly giving way to silent sunrise  
Stirring emotions deep to run high

Mesmerizing dewes are spread on the grass  
Making everything glow, shine and smile  
Like bright rainbow colors all sparkling  
And sprinkling magic on the meadows pile

All this look so amazing and tender  
As it brings serenity and silent peace  
I stare deep into the horizon to absorb  
Fragrance of the fresh morning breeze

And in those brief magical moments  
I feel lost in awe struck beauty and haze  
Where melting colors of the brilliant sunrise  
Become a source of radiant blessings to gaze

Welcome another blessed day in life and give special thanks to your Creator.

Seema Chowdhury

# Silent Cry

The silent cry that I heard  
From the injuries that were curt  
Helped me to cease the tears  
Rolling down for so many years  
For when i'm feeling bad  
And nothing around seems glad  
Then instead of falling in mope  
And losing all sorts of hope  
Its better I take off the load  
And help to lift another road  
By walk on the path of god  
And ask for his help in odd.

Seema Chowdhury

Seema Chowdhury

# Silent Land

Let me go and stay  
Let me find my way  
Let me sort my life  
And let me peacefully survive  
Life is difficult and hard  
And like a pre written card  
That we all have to read  
To let grow our life's seed  
I want some time alone  
I want from you a loan  
A loan of your loving hand  
Because I know you understand  
I want just for a while  
A brake of your loving smile  
And a silent land to stay  
With no grief in the way  
So let me go and stay  
Let me find my way  
Let me sort my life  
And let me peacefully survive.

Seema Chowdhury

# Silent Language Of Grief

tears are the silent language of grief  
Tears mostly provide us comfort and grief  
When once they quietly all fall down  
On grass that's green or on mud that is brown

Because they are very precious and rare  
that no one whenever wants can spare  
Because it only comes with the pain  
that we get like an unpredictable rain

So then after facing agony and distress  
And all life's lies, fib and mistrust  
What is left for us to feel  
That afterwards every one has to deal

Is the silent language of our grief  
that gives us way to find a relief  
Through the path of life's precious tear  
That not only sounds but is very rare.

Seema Chowdhury

# Silent Majority

When you're hurt  
Just keep quiet  
And  
Stop your eyes  
To  
Shed saltish drops  
And  
Pray in your heart  
Because  
God Almighty listens  
To  
The silent majority.

Seema Chowdhury

# Silent Pain

Silent nights and silent days  
Silent pains all spread in ways

Is what I only get at the end  
Where things are cracked and bent

I wish and hope never to see  
Another dawn where I'm not free

Of all these distress and blues  
And feel like a disappearing dew

I just wish to be left alone  
With my thoughts never to mourn

And hope to cope in my way  
With silent nights and silent days,

Seema Chowdhury



# Silent Questions

I wish if I can ask just why  
I wish if I can give it a try  
I wish if I can be the first  
Who can break this silence crust  
I really want to know so much  
I really want to feel and touch  
The bitter realities of my life  
Which all around me do survive  
So then I can forever feel free  
And get out of the trouble's sea  
And ask silent questions to express  
And find out what is making me depress.

Seema Chowdhruy

Seema Chowdhury

# Silent Strike

I observed the silent strike  
Throughout the day  
Throughout the night  
And walked alone  
Beside the beach  
Where nothing but  
Serenity prevailed  
I walked and walked  
And thought that why  
I cannot stay  
Happy and gay  
And then while walking  
I got the reply  
That it happens because  
I always ask 'why'.

Seema Chowdhury

Seema Chowdhury

# Silent Suffering

Set your own hours  
And march to your own beat  
And don't let  
Silent sufferings  
To lead your way-  
Just learn to say goodbye  
To your fears  
And start your journey  
In to hope  
And  
Hope for a life  
Free of worries  
Duties  
And  
Struggles....

Seema Chowdhury

Seema Chowdhury

# Silent Thoughts

In spoken words or in silent thoughts  
Your sweet little action among the lot  
Leaves an impression in my mind  
Of your childish acts that are kind

For the love that I hold in my heart  
Is very deep that can never apart  
And specially the lasting joy and pleasure  
Which no one can count or even measure

For the days I've spent with you  
really holds a precious value too  
Where all your cute actions are  
Bringing us close even from far

And there I wish you can always stay  
Deep in my mind like a ray  
That passes through every curve and rock  
And leaves behind a memorable stock

Of all your lovely acts and talks  
That finds the key to readily unlock  
The way which expresses your silent thoughts  
And your cute little actions among the lot.

Seema Chowdhury

# Silent Way

No one can share with me  
The agony i'm going through  
No one can understand  
Why I do things I do  
I wish if someone can  
Interpret my silence code  
And can feel how I feel  
In this life's painful board  
But guess not, it is too much  
To ask and wish today  
For no one can understand  
The meanings of my silent ways.

Seema Chowdhury

Seema Chowdhury

# Silent Whisper

Silent whispers that I heard  
From my injured mind  
Where wounded thoughts  
Were crying hard  
And  
Were shedding tears  
Of pain and sigh  
Quietly  
And  
Silently requested  
To transpose  
Tears with smiles  
Pains with joys  
And  
Troubles with pleasures...

Seema Chowdhury

Seema Chowdhury

# Silent Words

Silent words  
That I heard

From my thoughts  
Really brought

Me the choice  
To rejoice

And feel free  
From trouble's sea

And can dwell  
In happiness well

And be glad  
To end all that is bad.

Seema Chowdhury

Seema Chowdhury

# Simple And Complex

Life is a combination of simple and complex events  
Where echo of memories never die  
And life feels empty at times  
And we find it difficult to fight back tears  
For rare and unusual things happen on grand scale

And when dusk falls on the city  
We wish to find the shooting star on the sky  
That can brighten our world  
And can change the perspective  
So we don't have to gaze around us with sad eyes  
For sometimes conflicting view  
Kicks in without any warning

And we find the ebb and flow of the world  
Intimidating and overwhelming  
And find challenges in a series in every step of the way  
And in such a time we wish to see at least one bright day  
And words of comfort and wisdom to remove the clouds

And see miracle appearing  
To open window to a brand new world  
With the gifts of prayers  
Everlasting love of Almighty God  
And enduring faith.....

Seema Chowdhury



# Simple Little Things

Just from simple little things  
Life's joy may often springs

So live with joy in each day  
And make the fortune in your way

For kindness brings joy and shine  
Just like soothing lover's wine

That brings contentment and fain  
And shower like the summer rain

So go on and work on it  
So it can give happiness in bits

For life's joy may often springs  
Just by doing simple things.

Seema Chowdhury

# Simple Loveliness

Find loveliness

In simple things of life

Like

A simple day break

A sunset

A flower bloom

A rainbow in the sky

A charming smile

or

In just an innocent tears.....

Seema Chowdhury

# Simple, Unpretentious And Contented Life

Dont worry for things that you can't change  
Be prepared for the approaching moments  
And live a simple, unpretentious and contented life  
There are many complex things coming ahead  
So discover the layers of the richness of reality  
And write your fabulous and preplexed story  
From the kaleidoscopic memory of entangled life  
And stir some pure emotions from the past  
So you can embrace change to create opportunities  
With strong belief, deep faith and unbreakable trust

Remember we move between the worlds  
Of our bitter reality and tender fantasy  
So don't let life's mirror cloud with steam  
Clear your view and start all over if required  
Heal your fresh wounds with the balm of hope  
And start coloring your side of the rainbow  
With strong belief, deep faith and unbreakable trust  
Collect your emotional and physical strength  
And embrace change to create life and opportunities  
To make life simple, unpretentious and contented.....

Seema Chowdhury

# Since Yesterday

Things haven't got any better  
Since yesterday  
And it will not get any better  
Tomorrow  
So clear out the gloomy music  
And  
Add a lively jingle  
In your life's rhyme  
And  
Never give up your dreams  
For there would be  
Periods of calm  
Followed by  
The violent wind sheers....

Seema Chowdhury

Seema Chowdhury

# Sincere Friendship

Friendship is a sheltering tree  
Where grows flower of love  
That extend it branches  
Like a bliss of heaven above  
For friendship is a rare gift  
And a source of pleasure  
That brings fun and joy  
More than any treasure  
And it is like a garden  
Where grows grass green  
Just like that in friendship  
There is nothing mean  
And friendship is unselfish  
And it is also kind  
that brings you alot of fain  
And pleasure's peace of mind  
because it is a sunshine  
That gives it bright light  
And makes everything gloomy  
In the garden of delight.

Seema Chowdhury

# Sincerity Shines Through

Let sincerity be your aim  
Let it stay in the meaning same  
And let not you deviate from it  
For it holds value in every bit  
So be sincere in words and deeds  
For it is like a growing seed  
That is very rare and worth  
Among all things found on earth  
So practice it all along your way  
To brighten someone's else day.

Seema Chowdhury

Seema Chowdhury

# Sing A Prayer Of Thanks

God hold my hands and bring me out  
Where there is no pain or doubt  
And shine the light of your love for me  
So I can sing a prayers of thanks for thee

Please fill my life with joy and peace  
Where troubles are trapped and ceased  
And shower right combinations of lively hues  
That can color and blend all my blues

God please help me in my life today  
To save lost boat from battering waves way  
And shine the light of your love for me  
So I can sing a prayer of song for thee

For switching between things are hard at times  
And life seems scattered and with out rhymes  
But with your help and love's waves  
I can come out of darkness of misery's days

And enlarge my future to follow my dreams  
Those are pure and fluffy like a cream  
So please God shine the light of love for me  
So I can sing a prayer of thanks for thee.

Seema Chowdhury

# Sing For Joy

Let the stream of light flow  
Without any hinderence  
With a magical notion of love  
And deepest feeling to stay positive  
With excitement of a fresh start  
To sing a song of joy

To show your gratitude  
For the gift of life and living  
And a chance to expand  
The field of happiness  
With few lessons learnt from faith  
With peace and simplicity

For the sparkle of love and happiness  
Can do miracles to add fun to share  
A beautiful song of joy to show gratitude  
For the positive reframe and perfect time  
To renew your soul and expand your horizon

Wake up with a new perspective  
With the rising sun of vibrant colors  
To add harmony and rhythm to life  
And recharge those spiritual moments  
And be grateful for the warmth and blessings  
That brought real joy and love of contentment  
And gave you a beautiful reason  
To sing for joy and hope.....

Seema Chowdhury



# Sinner Or Winner

I don't know  
Whether  
In God's house  
My name is  
In the list  
Of  
Sinners  
Or  
Winners? ? ? ?

For so much  
I feel  
We lose  
In  
Every day  
And  
In  
Every moment  
Because of our  
Ungratefulness  
Towards God Almighty.....

Seema Chowdhury

# Sisters Are Special

Sisters are our best friends  
Who are always there for us  
No matter what.....  
With them we share  
The same memories  
The same jokes  
The same stories  
The same joy and tears....

They are the ones who understand us  
Without saying a word  
And they offer warm, comforting and unconditional  
Hugs and kisses without asking for them.....

Sisters are the sunshine when we are down  
A cool breeze when we are hurt  
And a sparkling rainbow that guides our way  
Even in the darkest, deepest and a starless night.....

They are a special and a rare gift  
And life's greatest treasure from God  
Who help to lighten our troubled soul  
Brighten our dull spirits  
And they add meanings to everything around us

Sisters are our special friends  
Who listen to all our troubles and fear  
And they have a powerful and a magical hug  
That makes everything better and brighter

They are our teacher and a special counselor  
Who somehow have answers  
To all our problems  
And great solutions for  
All our unsolved queries.....

And sisters know what is in our hearts  
As we are all a special part  
Of a beautiful and an amazing maze called life

Where kindness, care, concern and affection  
Bind us in a strong bond of unbreakable love.....

Thanks for being a very special sister.  
Happy Birthday Baji.

Seema Chowdhury

# Slide Show Of Life

In the slide show of life we see  
Flashes of happy moments  
Loving laughter  
Speaking words  
Warm hugs  
Beautiful smiles  
Memorable experiences  
Lasting memories  
And  
Breathtaking turnover  
With which we try to make connections  
With passion and enthusiasm  
And weave and blend in together  
To rediscover the magic  
And think about the world in a different way.....

And that is when we learn  
To travel by unexpected routes  
And move through the maze  
Reflecting on reality from time to time  
And grow avenue and tailor life's solutions  
To avail every chance we get to grow  
To live our dreams  
And enjoy life with perks and pleasant surprises  
And see the beautiful and amazing  
Slide show of life.....

Seema Chowdhury

# Sliding Door Of Life

Life is like a sliding door  
Where everything seems raw and exciting  
If you start walking on the sunlit path  
But in a blink of an eye it turns bitter and sad  
When the gray sky starts to move in  
And wet snow fills your path  
And you feel lost and cannot find the starting point....

Just remember in such a time  
To play with the telescope of your vision  
And turn it around to see a bigger view  
And do not let waves to rise above your head  
Just hang on and be steadfast  
In every step of the winding trail  
And don't let your heart melt into silent tears  
Just sing a song with new meanings  
And turn your thoughts away to hope and tenderness

And be ready to slide back  
The door to the sun lit path  
And feel the warmth and the sunshine upon your face  
And eliminate the road block  
With the magic of believing in yourself  
And knowing that everything unfolds according to the divine plan.....

Seema Chowdhury

# Slippery Stones

Life is made up of  
The layers of  
Slippery stone steps  
Where  
Each step takes you to  
The valley of agony  
And  
The dale of misfortunes  
That has  
A tangible link  
With  
Our fate and luck.....

Seema Chowdhury

# Small Breaks

Look

For small breaks

In which

You can repair

The broken world

And

Erase every word

of

Worry and sorrow

To Change your life....

Seema Chowdhury

## Small Smiles

Take time out every day  
Have some fun in your way  
And remember to smile  
For it goes a long mile  
Because life is hard and long  
Where you need to prolong  
Few moments of joy that survive  
In this hard and bitter life  
So learn for a little while  
How to create series of smiles  
Because though its a little thing  
It creates for you a blessing's ring  
so take time out every day  
To have fun in your way  
And always remember to smile  
For it really goes long miles.

Seema Chowdhury



# Small Thoughts

Small thoughts of kindness  
Can change everything around  
For it can bring happiness  
And spread it on the ground  
And read the hidden message  
That is there for all  
For anyone who is stuck  
In trouble big or small  
For kindness is a language  
That a blind eye can hear  
And is for you and me  
So learn to understand  
And read it all loud  
For it can surely clear  
All your trouble's cloud.

Seema Chowdhury

# Small Wonder

This world is a small wonderland  
Where miracles of God and the magic band

Are present and all perform their role  
And help us all to attain our goal

It has the wonder of joy and hope  
That tells us never to be in mope

And shows us right path or line  
Which helps us to complete life's rhyme

It also has the powerful magic  
Of love that overcomes our tragic

And tell us these magic bands  
And miracles make God's wonderland.

Seema Chowdhury

# Small Wonders

Paint a picture before the world  
And fill with vibrant colors  
All the shaded emptiness  
In the landscape of the world  
And expand your canvas  
And spin the globe  
To add new dimension of time

Direct your thoughts  
And create your role  
By shaping your life to its free flow  
And don't let the moment vanish  
For there are small wonders  
In each passing moment

That's a dazzling reward  
That life hands out  
To restore lost harmony  
And answer questions that are hard to answer  
That gives a chance to voice  
Your feelings, fears and longing  
So appreciate life  
And look for small wonders  
That are hidden in layers of your life.....

Seema Chowdhury

# Smile

A simple thing like a smile  
Will help you go another mile  
It makes your moment precious  
Even if just for a while

A smile will cost you nothing  
But it may buy you something  
It makes your moment precious  
Without even spending anything

A smile is a sign of friendship  
More expensive than a goldship  
It makes your moment precious  
Like sailing in a seaship

A smile is sunshine when sad  
a rainbow that makes you glad  
It makes your moment precious  
By changing to good from bad

A simple thing like a smile  
Will help you go another mile  
It makes your moment precious  
Even if just for a while.

Seema Chowdhury

# Smile A Lot

Life is sunny  
Life is bright  
If you really know  
The path that's right

So learn learn the rule  
To smile alot  
And then see  
Happiness it has brought

And in every moment  
Of your life's road  
Try to compute  
And enter joy's code

And then for yourself  
You will surely see  
A bright life waiting  
Just for thee..

Seema Chowdhury

# Smile Is A Sign Of.....

A smile is a sign of love  
A smile is a sign of care  
A smile tells how much to others  
You are important and also dear

A smile is a sign of cheer  
A smile is a sign of trust  
A smile shows how you can  
Be happy even in hard crust

A smile is a sign of joy  
A smile is a sign of hope  
A smile teaches you how you can  
Remove the clouds of mope

For nothing but only a smile  
Takes away your pain and trial  
And pick your trouble's pile  
And let you smile, smile and smile.

Seema Chowdhury

# Smile Makes Life Worthwhile

Pack your troubles in the trouble's kit  
Throw it away and don't keep a bit  
And know that nothing but only a smile  
Is what makes your life worthwhile  
Help others when passing through life's road  
And help them to pick their load  
And give them nothing but only a smile  
Because that's what makes life worthwhile  
And when you see someone without a friend  
With bitter life 'n with trouble's end  
Then tell them that nothing but a smile  
Is needed to make life worthwhile  
And whenever things seem down 'n blue  
And life seems empty of happiness hue  
Then know that nothing but only a smile  
Is what makes your life worthwhile.

Seema Chowdhury

Seema Chowdhury

# Smile Of Acceptance

Sometimes I feel  
Only  
Your smile of acceptance  
And your unconditional love  
Can lead me out of  
The unending darkness  
And take me  
To the world of happiness  
where i can  
Feel the breeze  
Listen to the rain  
see shining rainbow  
And  
The golden sunshine  
Putting  
Balm on my hurt feelings  
And show me a path  
To begin my life  
A new  
A fresh.....

Seema Chowdhury



# Snowfall Magic

Snowflakes are gently falling from the sky  
Sitting gracefully on the bare branch  
Like thick and beautiful pearls  
Stringed together in a holy bond  
Glittering and glazing  
And the branches are drooping with its heavy load  
As if bowing to God Almighty with adoration and zest

The flakes are awesome and rare  
And as the snow drifts with the wind  
They gather around the steep slopes  
And the flat ground evenly and undisturbed  
It is a panoramic view creating a momentum

I touched the snow to get a sense of them  
It was fluffy and fantastic  
And it created an amazing attraction  
And awakened in me  
The feelings of holiness and devotion  
And reflected God's beauty and adoration  
And I felt like it was heaven on Earth  
Spreading freshness and purity all around.....

\*\*\* 2nd poem of the snow fall series\*\*\*

Seema Chowdhury

# So Less

So less is left  
So less of time  
So less of life  
So less of rhyme  
I wish  
I can increase it  
And  
Can save myself  
From  
The vicious circle of time.....

Seema Chowdhury

# So Many Dreams

There are so many dreams  
Yet to come true  
There are so many joys  
Yet to be shown to view  
There are so many wishes  
Yet to come to sight  
There are so many smiles  
Yet to bring delight  
So don't lose hope  
Neither ever cry  
Just hope for all the best  
And again and again try.

Seema Chowdhury

# So Much I Want

So much I want to tell you dear  
So many things all bitter and fair

So many stories of my past  
That covers my life's area vast

But I cannot find words to  
Tell them all dear to you

Because those are all meant to be felt  
Deep very down in the heart's belt

And that's why I hope if today  
You can take out time along the way

To feel all those feelings of mine  
That're spread in my life's area like a vine.

Seema Chowdhury

# So Much To Look At

So much is there to look at  
This is my dear a fact  
So don't ever lose your hope  
Or fall very deep in the mope  
Because crying will not help you  
Neither it will change your view  
So do it all and look with faith  
Then surely you'll also feel great  
And things around you will be glad  
And it will swap its places with bad  
But for all this you have to act  
And believe there's much to look at.

Seema Chowdhury

Seema Chowdhury

# Soft Colors Of The Morn

The soft colors of the early morn  
Warmed and energized my soul  
With its beauty and glow  
Where I found myself absorbed in special moments  
In the train of my thoughts  
And rays of inspiration shone  
To open up new vista of possibilities

It invited me to resume my life  
And let my heart speak and sing  
The song of infinite beauties  
And there I created memories to last a life time  
To enjoy and celebrate miracles  
And unending joy of a beautiful dreams

I learnt to trust myself  
To bring ease and joy  
To experience happiness in the present  
And Today I took my first step  
Onto a long path of  
Healing journey of life

Seema Chowdhury

# Soft Dew Drops

Day break ends the night  
Sun makes world bright  
Dew drops kisses the flower  
And give it the blooming power  
To bloom on the earth  
And show us all its worth  
And bring the message of hope  
And tell us never to mope  
And there soft drops of dew  
Brighten with its hue  
The hills, sea and sod  
To show the power of Lord  
And teaches us nice ways  
To live along life days  
And see how to stop to flop  
And stand firmly like a dew drop.

Seema Chowdhury

Seema Chowdhury

# Soft Words

Soft words of care  
Flows my dear  
Like a stream  
Full of beam  
Of words of love  
To fill life's curve  
With smile and joy  
And shows to enjoy  
Each day of it  
With the happiness kit.

Seema Chowdhury



# Some Joyous Moments

Moments of joy never stay  
Forever in any ones way  
For it is like a cooling breeze  
That blows for a while then cease  
So whatever chance you ever get  
Try in it for you to set  
A nice trend to follow smile  
And take it with you for miles  
And learn to wipe the waves of pain  
And swap it with the current of fain  
And try to adopt the art of joy  
So you can learn to enjoy  
And make moments of joy to stay  
For a little longer in your way.

Seema Chowdhury

Seema Chowdhury

# Some People

Some people are always ready to lend  
A sympathetic ears to listen and mend  
The trouble that is bothering you  
And is making you feel down and blue

For these are the people who always know how  
To offer a hand just then and now  
And make you feel good and glad  
And change for you all that is bad

And I always feel very proud to tell  
That among those people you also dwell  
Who always try to make my day  
By saying something very special in a way.

Seema Chowdhury

## Some Silent Prayers

Every little wish that we have in our heart  
Every little prayer that from us impart  
Every joy that we wish to be our own  
Is surely to god in every way known  
For god is the one who has given us birth  
And only for us he has decorated this earth  
And he is the one on whom we lean  
And he helps us in troubles unseen  
And always remember that God is the one  
Who has created the world, stars and sun  
And he can only give us cheer  
And hear even our silent prayer  
So when you want to talk to the God  
To the gracious God who is our Lord  
Then go to his door with some silent tears  
And request him to take you in his care.

Seema Chowdhury

Seema Chowdhury

## Some Tender Moments

The moments that I had spent with you  
In which life seemed bright and new  
Are really a great treasure my dear  
That I call tender moments that're rare  
I really wish if just once more  
I can enter in my past door  
So we can be together again  
And I can have you to gain  
And then once more we can smile  
And talk with each other for a while  
And can have more moments to share  
The days and show how much we care.

Miss You A Lot Sunny

Seema Chowdhury

Seema Chowdhury

# Some Time Alone

I want to spend  
some time alone  
Far  
Away  
From this crowded world  
To understand  
My incomplete thoughts  
My hurt feelings  
My unheard sighs  
My painful loneliness  
My true existence  
My meaningful absence  
My warm smoothness  
My jagged roughness  
And  
May be my own lost self  
In the crowded hours of my life.....

Seema Chowdhury

# Some Treasure

Depth of my feelings  
Are hard to measure

For your presence has brought  
Me so much pleasure

That everywhere now  
I see the flowers

Spread on the path  
To show love's power

I feel very lucky  
And very glad

To have you for friend  
When things are bad

For your presence has brought  
Me so much pleasure

That I feel as if  
I have found some treasure.

Seema Chowdhury

Seema Chowdhury

# Someone Cares

It feels very good and dear  
To know someone really cares  
Who is sending good wishes and fain  
To take away my troubles and pain  
I wish if today words can tell  
Happiness I have gathered where I dwell  
By knowing someone really cares  
Who is sending wishes for joy and cheer  
So I I wish the same for them  
And stitch with prayer's hem  
The edges of their rough days  
To bring happiness in their ways.

Seema Chowdhury

# Somewhere Over The Rainbow

A gentle soul with a caring heart  
Who filled with laughter our lives cart  
With endless love and care for all  
While sharing our joy all big and small

Dad, you showered your kindness on everyone  
You spread peace, happiness and lots of fun  
And wiped our bitter tears of hurt and pain  
And put on them balm of love again

You showed us the silver lining in the cloud  
You erased bold strokes of fear and doubt  
And colored our lives with the rainbow hue  
And walked with us on mist and dew

You enriched each aspect of our lives  
And helped us to learn to comfortably drive  
The car of our lives without any fear  
And you always showed us that you cared

We all miss you and we pray to God  
To keep you close and shower His reward  
And hope we'll meet under the heaven's bough  
Somewhere over the arc of the beautiful rainbow

And then we will be together till the end  
Where our time with you will never end  
And once again we will be happy again  
Without any fear of hurt and pain.

'If a star fell each time I thought of you,  
The sky would be empty' Anonymous

\*\*\*Written on the 4th death anniversary of my beloved Dad, Miss and love him  
tons  
May His soul rest in peace & may the Merciful God elevate his station in  
Heaven(Amen)





# Somewhere.....

Somewhere near by  
I hear the bird singing  
I hear the breeze blowing  
I hear the water falling  
I hear the flower blooming  
I hear the sun rising  
I hear the sky laughing  
And  
I hear the light shining  
And  
That is why  
I want to go on  
And on  
And on...  
And hope  
That soon  
Very soon  
I'll reach  
The doorstep of  
That  
Wonderland.....

Seema Chowdhury

# Song Of Summer

Lively and long days are here  
Sing, dance and play my dear  
For clouds are floating on the sky  
And sun is shining bright and high

For flowers of hope are in bloom  
Spreading its lovely and joyous perfume  
Showing all the door of hope  
Away far away from dole and mope

So get up and give a huge hug  
Of encouragement and drink from fun mug  
By filling your life with meanings true  
Of vibrant colors, tints and hue

Learn to repair rifts of life  
With which we all here survive  
Welcome Summer with a new hope  
Away far away from dole and mope

With the hope of a bright dawn  
Where sunbeams will decorate the morn  
To end your day and your night  
On a starry and sparkling light

In the light of pure faith and love  
Sent as a blessings of God from above  
To brighten your landscape of life  
Where with joy you can survive

So sing, dance and play my dear  
For lively and long days are here  
For clouds are floating on the sky  
And sun is shining bright and high.

Seema Chowdhury

# Songs Of Cheer

Sing a song of happy cheer  
And that is the way dear  
To find life in death  
And see the sun after its set  
And try to pray together  
In calm and stormy weather  
For all things great and small  
For happiness and trouble's all  
Because they move around  
And always touch the ground  
And bring you spontaneous joy  
To play with happiness toys.

Seema Chowdhury

# Songs Of Content

Sing the songs of content  
And thank your dear god  
Who gave you so much bliss  
As his gracious reward  
And learn to count your blessings  
That you have got in the way  
That made brighter the path  
And all of your precious days  
And always keep in mind  
And hope for the very best  
And believe in gracious god  
And take joyly life's test.

Seema Chowdhury

Seema Chowdhury

# Songs Of Peace

Sing the tranquil songs of peace  
And let it help any pain to freeze  
And try to stop the burning tears  
Rolling down from eyes for years  
And try to spread peace and love  
As love is a gift of heaven above  
That god has sent out for us all  
Both in big or in packs small  
So learn to avail this god's reward  
And ask for his help in odd  
And sing the tranquil song of peace  
And let it help any pain to freeze.

Seema Chowdhury

Seema Chowdhury

# Soothing Chime

The soothing chime of the bell  
Has so many things to tell  
For this is the sound of past  
That came to me at last  
For past is the time of life  
In which I survive  
With many smiles and pains  
That came to me like rain  
And now whenever I hear  
The sound of soothing chime dear  
I go back into my past  
Where there are memories vast.

Seema Chowdhury

# Soothing Tears

Don't put hurdle in the way of tears  
For they are very powerful my dear

So let them swiftly dropp down  
And appear as a gem in life's crown

For tears know how to sooth and calm  
And work for wounds as a balm

And lighten the load of mind and heart  
And that's why it plays an important part

So let your tears dropp down dear  
For they're powerful and rare.

Seema Chowdhury



# Sorrow

It is hard to live  
It is hard to give  
it is hard to here  
Survive my dear  
Because all tomorrows  
Are filled with sorrows  
And in life's hall  
Trouble's wall  
Is present to stop  
And from there drop  
More sorrows new  
To make you blue  
So you can taste  
And once again waste  
One more day  
In your way  
Fighting with sorrow  
To see bright tomorrow.

Seema Chowdhury

# Sort Things Out

I wish my silence can help me to tell  
The countless wishes that inside me dwell

And help to convey before my tears fall  
Because silence has built around me a wall

I wish if I can sort things out  
I wish if I can clear my doubts

But how it can be done by me  
When I don't feel from distress free

And feel as I'm burried in the hall  
Where around me silence has built a wall.

Seema Chowdhury

# Soul's Meal

Do not block your view  
Do not close the door  
Remember in this life  
You should ask for more

For more joy and love  
And happiness deal  
That surrounds you with fun  
That's your soul's meal

for life is a journey  
That never ends dear  
It's an on going show  
With both tears and cheers

Where less chances come  
For you to survive  
And drive tough life's vehicle  
With ease and joy's drive

So learn to buy fain  
For yourself and make a deal  
With pleasure and happiness  
That's your soul's meal.

Seema Chowdhury

# Sound Of Crashing Waves

The only thing that I can hear  
All around me and everywhere  
Is the hitting crashing waves sound  
That's hard 'n bitter like a ground  
I wish to get rid of it  
For painful is its every bit  
As it doesn't let me to sit in peace  
For the days which I have taken as lease  
Are passing by and leaving me alone  
To face the dark black sea to mourn  
From where I find no wat to save  
My soul from the sound of crashing waves.

Seema Chowdhury

Seema Chowdhury

# Sound Of Images

This world seemed to have  
Come to a halt  
Since I've read  
The sounds of  
My images  
And an awkward silence  
Has filled the air  
And my life's story  
Where violent winds  
And unsatisfactory trality  
Is trying to calm  
And put balm  
On my hurt feelings  
And  
Unsettled life.....

Seema Chowdhury

# Sound Of Silence

The sound of silence  
Teaches me  
To trust myself....  
More than ever  
And  
This pause  
Gives way to a moment  
when  
silence takes a vow  
To  
Keep me safe  
And  
Protects me  
From being alone.....

Seema Chowdhury

# Sound Of Silence - Sunny

I love the sound of your silence  
For it says so much  
As it defines  
The perfect love  
And a life full of happiness  
That removes all my sorrows and pain.....

I love the sound of your silence  
For it says so much  
As it shows me hope and promises  
And beautiful emotions that are contagious  
That fills my life with peace and acceptance.....

I love the sound of your silence  
For it says so much  
For it brings with it positive inspirations  
And amazing miracles  
That shines bright and brings joy  
To strengthen our bond of love.....

I love the sound of your silence  
For it feels like the winds of heaven  
And your smiling eyes tell our story  
That pull at my heart strings  
And gently plays a beautiful symphony  
Of our unending love.....

Love & Miss You Sunny.  
Hope to see you soon.

Seema Chowdhury

# Sour Adversity

Don't let sour adversity  
To bitter  
The taste of your life-  
Try hard  
And add  
A touch of sunshine in it  
Or else  
You'll become  
A prisoner in your own body  
Where  
Cries and screams  
Will seal  
The door of happiness  
And  
You'll be locked  
Behind silence.....

Seema Chowdhury

Seema Chowdhury



# Sour Luck

Exhausted from hurting  
i entered  
the woods of empty shadows  
Where  
Idle thoughts  
And  
Silent hopes  
Were flowing in the streams  
waiting to be discovered  
By soured luck.....  
Because  
There things were growing worse  
Hour by hour  
Leaving...  
Hurtful memories to be collected  
To make it a reality.....

Seema Chowdhury

# Source Of Satisfaction

A special source of dun  
Is to stop  
Expecting anything  
And  
Stop living for yourself  
And that's the only way  
Of  
Reaching to  
The heights of satisfaction  
And best way of  
Waiting for spring  
And  
Summer breeze  
To bring joy  
Back  
Into your life.....

Seema Chowdhury

# Sparkle And Gleam

I wish you a life  
Of sparkle and gleam  
Where every joy  
Comes with a beam  
Of pleasure dear  
That is a leisure  
That brings fain  
That's hard to measure  
Where every morn  
Appears with smiles  
And every dawn  
Free of trials  
Where you can surely  
Live with fain  
Without any glimpse of  
Troubles and pain.

Seema Chowdhury

Seema Chowdhury

# Sparkle Of Love

The sparkle of your love  
Has come out  
Of heaven above  
Unasked  
And  
Unsought  
To brighten my life  
And  
The world all around  
With  
The sunshine  
The gleam  
The glow  
And  
The glint of your smile  
And to blow the wind of change  
And let it through my life's window  
To lay opportunities before me-

Seema Chowdhury

# Speak Softly In Silence

Propose a theme and your own vision  
And don't miss a moment  
Jiggling too many tasks at once  
Just browse calmly life's slide at kiosk  
And enjoy the self running show  
Until the loop breaks

Learn to surf on the waves of happiness  
And jazz up your life  
By synchronizing with uneven pace  
With settled moments and conceptual overview  
And see new paradigm emerging  
With a soft and silent smile

And find answers quickly to relevant query  
And know how to accommodate change  
By speaking softly in silence  
With your own thoughts and passion  
To solve current obstacles in your path  
To find amazing solutions to reshape the world

Where life goes on with its unique need  
And we learn to canoe the boat of life  
And hymn along with the hope of light  
And create a twinkling momentum  
Realizing the reality and redraw lines  
Of our proposed theme and flashing vision.

Seema Chowdhury

# Speak To Your Dream

Don't get tired of the road block  
Mend your fence and seek for the day light  
Create excitement and opportunity  
And don't wait for the perfect time  
For the perfect time is right now

Life is full of twists and turns  
So sort out your jumbled feelings  
And try to understand happiness  
And don't wait for the perfect time  
For the perfect time is right now

Learn to make adjustments and changes  
And be like a kid on the playground  
Who can't walk away from the thrills of life  
And don't wait for the perfect time  
For the perfect time is right now

Enjoy and speak to your dreams  
With open heart and mind  
And see universe differently  
And don't wait for the perfect time  
For the perfect time is right now

Find the best solution  
To cover the long distance  
To reach your destiny with zest  
And don't wait for the perfect time  
For the perfect time is right now

Seema Chowdhury

# Special Wishes For Sadaf

Each day that starts may have an end  
An end of all trouble's bend  
So each new day begins on hope  
That brings you the lesson to cope

I wish you sis, my dear, sweetheart  
may God gives you strength to start  
Another year od life with joy  
Where troubles all look like a toy

A toy with which you play in life  
For only a while in life; s drive  
And then when you learn to handle them all  
You feel they are in reality very small

Because by then you've gained the power  
To lead a life like a brave flower  
That lives between thorns and yet smile  
That takes them far to cover life's miles.

Happy Birthday Sister! ! !

Seema Chowdhury

# Special Birthday Wish For Farah

A friend who is very special and nice  
A friend who is very caring and wise  
A friend who knows how in her style  
To bring me the gift of a precious smile

These are the words that best describe you  
And also my feelings that is true  
Because all your ways and your acts  
Shows your love and that is a fact

So I wish dear friend may each second of your day  
that seems very special for you dear today  
May bring you joy, happiness and fun  
And leaves you in fain when this day is done

For very few people who live on God's earth  
Follow the rule of God that is worth  
And I think you are certainly one of them  
Who smooth life's edges and flow with joy's hem

And I really hope farh may you find  
Friends who are more caring and kind  
Who sent their wishes in a fainly way  
And care very much for your special day.

Seema Chowdhury



# Special Bond Of Wedding

A special bond  
In which today  
You are tied  
For the rest of your days  
Surely holds  
A world in it  
That will come in  
Life bit by bit  
For a wedding is a  
Strong bond dear  
Which is a gift  
So precious and rare  
That is given  
With God's love  
For it is only made  
In heaven above.

Seema Chowdhury

Seema Chowdhury

# Special Care

Old friendship is a treasure  
That emits joy and pleasure  
For friendship is a gift  
That's noble and swift  
And changes the view  
And show rainbow hue  
When one feels depressed  
It shows and expresses  
How much we are dear  
By someone's special care.

Seema Chowdhury

# Special Danny

I wish your life to me very bright  
Just like a star that twinkles all night  
To show others the path that's surely right  
Specially in the middle of a dark night

And I wish you success in every test  
But for that you have to do your best  
Then God will take care of the rest  
And will choose for you whatever is best

And I wish you always get to your aim  
Because that's when you get to fame  
By attaining your goals and by getting in lane  
In the lane of people who have name and fame

So for that I wish you a life that's true  
And that is my heartiest wish for you  
Where pain be just a glimpse to view  
And happiness be all reserved for you.

Seema Chowdhury

# Special Dreams

Our special dreams  
That we build  
Are usually by  
Hard waves killed  
The hard waves of  
Troubles strong  
That makes everything  
Feels so wrong  
I don't know why  
It happens dear  
That we feel  
That no one cares  
And then nothing  
But broken dreams  
Ar left for us  
In stress extreme.

Seema Chowdhury

Seema Chowdhury

# Special Gift

Sometimes knowing someone cares  
Feels very good, special and rare  
And it makes your world bright  
And your heart feels very light  
It is a very nice feelings  
And a very rare dealing  
In which you have to give  
Your own heart and then live  
With the blessings and joy of it  
In each and every life's bit  
For this is a truly special gift  
That gives soul a brighter lift  
And makes you feel not only rare  
But fills your life with love and care  
And then everything looks bright  
And your heart feels very light.

Love You Sunny

Seema Chowdhury

# Special Gift For 2009

New year and new hopes  
And new things to think about  
This is a beautiful life  
With surety and some doubts

Where we must always try  
To bring light to the darkest time  
Where life flows smoothly  
With its even and odd rhymes

Where words are never wasted  
And so doesn't feelings of the heart  
Where each morning gives us a chance  
To hopefully enter and then start

Another day to make memories  
That will be favorite and full of fun  
Where we'll learn to overcome  
Life's big or small trouble and pain

Where we'll learn to face the fear  
And achieve our honest dreams  
And learn to reconnect to life  
And shine with the happiness beam

In this new year we'll find  
True spirit of this wonderful season  
And we'll learn to celebrate life  
With all the more simple reason

Where we'll promise to fulfill  
Little wishes of our hearts dear  
And will fill with peace and love  
This world of ours with cheer and care

And this will be a special gift  
That we'll give to us and all  
And will pray for God's bliss  
On everyone big and small.

Seema Chowdhury

# Special Happiness

When you become husband and wife  
You trust each other to share one life  
And with the exchange of the Holy Ring  
You promise that in life's autumn and spring  
You will spend each moment of your day  
Searching for joy that is hidden in your way  
Because dear then you are starting a life  
As a good husband and a good wife  
And promise that in this journey of years  
You will bear together all joys and tears  
And will enjoy special happiness that is send  
By God Almighty to fill your heart with content.

CONGRATULATIONS! ! ! !

Seema Chowdhury



# Special Joy

There was a time when I never knew  
The actual meanings of joy that's true  
And how one feels when one get  
Special joy with a happiness set  
But the day when I first saw you  
That's when I realized too  
That happiness 'n joy grows inside  
Our heart 'n mind that is wide  
And to get them what we must do  
Is to look at things nice 'n true  
So this way we can learn to enjoy  
How to gather for us special joy.

Seema Chowdhury

Seema Chowdhury

# Special Kind Of Excitement

When you are happy  
And glad in heart  
Then this happiness  
Gives a start  
To another joy  
And some fain  
And you get rid  
Of troubles 'n pain  
For happiness transforms  
And excitement of mind  
Is what we get  
That is special of a kind.

Seema Chowdhury

Seema Chowdhury

# Special Meanings

Things were never so bright for me  
Neither I used to feel so free  
But right after you entered in my life  
You showed me new ways to survive  
I feel very lucky and very glad  
As things have now changed from bad  
And that's why I think you have given my life  
A new and a special meanings to survive  
For now life looks very bright  
And overflowing with joy before my sight.

Seema Chowdhury

Seema Chowdhury

# Special Meanings Of Life

Our days are filled with  
Some special meanings  
And emotions that connect  
Us to ourselves  
And blossom our souls  
Where from moment to moment  
Life moves on  
And discover new solutions  
To familiar problems  
Only if we refresh our senses  
And unclutter our minds.....

For life can show us  
New and positive versions  
that can impose a rhythm of life  
And bring healing and joy  
Only if we learn to live  
In those moments in time.....

And let opportunities enter  
Through the cracks of our lives  
and let hope pour oil  
In the lamp of our hope  
And lead our way  
And help us to take  
The happiness challenge  
To enter the fresh landscape  
Where never fading beauty exists  
And we get an opportunity  
To awaken in new awareness.....

Seema Chowdhury

# Special People

Some people walk through life's road  
By sharing others pain and load

And show to others how much they care  
And are eager with them to share

Their cries, their laughs and their smiles  
And hold their hands and walk for miles

And give them their shoulders to lean  
And wipe tears of their eyes unseen

And for me my dear you are the one  
Who have filled my life with joy and fun

And have shown me life's brighter road  
On which to walk and banish past load.

Seema Chowdhury

# Special Prayers For Eid

I wish you lots of fun and joy  
I wish you learn to totally enjoy  
Each moment of this special day  
That brings with it smile to sway  
For very few moments for us really come  
In which we get a chance to sum  
All those funs, smiles, joys and pleasure  
Which surely for us is a great treasure  
And know that in life's day and night  
Not always all things are bright  
So for help we must only look to god  
As he is the one who's holding the sword  
And now for this special eid dear  
I wish for you a special prayer  
And hope that today without any delay  
You'll come 'n enjoy life's smiles that sway.

Seema Chowdhury

Seema Chowdhury

# Special Sarah

Oh Sarah my Sarah dear  
I'm proud of you my Sarah dear  
There may be things I never say  
But you know i love you in a special way  
I love you because you gave me a name  
A special name that gave me fame  
Five years ago you were sent at our door  
With lots of love, prayers, blessings and more  
So I'm thankful to God for sending his love  
In the form of You from heaven above  
So Sarah dear my Sarah dear  
I'm proud of you my Sarah dear.

Seema Chowdhury

# Special Shell

This special shell  
I have built  
Around me  
From where  
It hurts less to stand in silence  
And  
hear the brief echoes  
Of the bursting bubbles  
Of all my wishes and desires  
Falling apart  
And  
Becoming a question  
That is beyond words...

Seema Chowdhury



# Special Thanks

I wish I could be  
Always thankful to stars  
That glow and shine  
For people like me

I wish I could be  
Always thankful to birds  
That sing and fly  
For people like me

I wish I could be  
Always thankful to flowers  
That bloom and shine  
For people like me

I wish I could be  
Always thankful to candles  
That burn so bright  
for people like me

I wish I could be  
Always thankful to the Lord  
Who gives and guides  
For people like me.

Seema Chowdhury

# Special Wedding Prayers

I hope things will be better and fair  
In the coming days of the year  
And hope we will see sunshine  
Spread all over for thee and mine  
I hope new life we're starting today  
May always find peace in its way  
And hope everything that we'll do  
Will be full of sincerity all true  
And I pray from my gracious god  
To help us both to even our odds  
And to keep us both in his care  
And extends his aid in life's layer  
And I wish for us in the end  
That may god smoothens all road bends  
And may he gives us chance in life  
To be sincere husband and wife.

Seema Chowdhury

Seema Chowdhury

# Special Wishes For Sabeen

A birthday is a special day  
That comes in your life's way

And brings with it some joy  
That helps you to totally enjoy

Each moment of it with fain  
Where no glimpse of any pain

Comes or cross you life's way  
Or destroy your special day

And today I wish my dear  
All that you wish this year

May granted to you from God  
Who is your creator and Lord.

Happy Birthday Sister! ! !

Seema Chowdhury

# Special Wonder

My world is new once more  
With joy and fun in store  
For you gave a brighter touch  
Which really means so much  
I love you samia dear  
And for you I really care  
Because my world is filled  
With special wonder's skill  
I wish may happiness surround  
Your world with smiles around  
Where only fain appear  
To show you my love and care.

Love you baby Samia.

Seema Chowdhury

# Specially On Eid

When Eid arrives it bring with it  
merritment in its every bit

And tell you dear enjoy it now  
Without asking anyone why or how

As happy moments really exist very few  
that bring you joy that're all new

So when in life something good is shown  
Enjoy it fully till it is gone

As path between the roads od joy and sorrow  
Are not very far and is very narrow

So try to pick in this little time  
All sunny sights and all sunshines

that're enough for you to bring you hope  
To keep you away from the tears of mope

And also remember another thing my dear  
Its hard to find all you wish everywhere

So when you see good things in your life  
That you think is needed for joy to survive

Then go to the door of Lord and see  
Gracious God is waiting with more joy for thee

So thank him alot for keeping you away  
From all sorts of sorrow on this Eid day.

Seema Chowdhury

# Spices Of Life

Life's spice is made of joy and pain  
Like a little dropp of sunshine and fain  
Where no one has any power or say  
To fight with fate in any way  
So remember that it is better to smile  
And laugh in your way for a while  
And stop your tears to sigh or mourn  
And learn to carve a life of your own  
Because life is the best gift of god  
So think of it as a reward  
And remember that without cloud of rain  
We couldn't have enjoyed sunshine or fain.

Seema Chowdhury

Seema Chowdhury

# Spirit Of Fun And Joy

All you need in your life  
To faintly exist and happily survive  
Is to know and learn how to enjoy  
And have a spirit of fun and joy  
For life is a box of paint and hues  
Where not only colourful views  
Are shown to every one my dear  
But also dreadful things appear  
So when bad things come in the way  
Then don't just sit try to sway  
And look for the cool breeze to enjoy  
And have a spirit of fun and joy.

Seema Chowdhury

Seema Chowdhury

# Spirit Of Love And Care

Collect your happiness of today  
With the spirit of love and care  
For this can become a memory  
For your tomorrow dear  
Because heart and mind works  
Like a video tape drive  
That records everything  
That is happening in this life  
It includes all our joys  
And all our distress and mopes  
Altogether with our dreams  
Our desires, wishes and hopes  
That we have in our minds  
Our souls and in our hearts  
That show us day and night  
In our fall and in our start  
So collect it all dear  
With the spirit of love and care  
And know that this will become  
Memory of tomorrow dear.

Seema Chowdhury



# Spiritual And A Sincere Prayer

Beloved God give us the power and strength  
To come out of darkness towards the light  
Please show us the spiritual and sincere path  
That takes us to your affirmation and delight

Please help us to break the bitterness and silence  
And fill the air with pure joy and lovely sunshine  
Where we can all survive without throbbing pain  
Or endless miseries and doubt's lingering vine

Beloved Lord we truly believe in you  
And we want to hold your tender hands  
You are gracious, merciful and you know  
All that we hide or show because you understand

Please embrace us as we are all your children  
And bestow upon us serenity, calmness and peace  
Because we put our complete trust on you  
And we want to enjoy the heavenly breeze

Beloved God you are our leader and our guide  
Before you we kneel and humbly bow with delight  
Please accept our spiritual and sincere prayers  
And bestow on us your heavenly and divine light.

Have a blessed weekend.

Seema Chowdhury

# Spiritual Moments

Listen carefully to every word  
Every thought and desire  
Be kind and encouraging  
Believe in the magical notion of love  
Sing various songs of joy  
Enjoy the stream of light flowing  
Stay focused and positive  
Until the last day of your life

For these are the spiritual moments  
That God Almighty has bestowed  
To expand the field of your happiness  
So believe in the beauty of your dreams  
Take big steps with faith  
And approach life with forgiveness  
Renew your soul and expand your horizon  
And make time for meditation and prayers

Remember to calm down and appreciate  
Good things that surround you  
Live in the passing moment  
And turn your face to the sun  
For these are the spiritual moments  
That can recharge your faith  
Wipe clean your soul and sins  
And purify your thoughts, desires and heart

Seema Chowdhury

# Spiritual Rewards

May you gain the spiritual rewards  
Of fasting and prayers today  
May you win the pleasure of God  
And He blesses you in many ways

May you observe the Holy fast  
And exercise endurance and steadfastness  
And may all your prayers be accepted  
And you achieve love, peace and cheer

May your heart be filled with warmth  
Devotion, worship and good deeds  
May you tread along the pathway  
Of righteousness to spread virtue's seed

And may all your sins be forgiven  
With special blessings of the Lord  
And may He bestows upon you  
His special blessings as reward

May you gain love and closeness to God  
That enlightens your heart and soul  
And your spirituality guides your way  
And wipes away all your tears and dole.

Seema Chowdhury

# Splendid Colors Of Life

Relish the marvelous new today and bask in the beautiful sun  
Enjoy the shining bright light and purify your mind and soul

Absorb peace from the slight breeze that is blowing across  
And stand quietly in life's deck to attract the splendid colors of life

Glorify your Lord and dip your thoughts in humble prayers  
And listen to the peaceful and serene symphony to sing along

Turn your thoughts away from negative things and search for tenderness  
And as the day passes by fill your life with the power of hope and faith

Be open to absorb the splendid colors of life and stand still and hushed  
And let your mind listen to the beautiful rhyme in the sound of silence

For it has an amazing power to change the meanings of your life's song  
So you can enjoy the purity and tenderness spread by the Glorious God.

Seema Chowdhury

# Splendid Treasure

Sometimes I think and try to find  
What brings pleasure to my mind  
And what is that feels so nice  
And makes me to do it twice  
And then I think the best thing  
That can to all joy bring  
Is to say nice words of cheer  
To make someone feel he's cared  
And another thing is to do  
Nice and good things dear too  
And make others happy 'n smile  
And spread care's joy around miles  
And these things are splendid treasure  
That gives to all joy and pleasure  
And that's why its good 'n nice  
To do them without thinking twice.

Seema Chowdhury

Seema Chowdhury

# Spread Cheer

Spread cheer  
You my dear  
For all your love  
In life's curve  
And be nice  
And extra wise  
And try your best  
In all life's test  
To smile and smile  
And walk for miles  
Along life's way  
In each day  
To spread cheer  
For all my dear.

Seema Chowdhury

# Spread Your Bliss God

Oh God oh my dear Lord  
Please spread your wings  
The wings of love and bliss  
And let us wear the string

The string of your smile and joy  
And kindness and much more  
So we can come and knock  
At your blessing's door

God you're my source of strength  
You protect us from all pain  
And bring the candle of hope  
In our lives troublesome lane

God show the glimpse of kindness  
And remove the trouble's cloud  
From the sky of our lives  
And erase all screaming doubts

Oh God oh my dear Lord  
Show us the path right  
On which we can walk  
To find peace and light

And shower your bliss and care  
And endless rain of love  
In which we can soak our souls  
And enjoy the heaven above.

Seema Chowdhury  
14th Sep,2009

Seema Chowdhury

# Spreading God's Beauty

Awesome setting sun's orange rays  
Spreading lots of beauty in world's way  
Where each ray reflects God's treasure  
And watching them shining is a great pleasure  
Where in each day God's blessing's light  
Reflects world's beauty and shows how bright  
This world God has made for us to enjoy  
And in each layer of it is hidden joy  
And remember that each day of this life  
Is filled with happiness and pain's drive  
And we must learn to untie this precious gift  
And see what God has sent us for our uplift  
For all these awesome and beautiful sights  
Shows us the way to Graciou God's light  
And tell us that this is why we were sent  
To lead a cheerful life and to correct all the bends  
And know that for us this world was created dear  
Where we must learn to appreciate all smiles and tears.

Seema Chowdhury

Seema Chowdhury



# Spring

Spring brings glory  
And that is true  
For it fill colours  
And bright hues  
Int he world  
And on the ground  
In the sky  
And clouds all around  
And all of a sudden  
Looks everything  
So bright and new  
In the spring  
That it feels as if  
Just now world will start  
Another new life  
Filled of happiness part.

Seema Chowdhury

Seema Chowdhury

# Spring Again

Red, yellow, blue and green  
Everywhere beauty is seen  
And once again the colors of Spring  
Are filling life in everything

And all these are sent by the God  
Who is our creator and the Lord  
Who wants to spread smile and hope  
And lighten life's road all for a while

Where gentle touch of the breeze  
Comes to us to bring us peace  
And lovely shine of the sun  
Embrace our souls in life's run

And miracles occur for us all  
To save from painful and terrible fall  
And life rolls out with a magical link  
To wipe any stain of any painful stink

And tell us that its spring again  
We must get ready to play again  
Happiness of this lonely life  
Where amazing dream of ours survive

And brings us hope in everything  
For here comes life's another spring  
And spread beauty of God to be seen  
With red, yellow, blue and green.

Happy Spring 2011

Seema Chowdhury

# Spring Awakening

Get education in life and learn from it  
Real life has so much to offer in bits

Just wake up and let it stir your soul  
And take away from you pain and dole

Spring promises you joy and a refreshing time  
Warm sunshine, clear sky and blooming rhyme

And it's a perfect time to always renew and gain  
A life of beauty, serenity and peace chain

For Spring brings love and spirituality for all  
It brightens your life and build hope's wall

And spread fragrance of sweet air in Spring  
That brings past memories of joy's endless ring

It lets renewed faith and understanding of life  
To uncover possibilities from reality's strife

And add new dimensions to enrich your soul  
So you can bury your pain, stress and dole

Just open your heart and let it all in  
Prepare for you a floating happiness bin

From where you can get enthusiasm bright  
And collect positive energy and stream of sunlight

So you can learn firmly to grow and thrive  
And be a winner in this Spring lovely drive

That brings a message of faith and care's cope  
Along with awakening and renewed hope.

Seema Chowdhury

# Spring Is Special

Spring is the time  
To bloom and shine  
And fill this earth  
With joy and mirth

Spring is the time  
To bring back faith  
And let your heart  
Enter in belief's gate

Spring is the time  
To rekindle hope  
And throw away all  
False fear and mope

Spring is the time  
To let desires bloom  
And fill your life  
With happiness perfume

Spring is the time  
To spread sunshine  
And absorb warmth  
And love's vine

Spring is the time  
To wipe away tears  
And thank God Almighty  
For his blessing's gear

And spring is the time  
To look deep and find  
A tender soul and heart  
That is helpful and kind.

\*\*\*3rd poem in the spring series

Seema Chowdhury

# Spring Will Bloom

The mocking birds are waiting to  
Welcome the songs of the spring  
And they are making now  
The circles of the pleasure's ring  
For they know that surely will  
Come the day pretty soon  
When spring will bloom here  
And will end the hardest noon  
Where flowers of love and care  
Will come to greet their days  
And where joys will come to stay  
Forever and ever in their ways.

Seema Chowdhury

Seema Chowdhury

# Spring Winds

The spring winds are playing  
Among the wood land  
In the sunshine  
Because  
They have an appetite  
Of gratitude  
And  
Thankfulness  
For God Almighty  
And for his blessings  
And miracles.....

Seema Chowdhury

# Stand On The Deck Of Life

Stand on the deck  
And feel the sun  
Bask in its warmth  
Till the day is done

Ride on sunbeams  
And sing along  
For life is a gift  
So be strong

Sit across the ocean  
And see the tide  
Rising high and low  
On each side

For no one can make  
Past go away  
So accept life as it is  
Because we have no say

Dive deep and enjoy  
This on going journey my friend  
And live with grace  
Till the very end

And go on and stand  
On the deck of life  
And enjoy sun's warmth  
Till the last day you survive.

Seema Chowdhury

# Stand Still

Stand still  
Like a hill  
And don't lose hope  
neither mope  
When troubles come  
And try to sum  
Your agony and pain  
And wipe your fain  
And just be bold  
And try to hold  
On to hope  
And not mope  
And stand still  
Like a hill.

Seema Chowdhury



# Start A Journey

Look for ways  
To stand up  
And try to take  
A sip from the cup  
From the cup of life  
That really holds  
Scenes of life  
Some hot some cold  
And learn to start  
A journey of your own  
And practice this rule  
To you that is known.

Seema Chowdhury

Seema Chowdhury

# Start Anew With Life

Be strong and be brave  
And get up when you fall  
For life is bitter and sweet  
So learn to stand tall

When everything seems to finish  
And you think now is the end  
Just don't give up yet  
And stop to ever pretend

Start anew with life  
And learn to dream and hope  
And when difficulty comes  
Just hang on and cope

And plan every minute of life  
To do something well  
So when your struggle is over  
You have a story to tell

And feel great about yourself  
For being wise and smart  
For living in this world  
Is really a fine art

So be strong and brave  
And get up when you fall  
For life is bitter and sweet  
So learn to stand tall.

Seema Chowdhury

# Start Another Day

With the first trace of dawn  
Glittering nightlights turnoff  
To give way to dawn to peep on the horizon  
And allow morning to seep through the curtain  
To watch life's traffic flowing down the street  
In broad and skinny alleys of echo and voices  
Where we try to grab some quiet moments  
In the midst of everyday noise and chaos  
And hide ourselves into the clouds of stream  
So we can protect and save our mind and soul  
From the overwhelming feeling of regrets  
For the things we did and didn't do yesterday  
Because we all have our unique moments  
Where house lights illuminate our soul  
And we see raw and unedited data of life  
Then we try to process it all in bits and pieces  
And figure out a way to keep pain out  
So we can build a fortress of our desires  
Where we can lockup our fear and pain of reality  
And gather the courage, faith and hope  
To start another day in this journey called life...

Happy New Year to all, Be happy and smile :)

Seema Chowdhury

# Start Another Smile

One smile starts another smile  
And spread all over joy for miles  
And bring the ray of hope for all  
Whether they are big or small  
For a smile is like a sunshine  
That spread happiness just like wine  
And give the courage and the hope  
To swim bravely in tears of mope  
So try to pass on a smile  
To others all for a while  
As smile gives a sunnier touch  
To our lives that means so much.

Seema Chowdhury

# Start On Happy Note

Start your day on a happy note  
And learn to joyfully row life's boat

With a smile on your face  
And with the help of courage's trace

For life is a gift that you must enjoy  
And think of ways for trouble's destroy

And learn more art to gain all well  
And all kinds of happiness that dwell

And know to live joyfully and survive  
You must start on happy note your life.

Seema Chowdhury

# Start With A Grateful Heart

Start each day with a grateful heart  
For gratitude help us to always start  
And motivate us to count our bliss  
To spread around us rainbow's kiss

We learn from our failures and success  
And know to play life's game under stress  
We teach ourselves to find peace and joy  
And dig deep to reach the happiness toy

Just don't sit on the sidelines my dear  
Delve deep in life and find the way to cheer  
And build special memories in here to survive  
In this difficult test that is known as Life

So just push all doubts aside and then see  
How beautiful and colorful this world can be  
Where we can relax and breath a sigh of relief  
And get rid of our pain and nagging grief

Remember that to move forward in this life  
We have to open our heart's door and drive  
Car of faith and belief with splendid hope  
And leave no place where exist any mope

We must hang in there and learn to always start  
Each day with a humble and a grateful heart  
And motivate ourselves to count the bliss  
To spread around us rainbow's tender kiss.

Seema Chowdhury

# Start Your Day

Start your day  
With hope in your way  
And try to look  
In every nook

And see what's right  
Before your sight  
And look at the stars  
Of hope twinkling far

And then you'll feel  
All over happiness deal  
That will fill your day  
With hope in your way.

Seema Chowdhury

# Stay For A While

Stay for a while  
In this life's trial  
And then surely  
You'll meet smile  
And don't mope  
Neither lose hope  
And then surely  
You'll get joy's rope  
For life is bend  
And full of dents  
But there you'll meet  
With joy in the end  
Only if you learn  
How to turn  
On the happiness code  
So joy can return.

Seema Chowdhury

Seema Chowdhury



# Step By Step

Go step by step  
In each day  
To do the things  
That comes in the way  
And teach yourself  
To be kind  
By doing it all  
With your mind  
And know that it is  
Better to do  
Nice things for  
Others too  
So do it and  
Try it all  
Even if its an  
Act of kindness small.

Seema Chowdhury

Seema Chowdhury

# Step Towards The Beginning

Step towards the beginning  
And enjoy a cozy blessing  
Without a doubt  
Or a question-

Take advantage  
Of all opportunities  
And find meanings  
In life's challenges-

View the world  
With a faithful heart  
And cherish the life  
In unique ways-

Read inspiring tales of time  
To use them as a guiding light  
To find happy dreams  
And hopeful visions-

And when you'll do all this  
It'll bring you zeal  
And limitless possibilities  
And will reveal  
The realities of your existence.....

Seema Chowdhury

# Steps Of Hope

If life feels long and hard in the way  
Then hope for dawn that shows the day  
And know that life is a big treasure  
That's the mixture of pain and pleasure  
And try to learn to sing the song  
And know that light heart lives long  
So take the steps of joy and hope  
And stay away from being in mope  
And then you'll see and feel my dear  
That life is really full of cheer  
Where bad things also come into view  
But with smiles you can sweep away blues  
And make things better and nice in life  
And that's the best rule in this world to survive.

Seema Chowdhury

# Steps Of Life

Life is made up of  
Many steps and many layers  
Where faith and luck and love  
Is needed with tons of care

So we can reach successfully  
At our destination at the end  
And correct our steps  
If we needed to mend

For life is a story of  
Success and failure's run  
In which we participate  
With zest and smile and fun

And color our paths  
With the lovely rainbow hue  
To touch the twinkling stars  
With God's blessings and love's dew

And know that we are all  
Here to give our tests  
And prove to the Gracious God  
That we are His creature best

Who can sew uneven edges with faith  
That pops up and survive  
In the necessary steps  
And important layers of life.

Seema Chowdhury

# Still Unclear

Four years ago on this day  
I wrote my first poem i'll say  
And now I feel and that is true  
It cleared my thoughts and feelings hue  
And showed me a path which has no end  
So that is why I call it my only friend  
And whenever I feel down and blue  
It works like a morning dew  
And comes right in to show me a sign  
And makes me drink the joyous wine  
That not only soothes my pain and tears  
But also brushes things that're unclear.

Seema Chowdhury

# Still Unspoken

Don't let words to convey  
What you feel  
To your loved ones  
But  
Give them a chance  
And  
Let them understand you  
Through  
Your  
Tears and smiles  
And give them a chance  
To  
Read, what is not written  
And  
Hear, what is not said  
And  
Let them feel  
What you feel  
And then only you will learn to  
Light a candle of hope and joy  
And  
share a blessing together  
without saying  
Or  
The need to say.....

Seema Chowdhury

# Stony Silence

I see inside me  
A deep hollow  
Filled with  
Gloomy thoughts  
Heavy burden of despair  
And  
The seeds of hopelessness  
Not to be revealed  
Or known  
So that's why  
I hide them  
Under  
The muteness zone  
Of the  
Stony silence.....

Seema Chowdhury

# Stop And Think

It doesn't cost a penny  
It doesn't cost a cent  
If once you can learn  
For others to lend  
A gentle smile  
or a warm touch  
or a pat on the back  
For that'll be much  
To really brighten  
Someone's day  
And show them hope  
lying in their ways.

Seema Chowdhury



# Stop! ! !

Stop and take some rest  
This will be for the best  
If tired you really feel  
In this life's much long deal  
For God gives us all  
Things that are big and small  
So don't feel bad when dark  
Try to make a mark  
And see what you can do  
To fill your life with a hue  
And learn to get the best  
And stop and take some rest  
If tired you really feel  
In this life's much long deal.

Seema Chowdhury

# Storm Of Thoughts

Words-  
That've lost their meanings  
In  
The storm of thoughts  
Need care and understanding  
Of  
Passions  
And  
Emotions  
For their revival.....

Seema Chowdhury

# Stormy Conditions

When pain and sigh comes in the way  
And makes foggy all your day

And you feel that there is no view  
That is bright and free of blue

And everywhere you see on the sky  
Stormy conditions flying high

Then don't feel tired again to try  
Or sit or mope or just cry

Buy wipe the tears of your eye  
And look up with hope all high

And know that you can get it all  
If you can learn to enjoy joy small.

Seema Chowdhury

# Stormy Today

I heard  
A loud scream  
A scream in pain  
From  
The core of my heart  
That  
Declared the start  
Of  
The long quiet hours  
Ahead of me.....  
Where  
Quiet storm was waiting  
To greet  
This  
Stormy today.....

Seema Chowdhury

# Story Of My Past

Beneath the trees, beside the lake  
Sitting calmly never to wake  
And watching from there the bright sun  
Setting down once his work is done

I remember seeing all these pleasing sights  
That made me feel fresh and bright  
But now all that is over at last  
And all of it is the story of my past

I wish just once and once for all  
I can catch my life's bouncing ball  
And remove all events that make me sad  
And change it all to memories that were bad

I don't know how it starts or ends  
But life keeps following its own trends  
And shows dark nights strawn with pain  
That wsah down all joys like rain

Lord please help me in the period of my trial  
And hold me so I can walk for a while  
Till I sleep very quietly never to wake  
Beneath the trees beside the lake.

Seema Chowdhury

# Straighten Out A Cruced Path

learn to straighten a cruiced pace  
that comes in your daily race

And have the courage to do it all  
before you tumble and have a fall

For life cannot always give you  
Smooth paths and a clear view

For it is made of joy and sorrow  
Filled with hope for all the tomorrows

so learn to straighten a cruiced pace  
That comes in your daily race.

Seema Chowdhury

# Strange Games Of Life

Don't feel mazed  
By the strange games of life  
For the only time that they  
Exists and survive  
Is when you lose  
Track and hold  
And act cowardly  
Instead of being bold  
Because life is  
The jigsaw puzzle  
That never falls right  
Until you embezzle  
With the thoughts and acts  
Of joys and pain  
And then wipe them all  
With the duster of fain  
After which only  
Happiness appear  
That helps you to wipe  
And make pain disappear.

Seema Chowdhury

Seema Chowdhury

# Strange Steps

Some strange steps  
Are following me  
Which  
Later on leaves behind  
A shadow of  
Ill fate  
Misfortunes  
And broken destiny  
Where  
Violent winds are blowing  
With a host of grievances  
That were  
Amassing for years....

Seema Chowdhury

Seema Chowdhury



# Stream Of Hope

Hang on to your dreams  
For they can take you far  
And look to God with hope  
And remove the trouble's bar  
For dreams are your hopes  
With which you can fly  
On hills and the plains  
And above the blue sky  
So do it all dear  
And hang on to your dreams  
And hope to get the best  
For its an endless stream.

Seema Chowdhury

# Stream Of Peace

Oh God no more I can take  
These troubles and stress of life  
I wish to get rid of them  
And go there to live and survive

Into the world of dream and peace  
That is so full of hope  
Where silent cries are heard by none  
And no one there mopes

Oh God please help me my Lord  
As I can not take any more  
Of whatever is messing up my life  
As I'm the begger of your door

Who is now wondering around  
Into the world of dreams  
Where nothing but all I wish  
To see flowing the peace stream.

Seema Chowdhury

# Strength Of Faith

Create a strong tie with God  
And take time to bond and understand  
For in life's journey we have little choice  
But to adopt and accept

Do not be carried away by passion  
Or by added layers of challenges  
Learn to approach life in different ways  
And always hope for improvement

Know that in this crucial battle  
When winding roads take you up and down  
And your heart is pained  
And you don't find any way to ease the burden

Then hope and believe in the strength of faith  
For only God Almighty will hear unconditionally  
And you will hear his gentle voice  
And see His guiding light and celestial bliss.....

Seema Chowdhury

# Strengthen Your Ties

Strengthen your ties  
Of love  
Affection  
And  
Care  
And don't let  
Any moment to pass by  
In which  
Your thoughts go  
Unexpressed....  
Or your wishes go  
Unheard....

Seema Chowdhury

Seema Chowdhury

# Stroke By Stroke

I feel like an artist  
Who is painting  
Life's story of pain and sigh  
Stroke by stroke  
On the empty canvas  
where  
I feel lost and exhausted  
In this world's worries  
And  
Unknown queries  
All unanswered  
And unattended  
In the  
Museum of priceless  
Possession  
And  
Life paintings.....

Seema Chowdhury

# Study Your Dreams

Get some time  
In life; s rhyme  
To study your dream  
That's soft as a cream

Where no one mourn  
Neither feels down  
For what they deserve  
Is surely reserved

Only for them  
With prayers hem  
And they put to freeze  
And always cease

Any trouble's bar  
That's standing even far  
Because they treasure  
All life's pleasure

And enjoy each day  
That comes in their way  
And study their dreams  
All with joyful schemes.

Seema Chowdhury

# Submit To The Will Of God

Embrace the twists and turns of your life  
And face troubling mysteries of the day  
Appreciate the present and burry the past  
And let hope's dream cascade in your way

Analyze your life from inside out  
To beautify memories like a bouquet  
So you can express gratitude to your God  
And keep inflicting pain and hurts at bay

Stay on top of things my dear  
And always determine truth's play  
Never give up or lose your heart  
Just keep depressing thoughts away

Life always has its twists and turns  
And sky above feels hazy and gray  
But God has also given you the power  
To fill it with colors of hope's spray

So do not ignore bigger picture here  
Heal your wounds with prayers today  
And put your heart and soul in place  
And never let it crack or break away

Renew your spirit and change your life  
And win this battle with courage's display  
Know these twists and turns will straighten  
If you submit to the will of God everyday.

Seema Chowdhury

# Summer Fun

Sunny days are here again  
Things will surely not be the same  
Lovely days and beautiful nights  
Will put everything in its place right

Sunshine, water splashes and family fun  
Are inviting us all before it is done  
And sunny beaches and the hot sand  
Are calling us all to the land

Busy streets and flashing lights  
Are all making things very bright  
Where everyone is having fun  
Before summer days are over and done

It is Barbeque, picnic and party time  
And everyone is singing and following summer rhyme  
And looking forward to sit under the sun  
And enjoy starry nights before it is all done

These warm days also warms our hearts  
And show us all a beautiful start  
Of another year that is coming along  
With lots of hope, opportunity and songs

And that is another reason to thank  
Almighty God on whom we bank  
In times of trouble and time of need  
For only He can remove trouble's weed

And bring love and care back in our lives  
With beautiful flowers of happiness to survive  
With sunny sights and lovely days  
Waiting to reappear in our lives and ways.

Wishing a happy and blessed Summer to all.

Seema Chowdhury



# Sunlit Path

I want the sunlit path to guide me to my destiny

Where life is raw and exciting  
That rejuvenate my mind, body and soul  
Where I can absorb the richness of small things  
And let out my internal world of thoughts  
To reconnect with peace and beauty  
Where unspoken words and voices take shape  
And splash light on my settled thoughts  
Where wind of hope brings fresh breeze  
And words have clear meanings.....

I want the sunlit path to guide me to my destiny

Where perfect pattern of life strengthen my soul  
And give meanings to my lively dreams  
And fresh air pours positive energy in the rush of emotions  
Where I can feel the essence of joy and create peace  
To release all negative thoughts  
To get everlasting melodies of life  
And enter into the world of love and inspiration  
Where I learn to appreciate the moments of joy  
And get ready to face another day.....

I want the Sunlit path to guide me to my destiny.

Seema Chowdhury

# Sunnier Times

When it gets hard for you to hold  
And life seems all frigid and cold  
Then don't feel bad, down or blue  
Just know I love and care for you  
So with hope get up in life  
And look for sunnier times that survive  
And then go forward with faith  
And then surely you will feel great  
And remember it and keep this in mind  
That i'm your friend of such a kind  
Who always wishes well just for you  
Because I care and love you too.

Seema Chowdhury

Seema Chowdhury

# Sunny Smiles

With Sunny smiles and blissful wishes  
I'm sending you lots of love and kisses  
And hope my dear, my love, sweetheart  
You'll soon feel better in your heart

And I wish may today the sun that shines  
Brings bright ray of hope for thine  
And tell how much I wish you well  
And rings for you the get well bell

So why not while you're staying in your bed  
You look at the roses that are red  
And why not see pretty grass that is green  
And nicer things that are surely still unseen

Because dear then you will feel much better  
By opening mails and by reading the letters  
And knowing many people cares for you  
And this is one of its prove honey too.

GET WELL SOON SANOBER DEAR! ! !

Seema Chowdhury

# Sunrise

I heard gorgeous sun saying hi  
To all living beings under the sky

And saw sun taking off its veil  
Infront of the high hills and dales

This sight was so pretty that I found  
Myself totally in its beauty drowned

Because all creatures were singing the song  
And were saying dear night so long

The sky was changing its color to blue  
And flowers were blooming covered with dews

And charming colours were starting to sway  
As if to the breeze it was giving a way

And birds were coming out of their nest  
As if they were ready to seek for the best

And everything started coming back to life  
As if they were ready to take the morn drive.

Seema Chowdhury

Seema Chowdhury

# Sunrise On Dreams

As the sun rises  
On my dreams  
I wish and hope  
For joy's stream  
To flow in and  
Colour my life  
With joy's hue  
That do survive  
And hope that  
This bright shine  
Of sun will be  
A gift of mine  
And will shine for me  
Forever and ever  
And will block  
My happiness' view never.

Seema Chowdhury

Seema Chowdhury

# Sunset

I saw the sun saying goodbye with a smile  
It didn't last long, but only for a while  
That moment when the sun was going down  
Things seem very calm and quiet in the town

The birds were coming back to their nest  
As if they were tired and needed some rest  
The flowers seemed gloomy, down and blue  
As sun was setting, they couldn't see the view

The sky was changing its colour to bright red  
But other things were still, as if they were dead  
Or maybe because they were all in sleep  
Sleeping in the lap of the ground very deep

I never saw the sun going down ever before  
I don't know how to explain it more  
But for those few moments, I felt I was lost  
Lost in the woods filled with frost.

Seema Chowdhury

Seema Chowdhury

# Sunshine Of Fain

If you feel depress  
And don't see a way  
To snap out of it  
To lighten your day  
\Then don't lose hope  
And cry or sigh  
But with courage  
Hope for the high  
\And try to reach  
The end of the night  
And hope to see  
A morn that's bright  
\That will take away  
Your trial and pain  
And will swap it with  
Sunshine of fain.

Seema Chowdhury

Seema Chowdhury

# Sunshine Of Life

Make a great deal  
Out of little ones  
Extend your heart  
And find joy in tons  
And share your blessings  
With all who survive  
By splitting your share  
Of sunshine of life  
For life is small  
And life is brief  
Where you should learn  
To grant other's relief  
By sharing what you have  
And by letting go  
Your share of blessings  
On behalf of others so  
They can also learn  
And find ways to enjoy  
The sunshine of life  
With love, peace and joy.

Seema Chowdhury



# Sunshine Of Wishes

There is sunshine in these wishes  
That i'm sending with love and kisses  
Because that's exactly what you do  
For others my dear whole year through  
You give others the gift of a smile  
You help everyone in trouble's pile  
You send others kindness that's a gift  
That's needed for this world's uplift  
And you show others such a pace  
That takes them to such a place  
Where garland of wishes are made  
Where all troubles seem to fade  
And you're thoughtful dear 'n that's true  
So that's why I surely love you  
And i'm sending you these shining wishes  
That's filled with the bliss of kisses.

Seema Chowdhury

Seema Chowdhury

# Sunshine Wine

The grey dull morns  
Are now gone  
And nice sun shines  
Like a wine  
Is spreading its magic  
To overcome tragic  
Of this troubled life  
In which we survive  
So get up now  
And see how  
We can all bring  
Pleasure's ring  
With happiness in it  
Just bit by bit  
And smile all along  
And sing joyful songs  
And wish for life days  
To be free of pain's hay  
So dear once again  
We can walk in the lane  
In the lane of joy  
And there forever rejoice  
And end our lives miles  
On smile, smile and smile.

Seema Chowdhury

# Supposing Tomorrow

Whenever I think of the supposing tomorrow  
I think of a day without pain and sorrow  
Where all bright ray and sunshine  
Will appear as all yours and mines

Where all the skies will be free of clouds  
And all men's heart will be free of doubts  
And every one will be given the share  
Of joy and sorrow, smile and tear

And there I wish in the supposing tomorrow  
Everyone will be ready to lend and borrow  
the flowers of the blooming smile  
And fains new ways and bright styles

Where no one will be left alone to sigh  
Or fight with sorrow's place taht're high  
And no one will be forced to lay  
Sorrow's brick one by one with the hay

And I wish I can live taht long  
So I can also recieve with song  
The day when there'll be no pain and sorrow  
Yes ofcourse I'm talking of the supposing tomorrow.

Seema Chowdhury

# Sure Identity

Life's journey is like  
An ebbing tide  
Going back and forth  
Flowing  
Sinking  
And  
Declining  
And  
Finding a way  
And  
making a mark  
And  
Leaving behind  
Its sure identity  
In  
A far deeper place.....

Seema Chowdhury

# Sure We Will Miss You

Things won't stay as they are  
When my sis you will go far  
Because everyone will surely miss  
Sarah and Danny and you dear sis  
Because you know we all love you  
And that is a fact that is true

Our days will start with thoughts of you  
And your beautiful kids and that is true  
And we'll remember good times we have spent  
Together like a sister and a friend  
Because you know we all love you  
And that's a fact that is true

And today at last we'll say you goodbye  
By hoping we won't see tears in your eyes  
And now we should pray before we'll part  
That may Lord keeps you close in his heart  
Because you know we all love you  
And that's a fact that is true.

Seema Chowdhury

# Surrender To Faith

I like being alone  
Up ther-  
Near the entrance....  
Where no one-  
Absoutely no one can reach  
where I get to enter  
The door of Spring  
And change my years of pain  
And let cool breeze of the bay  
Touch my face and mind  
And force me  
To unlock the secret  
And  
Surrender my soul to faith.....

Seema Chowdhury

# Surrender To Memories

Memories are as fresh as the dawn  
They build bridge with our lives events  
And bring us newness of spirit  
That is an everyday gift...  
It lighten our burden  
And save us with  
Faith, hope, love and a touch of smile

Memories are when our minds run through  
An endless loop of tough truth  
That helps us to bounce back  
From life's set back  
And save us from stumbling in the fog  
Or walking in the tunnel of despair

Memories are the deep personal journey  
That turn our lives around  
Share some laughter  
Some shadow of depression  
And savor the moment beyond words

And all this open our vision  
To the full perception  
And force us to answer to the voice within  
And surrender to memories

That grab a few moments each day  
And discover a new world of reality  
For our souls to cherish  
And hearts to absorb.....

Seema Chowdhury

# Survival Of Joy

The field of my dream  
Is sparkling with the beam  
Of hope and pleasure  
That is my treasure  
I wish to explain  
The joy and the fain  
That I can see  
And feel for me  
For there is spring  
Waiting with the wing  
Of happiness shine  
In life's rhyme  
That is full of hope  
And of the scope  
That gives my life  
Joys to survive.

Seema Chowdhury



# Sweet And Bitter Pinch

Make most of the  
Happy moments  
For  
Once they are gone  
They are gone  
Forever.....  
And then nothing  
But  
Only  
Their memories are left  
With  
A touch of  
Sweet and a bitter pinch  
That brings  
Smile  
And sometimes tears  
In our lives days.....

Seema Chowdhury

# Sweet Baby Dear

May God always keep you dear  
In his love and under his care

And may he always bless you with  
The gift of smile, charm and wit

Sweet baby dear I wish for you  
the world full of sunshine hue

And hope may God shower on thine  
The blessings of his powerful divine.

Seema Chowdhury

# Sweet Dreams My Baby

Sweet dreams for you  
I wish my dear  
Sweet dreams may fill  
Your whole life's layer  
Sweet dreams for you  
May all come true  
Sweet dreams I wish  
Takes away your blue  
Sweet dreams of life  
That are so rare  
Sweet dreams I hope  
Can take your care  
And brings you joy  
Happiness and fain  
That can absorb  
All your life's pain.

Seema Chowdhury

# Sweet Memories

Walking beside the shore of the bay  
I was thinking of the happy by gone days  
Whose everlasting memories were with me  
And were giving me bright chance to see

A place where serenity and tranquility prevailed  
where everything seemed covered and veiled  
With the fragrance of never ending love  
And many paths with kindness curve

And there sea waves touched my hands  
And swept away the castle on sand  
Which were made with the bricks of hope by me  
Beside the lovely shore of the sea

And there all scattered memories of past  
Were brightly lying in the dreamland vast  
Which gave me memories filled with rare  
Prolong joy, happiness, love and care

Which I spent in counting the seconds of joy  
Filled with unbreakable happiness toy  
And remind me of the by gone days  
Whose memories can never decay.

Seema Chowdhury

# Sweet Salted Tears

Day by day  
Night by night  
Life is growing  
Before our sight  
So lets hope that  
This world can show  
Us the pace  
In life's row  
That is all  
Filled with joy  
And show new paths  
To walk to enjoy  
And hope it teaches  
Us to bear  
These pains of life  
With sweet salted tears.

Seema Chowdhury

# Sweet Smile

It takes just a sweet smile  
It takes a glance for a while  
It takes just a moment few  
To enter joyfully in life's dew

Just add a colour to your day  
And pluck blessings in life's way  
And mix sunshine with some joy  
And learn to malways life enjoy

And know that love is what you need  
So put care in your every deed  
And then you'll feel happy and new  
And songs of love will come into view

So try to dry away your tears  
And banish your doubts and fears  
And learn to joyfully smile my dear  
In life's journey with joy and cheer.

Seema Chowdhury

# Sweet Sounds

Sweet sounds of life  
Does not now survive  
Because I believe  
Unimpassioned grief  
Has now taken place  
In every life's phase  
And now just tears  
Shows you dear  
Your words or sighs  
Your pains that is high  
I wish and hope  
To overcome mope  
And look for the morn  
With a white dawn  
Shining from afar  
Like heaven and star  
So once again wall  
Of pain can fall  
And sweet sounds of life  
Can once again survive.

Seema Chowdhury

# Sweet Spring

Welcome spring  
with an open heart  
And the new beginning  
With endless possibilities  
Where  
Each minute  
You see for yourself  
Darkness peeling away  
And sunny sights  
And love's warmth  
Whispering and peeping  
And coming alive  
And spreading love  
And hope carried on the breeze  
And joy flying with passion  
And telling you to celebrate Spring  
with all its vibrant colors  
And power of loveliness.....

1st April,2009

Seema Chowdhury



# Sweet Taste Of Remembrance

remembrance is sweet  
just like a treat  
And reminds us all  
of joy big and small  
And give us time  
So with joy rhyme  
We can flow in it  
To taste its every bit  
And accept it as a treat  
As its taste is very sweet.

Seema Chowdhury

# Sweet Time

Time is a sweet magical trick  
So try to figure it out and pick  
And know that one who has the stick  
Is considered as the wise brick  
And know that if you want to keep  
Keep up with your life's beep  
Then don't think to rest or sleep  
And don't shed your tears or weep  
Just walk bravely on your feet  
And learn to stand life's bitter heat  
And with courage always greet  
All life's challenges that aren't sweet  
And always keep up with this trick  
And try to learn to always click  
And know that one who has the stick  
Is considered as the wise brick.

Seema Chowdhury

Seema Chowdhury

# Sweetness Of Our Friendship

This world is a nicer place just because of you  
You bring kindness everywhere with your magical hue

Your sweet words and deeds are examples for all  
And you do admirable things, all big and small

You show ways to improve and make this a better place  
Where happiness flowers bloom to smoothen the daily pace

Your presence brings joy and stitch life with happiness lace  
And you lit your surroundings with humbleness and grace

You share pain and hurt and cure wounds and sorrow  
You are a special friend from Lord, today and tomorrow

So I hope and pray that you always shine bright  
And wish you success and hope you spread delight

And want you to know that my world is beautiful my friend  
And it is sparkling with your sweetness from start till the end.

'Happy Valentines Day Dear Sunny, thanks for being a beautiful part of my  
blessed world'

Seema Chowdhury

# Sweetness Of The Autumn

Enjoy and absorb in the first Sweetness of the Autumn  
And let its fragrance and magic embrace you  
In the unbroken connection  
Where glorious sunshine breaks through  
The midst of thick layers of fog  
And enormous colors are seen in abundance  
Where you are allowed to freely walk over  
The carpet of red, yellow, brown and green

And can see the sparkling tint of golden on the top  
Where leaves are changing colors  
And in this magical moment  
You also get a chance to turn around your life  
And let your imagination swim in the wild colors  
And empower yourself in Autumn hue  
To define your moment  
And let your mind and soul  
Twinkle with the brightening colors  
And let you enjoy and absorb  
The first sweetness of the Autumn.

Seema Chowdhury

# Sweetness Of The New Begining

We are real people  
Living our lives  
Looking for true love  
That can bring  
Happiness and hope  
Delightful dividends  
And optimistic waves  
And help us to start  
Our journey  
In the new land  
With new ideas  
And  
Bring light into dark  
And walk through  
The door of hope  
And taste sweetness  
Of the new begining.....

4th June,2009

Seema Chowdhury

# Swift Pace

Learn to move  
In the swift pace of life  
So you can practice  
the art to survive  
And can handle  
All of it  
Without having  
A trouble bit  
And know that dear  
Life is a pace  
Where no one  
Can stop this race.

Seema Chowdhury

# Table Of Memories

Life is like a table  
Full of memories true  
Of things that surely happened  
In your life with you

So it is like a treasure  
That you can keep  
Forever in your mind  
Carved away down and deep

For nothing lasts forever  
Expect for memories true  
Of things that surely happened  
In your life with you

So treat your life nicely  
And enjoy every bit of it  
For one day it will end  
When it will surely hit

The bottom line that has been  
Selected for dear you  
And all other things in life  
That surely happened with you.

Seema Chowdhury

# Take A Hard Look

If things seem first time bad  
Then don't ever feel sad  
Just get up and search every nook  
And take a harder look  
To seek for the best in it  
That must be hidden in bits  
For life is for today and tomorrow  
Where all kinds of joy and sorrow  
Come in every one's way  
And appear in each day  
So don't feel bad  
Neither think sad  
Just search your life's every nook  
And for joy take a harder look.

Seema Chowdhury



# Take A Moment To.....

Take a moment to.....

S- smile through your tears

A- amaze people with your kindness

M- minimize other people's pain and share them

E- energize your surrounding with your laughter

E- emit warmth and love from your heart

N- never quit or give up, try once more

C- create friendly atmosphere all around you

H- hug and spread love and share good things

O- organize your life with optimistic outlook

W- write positive notes and pass it on

D- decorate each corner of your life with joy

H- handover all your troubles to God and pray

U- untie troubles and tie a bow of happiness

R- renew each day with zest and fain

Y- yesterday is gone so don't worry and celebrate today

Happy 12th Birthday Sameen Baby

Mama & Baba Love You very much.

Seema Chowdhury

# Take Care Of You

You are very special sis  
I love you very much dear  
I hope you can get well soon  
And see unfolding possibilities layer

Opening one by one for you  
And telling you to look at them  
And see God Almighty's blessings  
Showing astonishing and wonder's gem

And when you'll gain the strength  
And learn how to do it all  
You'll see sunshine and clear sky  
Bringing you Spring instead of Fall

And once again coloring your life  
And your days with beauty and glow  
And bringing you back your dream and hope  
Of happiness magic and soothing flow

Where you can play with cooling breeze  
and once again laugh and smile  
And gain the strength to recollect your life  
And walk with courage for long miles.

GET WELL SOON BAJI & I LOVE YOU

8th March, 2009

Seema Chowdhury

# Take Incremental Steps

Step away from problems  
And come back fresh  
And show strength that you have  
Never shown before  
And embark on the journey with passion

And be an illusionist  
Who make things happen  
And who creates impression of reality  
To reach the stairs of success  
And then walk towards it to achieve it all  
With a confident expression  
A beautiful smile  
And a positive perception

Just learn to take fast action  
When walking on a wet pavement  
And create a momentum  
And tailor life's solution to your circumstances  
In alarming and strongest storm

And don't be a shell without a kernel  
Seek the inner reality  
And work through difficult events  
And on frustrating days  
Remember that you have made it  
Through bad days before

So if you stay focused  
You will be able to tackle  
Toughest challenges  
And will be able to take  
Incremental steps towards a meaningful goal...

Seema Chowdhury

# Take Life As It Comes

Don't worry so much about tomorrow  
For life is knitted with joy and sorrow

Which both comes to all of us dear  
So banish all your doubts and fears

And learn to take life as it comes  
And then at the end of each day sum

All your worries and all your bliss  
That were given to you without your wish

And then surely you'll see in each day  
Many memories come by in your life's way

That gives you message of courage and cope  
And burn for you the candle of hope.

Seema Chowdhury

# Take Me There

No time is like a present time  
So I want to live in each moment of today  
And enjoy my life to the fullest  
And spread peace in my way

Please take me away with you  
Far very far Sunny Dear  
Where I always wish to go  
And find only love and care

I want your true love Sunny  
And wish with you to drive  
The car of my life dear  
On the highway of my life

My happiness sun is setting  
And I'm losing hope today  
The colors of joy and happiness  
Is fading one by one from the way

Please come back soon here  
And take me in your arms  
And show me the glimpse of care  
Your true love and your charm

And don't let the sand of hope  
All slip through the time  
And leave me to mope alone  
In this loneliness and empty rhyme

For no time is like the present  
So take me dear where I want to go  
And fill my life once again  
With endless happiness and hope's a flow.

Missing You Sunny! ! !

17th Feb,2009

Seema Chowdhury

# Take Positive Steps

Learn to smile  
And keep back the tears  
For that is when  
One learns to share  
The troubles and the gains  
Of Life's road  
Without feeling blue  
Or think of it as a load  
And that's when  
In the way around  
Positive steps will come  
For you on the ground  
And you will learn to see  
The brighter sights  
And will learn to enjoy  
This life that is bright.

Seema Chowdhury

# Take Time To Laugh

take time to laugh  
In life's each day  
And let it brighten  
each step in your way

And show how much  
It means to smile  
For it can take you far  
All for a while

Into life's every path  
Where no trouble or pain  
Seems to grow in  
To block the road of pain

So always take time  
To laugh each day  
And let it brighten  
Each step in your way.

Seema Chowdhury



# Talk To God Today

In the land of wonders  
Stop and listen to your heart  
And set it free to move on  
And talk to God today  
And surrender to His will  
Then only you will learn to walk with faith  
For prayers can achieve  
Comfort, energy and healing  
And attract bountiful blessings  
On which you can thrive.....

Live with passion  
In this magical kingdom of God  
where you will get strange opportunities  
To grow and expand and connect to God  
Even when you are stuck in a tough spot  
For God responds to the prayers  
And helps you when you are frustrated and frightened  
With His words of inspiration and encouragement.....

So knock on the door of hope  
And walk on the pathway of your dream  
Bury your anger and sorrow  
And embrace all options  
To get to spiritual remedy  
Where God's assurance of joy and peace awaits  
To tune in to what's going on inside you  
To comfort and ease your emotional pain  
For God's ways are wonderful  
And surely faith is God's will.....

Seema Chowdhury

# Tap Hidden Paths

Tap the hidden paths of joy  
Gently without coy  
And learn to walk on the pace  
With courage to be in the race  
That is going on in life  
Where we're bound to survive  
And see if you can do it  
And learn to get bit by bit  
For joy passes you by each day  
And tap hidden paths of it in your way.

Seema Chowdhury

Seema Chowdhury

# Tears

I asked so many people but no one could tell  
Why we see tears flowing from eye's shell  
And that's when I thought I'll try to explain  
We shed them when we're suffering from pain

And sometimes they just start flowing from the eye  
And we cannot check them even though we try  
And tears are concealed but they let us know  
About their presence from their flow

And they're like pearls that no one can steal  
And comes with pain that only one can feel  
And always remember something about a tear  
That is really holds value and is very dear

So if you are upset and you want to pray  
Or if you are feeling down, sad or gray  
Then don't ever try to let your tears stop  
As it carries a world of meanings in every drop.

Seema Chowdhury

# Tears And Smiles

Nothing begins or ends dear  
Without bringing us smiles or tears

Because that's how the car of life  
Is running on these two wheels drive

So don't feel upset or torn  
If you see dark before dawn

For darkness is always followed by  
The brightness and the day lights high

So learn to live with peace and care  
And know that life is unique and rare

Where nothing begins or ends  
Without bringing tears or smiles blend.

Seema Chowdhury

# Tears Of Joy And Sorrow

Tears are so weird  
They come in joy and sorrow  
And fill our lives  
With lots of emotions and sentiments-  
They speak a silent language  
Of pain and grief  
And also gratitude and happiness-  
They come in anxious moments  
And help us to carry our burden  
And steer our ship  
And take it to the ocean of love and joy-  
And when we embark on a journey  
They come along with us  
And bridge between our  
Expectations and achievements-  
And like a gentle wind  
Blow away dust of darkness  
From our soul  
And wash our pain-

Seema Chowdhury

Seema Chowdhury

# Tears Of Pain

Tears of pain  
Tears of gain  
Tears of loss  
Tears of toss  
Tears of smiles  
All for a while  
Comes to bring  
In life's ring  
Some joys some pains  
So enjoy it all  
Before it falls  
And ends a phase  
Of life's days  
For life is a gift  
And it is sent for uplift  
Of our souls and hearts  
That'll one day impart  
And then we'll all die  
Ending our stories high.

Seema Chowdhury

# Tears Of Protest

Stop the tears of protest  
And swap it  
with the smile of gratitude  
and  
when in pain  
Look to the God  
And  
Let Him take you in His lap  
And  
Keep you close in His heart.....  
For these tears of protest  
Are like a wall-  
An iron wall  
That doesn't let the mercy of God  
Flows smoothly towards you.....

Seema Chowdhury

# Tears Of Sigh

Tears of remorse, hurt and cry  
Brings me lot of pain and sigh  
And reminds me of life's things  
That move in an endless ring  
For life is really a ring of pain  
That makes me just insane  
And leaves behind memories curt  
That're full of remorse and hurt  
Where I don't find any road  
To walk on with burden and load  
The burden of this wierd life  
Where I am sent to survive  
And that is why I always ask  
What is in this world my task?  
And why am I here sitting to cry?  
And shedding the tears of remorse and sigh?

Seema Chowdhury

Seema Chowdhury



# Tears Of The Painful Days

The mist that is spread on the sky  
The fog that is blocking sunshine high

Is probably feeling very bad  
And inside it extremely sad

I wish if I can share it today  
And wipe tears of its painful days

And bring it a cheerful shine  
Filled with joys and love's wine

I hope and wish and sincerely pray  
That if I can find a way

To clear this mist spread on the sky  
And fog that is blocking sunshine high.

Seema Chowdhury

Seema Chowdhury

# Tender Blessings And Dream

Our home is a place full of blessings and love  
It feels like a joy ride to heaven above

Where we are writing our own fairy tale  
And composing our song to hum and hail

The love of the family is the greatest gift of all  
That fills our lives with smiles big and small

Where peace and serenity prevails at every sight  
And bring back beautiful memories all bright

It's a place where new dreams are born everyday  
And we happily embrace this magical time and stay

With care, passion, gratefulness and lots of love  
To decorate our world like heaven above

Where we hope and pray that we can create a life  
With blessings, humbleness and purity that survive

And give ourselves another chance today  
To spread care of love to brighten our way

So we can gather tender blessings and dream  
To build our home with joy and laughter's beam.

\*\*\*\*Written on the 3rd Anniversary of my home\*\*\*\*

Seema Chowdhury

# Tender Feelings

Just like soft breeze in the sky  
Move softly over head very high

And give us happiness and joy  
And all our bad thoughts they destroy

Similarly tender feelings of the heart  
Shows us bright path to start

Another day with joy and fain  
And enter in our life's lane

Through the road of heart and mind  
And show us things that're kind

And make us feel good and bright  
And add in it some more fain's light.

Seema Chowdhury

# Tender Mercy

I crave for your tender mercy God  
For it means alot to me  
I am a sinful soul  
So seek love and mercy from thee

For you're ever loving and kind  
And only you can show me the way  
That will lead me to heaven my God  
And will brighten my whole life's day

For I'm all soaked in the worldly  
Things that are all around  
And just want more everyday  
In this life's merry go round

I wish to be on the top  
Of this world and things in it  
And want for my selfish soul  
Every warmth and good in bits

Please forgive me my Lord  
And show me the way to cease  
And soften my bitter heart  
And put in it mercy and peace

Please let me spread my light  
And show kindness to all my Lord  
And forgive my sinful soul  
For it means alot my God.

Seema Chowdhury

# Tender Smile Of A Mother

I wish you well  
And want to tell  
How much you mean to me  
For you are like a sea

Whose love has no end  
And you never ever pretend  
And bring the gift of smiles for all  
And you never let hopes to fall

I just want to thank you  
For everything you ever do  
And for always being the best  
And special from all the rest

And for helping me in need  
And vacating trouble's weed  
And thanks for all your prayers  
That you did because you care

And for showing me your love  
That is unconditional all above  
And for brightening up my life  
With encouraging hope's drive

And for always being the best  
And special from all the rest  
And for your tender smile of love  
That is the gift of heaven above.

Happy Mother's Day & Happy Birthday Ma.

Seema Chowdhury

# Terrible View

Silent nights and silent days  
All covering my life's ways

Makes me feel bad and blue  
And shows me terrible views

The terrible views of my life  
In which i'm bound to survive

Where I see no joy's sight  
Or anything that is bright

Sometimes I wish and hope  
To get rid of all this mope

And sleep peacefully never to wake  
And take from this life a break.

Seema Chowdhury

Seema Chowdhury

# Test

Always stay prepared  
To take a test  
Because  
It provides an opportunity  
To revive  
To reform  
To renew  
To refine  
To rectify  
To recruit  
And  
To refresh.....

Seema Chowdhury

Seema Chowdhury

# Test Of Faith

See difficult task as a test of faith  
And then surely you will feel great

And you will learn in life to enjoy  
All life's small fun and joy

And believe in yourself and always try  
To keep away from tears and cry

And learn to be brave and strong  
And sing the song of joy along

And then surely you will view  
Life free of trouble's hue

Then surely you will feel great  
After passing the test of faith.

Seema Chowdhury



# Test Of Faith And Courage

God is the author of our lives  
And our books are loaded with stories  
For it is an ongoing process  
Where we have to explore all possibilities  
And we must embrace all options  
To enjoy the wonder  
And find spiritual remedies of the unsettled life  
And center ourselves in our hearts  
When life throw off balance  
For this is known as the test of faith...

Where love and passion  
Strength and courage  
And energetic persistent is required  
When an unexpected change occurs  
Or a blizzard comes  
To frighten and frustrate us...

We must learn to rely on God no matter what  
And believe that after the climax  
There must be some smooth ending  
That God Almighty has destined for us...

Seema Chowdhury

# Test Of Your Strength

Don't whisper in the dark  
Come out in the light  
And share your secret thoughts  
With hope and care  
Life may seem misty now  
But this cloud of fog will go away  
If you are brave enough to fight  
So don't give up for this is the test of your strength

Try to free yourself  
From the shackles of doubt  
And listen to encouraging words  
For courage is a powerful weapon  
So don't curl up on the couch  
Fight soul crushing moments  
And jump hurdles bravely  
Just don't give up for this is the test of your strength

Approach life head on  
Break the chain of pain  
And remember that nothing is forever  
So your life's season will also change  
And greenery will return soon  
Just hang on and wait  
For the vibrant hue to come  
And don't give up for this is the test of your strength

Seema Chowdhury

# Thanks Brother

Neither any word nor any phrase  
Neither any sketch nor any trace  
Can tell all that is piled in my mind  
About someone special who is kind

It feels very good and nice to know  
In this world where friends are less than foe  
There is someone caring who cares for you  
And always try to help in things you do

And I'm proud to tell that someone  
Who knows how things should be done  
Can be no one but only and only my bro  
Who knows to buck up when things are slow

I know brother I can never ever repay  
For every little thing that you do and say  
And remember things you have done for me  
That showed me the way of kindness key

So only thing I can say to you today  
Is that may Lord bestow his blessings way  
And fill your life with brighter spring  
For all the joy for others you bring.

Seema Chowdhury

# Thanks For Being You

Thanks for giving me joys and smiles  
Thanks for sharing my trouble's pile

Thanks for wipeing the tears of my eye  
Thanks for showing me the glad view of sky

Thanks for lending me your shoulders to lean  
Thanks for giving my words a proper mean

Thanks for telling me the value of life  
Thanks for showing me the rules to survive

Thanks for lending me the sympathetic ears  
Thanks for showing how much you care

From all this what I mean in the end  
Is thanks for being my special friend.

Seema Chowdhury

# Thanks For Being You-Sunny

You have touched my life  
With your love and care  
You have brighten your world  
More than you know dear

You have showed me the path  
That is new and bright  
Where all things appear  
That're pleasing to my sight

I'm thankful to you  
For entering in my life  
And for showing me ways  
To joyfully survive

So 'YOU' now I call  
Are an important part  
Who has a special place  
In the corner of my heart.

Love You Sunny

Seema Chowdhury

# Thanks Mom

The energy of your love and warmth is contagious  
And always color my life with rainbow hues  
And sends sunshine in my way  
In the shadow of which I revisit memories  
Where I feel strong and positive vibes  
That helps me in the illusion of life  
With passionate thoughts  
And beautiful and kind words.....

For your love is like sunbeams  
That helps me to keep rolling  
And see a fresh perspective  
To face challenges and plant a seed of hope  
And remind myself of the good life ahead  
And your prayers give me courage  
To embrace hope and faith  
And cling on to the unbreakable bond with God.....

Thanks mom for everything & for being my life's coach.

Seema Chowdhury

# Thankyou Friend

I'm leaving and going very far my friend  
But don't think that our friendship will end  
Because I know for me you were sent  
With whom I felt no need to pretend

I know where I'm going is a very long trip  
So take it as an advice or may be a small tip  
Don't let this distance to ruin our friendship  
Just be wise and get a hold and a strong grip

And today I'll tell when at first I saw you  
You seemed like a person who was nice too  
And who can be a friend that are very few  
But now I can say what I thought was true

And now I don't know how can I repay  
Your kindness and sincerity to you today  
For always being there for me in every way  
And I think thanks is what I want to say.

Goodbye Farah! ! !

Seema Chowdhury

# Thankyou God

Day after day  
Night after night  
Things are getting set  
In places right  
I thank my dear Lord  
For all His bliss and love  
That he has given us  
From gifts of heaven above  
I wish and hope for now  
And pray From God dear  
To keep us safe and sound  
And very close in his care.

Seema Chowdhury



# That Bent On The Road

Always be prepared to drive on that bent road  
Twisting and turning bravely and carefully  
Up the lumpy mountain and the steep cliff  
Pull off at hope's view point and pause  
And enjoy the bigger picture of life...

Drive down on that bent road slowly  
And embark on the enchanting journey  
Awaiting with miracles and surprises  
With its amazing twists and turns  
And enjoy the bigger picture of life...

Don't be scared of the blocked view  
Adjust your rare view mirror optimistically  
And continue your journey smoothly  
Believing to find miracles on the way  
And enjoy the bigger picture of life...

And when you will learn to handle life  
You will synchronize your steps accurately  
To reach your destination harmoniously  
That will change your life in profound ways  
And you will enjoy the bigger picture of life...

Seema Chowdhury

# That First Small Step....

Take first small step towards life....

Discover your own life's pattern  
And dimensions of mystery and wonder

Feel your life closely and deeply  
And assign a meaningful name to it

Unwrap the present moment  
And change your thoughts and reasons

Pray a prayer of gratitude  
And throw away sigh to smile

Mingle with your inner and outer worlds  
And hear your oozing wounds

Watch sunrise and sunset  
And believe in the magic of life

Listen to the sweet voice in your heart  
And let the colors of life uplift your spirit

Hope for the best and collect your dreams  
And take out few moments of peace

Don't let crushing weight of uncertainty  
Drag you through a bleak day

And you'll only be able to do all this  
When you'll take that first step towards life...

Seema Chowdhury

# That First Step....

That first step  
Which I took  
Towards life...  
With a hope to see  
Shiny and bright sky above me  
With a hope of joy and pleasure  
With a huge  
Pile of trust and believe  
And  
With the circle of past memories....  
All lead me to believe  
That each new day  
That begins  
Is like an unsolved puzzle  
That gives chance to explore  
My boundless world of  
Dreams and hope  
And also reminds me  
Of that first step  
Which I took  
Towards life.....,

Seema Chowdhury

# That's Life

Things will change  
And they surely will  
Just be strong  
And know how to fill

Your life with bright  
Colors of peace and hope  
And enjoy each moment  
And do not fall in mope

For that's life  
So learn to accept it  
For life holds value  
In its every bit

So leave little to chance  
And renew your spirit dear  
And learn to swim  
With hope and cheer

And know you have to  
Make peace in the day  
For moments have value  
Somewhere along the way

So don't demand too much  
From your life  
Just bravely accept it  
And learn to survive

And create your own  
Fantasy to live in it  
For life holds value  
In each and every bit.

Seema Chowdhury

# The Answers I Need

The answers I need  
I can never get  
For what I am hoping  
Can never get set  
For life goes on  
And on for ever  
Without looking for  
What we wish would never  
Take place in  
The days of life  
In which we are bound  
To exist and survive.

Seema Chowdhury

Seema Chowdhury

# The Balm Of A Smile

Find something to look at  
To smile each day  
For it is a tonic  
That brightens your way

And takes off your burden  
And your trials load  
With the help of it  
on the troubled road

And learn to cope  
With agony and stress  
And all kinds of pain  
That makes you depress

And know that smile  
Knows how to calm  
And put on stress  
A healing balm.

Seema Chowdhury

# The Beauty Of Kindness

Don't be poisoned by the bitterness of others  
Try to suck kindness in all kind of weathers  
So joy and fain blossoms all year  
That know how to wipe the flowing tear

For the real and rare beauty of all  
Is the bliss of kindness that never let fall  
The leaves of hope from the trees in autumn  
When all other leaves are gathered in the bottom

In the bottom of ground then waits for the spring  
When new lives are given to them to sing  
The song of beauty that is real and rare  
That know how to wipe the flowing tear

For good nature always supplies you beauty  
And make you look more joyous my sweetie  
So always in this little time that is given  
Do good deeds so you can earn the heaven

Where streams of love is flowing very calm  
And no one can ever hurt you or harm  
But all this will only be given to you  
If you bring thee beauty of kindness in view.

Seema Chowdhury

# The Bell Of Joy

Let me be the first one to ring  
The bell of joy and wirth it bring

The message of hope, love and care  
To show how much yoy are dear

I wish you joy when you are sad  
And everything looks dull and bad

And I hope to see around you love  
That is God sent gift of heaven above

And hope that is ever in life  
You need my love and support to survive

Then I'll be the first one to bring  
Joy's bell to make your heart sing.

Seema Chowdhury



# The Best Answer

The only best answer  
That we must give  
To any troubled question  
That arise and live  
Is to smile and smile  
A long life's way  
And with happiness  
Build our day  
Because fain and joy  
Only we can earn  
If we know how  
Best answer to learn.

Seema Chowdhury

# The Best Gift

Life is the best gift of god  
That he has bestowed as his reward  
For more blessings are present in it  
That makes it a happiness kit  
So enjoy each moment of life  
And learn nice things in it to survive  
And search for the reason to enjoy  
Each second of it with joy  
And remember my dear one thing  
Life shows both autumn and spring  
So don't have doubts about your life  
Just learn nice things in it to survive  
Because it's god most precious gift  
That is given to us for our uplift  
And so many blessings are present in it  
That makes it like a happiness kit.

Seema Chowdhury

Seema Chowdhury

# The Best In You

Bring out the best in you  
Show to others pleasing view  
And try to bring others delight  
And try to make things bright  
For life is full of pain  
And also the trouble's rain  
So see if you can smile  
And make things better for a while  
And bring sunny sights into view  
By bringing out the best in you.

Seema Chowdhury

Seema Chowdhury

# The Best Time Is Now

Walk on the sunlit path  
And know that the best time is now  
So rise in waves and walk over  
The wall of strange silence  
To see the magnificent world  
Waiting for you to welcome  
A marvelous new life  
Filled with hope and happiness  
Where beautiful sunshine warms you  
And helps you in your pursuit of happiness

Just take small steps  
To enhance your creative imagination  
To improve your life  
And remember that there is no magic  
More powerful than the magic of  
Believing in yourself and your heart

So enlarge your field of vision  
And create new and fresh perspective  
To uncover the beauties hidden  
Under deep layers of life  
To enjoy the best time now

Happy Birthday Samia  
We love you very much

Seema Chowdhury

# The Best Way

The best way to lead your life  
The best way to here survive  
Is to live and find a pace  
Where you can find a trace  
Of joy and smiles dear  
To enjoy life's gift that's rare  
And learn here to do it all  
In a way all big and small  
Because when you'll do this  
Then on you will shower bliss  
From gracious god's heaven above  
Along with contentment and love.

Seema Chowdhury

Seema Chowdhury

# The Blue Sky

When I look at the blue sky  
That's above me very high  
I feel and wish if I can  
Reach there oh man  
Where tiny birds play and sing  
And wait for the appearance of spring  
And where sun that's very bright  
Greet everyone with smiles of delight  
And then I wish and hope one day  
I'll get a chance along my way  
To reach and touch the blue sky  
That's standing above very high.

Seema Chowdhury

Seema Chowdhury

# The Bowl Of Bliss

Drink deep from the bowl of bliss  
And ask for God's loving kiss

For God's love is pure and rare  
That you can get just through prayer

For God's love is like an aid  
That is made of the cooling shade

Under which you can sit and cry  
And talk to God in hard try

For God's love is like a flood  
That can clear all the stud

That may come to block your view  
Of the good tomorrow and that is true

So learn to drink from the bowl of bliss  
And ask for God's loving kiss.

Seema Chowdhury

# The Bridge Of Love

Build bridges of hope and love  
For these are the gifts of heaven above  
That brightens your life and your way  
And spread joy for you each day  
For the gift of love can always heal  
The pain inside you that you feel  
And it can surely make your heart  
A place from where joys impart  
So learn to build these bridges in life  
If you really want to joyfully survive.

Seema Chowdhury

Seema Chowdhury



# The Bridge Of Sigh

Over the bridge of sighs  
Is present a road high  
On which we have to walk  
For this is the main life's talk

Where scenes of joy are few  
And reality that is bitter and true  
Just appears before our eyes  
Where exists the bridge of sigh

And many times in our lives  
we feel its hard to survive  
But then a glimpse of morn  
Shows its face through dawn

And gives us hope to walk  
Through this main life's talk  
And then like others we try  
And cross this bridge of sigh.

Seema Chowdhury

# The Choice Is Yours

Be master of your life  
And shine within visible world  
And lit up your life with joy  
Then your innate strength of compassion  
Will let you live your dream  
And your life will be filled  
With wonders and surprises  
And scattered thoughts will thread in a string  
To embolden joy and light  
And will give way to confidence and courage  
To open new channels  
And let new rhythm enter in your life  
To transform a magical moment  
Into a miracle moment  
The choice is yours.....

Seema Chowdhury

# The Clouds Of Darkness

Why is darkness all spread on the sky  
Why is brightness never shown high  
Why I see clouds of agony and mope  
And not even a glimpse of love or hope  
I wish and I really want to try  
To remove clouds woe and the cry  
And hope that soon very soon  
I'll see bright sun and the moon  
And the rain and the preyyt rainbow  
All decorated with the floral bow  
Where tons of gifts of care 'n smile  
Will be shown in the trouble's pile  
And then pretty and the bright sunshine  
Will be spread like the joyous wine  
And then clouds of darkness 'n mope  
Will be replaced with the smile of hope.

Seema Chowdhury

Seema Chowdhury

# The Color Of Emotion

A special gift  
From heaven above  
Sent by our Lord  
Who feels we deserve  
This gift of feelings  
And emotions dear  
Is surely very special  
To show love and care

It lets us tell  
How we feel  
In each and every  
Life's endless deal  
And it lets us show  
Our grief and sorrow  
And all our concern  
For the tomorrow

And then we are given  
A chance in life  
To color it with hues  
All that survive  
And make our own  
Unique rainbow  
To color our lives  
With its show

So don't miss this  
Opportunity my dear  
Always collect  
All love and care  
And all feelings  
That make you sad  
And some times  
Extremely glad

Then throw on canvas  
Of your life  
The color of emotions

That here survive  
And let all know  
How you feel  
In each life's fine  
Or troublesome deal.

Seema Chowdhury

# The Crops Of.....

My field of dreams  
Is filled with  
The crops of  
Imagination  
Fantasy  
Vision  
Inspiration  
And day dreams  
Where  
Every day  
I prepare myself  
To put  
Balm on my hurt feelings  
And  
Express myself  
Through the replies of  
Whys and hows...

Seema Chowdhury

Seema Chowdhury

# The Crown And Glory Of Life

Drink deep from the well of joy  
For this world is like a magical toy  
That let you sometimes freely smile  
And sometimes show you tears for a while

So always stay happy and try to avail  
All joys and fains that exists and prevail  
Till you soak yourself in the blossom of love  
That is a God sent gift from heaven above

And don't feel that you'rre the slave of time  
For life moves in the predetermined rhyme  
Where waves of joy and waves of tears  
Are flowing smoothly throughout the year

So all you need to be happy and fain  
Is to think you know and you can gain  
Things you need to brightly survvive  
And that is the crown and glory of life.

Seema Chowdhury

# The Days Of My Past

i miss those days when I was young  
And used to play under the sun  
Where the bright sun used to shine upon  
The blooming flowers early in the morn

And also when I used to play in the rain  
And didn't know the actual meaning of pain  
And thought that playing was the aim of life  
And was needed int his world to live and survive

And the most important toys among all  
Were bats and balls and specially the dolls  
When playing with them always made me glad  
And changed to good if things were bad

So I wish if once I can go to my past  
And read life's story from first to last  
And measure things I had gained and lost  
In the run of life in this world of frost.

Because when i feel I'm getting bored  
And don't have things to do any more  
Then I delve in thoughts stored in my mind  
That are special and really different in kind

Where I see myself as a kid whi is small  
Who never comes back before a call  
From troubles taht is another name of life  
And doesn't let anyone happily survive

So that's why I really miss those days  
When playing and enjoying in different ways  
Was what I thought was the aim of life  
And was needed in this world to smoothly strive.

Seema Chowdhury



# The Depth Of Grief

The depth of grief is hard to measure  
For the pain inside it that is treasures  
Is so much and so bitter and hard  
That everyone wants it to totally discard

But one thing that we must keep in mind  
Is to always seek ways with others to be kind  
No matter what we are going through  
We must be honest and sincere too

And always remember these pain and grief  
Are only let out and gets a relief  
If they are given a chance to drop  
From inside painful injured heart's top

And then all life's pain and sigh  
Will leave your soul and will say goodbye  
And then in your heart all pain and grief  
Will not get a place, not even brief.

Seema Chowdhury

# The Echo Of What If's....

The waves were rolling  
And crashing on the shore  
And there  
I stood Still  
For a moment  
On a lonely evening  
To Visualize my life  
And to witness the change  
That was about to happen.....

And there in the middle of all this  
I could hear  
My fear and what If's echoing  
I had no answer  
To any of them.....

Then  
My life started happening  
And every hour started revealing itself  
where I tried to guide  
My thoughts and dream  
Towards unforeseen events.....

I started searching  
For the logical explanation  
As I marked off the days  
On my calender  
As they passed  
One by one.....

Then atlast I saw  
The tide of my life  
Racing and flipping rhythmically  
Crashing the fear and what ifs  
From the scene  
And pushing me away  
From the bumpy road  
Towards a new begining  
With familiar prayers and hope.....

Seema Chowdhury  
2nd Dec,2009

Seema Chowdhury

# The Echoes Of My Past

The rare echoes of my past  
Are like a precious treasure in a way

For in it I always hear  
Sound of my smile and tear

That I shared only with me  
To make me feel better and free

So I can reach to the door  
Marked with joy, fun and more

Where I can enter to count  
Happiness deposited in my account.

Seema Chowdhury

# The Facts Of Life

The grass is not always greener else where  
The sky is not always clearer in the air  
The rose is not always fairer my dear  
And luck never ever comes in pair

So learn to remember for you must know  
That every yes definitely has a no  
Like every con surely has a pro  
Because that's how life's wave flow

So always be prepared for life's test  
And do it with all your zest  
Without even thinking of taking any rest  
Then surely you will get what is best

Because dear that's how you will view  
And will learn how to act when you feel blue  
And how to take care of pretty hope' dew  
That's standing in your way with a distinct hue.

Seema Chowdhury

# The Fairy Of Kindness

One day while walking beside the bay  
I met fairy of kindness in the way  
Who was performing her duty day by day  
Without expecting anyone for it to repay

Her beauty was reflecting true art of God  
And her presence was biggest proof of God  
And this beauty was given to her as reward  
For lending to others her kindness cord

I went to her and asked oh dear  
Are you the fairy of love and care  
Whose duty is to spread smile and share  
Everyone's distress, agony and tear?

She smiled and then said my friend  
In this world of all I was sent  
To help and in their lives to mend  
The cracks of mistrust and put an end

To all their fears of pain and grief  
And make them all to surely believe  
That God who is our Lord and Chief  
Will surely grant us all joy and relief

Only and only if we trust in God  
And know that surely God always reward  
And help us when we are stuck in odd  
For his kindness path is certainly broad

After listening to that I thanked fairy in white  
Who was wearing the gown of kindness that was white  
Which showed me the path that was right  
And cleared up the mist that was blocking my sight

And then I went back to knock at prayers door  
To get God's love, care, blessings and more  
Where I found God's gift of kindness stored  
Each labeled with God's gift of kindness and more.

Seema Chowdhury

# The Finest Heart Tonic

The finest heart tonic on this earth  
That I think is really worth  
Is the gift of rare tonic of smile  
That shares your load for a while  
For a smile is what makes your day  
And fill it with joy in your way  
And show you scenes bright in life  
That takes you out on a long drive  
And then show you ways of fain  
Where no glimpse of any pain  
Is given or even shown to you  
So you can feel happy too  
And that's why it is for your own best  
To smile along life's way in hard test.

Seema Chowdhury

Seema Chowdhury



# The First Move

Make the first move  
Towards God's door  
And then you'll find  
God's love and more  
For God helps them  
Who are in pain  
And ask for his  
Blessing's rain  
So when you're stuck  
In life's trouble dear  
Then make the first move  
And ask for God's care.

Seema Chowdhury

# The First Ray Of Sunlight

The very first ray of the sun light  
Taht came to me that was bright  
Crossed all high hills and dales  
And calm flowing streams in the vales

And when they finally reached me  
I saw the soothing shades of the tree  
For they all crossed high hills and dales  
And calm flowing streams in the vales

And I felt in them the Gracious God's power  
And the nice fragrance of the pretty flowers  
For they all crossed high hills and dales  
And calm flowing streams in the vales

And every where I looked I only saw  
Miracles of God's order and laws  
And the calm flowing streams in the vales  
That travelled all along with the dales.

Seema Chowdhury

# The Fog

Our lives  
Are lead by  
Unseen course of events  
That are all  
Impeded by fog.....  
The fog of  
Mishaps  
And  
Tragedies.....  
That  
Are all written  
In our fates  
And  
Becomes  
A part  
Of our luck....

Seema Chowdhury

# The Fortune Of Life

A force that governs the events of life  
And provides you the spirit to keep you alive  
Is what is known as the fortune of life  
That gives you incentive to brightly survive

And wipe out the thoughts from your mind  
That things that are nice and kind  
Are mostly very hard to achieve  
In this world that is standing on others belief

So always sow the fortune's seed  
By working hard and performing the deeds  
That will eventually be beneficial for you  
And brings you success in flying hues

And remember dear not for a million bucks  
Lose any chance in the game of luck  
For luck and fortune are the things in life  
Which gives incentive to brightly survive.

Seema Chowdhury

# The Fountain Of Tears

Don't let fountain of tears to dry  
Because if you're in trouble high

Then no one or nothing my dear  
Can show how much for you they care

Except for a wild tear's flow  
That gives you a chance to show

taht it surely understands you  
And all through which you're going through

For in such a time its nice to know  
There's something which wants to show

How much it cares for your cry  
So fill tear's fountain from your eye.

Seema Chowdhury

# The Fun Language

Make good friends  
with love and care  
And try to keep  
Them happy and cheer  
And with them  
You must speak  
The language of fun  
Strong not weak  
Because it has  
Got the power  
To bring happiness  
In every hour  
And it can teach  
You how to care  
And make your friends  
Feel special are rare.

Seema Chowdhury

# The Game Of Fate

The game of fate  
is just  
Another name  
Of  
the game of  
chance  
Luck  
And  
Probability  
Where  
Chances are always  
Fifty percent  
Either a thing will happen  
Or it won't.....

Where we keep on guessing  
And hoping  
And build our castles In the clay  
And play this game  
Very patiently.....

Seema Chowdhury

# The Garland Of Wishes

The garland of wishes that I made for you  
With love, care, kindness 'n wishes true  
Is filled with the bucket of joy and cheer  
And all nice things for you my dear  
I wish you luck in everything you do  
I wish you always see rainbow hue  
I wish may always flowery be the pace  
Where you intend to go on some life's race  
And I wish all these things just for you  
Because I do care and that's surely true  
And that's why I made these garland of wishes  
With a barrel overflowing with love 'n bliss.

Seema Chowdhury

Seema Chowdhury



# The Gate Of Prayers

The darkness of the night  
Will soon dear end  
So don't feel blue  
Bad or bent

For after it will  
Surely appears the dawn  
That will bring you  
A new bright morn

So just hang in there  
And ask from God  
To hold you tight  
In things that're odd

And open for you'  
His prayers gate  
In which you can  
Always enter with faith.

Seema Chowdhury

# The Gem Of Friendship

God bestow His generous  
Love for all  
In the form of bliss  
All big and small

And friendship is really  
One of them  
That's rare and precious  
And is more than a gem

Which takes time to  
Grow from the seed  
Of love and kindness  
And other nice deeds

For it brings happiness  
To all who wait  
And on friendship  
Put all their faith.

Seema Chowdhury

# The Gifts Of Life

Smile your way  
Throughout the life  
And let it give  
You a lesson to survive  
For when you smile  
It surely smiles back  
And show you life's  
Happier track  
On which to walk  
To find in life  
The gifts of it  
So you can survive.

Seema Chowdhury

# The Golden Sunset

As the sun goes down  
Sky shines orange and brown  
And spreads its golden bright  
And sparkling and glittering light  
Everywhere and all around  
On this God's beautiful ground

For sunset is an amazing art of God  
That he shows to us as a reward  
To add bright colors in our lives  
And show us new ways to survive  
And the lovely shadow falls all around  
And golden ball brightens the ground

It is a magical and a lovely scene  
That brings us love, shine and gleam  
And pours energy in our minds and hearts  
And shows us how to walk and again start  
As it spreads dazzling light on the ground  
It brings hope for us all around

For the astonishing sunset strip  
Brings the message of closing day's trip  
And colorful hues brings beauty  
And reminds us of our unending duty  
That we have to perform on the ground  
With sweet fragrance of love all around

For when the sun sets for the day  
And blends in with the dark sky's way  
It illuminates the horizon with orangish brown  
Sparkling ball that slowly goes down  
With a promise to reappear on the ground  
And make all tomorrows glorious all around.

Seema Chowdhury

# The Grief Of The Heart

The grief of the heart  
Is hard to measure  
For pain that you feel  
is like a pleasure  
That only you  
can feel inside  
Which cover life's area  
Both narrow and wide  
So don't stop tears  
If you feel bad  
let it all out  
And don't feel sad  
And know in life  
You have to face  
All these things  
With a trouble's trace  
So don't try to measure  
The grief of the heart  
For its something to feel  
Just like a pleasure.

Seema Chowdhury

# The Happiest Place

The happiest place on this earth  
That I have seen since my birth  
Is a home that's joyly called a place  
Where no troubles seems to chase  
And everyone there smiles along the way  
And add sunshine in others day  
And all this shows how very much  
Love is found with a warm touch  
And everyone who lives in there  
Show to others how much he cares.

Seema Chowdhury

Seema Chowdhury

# The Happiness Key

Put out the welcome mat  
Wear your positive thinking hat  
And don't dig yourself in too deep  
Or else you'll be stuck to weep

Just remember that the happiness key  
Is to laugh and smile and then see  
How lively will the world will look  
If only you can read life's book

And understand the rules of life  
And find ways with them to survive  
And learn with them to make a deal  
With troubles if you want to feel

Cheerful and happy in heart  
Then surely you'll learn the art  
To fill your life with great delight  
By enjoying things shown before your sight.

Seema Chowdhury

# The Harsh Bump

A fall  
That was caused  
By the harsh bump  
Made me realize  
That  
This is life  
And this is reality.....

But to survive with this reality  
we must learn not to  
Take a step back--  
And to learn to listen  
To that still small voice  
That is within us

For no one but only we can  
Push the big glass door of life  
And break the hinderance that is there  
we should push this door  
With all our might  
Of faith and hope  
And then life will change.....

Seema Chowdhury



# The High Light Of Life

Life is like a game of chess  
Where things are more or less

Just the same except for a few  
And that's when reality true

Uncover its veil from the face  
Where troubles are hidden in a lace

Where each block is the same  
Except it holds some different name

Because life's days just pass by  
With some glimpse of joy or sigh

And between them no one can tell  
In which step does joy and pain dwell

So that's why life is called a chess  
Where things are same more or less.

Seema Chowdhury

# The Highway Of Life

In the highway of life I met  
Teary eyes that were all wet

And hearts that were heavy for all  
Where joys were getting a fall

Where moments of leisure were none  
And hopes and dreams were shun

And causing for many a tear  
And losses that were hard to bear

Were all spread out for all  
Where silence had built a wall.

Seema Chowdhury

# The Holy Man Of God

Loved and respected, most honored and great  
Holy Prophet is the one who spread the light of faith

He delivered inspiring messages of God Almighty to all  
From Holy Quran that is our Gracious Lord's call

He passed on beautiful and real lessons of life  
And showed with his examples how to successfully survive

He is the one who was sent to this God's green earth  
To spread love and peace and the message of mirth

He is the holy man and true messenger of our Lord  
Who strengthen the belief in the unity of beloved God

He was a true friend of poor, oppressed and old  
And Almighty God gave him a heart of gold

He spread sunshine and the magic of love  
And cleared all doubts of ignorance all above

He helped people to find their lost and broken way  
And showed how to reach doors of heaven's stairway

God spoke to him and answered his ardent calls  
And sent him as a favor and a blessings for all

Let us pray that God's bliss and highest grace  
Shadows Holy Prophet in heaven loves lace

For he is the holy man who was sent to this earth  
To spread love and peace and the message of mirth

Who is loved and respected, most honored and great  
For his zest and zeal in spreading the light of faith.

May God Almighty bless us all, today and always.



# The House Of Lord

Don't feel sad  
Don't ever cry  
If You've failed  
Once more try

And go to the house  
Of God and dwell  
And ask your Lord  
To wish you well

And swap your pain  
With all His joy  
And show you ways  
In life to enjoy

And keep you very  
Close in His heart  
And show your life  
A brighter new start.

Seema Chowdhury

# The Image Of God

Everythign taht exist on earth  
That I have seen since my birth  
Really reflects the image of God  
Who is my only creator and Lord

Whenever I see a dew drop  
Or field filled with a growing crop  
I know it reflects the image of God  
Who is my only creator and Lord

When I look at hills that are high  
And see water flowing and wind passing by  
I see the reflection and image of God  
Who is my only creator and Lord

And also I see sun and stars  
Taht are all twinkling from far  
Then I think yes it's the image of God  
Who is my only creator and Lord

And last but not least, i'll say  
Whenever I'm answered by God through prayers  
It reflects the image of my God  
Who is my only creator and Lord.

Seema Chowdhury

# The Image Of Time

Cancel out the disappointing tide  
And the vague fear that seems so wide  
Then only you can come out of clouds  
And can face the real world of doubt

Don't let your blue mood prevail  
Make best use of time and try to avail  
This opportunity that is given to you  
To see this wierd painted world of hues

Where wishes break down like the stars  
What seems so near is yet so far  
And things that once seems so right  
All feel like falling apart tonight

And only silence is left on the ground  
Where life is playiong game of lost and found  
And is shedding wounded tears on its end  
Which only long image of time can mend.

Seema Chowdhury

# The Invisible Hands

The day when I was given birth  
The day when I was sent to this earth  
Since then someone special on this land  
Is giving me things through the invisible hands

Yes that is right and those invisible hands  
Are surely my God's blessing's band  
Through which He gives me his reward  
And proves that He is my creator and Lord

I'm glad and I always wish and pray  
If I get a chance and if I may  
can hold and can lay my soul's band  
On the loving and caring invisible hands

That only belongs to my gracious God  
Who always help when I'm stuck in odd  
And who always bless me with life's pleasure  
By giving me joys that I can never measure.

Seema Chowdhury



# The Island Of Peace

Make peace with your life  
And learn to survive  
So you can begin anew  
To follow serenity's path true

For life is an amusing thing  
Where events move in a ring  
And you learn to create it all  
With up 'n down and rise 'n fall

So create your own fantasy dear  
And find people with whom to share  
And control everything that is all around  
So you can learn to touch the ground

And learn to find the lucky break  
And look for real and not fake  
Happiness that will bring you joy  
And teach in life to always enjoy

So at the end of your journey dear  
With love, confidence, care and cheer  
You can show others how pain can cease  
And live happily in the Island of Peace

Where bright and cheerful colors survive  
And bring you back your own life  
And wipe the tears of your eyes  
With only truth and no lies

So you can create a pattern of peace  
With joy and love where pain can freeze  
And show you how to enjoy this life  
And learn to here happily survive.

Seema Chowdhury

# The Journey Continues

Under the open sky  
On the wide road  
Life runs up and down  
Holding its heavy load

With unspoken questions  
And unintended deeds  
That grow all around us  
Like un-cherished wild weeds

Where we try very hard  
To continuously do and undo  
And adopt fresh new thinking  
That analyzes life's challenging views

Where we latch on and connect  
To clusters of thoughts and views  
That help us to imagine  
How to swap all our blues

For this is what is life  
Where there is no perfect time  
To sit and reflect back on it  
For life's journey continues its rhyme

So learn to hymn and sing  
And play with whispering wind's rhyme  
And enjoy lovely summer breeze  
That blows happiness with time.

Seema Chowdhury

# The Joy Of Giving

Sympathy, love and care  
And giving happiness dear  
Is what we all really need  
For a nice life to lead

For God loves us all  
And catches us before we fall  
If we plant an ever growing tree  
Of virtue to set our souls free

From all sins and bad deeds  
For that is what we all need  
And the joy of giving is deep  
That help our soul to leap

And clear our mind and heart  
For a very beautiful start  
Where the spirit of unity and love  
Is important all above

And we feel it inside and out  
As it helps us to clear the doubt  
And bring us close together  
Where with love we all gather

And share our wealth and care  
With all to spread happiness dear  
And experience the joy of giving  
And satisfy our soul's craving

And cleanse our soul and heart  
For a beautiful and a vitreous start  
Of a life that is pure and sweet  
Through which we can taste heaven's treat.

Seema Chowdhury

# The Key To Success

Don't let worries to cloud your mind  
Try to be a little more kind  
And know if you want to survive  
Like a winner in your life  
Then work hard and be extra nice  
And then be sure to take all wise  
And then really the success key  
Will come to you and you will see  
That your wisdom will work like a battery  
And will discover all the uncharted territory.

Seema Chowdhury

# The Kind Of Prayers

The kind of prayers that we all need  
To fill our lives with prayer's seed  
Is to have full faith on dear God  
Who is our creator and our Lord  
For prayers is like a blooming flower  
That has so much magic and power  
That can change all that seems bad  
And bring back peace when you're sad  
For prayers work as a miracle's gate  
That you need to enter in with faith  
Where God can transform all your mopes  
Into sparkling victory of peace and hope  
And know that anxiety and fears come  
From God to test your strength's and believe's sum  
For God doesn't want you to drown in in test  
Without giving protection of blessing's nest  
And know one day we will all go back  
To meet Gracious God with our deed's rack  
So pray and put all your faith in God  
And return at last with a smile to the Lord.

Seema Chowdhury

# The Land Of Fairy Tales

In the land of fairy tales  
Peace and serenity all prevails  
Where no one is selfish or mean  
And believes in things unseen

In the land of fairy tales  
There blows a forceful gale  
That always bring with it  
Love, serenity and the friendship kit

In the land of fairy tales  
No one seems to fail  
neither things are bad  
Nor anyone feels sad

It is all because over there  
Everyone is nice and dear  
Who not only cares for them  
But with love others life also hem.

Seema Chowdhury

# The Language Of Love

language of love is an abstract art  
That rises right from the middle of the heart  
And shows the sweetness of our mind  
And all other feelings that are kind

It tells that minutes are grain of sand  
That quickly slips through fingers on the land  
Where each nice word that we dropp atleast  
Spread joy in life's area taht is vast

So we all must learn the language of love  
For in life's harsh and bitter curve  
When we want to take a break and rest  
We can go to the park of love that is best

And there under the tranquil shadow  
We can lie for a while in the meadow  
Where each kind word that we need to hear  
Is found in love's tree taht is rare

Which tell us that in life's long way  
We all should seek for good things to say  
And must learn the soft language of love  
To smoothen life's harsh and bitter curve.

Seema Chowdhury

# The Last Bend Of The Row

With my own thoughts and fear  
I started my journey  
Under the warm sun  
Where sunshine was streaming  
Into my life  
Producing a beautiful day  
Giving me opportunity  
To explore new avenues  
With long roads to walk on...

Where life was throwing at me  
Giggles and laughs  
And some cruel jokes too-  
I walked and walked quietly  
On the long way of memories  
And reorganized my life  
In this crazy world  
Without giving up

And as I reached towards the end  
Of my journey  
I realized  
That the last bend in the row  
Was actually the beginning of another one  
A new day  
A new challenge  
And a new opportunity  
To explore

So for a moment I paused  
And then I smiled  
And took my last step  
On the last bend  
Which was also the first step  
Of a new day.....

Seema Chowdhury



# The Lasting Image

May the pleasant image of the past  
Stays with you in memory fast

So whenever you feel to recall  
You can just think of it all

The memories that're nice may last  
And keep the sweet remembrance of the past

Ever living and ever sweet  
Just like a holiday's season treat

That tastes very sweet and forever stay  
In the sweet memories of your yesterdays.

Seema Chowdhury

# The Lesson Of Survival

Up and down, time and tide  
Come to us from narrow and wide  
Paths of this unpredictable life  
And teach us new lesson to survive

So don't treat life as an empty dream  
For many ways are open under hope's beam  
Which takes us to the play ground of life  
And show us new games to play and survive

Where flowers of joy and thorns of sorrow  
Stay together today and tomorrow  
Just like roses which grow with the thorns  
And dreadful dusk which is followed by morn

So try in this little time that prevails  
To achieve all goods that you can avail  
For this life is like a merry go round  
Which stops when it touches the ground

And then very quietly we go and sleep  
Several feet under the ground very deep  
Where no more lessons of unpredictable life  
Come to teach us new ways to survive.

Seema Chowdhury

# The Light

Let the light of love and prayers  
Shine upon you today  
Let brilliant rays of a new dawn  
Brighten your life's way

Let the light of purity and truth  
Washes away all your worries  
And cover your heart and soul  
With beautiful feathers and flurries

For life is an unread book  
That is meaningful and very deep  
So carefully read between the lines  
And do not rush to judge or weep

Just enlarge your perspective of life  
And search for the truth my dear  
And ask specific questions  
And find their answers as they appear

Just do your best then move on  
And don't get tired of what goes around  
Learn to make your own history  
Then know when to let go on the ground

For life's best mix is right here dear  
So make the best use of it all  
And let the light of love and prayers  
Forever and smoothly on you fall.

May God Almighty be with you, today and always.

Seema Chowdhury

# The Limitless Sky

I feel like a bird  
That has no words  
To tell how  
She is feeling now  
For joy and fain  
Are pouring like rain  
On her nest  
And are giving joy's best  
And over her is high  
Limitless sky  
That has pleasure's cloud  
With no fears and doubts.

Seema Chowdhury

# The Long Road And Me

I'm walking on the road  
With the burden and the load  
Of my good deeds and sin  
Of my losses and my wins

Where no one can spare  
Neither anyone can share  
My joys and my grief  
My mistrust and my belief

Where everyone gets the score  
On his deeds and more  
And then gets his rewards  
Of all evens and odds

And from there if I look back  
I see many scattered tracks  
Where my past chapters of life  
And stories in which I survived

Are all ready to be read  
Before I'll sleep forever to die  
And then nothing of this sort I'll see  
Because there won't be the long road or me.

Seema Chowdhury

Seema Chowdhury

# The Lord Of Great Bounty

Allah is Lord of Great bounty  
Who always hears and replies  
And He has his own ways of working  
And rewarding whenever it applies

For God is in very simple things  
And he helps us to believe in Him  
By holding our hands in sad time and fear  
With all the love, care and vim

God has made us all with a purpose  
And He gives us a chance to live here  
To spread kind words and forgive mistakes  
And overcome weaknesses and fear

God helps us to renew our souls  
And expand our horizons and dream  
And follow the light and the rays of hope  
To spread sunshine and heaven's beam

And when we turn our face to the sun  
To absorb it's warmth and love  
Then in that spiritual moment  
We reach the stairs of faith above

Then we feel God's presence in everything  
That strengthen our belief and faith  
And we learn to enjoy His great bounties  
And climb up humbly to the Heaven's gate.

Seema Chowdhury

# The Lost Luck

Sometimes I feel  
As if  
My luck  
Have lost its way  
And now its wondering  
All alone  
In search of  
Its destination.....  
For life's flow  
Is mystical  
And leads us to the  
Gateway to the soul.....  
Where random colors  
Of mope and sigh  
Blinds you  
And crushes your dreams  
And  
Interest in life.....

Seema Chowdhury

# The Love

Love needs to be shared  
Love needs to be cared  
For it is like a flower  
Overflowing with power  
That cannot be stopped  
That cannot be dropped  
For it continues to flow  
From one to another so  
It is like a breeze  
That has a power to cease  
That feelings of hurt 'n pain  
The feelings of love 'n same  
And 'cause it is a powerful magic  
That can overcome your tragic  
That's why it is made in heaven above  
And known as a special 'love'.

Seema Chowdhury



# The Magic Of Poetry

Deep and meaningful words  
Flow like silk..  
Smooth and uninterrupted  
Showing powerful images and ideas  
That reflect honest and pure feelings  
Like a huge tidal wave  
That carries strong currents of emotion  
That brings with it  
A world of beauty and inspiration  
That melts the hearts  
And brings a breath of fresh air  
That teaches to paint the world  
With bright and vivid colors  
And draw a new door of opportunity  
To walk in with sweetness  
To bring solace and peace  
And with courage take another step  
Towards the world of vision and memories.....

Happy world Poetry Day to All

Seema Chowdhury

# The Magical Spell Of Spring

Love and laughter  
Whispers and smiles  
Gifts of kindness  
All spread for a while

Dancing leaves and flowers  
Spreading its scented spell  
As Spring is here again  
With its magical dwell

Smiling sun and moon  
Spreading the music of life  
With bright colors of love  
Flowing smoothly to survive

Where sunshine brings hope  
With warm memories of spring  
And touch the day with a smile  
To brighten everything

Where colors play with magic  
And show us a beginning new  
That brings with it for all  
Joy and pleasure true

For Spring is here again  
With its scented spell  
To bring life to the world  
With its magical dwell.

Seema Chowdhury

# The Man Of Faith And Hope

He is generous, brave, modest and kind  
He is the man of faith and a blessing for mankind

He is hardworking, versatile, witty and nice  
And has abundance of knowledge and is wise

He is a special messenger of the All knowing God  
Who conveys us the message of the Gracious Lord

He shows us the pathway of heaven above  
And his sermons are full of truth, care and love

His life is a living example from which we can learn  
And he follows Prophet's (saw) steps with concern

He is competent, confident and very kind  
And he shows us ways to attain peace of mind

He is sincere, excellent and an enthusiastic teacher  
Who has a charismatic personality and a firm preacher

His lessons are full of clear ideas for all  
That binds mankind in a religious call

We are lucky and grateful for things that he says  
And for showing us how to sincerely pray

And for bringing us messages of peace, faith and hope  
And guiding us towards brilliant light of joy to cope

For he is our teacher, preacher and a shining star  
Who spreads pearls of wisdoms from near and afar.

Written for Hazrat Mirza Masroor Ahmad, Khalifa-tul-Messiah (V) (aba)

Seema Chowdhury

# The Marriage Vows

The moment when you  
Take the marriage vows  
The moment when you  
Make the marriage vows  
From then you promise  
To start a life  
From then you wish  
To lend a life  
Together like a  
Very good friend  
Together sharing smiles  
As a friend  
And then each day  
Looks all bright  
And then each year  
Life becomes bright.

Seema Chowdhury

Seema Chowdhury

# The Mask Of A Smile

A valuable lesson  
that I have learnt  
after  
so much of living  
in my surroundings  
is  
Wear a happy face  
Even if you're not.....  
No one can tell  
The difference  
And  
Hide your  
Painful cries  
Under  
The mask of a smile.....

Seema Chowdhury

# The Master Planner

Leave everything to God  
And let Him decide  
What is  
Good or bad  
What is desirable or undesirable  
For  
He is the master planner  
In all respect.....  
And  
If you believe in miracles  
Then you'll see God's power  
Transforming choas into peace  
Anxiety into calmness  
And then you'll realize  
That God brings us into  
Deep and dark water  
Not to drown or hurt  
But  
To clean all the dust and pain.....

Seema Chowdhury

# The Miracle Of A Smile

I love to see your smiling face  
That breaks the endless sufferings lace  
And faintly let you clearly trace  
The hazy sketch of joy in your pace

For a smile works as the tranquil aid  
And provides its endless cooling shade  
To anyone who feels down and fade  
And think that he was worthless made

So its good if you can afford to smile  
In a busy day with a working pile  
For it helps you to go another mile  
In your period of sufferings or any trial

And if you ever see in a little time  
You're swiftly going towards decline  
And doesn't find right path to align  
or see any glimpse of joy and shine

Then I think only a smiling face  
Will break the endless sufferings lace  
And will faintly let you clearly trace  
The hazy sketch of joy in your pace.

Seema Chowdhury

# The Moment

The moment is charged when  
Sighs and laughters  
Tears and smiles  
Sadness and delight  
Are  
All waiting to be touched  
And  
let out through  
A powerful emotion  
In  
The final moment to show  
Life needs to be  
This important  
All the time.....

Seema Chowdhury



# The Moment Is Precious....

Each moment is precious  
If we know  
How to make  
The best use of it  
And only if  
We can learn  
To recognize  
The true worth of it....

Always remember  
That life is  
A daring adventure  
Where  
In a moment  
An outstanding accomplishment  
Can be accomplished  
When  
We learn to do  
Everything  
With love and care....

Seema Chowdhury

# The Moment That Is Gone

The moment that is gone  
Is gone forever  
For it can come back  
In your life never

For each moment  
That is gone my dear  
Now becomes past  
Of the year

So the best way  
To lead your life  
In which you are  
Send to survive

Is to work your best  
In all you do  
So for you life can  
Be honestly true.

Seema Chowdhury

# The Moments Of Pleasure

Moments of pleasure  
Is a great treasure  
That brings joy  
For all to enjoy  
So share it all  
Either big or small  
And then in time  
Or trouble's rhyme  
Use it dear  
With all care  
For it is a treasure  
That gives pleasure.

Seema Chowdhury

# The Name Of The Game

Life is the name  
Of the game  
That we're playing  
Without any saying  
For we just get  
Scenes all set  
In which we perform  
Our roles each morn  
And then at last  
We get very fast  
Results at the end  
As this is life's trend.

Seema Chowdhury

# The Object

The image  
That we perceive  
The image  
That we create  
Remains unaltered  
Through the years  
But  
The object...  
In reality changes  
All the time  
And  
It goes through  
The phases of  
Growth  
And  
change.....

Seema Chowdhury

# The Only King

God is the only Lord and the king  
He is the only who brings us spring  
And he is the one who fabricated this earth  
And filled it with things that're worth  
He made for us the water in the sea  
He made for us cool shade of the tree  
He cleared for us the shadow of the cloud  
Which mostly for us created the doubt  
And he always listens to our prayers  
And answers us all to tell he cares  
And when I look at all these things  
I thank God for being the only king.

Seema Chowdhury

Seema Chowdhury

# The Only Universal Tongue

Kindness is the only  
Universal tongue  
That is heard by  
A deaf ear  
Seen by  
A blind eye  
And spoken by  
A bumb tongue

Learn this art  
And try to spread  
Love and peace  
Through out...

And remember  
That love has the power  
To conquer  
Because  
Love is patient and kind  
And  
It doesn't insist  
On its own way.....

Seema Chowdhury

# The Other Version

The other version of life  
is full of  
Charm  
Love  
And purity  
I wish  
If I can reach there  
With the help of  
Prayers and hope  
So I can get out of sight  
Of  
Accidents  
Troubles  
And  
Hurts and harms  
Forever and ever.....

Seema Chowdhury



# The Out Look Is Bright

When I see your smile  
And I think of you  
When I look for a while  
For happiness true  
Then everything looks  
Nice and bright  
And every nook  
Shines with delight  
Because you're dear  
A wonderful friend  
Who shows love 'n care  
That has no end.

Seema Chowdhury

Seema Chowdhury

# The Passing Of Time

The passing of time  
Can never be stopped  
The scenes life show  
Can never be dropped  
For everything happens  
In the sequence they were fed  
And we have to face them  
Till we all are dead  
So why not we just  
Accept it with fain  
And know that for us  
God sends joy and pain  
For we all must learn  
In life to survive  
And know on our own  
We have to drag this life.

Seema Chowdhury

Seema Chowdhury

# The Past Memories

Memories are treasure of yesterday's joy  
And happy thoughts that nothing can destroy  
Because it reflects the pleasures past  
That once we did and faintly cast  
For it's the treasure that none can steal  
And it also works as medicine that heal  
The pain that sometimes compels to cry  
And permits not another chance to try  
So find a place to review your past  
And then you'll discover the vast  
And huge pile of memories profound  
That'll force you to be happy on ground  
And that's why I say that yesterday's joy  
Is saved through memories from destroy.

Seema Chowdhury

Seema Chowdhury

# The Pearls Of Wisdom

Put on your thinking cap  
And take happiness breaks and gaps  
And try to follow the happiness guide  
Then life will seem precious and wide

So pray for it is the greatest power  
That takes you close to God's shower  
And love for it is the God given gift  
That gives you life a brighter lift

And think for it is source of power  
That plucks for you the success flower  
And work for it is the success price  
That teaches you to become wise

And also be friendly for it is the way  
Which leads you to where happiness sway  
And laugh for it is the music of soul  
And help you to reach your aim and goal

And when you'll follow this happiness guide  
Then life will look bright and wide  
And on life's path you will find more pearls  
Scattered all around you in curls.

Seema Chowdhury

# The Perfect Time Is Now

See the light of the day  
And throw away bad thoughts  
Look at exciting possibilities  
And be creative in your shots

Know that it is time  
When you plan where and how  
You want to achieve it all  
For the perfect time is now

So create a pattern of your own  
With absolute faith and love  
Look for the signs of God  
And believe in heaven above

And know to understand life  
You have to always arrange  
And be positive in your life  
Only then you can make a change

So be bold and come forward  
To speak to your dreams my dear  
And see the light of the day  
For the perfect time is now here.

Seema Chowdhury

# The Pieces Of Puzzle

the pieces of puzzles  
Can never fall  
In the right place  
On the right time  
And  
Even if it does  
Then  
There will be  
A bitter image  
And a hazy sketches  
Of  
Cracks  
On  
And  
In between  
Them.....

Seema Chowdhury

# The Place Of Prayers

Anywhere where you can see  
And get a chance to talk with free

Will and choice with the God  
Who is the creator and the Lord

Is a place of prayer my dear  
Where you can talk and share

All your secret joy and pain  
And all your laugh and your fain

So whenever and wherever dear  
You feel with God you want to share

Anything that is bothering you  
And making you feel crazy and blue

Then go to him and seek for his love  
And ask him to take you out of hard curve.

Seema Chowdhury

# The Pleasure Of Rainfall

There must be something special hidden in the rain  
That makes my troubled heart sing with fain  
And takes away all sufferings and pain  
And mends all distress that is twisted like a chain

Not always but mostly when I see clouds in the sky  
I really wish to quietly just close my eyes  
And forget all things that make me cry  
And watch rain falling, I don't know why

It may be because when rain falls down  
Things seem very bright and fresh in town  
Even mud shows its original color taht is brown  
And sky starts shining like a splendid crown

And another thing that really attracts me you know  
Is the sweet seven colors that appear as a bow  
That brightens the sky and makes it glow  
With the light of love, known as the rainbow

And I think falling rain is just like a treasure  
And watching it for me is really leisure  
That brings me tons and tons of pleasure  
That even if I try I fail to measure.

Seema Chowdhury



# The Power Of Faith And Prayer

Make your life rich  
With the power of faith and prayer  
And start anew  
With a sense of purpose  
And kneel down in front of God  
To feel the gift of healing  
That can release your past hurts  
And listen carefully for the hidden answers  
And mystical messages of God  
That can take away the feelings  
Of emptiness and desolation  
And take you towards serenity and tranquility  
And teach you to glide through life  
Instead of trudging  
So you can enjoy a life of joy and mirth  
And a life that brims over with happiness

Make your life rich  
With the power of faith and prayers  
And drain out anger from your life  
And simply let go  
So your heart feels lightened  
And you can plant trust and hope  
Just know that God hears you  
And he holds the key to your happiness  
Who has the power to absorb your pain  
To bring back happiness in your life  
So just hang on  
And believe in the power of faith and prayers.

Seema Chowdhury

# The Precious Little Time

Enjoy in life each of your rhyme  
For this very little precious rhyme  
That is given to you dear  
Is surely very novel and rare  
For time and tide wait for none  
So let things be quickly done  
Before time skips and is gone  
Into night for another morn  
And learn to enjoy in it  
Every little and tiny bit  
Of joy that's hidden in time  
And come to you as life's rhyme.

Seema Chowdhury

Seema Chowdhury

# The Right Answer

There is more than one right answer to a problem  
So don't be scared of using the undo and redo buttons

Delete unwanted events and replace them with the new ones  
Remember you have a large variety of options to choose from

Don't be afraid, learn to take a chance to make a U-turn  
So you can clear the clutters of life to find peace and serenity

Find the missing pieces of puzzle and put them together  
And take some time to absorb what you see in front of you

There is more than one right answer to a problem  
So always give time for healing and reflection

Then only a bright spot will appear to lighten your life  
So don't live with constant pain or wrestle with your feelings

You have already seen the sad side of life and living  
Now be brave and make your choice of happiness

Throw the barbed wire that is fencing your emotions  
And don't be scared of using the undo and redo buttons

To delete unwanted events and replace it with new events  
And remember there is more than one answer to a problem.

Seema Chowdhury

# The Right Path

The path  
That takes you  
To your desired destination  
Without  
A glimpse of remorse  
Or  
A pinch of repentance  
Is  
The right path  
In  
My view....

Seema Chowdhury

Seema Chowdhury

# The Right Track

Life is a road with curves and bends  
Where trouble seems never to end

But don't feel bad or ever sigh  
Just do your best and aim for high

And then surely one day my dear  
Life will also be with you fair

And you will surely be glad and delight  
To see in front of you track that is right

So don't ever mope just hope for the best  
And then you'll pass easily life's test.

Seema Chowdhury

# The Rising Sun

No one can stop sun rise to show  
Even in the burden of cloud's row  
So why do you think your troubles have no end  
Only because right now you don't have a friend

Who can come and share your sigh and pain  
And show you God's miracle even in rain  
Just have all your faith in your Gracious God  
Who will rise sun for you even in odd

And will tell you taht right now my dear  
You may think that no one really cares  
But this is not right, neither it is true  
For God is your creator and He loves you too

So all you have to do is to look at Him  
And He'll help you dear with all His vim  
And will show how much He really cares  
By answering all your wishes and your prayers.

Seema Chowdhury

# The Road May Be Long

The road may be long  
The tune life sings may be wrong  
But always remember my dear friend  
When you will reach your life's other end  
Then there you will see a pretty gift  
Wrapped specially for your own uplift  
That will carry for you a huge big pile  
Of love and care, joy and smile  
So don't mope if life's tune is wrong  
Or walking road seems a little bit long  
For when you will reach life's other end  
You will surely see nice things dear friend.

Seema Chowdhury

# The Roads

Enjoy the beautiful scenes  
That is shown on the road  
On the road of life  
With an endless code  
For they will not come back  
Neither you can change  
Any of these events  
Nor you can rearrange  
So try to see and learn  
Whatever from it you can  
For life is moving fast  
Like the ride of a van  
Where you are sitting in  
And waiting for your stop  
To come and let you get  
Down and give you drop  
And then your li8fe will end  
And it'll for you cease  
And then you can lie  
Forever in heaven's breeze.

Seema Chowdhury



# The Roads We Have Covered

Wear a mask of humor and hope  
And start walking on to the long path  
Of healing and self discovery  
And throw away the burden  
Of disappointment  
And the period of silence  
For life is long and we have to cover a lot-

Relieve yourself of the uncertainty and fear  
That throw you off balance  
And try to bring back unending joy  
And count opportunities to increase  
Your capacity to love life  
And face everyday battle  
For life is long and we have to cover a lot-

And when you will learn to accept life  
And embrace each present moment in it  
Then difficulties will disappear  
And obstacles will vanish  
And the magical effect of happiness will appear  
To bring joy in the world  
So be prepared and carry on  
For life is long and we've to cover a lot-

Seema Chowdhury

# The Role Of Faith

Fate plays its role  
For each soul  
And then quietly tie  
Without telling why  
so whatever comes out  
Accept it without doubt  
And know in life's trade  
We cannot ask for shade  
So sit near fate's gate  
And wait to see your plate  
And know that God's mill grinds  
Slow, but sure and kind.

Seema Chowdhury

# The Rope Of Hope

If today have brought you sorrow  
And happiness path feels narrow  
Then don't lose your little hope  
And think there's no more scope  
For life can surely show  
Joy in each life's row  
So don't think only blue  
Things will come to view  
Because life is a gift  
Of time that slips swift  
So try to hang around  
To the rope of hope on ground  
And wish to see tomorrow  
Free of pains and sorrow  
Where sun will shine bright  
To make all things right.

Seema Chowdhury

Seema Chowdhury

# The Scale Of Desire

My scale of desire is very long  
My wishes and longings are very strong

I wish for love, peace and more  
I wish everywhere there must be a store

of care, kindness and good feelings  
With fairness and honesty in all dealings

I wish everywhere to see the tree  
Of smile and cheers that must be free

Of the thorns and weeds of pain  
That creates touchy feelings in the brain

And I wish this because I have a long  
Scale of desire that is strong.

Seema Chowdhury

# The Secret

I want to know the secret  
Of the heavens and of the Earth  
I wish to know my Lord  
Why you gave us birth

I want to know and discover  
All that is hidden and conceal  
And wish to know my Lord  
What's good in life's deal

God please help me and  
Shield me against all ill  
Lord please show me the way  
That leads me to your will

So I can be successful in my life  
And can enter in the paradise's bowl  
Where no troubles or any pangs  
Can enter or touch my injured soul

And that is where I want to go  
Far from this earth very far away  
Where God Gracious is waiting with peace  
To swap my dole with happiness day

Seema Chowdhury

# The Secret Of Happiness

Believe in yourself and your dream  
And know to enjoy life's beam

We all need to overcome dear  
Our deep concerns and fear

And understand ourselves and all  
And never lose hope or fall

For strength is a blessing my friend  
That sticks with us till the end

And teaches us all to survive  
In the middle of crisis in life

For life is difficult at times  
So we need to sing joy's rhyme

And forget our aches and pain  
And feel blessed to be same

For there will be better days  
Ahead of us in life's race

When we will find the key  
To the door of happiness tree

And enter in it with faith  
With love, care's gate

And feel all blessed and fair  
For discovering the secret of happiness dear.

Seema Chowdhury

# The Secret Of Pain

the secret answer that I found today  
About the pain that came in my way  
Was really very amusing but true  
And bright and shiny like a morning dew

Because best way to overcome your pain  
Is to stop thinking of your losses and gain  
And take one thing at a time  
To flow with the tide of this world's rhyme

And see nice things all around you  
That's spreading pretiness that is true  
Because life is full of ease and sunshine  
As if everything has drunken joy's wine

So try to count your blessings and cheer  
And try if you can joyfully share  
Happiness that comes from heaven above  
To show you God's all care and love.

Seema Chowdhury

# The Secret Password

I wish  
I can find  
The secret password  
Or the secret code  
To push the door  
Of joy  
And Happiness  
For all....  
And make this world  
A better place  
Where  
Better tomorrow  
Will come  
To show  
Happiness  
Miracles  
And kindness.....

Seema Chowdhury



# The Setting Sun

the setting sun  
When the day is done  
Looks dull and low  
As if in its flow

It has reached the end  
Where sky is bent  
And tired too  
And is saying to you

Goodbye for the night  
So stars all bright  
Can appear to show  
Their beauty in row

So say goodbye  
With joy in the eye  
And let go of sun  
As the day is now done.

Seema Chowdhury

# The Setting Sun's Light

The light of the setting  
Sun was dim  
The smiles it was giving  
Didn't have any vim  
The thing it was trying  
To do at that time  
Felt very dull  
In life's rhyme  
Because sun was setting  
Down for the day  
And felt very tired  
Walking in the way  
And now it needs  
A little bit of rest  
To perform its duty  
The next day its best.

Seema Chowdhury

# The Sight Of Reality

Painful is always the sight of reality  
And whatever is hidden in actuality  
For the existence of a truth is a blow  
That leaves us later in sigh and woe

For the grievance that we feel after it  
carries in it the disheartening kit  
That not only breaks our own heart  
But also gives another dull start

To a cheerless and a rainy day  
That comes very often in our way  
that is crushing not alone but severe for all  
And bring loathsome worries along with this fall

So I wish for you dear if in life's taste  
You don't get the chance to taste this bitter paste  
Neither see what is hidden in actuality  
For painful is really the sight of reality.

Seema Chowdhury

# The Significance Of Life

Living in this world is a very tough test  
So take it as a challenge with all your zest  
Because not always you get what you think is best  
So if you are upset just take a little rest

Because taking a little rest won't harm you  
Instead it will help to clear your view  
Just like dusty flowers are washed by morning dew  
That afterwards reflect its beauty that is true

Because beauty is one half of what is life  
Where thousands of things are present to survive  
But don't think its thew destination you wanted to arrive  
As another side of life that's hard is alive

Because second half of life is misery and pain  
Along with troubles in an inter linked chain  
Where not always you get a chance to gain  
So don't feel moppy if you are in losers lane

Because loser's lane is not where you'll always stay  
It's just a small path that doesn't come every day  
So if you are feeling down, sad or gray  
Just stop by to see Gracious Lord on your way.

Seema Chowdhury

# The Silent Note

A silent note can say so much  
For it is like a magical touch  
That tell so much without the words  
And help everyone when things are curt  
For the language of silence is a flower  
That holds value and some power  
That tell so much and easily express  
Very truly when someone is depress  
And that is why it is so much  
That a silent note holds a magical touch.

Seema Chowdhury

# The Silent Passage

The silent passage  
Was given to me  
To be read  
In front of thee  
Because no words  
Could ever say  
What I wished  
In front to lay  
I wish if you  
Could understand  
And lead me a  
Sympathetic hand  
That i can hold  
To find some peace  
So all my tears  
Can there just cease.

Seema Chowdhury

# The Silent Screams

The silent screams  
That I heard  
Out of my injured hopes  
Out of my broken dreams  
Out of my silent thoughts  
All lead me  
To the chain of tears  
To the circle of memories  
And to the ring of grief  
From where  
I couldn't hear  
The voice of my laughter  
The gestures of my grin  
And the vision of my hope

Because...  
I was too far  
From the light of life  
From the freshness of joy  
And from the.....  
Because I was lost  
In the deep dug hollow  
Of my hopes and dreams  
From where  
I could only hear  
The wounded thoughts  
And my silent screams.....

Seema Chowdhury

# The Silent Strike

I observed the silent strike  
Throughout the day  
Throughout the night  
And searched for the words  
To calm me down  
And walked alone  
Beside the sea  
Where nothing but serenity prevailed....

I walked and walked  
And thought that WHY  
I cannot stay  
Happy and in peace  
And then while walking  
I got my LORD'S reply  
That it happened because  
I always ask WHY? ? ?

Seema Chowdhury



# The Soothing Breeze

Through countless pains  
And countless pleasures  
Life moves on  
With troubles and leisures

Where it crosses  
Hills and streams  
Filled with joys  
Or sorrow's extreme

So learn to live  
In it with fain  
And practice the art  
To overcome pain

So you can be  
Called the soothing breeze  
That made the wind  
Of troubles to cease.

Seema Chowdhury

# The Speaking Silence

Silence that speak  
And tears that weep  
Memories that dwell  
And the stories they tell  
In the coldest night  
Under a dim light  
Is actually what  
Life's story that's hot  
And it slowly reveals  
Hidden things that're sealed  
Which are some bad  
While others are glad  
All talk of painful look  
That's present in every nook  
And about the tears that weep  
And quiet silence that speak.

Seema Chowdhury

Seema Chowdhury

# The Speech Of Angels

Kindness shows love and care  
For its the speech my dear

That angels speak to all  
In words big or small

To everyone with love  
In life's hard curve

As they are from God  
And messenger of the Lord

Who make us feel good  
In life's trouble hood.

Seema Chowdhury

# The Strange New World

The day you walked  
Into my life  
The day you touched  
My life's drive  
Everything changed  
And started  
Shining  
And glowing  
With the gift of miracles  
And then  
This strange new world  
Opened in front of me  
And  
Invited me to walk in  
Into the world of  
Dreams and joys  
And  
Added value and meanings  
Into each second of my life  
And became most important part  
Of my private world.....

Thank you sunny & A Happy New Year 2008

Seema Chowdhury

# The Test In Time

When he going gets tough  
And things around you rough  
Then look all around  
In God's ground

And know its a small  
And it is all  
A test in time  
In life's rhyme

So face it with bold  
Hopes and hold  
On to your aims  
In this life's game

And look to your God  
For he helps all in odd  
By answering to the prayers  
To show us his love and care.

Seema Chowdhury

# The Time Is Right

This is  
The right time  
The right day  
The right place  
To say  
That  
I'm thankful to God Almighty  
For He has  
surrounded my life  
with the treasures  
Very near to me and my heart.....

And for showing me  
The spiritual path  
Where I visit with all my worries  
And find them all  
Untangling  
And all my wishes  
Taking shape  
And  
All my negatives  
Converting into positive power  
only and only  
If I look at The  
All knowing and  
All listening God---

For He is there to  
Share all my smiles  
And all my pains  
With me and my soul.....

Seema Chowdhury

# The Tranquil Tides

the tranquil tides in the sea  
Coming slowly towards me  
To tell not always i'll get  
Teary eyes that are wet  
For one or on another way  
Life will show me a pretty day  
When sun will shine on the sky  
And birds will gladly fly high  
And sky will be free of clouds  
And my day with all mistrust and doubt  
But a way to get to that day  
Is to wait and watch how in my way  
I must hug and greet the fate  
And believe that surely God is great.

Seema Chowdhury

# The Tremendous Asset

Move with the time  
And let by gones be bygones  
For time is  
A trememdous asset  
Which  
Depreciates  
With each passing moment  
And drags us in  
The depths of  
depression  
Bitterness  
And number agony....

Seema Chowdhury



# The Turn Of Events

Let turn of events  
Not bother you dear  
Let it be for you  
A pleasant surprise  
And  
Let it be  
An opportunity to start  
Mending  
The shabby pieces  
Of your mind  
And heart...

Seema Chowdhury

Seema Chowdhury

# The Turning Point

Follow life's story  
From beginning to the end  
And boldly explore  
The unexpected  
And  
The uncharted territory  
And  
Try to discover  
The meanings of every line  
For no line is unimportant  
Just learn to defend your life  
And find a better way  
And a turning point  
To add magic into it  
And find the missing secret  
To complete life's script  
And then you'll be able to  
Create your own reality  
Through your  
Thoughts  
Beliefs  
And feelings  
And then you'll see  
How wonderful this life is  
And  
How it can make you happy.....

25th march 2009

Seema Chowdhury

# The Ugliness Of Life

The heart where painful memories dwell  
Is the place where I wish to sell  
The gift of joy wrapped with cope  
Love, peace, sincerity. truth and hope

Where no one feels bad or torn  
Or sees life's ugliness at dawn or morn  
Because the path that goes to the door  
Of negative views all life and more

Shall be ceased so no one can enter there  
Where no glimpse of any love and care  
Is present to stop the trouble's breeze  
That doesn't let anyone to be at ease

I know whatever I'm saying now  
Is hard and I don't know how  
But this is the wish of my heart  
That I want to take another start

Towards life so I can enjoy the song  
Where ugliness of life and things that're wrong  
Shall never be shown in the place I dwell  
So there I can ring the happiness bell.

Seema Chowdhury

# The Unknown Future

I wish  
somewhere along the way  
We'll meet again...  
In life's walk  
In life's street  
And  
In life's road.....  
With  
New ideas...  
New expectations  
And  
New hopes  
For the unknown future.....

For life is  
A game of fate  
And luck  
And  
We  
Do get second chance  
Once in a while  
So we should  
Always be prepared  
For it.....

Seema Chowdhury

# The Untold Story

What future holds  
is still untold  
For all the things  
That moves in a ring  
Comes again and again  
In life's lane  
And brings with it  
Some joy's bit  
For the rest in life  
Is the pain drive  
That shows from far  
That all of us are  
An important part  
In life's heart  
Where God doesn't reveal  
His secrets shield  
And don't let us show  
So what future holds  
Is a story untold.

Seema Chowdhury

# The Ups And Downs

The ups and downs  
In our life's days  
Should never come  
To block our way  
\For this is what  
Make life's treat  
And make it all  
For us complete  
\So when trouble's come  
And block your way  
Then with joy's smile  
Make them go away.

Seema Chowdhury

Seema Chowdhury

# The Valley Of Depression

Today I heard  
A painful echo  
Of  
My injured screams  
And my silent tears  
When I was  
Sitting all alone  
In the Deep dug valley  
Of my  
Fears  
And  
Depression.....  
And there  
My emotions cut loose  
And embarrassed me  
As the tears poured down my cheeks  
And  
I couldn't resist  
To the negativity of my life.....

Seema Chowdhury

# The Value Of Words

The value of words are rare  
So use them all with care  
And know that in this life  
You have to joyly drive  
The car of care and love  
As they come from heaven above  
And marks our life in it  
And gives joy to all in bits  
So learn this art and know  
That in your life's flow  
You have to use with care  
For value of words are rare.

Seema Chowdhury

Seema Chowdhury



# The Vicious Circle Of Trouble

The vicious circle of trouble is moving around  
Let us wait till it touches the ground  
And then every one will be given his share  
Of joyfull smile or painful tear

But remember that when life seems blocking your view  
And pile of trouble seems blocking your view  
Then don't sit down in mope to sigh  
Because life's flow both low and high

Come sin but then leaves the way  
And give joy another chance to sway  
So don't lose hope or let it fall  
For life's troubles are both big and small

That comes around you to make you strong  
So you can distinguish between right and wrong  
And can know and learn the art to share  
Vicious circle of trouble without any tear.

Seema Chowdhury

# The Vision Of Hope

After an era of darkness  
Will surely appear the dawn  
Where things will be all bright  
And will show us the glimpse of morn

So don't worry or feel blue  
Neither fall in mope  
For a day is near to come  
That will show us the vision of hope

So hang in there with courage  
And look to God for a while  
And surely God will grant us  
And will show us the sight of a smile.

Seema Chowdhury

# The Voice Of Joy

See what a beautiful world  
You are living in

Hear the voice of joy  
That warms and energizes your soul

Look at the rising sun  
That spreads soft colors in early morn

And see how blessed you are  
With all the answered prayers

That God Almighty has sent  
For you to enjoy dear

And sing the song of faith  
With all your zest and glow

And welcome the days of tomorrow  
Where voice of joy awaits you

With a glorious and inspiring  
Special moments to color your life

Where you can do somersaults  
In the bright rays of sunshine.....

Happy 10th Birthday Sameen jan.  
Mama loves you a Lot.

Seema Chowdhury  
24th Sep,2010

Seema Chowdhury

# The Walk Of Faith

Surrender to the will of God  
And set yourself free to move on  
For He is your only protector  
Who will guide you towards a new dawn

Where you will learn to reach out  
And offer yourself to this bountiful life  
And take the walk of faith  
And learn to courageously drive

The car of passion and hope  
In God's kingdom of joy and bliss  
And learn to hold on tight  
God's fragrance of spring flower's kiss

Just learn how to walk on  
And show in this journey of life  
How to survive with love and care  
And courageously and passionately drive

The car of strange opportunities  
That will surely expand and grow  
If you learn to walk with faith  
And let your belief glow

For God promises us of hope  
And He listens when we cry  
And tell Him that we are hurt  
In this world of troubles dry

So do not ever give up  
Take your turn to talk to God  
For He is the only protector  
And our beloved Lord

Who will hold our hands tight  
And calculate best route to arrive  
When we learn to take the walk of faith  
In this bountiful blessings and life.

Seema Chowdhury

# The Warm Words

May your future always shine  
With your luck and the wishes of mine  
And may you always win the race  
That comes in your life's own pace

Buy keep one thing in your mind  
If ever life doesn't seem a little kind  
then don't lose hope or ever cry  
Or feel tired of again to try

Just know with faith and prayers hem  
You can win the last and the lost gem  
So all you have to do is to try  
And work hard for the victory's cry

And now I wish good luck for you  
With sincere heart and wishes true  
And hope you'll get the flying hues  
In everything that you ever do.

GOOD LUCK! ! !

Seema Chowdhury

# The Wasted Words

My words  
Thoughts  
And deeds  
Went all in vain  
Because  
I waited too long  
For  
The perfect moment  
To appear.....  
Without realizing  
That this life is  
A river of no return  
Where these passed moments  
Will not be compensated  
And  
I will be left alone to wonder  
In the avenue of regrets and remorse...  
Where I tried my best  
But  
No one was there to hear  
What I had to say  
In this race of  
wasted words.....

Seema Chowdhury

# The Weight Of Care

What can I do  
To let you know  
How much I care  
For you dear so  
All I can  
Do to show  
My love for you  
In each life's row  
Is to do all good  
For you in flow  
And then to pray  
For you in low  
And ask my God  
To help you so  
You can again  
In life smoothly flow.

Seema Chowdhury



# The Wheel Of Change

Let the ever changing  
Wheel of change  
show us  
The next scene in life  
Full of  
Insensitive  
Spiritless  
Untouched  
Frigid  
And dull comedy.....

Sometimes I feel  
My life is filled with  
The waves of pain  
And I feel drowned  
In the lost hours.....  
Where  
Hidden matters unfold  
Every day and leave me alone  
To suffer in the stream of mystery-

Seema Chowdhury

# The Wheel Of Fortune

The wheel of fortune is moving fast  
Just wait and see where at last  
On God's green earth it will stop  
And what will come in luck's list top

For whatever is in your luck's list  
Will surely contain some of the mist  
That will block and will sometimes dim  
The paths of life that is skim

And I am sure by now you must know  
How to handle joys and pain's flow  
And cross both areas hilly and plains  
And count your blessings and gains

So search for the pearls of wisdom on the Earth  
And acquire its rareness and its worth  
For the joy that you will find after it  
Will really hold a value in its every bit

So don't feel that you're stuck in a mist  
Just pray and wait to see your luck's list  
What will come in the fortune's wheel  
Fainly before God bow and kneel.

Seema Chowdhury

# The Wheel Of Past

The wheel of my past  
is really moving fast  
And is leaving atlast  
My dreamland that is vast

taht gave me the time  
And taught me the rhyme  
Taht must be aligned  
In the period of decline

I'm not losing hope  
neither I nope  
But it is just that like a soap  
It is slipping through the rope

But still I'm trying best  
To build up the hope's nest  
Where I can take rest  
In period of trial and test

So God please help me  
And give me joys key  
So I can feel free  
Of the burden upon me

Because the wheel of past  
Is really moving fast  
And is leading me atlast  
Away from dreamland vast.

Seema Chowdhury

# The Wind Of Circumstances

The winds of circumstance not always blow  
On the same wave length where you flow  
So don't ever fall short of smile  
For it heals your wounds for a while  
And know that no one can ever find  
Lasting happiness except for in mind  
So keep good thinking 'n search for the hues  
For only it can chase away your blues  
And remember that you can come on top  
If you'll learn never ever to stop  
For winds of circumstance not always blow  
On the same wave length where you flow.

Seema Chowdhury

Seema Chowdhury

# The Wind Of Joy

May the wind of joy  
Blows over your life  
To teach and tell you dear  
More life's tacts to survive  
For life is like a sky  
Wherre blows the cool breeze  
Of care 'n affection my dear  
And also love's air to cease  
All bad things from your life  
So you can have smile of fain  
And you never have to see in life  
Any glimpse of trouble and pain.

Seema Chowdhury

Seema Chowdhury

# The Wine Of Love

Have you ever tasted such a wine  
Which is made for thine and mine  
Which not only tastes very sweet  
But is surely a bliss and a treat  
And know that dear this is right  
If you want your life to be bright  
Then move on and bring some of it  
For it holds value in its every bit  
And remember that on this God's earth  
It's considered as a source of mirth  
Because its something everyone deserves  
Oh yes, surely its the wine of love.

Seema Chowdhury

Seema Chowdhury

# The Wise Silence

Serene tenderness of the heart  
Is surely a wise silence

For silent river of happiness  
Flows on forever like bliss

For walking on hushed path is a pleasure  
So enjoy life to its fullest measure

And know that wise silence is true  
That passes moment by long day through

And ends the day on a quiet hush  
After passing of a day of rush.

Seema Chowdhury

# The Wonders Of Life

Enjoy each moment  
And seek for the  
Astonishing  
Surprising  
And amazing  
Wonders of life  
And learn to unravel a mystery  
And the hidden meanings  
That god has kept  
In each and every shade  
Of our lives  
That makes it exciting  
And full of  
Actions and reactions...

Seema Chowdhury

Seema Chowdhury



# The Words Of A Friend

Are soothing and nice  
That gives us good  
And caring advice  
For friends are people  
Who care and show  
How much they care  
In each life's row  
So always have value  
For the words of a friend  
For a friend is the one  
With whom you don't pretend  
And shares all your distress and pain  
And wishes to show you sunshine after rain  
And pray for you and wishes your goodluck  
And doesn't even expect in return any buck.

Seema Chowdhury

Seema Chowdhury

# The Working Hands Of God

God rules on this world and earth  
And proves all these things are worth

He shows the winter, the summer, the fall  
That goes on and moves for us all

He brings beauty in the pretty spring  
And fill music in these flawless things

He hangs on the sun, the moon, the stars  
That twinkles for us from afar

And these things are not for only seeing  
But prove God's presence and His gracious being

And tell us that there's the working God's hand  
That can put miracle even in the tiny grain of sand.

Seema Chowdhury

# The World

the world is like  
A looking glass  
Where it is  
Very hard to pass  
All the tests  
That are here  
That bring us  
Pain and tear  
And in this glass  
We see views  
That are mostly  
Grey and blues  
That doesn't  
Let us survive  
Peacefully in  
This world's drive  
And that is why  
I always say  
It's hard to pass  
These life's days.

Seema Chowdhury

# The World Of Unknown Peace

The place where I've longed to go  
Whenever things were going kind of low  
Is the world of unknown peace and love  
And resembles a lot to the heaven above

Where darkness actually does not prevail  
And everyone is given a chance to avail  
And see his wishes shining all bright  
Just like the twinkling star at night

And there I wish I can sit for hours  
And on my return bring back the power  
To face the troubles and reality of life  
Which actually do exist and survive

For the line drawn on everyone's palm  
is god's art done specially with charm  
Taht decides all one's joys and sorrows  
Their plans of all today and tomorrow

And specially gives me more courage to bear  
Life's pain hidden in every layer  
So that's why I pray God enlighten my soul  
And help me to reach my aim and goal

So every new day begins with a smile  
And the past memory in a special style  
And ends on the hopeful tomorrow  
And narrows the path of pain and sorrow

And takes me to the world of unknown peace  
Where everything usually stays at ease  
And shows everyone's wishes shining bright  
Just like the twinkling star at midnight.

Seema Chowdhury

# The World Through My Window

Bright sunshine and golden afternoon  
Is what I see from my window at noon  
Where tender smiles of the lovely clouds  
All clear my life's pain and doubt

I learn to impose the rhythm of life  
In all the moments and events that survive  
When I let go all my past fear  
And swap them fairly with faith and cheer

And I put my faith in Gracious God  
Who holds my hands in every odd  
And heal my wounds and my pain  
To show me a glimpse of peace and fain

This is what I see and feel  
When I learn to hold on life's deal  
And re-establish my faith in life  
Where I am bound to live and survive

Life opens the gift of bliss and peace  
On my injured life with hopeful lease  
Where I do somersaults in rainbow hue  
And brighten my life with sun's warmth too

And this is what I see now dear  
The world through my window with cheer  
Where life smiles back with faith and hope  
To show me new vision of life without mope.

Seema Chowdhury

# Theme Of Dream

The theme of my dream  
Was very simple and pure  
But I guess  
No one tried  
To listen  
Or understand.....  
That's why  
They called it  
A dream of  
Fading shades.....  
That not only faded my dream  
But also  
The whole purpose of  
My life and living.....

Seema Chowdhury

# Theme Of Good Fortune

My theme of good fortune  
Is when one stops complaining  
Of past losses  
And ceases  
Expecting too much  
From others...  
Then only we  
Learn not to hesitate  
To do things you enjoy  
And make heaven  
A place on earth  
With an optimistic spirit  
Start a journey  
Through time  
And  
Opportunities.....

Seema Chowdhury

# Theme Of Life

Play in the splashing water  
Sit under the setting sun  
Sing the song of joy  
Before your life is done

And know that now is the moment  
For life to take a turn  
So dig deep in each layer  
And see from it what you can learn

For this is the magical moment  
So drown deeply in its beauty  
And know only with zest  
You can amazingly perform life's duty

So choose your theme carefully  
And decorate your beautiful life  
And learn to solve the puzzle  
To overcome obstacles that survive

Just start the process of change  
And grow and learn today  
Before your life meets its end  
Find plenty of encouraging ways

To take the challenge of time  
And sit under the sun of joy  
And sing melodiously with hope  
And learn life's techniques to enjoy.

Seema Chowdhury



# There Has To Be A Happy Day

I wish to sing a happy song  
For a day when nothing is wrong  
Where I can quietly sit 'n talk  
And I can freely rest and walk  
I'm waiting for such a precious day  
When everything will be calm in my way  
Where I can quietly sit and talk  
And I can freely rest and walk  
I want to see the bright rainbow  
I want to see nice sights 'n show  
Where I can quietly sit and talk  
And I can freely rest and walk  
I know god has his own nice ways  
So there has to be a happy day  
Where I can quietly sit and talk  
And I can freely rest and walk.

Seema Chowdhury

Seema Chowdhury

# There Is Darkness And There Is Light

There is darkness and there is light  
Life is sad and sometimes bright

Sun rises everyday and then sun sets  
We lose in life and sometimes we get

Life is a difficult challenge each day  
We try to balance it and carefully play

This never ending long game of lose and win  
And find life's firm path sometimes in spin

There are too many questions and the painful Why  
That we never get answers or satisfactory reply

Time goes too fast and we can not always hold  
So we need to shun cowardliness and be bold

And despite all fears we must continue to learn  
To live this life patiently and for us gracefully earn

Love, hope, care and a lot of light to share  
And get rid of darkness, doubt and fear.

Seema Chowdhury

# There Is Tomorrow

If you feel little down  
And life feels cold and wet  
Then don't lose hope dear  
There's tomorrow don't forget  
For life may show you things  
That aren't all very glad  
But it will not stay like this  
Because life is not so bad  
So wish and hope to see  
And pray from god dear  
To show you brighter morn  
Full of love and care  
But if today shows you sorrow  
And life feels cold and wet  
Then don't lose hope dear  
There's tomorrow, don't forget.

Seema Chowdhury

Seema Chowdhury

# There's A Time

There's a time to talk  
And a time for silence  
Depending upon  
The level of dullness  
Spread around you-  
So try to conquer  
That moment  
And enter into the world of action  
And try to catch with the time  
For that's the ultimate challenge  
You have to meet  
To calm your fazzled nerves....

Seema Chowdhury

Seema Chowdhury

# There's Always Something New

No matter where we are  
No matter what we do  
There's always something to learn  
There's always something new

Just explore the world around  
And challenge yourself anew  
Then life will be more rewarding  
And surely exciting too

Just give yourself a chance  
And discover who you are  
Be optimistic about your future  
And plan to be a star

Whose light give out hope  
And brings happiness to all  
And save the world around  
From deep and a bad fall

So get up and be strong  
Motivate others and pick up the pace  
And know you have to win  
In this life's endless race

Where exits are not the end  
But a new beginning for us to discover  
That makes up the layer of life  
One after another cover

And we must try again today  
No matter what we do  
For there's always something to learn  
There's always something new.

Seema Chowdhury

# There's So Much To Smile About

Enhance your soul and purify your heart  
Take a quick break and then again start  
A journey of life with sunshine and smile  
To find miracles and magic's tender style

Remember there's so much to smile about  
So don't let problems or clouds of doubt  
Change your thoughts or spread blue and gray  
And turn happy moments into a rainy day

So blend in laughter of splendid time  
Hold very tight and set your own rhyme  
And find yourself a beautiful dream  
By creating a kaleidoscopic view of gleam

Enter in new world through a fresh door  
Bring back strokes of goodluck and more  
And paint a magical picture with colors bright  
And turn your life around with beaming light

Just remember you always have choices trail  
So don't limit yourself due to mope's veil  
Because there's tomorrow that can bring smile  
And decorate your life with miracles tender style.

Seema Chowdhury

# These Are The Moments

The moments when I feel little down  
And don't wish to see life's sight brown  
And hope for the sun of 'morrow  
To brighten the path of pain 'n sorrow  
These're the moments in which I find  
My thoughts all mingled up in mind  
And then I wish forever to stop  
The confusing flow of mind to drop  
For creating more life's misery for me  
And showing bad things just for thee  
'cause these're the moments in which I find  
My thoughts all mingled up in mind.

Seema Chowdhury

Seema Chowdhury

# Thine Happiness

My joys  
My griefs  
My hopes  
And  
My dreams  
All rest in soft peace  
Where  
Every day adds  
The pearls of morning dew  
And  
teaches me to be happy  
In  
Thine happiness.....

Seema Chowdhury



# Things Are Looking Up

Things are looking up my dear  
So avail this chance of life  
And know that you can never get  
Another chance in it to drive

The car of life that is wide  
That shows dear to us all  
Sometimes trouble and sometimes gains  
That are all big and small

So try your best and in it gain  
And take charge of your life  
For you'll not get another chance  
In it to ever survive.

Seema Chowdhury

# Things Go Your Way

Just wait for a while  
With hope and smile  
And then you'll see  
Luck waiting for thee  
And then my dear  
Things that are rare  
Will happen in your way  
And will make you all glad  
And will change for you all bad.

Seema Chowdhury

# Things That Can

Things that can change our lives  
Things that can bring happiness drive  
Things that can show we are cared  
Is what is hidden beneath the layered  
The layered heart that we have got  
That knows how to arrange and sort  
Sort out the kindness acts  
That brings joy and realities fact  
These things are a loving touch  
That really means so much  
And also smile and kind words  
That we need to hear in curt  
Because these things show to us  
That in this life's riding bus  
We are not just alone in the way  
But there's many who share our days  
Who always in their own style  
Show us a path to a bright smile.

Seema Chowdhury

# Things That Matter

Think about what is important in life  
And things that matter  
For life is an interesting theory  
Where at the end  
It all ties in together  
So don't give up  
Deal with life...

Take part in this parade  
And enjoy the carnival  
That has come to the town  
Shake things a little bit  
To fix your problems...

Know that sometimes you get lucky  
But sometimes you face unexpected loss  
So don't give up  
Just close your eyes and see yourself  
In a warm and a safe place  
And know things that matter...

Be less judgmental  
Only then you will be able to  
Fix your problems  
In this cloud of streams  
And ride on the light  
To produce your own theory of life...

Seema Chowdhury

# Things To Be Remembered

Remember your hope not your blue  
Remember your share not your dues  
Remember your laugh not your tears  
Remember your courage not your fear

Remember your gain not your vain  
Remember your joys not your pain  
Remember your smile not your cross  
Remember your victory not your loss

And when you'll learn to remember all this  
Then God's huge bucket of his bliss  
Will fall upon you and your fate  
To tell how much God is great

And always remember this little thing  
That God's gift keeps on moving in a ring  
So keep on counting my dear friend  
For blessings of God has no bound nor ends.

Seema Chowdhury

# Things To Be Thankful For

I thank God for all his gifts  
That has given my spirit an uplift

For he has bestowed me with bliss  
Of his love, his care and his kiss

I'm thankful to God for being nice  
And for giving me the right advice

In time when I felt I was lost  
In this frenzy world filled with frost

For God has given me so much  
That on him I put my trust

And thank him for being my Lord  
And caring for him as my God.

Seema Chowdhury

# Think Again

When things are going down  
And you're feeling brown

Then don't feel agony and pain  
Just try to think once again

What you can do to  
Start your life as new

And in that time of test  
Do everything with zest

And hope for miracles true  
That also exist in your view

And know that will come soon  
A bright and a nice noon

Where dusk will be followed by  
A dawn that will shine very high.

Seema Chowdhury

# Think Bold

Think bold  
Think bold  
Don't feel cold  
If joys are sold  
Learn to make  
And to bake  
your own joy  
For you to enjoy  
And don't look  
In every nook  
To get it  
In every bit  
But learn to make  
And to bake  
Your own joy  
For you to enjoy.

Seema Chowdhury



# Think Differently

Do not miss the moment  
Let your life gain momentum  
That would lead to  
New paradigm  
To face the uneven pace  
And a numb silence  
To mend your fence  
And cope with tough times  
Amid uncertainty  
And current obstacles.....

Take a fresh look at doing things  
Through the broad lenses  
And look carefully  
To the proposed theme  
And shared solutions  
And create a vision  
During your journey  
To reshape the world.....

Break out of what you fear most  
And do not let dark forces of time  
To stop you by showing unique hazards  
Find ways to add value  
To control your pain and emotion  
And be prepared to think differently  
To improve the quality of life  
With a sense of comfort and peace.....

May God be with you today and always.

Seema Chowdhury

# Think In Healthy Ways

brighten all your days  
And think in healthy ways

And learn to enjoy life  
With things in it taht survive

And know that joy and sorrow  
Complete our days and tomorrow

So don't let any moment go  
Or simply flown ever slow

But learn to smile in it  
And enjoy life's every bit

By brightening all your days  
And thinking in healthy ways.

Seema Chowdhury

# Think Of Another Way

If you fall once when you try  
Then don't just sit down to cry

But think of another way  
To get up and pave the way

For hope and smile to come  
And teach you how you can sum

All your joys and happiness dear  
That in your life do appear

So you can feel good in the heart  
And will give a chance to start

Another day full of hope and smile  
Even in hard road of trial.

Seema Chowdhury

# Think Of Ways

Think of ways to brighten things  
Not for a long but in just an eye blink

And fill with colors the days of life  
In which you're sent here to survive

And know that no one but only you  
Can find for yourself happiness true

So when you feel stuck in a trial  
And around you see just trouble's pile

Then turn around and ask gracious God  
To show you ways to brighten things odd.

Seema Chowdhury

# Think Of You

It's really a pleasure  
To think of you  
For you are a person  
Who is nice too  
Who knows how to  
Bring others smile  
And let others be happy  
In all for a while  
So it gives me pleasure  
To think of thee  
As your love is rare  
And a gift for me.

Seema Chowdhury

Seema Chowdhury

# Think Positive

Thoughts are the flower  
Wishes are the seed  
That grow in the heart  
Like a wild weed  
And give us joy  
And some pleasure  
That for us  
Is a great treasure  
So think positive  
And have faith  
Then surely things  
Will end up great  
And you will see  
Joy and smile  
Even in hard  
Times of trial.

Seema Chowdhury

Seema Chowdhury

# Think Well

Think well my dear  
If you want to stay well  
For life is a real story  
That rings with a bell  
Where everything changes  
And bring you all new  
where life only tells  
Fables that are true  
So try to conquer  
This world's dawn  
And make special  
Your each morn  
And try to think  
Very nice and well  
So you can always  
In happiness dwell.

Seema Chowdhury

# Thinking Of You

Thinking of you always makes me smile  
And share all my trouble's pile

For not only a friend's sympathetic ear  
What you want to tell is ready to hear

I'm glad I got a friend like you  
Who helps me when I'm feeling blue

Whose presence always makes me forget  
All life's trouble, pain and regret

I really don't find more words to say  
Neither fancy phrases in front to lay

To tell how much you mean to me  
So all life's happiness I wish for thee.

Seema Chowdhury



# Thinking Of You Danny Raja

I'm thinkinh of you  
More than words can say  
I'm wishing you joy  
In every life's day  
And praying dear son  
May your whole life  
Be filled with fain and fun  
And happiness ton  
So you don't have to see  
Any cloud of mope  
Neither any ray of pain  
That you can't cope  
And I'm wishing it all  
So you can smile  
And pass each day  
Under love's shade's drive.

Love you Danny Raja

Seema Chowdhury

# This Is A Tough Game

As I scribble  
On a small piece of my life's paper  
I need courage and strength  
To face the challenges  
That test my spirit and mind  
For my soul is burdened  
And I feel drained out  
And see myself wandering in wilderness  
Passing through storms and fear

For life is a tough game  
And I need to strengthen my faith  
And have courage to open my mind's eye  
To see divine plan unfolding in my life's path  
With confidence and grace.....

I need peace and solace  
To restore my balance  
To lessen my heartache  
And soul's burden  
And enjoy the richness of small things in life  
So I can heal quickly  
And get the ability to move on  
And enter the door of opportunity  
Where God's tender love is present  
To move on and on

For life is a tough game  
And I need to strengthen my faith  
And have courage to open my mind's eye  
To see divine plan unfolding in my life's path  
With confidence and grace.....

Seema Chowdhury

# This Is Faith...

Faith is the supreme force of life  
That shows God's miracle for us to survive  
And let us believe in things unseen  
And God shown bright and dull scenes

It's the continous belief of reasonable reasons  
That walks beside us in all life's season  
And tell that in world whatever is on  
Is surely reflecting God's beauty and form

And faith is when our troubles we pack  
And put them in a box on God's huge rack  
With the hope that he'll exchange it all  
With joy to save our hopes to fall

It's surely a thing that teaches me to trust  
On God when I see life's dawn and dusk  
And remind me that God is my only friend  
Whose gift of love and blessings never end.

Seema Chowdhury

# This Is God's Way

Once I was talkign and praying to my Lord  
When out of the blue something happened that was odd  
That I couldn't believe and thought it was a dream  
But it was surely very clear like a crystal of stream

I saw two kids who were playing in the meadow  
Where huge mulberry trees were throeing their shadow  
And under that shadow they were busy in their play  
making mud pies and toys with the clay

Around them were a group of golden stars  
That were glittering that could be seen from far  
And those stars were shining and singing songs  
And spreading cute smiles and dancing along

I didn't know so I asked my precious Lord  
What as going on oh my precious God  
God smiled then said yes my dear child  
What you saw just now may semed wild

But that's the answer of all you have asked  
You prayed and now I'll do my task  
And will bestow you with all kinds of pleasure  
Specially my blessings that you can never measure

Then further more he said and now I'll tell  
Those two kids who're playing in the shell  
Are Sarah and Danny who're gift for your sis  
And were given to her from Me as My Bliss

And all those starts that were shining very bright  
Are the stars of hope and are emitting hopes light  
And are saying dear please stop the flow of tears  
No one can hurt them, because God is taking care

And he has sent them in this world to bring  
Love, hope and peace as in season of spring  
And show his love and answers in his way  
And tell people that He'll answer them today

And after listening to this I thanked my Gracious Lord  
Who answered my prayers because He's my God  
And promise to help me in all kinds of test  
And will choose for me what he think will be best.

Seema Chowdhury

# This Is Just A Beginning

Create surprise, passion and excitement  
In your everyday living  
With a rich list of options and ideas  
To perk up your life  
And spread smile  
In your life's path

Make a dazzling garland of  
Beautiful deeds and thoughts  
And watch various episodes of life  
Through the eyes of hope and courage

Walk proudly like a winner  
And let everyone know  
That this is just a beginning  
Of a new image and a a smooth ride  
On the road of life  
With passion and excitement.....

Seema Chowdhury

# This Is My Small Blessed World...

This is my small blessed world  
Where everything is perfect and complete  
Because my reality is clear and well defined  
And it reflects miracles of God's existence

This is my small blessed world  
Where wind rustles through the trees  
And raindrops bring blessings of the Heaven  
To clear the spiritual path so I can walk on

This is my small blessed world  
Where I choose moments and matters  
To eliminate the road blocks and hurdles  
And expand my boundaries of hope and joy

This is my small blessed world  
That I have built with faith and belief  
Because I have learnt to trust my Gracious God  
And know that He is always there for me

This is my small blessed world  
Where I have embraced calmness and silence  
And limited my wishes, desires and emotions  
That have changed my expectations and perspective

This is my small blessed world  
Where now I feel satisfied and calm  
Because it is peaceful, pure and serene  
And it reflects miracles of God's existence...

Seema Chowdhury

# This Is Our Lives

Let us rejoice and be glad  
Let us try to remove all bad  
Let us be happy and not sad  
For this is our lives so be glad

For life is swiftly passing by  
And emotions are flowing high  
So we must come forward and try  
To catch hold of this life's sigh

And know that in our lives' way  
There are no unimportant days  
We just need to find and learn to sway  
Happiness breeze that is present today

And gather some love and some care  
For life has ups and downs but is fair  
And learn to face difficulties my dear  
And know negative emotions bring fear

And when we'll learn to enjoy life  
And reconnect to it and strive  
Then we'll enjoy this precious drive  
And learn the art here to survive

And for that we must smile every day  
And gather all laughs in our way  
And collect the gift of life's spray  
And we must enjoy it fully today

And let us rejoice and be glad  
And let us try to remove all bad  
And let us be happy and not sad  
For this is our lives so be glad.

20th Feb,2009

Seema Chowdhury



# Thought Pattern

Change your thought pattern  
And learn to accept life  
As it comes-  
And as it unfolds in front of you  
Otherwise you'll be pushed hard  
Towards the edge of despair  
From where you'll have no option  
But to live life on the surface  
And to see life happening from outside only  
And learn not to be aggressive  
Or else you'll be left alone  
In the bay of stress to drown  
Where frustration,  
Frustration  
And more Frustration  
Will lead your way.....

Seema Chowdhury

# Thoughtful Things

Do those little thoughtful things  
That can swap autumn with spring

And can fill some life's road  
With happiness and some fun's load

For nice and little kindness act  
Can surely change life's facts

And can spread flowers in the way  
To make it a perfect day

So whenever you get chance dear  
Come forward with love to share

Someone's trouble in pain's hue  
With kindness's brighter hue.

Seema Chowdhury

# Thoughts Bright

Learn to lead your life  
With joy in each day  
And let you be the star  
That shines even from far  
And know that life my dear  
Is a game of tears 'n cheer  
So try to link this chain  
With the smile of fain  
And be like a strong string  
That helps all to cling  
To hope and thoughts bright  
To bring happiness 'n delight.

Seema Chowdhury

Seema Chowdhury

# Thoughts For You

May every day of the coming year  
Be filled with nice thoughts my dear  
Where you can have fun and joy  
And everything else that you enjoy  
For a birthday is a special day  
That comes in your life's way  
To remind you of all the deeds  
That were shown in your hours of need  
By all those who really love you  
And want to really show it too  
That they wish happiness for your days  
In all nice and enjoyable ways.

Seema Chowdhury

Seema Chowdhury

# Thoughts Of Friendship

Friendship is a noble task  
Friendship is a flower's flask  
That spread all over the smile  
And give joy to others for miles  
For thoughts of friendship is dear  
As it is a passion so rare  
That blooms the flower of joy  
For all and let them enjoy  
The sweetness that's hidden in it  
And emit joy's rays bit by bit.

Seema Chowdhury

# Thoughts Of Life

Do each and every thing in your way  
Say what you mean and mean what you say  
And then you will easily reach reach to the key  
Of suces in this huge life's sea

because to be honest and to be true  
is the first and really the basic clue  
that helps you to reach your goal  
Of playing the successful winning role

Of an hosent person who is an aid  
And provides help to everyone like shade  
Specially in the bad hours of need  
By showing all nice and kind deeds

So according to me int he period of gloom  
The best thing that can bring you bloom  
Is to follow strickly true thoughts of life  
That I think is the rule of truth that survive.

Seema Chowdhury

# Through Corridors Of Memories

When I walk  
Through corridors of memories  
I find  
Pleasure and pain  
During sunshine and rain  
With gentle soft breeze  
Across the sky  
With happy voices  
And beautiful dreams  
And wind of hope  
And the light of dawn  
With the splash of delight  
And warm moments  
Of positive strokes  
With speaking smiles  
Of painted eyes.....

And all these sweet bitter memories  
Bring me courage and strength  
To read the message of life  
And play with those extra words  
That spin around  
And show me a life time of miracles  
With the words of God  
That remove my worries and fear  
And replace them with faith  
That flow in my life  
And change my world  
On a grand scale.....

Seema Chowdhury

# Through The Colors Of Life

I want to shine the light of love  
Into the darkness  
And translate the beauty  
That I see in my mind  
Through the colors of life  
Where no doubt and fear reside  
On my life's journey today

I wish to flip through the pages  
And hope to find a fresh start  
Where I can find perfection, lasting joy and boundless love  
And just the right combination of colors, blends and shades  
To draw inside the lines of a preprinted life's picture

And I hope in this ever expanding journey  
I will begin each day  
With God's whisper of love, faith and prayers  
Where new dreams and hope will be born  
And I'll get a unique opportunity  
To fill my life with sweet laughter and lovely sunshine  
And translate the beauty of love  
Through the colors of life.....

Seema Chowdhury



# Through The Eyes Of Reality

Take in life a new turn  
Try here whatever you learn  
To utilize and remember it  
For life drops in bit by bit  
And donot curl up in pain  
For life is a game of loss and gain  
Where reality is bitter and curt  
And leaves you in mud and dirt  
And remember you ahve to face  
Trouble's and trial's lace  
When you set out to find  
Where atleast trouble's will wind  
And life has many different views  
Some are joyful and some are blues  
So try to see these realities dye  
Through the awaken and real eyes  
Then you'll find courage to face  
And track life's rhyme and song's lace  
That you need to learn to survive  
In this never ending real life.

Seema Chowdhury

# Through The Sand Of Time

Be positive and have a thoughtful attitude  
And create a cheerful portrait for others to view

Learn the safe rule of life  
And don't view the world darkly

Develop your sense of self awareness  
And flow as smooth as possible

Be flexible and open to new ideas  
And learn to bounce back and forth like a yo-yo

Never give up in the middle  
Search for ways to take a break

Close running program of life and play it right  
Then you will learn to present reality

And discover a huge collection of paths  
That you need to achieve the best answer

And have a genuinely cheerful outlook  
So you leave marks and tracks through the sand of time.

Seema Chowdhury

# Through The Years

Your smiles and tears  
Thought he years  
Have now become a part  
And lives in your heart  
For all of them  
Are life's gem  
Which decorates your life  
And in it survive  
So waste no time  
Flow with its rhyme  
And know through years  
Your smiles and tears  
Have become your part  
And lives in your heart.

Seema Chowdhury

Seema Chowdhury

# Till Dawn

From dusk till dawn  
I hoped to see  
A glimpse of morn  
Appearing for me

That will carry  
Peace with it  
And will show  
Joys bit by bit

From dusk till dawn  
I hoped to get  
A view so bright  
That it can set

A mark for a  
Brighter day  
To wipe away blues  
From my way.

Seema Chowdhury

# Till The Dawn

Someone called me by my name  
I thought it must be you  
I waited and waited long  
With desires all bright and new  
I waited throughout the day  
I waited throughout the night  
I didn't even sleep  
Or close my eyes right  
But you were so much busy  
And you were so much lost  
In this frenzy world  
That doesn't pay the cost  
And all those drops of tear  
I dropped in pain and moan  
And in the state of hurt  
Till the appearance of the dawn.

Missing You sunny

Seema Chowdhury

# Time Is An Illusion

Time is an illusion  
So do not run after it  
Or else you will be disappointed  
And you will lose faith

Try to turn sour into sweet  
When emotional events occur  
Laugh at yourself first  
And then heal deep wounds of life

For time is an illusion  
So do not run after it  
Or else these long shadows  
Will create fear and doubt

Learn to enjoy this road trip  
Be prepared to enjoy your day  
Let breeze carry you away  
Towards a crisp and a bright morn

Try to find the path to joy  
And choose happiness now  
Believe in life's miracles  
And bring hope into your day

For time is an illusion  
So do not run after it  
Carefully map out steps  
To make life better

And remember that to be happy  
You must learn to swim against tide  
And turn reality of life  
By approaching one day at a time

Seema Chowdhury

# Time Moves On

Time moves on and drags us along  
And push us deeper into a hole of struggle  
Where we walk in the world of sorrow  
And axis of suffering  
With unexpected questions  
In an empty and echoing hallway  
Beyond the visible world  
Where our emotions make us sick  
And we don't know what is  
Around the corner and up ahead  
Where deep loneliness takes away our trust  
And uneven strokes of pain  
Fill doubts and fear in our journey  
And trap our exhausted soul  
In the whirlwind of life and living...

Seema Chowdhury

# Timeless Dimension

In this timeless dimension  
Future is a question mark  
Where one thing ends  
And another begins in just a moment  
Where unspeakable fear grip our soul  
And reoccurring pain and trauma  
Discharge our emotional battery  
In the midst of noise  
And confusion of everyday world  
Where feelings of sadness and displeasure  
Make us speechless  
And give more reason to doubt and fear  
And world looks like a blank paper  
Ready to write another story  
Of adversity and pain  
Where in the chaos and hurt  
We lose memories  
Shed many tears  
And walk on the wrong track  
And run to catch  
The shadow of a passing cloud  
To discover how the next chapter  
Will unfold  
In the dismal dark...

Seema Chowdhury



# Timeless Dimension Of Life

In this timeless dimension  
Future is a question mark  
Where one thing ends  
And another begins in just a moment  
Where unspeakable fear grip our soul  
And reoccurring pain and trauma  
Discharge our emotional battery  
In the midst of noise  
And confusion of everyday world  
Where feelings of sadness and displeasure  
Make us speechless  
And give more reason to doubt and fear  
And world looks like a blank paper  
Ready to write another story  
Of adversity and pain  
Where in the chaos and hurt  
We lose memories  
Shed many tears  
And walk on the wrong track  
And run to catch  
The shadow of a passing cloud  
To discover how the next chapter  
Will unfold  
In the dismal dark.....

Seema Chowdhury

# Timeless Moments Of Life

This is the timeless moment  
Of beauty and grace  
In which we exist  
Caught in the ebb and flow of life  
And touch the roaring waves  
That appears and disappears  
Unevenly and roughly  
And build a momentum.....

This is the timeless moment  
Of dreams and comfort  
Where I can vividly hear  
Call of the ocean,  
Rustle of the leaves,  
And even my silence is  
Hummed with energy  
And a new perspective is born.....

This is the timeless moment  
Of rejoice and celebration  
Where there is no place  
For 'What Ifs' or 'If Onlys'  
And only thing that I want to do  
Is to paint my life with rich colors  
And fill it with fragrance  
To welcome the fresh Spring of life.....

Seema Chowdhury

# Timeless Question

In those simple moments  
When the day's rush dies down  
And events start reshaping time  
And throwing away the burden  
Of bitter sweet ending

I look at the waves  
Dancing on the shore  
With the long road of shadow  
On lonesome path  
And try to analyze  
Every conceivable aspect of reality

Where nothing but  
The empty sound exists in the silence  
There I ask myself the timeless question  
'When all this will end? ? ? '  
Over and over again.....

In those simple moments  
I look at the journey for the day  
And feel lonely and hurt  
But still try to tackle difficult tasks  
That sends shock waves through  
And change the game completely

I walk on the unlit roads at night  
Where waves dance on the shore  
With bitter sweet ending  
And ask myself the timeless question  
'When all this will end? ? ? '  
Over and over again.....

Seema Chowdhury

# Timeless Space Of Friendship

In the timeless space of friendship

We find

Lovely memories

Nostalgic Moment

Unique affection

Big hugs

Pat on the back

Love notes

Encouraging remarks

Wonderful whispers

Funny smiles

Important days

Careful thoughts

Shared secrets

And many

Small things

And

Big things

To tell you

That you're very important

For someone

Who cares alot

For you

And your happiness

And value your friendship

More than anything

In the world....

Thanks For Your Friendship Sunny

22nd Jan 2009

Seema Chowdhury

# Timeless Tales Of Time

Teach others how to live  
And how to cherish lovely time  
Teach them how to survive  
In odd and even rhyme  
As people with positive outlook  
Can bring real happiness wish  
And show others the joy's path  
To share God's love and bliss  
For this is the time you can  
Create a timeless tale  
With meaningful life's experience  
So you can never fail  
Ever again in your life  
And know how to lessen the burden  
When loss out weighs the gain.

Seema Chowdhury

# Times Are Tough

If times are tough  
And things are rough  
Then find your way  
In each day  
And don't feel blue  
For life brighter view  
Will come for you  
For it is due  
So in such a time  
Try to align  
With joy and fun  
Before this day is done.

Seema Chowdhury

# Time's Language

Time is an endless song  
Where everyone speaks  
And hear  
Spontaneous language  
Of  
laughter and mourn  
Hurt and heal  
Love and hate  
War and peace  
Sweet and sour  
Swift and slow  
And  
Glee and dim  
That gives us  
delicate thoughts  
to reach  
The stairs of  
Truth's imagination-

Seema Chowdhury

# Timing's Everything

Hear bell toiling in the distant  
And absorb eerie silence around you  
See the waves breaking on the shore  
And understand the complexities of the world  
Don't let uncertainties drive decisions  
Be strong and shift the gears  
Explore new avenues and hit the road  
And instead of fighting against the current  
Be the builder of the bridge  
And know that Timing's everything

Speed up your life to reach your destination  
And put all noisy thoughts behind you  
Think about positive things in your life  
And let the sunlight come through the shade  
Remember this chapter may be over  
But life has a funny way of continuing  
So look for big and exciting wins  
And ride off into the sunset  
And be the builder of the bridge  
For you know that Timing's everything

Don't be stunned by the silence  
Try to understand the complexities of the world  
Hit the road to finish the unfinished task  
Calm the indistinct and confusing shoutings  
Use your wings to fly to write your story  
For this is your moment and you are a star  
Turn your thoughts around and don't hit the walls  
Expand your perspective and shift the gears  
And be the builder of that bridge  
That prepares you, for Timing's everything

Seema Chowdhury



# Tiny Drops

Behind the lashes of the eyes  
Behind every pain and sigh  
These tiny drops really rest  
For they I think are the best  
But one thing I'll surely remind  
That they're i think so blind  
For they just flow down and drop  
From the eyes we cannot stop  
For we get them when we're hurt  
Or stuck in a situation curt  
But they are the real thing  
That i think can only spring  
From the core of a painful heart  
That needs a boost to once more start  
A happy and a cheerful day  
And wipe away tears from the way.

Seema Chowdhury

# To A Wonderful Daughter Samia

Enrich your life  
With special people  
Who love and care for you.....

Learn from your experiences  
And look for untapped opportunities  
And take a leap of faith.....

Keep pace with the shifts  
And never give up  
Learn to hang on and tie a knot.....

Remember you are very precious  
So bring smile and joy  
To the world and people around you.....

And be a source of comfort and peace  
Share your hope and joy with others  
Unconditionally and unselfishly.....

so when you analyze your life  
It is full of meaningful and special memories  
Joy of the present and dream for the future.....

Happy 15th Birthday Baby Doll.  
Mama Loves You Very Much.

Seema Chowdhury

# To And Fro

Many people come  
And many people go  
Life goes on  
To and fro  
Where we meet  
And discover life  
And many reasons  
How to survive  
So if something  
That you expect  
Do not occur  
then don't regret  
And do not shut  
The door on you  
For soon you will  
Find things anew  
And many people  
Will come and go  
And that's how life  
Will move to and fro.

Seema Chowdhury

# To Do List

First thing on my To Do List  
Was to take off the mark  
Of fear and uncertainty  
From my life  
And keep questioning  
The What, Why and How  
And  
Change the world  
And try to discover  
The reason  
Of sad episodes of life  
And why I felt like  
Life was peeling me  
In layers  
And cold wind in wilderness  
Was crushing  
Against my face  
And I was struggling  
To hold back my tears  
In the most painful moment  
Of life.....  
And in the middle of all  
I hoped to find  
A brief moment  
Where I could hear  
My own words echo  
The sentiments  
And Increased Hope.....

22nd jan 2009

Seema Chowdhury

# To Heal The Pain

I need a balm  
That can calm  
And heal the pain  
That's making me insane  
I wish to stop  
And never to drop  
Even a tear  
In trouble's year  
And that's why  
I wish high  
Balm once again  
To heal my pain.

Seema Chowdhury

# To The God's Road

If you feel  
You have gone artray  
Then look at  
The mountains  
The landscapes  
The rainbows  
The dew drops  
The waterfall  
The flowers  
And then  
Soon you'll find  
Your way back  
To the god's door...

Seema Chowdhury

Seema Chowdhury

# To The Path

Today  
I've participated  
in  
A risky game  
By  
Following the deep foot steps  
Left by  
The inflicting pain  
And  
The web of troubles  
That will  
Eventually lead me  
Either  
To the path of everything I want  
Or  
To the path of nothing at all....

Seema Chowdhury

# To The World Of Fun

Enter joyfully to the world  
Where lives adventure and fun  
And seek for pleasure and joy  
Before life's day is done

For good and bad  
Here both survives  
So learn to pick  
For you good life

Because it gives to all  
And offer to all the best  
So now its up to us  
How to appear in this life's test.

Seema Chowdhury

Seema Chowdhury



# To Welcome 1996

I wish you joy  
I wish you smiles  
I wish you stay  
Away from trials

I wish you luck  
I wish you fain  
I wish you stay  
Away from pain

And I wish you always  
learn to welcome  
new year's days  
And learn to sum

Joy and fain  
In the coming year  
And thank dear God  
For showing his care.

Seema Chowdhury

# To Welcome My Baby

I'm anxiously waiting  
To welcome my baby  
And provide her  
A rich and fulfilling life  
Where  
No sort of pain  
Can enter  
And only pearls of joy  
And beautiful visions  
of real happiness  
Is seen.....

Seema Chowdhury

# To Welcome The Baby

A gift of God  
A gift of love  
A gift of bliss  
From heaven above  
Has been sent  
By the Lord's hall  
In the form of a  
Lovely baby small  
Please join with prayers  
And share our joy  
As God has sent  
For us his toy  
As a loving sign  
Of His care's breeze  
From the heaven above  
From His bliss tree.

Seema Chowdhury

# To Welcome You

With happy smiles in the eye  
I'm wishing you joy taht is a tie

That binds together all in love  
That's gift of God's heaven above

I'm glad today you're coming home  
For without you things seemed very alone

And everything appeared as dull and bad  
And we didn't have anything to be glad

But now I'm glad because you're here  
And just like before we can share

All our laugh, smile and sorrow  
And dull and bright today and tomorrow.

Welcome Home Mother! ! !

Seema Chowdhury

# To Welcome Your Baby

A baby is a God's precious gift  
That is sent for this world's uplift  
To fill with lots of joy and love  
The life of parents who really deserve

May your darling little one  
Whether its a daughter or a son  
Bring real joy to both of you  
And fill your hearts with happiness too

That will last through out the life time  
And sing for the joyous rhyme  
And will fill for you the bucket of smile  
That will spread flowers in trouble's pile

And I'm really very glad today  
That God showed you his blessing's way  
By giving you a darling baby as a gift  
Who is sent for this world's uplift.

Congratulations sadaf & Rashid Bhai! ! !

Seema Chowdhury

# Today And Tomorrow

Learn to live  
Today and tomorrow  
For this will take  
Away your sorrow  
And will show you  
New paths in life  
To discover ways  
In them to survive  
And learn in life  
To collect pleasure  
And with joy and fain  
Enjoy your leisure  
Then you'll learn  
how to love life  
And how in it  
With today survive.

Seema Chowdhury

# Today You Are 2 Uzair

Two little laughs and two little smiles  
Two little splashes of fun for a while  
where all gathered together in one place  
To spread joy and fun in your pace

Where birds are waiting to sing you song  
Of birthday wishes for so long  
And doves are chirping along with birds  
And all those sounds can be clearly heard

Including your cute voice when you talk  
In the path of life where you walk  
Because all know that today my dear  
You are under God's loving care

As you are growing and turning two  
When your life will show things that're new  
So all we wish for you sweetheart  
Is a victorious and a successful start.

Seema Chowdhury

# Today's Sunrise

The sunrise that I saw today  
was so different in my way

As it showed me a glimpse of care  
And looked to me very sincere

I don't know how to say more  
But it opened for me the door

Of so much blessings of the God  
That I accepted it as His reward

It had the shine so very bright  
it's view was really a pleasing sight

That for those few moments I felt as a part  
Of all these beautiful joys of my heart.

Seema Chowdhury



# Together

I want to stand  
And cheer together  
My  
Desires of tomorrow  
Marvelous Blessings  
Glamorous images  
Colourful expressions  
Leisure hours  
heaven's wind  
Gentle breeze  
Good words  
or  
May be I should say  
I want to share  
Every second of my life  
And myself  
With you.....

Happy Anniversary Sunny

Seema Chowdhury

# Tomorrow Is A New Beginning

In the busy streets of life  
walk on the footpath  
Where high rise buildings  
Overlook the town

Glance back on the rising sun  
And step away far enough  
To see the bigger picture

Join the parade of life  
And enjoy the carnival  
And know you must make connections  
To live by

Shake things a little bit  
And deal with reality  
And when beautiful sun sets  
And evening scene bring close to the day

Just stand in silence  
To measure your pleasure and pain  
And bring a warm look on your face  
And smile gently and know it is the end  
For tomorrow is a new beginning...

Seema Chowdhury

# Tomorrow Never Comes

Tomorrow never comes  
Because of the  
Dishonest  
And  
Hypocrites  
Who  
Decieve you  
And  
Create hinderence  
In your way....

Life is strange  
At times  
You feel lost and sad  
Because of trusting  
And not judging  
People...

And then at the end  
Echoes of the pang  
From your past comes  
To haunt you  
And show  
The hidden landscape  
Of your life.....

Seema Chowdhury

# Too Much To Ask

Why cannot life  
Shows us  
All we wish  
All we hope  
And  
All we want  
Or  
Even just  
One wish  
One hope  
And  
One want  
Is it too much to ask  
And wish to be happy  
And hope to live in peace  
And want to survive? ? ?

Seema Chowdhury

# Top On My Wish List

The message that I wish to share  
The message for all whom I care

The message of love and peace  
Is what I wish to send to cease

Any trouble or pain's tear  
From the eye's of whom I care

I always hope and wish to see  
The shining and bright face of thee

And wish may all taht you wish  
Be given to you through God's bliss.

Seema Chowdhury

# Tough Task

Living in this world is a tough task  
Where life is like flowers in a flask

That not only has fragrance and beauty  
But carries with it thorns and duties

Where people are mostly selfish and mean  
Who become source of trouble unseen

That blocks the road and mostly your view  
Of beautiful scenes and lively hues

So try to live and take a start  
With courage and hope and learn the art

And remember that living is a tough task  
And to live here you have to wear joy's mask.

Seema Chowdhury

# Tough Times

Tough times never last  
So don't let mope to cast  
The spell of grey and blue  
'Cause it's very bad for you  
And always remember my dear  
That life is not only pain's layer  
Troubles do come, but they return  
Giving happiness its turn  
So stick to hope and hold 'em  
And with prayers each day hem  
Your life's rough and uneven edge  
And then let your luck judge  
what should be given to you  
Inreturn of the gray and blue  
Whether tough time again  
Or should it return you fain? ? ? ?

Seema Chowdhury

# Towards A Known Goal

Fill your mind with positive words  
And start your journey of life  
Let this life unfold itself  
In ways that are clear that survive

And learn to handle trouble and pain  
And move towards your goal  
For many unknown images will appear  
In this life's deep dug hole

But remember that nature is a healer  
That helps us all through time  
And then one by one we all learn  
To sing same tune and rhyme

And save yourself in getting into  
The endless loop of thoughts today  
For it'll trap your thought and mind  
And will hide your vivid way

Just know that life is a real test  
That we all take one by one dear  
And move towards unknown goals  
To finally reach its end layer

So don't hide your fear or pain  
Just pour it out all today  
And find your real goal of life  
With positive things in the way.

Seema Chowdhury



# Towards God

Turn your heart to God  
For He's your only Lord  
Who understands everything  
That is here in the ring  
For all our joys and cries  
And all our how and whys  
Can only be answered by Him  
Who loves us with a vim  
And only He can fill with joy  
The emptiness of our days  
And can wipe the pain  
And deep shadows of the rain  
So turn your heart to God  
And know He's your only Lord.

Seema Chowdhury

# Towards The Sky

keep hope in your eyes  
look up towards the sky  
And ask help of dear God  
who is your only Lord  
And know that at God's door  
You can always ask for more  
And ask for His blissful rain  
To wash away all your pain  
And remember that only God  
Has the power to broad  
Joy's path that's narrow  
For you to dismiss sorrow  
So always open your eyes  
And look up towards the sky  
With the hope of seeing God  
Who is your only Lord.

Seema Chowdhury

# Traces Of The Vague Mist

I peeped through the veil of mist  
Over the vast and distant horizon  
And saw bitter suffering and muffled sorrow  
Staring at the faded rainbow  
Standing on the edge of the  
Ebb and flow of life  
And crushing waves on the shore  
With broken hope and unfulfilled dream  
Appearing and disappearing  
In the midst of the vague mist.....

Where time stood still  
And moon hid under the thick clouds  
To conceal its shine and light  
In the mysterious frost and fog of the darkness  
Where everything seemed quiet and hushed  
As if words have lost its meanings  
And moments are empty and closed  
And over whelming scatteredness of life  
Spoke unspeakable sadness of emotion  
Under the burden of dwindled fortune.....

Seema Chowdhury

# Train Of Thoughts

My train of thoughts is going away  
Where bygone memories are ready to sway  
And show all nice things of past  
That're coming and going all very fast  
It may sounds wierd, but that's true  
Life is not always coloured with hues  
There are many parts that are white  
Which doesn't look good even to our sight  
But still we have to cope with them  
With care and hope and prayers hem  
And know that one or in another way  
This train of thoughts has to sway.

Seema Chowdhury

Seema Chowdhury

# Trapped

Trapped in a web  
Of  
Real life-  
Surrounded by  
Nostalgic passions  
And  
Strange memories...  
Life goes on and on  
Without  
A sight of happiness  
Or  
A smile of encouragement.....

Seema Chowdhury

# Trapped Inside Myself

I am losing count of my long days  
I am losing count of bygone years  
I feel deeply trapped inside myself  
And do not find peace anywhere

I feel like a prisoner alone and sad  
Where lingering view shows nothing  
But the opposite end of the spectrum  
Reflects mingled memories crushing

I spend my days and nights searching  
For the unfamiliar answers of my 'Why'  
But nothing except for hazy sketches  
Strongly in front of me just standby

Because no one understands  
what I am going through  
Even I don't know what to say  
And how to smoothly get through

I never thought life will ever be  
So cruel, so harsh and so hard  
Where my fate will eventually hand me  
Clueless hide and seek memory card

And I will remember nothing but  
Jumbled up, bent and lost ways  
And I will sit quietly but anxiously  
Counting long and meaningless days.

\*\*\* Written for my beloved mother, who is suffering from Alzheimer\*\*\*

Seema Chowdhury

# Treasure

A smile is a treasure  
That brings us pleasure  
And gives us time  
To flow in joy's rhyme  
And enjoy all of it  
And every fun's bit  
So try to gather  
And put together  
Life's difficult road  
And trouble's load  
Glued all together  
With smile's weather.

Seema Chowdhury

Seema Chowdhury

# Treasure Of Friendship

Friendship grows dear and dear  
with every passing year  
And leaves behind  
Memories all kind

That plays a part  
Very important in heart  
As it spreads love  
That's a gift of heaven above

And leaves memories  
To cherish and please  
And brings pleasure  
Of friendship treasure

And know my dear  
That with every passing year  
Friendship leaves behind  
Memories all Kind

That bring tears in the eyes  
And also smiles that are wise  
And tell us that we are not alone  
In this world of pain and mourn.

Seema Chowdhury



# Treasure Of Happy Memories

Enjoy each second of your life  
And learn to exist not just survive  
And plan for each coming day  
That comes passing by in your way  
So each day that ends today  
Can bring you some hope in a way  
And leave behind it a great pleasure  
Of happy memories that is a treasure  
That colour your life with a colourful hues  
And wipe away all your life's blues  
So for that learn to collect this treasure  
With happy memories to bring you pleasure.

Seema Chowdhury

Seema Chowdhury

# Treasure Your Love

Treasure the precious gift of love  
As love is the gift of heaven above

That is given to all from God  
As his gift, as he is the Lord

For love is like a pretty flower  
That blooms without not care's power

So show to all the care they need  
By the act of care and good deed

And remember never to waste it dear  
As this gift is surely very rare

That brightens the day and the night  
And brings to all joy and delight.

Seema Chowdhury

# Treasure Your Pals

Treasure your pals and think of them  
As a rare jewel of your crown's gem  
And know that they are the one  
With whom you always have joy 'n fun  
For friends always make you feel good  
And they stand beside you like a wood  
Whenever you are passing through trial  
Or when life seems dull for a while  
So whenever in life you feel bad  
Or nothing seems even a little glad  
Then you can always turn to them  
For they're jewel of your crown's gem.

Seema Chowdhury

Seema Chowdhury

# Treasured Things

All the things you treasured  
And kept close in your heart  
Will save your day forever  
And will show you a start  
During bad times of your life  
When everything seems lost  
And no one is there to share  
The pain and the hurt's cost

For what goes around  
Surely comes around  
So paint your dreams  
And colour day's ground  
And seek the truth  
And go for more  
And wash away stress  
And knock on hope's door

And then you'll certainly see  
How healing touch of prayers  
Will mend all the cracks  
From life's broken layers  
And how treasured things  
From your past days  
Saves your soul and heart  
From pain and hurt's ray.

Seema Chowdhury

# Troubled Heart

When you get  
A troubled heart  
That is full of gloom  
And it again start

A dull day  
Of tears and cries  
And a collection of  
Many many WHYS

Then don't ever get  
Upset my dear  
Just wait and hope  
And you'll get all fair.

Seema Chowdhury

# Troubled Thoughts

In the muteness zone  
Of my dreamland  
I met troubled thoughts  
All scattered on the sand  
That were thinking all  
About my life  
And how hard it is  
In it to survive  
I wish sometimes  
To close my eyes  
And lie down there  
To sleep there to die  
Where no one will come  
Again with trouble or pain  
Nor life will suffer  
With fear in life's lane.

Seema Chowdhury

# Troubled Way

I have lost my way  
In this frenzy land  
Where every where  
Trouble's sand

Is spread out in  
the way of mine  
Where every where  
In the line

I only see  
pain and distress bar  
Standing in the way  
Both near and far

That blocks my view  
Of a brighter day  
That's why I see  
Troubles spread in the way.

Seema Chowdhury

# Troubled Way Of Life

Why troubles are more than joys?  
Why we have less time to enjoy?

Why tears always dropp down?  
And make us gloomy and brown?

I wish I can find the reply  
Of all my troubled why

And can satisfy my soul  
And joyfully then play my role

And wait for the appearance of a day  
When free from troubles be the way

Where I can peacefully sleep  
Forever never to wake, very deep.

Seema Chowdhury



# Troubles

Troubles are like pebbles  
And like weeds among flowers  
That must be cleared out  
With hope and courage's power

For there is always hope  
That is waiting to be seen  
For tomorrow is a new day  
So start it and be keen

And just when life's things  
Seems all falling apart  
Then don't cry or ever mope  
Just with a courageous heart

Remember to play your role  
With hope and courage's power  
And clear out all your troubles  
Like weeds from pretty flowers.

Seema Chowdhury

# Trouble's Hill

Life is full of hills  
And trouble's mills  
Where pains 'n agony come  
To end your day and sum  
The troubles it has given you  
To block your joy's view  
So walk carefully on it  
As it holds distressful kit  
That doesn't let you smoothly walk  
On this trouble's way and talk  
So try to find a road  
Where no trouble's load  
Comes in to block your view  
Of joys 'n pleasures dew.

Seema Chowdhury

Seema Chowdhury

# Trouble's Kit

Life is the most  
Difficult test  
Where its hard  
To get things best

For living and being  
Happy true  
Is a difficult task  
To perform too

So don't feel lost  
Or tired of it  
For life comes in  
With the trouble's kit

Where each day  
We learn a lesson new  
On how to handle  
Life's trouble's view

And over come them  
To start with fain  
Each new chapter  
Of loss and gain.

Seema Chowdhury

# Troubles Pile

No tears to cry  
No joys to smile  
I feel I am stuck  
Under trouble's pile  
Where i don't know  
What to do  
Where I feel lost  
In trouble's blue  
Where sky above me  
Is dark and gray  
And everything is full of  
Doubts i will say  
I wish just once  
Again I can go  
Very far from here  
In my dreamland so  
I can swap it all  
In to things in fain  
So I don't feel hurt  
With this trouble's pain.

Seema Chowdhury

# Trouble's Wall

Work on problems  
When they are small  
And do not build  
This trouble's wall  
Because life has  
Both good and bad  
And things that are  
Both sad and glad  
So own up your  
problems in life  
And learn with  
them to survive  
And find ways  
How to share  
Troubles and pangs  
To show care  
And work on problems  
When they are small  
And do not build  
This trouble's wall.

Seema Chowdhury

# Troublesome Life

Sometimes its hard to understand  
Why life is troublesome on the land  
And why can't we get to the place  
Where we can sketch and trace  
And create for us some smiles  
That color our life for a while  
I wish to get the hope's perfume  
To wash away and clear the gloom  
From the life of mine and all  
And wipe away troubles even if it's small.

Seema Chowdhury

# Troublesome Path

The storm and troubles  
Of this world's life  
Have snatched joyfull moments  
For trouble's alive  
And have left me all  
Alone to walk  
On the troublesome path  
Where pain's rock  
Are blocking my way  
And the ride  
Of smooth walking path  
From every side.

Seema Chowdhury

# Troublesome Things

Don't make ups and downs of life  
Make you feel its hard to survive  
And don't let these distress bring  
You the world of troublesome things  
For this is life and this is what  
You will get in life's dot  
So if you can't take it more  
Then go to the prayer's door  
And ask God to hold your hands  
As he is the one who understands  
And tell him to take you out  
Of these troubles and doubts  
And seek for his blessings way  
To make perfect your life's day.

Seema Chowdhury

Seema Chowdhury



# True And False

All true are false  
All false are true  
All the right and wrong  
And the right is few

All the pro are con  
All the con are pro  
All the foes are friends  
And the friends are foe

I don't know why  
It is like this  
I wanted to know  
The answers of this quiz

And the wierd answers  
And its reply  
Of the simple question  
In which I ask why

Is because this is  
True facts of life  
And even if you hate  
You still have to survive.

Seema Chowdhury

# True Blessings

The echoes of the kind words  
Are the true blessings of my God  
Who is all knowing and all hearing  
And helps us all in odd

Who greets us all in grace  
And abundance of care and love  
When we try to approach Him  
For He is the king of heaven above

He unlocks the magic of joy  
And warms our hearts and His bliss  
So we don't feel left out  
For whatever in past years we have missed

He promises to show us more  
Lovely and happy days  
If we approach him in hard time  
In many blissful ways

And brings us close to joy  
And remove all shadows of doubt  
And show us the brighter side  
Of hope and faith aloud

And He is the only one  
Who bring true blessings for all  
For He can unlock the magic  
Of true blessings in our fall

Just approach God with faith  
And let Him hold your hand with smiles  
And help you to walk happily  
In life long bitter miles.

Seema Chowdhury

# True Colors Of Life

Life's painting is full of  
Flowers of distant hues  
Where thorn and bushes  
Also come into view  
Where dew drops shimmer  
On the edges of leaves  
And show us life's days  
Some long and some brief  
Where pain and pleasure  
Clear sky and cloudy day  
All follow each other  
In many distant ways  
And this is how we can  
See true colors of life  
And know in God's world  
We're sent with them to survive.

Seema Chowdhury

# True Feelings

Say what you mean and mean what you say  
Don't let time to pass by your way  
Just keep looking for the good luck's kit  
You might get lucky 'n get a hold of it  
And keep a loved one by your side  
And don't try to ever hide  
Anything that is good or bad  
Anything that can make you glad  
And always take time to rejoice  
And listen carefully to your inner vioce  
And have dreams 'n accomplish great things  
For good and bad all moves in a ring  
So avail every chance that comes in your way  
And say what you mean and mean what you say.

Seema Chowdhury

# True Friends Are Forever

True friends are forever  
And that is true  
Specially if I am  
Talking about you

Because you gave  
New meanings to my life  
And showed me ways  
To brightly survive

I really want to  
Thanks you today  
For doing everything  
That you do and say

And hope very soon  
For all your concern  
God will reward  
You in return.

Seema Chowdhury

# True Gift Of Hope

A happy face with tons of smiles  
That helps to brighten my day for a while  
can surely be no one other than you  
Who shows me life's brighter view

For you are a marvelous person my friend  
With whom I don't need to pretend  
Who always some how always know  
How to brighten my days go

For very few people who meet us in life  
Really knows trick in this world to survive  
And can unlock this happiness key  
The sad heart and set it free

And today I surely cannot find  
More words that are nice and kind  
that can tell what I want to say  
And the nice things for you that I pray

For you are dear the actual source  
Who taught me the happiness course  
And showed me life's brighter view  
With the gift of hope that is true.

Seema Chowdhury

# True Joy Of Life

You can never reach the place of joy true  
If you keep on putting off it too  
For some future day of your life  
And think without it you can survive  
So try to be happy in whatever you do  
And know that joy that is true  
Is only found along life's road  
If you can learn to press it's code  
And know that true joy in life  
Needs to be seeked 'n found in drive  
In the drive of this life  
Where we ar all bound to survive.

Seema Chowdhury

Seema Chowdhury

# True Life's Gift

When dawn breaks a new  
And life's colour seem true  
When sun starts shining bright  
And life's puzzle falls right  
Then try in your own way  
To spread happiness in your day  
By bringing the gift of a smile  
That'll help you to go long miles  
And spin the prayer's wheel  
And see if you can steal  
Some joy and beauty and care  
That's found in each layer  
Each layer of this life  
Where we all hopefully survive  
And awaits crisp morning's view  
To celebrate life's gift that's true.

Seema Chowdhury



# True Love

True love withstand all tests of life  
And teach you life more cheerful rhyme

To sing and pass the days of life  
And learn newer ways to survive

For when we feel good about someone  
Then we wish them lots of joy and fun

And care very much for their smiles  
And help to carry their troubles piles

So refuse to settle for less than true love  
For it surely is a great bliss in pain's curve

That God has made so pain could cease  
And everywhere can shine the sun of peace.

Thanks Sunny for your true friendship! ! !

Seema Chowdhury

# True Love's Hue

From dawn till dusk  
And dusk till dawn  
I waited for you  
From night till morn  
And thought of all  
good times we had  
And all nice things  
That made us glad  
I miss you jan  
And love you dear  
Without you there is  
No joy, no cheer  
And every life's path  
feels like a stone  
And there among them  
I feel very alone  
So come back quickly'  
And once again with hue  
Fill my life's days  
With your care and love true.

Missing You Sunny dear

Seema Chowdhury

# True Measure Of Success

Success is a journey  
in the path of a test  
Where we all hope  
To always get the best

For God put us  
In the test of life  
And then take out  
And give best to life

So don't ever count  
Troubles in between  
That arises in the way  
For that's only the mean

Through which one can  
learn to count  
True measure of success  
In his own account.

Seema Chowdhury

# True Source

True Source  
of happiness  
Can only be achieved  
If we can learn  
To get a relief  
From troubles of life  
By thinking they're part  
Of every one's life  
In mind and in heart  
So instead of feeling  
Bad or blue  
It's good to look to god  
For hope's hue.

Seema Chowdhury

Seema Chowdhury

# Truly Special

In quiet hours  
I collect  
The memories of you  
That is hidden  
Deep inside  
My heart and my mind  
Because  
For me  
You are truly special  
And  
Most important reason  
To survive.....

LOVE YOU SUNNY

Seema Chowdhury

# Trust In God

Trust in God  
And believe in him  
Ans surely he will  
Help with vim  
For only He  
Really understands  
And lend us his  
Helping hands

For God is the one  
Who knows all  
Things bothering us  
Either big or small  
And that's why whenever  
We're in need of him  
he surely come forward  
And helps us with vim.

Seema Chowdhury

# Trust Your Heart

Trust your heart if you want to win  
And love what you have  
And believe that no one  
Absoutely no one  
Has a better life than you  
And then you'll see  
A unique sparkle  
Will touch your life  
And will give you hope  
And you'll find  
A positive out look  
And your own path  
To walk on  
To live your life to the fullest-

Seema Chowdhury

# Truth

What is truth? ?  
It is not the reality  
but  
Its only a fact  
that appeals to us  
And then  
we accept it as a truth...

God has given us  
A gift of choice  
Where we must  
Learn to trust  
The flow of life  
And persue carefully  
In the aisles

And believe that  
Truth is  
The seed of faith  
That spouts and flourishes  
With time and tide.....

Seema Chowdhury



# Truth About Life

Where does it start and where does it end  
Its the on going show thst is following its trend  
And passing through the roads that're straight and bent  
And do not give anyone the chance to pretend

Yoe oh dear that is what life is all  
That takes you high but then cause to fall  
Just like the small bouncing ball  
That stops when its tired in life's ahll

So don't think that you'; ; always stay there  
For this world is only a place my dear  
Where people can stay till they can bear  
This on going trend of life that is rare

So don't waste your time in this world and know  
That life is like ahuge stage show  
Where people stop by but then must go  
Because when time comes they can't say no

So its better if you go to the door  
Of God and then stay in prayer's floor  
For that is where you can never get bored  
Because God's love is rare and pure.

Seema Chowdhury

# Truth Of God's Words

Forget the hurts and pain in your life  
And listen to the truth of God's words  
Ask for His mercy and His tender help  
And don't give up, quit or feel stirred

Surely life is hard and bitter at times  
But it also has beauty if you search dear  
Where gorgeous day will appear with love  
To bring you heavenly peace and cheer

Just don't give up and hang on to them  
Unpack your worried and burden of pain  
And maintain your trust and faith in God  
By asking for His blessings and gift of fain

Build strong relationship with your Lord  
And hold His hands when you feel alone  
He will steer your boat out of the storm  
And help you in twists and turns unknown

And will bring you smile and wipe your worries  
With His tender blessings and delightful care  
So you can forget all pressing pain and hurt  
To enjoy heavenly beauty with peace my dear.

Seema Chowdhury

# Truth Of Reality

Bask in the deep truth of reality  
And find your own unique voice  
Get swiftly ready to rise and shine  
And know you have a say and a choice

Connect with people and find meanings  
And keep moving forward with life  
Give it one more chance to expand  
And identify new ways to survive

Build blocks of hope and explore  
Hidden paths and secrets of the day  
For life is a worthwhile journey  
Where you have many choices and a say

Just step in with confidence and joy  
And learn to let go of the past  
Move forward and make splashes  
And know in this world at last

You can color powerful imagination  
And can redefine aspects of your life  
By finding your own unique voice  
And basking in the truth of reality's drive.

Seema Chowdhury

# Try It One More Time

One more time  
One more time  
Try it one more time  
Make it flow in life's rhyme

Don't ever lose hope  
Or sit back just to mope  
Just get up and open the door  
And let faith enter in life's floor

For faith is that contagious shine  
That brings hope and smile's wine  
And show you beginning at the end  
And straighten life's path when its bent

So hang in there and trust in God  
Who is your ever loving Lord  
And put your trust and hope in him  
And he will hold your hands with vim

And will lead you towards the light  
Where everything is shining bright  
That will swap all darkness with the shine  
Of faith and belief and love's wine

Just try it again one more time  
With motivation to lead life's rhyme  
And bring you back the message of hope  
That teaches you to stay away from mope.

Seema Chowdhury

# Try Once More

After the on going course of your life  
Search for new ways to survive  
For nothing but only time can bring  
Changes in your life's messed up ring

So don't feel down, bad or blue  
Just try to seek for the happiness hue  
And don't give up on your hopes  
Just cling on to this happiness rope

I know it is easy to say than to do  
For hope is just like a morning dew  
That sooner or later fades away  
Without waiting for what we have to say

But today I know if you'll try once more  
And knock with the hope on prayer's door  
Then God will answer you in this way  
And will surely send more blessings for your day.

Seema Chowdhury

# Trying Day

I'm  
The prisoner of ideas  
Where  
All my unfulfilled wishes  
Get collected  
And  
Then  
In the end of the trying day  
I  
Hear my own voice  
Crying  
Sobbing  
And  
Mourning  
For  
The stumbling blocks  
I meet  
Everyday-  
That  
Over loads my brain  
With  
More and more  
Negative thoughts.....

Seema Chowdhury

# Tune Into Life's Adventure

Know what is around the corner and up ahead  
Respond to the world around you  
And don't let any experience go unmarked  
Acknowledge its significance.....

Then only you can find peace within  
And will tune into an event  
That is happening right now  
For the signs that popup in our lives  
Tell us whether we re on the right track or not.....

Jot down your impression  
Of the outside realities and pick up the vibes  
When life flashes back  
For it will help you to come out of deep loneliness  
And rebuild your trust.....

And know that there is one more step  
That you have to take to tune in  
Into life's adventure  
And that is to crawl out  
Into the fresh morning air  
And learn to let go  
And come forward and watch silently  
The significance of life.....

Seema Chowdhury

# Tune Into Your Feelings

Tune into your feelings  
And don't be hard on yourself  
And don't give up if you don't win now  
For there is always a next time  
And a right way to live

Just try to flourish and see new beauty  
Every season of your life  
For life has endless possibilities  
So don't let your dreams fade away  
Take a moment to share and trust in yourself

And prepare yourself to bring back happiness  
That has left through the front door of life  
By lighting up your surroundings  
And by celebrating life fully  
And by tuning into your own feelings....

Seema Chowdhury



# Tune Of Life

Compose a tune for your life  
Here let only joys survive  
And learn to colour your life's view  
With happiness and fain true  
And live in this world my dear  
And look to bring love and cheer  
And try to walk on the road  
Of smiles by sharing the load  
The load of all troubles and pain  
That comes in the life of fain  
Because that's how tune of life  
Comes in and for you survive.

Seema Chowdhury

Seema Chowdhury

# Tune Up With Answered Prayers

Unpack your worries and tune up  
Look for God's miracles and His embrace  
For only He can dull the oozing sorrow  
That we feel in our aching heart and soul  
Sit and rock gently to soothe your tears  
And cling on to life's rhythmic movement  
Don't be scared of the twists 'n turns of life  
Just hang in there for God always help us  
In our greatest time of need and despair  
And only God can answer our prayers  
And bestow the renewed sense of excitement  
Where we can breathe freely in the cool breeze  
And enjoy the golden light of the sparkling sun  
To warm up our soul, mind and heart  
And shun the negative thoughts that drift across  
And unpack worries to tune up with prayers.

Seema Chowdhury

# Turn A Life Around

Learn to dance in the rain  
Learn to grab the moments of fain  
And learn in here how to survive  
Taking bitter bites of living and life

Remember that in your way  
A simple thing can change a day  
And can help you on God's ground  
To turn a life of yours around

And make your smile a source of joy  
Learn in pain how to enjoy  
God Almighty's blessings and his love  
That he sends from heaven above

And when you will learn to play  
With life's pain and trouble's clay  
Then you will see how one by one  
Pain will diminish and bring you fun

Just try to stay away from mope  
And generate with care some hope  
And this will turn your life around  
To help YOU and others on God's ground.

Seema Chowdhury

# Turn Back The Clock

Turn back the clock  
And let me knock  
Again on the door  
On my past floor

Where memories are sound  
And is keeping an account  
And carries n its arm  
A gift of precious charm

Where neither pain nor sorrow  
Is there to borrow  
Any moment of joy  
That's God's toy

Where no one keeps  
Eyes that weep  
Because they all unload  
Their tear's heavy load

Then quietly go and sleep  
In God's lap that's deep  
Where happiness always dwell  
And ring the joy's bell.

Seema Chowdhury

# Turn The Page

Our passion and desires make us who we are  
So have good intentions and be a shining star

And find your source of love and light  
So you can twinkle for others in dark night

Become a solid bridge and a very strong link  
And don't allow troubles and distress to let you sink

Act brave and find your inner self my dear  
And believe in the strength not your fears

Turn the page and read what will come next  
And find the significance of this life's test

Search for a new beginning and a great start  
Collect hope and faith for your own cart

And remember all the wounds will heal over time  
So show gratitude and move on with your rhyme

Just get over bitter trials of pang and tears  
Find your own smile and discard your fears

And turn the page to read what will come next  
So you can find the significance of your life's test.

Seema Chowdhury

# Turn To God Almighty

Turn to God almighty when you feel low  
Turn to God when things are slow  
Ask for his help and his love  
And peace and bliss from heaven above

Just know that God has all the power  
To give you strength and courage's tower  
And fill your mind with thoughts bright  
And show your his love and divine light

So do not give up or cry  
Just hang in there and once more try  
And hope to see a bright tomorrow  
Filled with sparkling moments without sorrow

Where God will connect you with his love  
And will send his blessings of heaven above  
To set you free from worries and pain  
So you can move on with fain

So cultivate your relationship with God  
For he is your almighty Lord  
Who can shower his miracle's show  
When you are drowning in pain low.

Seema Chowdhury

# Turn Your Life Around

Turn your life around  
Before it touches  
The ground  
Of  
Agony  
And distress...  
And learn to hide  
Your pain  
Under the deep dug  
Curles of passion...  
Where  
We fail to produce  
Expected results  
And there  
In this outside world  
We are left with  
No choice and options.....

Seema Chowdhury

# Twists And Turns

Life comes with twists and turns  
Where we start and then return  
On new points at the end of the day  
And learn life's lessons in a way

Where overwhelming scattered-ness of life  
Teaches us lessons in this world to survive  
And countless miracles of God appear  
To show us how to overcome our fear

And we learn to listen to the whisper of our heart  
To give each day a beautiful start  
And let colors and images lift our soul  
And teach us to overcome our sigh and dole

And as the days go by and flow  
We play bigger games of life glow  
And learn to tie our happiness bow  
And present it as a gift you know

And pray to God to keep our spirit alive  
And teach in the storm and snow to drive  
This vehicle of life without any fear  
With the help of God's miracles those appear

For life is a song that we must sing  
While going through this endless ring  
And live our dreams from start to the end  
Till we overcome all twists and bends.

Seema Chowdhury



# Ultimate Friendship

We spend our lives living life  
Looking for someone  
Who can make us feel  
Special...  
Cared...  
Loved...  
And wanted.....

Who can give us  
Life's lessons....  
A reason to hope  
Infinite joy  
And inner peace.....

Who's presence feels like  
A soft breeze  
A lover's whisper  
Stars in the dark  
And brings smile in the eyes...

And that is  
The sign of ultimate friendship

And I'm lucky to have  
Found a friend  
A best friend in YOU  
Who cares for  
My happiness and smiles.....

Thanks and Happy Anniversary Sunny

Seema Chowdhury

# Unanswered Queries

So many queries  
Are still lying  
Unanswered  
And  
Unattended  
On the path way.....  
Where  
I have to search  
For my way  
To  
Get on with my life.....

Seema Chowdhury

# Unarranged Strokes

I'm dabbling with colours  
On the canvas of life  
Searching for the right  
Strokes to drive  
The car of my hopes  
All filled with hay  
With unarranged strokes  
Of black and gray  
where I find no one  
To bank in times of stress  
Except for broken images  
That have more or less  
Covered my empty canvas  
With patch work of blue  
That shows betrayed hopes  
And life's image and view  
That wants to uncover  
The veil from the face  
Of harsh and cruel life  
For me to bitterly taste.

Seema Chowdhury

# Unavailable Peace

Peace is the most  
Rare commodity  
That is unavailable  
And is stored in  
An unreachable place  
Called  
Deep satisfaction of soul  
Where only  
Sailing clouds  
Heaven's wind  
And the flying thoughts  
Of wonder  
Can enter  
And show you  
Harmonic rhythms of life  
And play  
A perfect piano of joy for you....

Seema Chowdhury

Seema Chowdhury

# Unaware

Sometimes I feel  
In this life's deal  
I don't know what  
Is going on in a lot  
And that is why  
I feel its pain 'n sigh  
Moving all around  
On this god's ground  
And feel very blue  
And don't see a hue  
To colour my life  
Where I survive  
But then from somewhere  
Rainbow appears  
And colour my life's days  
In many different ways.

Seema Chowdhury

Seema Chowdhury

# Uncertain Fears

Banish all your uncertain fears  
For morning is bound to appear

that can add a glimpse of sunshine  
To brighten and lighten the way of thine

Because if you feel blue or sad  
And inside you feel torn and bad

Then everything will be gloomy to view  
And you can never come out of feeling blue

So banish all your uncertain fears  
And believe that morning is bound to appear.

Seema Chowdhury

# Uncertain Steps

Sometimes  
I feel as if  
I'm walking on the path  
Where  
Fearful doubts  
And uncertain steps  
Are following me.....

Where  
Dark woods stretches  
Down hill  
And long  
Stony  
Bitterly cold  
And  
Broken roads  
Are all scattered  
Infront of me

And  
At each cross road  
I see  
Breaks and hurts  
And  
Nostalgic diversions  
waiting for my  
Decision.....

Seema Chowdhury

# Uncertainty

I'll never know what  
I'll never know why  
I'll never know how  
Why I suffer pain and sigh  
Where a host of grievances  
Amassing for years  
Greet my life's alley  
With abundance load and fear  
with the load of disappointment  
Frustrations and cramps  
Soaking life's rigid walls  
And leaving it broken and damp  
And that's what makes life  
Uncertain and astray  
And leaves me to leap in the dark  
with vagueness for the day  
And that's why I try  
To take that first step out  
That'll tune my life's rhymes  
And will clear all my doubts.

Seema Chowdhury



# Unchained Wishes

My Wishes are many  
But words are few  
I hope and wish  
A life for you  
A life that is  
Filled with care  
And many other gifts  
With all to share  
And today I'm sending  
Wishes for you  
That're unchained dear  
And are sincere and true.

Seema Chowdhury

# Uncounted Sorrows

Sometimes  
I feel as if  
Soon  
A time will come  
When  
My sorrows and hurts  
Will not be counted  
Easily...

Seema Chowdhury

# Under A Cloud

Even under a cloud  
With mist and doubts  
Are present dear  
Not just fear  
So have a look  
In every nook  
And then you'll see  
Hope coming to thee  
From the silver line  
That is align  
Under the cloud  
Of mistrust and doubt  
Are the candles of hope  
So never ever mope  
And look with faith  
And feel great.

Seema Chowdhury

Seema Chowdhury

# Under God's Wings

God help me and hold my hands  
And take me today under your wings  
Help me to find love and peace  
And enjoy happiness endless ring

Let me find my soul in deep prayers  
So I can easily find my lost self today  
And I can focus on the path of strength  
To fight back tears that come in the way

God help me to wipe the sadness and grief  
That is spread all around on this Earth  
Please make me the source of joy and love  
Where everything can sparkle and bring mirth

Where I can sit and recall memories  
That are hopeful and lovely to make me smile  
So pain can vanish like rain and bring back  
Peace, solace and comfort for a while

God please help me and hold my hands  
And take me today under your caring wings  
Give me the wisdom and courage to celebrate  
And smoothen the ride of happiness ring

So I can have a clear heart and soul  
And I can recognise my emotions today  
And clear my mind of the painful events  
To find peace and solace in life's way.

Seema Chowdhury

# Understand Happiness

Happiness is what  
Myself I asked  
And thought to define  
Is a difficult task

But when i thought  
All about it  
It came to my mind  
With a thought swift

That hapiness is actually  
A great big power  
That helps in our heart  
To bloom joy's flower

And to truly enjoy  
What we must do  
Is to understand happiness  
With a heart that's true.

Seema Chowdhury

# Undone Years

Save the undone years  
Try to stop your tears  
And instead of hunting wild  
Be cool and calm and mild  
Because right now the rhyme  
Is all suspended in time  
So learn to earn a ray  
With noises of the day  
The ray of the silence note  
That always gives the vote  
To save the truth dear  
With things of far and near  
And then with it you can  
Learn to clear the ban  
And save the undone years  
Of your precious life dear.

Seema Chowdhury

# Unending Trivia

Life is  
A constant flow  
Of  
Unending trivia  
Where  
We cannot avoid  
The bad  
And  
The unfavourable.....

Where life's problems  
spoil the moments  
And  
Flood your soul  
With darkness  
Worries  
And fears.....

Seema Chowdhury

# Uneven Strokes Of Life

On the huge and empty canvas  
I threw some paints and colors  
And then let it freely flow  
Like blank and free verses

I came forward and silently watched  
It crawling softly  
Between the ups and the downs  
And highs and the lows of life

They were all uneven strokes of life but significant.....

And then my life flashed in front of me  
With outside realities of vibrant colors  
That high lighted the signs that popped up  
And left marked and unmarked tracks to follow

That led me to the water brook  
Where I poured my soul  
And all the troubles and worries  
And there I learnt to seek life

And see around the corner and up ahead  
To pick up the vibes to ensure myself  
That I'm in the flow of life  
In the right place, at the right time

They were all uneven strokes of life but significant.....

Seema Chowdhury



# Unexpected Smile

An unexpected smile  
Under trouble's pile  
Feels good and nice  
And looks wise  
So try to smile  
Even for a while  
When troubles come'  
And you are numb  
With fear and rage  
And stuck in a cage  
For it is a bliss  
And dear this  
Really works great  
And increases faith  
And gives you strength  
To cut down length  
That is created by  
Troubles and sigh  
And shows you morn  
With a bright dawn  
That ends the night  
Of troubles and fright.

Seema Chowdhury

# Unexpressed Thoughts

Don't let thoughts go unexpressed  
Let it help someone who is depress

And learn to say nice things dear  
To make others feel happy and cheer

For words and thoughts and good deeds  
Are the magical rare seeds

That spreads the crops of joy and fun  
For all before the day is done

So let nice things meant by you  
be expressed through thoughts all new

So it can brighten someone's way  
And make it a fun packed day.

Seema Chowdhury

# Unfinished Conversation

I lit the candle  
And sat aside with nostalgic memories  
In the corner of my world  
With terrifying silence  
where memories were alive  
And the pain was apparent  
As I looked at myself  
In life's mirror.....

Where I counted and uncovered  
Hidden layers of loss  
Accompanying darkness, suffering and despair  
Where things I wished to say  
Were never said  
And things I wished to share  
Were never shared before.....

And over and over again  
Time was interrupted  
By unrelated popped up windows  
That changed the course of the brook  
And showed me the rawness of life  
Some empty hopes  
And the doubting voice  
That never let me finish  
My unfinished conversation  
About disconnected pace of life  
To express my pain and chronic frustration.....

Seema Chowdhury

# Unforeseen Reality

If you run into road blocks  
And you are scared and alone

If you feel you cannot see past your sorrow  
And your emotions are jumbled and colliding

If you feel walls are crawling on you  
And you feel miserable and sad

If you are suffering with unfulfilled desires  
And you feel tied and bound

If Unforeseen reality of life appears  
Meet you with disappointment and grief

Then don't give up or lose hope  
Just take a short break from life

And focus on important things  
With passion and understanding

And let out unexpressed wishes and desires  
And zoom on the finish line

And write your own guiding philosophy  
And take strong steps to organize your life

Don't hang on to the Unforeseen reality  
Overlook and ignore pain

And envision your world with hope  
And rainbow twinkling all around

Where clear sense of direction  
Will give you fresh and deep insight

And will get the happiness to flow  
To nurture real smile to spring life.



# Unheard Sighs

Im the victim of this world  
Don't let my sighs go unheard

For I'm tired and extremely sad  
And feel tired as things are bad

For art of living is never found  
On this earth and on the ground

For life now has a bumpy ride  
And sorrows path is now so wide

So its better that I accept it all  
As trouble's gate, its bricks and walls

And enjoy sadness of this world  
And let my sighs go unheard.

Seema Chowdhury

# Unique Power

There is  
A unique miraculous power  
Hidden  
In the sweet  
And soft  
Touch of love  
That  
Gather flowers  
Of sweet fragrance  
In  
The garden of happiness  
For  
Everybody.....

Seema Chowdhury

# Unique Ways

God has his unique ways  
To bless and to give  
God has his unique ways  
To grant and to shed  
God has his unique ways  
To assign and to endow  
Because  
He himself is a unique being  
Who has the power  
And all the control  
To shed his blessings  
Upon us...

Seema Chowdhury

Seema Chowdhury



# Unjust World

In this unjust world  
Door of Opportunities  
Closes  
One by one  
Without any warning  
or regrets  
Leaving me alone  
Curled up with troubles  
All by myself  
Toying with  
My imaginations  
In wilderness.....

Seema Chowdhury

# Unknown Chapters

In life's book  
Many unknown chapters of despair  
Appear  
In the middle of no where  
without  
Any beginning  
Or ending  
And then we're forced to suffer  
And read them all through  
Without any reason-  
Atleast  
Once in a life time-

Seema Chowdhury

# Unknown Dreams

Unknown dreams  
That I have seen  
Through the years  
With so much care  
Is falling apart  
And is taking a start  
And is telling me  
That for thee  
Life is hard  
And like a card  
Where is written  
My fate's mitten  
And then at last  
I followed the vast  
Lines on my palm  
With a mind cool 'n calm.

Seema Chowdhury

Seema Chowdhury

# Unknown Magic

Dream of changing the world  
And dance in the sunshine dear  
Look for the beauties of life  
And come out of trouble and fear

For the unknown magic will happen  
That can change your world around  
And will swap all bad with good  
And take you to the merry go round

Where your love will surely grow  
And exciting new ride will start  
And happiness lesson of life will reveal  
And you'll learn to play fain's part

And you'll see small victories coming  
And burning the candle bright  
And lightning your heart and soul  
And fill it with colors bright

Just have patience and hang on  
And wait for the magic to come  
For that's what life is all about  
Its an equation of pain and fain's sum

Where you're given opportunities to  
Dream of changing the world dear  
And close the door of disappointments  
And enter in the world of cheer.

Seema Chowdhury

# Unknown Test

Life is a series of unknown test  
Where less chances are given to rest  
So try hard and do your best  
And then on god leave the rest  
And don't you ever feel sad  
And think that everything is bad  
Because nice 'n things that are glad  
Are present to be replaced by bad  
So if you feel tired and blue  
And you don't see any brighter view  
Then ask gracious god to help you  
And show you life's colourful view  
And know that in this world unknown  
Life is considered as a cone  
That melts in the hands of your own  
So lick and enjoy this vanishing cone.

Seema Chowdhury

Seema Chowdhury

# Unknown To World

the soft breeze stopped  
When  
I pen my thoughts  
About  
The resentful and discouraged  
And  
Unresolved pain  
Known as life  
That follows  
An endless changing pattern  
Unknown to this world.

Seema Chowdhury

# Unlighted Candle

Why is there so much dark?  
Why're events leaving their marks?  
Why is there no more joy?  
And why am I like a toy?  
I wish to come out of the mope  
And become the follower of hope  
And light the unlighted candle  
And don't be scared of sigh's scandal  
I want to bring sunshine into shadow  
And want to pick flower from the meadow  
And want to believe in this world's coy  
That out of sorrow always come joy  
I want to be helper to the helpless  
And want to bring joy to the joyless  
And want to light the unlighted candle  
And don't be scared of sigh's scandal.

Seema Chowdhury

# Unlimited

The limitless sky  
Above me is spread out  
That showers  
Unlimited  
Troubles  
Agony  
Distress  
And pang  
For me to bear.....

No, please God  
Take this all away  
And help me to pass  
Through this emotional journey  
Called LIFE.....

I want to turn the pages of life  
One by one  
And bring back  
Exciting moments  
Where I can dance to my tune  
And make magical memory  
And surprise myself  
By finding comfort  
In what has changed  
And what is new.....

Seema Chowdhury



# Unlimited Horizon

Enlarge the dimension  
Of your life  
And  
Widen the  
Unlimited Horizon  
And  
Try to make  
A better world  
To live in  
For life is full of  
Opportunities  
That are still  
Unexplored  
And uncovered  
Just learn to  
Listen  
To your heart  
And you'll see  
That your inner self  
Is there  
To guide your way  
To the brightness of life.....

Seema Chowdhury

# Unlimited World

The lesson of life  
That I have learnt  
In this tiny life  
In this unlimited world  
Is to learn to express  
Whatever you feel  
For memories and experience  
No one can steal

And learn to live  
The noblest life  
Do what you need  
Here to survive  
So when you die  
And your days are gone  
Then a host of well wishers  
Are left to mourn

And life is hard  
so learn to fly with wings  
So you can survive  
In winter and spring  
And know how to say  
A jolly goodbye  
When its time to leave  
And fly away high.

Seema Chowdhury

# Unlived Life

S....

Shine more rays of inspiration and hope  
And feel blessed and hopeful  
And open up new vista of possibilities  
And have a grand plan to welcome new year  
And live your unlived life.....

E....

Enjoy the soft color of early morn  
And see the clear light of the day spreading  
And look at the rising sun  
For nothing can be as refreshing as nature's beauty  
And live your unlived life.....

E....

Each day brings another  
Golden opportunity  
To a glorious new day  
To shine and spread its ray  
So live your unlived life.....

M....

Move towards a pathway to live up to your dreams  
And play a bigger role in life  
And see the real you and the beautiful world  
You are living in  
And live your unlived life.....

A....

Absorb the special moments  
And open life's window blinds  
And illuminate with a golden glow  
That warms and energizes your soul  
So you can live your unlived life.....

Happy New Year 2011

Seema Chowdhury

# Unload My Troubles

I wish I can sit  
In quiet and peace  
Where troubles all  
Seems to cease

So I can there  
be all alone  
And can unload  
My troubles all known

So then no more  
Can come the sorrow  
Neither troubles can  
Haunt my tomorrow

And I can be  
Happy once again  
And feel satisfied  
In this life's game.

Seema Chowdhury

# Unpack The Moment

Keep the channels to joy open  
For that surely is the best weapon  
That expose us to wonderful and new  
Opportunities all hidden in blue

For life is a challenge and a test  
In which we must do our best  
And learn to decorate it with joy  
And find the ways for life to enjoy

Where hope is needed everywhere  
Even in the midst of storm and fear  
We have to learn with lots of care  
To unpack the moments of life my dear

And hold the world with strong hands  
And make peace in sea and on land  
And build the path to walk down  
And find life's victory and its crown

To ride back proudly with cheer  
Wiping troubles wind from everywhere  
And unpacking moments of this precious life  
Where we're all bound to survive.

Seema Chowdhury

# Unpack This Moment

God show me your light and love  
And help me to see what is right  
Take this burden from my sore shoulders  
For I'm physically and emotionally exhausted

God help me to crisp my dawn  
For my mind is flooded with thoughts  
Please hold my hands and save me  
For I'm getting carried away in momentum

God give me a break and clear my mind  
And teach me to be calm and enjoy life  
Heal my wounds and this oozing hurt  
And throw away the heavy anchor of expectations

God help me to unpack this moment  
And give me courage to walk through  
These doubts and fear with confidence  
And leave unpleasant thoughts behind

God hold me close to your heart  
And let me witness your affection and love  
Give me courage to re-decorate life  
And see what is worth and right

God life is not smooth right now  
I feel as if I'm standing in a storm  
That is making my world spin around  
With confusing thoughts in my mind

God help me find the recipe of joy  
And decorate my life with peace  
And without any doubt or fear  
Unpack this moment with faith.

Seema Chowdhury

# Unpredictable Moment

Let me spin  
The wheel of fortune  
And  
Find for myself  
The treasure that is hidden  
In the tree of dreams  
And  
Let the fortune's doorstep start  
A new chapter  
In my life  
Of the unpredictable moments  
Where  
Waves of agony  
And  
Cruel twists of fate  
Are waiting anxiously.....

Seema Chowdhury

# Unquenchable Zest For Living

Life is a blessing  
That must be accepted  
with  
Pleasure  
Satisfaction  
And  
Delight  
And  
We must develop  
The unquenchable zest for living  
For That's a way  
To show our gratitude  
To God Almighty.....  
And  
Our closeness to God.....

Seema Chowdhury



# Unrealistic Expectations

Feelings of  
Pleasure  
Happiness  
And satisfaction  
Is a rare commodity  
And an unrealistic expectations...  
Because  
We live in the crowded hours  
Of broken days  
Of depressing life  
That releases  
Sorrow  
Bitterness  
And harsh words  
In the craziness of  
Life's transition-

Seema Chowdhury

Seema Chowdhury

# Unrealities Or Realities

Value your pleasure  
More than anything  
And  
Occupy yourself entirely  
Like  
A self absorbed person  
Because  
Even before you'll know  
It'll end  
And  
The pleasure's vision  
Will be swapped  
with the trouble's sight  
Leaving you to choose  
Between  
The realities  
And  
The unrealities? ? ? ?

Seema Chowdhury

# Unrequited Love

Learn to reciprocate love  
In silence  
and through words  
For  
An unrequited love  
Is like a twisted soul  
Captured in a storm' That has lost  
Its image  
Its shape  
Its rhythm  
Its purpose  
And  
May be also  
The mere reason of its existence.....

Seema Chowdhury

# Unseen Delight

See things in a different light  
For there are many unseen delights  
Which can surely be full of pleasure  
And can make things look like a treasure  
And don't only look at the dark side  
For world surely is very wide  
So drink deep from the cup of life  
And enjoy every minute in it that survive  
And know if you'll work in your pace  
Then surely in this world's race  
You'll be able to overcome your pain  
That's making you feel down 'n insane  
So donot grieve in trouble's pile  
For I always like to see you smile  
And see things in a different light  
For there're many unseen delight.

Seema Chowdhury

Seema Chowdhury

# Unseen Treasure

I'm waiting anxiously  
On the edge of this life  
To see the treasures  
That exists and survive  
In each stage  
Of this earthly life  
where difficulties follow  
My each drive  
Where my soul's desire  
Are hidden and lost  
In this frenzy world  
That doesn't pay the cost  
To any precious tears  
That dropp from my eye  
To show their pain  
In troubles and sigh  
And here one day  
I hope to find  
the unseen treasures  
of this anxious mind  
So I can successfully  
End this life  
without feeling mad  
For this wild crazy drive.

Seema Chowdhury

# Unsettled Matters

Life is a series of  
Unsettled matters-  
With a huge burden of  
Remorse  
and a great pile of  
Unwanted storms  
Unbelievable queries  
And  
Undesireable journey  
Where  
Terrible twist of fate  
Greets everyone  
In the way  
shattering their dreams  
And  
Showing dead end roads  
To walk on-

Seema Chowdhury

# Unsorted Fields Of Life

Sort the Unsorted fields of life  
And pay attention to your surroundings  
For life is very complex and difficult  
So tune into the world and gain new insight

Don't be scared of darkness or thunder  
For sun will shine through the rain  
Just feel your way along the dark  
And walk along the gravel ground

Try everything until the very end  
And know that life is a precious gift  
So wrap yourself in the laughter of joy  
And reach out for life to embark on your journey

Just learn to sort the Unsorted fields  
And unhinde your strength and courage  
And don't give up or turn away in the middle  
Pay close attention to your surrounding

For echoes bounce off subtly around us  
So be humble in spirit and do not grieve  
Just hang on and take protection in God alone  
And seek help with patience and prayer.

Seema Chowdhury

# Unspent Moments

Recently  
We have been staying  
so much apart  
In  
Different worlds  
That now  
When I think about  
Those unspent moments  
Your presence  
Makes me feel  
More alone  
And there  
I see myself  
Laughing alone my own joys  
And  
Crying alone my own griefs.....

Seema Chowdhury



# Unspoken Desires

Know what you want and go for it  
For desires hold value in its every bit  
For everything that you ask from life  
Is not what you get in realitie's drive  
So keep some of your wishes 'n desires  
Wrapped in the paper of unspoken wires  
And then quietly pray to god  
To bestow his blessings as his reward  
And give you all what you wish  
From his greatness, as a bliss.

Seema Chowdhury

Seema Chowdhury

# Unspoken Fear

Sometimes I feel  
As if  
In darkness  
I'm  
Left alone  
To walk.....  
With  
Some unspoken fears  
Where  
Even a small noise  
Sounds like  
A thunder.....

Seema Chowdhury

# Unspoken Needs

There are needs  
That are  
Unspoken-  
Not because  
They are extensive  
Or  
Grand  
And  
Not because  
They are insignificant  
Or  
Small  
But only because  
There are no ears to hear them  
No eyes to see them  
And  
No time free to give them.....

Seema Chowdhury

# Unsure Feelings

Uncertain.....

Flickering....

Rambling...

Or

May be I should say

It is

Just a unsure feelings

Whether

I'm wanted or not? ? ?

whether

I'm cared or not? ? ?

Whether

I'm loved or not? ? ?

It makes

My whole life a mess-

And

makes me hide myself

In

The memories

Of

The silent crowds.....

Seema Chowdhury

# Untangle Knot

Smile, smile, smile  
For it brings sunshine  
And shows you the path  
Where you can dine  
Each and every second  
And minute of your life  
With pain and happiness  
And joy's drive  
For smile is a magic  
And it has got the power  
To overcome troubles  
And bloom peace flower  
So do not feel upset  
Or hopelessness in your way  
Try to bring the light  
And the happiness ray  
By smiling through your troubles  
And wiping away tear's array.

Seema Chowdhury

# Until The Last Day

In real life  
Everyday we graduate  
Until the last day....  
So expand your field of happiness  
And don't walk away from life  
And know life is a lot more fun  
When we share good things with others

So renew your soul  
And expand your horizon  
And follow the light  
When the sun comes up  
And make time to meditate and pray  
And watch your thoughts and emotion  
And generate happiness  
To light up your surroundings  
In the world around you.....

Seema Chowdhury

# Until We Meet Again

May sun rays shine on you  
As God's gift that is true

May rainbow glows your way  
And brighten your each day

May rain washes away your pain  
And swap it with the fain

May love touches your heart  
And show a bright new start

And may all this brings you fain  
Until we shall meet again.

Seema Chowdhury

# Until We Meet Again In Heaven

Death is not the end of life  
It's just a brief journey and a drive  
That takes loved ones to see the Lord  
And meet with our compassionate God

So we must be prepared for that day dear  
And tell loved ones not to dropp any tear  
For everyone's life will flash before the eye  
So we must work hard to make it a worthwhile try

For people who die only leave  
To meet again one day after a brief  
Pause and a break with joy, smile and cheer  
And welcome others to live in heaven dear

I miss my dad very much everyday  
But I know his prayers are always in my way  
And all those moments when joy we gathered  
By playing and praying and smiling together

I'm sending him my love and prayers today  
And know he is basking in the bliss of God's way  
And enjoying rewards from his good deeds bowl  
For his kindness, greatness and for being a gentle soul

He spread so much love with his smile  
He washed fog and mist all for a while  
And always showed bright rainbow hue  
To all whom he truly loved too

I miss him but know that he is there  
His nice advice and his words of cheer  
All guide my life and my way  
Until we meet again in heaven one day.

(On My Dad's 1st Death Anniversary)





# Unused Words

Why did you make these  
Words that we cannot use?  
Why did you send on Earth  
All these different muse?  
I love you God my dear  
Because you're the one  
With whom I can talk  
About all my burden's ton  
God why is that if we  
Try to tell the truth  
Then we're left alone  
In the zone of hurt 'n truth  
And we are told not to  
Say anything unkind  
Even though they are true  
We have to keep it in mind.

Seema Chowdhury

# Unusual Circumstances

Let  
These ups and downs  
Of the moment  
Not bother you  
Or else  
You will feel  
As if  
You're drowning in  
The dark deep sea  
Of  
Unusual circumstances.....

Just remember  
That you are  
A child of God  
Who will not be left alone  
Unattended  
Ever in life.....

Just erase your wrongs  
And tie up your energy  
And make peace with your past  
Then you'll see  
How blessed your life is.....

Seema Chowdhury

# Unuttered Words

In the world of the muteness zone  
I wished to see life's cone

Standing in the way of life  
Where we all survived

I wished but couldn't say  
Everything that in my life's day

Appeared one by one like a storm  
And took over all peace form

I wished to wipe it all  
Whether it was big or small

And hoped to gather courage's sight  
To utter the unuttered words in white

But unfortunately I couldn't do  
Anything to take away blue

That spread mope in my way  
And washed all hope away

And brought sad episode of pain  
That crushed the wave of fain

And stopped me from seeing sunshine  
Spread in layers joy's wine

And showed life's scenes all curt  
And forbid me from uttering a word.

3rd Feb,2009

Seema Chowdhury

# Unwanted In My World

I wish  
If I can get a chance  
To ignore  
And eliminate  
Troubles  
And  
Problems  
From my life's dictionary  
And  
Make them feel  
Unwanted in my world.....

Seema Chowdhury

# Unwanted Pang

I don't understand  
Why  
Unwanted pangs  
Easily slips through  
The narrow paths of joy  
In our lives.....

And then we are left alone  
To solve this puzzle  
Known as life  
Where there is alot of  
Puzzling over  
The meanings of living.....

Seema Chowdhury

# Unwanted Surprise

When everything seems uncertain  
And waves of pain  
Comes as  
A huge shock  
And  
unwanted surprises-  
Then think of the golden moments  
In the stream of life  
And try to grasp  
What has happened  
And weep sincerely  
And pour out your  
Hurt  
Anger  
And fear forever  
Then you'll be able to  
Restart  
And line up  
To your dreams  
And  
Expectations.....

Seema Chowdhury

# Unwrap The Pain

Life is a strange journey  
With twist and turns  
Ups and downs  
Bitter and sweet memories  
And dreams that reflect reality.....

Where we walk miles after miles  
To reach our destination  
With new dawn and broad horizon.....

Where time is sometime uncertain  
And hangover thoughts  
Make life moving and rolling.....

Where things are defined by the moments  
And we try to focus of good things  
Instead of burning and painful feelings  
So we don't feel the numbness or prick.....

And then we learn to challenge ourselves  
And rediscover the passionate impulse  
To lighten our emotional load  
And remove the question mark  
To pick ourselves again.....

To unwrap ourselves from pain  
Difficult drives  
Potholes and puddles  
And the burden of bitterness  
To move in a new direction.....

Seema Chowdhury



# Unwrap The Present

Unwrap the present  
With prayer of  
Gratitude and praise  
And try to turn your world around  
And look for silver tint  
In the clouds of doubt  
And learn to open your heart  
To innate joy and sweetness  
And clear away the dust  
From your hopes and dreams  
And look for the healing words  
To fulfill your life and happiness  
And put the balm of hope  
And feel your life and joy  
And peep in carefully  
In your inner and outer world  
And throw away anger and fears  
And when you will do all this  
And let go of your troubled past  
Then you will see  
How present will unwrap itself  
And how peace will flow in your life  
And will turn your world around  
To fill hope and happiness  
And colored patterns in your life.....

Seema Chowdhury

# Use Today

Use each day  
To find your way  
And chances new  
So dreams come true  
To bring you the best  
In each life's test  
And give you a chance  
In life in advance  
To reach out to  
Learn something new.

Seema Chowdhury

# Use Your Wings To Fly

Use your beautiful wings to fly  
Go up and up and very high  
Explore new avenues everyday  
And count life's blessings in your way

Flow smoothly with the magical current  
Hold on tight to all lessons learnt  
Hear bell tolling in the distant  
And learn to justify your life's existence

Life has many good and bad sides  
Where some are narrow and some are wide  
So create your own fascinating story dear  
And play this game all nice and fair

Use your imagination like a beam  
Build your own amazing dream  
Paint it with bright shades of love  
To enjoy your flight like a dove

Be a source of harmony and peace  
Do your best and don't fright or freeze  
Know that God gave you beautiful wings  
To fly high and enjoy all summer and spring

Be strong and kind my love, my dear  
For nothing is stronger than a smile of cheer  
And learn to use your wings to fly  
To go up and up and very high.

Happy 14th Birthday Sameen  
Mama & Baba love you a lot

Seema Chowdhury

# Use Your Wonderful Ways

Be nice and kind in each day  
And use with others your wonderful ways

And show to others how much you care  
And how very much you wish to share

The pain and joy of their lives  
In which mostly troubles survive

And give others the treat of smile  
And walk with them with joy for miles

And try to be nice in each day  
By using with others your wonderful ways.

Seema Chowdhury

# Vague Fears

It was vague  
It was cloudy  
It was figgy  
It was fuzzy  
it was hazy  
It was misty  
It was indefinite  
It was unclear  
Because  
It was indistinctly perceived  
Because  
Of my vague fears  
I just don't want  
All of my accomplishments  
Even though it is less  
To go in vain  
Because  
I don't want to be called  
Unsuccessful.....

Seema Chowdhury

# Vague Image

from side to side  
From width to height  
From sky to earth  
From death to birth  
From rain to sun  
From sorrow to fun  
From day to night  
From pain to delight  
From light to dark  
From end to mark  
There are just  
Wild echoes  
Unseen parts  
And  
A hot dry wind blowing  
Creating  
A vague image  
of life.....

Seema Chowdhury

# Vague Promise

The promises  
That are made  
With the intention  
Of not keeping  
is a vague promise  
Because  
It'll never get a chance  
To reach its end.....

Seema Chowdhury

# Valley Of Moan 'N Doubt

Under the dim light  
In the cold night  
I'm standing alone  
In the valley of moan  
I don't know why  
There is pain 'n sigh  
Everywhere on earth  
That takes away my mirth  
I really want to know  
That is why so  
I'm standing here  
Under sky's layer  
And looking for my God  
To even all my odd  
And to take me out  
From this valley of doubt.

Seema Chowdhury



# Value Of A Friend

I really don't know what is the matter  
Today dear Farah when I got your first letter  
Since then I'm really feeling much better  
And I'm thinking of things we did together

last year when I was there with you  
At that time I really didn't know  
That its hard to get a friend who is true  
And who is nice and friendly and sincere too

But now I know the value of a friend  
Specially like you who I think weas sent  
With lots of qualities that will never end  
And with whom I never felt to pretend

And you know how much I miss you dear  
And I think if I'll say then it will be fair  
that you're a friend who's special and rare  
And who is not easily found everywhere

And now w eare far so all I can say  
Is that may Lord bestow his blessings today  
And always keep sorrows and pain away  
And with joy and pleasure fill your life's way.

Seema Chowdhury

# Value Of Life

Capture your life  
with care-  
Every moment  
And  
Every angle of it  
And  
Don't act like a soldier  
Who is already wounded  
Before the battle....

Just sit in silence  
And try to find  
True value  
And lessons of life  
And try to get out  
And find relief  
From anxiety and grief  
Then you'll feel  
Stress will melt away

And always remember  
That hope is a dream  
That shines through..  
So don't chase the mirage  
Find the truth  
And admire enthusiasm  
And put love in your words

Then you'll find  
Space and time  
And a special moment  
When true value of life  
will appear  
Before you and your eyes.....

Seema Chowdhury  
19th Aug,2009



# Value Of Time

Time is precious don't let it pass by  
For once its gone, there's nothing but to cry

So be strong and hold some  
Give some and take some

Time is water, don't let it dry  
For once its gone, there's nothing but to cry

So be quick and keep some  
Use some and gain some

Time is money don't let it fly  
For once it's gone, there's nothing but to cry

So be wise and grasp some  
Give some and gain some

Time is precious don't let it pass by  
For once it's gone, there's nothing but to cry.

Seema Chowdhury

# Value Of Your Day

Measure the value  
Of your days  
Measure them all  
In all your ways  
And see what you can  
Collect in a day's time  
That can bring you what  
You're looking for in life's rhyme

For life has ups  
And life has downs  
And life has dull  
And bright crowns  
So don't feel dishartened  
Just stick to faith  
And hold on tight  
To enter hope's gate

For life is precious  
And is like a gift  
That God has bestowed  
For our soul's uplift  
So collect and measure  
The value of your days  
And measure them all  
In your ways.

Seema Chowdhury

# Vanishing Band

Time and time again  
I wish if I can gain  
The secret code to enjoy  
Where there are endless joy  
For life is full of sorrows  
And troubled tomorrows  
Where every new day begins  
Where we all have to pen  
Our dreams in the sand  
On the vanishing band  
That disappears every day  
Leaving memories in the way  
And then we have to walk  
Without it and any talk  
And wish then once again  
To seek and find and gain  
The secret code to enjoy  
Where there are endless joy.

Seema Chowdhury

# Verbal Silence

In the darkness of night  
In the brightness of light  
In the silence of sight  
In the violence of light  
I heard my thoughts  
Talking to me  
In  
The language of  
Mute words  
And  
Verbal silence.....

Seema Chowdhury

# Vibrant Colours

Today

I saw my life smiling

In its vibrant colours

Showing me the ways

To live with more passion

And teaching me the ways

To clear hurdles

That can cause

Complications

And can damage my life--

Seema Chowdhury



# Vivid Spring Light

As the season changes  
It brings with it  
Beauty and hope  
And the vivid spring light  
And all that was hidden  
Under the winter's dark gray clouds  
And as it puts up  
The show of brilliant colors  
It awakens our mind, body and soul  
With the soft breeze  
And we discover  
The magic of hope  
And see a bright horizon  
Unfolding in front of our eyes  
That is gorgeous and breathtaking

And in that warm spirit of spring  
We learn to weave together  
A magical strength  
And make a connection  
Between life and living  
And then in the middle of all this  
We find lasting memories  
And a new wave of life  
To enrich and walk  
On the pathway to freedom  
With the promise of spring  
In which we learn to  
Clear our minds of negative thoughts  
And see things from a positive perspective  
With divine help and mercy  
And the vivid spring light....

\*\*\*5th poem in spring series

Seema Chowdhury

# Vicious Circle Of Agony

Why can't things be  
Smooth on my side?  
Why I feel stuck  
And lonely In this wide  
Vicious circle of  
Agony and stress  
And inside my heart  
Feel blue and depress?  
I wish things could  
Just change for the best  
So I can take a break  
And a little rest  
A little rest from this  
Frenzy stress of life  
Where we are all  
Bound to survive.

Seema Chowdhury

# Victim Forever

Why are we always  
Stuck in the  
Twisted rope of troubles?  
Why can't we retain  
Even a small portion of joy?  
And Can stick ourselves to it?  
So we can be called  
A victim of happiness  
Forever and ever...

Seema Chowdhury

Seema Chowdhury

# Victims Of The World

We are the  
Victims and sufferer  
Of  
Worries  
Troubles  
Unhappiness  
Misery  
Torture  
Agony  
And  
Pain  
In this world of  
Bitterness and pang.....

Seema Chowdhury

# View Of Tomorrow

Life is  
Replete with upheavals  
Where  
We always run into obstacles  
And then  
A heavy fog of trouble  
Just rolls in  
To block  
The view of tomorrow.....

And in the middle of all this  
If we want to save our souls  
From nostalgic diversions  
Then we need to  
Learn to find  
Joy and happiness  
In the ordinary things of life

And when we'll learn  
To pick the dropped stitches  
To repair  
The damaged  
And broken parts  
And life's links  
Then the beauty  
Will begin to emerge.....

Seema Chowdhury

# Visions Of Life

Time  
Slips away  
Like  
Sand from the fist...  
Leaving  
Another unsuccessful chapter  
In life's book  
Untouched  
And unopened  
To show another  
Vision of it....

Seema Chowdhury

Seema Chowdhury

# Vivid Imagination

A vivid imagination  
Of what happened today  
Is  
that I perceive  
As  
Bright and distinct  
it was truly  
Full of freshness and light

What I just experienced today  
left  
An evoking life Like  
Mental image  
Which I'll remember  
Always and always  
Till I'll die.....

Seema Chowdhury

# Voice Of Hope

Moon hath set  
In the clouds  
Creating so much  
Darkness and doubts  
I wish if there  
Was something I can  
Do to clear  
There doubts of ban  
For everyone feels  
And wait for the voice  
The voice of hope  
To again rejoice  
And everyone wants  
To understand  
The depth of air  
That is before hand  
I wish every eye  
Can see the dawn  
That will appear  
As a morn  
But for that with'  
Hope we must wait  
And go to the God  
And pray at His gate.

Seema Chowdhury



# Voice Of Sorrow

Dense clouds  
Of despair and agony  
Is covering my life  
when  
I'm unable to  
Guard myself against evil-  
The evil of  
Hushed and dim thoughts  
Where  
My mind is caught  
In the whirl wind of  
Inseperable  
And desperate words  
That are ringing  
A hollow voice of deep sorrow  
In the air-

Seema Chowdhury

# Voice Your Gratitude

Voice your heartfelt gratitude  
And show it with your attitude  
And thank for every little thing  
That brings joy to you in life's ring  
And know that gentle words 'n thoughts  
Are the keys that can easily sort  
Good and bad from poor and best  
And make it distinct from the rest  
So make sure when someone shows  
How much they care for your glows  
Then voice your heartfelt gratitude  
And show it with your attitude.

Seema Chowdhury

Seema Chowdhury

# Voice Your Hope

Do what you think and know what is right  
And see how you can make your way bright  
And cope with the changes that survive  
So you can voice your hopes of life  
Take things light and one at a time  
And wish for the stroke of good luck's rhyme  
And with praise 'n glory spice up your day  
And make a fresh start in your way  
And know that greater happiness 'n joy  
Can be yours if you can focus to enjoy  
So polish your image and do what is right  
And see how you can make your day bright.

Seema Chowdhury

Seema Chowdhury

# Vow To Do Better

Each day that ends  
Has another start  
Each sorrow that comes  
Has pleasures part  
Each rain that falls  
Has some sunshine  
Just like this  
Is the joyous wine  
That vows to spread  
Fain in the way  
If you vow to do  
Better each day.

Seema Chowdhury

Seema Chowdhury

# Vow's Crown

Keep your voes  
And learn to do  
Whatever promises  
You've made too  
And always remember  
That in life's show  
you have to repay  
Whatever you owe  
So don't forget  
Or ever let down  
Your own words  
Or your vow's crown  
And learn to keep  
And always fulfill  
your promises my dear  
Till the end of your will.

Seema Chowdhury

# Wait

wait and never be tired of it  
For good luck comes bit by bit  
And look for soft warm breeze  
That can surely for you freeze  
For this is life's fact that's true  
Any tears of mope for you  
So wait and wait for your time  
And let it move to the rhyme  
Where your laugh seems to freeze  
Like the still autumn breeze  
That comes in bit by bit  
To tell it is surely worth it.

Seema Chowdhury

# Wait Till Tomorrow

Don't feel blue  
If sorrows meet you  
For sorrows and joys  
Are like life's toys  
With which all play  
In land and in clay  
So just have some hope  
And now learn to cope  
And know in life  
Happiness do survive  
But its path is narrow  
So just wait till tomorrow  
When sun will shine bright  
And everything will be right  
And then you'll feel glad  
As things won't be any more bad.

Seema Chowdhury

Seema Chowdhury

# Waiting For Magic

I'm waiting to see  
A miracle  
Or  
A magic  
That can change  
Me and my views  
And can take off  
The veil of depression  
From my eyes  
Forever and ever....

Seema Chowdhury



# Waiting For The Right Moment

I waited all my life  
For the right moment to come  
But today  
When everything is lost  
And I'm a complete loser  
I regret for all the  
Unsaid and unexpressed thoughts  
And for all the unheard sighs  
I wish just once  
If I could have gathered  
Enough strength  
And courage  
To say  
What I have wished-  
What I've felt-  
And what I've dreamed-  
For 'us'  
And our lives.

Seema Chowdhury

# Waiting Helplessly

Instead of waiting helplessly dear  
Why don't you try to find  
A path to lit a candle  
Of hope and peace in your mind

Because no one else but you  
Can find for you a way  
To take trouble's burden and load  
Off to brighten your day

So do it now for yourself  
And give birth to courage in you  
And then only you will see  
How beautiful this life can be too.

Seema Chowdhury

# Walk Along

Walk along life's road  
And try to there board  
Where you can find fain  
Without any glimpse of pain  
For life is a great hall  
Where troubles are like wall  
On which our life depends  
And there it only pretends  
That joys will be given to you  
But we know its not really true  
But just to make yourself glad  
And put a veil on bad  
walk along life's road  
And try to there board  
Where you can find fain  
Without any glimpse of pain.

Seema Chowdhury

# Walk Away

Walk away from troubles  
And join into this walk  
With the joys of life  
And learn about them to talk  
And know that it is true  
That life shows us bitter end  
But we still have to cope  
And smile on to pretend  
For this is what is life  
And this is what we get  
In this on going phase  
In which our fate is set  
And know that in this life  
We have to learn to pray  
And accept whatever comes  
And smile throughout our way.

Seema Chowdhury

Seema Chowdhury

# Walk Away From Worries

Walk away from worries of life  
And the stormy thoughts  
Drop what drags you down  
And learn to happily survive

And discover and look for miracles  
And smile and enjoy all this  
For life holds precious value  
And is a gift of a cozy bliss

Count your blessings daily  
And start on a happy note  
Each day of your life  
And for joy and praise always vote

And let happiness freely flow  
Like a brook my dear  
In your mind and soul  
And don't block happiness care

Pat yourself on the back  
And everyday sit for a while  
Just to relax and watch  
Unfolding God's miracles and smile

And let your voice sing  
And dance freely like a rainbow  
And see your soul walking away  
Happily from worries and dole.

Seema Chowdhury

# Walk On Smooth Roads

I wish may you walk on smooth life's road  
which is filled with joy and an easy load  
And may life's tumbling block of mourn  
Be transformed for you into a stepping stone  
I wish you joyful shining sky  
where everything is flying high  
where no clouds of doubt or fear  
Comes in the way to snatch your cheer  
so always in your life you can live  
And brighter touch to others you give  
And be for others the shining star  
That twinkles to give others light from far.

Seema Chowdhury

# Walk On The Road

Why we have to  
Walk on the road  
filled with mud  
And trouble's load  
In difficult moments  
With a broken heart  
Where quiet desperation  
Is taking a start  
To enter in the day  
With a saddened eye  
Where hot tears of mope  
Is letting the hope to die  
I wish if today I can  
Walk on the life's road  
Throwing and leaving behind  
Broken dreams and trouble's load  
And start my life a new  
With assurance and care  
And once again I can build  
My castle into the air.

Seema Chowdhury

# Walk The Talk

Walk the talk  
And live the change  
That you want to see  
Stay focused  
And look for the answers  
That you are curious about

Live everyday  
With peace and truth  
And whisper your dreams  
So when the going get tough  
You can send a secret message  
To yourself to be brave  
And hang on a little longer

Remember most of the time  
We learn things the hard way  
So always speak the truth  
And empower yourself

And know that in between  
Ending and the new beginning  
All the answers of your life are hidden  
So read between the lines  
And walk the talk  
And live the change  
That you want to see.

Seema Chowdhury



# Walk Through Life

See the world  
Through loving eyes  
Learn to bravely  
Walk through life  
Ease your journey  
And absorb reality's sight  
And throw away your  
Silent suffering fright

Listen to the words  
your heart whisper's today  
share joyful leads  
With others in your way  
For every trial we encounter  
we learn a lesson wise  
And that gives us courage  
To give and take advice

Stop and listen  
And be careful  
For answers will come  
From life's lessons  
That we will see  
Revealing in the open  
Secrets deep and dark  
To use us as a weapon

For life will give  
You an edge to live  
And will give you  
A chance to excel  
And find your balance  
In giving and receiving bits  
And discover yourself  
While walking through it.

Seema Chowdhury  
29th Oct,2009



# Wall Of Troubles

Why can't I wipe the fog from my eyes  
Why can't I get rid of pain and sigh

Why can't I feel better like before  
And can enter to get peace in the door

In the door of prayers and there walk  
And then with God I can talk

And tell Him all that is bothering me  
And is not letting my soul to go free

Sometimes I feel stuck in it all  
And feel trouble is building a wall

All around me and is leaving me alone  
To cry in pain and to sigh and mourn.

Seema Chowdhury

# War Of Words

Yesterday  
I lost another battle  
In which  
i fought  
With  
My thoughts  
And  
My reasons  
Or....  
Or may be  
It was  
Another  
War of words

I don't want to lose hope  
Or Give up  
I don't want to suffer  
Distress  
And loneliness

I want to convince myself  
To accept life  
As it is  
And want to learn  
To hold on to it  
Now  
And forever.....

Seema Chowdhury

# Ward Off The Blues

Ward off the blues  
By looking at the hues

Of fun and joy  
And learn to enjoy

All life's show  
In all rows

Of smile and sorrow  
Of today and tomorrow

And know very few  
Are left life's due

So pay them all  
Either big or small.

Seema Chowdhury

Seema Chowdhury

# Warmest Thoughts For Eid

Specially for you I am sending  
Cheerful words in the way  
To brighten the precious moments  
Of this very special day  
Where bright sun shines through  
And rainbow comes along  
To lighten all your days  
And sparkle all your morns  
Where passing moments of the day  
Convey bright thoughts all true  
That is wished with affectionate care  
And special warmth just for you.

Seema Chowdhury

Seema Chowdhury

# Was It A Dream

The way everything happened  
And  
The way I felt  
Was so real  
And so true  
That  
I still wonder  
Was it indeed in reality  
Or  
Was it a dream? ? ?

Seema Chowdhury

# Watch The Magic Happen

When faith come knocking  
On the door of your life  
When peace and serenity  
Show sign that they survive

Then don't slow your footsteps  
Accept this gift of joy  
And wish to get a glimpse  
And the magic for you to enjoy

Just learn to live with gratitude  
For all the blessings of God  
And show what you do with them  
And be thankful to the Lord

Who bestowed his love and hope  
So hurt and pain would cease  
And He opened the gates of Heaven  
For us to enter with peace

And then open the eyes of belief  
And watch this magic happen  
For faith is the path to reach the God  
And its surely a strong weapon

That gives us strength to live  
And abandon our failures and fears  
And cling on the rope of hope  
To overcome troubles and tears

So just let faith walk in  
In the aisles of your life  
And show you the magic of God  
In this world to successfully survive.

Seema Chowdhury



# Waves Of Thought

Waves of thought are floating  
And mysterious winds are blowing  
With  
Aspiration  
Fear  
Desire  
And hope  
So don't feel exhausted  
Wipe every spec of dust  
And hold on to your life  
With a desire to move on  
And discover and experience  
Every opportunity  
So you can fill up on happiness  
And generate enough  
To light up your surrounding

To start a joyful journey  
With feelings of happiness  
That dwell in your soul  
So you can celebrate everyday  
Knowing that there are miracles  
We just need to find them  
To brighten our heart and soul  
And surf bravely  
On the waves of thought  
And bounce into the world Of  
Lovely light of desire and hope...

Seema Chowdhury

# Way To Tomorrow

Look for a bright  
Way to tomorrow  
To walk in it  
And banish the sorrow  
For life is great  
And full of pleasure  
So learn to find  
From it this treasure  
And do it all  
With faith on God  
And he'll surely help  
As he is the Lord.

Seema Chowdhury

Seema Chowdhury

# We Are God's Children

With all our imperfections  
God loves us everyday  
And to show us this  
He send blessings in our way  
And gives us opportunity  
To enter in the open door  
And discover his mercy  
More than ever before

God loves us and always wants  
To see us happy and smile  
And learn to share the burden  
And walk with joy for miles  
He sends us all his love  
To heal our distress and pain  
And show us the right path  
To walk and get to fain

God sends his beautiful words  
To us in the magical layer  
And wants us to understand  
And ask for them in prayers  
And he hold our hands  
And teaches us how to cross  
the ocean of trouble and pain  
And make up for our loss

For we're all God's children  
And he wants us in our way  
To be happy and be glad  
And add prayers in our day  
And always look up to him  
For he keeps us close and dear  
And show in all his ways  
His love, blessings and care.

24th March,2009



# We Are The Voyagers

We are the voyagers  
Who are travelling  
On the ship of life  
Whose cargo is loaded  
With the freight of  
Unseen events  
Unwanted troubles  
Unwished crisis  
Unwilling mess  
Undesirous struggle  
Unsolved knots  
And  
Much more.....

Seema Chowdhury

# We Miss You Sweety

I really don't know now  
I can't explain you how  
But in everything dear sis  
Your presence is surely missed

Specially your lovely smile  
Your excellent ways and styles  
That reflects your sincere love  
That's a bliss from heaven above

You're bestowed with a precious gift  
Of hope that gives an uplift  
To all who are stuck in a trial  
And doesn't see things to smile

I remember teh days thta're gone  
whenever i was down ot torn  
I knew I could look at you  
As you always shared my views

And today when you're not here  
I miss you very much my dear  
And pray taht wherever you stay  
May you always spread happiness in the way.

Seema Chowdhury

# We Must Admire

When we see something that is pretty and nice  
We must admire it without thinking about it twice  
Because everything that is attractive my sweetie  
Is actually reflecting its Creator's Beauty

Its creator who worked with all its delight  
And did very well to make things right  
So nice things be there for us to see  
that are all very charming for you and me

For all of us were created by God  
Our dear God who is our only Lord  
Who created not only the heavens and sky  
But also small creatures who roam and fly

So when you admire anything that is nice  
then we feel very good not once but twice  
Firstly because we were given the chance  
To see a thing that was fair and advance

And secondly because we made our God glad  
By admiring His doings and the things He had  
Because anything that is attractive my love  
Is reflecting God's beauty from heaven above.

Seema Chowdhury

# We Need Your Miracle God

God please help us and make things right  
We need miracles to make things bright

For life is unpredictable in many ways  
So please come forward and save the day

We feel stuck at some point of time  
And need to hear your love 'n care chime

To hold up ourselves and our hopes  
And save our hearts from dipping in mope

We wish to hear the peace and serenity song  
And see things taking shape as we move along

And find answers to our unsettled thoughts  
That can lead our way to miracles slot

Please God help us and save our soul  
For we feel stuck and drowning in dole

And know that only YOU can help us today  
To clear thorns of pain from our pathway

So we can find courage to face our fears  
And wipe from our eyes the terrible tears

And be grateful to you for making things right  
And showing miracles to make things bright.

Seema Chowdhury



# Weapon Of Hope

In The beginning  
Or in the end  
In the smooth  
Or in the bend  
Do not ever lose  
Your weapon of hope  
Or else you will fall  
In the ditch of mope  
Just try to remember  
And learn to find  
Happiness for yourself  
And a peace of mind  
And then nothing  
Will make you sad  
And everything around  
Will appear glad  
So in the beginning  
Or in the end  
In the smooth  
Or in the bend  
Do not ever lose  
Your weapon of hope  
And save yourself  
From falling in mope.

Seema Chowdhury

# Wear A Smile

wear a big smile  
On your face  
And from there  
Follow the trace  
And reach there  
Where you can find  
Lots of love  
And peace of mind  
For with peace comes  
Joy and fain  
That can take  
Away your pain  
And change for you  
Your world my dear  
Where only exists  
Joys and cheer.

Seema Chowdhury

# Weave A Magic Spell

Spread sunshine  
Through joy's wine  
And know in life  
Hard curves that survive  
All come in your pace  
So you can win the race  
And stop growing pain  
With the help of rain  
Till you reach the code  
That can unload  
The burden and grief  
And brings you relief  
By shedding some tears  
So in the coming years  
You can weave a magic spell  
In the place you dwell  
By the magic of a smile  
For all for a while.

Seema Chowdhury

# Weave Your Way

Weave your way into life  
And learn the art to survive

And find the reality's side  
That can be filled with wide

Happiness and joy to talk  
And on sunny road to walk

Because life is hard and bad  
That shows no glimpse glad

SI look with hope and prayers  
To life that's a painful affair

And find things to fill your day  
With joy and pleasure's way.

Seema Chowdhury

# Weeping Joys

i'm looking  
For  
The hope's window  
And  
Fain curtain  
In life's prison  
Because  
The happiness  
That is given to me  
Is just  
The  
weeping joys  
And  
Crying smiles.....

Seema Chowdhury

# Welcome 1997

Build tomorrow on today  
Throw troubles out of way  
For troubles keep apart  
Happiness from your heart  
So learn in this time  
To follow life's rhyme  
And do it all with smiles  
And know life is fragile  
And now is the time to sum  
Joys and fains to welcome  
New year my dear today  
That is just on its way.

Seema Chowdhury

# Welcome A Quiet Day

Welcome a quiet day  
In your way  
Where you can  
Drive the van  
Of this life  
Where you survive  
In peace and quiet  
To color white  
The days of peace  
Where trouble's cease  
And shows you dear  
Love and care  
That can lead you in  
The happiness bin  
Where all your sorrows  
And trouble's of tomorrow  
Will be swapped with joy  
For you to forever enjoy.

Seema Chowdhury

Seema Chowdhury

# Welcome Ayra

A daughter is a gift of care and love  
Who is sent from God from heaven above  
To spread with her beauty and her smile  
Laughter and mirth all for a while

She brings with her the gift of joy  
That sparkles the world for all to enjoy  
For she is a sacred treasure of God  
That He bestows on us as a reward

A daughter fills our hearts with memories and hope  
And makes joyful moments to cling on like a rope  
And her presence is like a shining star at night  
That is sent to swap darkness with the light

May 'Ayra' be a source of peace and love  
May she spreads fragrance of heaven above  
And fill your lives with laughter and smiles  
And illuminate life's path all for a while

May God bless her with long and healthy life  
And fill it with all happiness that survive  
And may she be like the blooming flower  
That has inside her the strength and power

To spread happiness, smiles and joy  
For all around her to absorb and enjoy  
And may she spreads cheerful rainbow hue  
That fulfill all your dreams and hope true.

\*\*\*Congratulations Sanober, Mahmood, Ariba & Aneeq.  
written on the birth of my Niece 'Ayra'

Seema Chowdhury



# Welcome Sunny

The moon that is shining on the sky  
The stars that're twinkling so very high

The darkness of night that prevails  
Are all joining me and are trying to avail

This opportunity to welcome you  
And to send their best wishes too

As we all hope may you always find  
All nice people around you who're kind

Who always pray and wish you well  
And hope for happiness where you dwell.

Seema Chowdhury

Seema Chowdhury

# Welcome Super Summer

The sun embraces us  
In its hearty warmth  
And shows us radiant and joyful moments  
Where our souls bloom  
In those treasured hope  
And take us to a place of healing and joy...

Where fresh landscape  
Laugh under the bright sun  
And relationships grow  
To thrive with beautiful words  
That possess a sunny outlook  
That shows us a pathway  
To our dreams and a lasting happiness...  
Of love and passion  
Strength and courage  
And energetic persistent  
To see life in detail  
And feel the over flowing positive energy  
That helps to ease the journey as we go through  
Little by little with lofty imagination in vivid colors...

Seema Chowdhury

# Welcome Tomorrow

Don't throw your tomorrow  
In pain and in sorrow  
Try to live in each day  
And make for yourself way  
And try to live with joy  
And play with happiness toy  
And fill it with lots of fain  
And don't let enter pain  
Then life will be new and bright  
And everywhere will be delight  
And then you can welcome tomorrow  
Without any fear of sorrow.

Seema Chowdhury

# Well Done

I hope you will go  
In your life very far  
For world always welcomes  
Someone as special as you are  
Who knows the way  
In life to express  
New thoughts and ideas  
To achieve success  
I hope may victory  
Kiss your feet  
And many more laurels  
Be given as treat  
And all your paths  
Be filled with success  
And that's a sincere wish  
That I wish to express.

Congratulations! ! !

Seema Chowdhury

# Well Wisher

I wish you well  
Wherever you dwell  
I wish you aid  
Of god's bliss shade  
I wish you smile  
All for a while  
I wish you fain  
In all life's pain  
I wish you relief  
In all pain and grief  
I wish you the best  
In all life's test  
And I wish all this  
Along with god's bliss  
Because I carer  
Very much for you dear.

Seema Chowdhury

Seema Chowdhury

# Wet Pavement

When you come across  
A pavement in your life  
That is wet and wild  
And hard to survive  
Then don't stop there  
Just to watch and wait  
Or else you will be  
In your life late  
For everyone has to  
Go through and survive  
Through many types of  
High and low in life  
So don't despair  
Or think to stop  
Just try once more  
And never drop  
And look for laughs  
And smiles to survive  
When you come across  
A wet pavement in life.

Seema Chowdhury

# What A Day! ! !

A vague impression  
An unfair trial  
An unsolved problem  
Accumulated troubles  
And  
Wide spread happiness  
Is this all  
That every new day  
Begins and ends on  
Then why? ? ?  
Why should I be forced to enter  
In this regimented prade  
known as life---  
And why should  
I be forced to spend  
Another day  
In this distraughted  
And lonely life? ? ?  
Where  
unfortunate  
And insensitive  
Trials and tribulations  
Are awaiting  
To greet my dawn? ? ?

Seema Chowdhury

# What A Life! ! !

a life where flowers of beauty grow  
A life where smoothly life's boat rows

A life where sky shines very bright  
A life where we're shown pretty sights

Is what I think is the best gift  
That helps to give our spirit a lift

Where endless joys and endless fains  
Come to us with happiness gain

I wish for myself and for all  
For such a life where no wall

Of troubles get into block the way  
Or make gloomy any of the day

So every one can just live with joy  
And learn new art of life to enjoy.

Seema Chowdhury



# What Are Feelings

Something that we always try to share  
And somehow from our acts it appears  
And tell others how much we really care  
Is what I think is feelings my dear

Feelings mean to show our care and love  
It shows how we feel from inside and above  
And tell others in their time of harsh curve  
We'll help because that's what they deserve

Because when we have good feelings from someone  
Then we always wish that may the bright sun  
Always shines brightly on their love's den  
Where even a glimpse of sorrow is shown to none

And we must always try to prove in our way  
How much we really care for them each day  
And how much really we want today  
That may fade and joy feelings always sway.

Seema Chowdhury

# What Are Friends For

If you feel down hearted and need an uplift  
Then look at a friend who is God's gift  
Who'll help you to pass the phase of your trial  
And will do things to make you smile

And one thing taht really I think is right  
That's clear as crystal before my sight  
Is all the reason why I called you my friend  
And looked at you when I felt cracked and bent

It may be because always in your style  
You did nice things that made me smile  
And gave me reasons to live and survive  
Whenever I felt tired and bored of my life

And another thing that I really wanted to say  
Is that may Lord spread flowers throughout your way  
Because people like you are surely very few  
Who are not only nice but sincere too

So today if you see any wandering smile  
Take it if you're suffering from a trial  
And know its a gift that was sent to you  
From a friend who cares about you too.

Seema Chowdhury

# What Are Tears? ?

Tears are summer shower to the soul  
That are all stacked in your eye's bowl  
Till you are very badly hurt  
And you feel very bad and hurt

And don't know how to show or hide  
Or don't know which is the brighter side  
Where you should look to get some relief  
And what should you do to get away from grief

So in a time like this what you should do  
Is to never stop tears that comes out of the blue  
Because its hard to stop tears in the eye  
And keep smiling when you know its a lie

So whenever you are feeling gloomy and brown  
Give tears a way to swiftly fall down  
Because tears are summer shower to the soul  
That are all stuck in your eye's bowl.

Seema Chowdhury

# What Do I Wish

I wish I was born in such a land  
Where angels and fairies play on the sand  
And build whatever they want for them  
And with fine stitch they joyfully hem  
Harsh edges of their painful lives  
With the thread of joy to faintly survive

And there I wish I could play  
In the land that is lying on the bay  
Where birds sing and flowers bloom  
And take away everyone's pain and gloom  
So I could there freely lie  
Beneath the trees, tall and high

And there I wish I could smoothly drive  
The broad vehicle of any life  
On the dull and tedious life's life road  
Where I could under God's shadow unload  
The bar of my troubles and pain  
To get rid of being called insane

And I pray God please, I really need  
Your love and care, your blessings and lead  
While I'm walking in life's hall  
So don't let my hopes to ever fall  
Or else my life will end on pain  
And my life's story will all go in vain.

Seema Chowdhury

# What I Saw In Patriata

Some times words aren't enough to express  
Nice feelings inside us that we posses  
And it is hard to show what we feel  
For words don't know how with to deal  
So its better that we just enjoy the sight  
And see God's universe all decorated and bright  
With flowers that're colored and grass that is green  
In hills and plains and dales taht're still unseen  
Along with pretty birds and the clear sky  
Where beauty exisits in trees all growing high  
And there everywhere the presence of God  
Can be felt who is the fabricator and the Lord.

\*\* PATRIATA is a place in Pakistan\*\*

Seema Chowdhury

# What I Want

I want to laugh  
I want to smile  
I want to be free  
Of pain and trial

I want to live  
In joy and peace  
I want if pain  
Can stop 'n cease

And life can show  
A new path and a row  
Where day and night  
And hot and cold

Will come one by one  
Till the day is done.

Seema Chowdhury

Seema Chowdhury

# What Is A Mother's Love

A mother's love can never be purchased  
Neither be shared nor be replaced  
For a special feelings that we get out of it  
Really holds value in its every bit

Her understanding ways and her gentle smile  
Her loving sayings in troubles pile  
All give our lives a brighter touch  
That shows really how she loves us much

For she is the one who fills our lives  
With fain's food that is needed to survive  
And share our tears, agony and distress  
And sits beside us when we're depress

God please bestow on her all your love  
For she is the one who really deserve  
As she appeared as bright chapter in the dark  
And showed me always a significant mark

And gave me the gift of imagination's key  
Which shows me bright things to see  
Specially her love that can never be purchased  
Neither be shared not be replaced.

Seema Chowdhury

# What Is A Wedding

A bond that unites two souls together  
In all life's good and bad weather

Where everything feels so good  
And free of the trouble's hood

Is what really is wedding dear  
That shows you all love and care

Where also sincerity is found  
Covering all life's hill and ground

Where you feel secure and strong  
And nothing there seems wrong

Because in everything is present love  
That's God sent gift of heaven above.

Seema Chowdhury



# What Is Best

When I got up in the morning  
To study for my test  
I was scared, crying and upset  
And was looking for the best

And at the very same moment  
From a near by park  
A sweet little voice  
Came echoing from the dark

That sweet voice seemed so familiar  
That it put me on hold  
And I wished to go and see  
Even though it was cold

And that's when I saw  
A small darling bird  
Who was singing a song  
And that's what I heard

She seemed very happy  
And was singing a song  
To her cute little angels  
Who were calling her mom

I went close to see  
What was going on there  
And that's when I heard  
Something I needed to hear

She was telling her kids  
To be happy and feel glad  
And see things with bright eyes  
Then nothing will seem bad

And furthermore she told  
To never be scared of any thing  
Because life is a loop  
Of circles in a ring

Seasons follow each other  
Like rainbow after rain  
Spring after winter  
And happiness after pain

So never let these problems  
Scare you to survive  
Because its a passing phase  
That comes in everyone's life

And one thing that really  
I liked at that time  
Was her definition of best  
That she was singing in rhyme

That what is good for me  
May be best in your view  
And better for me  
Be best for thee

And after listening to that  
I went to thank the God  
Who knew and solved my problem  
Because He is my gracious lord

And I thanked God for giving me  
A chance to hear  
Something extra special  
To stop my welling tear.

Seema Chowdhury

# What Is Friendship

friendship is a precious and rare tie  
Where friends share all your pain and sigh  
And do their best and always try  
To wipe your tears that flow from the eye

So once if you feel your problems never end  
And your life seems little cracked or bent  
Then that's when you really need a friend  
With whom you don't feel any need to pretend

So its good if once and once for all  
You can catch all those bouncing balls  
Then never let any kind of wall  
To come in between, either big or small

As friendship is a canvas that's vast as the sky  
Where people are paints on it you try  
They leave their images taht never die  
Some strengthen with time while others just dry

And all those images that strengthen with time  
Are the images of friends that never decline  
And come slong with only friendship's rhyme  
Then leave their impressions forever that shine.

Seema Chowdhury

# What Is Happiness For You

Open the next chapter of your life  
And don't depend on others to make you happy  
Know your worth and start anew  
For life is made up of moments  
That are some bitter and some sweet  
But no matter how hard you'll try  
It will never be perfect- -

So throw away worries and leave behind  
People or thoughts those make you sad  
Move on and choose happiness over hurt  
Count your blessings and learn to forgive  
And enjoy freedom by mastering your thoughts  
And defining your own meanings of life- -

Life is never perfect so stop complaining  
Wear a smile and walk away from negativity  
Choose to ignore problems and pang  
And take some time out for yourself  
And tell yourself that there is hope and joy  
So be happy and live in the moment- -

Sit alone and reflect on your life  
And have a moment with yourself  
And for once ask yourself honestly  
'What is happiness for you? '  
And then listen to that tiny whispering voice  
That comes from the depth of your heart- -

Seema Chowdhury

# What Is Happiness? ? ?

Happiness is when you make a deal  
And know that in this life's meal  
You have to chew bitter bites of pain  
And drink the fortune's cup of gain

And once if you'll learn the art  
then you will always be happy in heart  
And you'll surely learn the magic  
To overcome all your pain and tragic

And then it will teach you how to heal  
Your agony and pain that you can conceal  
And will tell you the ways to cease  
And stop the ongoing trouble's breeze

So for that just once and once for all  
Try to catch the bouncing ball  
And learn the true and easy art  
To keep happiness and don't it impart

Because happiness is when you make a deal  
And know that in this life's meal  
You have to chew bitter bite of pain  
And drink the fortune's cup to gain.

Seema Chowdhury

# What Is Hope

Hope is believing that scattered pieces of life  
And hazy sketch of luck taht do really survive  
Will all fir together and appear in one place  
In the form of God's love and his blessing's grace

So that's why I want to always hope for the best  
But don't know why mostly I'm stuck with the test  
In the test of life that is very hard indeed  
Where the pile of troubles is spread like wild weeds

Then there mostly when I think I'm quite near  
To get what I want I don't know from where  
All of a sudden life's totally opposite view  
Appears at once that makes me feel blue

Then for a long time I cannot really find  
Neither any answer nor luck of any kind  
That can take away if not more, but just one  
And return me happiness in luck's path that's narrow

So I always try to take along with me  
Not tons of happiness but just one love's key  
That can fir easily in anyone's heart  
And see if it can give a beautiful start

For a day that is shiny and very bright  
Where no glimpse of pain is hown to our sight  
And that day is saying oh my dear friend  
Don't think in your li8fe hope will ever end

Because hope is believing that scattered pieces of life  
And hazy sketches of luck taht do really survive  
Will all fit together and appear in one place  
Int he form of God's love or in his blessed grace.

Seema Chowdhury

# What Is It That Life Wants To Show

i wish may life's end soon arrive  
So i don't have to take more pain's drive  
Or hide the troublesome looks from the face  
That appears while I'm running in the race

And the race of life whose tracks are long  
Where tears are present in sufferings form  
That doesn't let any happiness bell  
Ring in the place where I dwell

Where I dwell and then long to know  
What is it taht life wants to show  
Why is it trying its best  
To take away all of my peace and rest

My peace and rest that is very rare  
And is not easily found in life's air  
So its better if today I stop to claim  
Any kind of joy or think of any gain

As happiness is really lying very far  
And to get there I have to cross many bar  
So that's why I wish life's end soon arrive  
So I don't have to take more pain's drive.

Seema Chowdhury

# What Is Life All About

Life is like an endless road  
And a long winding bumpy board  
Where some nice scenes come into view  
For the rest is colored with painful hue

So when you reach a point where comes the sign  
Which says enter in the cruel city of thine  
Then know from there life's journey will start  
And you life will be divided into different parts

For it is hard to live in this tricky place  
Where less chances come that there will be pace  
Of joy and love, care and smile  
To let you live fainly for a while

Because nice things also comes into view  
For life is filled with painful hues  
And this is what life is all about  
Where mostly comes scenes of mistrust and doubt.

Seema Chowdhury



# What Is Love

Love is a friendship very pure  
That has got the power to cure  
The troubles and the turmoils of life  
Where you are bound to survive  
For love is a feeling that is fine  
That works as a cooling wine  
That has got the power to calm  
And soothes the pain as a balm  
And that's why I always think  
And try to join this magical link  
That is dearly created by it  
And holds value in every bit.

Seema Chowdhury

# What Is Love I Asked

I asked the red rose, Queen of flowers  
What makes you look so fresh at this hour

She quietly smiled then softly said  
I'll stay like this till I'm dead

As today I found a precious gift  
That gave my life a brighter lift

And then she said in her bloom  
That gift is LOVE when I'm in gloom

This made me look at her and feel strange  
So after a while when things did change

I asked the queen of flowers what she meant by LOVE  
She smiled and said Lord's blessings from above

That's nice and precious and seems so rare  
That I feel its warmth under God's care

And then she added When I feel tight  
I need something that can bring me delight

So at that moment what makes me smile  
And share all of my suffering's pile

is surely another name of my love  
That takes me out from trouble's curve

And then for hours I stood there and thought  
What a lovely thing this flower have toaght

So I kissed the Queen of flowers and said thank you  
Who helped me a lot to clear my view

And surely another vision of LOVE  
Is the blessings of God stored in heaven above.



# What Is Reality

Reality is hard, reality is curt  
It let you gather bunch of words  
All words which can come in mind  
Where some are harsh and some are kind

And one phase of reality is smile  
That washes your pain for a little while  
So you can take things in life  
Which you think let you fairly survive

But other phase of reality is tears  
That gives you pain and agony my dear  
And comes with the waves of mope  
That turns off your candle of hope

And both these phases flow in the glen  
In the glen of wishes of every man  
And chases them throughout their lives  
And gives way for reality to survive

But don't let this keep you away  
From enjoying your life in any way  
For this little life that is given to you  
Holds value like a morning dew

That is dancing on the delicate edge  
Of life so it can swiftly wedge  
Both crowd of smiles and crowd of tears  
And that is what is reality my dear.

Seema Chowdhury

# What Is This

I wonder why  
Fair games are a rare sight  
And  
Happiness have swept aside  
To give way  
To the hot winds  
To be absorbed  
What is this? ? ? ?  
Why no one realizes  
The significance of life  
And only nagging questions  
Are on the surface  
And robs us of our time.....

Seema Chowdhury

# What It Really Is

What it really is  
I cannot tell  
I don't know  
What is bothering me  
And what is blocking my view  
But I want to hang on tight  
And  
Give myself another chance  
To study life  
So I can learn to  
Stay afloat in rough waters  
And  
Survive  
Even when life curls inward....

Seema Chowdhury

Seema Chowdhury

# What Makes A Family So Special

In this beautiful landscape of life  
God gives us all a caring family to survive  
Where we share our laughter and cries  
And all our sorrows and unbearable tries

Where love flows boundlessly and for long  
Where we all learn to sing the same song  
And hold our hands firmly together  
In all fair, snowy or stormy weather

Where amazing spring flowers bloom forever  
And your family lets you down never  
For they are always there without being mean  
And lend their strong shoulders to lean

Where mom and dad, brothers and sis  
Are always there and they never miss  
Any opportunity to hug or kiss to heal  
Your inflicting pain in life's deal

That is what makes a family so special dear  
Where magic and miracles flow uninterrupted in layers  
Thanks God Almighty for this lovely gift  
Without which no soul can experience a lift

For with them we share our laughter and cries  
And all our sorrows and unbearable tries  
And we hold our hands firmly together  
In all fair, snowy or stormy weather.

**\*\*FAMILY: Father And Mother I Love You\*\***

Seema Chowdhury

# What Makes A Woman Strong

Whispers of her soul and love in her heart  
Smiles on her lips and tears that start

Courage that she shows and Kindness that she spreads  
Playing with her children and baking cookies and breads

Taking kids to school and driving them around  
Shopping for the loved ones in life's merry-go-round

Doing somersaults and planting flowers in Spring  
Folding clean laundry and spinning around love's ring

Holding hands in pang and lending her shoulders to lean  
Wiping falling tears and listening problems with keen

Helping everyone to finish their task with care  
And as the day unfolds spread kindness, love and cheer

These are a few things that makes a woman strong  
And in every life's step she brings happiness along

For her tenderness and kindness give a fresh start  
That she wraps up at day's end with prayers in her heart.

Happy Women's Day 2014

\*\*\*Dedicated to my wonderful Mother, who made me what I am today\*\*\*

Seema Chowdhury



# What Makes You So Special

Your smile, your love  
Your wisdom and care  
Your helping hands  
In the trouble's layer  
All tell me why I love you  
And what makes you special too

Your calmness and peace  
In the time of stress  
And a strong support  
During the time of mess  
All tell me why I love you  
And what makes you so special too

Your lessons on life  
and handling of fear  
You showing big dreams  
And wiping away the tears  
All tell me why I love you  
And what makes you special too

Your way of easing  
My troubles and pain  
Your swaping bad times  
With happiness and gain  
All tell me why I love you  
And what makes you special too.

Thanks for everything Sunny! ! !

Seema Cowdhury  
29th Oct,2009

Seema Chowdhury

# What Matters

What matters in life  
Is what you want  
what matters in life  
Is for what you survive  
So don't let any moment  
Of life to expire  
Without you adding in it  
A whole lot or just a bit  
For wins and losses  
Will all come in your way  
Sunshine hay and rainy days  
Will all colour your way  
So do something extravagant  
And significant in your life  
So when you're gone from here  
You're remembered and missed dear  
For all your good deeds  
For all your encouragements  
For all your compassion  
And your character's attraction  
And that's the only thing  
That all really matters here  
In your enriched and empowered life  
Where with courage you survive.

Seema Chowdhury

# What Moves Your Soul?

What moves your soul?  
What takes away your dole?

What enlightens your heart?  
What gives you a brighter start?

What awakens your spirit?  
What gives you high merits?

What brings you inner peace?  
What helps your pain to cease?

Be grateful for all these gifts  
That brings you joy and uplifts

And calms your nerves and mind  
And makes you caring and kind

And colors your world bright  
Where you feel happiness light

Falling upon and making your day  
And shining bright in your way

Just forget your fear, pain and dole  
And look for things which moves your soul

For when your heart and mind are at peace  
Enlightment will follow you with ease.

Seema Chowdhury

# What New Year Will Bring

What new year will bring no one could tell  
Whether tons of happiness or tears in eye shell  
Because what will happen next, no one can say  
So its hard to determine or say something today

So its good if just once you can learn in your life  
Few rules of happiness to live and survive  
then you will never feel ever alone or lost  
In life's market where feelings don't have any cost

Because God tests his people and puts them in trial  
Then carefully watches them closely for a while  
To see whether they'll smile or sigh  
And whether they lose hope or still they try

So even if life's most difficult phase comes along  
And seems very crude, tough and long  
Just promise yourself never to lose hope  
And stay away from the tears of mope

Because not now, not tomorrow but I know pretty soon  
Your test and trials and period of noon  
Will end and say once agian to you  
New year's happiness is reserved for you.

Seema Chowdhury

# What To Be?

To be or not to be  
Is really a hard query  
For no one can always get  
Things in his mind that's set  
For many things are considered in ream  
As only our impossible dream  
And then they're told to forget it  
And pick something else from the kit  
From the kit of our lifves  
where we're bound to survive  
And then again we come to the task  
And 'what needs to be done' from us we ask.

Seema Chowdhury

# What To Look For

If you want to reach the top of the hill  
Then have both strong determination and will  
And see in how many different ways  
You can delete the words like can't and nay

For these are the words which stop you in life  
From picking success flower in the way that survive  
And don't let you reach your goal and aim  
From which you can get both name and fame

So better look for a hopeful dream  
Which can lead you to a successful scheme  
So whenever anywhere you'll go you'll meet  
Victories ready to kiss your feet

And remember to reach the top of the hill  
You must have strong determination and will  
So you can reach your goal and aim  
From which you can get both name and fame.

Seema Chowdhury

# What We Give

We make a living  
By what we give  
So learn this rule  
In life to live

And give your love  
Care and smile  
To all who need  
It for a while

And remember that  
Its always true  
That others will show  
They care for you

When you will give  
Your love to them  
And will stitch the days  
With prayer's hem.

Seema Chowdhury

# What We See In The Rainbow

We see it only after the rain  
We see in it a glimpse of pain  
Where hope is there to show a way  
When we feel very down and astray  
When we talk about the pretty rainbow  
There're so many things with it that show  
That tell us to make the best of things  
That moves around us in life's ring  
It tells us the thing that is main  
Is to watch out life in the fast lane  
And tells us to only think positive  
And stop thinking negative  
And it tells us in this world asleep  
Still water runs deep  
So be careful and never sigh  
And take encouragement from rainbow high.

Seema Chowdhury

Seema Chowdhury



# What Winners Do

If you're stuck in troubles and pain  
And doesn't see any glimpse of fain

Then don't ever sigh or ever cry  
Just be brave and agian try

And like the winner cling to hope  
And never ever fall in the sae of mope

Then surely best will come to you  
To greet with cherry heart that's true

Because that's what winners do  
In troubles to see the hope's view.

Seema Chowdhury

# What You Know

What you know  
May not be true  
What you have  
May not have hue  
What you wish  
May not be good  
Or as strong as  
Hard faith's wood  
So pray to god  
To help you in  
This trouble's phase  
In trouble's bin.

Seema Chowdhury

Seema Chowdhury

# What You Want

Whatever you want  
Whatever you wish  
Just think very hard  
And work through bliss  
For life will show  
You sorrow and pain  
And sometimes also  
The way to fain  
So stick to hope  
And find your way  
And solve life's query  
In each of your day.

Seema Chowdhury

# Whatever Is Left Unsaid

Whatever is left unsaid  
Unspoken  
Or unrevealed  
May carry  
A huge world of meanings  
And  
Show the views  
From the otherside  
Of the veil  
Which can  
Unravel the mystery of life.

Seema Chowdhury

Seema Chowdhury

# Whatever May Come

Whatever the storm  
Or blizzard may come  
Always stay cool  
and try to sum

All your hopes  
And dreams of tomorrow  
And all bright  
Views out of sorrow

And remember that none  
can joy impart  
For it is something  
That springs from the heart

So remember this  
And try to sum  
And stay calm when  
Blizzard or a storm comes.

Seema Chowdhury

# Wheel-Barrow Full Of Faith And Hope

In the juicy and tender slice of life  
If we can recognize  
The right moment  
And unlimited opportunities  
To create new avenues  
With a fresh perspective  
And learn the timeless art of living  
While travelling in our own territories  
In the avenue of our choice  
Then we can break through the clutter  
And swap the rough and tumbling world  
With a tremendous and exciting mega event  
Where we can get opportunities to  
Plan everything  
Dream big  
Think again  
Smile warmly  
And walk surprisingly  
In the real fantasy life  
With a wheel-barrow full of faith and hope.....

Seema Chowdhury

# When I Look.....

When I look  
Around the world  
I see  
No spot free of lost time  
No place  
No excuse  
And  
No visionary notions  
Or  
A significant word  
For  
So many  
Different things  
Or  
Perhaps weird things  
Or  
May be just unexpected things  
Happened  
To mess up  
And  
screw up my life.....

Seema Chowdhury

# When I Will Meet God

Out of this world  
Out of this land  
In my very small  
But  
In my sweet dreamland  
I wish to see  
Happiness breeze sway  
With air of joy  
And rays of smile  
Where bright sunshine  
Emitts light of fain  
And bright moon light  
All smile in rain

Out of this world  
Out of this land  
In my very small  
But  
In my dream land  
I wish to have  
Stream of luck  
Vision of hope  
dales of wishes  
Where I can play  
With joy in sand  
And call it my own  
Sweet dream land

Out of this world  
Out of this land  
In my very small  
But  
In my sweet dream land  
I wish to have  
Friends who share  
My smiles and teras  
And show they care  
And never let my  
teras to drop



And never let my  
Smiles to stop

Out of this world  
Out of this land  
In my very small  
But  
In my sweet dream land  
I wish to build  
In quiet peace land  
My grave covered with  
The mud of hope  
Where I can lay  
Till the day  
When I'll meet God.....

Seema Chowdhury

# When The Out Look Is Cloudy

When cloudy is the outlook  
And you don't see any nook  
Where you can find joy  
And play with happiness toy  
Then don't ever feel sad  
Neither feel bad  
Just hope for that star  
Which can take you far  
Very far and far away  
From this cloudy day  
Where no glimpse of pain  
Neither distress rain  
Ever falls or flow near  
Where you live my dear

Seema Chowdhury

# When The Sun Will Go Down

When the sun will go down  
Everything will turn into brown  
As if they are in sleep  
In the mid of vales deep

Birds will lie in their shade  
Flowers seem as if they are fade  
And there won't be any noise  
Not even the fly's voice

Everything will be hushed and calm  
Like the last penny on the palm  
As if now decline will come  
In this huge deep life's drum

Where sky also looks very pale  
As if it is waiting to avail  
last chance before it is drowned  
To sleep on the bed of the ground.

Seema Chowdhury

# When Words Have Failed

When you feel down and depress  
And words have failed to express

What is bothering you my dear  
And dropping from eyes your tear

Then go ahead and once more try  
And with an honest cry

Take out all your pain and stress  
that is making you depress

And then surely you will feel  
Better inside and will heal

The wounds of your heart my dear  
That made you cry with salty tears.

Seema Chowdhury

# When You Are Lost

When you're lost  
And feel upset  
And your eyes are  
With tears wet

Then don't lose hope  
And neither cry  
Just hang in there  
And never sigh

And go to your God  
And talk with him  
And tell him your needs  
And ask his help with vim

For then God will  
Surely reply  
By sending his blessings  
To us very high.

Seema Chowdhury

## When? ? ?

I wonder when will come  
A day of peace and love  
I wonder when will end  
This painful twisty curve  
I wonder when can I  
Be able to sort out  
And find the answers dear  
To clear all life's doubt  
I wonder when can I  
Get replies that are worth  
And solve this puzzle game  
That is known as birth.

Seema Chowdhury

# Where Friends Come

I have a special place in my heart  
Where friends come never to depart  
Because I think they're god's gift  
Who are sent for my uplift  
So I wish this world can be a place  
Where I find in its every pace  
A large group of sincere friends  
Whose sincerity has no bounds nor ends  
Who stay very close to me  
And see only what I see  
And know how to make a place in my heart  
To stay forever and never to depart.

Seema Chowdhury

Seema Chowdhury

# Where To Go? ? ?

No one knows where to go  
When things in life are going slow  
For what future holds in the flow  
is a maze that no one knows

Sometimes I desperately wish  
And hope to feel what I miss  
That makes empty my whole life  
In which I have to live to drive

The car of troubles without my say  
To make complete my whole day  
And then when at the end  
I see paths cracked and bent

I feel tired and loath some  
And wish i never had come  
To live on God's green earth  
Where ther's no joy or mirth.

Seema Chowdhury



# Where To Start

This life is like a revolving door  
Where every second someone exists or enter  
Into a world of reality...

Where not only questions and more questions  
But sometimes answer within an answer appears  
So never lose grip or get stuck on hung over thoughts  
At a moment's notice.....

Let your rambling thoughts turn  
Your life's telescope around  
So when the gray sky starts to move in  
You can look away to the shining sun  
Where slight cool breeze blows across.....

And take this opportunity to walk courageously  
On the winding trail step by step  
And comfort your soul  
And don't let your heart to melt into the silent tears.....

Just visualize everything happening in the mind  
And turn your thoughts into a good life's story  
And know this is where to start from.....

Seema Chowdhury

# Where To Stop? ? ?

Once  
I start  
Recollecting my memories  
And  
Counting my days  
Then  
I get so involved  
And  
drowned  
That  
I even forget to remember  
The gleam and gloom  
The to and fro  
And  
The in and out  
And above all  
Where to stop? ? ?

Seema Chowdhury

# Where You Fit In The Big Picture

Keep hope within army's reach  
And make sure you're on the right path

Don't nag with doubts and fears  
Unfold the new horizon to realize your dreams

Rediscover the strength of faith  
And rejoice in simple pleasures

Gear up for new challenges  
And see where you fit in the big picture

Come out of the shadow  
And explore additional possibilities

Channel negative emotions away from you  
And do what makes you happy and peaceful

Remember that every challenge is an opportunity  
So learn life's lessons for they are priceless

Appreciate every moment that you have  
And accept the things you cannot change

Use your inner power to brighten the world  
And see where you fit in the big picture

Lift the fog from your dreams and visions  
And see through life's window clearly

Try to put scattered pieces together  
And keep the wonderful memories alive

And when you'll work through your difficulties  
You will gain new vision and perspective

So stay focused and seek the inner reality  
And fill your life with faith and trust

And know that it's time to turn the page  
So recognize your place in the big picture

And know with inner power and faith  
You can rejoice and make a big difference.

Seema Chowdhury

# Wherever You Go

Wherever you go  
Whatever you do  
I'll keep on praying  
My dear for you  
And pray that you never  
Have to face  
Any kind of setback  
In this life's race  
And hope that plenty  
Sketches of joy  
May come in the way  
For you to enjoy  
So that each step  
You take in your life  
Be filled with the success  
And the good luck's drive.

Seema Chowdhury

Seema Chowdhury

## While The.....

While the sand of life is running  
While the waves in the sea is cunning  
While the sun on sky is shining  
And life's car is still driving

Why not avail each moment of it  
Why not enjoy its every bit  
Why not see how you can fit  
Pieces of life in the puzzle's kit

For life is just a test  
For life is full of zest  
For life is one of the best  
Whether you stay in east or west

And I just want to tell a thing  
And I just want to pull the string  
And I must want to joyfully sing  
And hold on tightly to hope's ring.

Seema Chowdhury

## While Waiting...

In my life's journey  
While waiting for you  
I stopped many times  
Just for a moment or two  
To collect your memories  
And take it with me  
That are fresh and new  
Everything about thee  
so when I will reach  
Towards my life's end  
When my mind and heart  
Will be tired and bend  
Then I'll have something  
To look back upon  
And rejoice with cheer  
Forgetting about my moans.

Love You Sunny

Seema Chowdhury

# Whirlpool Of Agony

I'm stuck in the  
invisible bound  
Of wishes  
Desires  
Fancy  
Love  
Relish  
Aspiration  
Ambition  
Zeal  
Want  
Passion  
And  
Fascination  
Where  
Doubts  
Wilderment  
And  
Uncertainty  
Is creating barriers in my life  
And is taking me  
To the  
Whirlpool of agony.....

Seema Chowdhury



# Whirlwind Of Pang

I feel as if  
I'm stuck  
In the whirlwind of pang  
Where troubles are  
Violently roatating  
Like a tornado  
Around me  
And my journey into hope  
Always  
Ends on  
Eyes welled with tears  
And worst fears  
Of my life....

Seema Chowdhury

# Whirlwind Of Words

I feel stuck in the storm of life  
In which I'm bound to survive  
Where whirlwind of words are found  
On each and every tears ground  
Where host of grievances and sigh  
Are blocking happiness way and tie  
And terrible twist of fate my dear  
Is taking its place and unfolding here  
And in this world of mystery and wonder  
I'm sitting alone in this thunder  
And waiting for my turn to smile  
To walk away for few long miles  
And start a beautiful journey in the sun  
where sun shines and rainbow spreads fun  
And only loving words of passion and faith  
Lets hope enters through blessings gate  
And invites me into new world of hope  
Where there is no space for sigh and mope  
And then I'll be free to express my fay  
In a special and in a unique way  
So I can walkout of this storm of life  
Where I'm forced and bound to survive  
And no more whirldwind of words be found  
On each and every tear's ground.

Seema Chowdhury

# Whisper Of Breeze

Whisper of breeze  
Cannot be ceased  
For they just fly  
On shy very high  
And spread sunshine  
With joyous wine  
So if you wish  
To hear God's bliss  
Then listen with care  
What's saying that is rare  
Because it can bring  
Us the spring  
Which is filled with joy  
For us to enjoy.

Seema Chowdhury

# Whisper Of Words

Do not hide  
Behind the silence  
Have some courage  
And  
Try to hear  
The whisper of words  
And  
See if you can  
Figure out their meaning  
Because  
It is not the end  
It is not over yet  
Your whole life stretches  
In front of you  
waiting  
To break the shell  
And  
Come out of  
Silence bar....  
The bar  
That  
Cuts your connection  
with the outside world  
And  
The people around--

Seema Chowdhury

# Whispering Echoes

I heard  
The whispering echoes  
Of my my past  
in the life's gallery  
All  
Wondering alone  
And  
roaming eagerly  
In distress  
To be heard  
To be answered  
And to be attended.....

I wish to  
Clean the fog  
And the mist  
Of  
Mope  
That is covering my life's layer  
And is bringing  
Tears in my eyes.....

Seema Chowdhury

# Whispers Of The Wind

I heard soft whispers of the wind  
And sweet bell ringing from afar  
Where everything was so fresh  
And doors of dreams ajar

Where life was colorful and clear  
And all glittering and smiling bright  
Where I found myself lost in dreams  
In the dreams of reality's light

Where I saw my dreams taking shape  
And filling life's canvas with the strokes bold  
Where everything was full of warmth and care  
And nothing was bitter or cold

And there I realized how it feels  
To see your wishes swapping place  
With true and clear ideas  
And take away veil from the realities face

And that is why I felt very lucky  
And thanked my Gracious God  
For let me dream and wish for things  
And see it happening with the permission of the Lord.

Seema Chowdhury

# White Marbles On Life's Floor

Every rose has its thorn  
So wipe clean life's floor and start again  
Stop staring out into the dark night  
Just clear your mind to find the new road  
That can point out to the right direction  
Where world awaits with sunshine and celebration

Life is made up of many pieces of white marbles  
That we work hard to fit together smoothly  
From sunrise to sun down everyday  
Where dark and light appear every now and then  
To teach us difficult lessons of life's survival  
Where we wipe the smudge of pang from life's floor

So learn to cruise along and be strong and brave  
To steer your boat out of the hopeless situation  
Into the world of joy, peace and hope  
And find the best mix of smiles and tears  
For only you know what is important for you  
And how you can find new road to walk on

And search for the truth and find meanings of life  
To make your life special, worthy and deep  
With a lot of sunshine and celebration  
And once you will learn to find the right direction  
Then you will be able to fit all the beautiful pieces  
Of the white marbles on your life's floor.....

Seema Chowdhury

# Whom Do I Love

i love tiny tears that roll from the eye  
As they swiftly dropp down without telling anyone why  
And I know they are honest, truly honest and don't lie  
But still they don't want to tell anyone why

And I love cute smiles when I'm feeling blue  
As they bring us happiness taht're all true  
And color faded lives with joys that're new  
And I know they are honest, pretty honest and true

And I love little birds those sing beside the bay  
As they softly fly down and spread love; s ray  
And bring us joy when we're feeling grey  
And they spread love through tiny happiness ray

And I love all those friends who are caring and sincere  
Who seek for a chance if they can really share  
All my joy, all my smiles and all my cries and tears  
And they do it all happily to tell me they care

And i'm lucky pretty lucky to have these things around  
As I know if I ever feel scared or frowned  
I can rely on them and surely I can count  
And that's why I wish these things stay around.

Seema Chowdhury



# Why

I wonder when will come  
A day of peace and love  
I wonder when will end  
This painful twisty curve  
I wonder when can I  
Be able to sort out  
And find the answers dear  
To clear all life's doubt  
I wonder when can I  
Get replies that are worth  
And solve this puzzle game  
That is known as birth.

Seema Chowdhury

# Why Are Things.....

Why are things going upside down?  
Why is life losing its glory and crown?  
Why does this world look frigid and cold?  
And why aren't these people any more bold?

I wish I can answer these questions and change  
That weird look that really seems very strange  
And wish if I can redirect world's flow  
And distinguish between all my friends and foe

Because sincere people are indeed very few  
Who still want to show me a brighter view  
And help to find out the way I had lost  
In this frenzy world that doesn't pay any cost

I know all this but still I try  
To go and ask the Lord of the sky  
To let me sleep forever in a place  
That terminates my life's on going race.

Seema Chowdhury

# Why Can'T

Why can't joys shower  
Can stay in power?  
Why can't stay smile  
In life for a while?  
Why can't rainbow  
Can show us its show?  
Why can't pretty sights  
Can stay and bring delight?  
Why can't troubled tears  
Can be ceased my dear?  
I wish to know the answers  
Oh my dear, MY Lord  
For only you can show me  
The path of peace my God.

Seema Chowdhury

# Why Do I Write Poems?

A poetry is a picture without any hue  
That shows my feelings when I'm glad or blue  
Because when I sit down to write  
Then all of life's views and sights

Starts coming clearly in my mind  
And tell me ways to find  
The answers to the troubles and joys of life  
And the reason why I want to joyfully survive

And the causes of life's pain and sorrow  
And my hope for the bright future for tomorrow  
Because in my poems I never lie  
I just tell how I feel in pain and sigh

Then I jot down all life's truth and facts  
And start finding ways how on them to act  
Because poetry is the musical thought of life  
That shows me new ways on God's earth to survive.

Seema Chowdhury

# Why God Made Brothers

When worl was losing the gift of care  
And no one was left to wipe flowing tears  
Then God thought for this world's uplift  
He must send an angel as his gift

An angel on whom we all can trust  
Who can wipe all world's flying dust  
Who is honest and sincere and also kind  
And can solve all problems with his mind

Someone extra nice who can bring us smiles  
And can happily share our trouble's pile  
And when we feel scared or alone  
He can lend his sympathetic ears as a loan

So after all that what God thought was right  
Was to send Brothers who can make things bright  
And can share our problems and bring us delight  
Where no glimpse of pain is shown to our sight.

Seema Chowdhury

# Why God Made Dear Uzair

When world was losing its beauty and charm  
And things were no more peaceful and calm  
Then God thought of this world's uplift  
He should send an angel as a gift

An angel who would be nice and wise  
Who'll do his share not once but twice  
Who's presence will really be the source of pride  
that'll be strong enough to stop the flow of tide

An angel who would bring a gift of faith  
Who'll finish bad words as war and Hate  
And only with his one cute and sweet smile  
He'll spread happiness and love in a while

And after all that what God thought was right  
Was to make little Uzair who'll make things bright  
And can always become a source of delight  
That makes world happy, fresh and light.

Seema Chowdhury

# Why God Made Little Danny

When toys and cars and bats and balls  
Were standing quietly in a mall  
Then God thought we need hands taht're small  
Who can play these games not one but all

And thought in this world to bring some hope  
Someone nice is needed who can sure; y cope  
With all sorts of trouble and still won't mope  
And who's aims are as strong as a rope

Who'll do his best to save this land  
And will tie this world with love's band  
And for that he'll always take a small stand  
And when needed will always offer a hand

So after that what God think was right  
Was to make littke danny who'll make things bright  
And can always become the source of delight  
That makes world happy, fresh and light.

Seema Chowdhury

# Why God Made Little Sarah

When pins and clips and frills and bows  
Were all standing quietly in a row  
Then God thought for this world to glow  
Someone nice is needed that we all might know

Someone extra special who's loving and kind  
Who'll use her love and her mind  
And in her own nice way she'll surely find  
Ways to bring people together and closely bind

And someone who'll be happy with things  
Who'll win the heart of both begger and king  
And can happily play with flowers and sing  
To keep world alive both in autumn and spring

So for all that what God think was right  
Was to make little sarah who'll make things bright  
And can always become the source of delight  
That makes world happy, fresh and light.

Seema Chowdhury



# Why God Made Love? ?

God made love in this world so  
If ever in this life; s flow  
You feel you are left in the row  
Where things are going down and slow

Then you can ask God for bright spring  
And tell him to show his miracle and bring  
Not only joy but a lovely thing  
That is free for both a beggar or a king

Yes this is what is love my dear  
That brings you close to whom who're near  
And then you show your care and share  
With them all your smiles and tears

God made love so our dreams come true  
And all our wishes that are new  
Can work just like the morning dew  
And can show you life's brighter view.

Seema Chowdhury

# Why God Made Sweet Samia

When world seemed sad  
And things were bad  
When Earth looked blue  
Then God thought of you

And thought to send  
sweet Samia to end  
This world's gloom  
And in it bloom

The flower of love  
From Heaven above  
And that's why to show  
His love and care's row

God have sent you dear  
So take this world's care  
And now with smile on the ground  
Spread joy for miles around.

Seema Chowdhury

# Why God Made Teachers

On this earth God has made many creatures  
Out of them one most honourable is the teacher  
Who not only teaches us how to write  
But show us new ways that are bright

Dear teacher for us you're the protecting shadow  
Who is standing right in the middle of a meadow  
And is holding a bright candle and light  
Of knowledge that is sparkling very bright

So it is hard for us to say goodbye  
With a smile instead of tears in the eye  
For the days that we spend in the shadow of your love  
Taught us how to handle life's curve

And showed that life always has two sides  
Dark and bright which both are wide  
So there instead of just sitting in mope  
We all must find out ways of hope

And today we all want to thank our Lord  
For bestowing his gifts and his reward  
By giving us his most precious gift  
In the form of teachers for this world's uplift.

Seema Chowdhury

# Why Look Else Where?

Why not make friends with God dear  
So we don't have to look else where

To learn on when we wish to cry  
And feel tired of again to try

For only God can give us a hand  
And truly for us understand

From what we're going through  
That make us feel extremely blue

And only he has got the power  
To bloom even in rocks a flower

That can brighten things all around  
That're present on God's great ground.

Seema Chowdhury

# Why Lord Made Humans

Many wierd things are making me mad  
Many different thoughts that I really never had  
And that is really not making me glad  
And I wish to know the answers as I'm feeling bad

The formost thing that is bugging me today  
Is to know why we were sent to stay  
In this horrible world that is far far away  
And a place where problems are blocking my way

And the second thing that is really not fair  
Is that if by chance happiness comes my dear  
Then no one is free with you to share  
Neither your smiles nor even a tear

And the third thing that is not fair in my view  
Is whenever you're feeling down and blue  
You need a friend who is sincere and true  
But you won't get one as friends are few

And the only thing that is plenty for you to gain  
Is the agony and troubles and all sorts of pain  
That are all really interlinked in the chain  
And are mostly found standing in the lane

And one last thing my fair and dear God  
That I really want to know but I'm feeling odd  
Is that why did you send me oh my precious Lord  
Whether it was a punishment or was it a reward? ? ?

Seema Chowdhury

# Why Me? ? ?

why is it me  
Who always see  
life's negative view  
Which makes me feel blue  
Where tears not smile  
And trouble's pile  
Always stand in the way  
And takes me away  
From the hope's door  
Where no more  
I wish to stay  
In the pathway  
And wait for the turn  
In the river of no return  
Where my life's wave  
Will no more rave  
And I'll quietly die  
Without saying anyone goodbye.

Seema Chowdhury

# Why Not God.....

God why did you make girls on earth?  
Who are considered as troubles since their birth  
For words like liability and responsibility for them  
Are used and attached throughout life's hem

Why God? why can't girls survive?  
In happy atmosphere like boys in their lives  
And why not they have the right to speak?  
And why are all of them considered as weak?

God I'm sorry I know I should not ask  
Anything about your plans and task  
But please tell me one thing dear God  
Why are girls considered as curse not reward?

And I wish God if I can as a girl  
Survive in this world's troubles curl  
And strongly cling on to hope  
And won't feel bad or mope.

Seema Chowdhury

# Why Not? ? ?

Why time can't be stopped  
Why not? ? ?  
Sometimes I desperately wish  
If somehow  
I can cease the moment  
And can pause it  
To  
Discontinue the pain's cycle  
And  
Break it off.....

Is it too much to ask for? ? ?

Seema Chowdhury



# Why Only Me

Why is it me  
Why only me  
I used to ask  
From God thee  
Till I realized  
In these lives' days  
Everyone has to  
Find his own ways  
And learn to find  
And clear trouble's road  
And learn to bear  
And share your load  
For times of joy  
And the times of pain  
Are all written dear  
And declared main  
We have to learn  
To bear them all  
And save our souls  
From depression's fall  
So now I don't ask  
Why is it only me  
But I try to earn  
Joy and happiness key

Seema Chowdhury

# Why Stop The Tears

When you feel the tringe and little tears  
Are ready to flow down my dear  
Then don't ever let these stop  
Give them way to swiftly drop

As only time when these tears want to drop  
And you can't really make them stop  
is when your heart is hurt or torn  
And doesn't see any glimpse of morn

But don't feel bad or even hurt  
I know these pains are really curt  
But then the tears caused by it  
Really holds value in its every bit

As they really carry a huge big pile  
Of all our feelings for a little while  
And then in just a moment or so  
They explain it all in one flow

So if you are down and you want to cry  
The go ahead and don't ever feel shy  
Because its hard to stop the tears in the eye  
And keep smiling when you know its a lie.

Seema Chowdhury

# Why Worry

Worries will come and worries will go  
Nothing can stay forever you know  
Then why do you feel down, sad or low  
Just count on your friends instead of foe

You may think it is curt in between  
And many people look hard and mean  
But don't feel bad and try to lean  
On the shoulders of dad who'll listen with keen

And instead of feeling extremely blue  
look at the soft morning dew  
Which spread its bright shining hue  
Like the love of mom that's surely true

So whenever worries come and knock at your door  
Just tell it you don't need it any more  
For worries are like the clouds that roar  
But then in the form of rain they pour

So whenever worries come make sure you know  
They'll surely come but then swiftly go  
So don't feel down, sad or low  
Just look at your friends instead of foes.

Seema Chowdhury

# Wicked Whisper

A wicked whisper  
Of  
The waking dreams  
came  
With a still voice  
And  
The water of tears  
To tell me  
To wait  
For a morning  
Without a sun  
Where  
I will be the first one  
To fall  
In the ditch of  
Loneliness and silence.....

Seema Chowdhury

# Wierd World

This world is weird  
And moving in haste  
Where no one knows  
value of joy's paste  
For life is flowing  
With gust and storm  
And no one knows  
The meanings of norm  
And I feel here  
Weird and wrong  
And like a rolling stone  
That just sweeps along  
That doesn't know a thing  
Or where to stop  
And that's how my life  
Is falling in a drop  
I wish if this  
All can end  
And I straighten  
My life's curved bents  
And find a place  
To peacefully survive  
And lead a normal  
And a happy life.

Seema Chowdhury

# Wild Sounds

I don't know why  
Everywhere around me  
I hear  
Wild sounds  
Of crashes  
And Clatters...  
Or may be  
Its the echo of  
Mu injured screams  
And  
My broken soul....

Life can be  
Cruel at times  
And  
can show you  
The ugly and stressful sights  
That is fearful and sad....

Seema Chowdhury

# Wild Thorns

After the first death  
There is no other  
So  
Do not be afraid  
Of  
The wild thorns  
And  
Lose hope  
Or else  
At the close of the day  
You'll be left with only  
Still hours  
Of the losing game.....

Seema Chowdhury

# Win Life's Battle

Sometimes its hard to find right words  
To help loved ones in the period of curt  
The soothing words that can swiftly cease  
The wave of grief like the summer breeze

That blow quietly and stop the pain  
From which you're suffering in life's rain  
For in life you have to fight the battle  
Of trouble's war that's standing like the metal

And doesn't let you to joyfully smile  
Not even for a moment or a little while  
And I know all this so for you I pray  
May God give you powers to strongly stay

And pass trouble's phase that comes for you  
Bravely and with courage too  
So you can win the battle of your life  
That surely in life do exist and survive.

Seema Chowdhury



# Win People's Heart

Be gentle and nice  
be patient and wise  
And then give a start  
And win people's heart

For only people in life  
Who know how to survive  
Just smile along the road  
To lift others load

And lend a helping hand  
Specially in trouble's band  
And show others life's sight  
That is better and all bright

It may sound difficult now  
But this is really how  
You can give a better start  
And win all people's heart.

Seema Chowdhury

# Win Your Pain

Despite the pain, just smile  
Let life brighten for a while  
And learn once again to start  
To empty sorrows from your heart  
And learn to find your way  
In this life's deep bay  
And try to win your pain  
Just by being happy again  
And then only you will survive  
By knowing true meanings of life.

Seema Chowdhury

# Win Your Thoughts

Celebrate the gift of life  
That God has sent  
For you.....  
And accept the challenges  
Of the moment  
And don't let  
Thoughts of your fear  
Be like a broken record  
Get stuck in one place  
And repeat it  
Over and over again  
In an endless loop.....

Just be strong  
And win your thoughts  
And stop worrying  
About how the world see you  
Let peaceful images flow  
Into your mind  
And bring you peace  
And take you out  
From the pool of suffering  
And face it all boldly  
For boldness has  
Power and magic  
And it teaches you ways  
To grow  
And follow your dreams  
To a new life.....

3rd June,2009

..

Seema Chowdhury

# Wind Of Hope

Let's turn our faces to the sun  
And enjoy God's bliss before this day is done  
And know that the wind of hope is high  
So we must enjoy it while it is dry

For these whistling winds are full of life  
And bring fresh breeze to joyfully survive  
As they show us bright moments of smiles  
The smile that speaks to us for a while

Where perfect patterns of life is found  
On God's green earth and on the ground  
And words of love is spread in the air  
That brightens the day and is light and fair

For these tender and warm moments of hope  
Teaches us all to courageously cope  
And it fills the heart with beautiful dreams  
Those are soft and fluffy as a cream

And they appear as laughing stars at night  
And shine very bright to bring us delight  
And bring us fresh breeze of fain  
That takes away all our dole and pain

So let's turn our faces to the sun  
And enjoy God's bliss before this day is done  
And know that the wind of hope is high  
So we must enjoy while it is dry.

Seema Chowdhury

## Wind Of.....

Praise the vision  
Of  
The laughs with mirth  
The joys with smiles  
And  
The hopes with life  
Because  
It will not last  
And soon  
It will be dozed  
By  
The winds of  
Hopelessness  
Wounds  
And  
Misty hours.....

Seema Chowdhury

# Windy Land

The windy land of life  
In which we all survive  
Is where the wind blows  
Of troubles and pains row  
Where only few we see  
The shades of happiness tree  
Where there are just little  
Joys in this life's kettle  
Where usually we just get  
Everything in a pattern set  
That we can never change  
Nor we can ever arrange  
Anything in it to survive  
In this windy land of life.

Seema Chowdhury

# Wings Of Imagination

Make your soul like a shining reflecting mirror  
And begin your spiritual journey calm and unrushed  
Away from the complexity of life  
Analyze your internal world of thought  
Feelings, values, love and belief  
And know that God gave you  
The wings of imagination to fly  
So listen to the inner voice of love  
And take a trip alone with faith and peace  
To find yourself and answers of your questions  
Just be kind, generous and gentle  
And remember that inner beauty never fades  
So find your path of development  
And look inside your dream  
To feel it inside your heart  
And cling to hope  
To eliminate road blocks  
And always be ready to listen to  
The soft whispers of God  
And surrender to His will and rejoice  
To attain everlasting life of kindness  
That will help to cleanse your soul  
And shine your spirit...

Happy 17th Birthday Samia  
We love you very much

Seema Chowdhury

# Wings Of Time

Reach out and do good deeds  
Have a courage to start  
See past and present through new eyes  
Banish unsettling thoughts from your mind  
For life is an amazing race  
And we are all flying on the wings of time

Share a moment of life  
Step forward and gaze skywards  
Put your life in perspective  
And believe in the magic of life  
For life is an amazing race  
And we are all flying on the wings of time

Stay open to the possibilities and surprises  
Find solace in the wonders and puzzlement  
Enjoy a tender smile and a kind word  
And banish the weight of pang and hurt  
For life is an amazing race  
And we are all flying on the wings of time

Look for the new beginning  
Hold on to hope forever  
Stay strong and carry on  
Till life's evening comes to an end  
For life is an amazing race  
And we are all flying on the wings of time

Seema Chowdhury



# Winners Never Quit

Quitters never win  
And winners never quit  
So learn in life  
To appear and sit  
For the review  
Of the real life  
Where knotty points  
Do really survive  
And learn to mend  
The cracks and flaws  
That appears every day  
In life's tough laws  
So you can enjoy  
The gift of life  
And learn to with stand  
The test and hard drive  
That you have to take  
In many different ways  
From the first ray of dawn  
Till the end of the day  
And then only you will  
Learn to bravely sit  
For real life's test  
From where you can't quit.

Seema Chowdhury

# Winter Creeps In

In the dew drops  
In the farm lands  
In the smell  
Of night's sand  
In the sky  
In the clouds  
In the fields  
It's spreading no doubt-

Time is changing  
And bringing with it  
colours of winter  
Bit by bit  
And cold wind brushes  
Against your skin  
Allowing winter  
To creep in

And everywhere  
You can see on the sides  
Blanket of fog  
Spreading wide  
And telling us to welcome  
As winter is now here  
Spreading life and joy  
All round and everywhere.....

Seema Chowdhury

# Winter Is A Miracle

Everything is a miracle  
Only if you believe in it  
For life holds precious value  
In each and every bit

So focus on the chase  
And hang on in your life  
And look all around dear  
And absorb beauty that survive

For winter is now here  
With its purity and all the truth  
Spreading its peace and light  
And displaying life's colorful rith

So enjoy this blissful snow  
And watch happiness ripple out  
And let go of all the negative  
Without any hesitation and doubt

And step in the world of belief  
With all your faith and more  
And see with the fresh fallen snow  
What else is there in the store

For the cool and chilly wind  
And the snowy waves and the breeze  
Gives satisfaction of the heart  
And let all your pain freeze

And show you how to dance  
And enjoy this winter season  
And tell you to count God's blessings  
That He has bestowed for many reasons

For we are all God's children  
And He loves us very much dear  
And that is why He shows miracles  
To fill our lives with joy and cheer.

Happy Holidays & Enjoy Winter Miracles.  
(Inspired By The Winter Season Of Sydney, Nova Scotia, Canada.)

Seema Chowdhury

# Winter Is Now Here

Now that chilly breezes are here  
We know that winter is surely near  
When nice and warm and sunny scenes  
And evergreen trees can be rarely seen  
Because winter season is here at last  
And talk of summer is the thought of past

Now on hills, valleys and farms  
Winter spread its beauty and charm  
With wintery smiles and snowy sights  
Along with cold and frosty nights  
As season is quietly changing its face  
So winter can quickly take summer's place

And mocking birds with nightingales  
Are going back to their narrow vales  
And are singing cheerful welcoming songs  
For winter season is here at last

Now lilies that will no more bloom  
Seem very sad and in gloom  
And are looking at the misty sky  
And saying dear summer goodbye  
As the weather is quietly changing its face  
So winter can quickly take summer's place.

Seema Chowdhury

# Winter Is On Its Way

Welcome the winter  
That is on its way  
And let it come  
To brighten your way  
For everything that  
Is present on Earth  
Surely for us  
Bring God's mirth  
So welcome the cool  
Blowing breeze  
And let it show  
The winds of freeze  
And let yourself  
Enjoy it all  
For these are God's blessings  
All big and small.

Seema Chowdhury

# Wipe The Tears

Wipe the tears from your eye  
And don't cry or ever sigh

Because no one but only God  
Can help you when things are odd

I wish you luck in every test  
I hope you'll surely get the best

And I hope may you see the sky  
Shining with hope very high

So wipe the tears and hope to get  
Whatever in your mind you have set

And pray to only and only God  
As he can help when things are odd.

Seema Chowdhury

Seema Chowdhury

# Wise Up

Lets take out some time to enjoy  
Life's spread out fun and joy

And let nothing bad ever destroy  
The feelings of pain to make us annoy

For life is just a small tale  
Where realities are hidden in veil

And we have to work hard to avail  
All flying opportunities that do prevail

So work hard and try your best  
To do everything with joy and zest

As life is just for a day or two  
Where not always only good view

Is given so take out time for you  
To enjoy life's all flying hues.

Seema Chowdhury



# Wishes And Dreams

Why is darkness all spread on the sky  
Why is brightness never shown high  
Why I see clouds of agony and mope  
And not even a glimpse of love or hope  
I wish and I really want to try  
To remove clouds woe and the cry  
And hope that soon very soon  
I'll see bright sun and the moon  
And the rain and the preyyt rainbow  
All decorated with the floral bow  
Where tons of gifts of care 'n smile  
Will be shown in the trouble's pile  
And then pretty and the bright sunshine  
Will be spread like the joyous wine  
And then clouds of darkness 'n mope  
Will be replaced with the smile of hope.

Seema Chowdhury

Seema Chowdhury

# Wishes For 2009

This is the most joyful time  
This is the season of love's rhyme  
Where we can all enjoy love  
That's a God sent gift of heaven above

This is the time when we can show  
How to spread happiness row  
One by one in our lives dear  
To extend a branch of love and care

I wish and hope for all of us  
May we can learn to board the bus  
Of happiness and joy's sunbeams  
And becomes like a candle and throw its beam

For life is only for a day or two  
Where we have to accept challenges hue  
And color every phase of it with a ray  
To complete successfully our day

And hope in this new year dear  
We all learn to spread cheer  
And learn a beautiful lesson of life  
To even with pain how to survive

And smile along our life's way  
And sing faintly in each day  
And thank Almighty Lord for his love  
And for his bliss of heaven above.

Seema Chowdhury

# Wishes For You

Wishes for you  
Just for you  
Is what I'm sending  
With love that is true  
For a lovely  
Soocial day  
That may bring  
Joy in the way

And may sunshine be spread  
Where you walk  
And flowers there shed  
Whenever you talk  
And may every moment  
Be wonderful today  
Because I care  
Very much for your day

Happy Birthday Baby Uzair! ! !

Seema Chowdhury

# Wishes Of The Silent Eyes

I wish I was a butterfly  
Roaming and flying very high  
Over the mountains and the vales  
Over the beautiful glen and dales  
I wish I had the magical wings  
That would take me to the Spring  
Where joyful surprises and shows  
Will help me to be in life's flow  
I wish I had the magnificent power  
To roam and enjoy the beautiful flower  
And extend my hands to touch the sky  
Where almighty God is smiling high  
I wish my life was only mine  
Where I would bath in sunshine  
And let my soul freely roam  
And return with faith to my home  
And then again start another day  
In a joyful and a lovely way  
And smile with others and show them sunshine  
And celebrate to have a free soul of mine.

Seema Chowdhury

# Wishing You Happiness

I hope you will enjoy  
All life's joys  
That will come for you  
All honest and true  
Because dear friend  
Here comes the end  
Of one more stage  
In life's cage  
And because dear now  
You will learn how  
To live joyously in life  
And search for fain taht survive.

Good Luck! ! !

Seema Chowdhury

# Wishing You Joy

May your hours be filled with pleasure  
And your days be filled with love  
May your life be filled with treasure  
That is a bliss of heaven above  
And that's why I am sending  
These lovely prayers in your way  
That brings you warmest wishes  
More than words can ever say  
Along with joy and kisses  
For your very special day.

Happy Birthday Friend! ! ! !

Seema Chowdhury

# With A Cherry Smile

With a cherry smile  
And a shiny eye  
With a loving care  
And a bright tie

Look forward to all  
To gain for you the best  
And be prepared dear  
To take this life's test

And learn in it to live  
And try to live with hope  
And know that surely dear  
It vasts life's scope.

Seema Chowdhury

# With A Courageous Heart

Pray to God to keep you away  
From all sorts of trouble's bay  
And learn to face these difficult tests  
With Courageous heart wearing faith's vest

I don't know when and where to stop  
And how to explain where to drop  
The endless invisible emotion's tears  
Without any pain, sigh or fear

I wish life was not too difficult so  
I could have kept my promises row  
And would have shared my joyful smiles  
With love and cheer all for a while

For a huge gap is rolling down  
And is forcing me to wear the crown  
The crown of haunting darkness and fear  
That's forcing me to dropp invisible tear

For everywhere and all around my dreams  
I find bitter rain filling the stream  
The stream of frustration, anger and pain  
And leading life towards loneliness lane

God please help me and keep me away  
My lonely soul from trouble's bay  
And give me strength to face life's test  
With a courageous heart wearing faith's vest.

Seema Chowdhury



# With A Hope Of Another Day

Orange light fills the sky behind the mountains  
Where I stood silently  
Watching God's miracles unfolding amazing  
Washing mysterious colors on the sky  
Creating a perfect landscape  
And spreading a sense of serenity and peace  
With a warm glow that illuminates the sky  
And gave it a refreshing look with a perfect scene  
Of sun sinking slowly and quietly  
And night proudly pushing its way in  
To darken the horizon  
And covering the soft colors  
Under its bold hue  
Where a blaze of rainbow color  
Finally wave goodbye  
And in the middle of all this  
I felt God's presence very closely  
And his bliss surrounding me,  
Giving me strength to move on  
With a hope of another day.....

Seema Chowdhury

# With A Little Love

Just with a little  
Touch of love  
Things can be changed  
As blessings above

For love and care  
Are the precious gifts  
That give the courage  
And the soul uplift

For love is a passion  
That shows to all  
That even if its little  
Or just a share small

It can surely  
Bring joy and mirth  
And fill with fain  
God's green earth.

Seema Chowdhury

# With A Thought Of You

What I just felt in my lonely heart  
That showed my life a brighter start

Was really very nice and true  
And came to me with a thought of you

For I see your smile when I close my eyes  
And I feel your love's bond and tie

And all this makes me feel great  
And increases on you my good faith

And I have never felt something before  
So i don't know how to explain it more

But what I just felt was very true  
And came to me with a thought of you.

Seema Chowdhury

# With A True Hope

If you are feeling  
Down and blue  
And doesn't see any  
Joy to view

Then don't feel bad  
Or heavy in heart  
Just look to your self  
With courage to start

Another day  
With hope all true  
And know that many  
cares for you

Who have faith  
In dear thee  
And surely one of  
Them is me.

Seema Chowdhury

# With Comfortable Silence

I need a place  
Where I could escape  
At least for a while  
With comfortable silence  
And raw emotions  
And reconnect with my life  
And see life in detail  
And see what have I been missing in small ways.....

So little by little  
And moment by moment  
I can decide how my life will be  
And how I'll rise above the pain  
And nourish my soul  
With tremendous hope for a better tomorrow.....

And acknowledge my feelings  
With words, thoughts and emotions  
And have a self talk  
To overcome emotional struggle  
And find peace and solace  
In a quite corner  
With comfortable silence.....

Seema Chowdhury

# With Greatest Affection

Today I saw pleasure  
With greatest affection  
Where  
Although it was pitch dark  
Yet,  
I felt my day just begun  
Because  
i saw a glimpse  
Of miracle  
Wishing upon my life.....

Seema Chowdhury

# With Hope And Fear

Every dawn that begins each day  
Holds in it a world in a way  
For there are feelings so new dear  
That includes both hope and some fears  
I wish you a world of happiness  
Where comes by god's loveliness  
Where you can enjoy the sights  
Of god's bliss that are bright  
I wish and hope for you dear  
A day that is free of the fear  
Where you can open the eye  
In peace without any pain or sigh.

Seema Chowdhury

Seema Chowdhury

# With Laughter In The Eyes

Even in the period of pain and sigh  
Look with laughter in the eyes

So things can look better and bright  
And can clear mist from your sight

For life is a merry go round  
That stops when it touches the ground

So learn to live in it with care  
And be prepared for test my dear

Because that's what life is all about  
Where all kinds of mistrust and doubt

Are spread along the way of life  
In which we're all bound to survive.

Seema Chowdhury



## With Love

With love i'm sending dear  
A gift of care and cheer  
That can for you brighten  
All your pleasing sights  
I wish you joy and fain  
With no glimpse of pain  
And hope to see you smile  
Even in hard trouble's pile.

Seema Chowdhury

Seema Chowdhury

# With Love For Danny

May flowers be spread  
In the path of thine  
For this is a deepest  
Wish of mine

I love you dear  
My love, my life  
For you're the reason  
Why I survive

For you're my dear  
the first ray of light  
That set all things  
In there places right

And you're the hue  
Of the rainbow high  
That shines for all  
On the bright blue sky

And that's why dear  
This is the wish of mine  
That may flowers be spread  
On the path of thine.

Love you Baby Danny

Seema Chowdhury

# With Love For Sarah

You're the princess  
Of my heart's paradise  
In the Palace of love  
Where joy and delight  
Liv in forever  
And bring me smile  
A carefree smile  
Of a contented love  
For life is a gift  
Where you are the bow  
That God has sent  
To decorate each life's row  
With love and smile  
With joys for miles  
And sunshine of gains  
And a life without any pain.

Love You Baby Sarah

Seema Chowdhury

# With Your Eyes And Smile

Say it all with your eyes  
And your sweet smile dear  
Show your love that is deep  
And inspire me with your care

Speak with your soft heart  
And show your passion and care  
And say it all with your love  
And a heart filled with care

Warm me up with your eyes  
And the sparkle in it that is there  
And spread with your mute breath  
And send love's message with care

And lay your dream on my soul  
And be sure to lead my way  
And say it all with your eyes  
And share it with a smile today.

Love You Sunny & Thanks For Everything! ! !  
23rd march,2009

Seema Chowdhury

# Within A Moment

Before it bends away  
Try to here sway  
Pleasant waves of time  
To tune up life's rhyme  
For within a moment or two  
Life shows significant hues  
To be enjoyed and be amazed  
And to here with joy gaze  
At never ending blessings of God  
Who is our Gracious Lord  
Whose mercy has no end  
Who is always ready to lend  
The shade of His bliss and love  
within a moment from heaven above

Seema Chowdhury

# Without A Fear

Without any fear  
Without any tear  
Without any gloom  
Without any zoom  
Go ahead  
And find your way  
And do it all  
To brighten your day  
And search for the door  
And search for more  
With prayers from God  
Who is our Lord  
\Who gives sunshine  
In life's dark line  
And changes all bad  
With the rainbow glad.

Seema Chowdhury

Seema Chowdhury

# Without Divine's Wish

I wonder what the future holds  
Why moving wind seems so cold  
What is now that I'll see  
What is future planning to show me

I never asked I never did  
Neither now nor when I was a kid  
I never expected life to give me the best  
Nor I asked for rest in the middle of my test

Then why is today that is land and sea  
When I looked for happiness it eluded me  
And I had to search for it in hills and dales  
And look carefully in plains and vales

Then at last when I was exhausted and bored  
I sat down to rest on the tranquil shore  
There I saw happiness and then got its hold  
But was disappointed to see on it a label of SOLD

Then I realized and thought that's why  
Future seemed sad as if it will cry  
Because it knew that without the wish of divine  
I can never ask happiness to become mine.

Seema Chowdhury

# Without Regrets

Look at yesterday  
Without regrets  
And learn to give  
yourself  
Each day  
In every way  
And  
Permit no negative  
To enter in your life's picture  
At any time.....  
Or else  
You'll suffer  
Till life's end  
For life is a constant test  
One after another  
Where we need the gift of FAITH  
To help us to cope  
With the struggles  
And the hardships of life.....

Seema Chowdhury



# Without Sorrow

Get bravely through the day  
That is full of the pain's ray  
And know that there is tomorrow  
That can be without sorrow  
So why waste it now  
Thinking the why and how  
Of everything happened today  
And in your life's way  
Just look with hope and cheer  
And overcome your fear  
And know that there's tomorrow  
That can be without sorrow.

Seema Chowdhury

# Without You Being Here

Happiness is stopping its flow  
My life is now going slow  
Lively colors are fading in the way  
Because you are far away

Life is losing its meaning my dear  
Without you being close and here  
I don't know which path to walk  
And with whom to freely talk

My voice is losing its magic  
And around me I only see tragic  
For fun moments are all on hold  
And I'm feeling very weak and cold

In this emotional journey called life  
I'm drowning and can't survive  
For your absence is taking a toll  
And I'm breaking down with a painful soul

I hope things will change soon  
And I can see the shining noon  
Where I can sing songs of cheer  
And celebrate you being here.

Miss You A Lot Sunny

Seema Chowdhury

# Without You Danny

My life isn't sunny  
Without you my Danny  
For dark gray clouds  
Creates the doubt

And make me sad  
And I feel bad  
And think of the day  
When in my life; s way

You came my love  
As a blessings from above  
And showed me the way  
Where happiness sway

So now I pray to God  
To strengthen this love's cord  
And blow in your way  
Breeze of joy to always stay.

Love You Baby Danny

Seema Chowdhury

# Without You Sarah

I don't know how to let you know  
I don't know how on toher's to show  
The stock of love that I hold for you  
Both in my heart and in my mind too

For my heart now feels incomplete  
Without you sitting in its love seat  
For your memory that I hold in my heart  
Doesn't let me get from you apart

I hope soon dear pretty soon  
Will appear that shining sun and moon  
that'll bring for me the joy's ray  
To fill with pleasure my life's day

And I surely remember your sweet voice  
Your smiles, your laughs and your noise  
That always brought the message of hope  
For me to cling on to hope

So that's why I'm waiting for the day  
When luckily in my life's long way  
I'll get with you the chance to meet  
For without you my life feels incomplete.

Love You Baby Sarah

Seema Chowdhury

# Without You Uzair

Warm thoughts like these  
Blow like spring breeze  
And tell dear each day  
You're missed in every way

For your smile is like a flower  
That give others the power  
To lighten their hearts  
And give a brighter start

For the next coming day  
To forever smile and sway  
And collect joys rain  
So in the period of pain

They can still smile  
Even in trouble's pile  
And know that evern now  
Someone can tell then how

To look at bright hall  
Show in crystal ball  
And let this spring breeze  
Forever in their life to freeze.

Love You Baby Uzair

Seema Chowdhury

# Wonderful Birthday

I'm sending a basket full of wishes  
Along with my love, care and kisses

And hope that all your dreams come true  
And that is my wish that is true

For dreams are your imagination's key  
That let you look at this world's tree

All nice things that are present in it  
That holds joy and fun in its every bit

And I also wish that may your day  
Be fabulous and fantastic in every way

So you can remember it and have more fun  
Till the appearance of the next day's sun.

Happy Birthday! ! !

Seema Chowdhury

# Wonderful Fortune Smiles On You

I wish you luck  
I wish you joy  
I wish you learn  
Each moment to enjoy  
I wish you fain  
I wish you smile  
I wish you learn  
To enjoy it for a while  
I wish you success  
In all you do  
So a wonderful future  
Can smile on you  
That can change things  
That are all bad  
And show you nice things  
To make you very glad.

Seema Chowdhury

Seema Chowdhury

# Wonderful Luck

Let bright sun  
Shows its rays  
Let it brighten  
All your way  
And let it enter  
In life's door  
And bring you wonderful  
Luck and more  
For only lucky ones  
In their lives  
Can get this chance  
That scarcely survive.

Seema Chowdhury

Seema Chowdhury



# Wonderful Peace

Do not grumble  
Do not groan  
Do not sob  
Or even mourn  
For life is made of ashes  
Weeds, cries and fears  
That can only be cleaned  
Through flood of tears  
So try to clear  
All your doubts  
And your sufferings  
That you've about  
Everything that comes  
In your way of delight  
Where you are unsure  
Of your cheers bright  
And learn to make  
In this life's wheel  
A nice and joyful  
Wonderful peace deal  
So all your pains are  
Swapped with joy's light  
After which your life  
shows only sunny sights.

Seema Chowdhury

# Wondering Alone

Wondering what to look for  
I started to walk alone  
I walked and walked and walked  
Till I reached the quietness zone  
Where things were surprising  
And forever they'll really be  
Where In ignorable silence was  
The only thing I could see  
Where every where was present  
The deep shades of the time  
That was truly dark  
And was not on the flow of rhyme  
And there for sometime  
I couldn't really decide  
What is there to seek  
What is there to hide  
And then i came out  
From that quietness zone  
And started walking again  
Wondering there alone.

Seema Chowdhury

# Wonders Of Autumn

Warm up your soul and heart  
And watch the season change  
Enjoy the radiant glory of Autumn  
And see how beautifully it arrange

The burning and bright colors  
Yellow, orange, red and brown  
And decorate with lots of compassion  
Bright colors in the town

Enjoy these splendid moments  
And the wonders of Autumn my dear  
Find joy and beauty of this magic  
To see how it stirs up life's layers

Color every inch of God's earth  
With splendid colors for a while  
By spreading its magic and sunshine  
As leaves are racked up in piles

Watch shimmering golden on the tree top  
As hope blooms when leaves begin to fall  
With the blowing wind of the Autumn breeze  
Bringing splendid beauty and wonders for all.

\*\*\*1st poem in the Autumn poem series\*\*\*

Seema Chowdhury

# Wonders Of Life

Life has so much to give and take  
Its not just like a hot piece of cake  
But we have to do so much to gain  
All life's joy to get rid of pain  
I really want and hope for the best  
For all whom I love in life's test  
And wish and hope that surely one day  
I'll spread joy's flower in life's way  
And these're the sort of things that survive  
That make life nice with wonders of life  
And tell us that in this life's ring  
We have to face all autumns and springs.

Seema Chowdhury

Seema Chowdhury

# Woods Of Memories

Lost in the woods of memories  
Wandering all alone  
I found  
My dreams that were broken  
And  
My visions that were cracked  
All scattered  
And  
Rolling down hot tears  
Of  
Repentance  
And  
Remorse.....

Seema Chowdhury

Seema Chowdhury

# Wordless Law

The day that is  
Bleak and raw  
Needs for them  
A wordless law  
That can be  
Followed in sorrow  
For the help  
Of bright tomorrow  
For in the day  
Of our lives  
There are moments  
Of Autumn's drive  
Where we meet  
Pain and grief  
And only we see  
Joy for brief  
So for those days  
That are raw  
We need to follow  
The wordless law.

Seema Chowdhury

# Wordless Memories Of Life

Where the story starts  
And  
Where it ends  
Nobody knows  
Nobody can  
For  
The language of living  
Is  
Very difficult  
Where  
Always  
Unexpected things happen  
That  
Lead you to create  
Wordless memories of life.....

Seema Chowdhury

# Wordless Memory

Some pages of my life  
Are  
yet to be filled  
With  
Wordless memory  
And  
An echo  
Of the prison cage  
With a thrill  
And  
Silence in the heart.....

Seema Chowdhury



## Words Of Advice

Don't expect life to be always fair  
For that's a gift that's surely rare  
So don't feel bad if ever in life  
Bad luck passes where you survive  
And neither feel down, depress or blue  
For sooner or later you'll see the hue  
That'll colour your life with hues bright  
And then life will fall in its place right  
So just hang in there with a ray of hope  
And never let yourself fall in mope  
And don't expect too much out of life  
In which we're all bound to survive.

Seema Chowdhury

Seema Chowdhury

# Words Of Care

The words of care  
Has a magical link  
That binds many  
In love's link  
For it shows us  
How very much  
we have love  
And as such  
It gives joy  
And more fain  
That pours with care  
And love's rain.

Seema Chowdhury

# Words Of Cheer

Do good in your way  
And be at your best today  
And say nice words of cheer  
To show others that you care  
And know that life is small  
With many trouble's wall  
So try to joyly survive  
In this troubled life  
And try to bring sunshine  
And a glimpse of joy's wine  
In someone's life with cheer  
To show you do love and care  
And do good in your way  
And be at your best today.

Seema Chowdhury

# Words Of Happiness

Look for the sweet words  
That can produce  
Happiness  
Because  
Tomorrow is controlled  
By the song  
You sing today.....

Just carefully learn to listen  
God's soft whisper in your heart  
And you will feel  
A renewed sense of  
Hope and peace  
For true hope has  
No price tag on it.....

Seema Chowdhury

# Words Of Insight

Words of insight  
Feels so bright  
And brings delight  
And pleasing sights  
To all who cares  
And are dear  
And wants a rare  
Joy and cheer  
For they are true  
And take away blue  
And show all view  
Full of bright hues.

Seema Chowdhury

# Words Of Support

Courage  
Bravery  
And boldness  
Are the words of support  
That help you  
To pass the phase  
Of  
Distress  
And  
Can take you out  
From  
The whirlpool of agony.....

Just have faith in yourself  
And believe that dreams come true  
For we are the Children of God  
Who loves us and cares too.....

Seema Chowdhury

# Words Of Wonder

I wish you blessings of heaven above  
And a home filled with joy and love

I wish you blessings of worldly smile  
And a joy filled heart all for a while

I wish you blessings of endless fain  
Without even any glimpse of pain

I wish you blessings of all life's pleasure  
without any moment not filled with leisure

And because today you're going away  
I wish you whole world of joyous pray.

Seema Chowdhury

# Work On Happiness

Work on happiness  
At day in and day out  
And remove from the way  
All clouds of doubt  
And have the power  
And a will  
To find a path  
Where you can drill  
A pace for joy  
And happiness dear  
Where you can invite  
Love, care and cheer  
To come and live  
And stay with you  
And color your life  
And all paths with hue.

Seema Chowdhury



# Work Out Through Life

Turn the wheel of life  
And work out through it  
For life holds value  
In every bit

And keep trying hard  
And never quit so  
You can travel through the storm  
To touch the rainbow

Let God be your guide  
Your teacher and your friend  
In every road block  
And every tricky bend

And let him hold you  
Very close to his heart  
Where you find peace  
To happily start

A life of peace  
Of your mind and soul  
Where you can swap  
Your pain and dole

And soak your heart  
With rainbow hue  
To bring peace and solace  
To live anew.

Seema Chowdhury

# Work With The Time

Learn to plan ahead and work with the time  
Do not go insane or flow against life's rhyme  
For life is a beautiful puzzle that we all need to solve  
And display our inner talents as our thoughts revolve

Walk out of the valley of troubles to enter in hope's door  
Follow your dreams and heart to fill up the strength store  
And bury your anger and sorrow deep down in your mind  
To learn to possess sunny outlook to brighten and unwind

Lead your life on the long road with smiles on the bay  
Banish worries of the past and throw them along the way  
Tune into what's going on inside your mind and heart  
And disconnect from negativity to happily forever start

Splashes of lovely colors to bring music in your life's way  
With bright sunshine along vibrant and hopeful days  
Where we reconnect with tender emotions that are true  
And solve life's puzzle with sparkling and magical hue

So learn to plan ahead and work with the flow of time  
To happily built and display life's inspiring rhymes  
Where we can banish our worries of past in the way  
And walk on the long road with smiles on the bay.

Seema Chowdhury

# Working Hands Of God

God rules on this world and earth  
And prove all these things are worth  
He shows the winter, the summer, the fall  
That goes on and moves for us all  
He brings beauty in the pretty spring  
And fill music in these flawless things  
He hangs on the sun, the moon, the stars  
That twinkle for us from afar  
And these things're not for only our seeing  
But prove god's presence 'n his being  
And tell that there're working hands of god  
That shows miracle in the tiny grain of sand.

Seema Chowdhury

Seema Chowdhury

# World Of Darkness

The world is set in darkness  
And everywhere on the ground  
Clouds of trouble are spread  
That make things merry all around  
I wish and hope and pray  
That soon it comes to an end  
So things can brighten up dear  
And things can be straighten from bend  
Where soon will shine the sun  
And will there spread for all  
Joys that they wish to have  
To break down the trouble's wall.

Seema Chowdhury

Seema Chowdhury

# World Of Distress

Life is full of miseries and pain  
And tons of trouble's lane  
where sun shines are less than rains  
And your losses higher than gains  
Where it is hard to spot fain  
And stay fit in between pain  
'cause whatever you think is sane  
Comes out to be wrong in the rain  
Where all your plans go in vain  
And shows you path in life's train  
That is not only ways from fain  
But also full of trouble's insane  
I wish if ever in life's lane  
I get a chance to ever gain  
I'll try not to expect and fain  
In this world of distress and pain  
'cause life is full of miseries and pain  
And tons of trouble's lane  
Where sunshines are less than rains  
And your losses higher than gains.

Seema Chowdhury

# World Of Emotion

In the world of emotions  
Tears of sadness and joy  
Are shadowed with dark patches  
That lapse into  
Prolonged periods of silence  
where  
Everything that needed to be said  
Is said  
Without words  
because  
That s lonely spot  
Where  
Your emotions take you  
To the world of unknown.....

Seema Chowdhury

# World Of Joy

You brought with you  
World of joys true  
With laughter, hugs and joys  
For each day now begins  
With wonder's magic pen  
And each day now ends  
On fain curves and bends  
I thank my dear God  
Who is my only Lord  
Who gave me a gift rare  
That shows his love and care.

Love You Samia & Sameen

Seema Chowdhury

# World Of Reality

The world of reality  
Is ugly and bad  
Where nothing  
Seems to be glad  
For there are many  
Hurting truths  
That make us fall  
In the ponds of ruth  
And there also  
Are present pain  
Without even one  
Glimpse of fain  
And then from there  
We cannot come out  
And this is what  
Reality is all about.

Seema Chowdhury



# World Of Reality And Bitterness

In the world of bitterness  
And reality  
Wonderful gains of life  
means  
Burden  
Load  
Grievance  
Wounds  
And  
Thorns  
And  
No one to bank on  
In times of stress  
And destruction....

Seema Chowdhury

# World Of Solitude

Enter into the world of solitude  
Where you can show your care  
Where your thoughts and acts are free  
So your pain with you they share

For life is a bucket of ashes  
Where nothing but more of pain  
Is shown to all the creatures  
That makes them feel insane

So don't lose hope or cry  
But remember this is life's rule  
That everyone has to follow  
To bring life's troubles to cool.

Seema Chowdhury

Seema Chowdhury

# World Of Tears

Don't let them go  
Try to stop  
From the eyes  
Don't let them drop  
For this is really  
The world of tears  
Where no one knows  
The value of care  
Just live in yourself  
And do not say  
Anything that's hurting  
In your heart's way  
For no one will listen  
Or try to console  
What is hurting you  
In this tear's bowl.

Seema Chowdhury

# World Of Tomorrow

I like the world of tomorrow  
And hope it to be free of sorrow  
where I see for myself  
Joys and fains displayed in each shelf  
Where I allow content and delight  
To enter from each crack bright  
And there only positive thoughts drive  
The car of my never ending life  
And there no records of the painful years  
Are found in any dark layers  
And the night of the injustice always see  
A bright morn of sparkle's fee  
So on the misty days of wonder  
I know how to find my way out of thunder  
And work hard to find smile and sunshine  
And learn joyfully to drink life's wine  
And here in the middle of all this  
I count God's love, care and bliss  
And make hope and faith my friends  
Till my life touches its end.

Seema Chowdhury

# World's Crowd

Locked and frozen in each eye  
Sitting behind everyone's sigh  
Is a thing known as a tear  
That drops down with sadness fear  
So don't feel bad or ever alone  
As this world is full of mourn  
But try to find more words anew  
To see the reality of situation true  
And know that in this life's board  
Mankind face many crossroads  
Where usually the path bears  
Hopelessness and also despair  
But even then learn to hold  
All your tears and be bold.

Seema Chowdhury

# World's Events

The injured  
And  
Hurtful feelings  
Of  
Hopelessness  
And  
Pessimism  
Casts its shadow  
Of sorrow  
When  
We enter  
In life's battle  
With  
An ill preparation  
For  
The world's events....

Seema Chowdhury

# World's Greatest Dad

Thank you God for giving me a gift  
Your most precious gift for my soul's uplift

The gift that is most novel and rare  
And known as world's greatest dad dear

For he's the one who straightens life's bend  
Through his affection that has no end

And thank you once more my Lord  
For giving the wonderful dad my God

Who always shows new bright start  
Whenever I feel lost and broken heart

For a father's love can never be purchased  
Neither be bought, nor be replaced

Because his love is precious and rare  
And full of over flowing affection and care.

Seema Chowdhury

# World's Inn

This world is an inn  
And a huge bin  
That's filled with tears  
Doubts and fears

Where every one  
Is busy in the run  
And is trying to get  
His life's story set

For its very hard  
For the fate's card  
Is written for all  
Some big some small

And then we follow  
Written joys and sorrows  
That is filled in the bin  
Of this world's inn.

Seema Chowdhury



# World's Market

In this world's market  
Only  
Empty wishes  
Are available  
That starts a day  
With  
A wrathful silence  
And  
The Autumn stillness  
That is  
Followed by  
Luckless hours  
That  
Never ends.....

Seema Chowdhury

# World's Slope

Try to solve the mystery  
Go through world's history  
And discover the clue  
That's hidden in queue  
And try to find the reply  
And answers of the WHY  
That come as to us in hope  
Slipping through world's slope  
And know that it is true  
And hard to find the hue  
That's hidden in an hour  
That show us day's power  
And tell us how to survive  
In each moment of life  
And now to discover clue  
That is hidden in queue  
Go through world's history  
To solve this world's mystery.

Seema Chowdhury

# World's Teacher

If you want to learn  
Then make heart your preacher  
For it teaches you alot  
For it is a world's teacher  
For there are many things  
And this world is wide  
Where almost everything  
Appears with two sides  
And out of that my dear  
One is good for you  
But other side is really  
Bitter and hard too  
So learn to face it both  
And with courage all  
Troubles will go away  
without giving you a fall  
Only if you will make'  
Your own heart your teacher  
And learn to handle joys  
And tears like a preacher.

Seema Chowdhury

# World's Way

This world has a way  
That's surely rare  
That sometimes show  
That everyone cares  
But sometimes it  
Ignores us all  
That gives our life  
A painful fall  
I wish if today  
i can find  
A way to change  
This world's bind  
So no one care  
When they're hurt  
And dropping tears.

Seema Chowdhury

# Worries Of Sorrow

When worries of sorrow  
Comes in your way  
Then don't get upset  
Just learn to stay  
calm and cool  
To overcome them  
And with courage  
And virtue's hem  
wait for good time  
That is through narrow  
But will surely come  
If you wait till tomorrow  
And leave some for  
The future hours  
For time has got  
An excessive power  
To heal the wounds  
And all the pain  
That gets in the way  
Of everyone's lane  
So with patience and hope  
wait for the tomorrow  
And try to cut on the  
Worries of the sorrow.

Seema Chowdhury

# Worries Of Tomorrow

Worrying about tomorrow  
Will only give you sorrow

So just stop crying  
And keep on trying

For life really holds  
Nice things so unload

All troubles of the past  
In joy's garden vast

And just for a while  
Make a habit to smile

Then happy you will feel  
As your wounds will heal

And then no more sorrows  
Will be left for your tomorrows.

Seema Chowdhury

# Worry Less

Come out of the mess  
And worry less  
And look for faith  
For faith is great  
And know in life  
Bitterness survive  
So don't lose hope  
Or ever mope  
Instead try to find  
And make up your mind  
And avoid mess  
And worry less.

Seema Chowdhury

Seema Chowdhury

# Worst Trap

Today in the faint morning light  
I find proper words  
For my feelings  
To walk in my footsteps  
To cope with  
One more bump on the pathway  
Because  
Its horrible to watch dreams  
A dream  
That has been a part of my life for many years  
Falling apart  
And coming down....  
So I just let the tears slid down the cheeks  
And  
Accepted it as one of  
Life's worst trap  
And then walked away  
Because  
I realized  
I had a long way to go  
Before the day's end.....

Seema Chowdhury



# Worthwhile Achievements

Whenever life seems full of trials  
And you don't see any thing to smile  
Then don't feel down, bad or blue  
Just seek for the way that has a hue  
That can colour the days of your life  
And let you sit on the seat and drive  
And teach you how to faintly smile  
And count your achievements worthwhile  
And show you life's way that is bright  
That can set things in their places right.

Seema Chowdhury

Seema Chowdhury

# Worthwhile Living

Do things with will and smile  
Then they will be worthwhile  
And try to make your life sweet  
And do things for people you meet  
With joy and smile that is true  
That can bring pleasure to you  
For life's gift is given by God  
Who is our gracious Lord  
Who bestows us with mirth  
And all joys present on earth  
So try to live with a view  
That is free of gray and blue  
And do things with will and smile  
And make living for all worthwhile.

Seema Chowdhury

# Worthwhile Rules

Things that make  
Our life worthwhile  
Includes love, hope  
Faith and a smile  
For all these things  
Show us the way  
To walk on path  
To make our day  
So learn to achieve  
All these four  
worthwhile rules  
More than before  
So you can make  
Your life worthwhile  
With the help of love  
Hope, faith and smile.

Seema Chowdhury

# Worthy Deeds

Show care and kindness for all  
And do nice acts even if it's small  
For worthy deeds produce reward  
And help when things are going odd  
For a word of care is like a deed  
That knows how to remove the weed  
The weeds of any trouble and pain  
And exchange it with a word of fain  
So try to show kindness for all  
Even if its an act very small  
For worthy deeds produce reward  
And help when things are going odd.

Seema Chowdhury

Seema Chowdhury

# Wounded Memories

Flipping through the channels  
The channels of my life  
I met wounded memories  
Through this painful drive  
Where I found some crying smiles  
And traces of laughing pains  
All living idle in my world  
In empty chambers of pain  
Where I saw myself living  
In the life of my dreams  
Where troubles were all gathered  
Around me in wondering stream  
Where splashes of ending realities  
Were vivid in my mind  
And nostalgic memories spread shadow  
And passionate waves of different kinds  
And there I just stood quietly  
And kept looking for some more  
Some more mysterious waves  
To erase past memories from before  
And there I found sorrows growing  
And taking over moments of delight  
And leaving uncertainty in my life  
And turning off the happiness light  
And then I realized at the end  
This inseparable painful bond  
Will never let me treat my wounds  
Till I die and meet my life's end.

Seema Chowdhury

# Wounded Thoughts

Wounded thoughts and wounded mind  
Does not always let you find  
Right path, way or the road  
On which to walk 'n share your load  
For the path on which life takes you  
Is surely neither always bright nor blue  
So best thing at then to do  
Is to pick what you think is true  
So remember always to let your mind  
Relax for a while 'n then find  
Pretty path on which you can walk  
Where you won't see any trouble's stock  
To hurt your feelings and your mind  
With wounded thoughts 'n wounded mind.

Seema Chowdhury

Seema Chowdhury

# Written On The Sand

your pains and your gains  
Are written on the sand  
under God's care  
And on his land  
so get them all  
Before they sway  
Or get wiped out  
From your way  
For in life's journey  
We get them all  
So enjoy all of them  
whether big or small  
And know this is life  
Where you will get  
Everything in its place  
Everything all set.

Seema Chowdhury

# Wrong Side Of The Road

At times life seems like an endless journey  
With closed eyes and cold feelings  
Where there is not much to discover  
Except for poignant moments and thoughts  
That carry some terrible burden  
Of intolerable ache and pain  
With darkness forcing the memory back  
And we feel like standing in the chill air  
Unable to fight the tides of fear and endure screams

And then we find ourselves  
Constantly walking on a tight rope  
In a long and difficult journey  
And driving on the wrong side of the road  
Gazing into darkness of the unknown  
Where river of tears pour down  
With bottomless sorrow that tore our heart and soul

Where we feel helpless and lost  
As we can only sit back and watch with awe  
Memories unfolding in layers one after another  
And we see ourselves stuck in this craziness  
Waiting, wondering and asking difficult questions  
For which there are no answers ever  
As we are driving on the wrong side of the road....

Seema Chowdhury



# Year After Year

In the bitter and sweet world  
Where we live with trust

Each day passes very quickly  
And year after year like a crust

where we meet our dreams and hope  
And find our ways to ealk

Where griefs and joys are hidden  
Beneath the passing of a clock

So we must try to seek for ways  
That can show us the bright morns

Where life can be for the best  
And wishes can appear like the dawn.

Seema Chowdhury

# Year Of Even And Odd

No more tears or sadness  
Just peace and love and hope  
Is what I wish to see  
In this new year's rope

Where every morn and noon  
Is filled with joy and delight  
And lots of smiles accompanies  
My evenings and my nights

I want to start my dear  
With love and care for all  
Where bygone year's troubles  
Can never give me call

Where rain is followed by  
Bright and shining sky  
And tears of losses are  
Swapped with laughter's tie

So I can live in peace  
And thank my dear God  
For ending another troubled  
Year of even and odd

And for showing me a begining  
And a path very bright  
To walk freely on it  
To hug joy, happiness and delight.

Seema Chowdhury

# Years Of Triumph

I wish you luck  
I wish you joy  
I wish in life  
May you always enjoy

All sorts of  
Victories and wins  
That can give you  
The gift of grin

And hope may years  
That're on the way  
May bring sunshine  
For all your days.

Seema Chowdhury

Seema Chowdhury

# Years Of Youth

The years that're passing by  
Will never come back again  
So enjoy this little time  
Called years of youth 'n fain  
And collect for you in this time  
Nice memories of joys dear  
To cherish and to remember  
To bring you the gift of cheer  
For life is like a river  
A river of no return  
Where no one gets another  
Chance to ever turn  
Turn back to any gain  
In this life's small game.

Seema Chowdhury

Seema Chowdhury

# Yesterday's Findings

Use yesterday's findings  
To solve  
Today's problems  
And find for yourself  
New paths  
To walk on  
Where  
Tomorrow is filled with promises  
And  
Unlimited reassurance  
That will let  
Fresh air into your life  
And will  
Carry forward  
Your dreams....

Seema Chowdhury

Seema Chowdhury

# You Are A Caring Friend

Let me count the ways  
In which I can think of you  
Let me count the ways  
In which I can assure you  
That i'm a sincere friend  
Who cares for you a lot  
And think for the ways for you  
To bring happiness and sort  
And clear the path of joy  
And bring in fun for you  
As you are a caring friend  
Who deserve sincerity too.

Seema Chowdhury

Seema Chowdhury

# You Are Cared

Its good to know that someone from far  
Cares for you just for who you are

And wants to share your joys and griefs  
And be with you through life's days brief

Someone who sincerly believes in you  
And wish for joy and happiness true

And hope for you all the best  
In each life's big or small test

And that's why sometimes I feel so great  
And put more and more on God my faith

And thank Him for showing His love and bliss  
By giving me someone to share happiness.

Seema Chowdhury

# You Are Not Alone

Don't cry dear  
Neither feel unclear

For you are not alone  
So don't sigh or mourn

For life is very vast  
So don't just cling to the past

But try to always end  
These troubles that're sent

In your way to test  
Your faith in god the best

So bravely face it all  
Whether big or small

And smile along your way  
To make it a perfect day.

Seema Chowdhury

Seema Chowdhury



# You Can Always Come To Me

I just want to know and see  
How much I really care for thee  
And I really want to let you know  
I want to share your sigh and woe

So please remember wherever you are  
Whether you are living near or far  
You can always come whenever you need  
Or even if you are feeling down and blue

You can come for help and advice  
You can come for a hug that is nice  
Or even if you are feeling down and blue  
You can come to me for I love you

So all I want you to know  
Is wherever I may be in life; s row  
You can always come when you need me  
Because I care very much for thee.

Seema Chowdhury

# You Can Do It

Things may seem hard for you right now  
And you may not think of a way to how  
Solve troubles that're standing in the way  
And are blocking sunshine to touch your day  
But I know and believe and that's true  
That with a little courage you can do  
And you can handle your problems with care  
If only you can learn to banish your fear  
So have faith in you and on your god  
For he can help when things are odd  
And request him to grant you courage's kit  
So you can know that you can surely do it.

Seema Chowdhury

Seema Chowdhury

# You Can Make A Difference

Let's go and make a difference  
And make life useful for all  
Before our time is up in the world  
And we meet our end and fall

Let's know that today is our moment  
And we must light up other people's lives  
And look to answer difficult questions  
That we know for all survive

As long as we believe in ourselves  
And know for everything there is a season  
Similarly, we have to know for sure  
That God made us who we are for a reason

So we must know that this is the time  
When we can change it all  
With our determination and hard work  
Before we meet our end and fall

So let's start our day and promise ourselves  
That we will do something good today  
And wipe the tears of pain and sigh  
That will come in our way

And believe that we are worth and rare  
And loved very much by God  
And we can count on Him forever  
Because He is our gracious Lord.

Seema Chowdhury

# You Can'T Fall

Hold on to your dreams  
And don't let silence scream

And try hard to break this wall  
And don't let yourself even fall

For life is hard and bad  
Where very less comes glad

For mostly the road seems bent  
And troubles never seems to end

But remember for yourself dear  
To face it all with cheer

And then you'll break trouble's wall  
And will never get a fall.

Seema Chowdhury

Seema Chowdhury

# You Deserve Love

Free your burdened soul  
From the shackles of  
Insecurity  
Mistrust  
Doubt  
And fear  
And listen to the kind and encouraging  
Words of our God  
And feel the deepest feelings  
To sing for joy  
To stay positive  
And know that you deserve love  
For hatred leads to destruction

And find God in simple things  
And know that to take a big step  
You need few lessons from faith  
To believe in the beauty of your dream  
And find the light to follow  
To calm down and appreciate  
The good things around you  
And know that you deserve love

Take a moment to remember  
That the season will change  
And green will return each year  
With the rhythm of life  
So turn your face to the sun  
And be grateful for the warmth  
And appreciate the spiritual moments  
To recharge your faith  
And remember that you deserve love.....

Seema Chowdhury

# You Have A Lot To Do

Don't take rest  
In life's little test  
And never ever stop  
Or ever try to drop  
Or waste your time  
Of life's rhyme  
For there is less  
Joys than mess  
And for you  
You have to do  
A lot my dear  
So take your care  
And in it do  
Nice things for you.

Seema Chowdhury

Seema Chowdhury

# You Have A Lot To Offer

Put some joy and some pleasure  
Add in it some laughter's treasure  
Then mix it well with the spoon of care  
So the mixture now can be called rare  
Now put it in the pan of dream  
Where kindness is flowing like a stream  
And love is giving it a turn  
And is giving it a perfect return  
Now add I it a pinch of smile  
A carefree smile in your style  
So this mixture can taste very sweet  
For anyone who wants a special treat  
And now when all this baking is done  
Then top it with some joy and fun  
And offer it all with the spoon of fain  
Then count pleasure with it that you gain.

Seema Chowdhury

# Young Hope Of Spring

Plant seeds of hope and joy  
And let it blossom for you to enjoy  
For it is a time for sun to shine  
And for happiness to spread its wine

For spring is when young hopes bloom  
And with it spread awesome perfume  
Of warmth and love, kindness and care  
And God's green earth get ready to share

Her loveliness and optimism of life  
In this world where we all survive  
Amid amazing colors of green and yellow  
For all of us to share with our fellows

For spring is the time when young hopes bloom  
And with it spread awesome perfume  
As spring breeze takes over our heart  
And show us a bright and a warm start

To open all windows of our mind  
And let soft wind enter to remind  
That it is time of freshness and light  
To take over and cover with bright

Smiles and hope and delicate colors of shine  
To bring us joy and happiness wine  
For spring is the time when young hopes bloom  
And with it spread awesome perfume.

\*\*\*4th poem in spring series

Seema Chowdhury



# Your Affection Is Returned

When you show your affection and care  
For all those who're near 'n dear  
Then not only in your joys and smiles  
But also in your trouble's pile  
They return your affection with fain  
And try to wipe out all your pain  
And bring you the message of hope  
To take you out of falling in mope  
So show your love whenever you can  
And treat everyone like a nice man  
And give them a portion of your care  
To all those who're your near 'n dear.

Seema Chowdhury

Seema Chowdhury

# Your Approach To Life

Let your approach to life be nice  
Let you act in life very wise  
For these are the things that can bring  
A lot of changes in life's ring  
So try to have thinking bright  
That can bring pleasure to your sight  
So you can live a happy life  
And bring to all joys that survive  
For not always it gives you smile  
And not always it gives you trial  
So learn to act and be wise  
And have an approach to life all nice.

Seema Chowdhury

# Your Day Will Come

Don't feel down  
If life is blue  
Don't let mope  
To come into view  
If you don't see today  
Any happiness for you  
For your day will come  
And that is true  
Just with hope  
Hang in there  
And look for joy  
In everywhere  
And then surely  
You will see  
Fain and smile  
Waiting for thee.

Seema Chowdhury

Seema Chowdhury

# Your Dream World

Create your own dream world  
And let no one enter in it  
Uninvited  
Or  
Unwelcomed  
Or else  
The prevaile dream  
And  
The tranquile peace  
Will leave you forever..  
To dwell in misery and seclusion....

Seema Chowdhury

Seema Chowdhury

# Your Future Happiness

Simple pleasures are always worth  
So collect them for your own mirth  
And know that good luck is in your way  
So count the blessings of each day  
And know that happiness and fain  
Are the things that're hard to gain  
So if you want to be happy and gay  
Then count your blessings of each day  
And know to have future happiness dear  
You have to take joy's good care  
Because even small pleasures are worth  
And bring you joy, peace and mirth.

Seema Chowdhury

Seema Chowdhury

# Your Inner Voice

Listen carefully to your inner voice  
And then try to make a choice  
Between what is good or bad  
And between what is sad or glad  
And know with positive word 'n deed  
You can always sow the seed  
Of love 'n affection 'n smile 'n care  
And you can banish all your fear  
So don't think how's life treating you  
Just see what is false and true  
And try to always make good choice  
And listen carefully to your inner voice.

Seema Chowdhury

Seema Chowdhury

# Your Journey

May your journey on the road  
Be nice and smooth my dear  
May you recover from your pain  
Without any delay and fear

May each day that appears  
Bring happiness in your life  
And each flower that blooms  
Teaches you to boldly survive

Just know that God Almighty  
Who gives life to all  
Has secret plans that are special  
That doesn't let us fall

In our times of trouble and distress  
And times of terrible pain  
We just have to pray and hope  
And it'll lead us to peace again

And know that we're all  
Praying for you day and night  
And soon you'll see everything  
Falling in its place right.

GET WELL SOON BAJI & I LOVE YOU

Dedicated to my sister Sameena Mansoor.

5th March,2009

Seema Chowdhury

# Your Life

Don't let  
Tears of hurtful words  
To stream down the cheeks  
Or else  
Your life will become  
An open book  
For the whole world  
To  
Read and comment.....

Life is too precious  
To be wasted  
Or to be ignored  
Just have faith  
And start it all over again.....

Seema Chowdhury



# Your Memory

No moment passes by in my life's day  
When memory of you doesn't come in my way  
For you hold important place in my heart  
From which I don't want to impart

You always shared me precious smiles  
And showed me ways to solve trouble's pile  
And always in one or in another way  
You showed how much you care each day

And you always wiped my teary eyes  
And tried to take away my pain and sigh  
And always brought me the message of hope  
And showed me ways with them to cope

And today I really want to tell  
Your precious memories with me always dwell  
And many good things for you I wish  
For you're surely God's huge bliss.

Missing You Sister

Seema Chowdhury

# Your Own Momentum

Run your life  
On its own momentum  
To create a circular effect...

Put aside unpleasant and worry some things  
And enjoy the clear and sunny view  
With fresh warmth of cool breeze  
And run through time swiftly  
And from the pile of hard stones  
Pick your share of pebbles  
And walk your way through life's crowd...

Just simply be aware of your surroundings  
And push your emotional button  
To live in the present moment  
To smoothen the texture of life  
Under the right circumstances...

So recollect tender memories  
To create a magic to cope  
The precious gift of a safe journey  
Wrapped with courage and laughter  
To run your own momentum.....

Seema Chowdhury

# Your Share Of Load

Carry your share of load  
And walk in life's road  
With faith in your heart  
To give you a start  
For the gains of life  
Where joys survive  
Because true treasure  
In life is a pleasure  
Of hopes and smiles  
All spread around miles  
So learn life's rhyme  
As this is the time  
To share your load  
And walk in life's road.

Seema Chowdhury

# Your Special Day Sunny

I hope your special day  
Is full of blessings and joy  
I hope each passing moment  
Leaves memories to enjoy

I hope each day brings  
Excitement in your life  
And gives you more reasons  
To happily here survive

I hope your life's journey  
Is full of amazing things  
Where success and happiness  
Moves swiftly in blessings ring

And I hope you know dear  
How very special you are  
As you are an angel of love  
Who spreads happiness near and far

And as you celebrate your day  
I wish, hope and pray  
May God extends his care  
And bless your special day.

Happy Birthday Beloved Sunny

Seema Chowdhury

# Your Talents

Put your talents on display  
while the sun shines, make the hay  
And don't let anything to stand in the way  
Where you can easily put on display

Your talents that is nice and bright  
And put you on track that is right  
For not always but once in a while  
You're given a chance to pass through trial

With a pleasant smile instead of pain  
So don't let it all go in vain  
Just do your best and show to others  
Your talents and then try to gather

Things that' are good for you  
And give you chance to prove it too  
So while the sun shines, make the hay  
By putting your talents on display.

Seema Chowdhury

# Your Thoughts

I hold the memory of you  
Deep inside my heart  
Where past memories of yesterday  
Plays an important part

Where pleasures of happiness  
And bitterness of any pain  
Where experience of the hurts  
And awareness of misery's sane

Are all shared by thoughts  
That works as a soothing balm  
And your loving shade of care  
That always helps to calm

In the very quiet moments  
When solitude is all around  
That tells me to ride in it  
In the gloomy merry go round

But then after a short while  
O forget about misery and pain  
And once again in your thoughts  
I start swimming in current's fain.

Seema Chowdhury

# Your Time In The Sun

Enjoy every minute  
Of your time in the sun  
Before comes the end  
And your life is done  
And look at it  
With hope and faith  
And then surely  
Life will feel great  
And learn to enjoy  
All these bliss  
Given by God's  
Love and kiss  
And know that soon  
Your life will bend  
So enjoy it all  
Before this road ends.

Seema Chowdhury

Seema Chowdhury

# Your Warm Feelings

Thanks for showing  
Your love and care  
That helps me to  
Always share

My troubles and agony  
Pain and distress  
And takes me out  
Of feeling depress

For your warm feelings  
Is really a source  
Of joy and mirth  
For me ofcourse

And that is why  
For you dear  
I wish and pray  
May life be fair.

Seema Chowdhury



# Your Warm Love

Your warm love has provided me the shade  
The cooling shade of care as an aid

Whenever I need a hearty pat on the back  
Or a loving shoulder to cry in life's sack

You always showed me the brighter side  
Of life full of trust and joy that is wide

And always with an encouraging smile  
You shared all my trouble's pile

So that's why I say you are great  
Just like the corner stone of my faith

So about you I'm proud to tell taht you care  
For your love's treasure expands by years.

Love you Sunny! ! !

Seema Chowdhury

# Your Way To Happiness

Pave the way for joy and smile  
For these will take you far away miles

And will prove as your nice friends  
With whom you feel happiness never end

So build a way for happiness dear  
And know that its good to share

Your joy and fain and your fun  
Before each day is through and done

And know and learn this my dear  
That happiness in your way will appear

Only if it will get a chance  
To show its presence in your life in advance.

Seema Chowdhury

## Your Words

Your words and deeds are so rare  
That brings me the gift of love and care  
And makes me feel happy and glad  
Even in hard trouble's bad  
Thanks for being such a friend  
With whom I don't ever pretend  
Whose love feels so dear to me  
That I always wish her to see  
And hope for her a life of fun  
Before our days of life is done.

Seema Chowdhury

# You're My Wealth

I love you dear  
very much my dear  
For you're my wealth  
As important as my health  
For each day that goes  
Brings me your love's glow  
And I wish my kids  
If again I can lit  
The candle of my life  
For both of you to survive  
And can come to stay  
Forever with you today  
Because I love you  
And that's really true.

Seema Chowdhury

# Yourself

Know your own self  
And who you really are  
And try to find hidden  
Facts of life that is far  
Then only you will  
Learn to handle life  
And you will know  
How in it to survive  
For in this life we hear  
Echoes of the scream  
And a blank stare  
We get in life's beam  
So make time my friend  
And wait for your turn  
And look what you've got  
And gained in return.

Seema Chowdhury

# Zest For Life

In the midst of change  
A defining moment comes  
When we look back  
Through hazy nostalgia  
And dig in through a huge bag  
Of emotional baggage  
Confused and bewildered  
And force ourselves to walk  
And stash away memories  
So we can start new and fresh  
And then we answer questions  
Of the real and frigid world  
And explore all around us  
With an understanding approach  
Slowly and humbly, step by step  
So we can fulfill our dreams  
And move to the new horizon  
Where we can absorb in life  
And soak our souls in excitement  
To catch up with zest for life...

Seema Chowdhury

# Zig Zag Road

In the zig Zag road  
OF your life  
Learn the art  
To always drive  
The car in it  
With some care  
For this is what  
Life is dear  
And learn in life  
To always enjoy  
All life's troubles  
And swap it with joy  
And try to collect  
Some happy times  
And in that sing  
The pleasure's rhyme  
So you can cross  
The zig zag road  
Without the feelings  
Of burden and load.

Seema Chowdhury